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WINTER 2026

Potters Bar

COMMUNITY NEWS

A
Not-for-Profit
Publication

Produced
and delivered
by volunteers

Supporting
the local
community and
businesses

Sixty Plus Centre (Potters Bar and South Mimms)

From Mrs Gregory's vision to today - Sixty Plus Celebrates

On 9th September, Sixty Plus held its first Afternoon Tea Celebration, bringing together volunteers, staff, trustees, supporters and special guests to say a heartfelt thank you for the selfless contribution they make to Sixty Plus and the wider community.

The afternoon was made particularly special by the presence of Emma and Richard, two great-grandchildren of our founder Mrs Kathleen M. Gregory. They shared fascinating memories and stories about their great-grandmother, giving everyone a wonderful insight into the remarkable woman behind the organisation.

Mrs Gregory was a tireless community worker who, following the Second World War, helped establish the Potters Bar Old Folks' Welcome Club so that older people could meet, chat and form friendships. Her vision grew into four clubs, supported by a large team of volunteers. In her later years, she recorded how grateful she was for the volunteers who had helped sustain the clubs over the years.

Continuing that tradition, we were delighted to announce Tim Cordell as our Sixty Plus Community Champion 2026. We were also pleased to welcome Richard, Chairman of the RO Group, who spoke about the organisation's wonderful 22-year association with Sixty Plus and its continuing support for the charity.

Our guests enjoyed a relaxed afternoon of live piano music (by Isaac), conversation, and a wonderful high tea, beautifully catered by Cheryl Langton of The Butchers Wife catering company. We would also like to express our sincere thanks to Oak Vets of Potters Bar, whose financial support helped make this special celebration possible.

The overwhelming feedback was that everyone thoroughly enjoyed the afternoon. We hope this will become an annual Sixty Plus tradition, celebrating our volunteers, remembering our past and looking forward to our future.



NEXT ISSUE: Spring 2027 - out early March

Deadlines: Advertising 15th January 2027

Articles 31st January 2027

Full information via ARTICLES and ADVERTS menu item on our website.

For up-to-the-minute news, please go to www.pottersbarcommunitynews.co.uk

Distributed in Potters Bar, Little Heath, South Mimms, Ridge, Northaw, Brookmans Park, Cuffley and Welham Green



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www.pottersbarcommunitynews.co.uk

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Potters Bar Community News does not accept responsibility for the accuracy of information contained in published articles or views expressed in them.

Welcome

Welcome to our winter edition. Hopefully you will agree that our community has again provided articles which are interesting and enjoyable to read.

Peter Weaver has decided to step down from his role overseeing distribution which he has fulfilled since our inception in 1998. We owe him a great debt of gratitude. We recently welcomed Sue McCann to our team, and she will take over Peter's responsibilities.



Space again precludes all the pictures submitted being published but those omitted are available in the Gallery on our website. Articles where this is relevant are marked.

With best wishes from

The Community News Team

Volunteering

If you are a local organisation or charity and are looking for volunteers or looking for items for your group, why not email me at editor@pottersbarcommunitynews.co.uk?

Do you have unwanted paperbacks?

We volunteer in the Friends of Barnet Hospital Shop within Barnet Hospital (Royal Free Barnet) and know that there are many patients or visitors who come to Barnet Hospital from Potters Bar and nearby areas. If anyone has unwanted paperback books in good condition, please bring them to us to sell to patients and staff. This will help to raise money for our charity which specifically supports Barnet Hospital.

Books (sorry, not CDs or DVDs) can be dropped into our shop on the righthand side, inside the main entrance, Monday to Friday 8.30am–5.30pm, or weekends 9.30am–4.30pm.

Volunteers and Staff, Hospital Shop, Barnet Hospital

Brookmans Park Library needs your help!

Brookmans Park library is a community library entirely run by volunteers. We are a friendly group of volunteers enjoying this interesting and worthwhile work, but we need more people.

If you enjoy meeting new people, have good customer service skills, are not afraid of technology and have an interest in books, then this is the volunteering role for you. If you could spare a couple of hours per week or fortnight, then please pop into the library or contact us brookmansparklibraryvolunteers@outlook.com for further information.

Mentor opportunity

Could your experience and a listening ear make a difference to a young person?

MCR Pathways is seeking volunteer mentors for Haileybury Turnford School in Cheshunt. Mentors meet the same young person in school for one hour a week during term time, for at least one year. Volunteers need daytime availability and should allow for travel. No previous mentoring experience is required; training and ongoing support are provided. This is an unpaid role, with selection and safeguarding checks before matching. To find out more and register your interest, visit www.mcrpathways.org/register or contact Ernest Moses, Partnerships Manager, Hertfordshire MCR Pathways on 07743 513152 or via ernest.moses@mcrpathways.org.

Volunteer driver and assistant required

Sixty Plus Centre (Potters Bar and South Mimms) needs volunteer drivers and assistants for their minibus. The adapted bus currently operates a morning pick-up and afternoon drop-off on a Tuesday and Thursday. This is to ensure that we continue to provide a lifeline for members who would otherwise struggle.

If you can volunteer your time, we would be very grateful. You may be required to undergo appropriate checks as required. We look forward to hearing from you.

Telephone **01707 643602** (Tuesday and Thursday) or email sixtypluscentre@gmail.com.

www.sixtypluslunchclub.co.uk

Chairperson required

North Mymms District Green Belt Society is looking for someone to take on the responsibility of Chairperson as our previous chairman has stepped down after 11 years in the role.

We are a voluntary organisation committed to protecting the Green Belt within the parish of North Mymms. We meet in Welham Green Memorial Hall every two months for regular committee meetings, but as major planning applications and local plan consultations arise, there may be a need for extra meetings.

Ideally, we are looking for somebody with the time to commit, maybe retired or semi-retired, and who is familiar with the area.

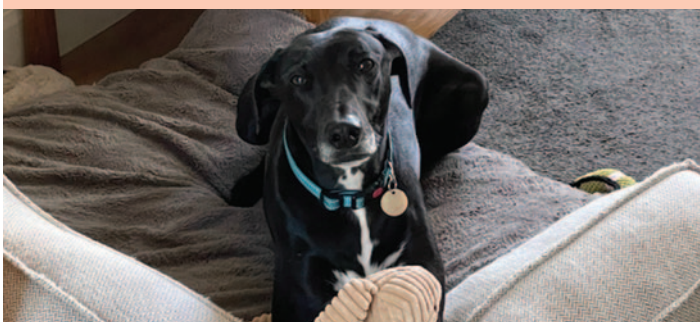
If you are interested or know anyone who might be, please see our website www.greenbeltsociety.org.uk or contact secretary@northmymmsgreenbelt.org.uk for more details.

Bluey is looking for love

Readers may recall the requests to find a home for Ceaser in our last 2 issues. It is pleasing to report that he is happy in his new home.

Meanwhile, Bluey, a 2-year-old black lurcher crossbreed is looking for a new home. He is a loving, playful boy who has truly blossomed in foster care. He has settled beautifully into home life and is showing everyone what a wonderful companion he can be. He's affectionate, clever, full of personality and is looking for a calm, understanding, loving adult-only home with a secure garden, and a patient and understanding family who will give him time to settle and continue building his confidence in new situations.

For more information, please contact RSPCA Southridge. Telephone **0300 1230704** or email southridge@rspca.org.uk.



THE BEATLES HIT SINGLES

PART 2: MAGICAL MYSTERY TOUR (1966-1970)

THE GREAT NEW BOOK BY MARTIN ORKIN

At last! Part 2 of this incredible journey! The eagerly awaited follow up to *The Beatles' Hit Singles, Part 1!*

In *THE BEATLES' HIT SINGLES, PART 2*, Martin discusses ALL of the wondrous later singles that The Beatles released in Britain and America. Charts, sales, music press reviews from the time. As with Part 1, it's all here - in this fabulous book!

Enjoy the astounding *full* stories of all The Beatles' later classic 45s including: 'Paperback Writer', 'Strawberry Fields Forever', 'Penny Lane', 'Hello, Goodbye', 'Hey Jude', 'Get Back' and 'Let It Be'.

DISCOVER THE FOLLOWING:

- How Paul took control via 'Paperback Writer'.
- How Ringo's kids' song saved them in the US.
- John's (6 Paul's?) least favourite Beatles single.
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Girlguiding Potters Bar goes Cosmic at PGL 2026



Early in September, 41 Brownies and 10 Leaders from Potters Bar District went on an adventure to Cosmic PGL Marchants Hill. Cosmic was a Brownie takeover of

3 PGL centres. In total there were over 600 Brownies from around Girlguiding Anglia taking part in the weekend.

The girls got to try new and exciting activities and challenges which included a giant swing, Jacob's ladder, archery, abseiling, campfire and silent disco. They had 'mountain-top moments' by being brave, creating new memories, making new friends, and having fun!

GIRLGUIDING POTTERS BAR NEEDS YOU!

Rainbows, Brownies, and Guides are part of Girlguiding, and Potters Bar is in desperate need of volunteers to carry on providing exciting opportunities like this. If you want to find out more about Girlguiding ages 4–104(!) follow the link below for more information www.girlguiding.org.uk/information-for-parents/register-a-child.

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Can you help a local charity?

The Hart & Parker Trust exists to support people who live in the locality of Potters Bar and who, for various reasons, have a sudden financial need. Examples of this are providing household or baby equipment, school uniforms or the means to attend medical appointments.

The Trust can also support those in crisis by supplying supermarket gift cards to buy essential items. Mr Parker and Miss Hart both lived locally, albeit at different times, and both left funds to be used for the benefit of those local people facing a difficult time. The Trust operates as a 100% charity. This means that all our funds go directly to help local residents because the trustees (who act as administrators) receive no payment or reimbursement of their costs.

In today's world many people prefer their donations to go directly to the cause they support and not to the overheads of running the charity. The trustees are confident that all cases are genuine as the professionals referring them, eg health visitors or family support workers, are fully aware of and have full details of their circumstances.

The Trust has limited funds to distribute, but the need is great, and it would be really helpful if some of you reading this would consider financially supporting Hart & Parker to continue their important work. Would you be able to help? If so, please contact gill.connell1@ntlworld.com in the first instance. We hope to hear from you.

From the trustees of the Hart & Parker Trust
(Registered charity 269918)

EXERCISE TO MUSIC - MEDAU MOVEMENT WITH TRACY

WEDNESDAY AFTERNOON, 2.15–3.15 PM
Elm Court Youth and Community Centre Potters Bar

WEDNESDAY MORNING, 10–11 AM
Trinity Church, Freston Gardens, Cockfosters

www.exercisewithtracy.co.uk or scan the QR Code

Email: exercisewithtracy@gmail.com

Town Council for Potters Bar approved

Hertsmere Borough Council has approved the formation of a Town Council for Potters Bar. This will mean that a new parish will be established covering Potters Bar, represented by a Town Council of 11 elected councillors. A Shadow Council will now undertake the work to ensure that the new authority is properly constituted, legally compliant and ready to operate.

The new Town Council is due to come formally into existence on 1st April 2027, with the first elections taking place on 6th May 2027.



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southherts@visiting-angels.co.uk



Local author's great new book: 'The Beatles' Hit Singles, Part 2' is out now!

Brookmans Park resident Martin Orkin's latest book about all The Beatles' superb later singles is already a hit with Beatles fans, and also with readers of his three previous books: The Beatles' Hit Singles, Part 1 and Rivals of The Beatles 1 & 2.

In Part 2 of his Hit Singles series, Martin covers all of The Beatles' 45s from 'Paperback Writer' in 1966, up to 1970 with the beautiful ballad 'Let It Be' and the equally lovely US no 1 single 'The Long And Winding Road'. Sadly, The Beatles broke up in between these two releases.

Learn how 'All You Need Is Love' was written under considerable pressure by John Lennon and recorded by The Beatles at almost the last minute for a live TV show: to be viewed by several hundred million people! And how 'Strawberry Fields Forever' achieved mind-blowing perfection when The Beatles' technicians spliced two completely different recorded performances together in mid-song.

Amazing facts, stories, chart and sales information throughout; reviews from the era of each single; colour images of record sleeves in each chapter: this is an essential book for all Beatles fans. So order now for a perfect Christmas gift for a Beatle-crazy friend or relative – or for yourself.

The Beatles' Hit Singles, Parts 1 & 2 are currently available at £15.00 each. But Martin is doing a specially reduced price bundle of both books for only £25.00. (All prices plus p&p where applicable). (Free collection or delivery may be possible in Brookmans Park, Potters Bar and Welham Green areas.) For more details, and to buy a copy, call Martin on 07979 770899 or email him at enquiries@rivalsofthebeatles.com.

New kitchen at Elm Court



The Mayor of Hertsmere cut the ribbon and officially opened the brand-new kitchen on 18th September. We were also pleased to welcome the

Leader of the Council, local councillors, youth leaders, hirers, our Trustees, and staff. There are two cooking stations so it can be used for training young people to cook. The new facilities are partly funded by Hertsmere Borough Council, and they will be well used by Elm Court users plus the nursery staff and car boot canteen helpers.

Our car boot sales are over until next spring, and we would like to thank all the groups, staff and trustees helping to run them. Voluntary groups earned over £30,000 this year in return for a day's help either running the canteen or supervising the field and the cars. And Elm Court earned £20,000. This with our room hires makes Elm Court self sufficient in everyday running.

This autumn Elm Court will house many u3a groups – family history, beginners bridge and photography, and Generation Plus run their activities on three days a week. The hall will see badminton, table tennis, tai chi, karate, roller skating, and indoor sports. Other groups such as Citizens Advice and free first aid training also meet at Elm Court and we also host family parties. Santa will be joining our Christmas Fair on Sunday 6th December from 11am–3pm. This is a free entry event showcasing local small businesses with lots of Christmas cheer. Take a look at our website to see what's on and for group information, so maybe you would like to join in – www.elmcourt.org.uk.

Elm Court is a building, but it is not just bricks – it is a community for everyone.

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Potters Bar Rotary Christmas Sleigh 2026

Once again, we would like to take this opportunity to thank you, our local residents, for the generosity which helps Potters Bar Rotary give aid to local, national, and international charities.

Santa and his sleigh had a busy festive season last year visiting the Christmas Lights street party, the Farmers' Market, the Elm Court Christmas Fayre and making an appearance at the Morven Christmas party. But most of all we continue to be extremely grateful to TESCO Potters Bar who say that it would not seem like Christmas without the sleigh out the front with lights, music, and bubbles. These events enabled us to collect in the region of £3,000 for Rotary charities.

To continue these efforts, we have another programme of planned events this December; so here are some dates for your diary, weather permitting.

Potters Bar Christmas Lights Street Party - date tbc

Come and see Santa and his sleigh at a Christmas market with fairground rides and entertainment around Darkes Lane and Manor Road car park.

Elm Court Christmas Fayre - Sunday 6th December

Santa will again be visiting the Fayre at Elm Court, 363 Mutton Lane, from 11am to 4pm. There will be local craft and gift stalls with a festive theme, refreshments, free entry, and parking.

TESCO, Mutton Lane, Potters Bar - Monday 21st, Tuesday 22nd, Wednesday 23rd and Thursday 24th December all day

You will be able to donate there and then with cash or by card to show your appreciation and support.

Please visit the *Community News* website to check final plans for Santa and the Sleigh at www.pottersbarcommunitynews.co.uk. If you're interested in arranging a visit from the Sleigh or helping Potters Bar Rotary in their activities, please email secretary@pottersbarrotary.uk.

SLEIGH DATES 2026

Watch out for our Sleigh

Brookmans Park Tree Lighting - 21st November

Little Heath - 2nd, 3rd & 6th December

Welham Green - 9th & 10th December

Brookmans Park - 13th, 16th & 17th December

Tesco, Hatfield - 19th-22nd December

For full details of the routes check our website nearer the time

Rotary

Brookmans Park

See Santa and his Sleigh in Aid of

CRISIS

Supporting we will end homelessness

And other charities supported by Brookmans Park Rotary
"The Rotary Club of Brookmans Park Trust Fund" Reg Charity No. 1022858

Churches Together in Potters Bar - Christmas 2026

Christ Church Little Heath (CE)

Sunday 6th December
10am Christingle Service
Sunday 20th December
6pm Carol Service
Thursday 24th December - Christmas Eve
4pm Children's Carols by Candlelight
11.30pm Midnight Communion
Friday 25th December - Christmas Day
10.30am Christmas Celebration

Contact: Church Office 01707 662460
churchadmin@ccdh.org.uk

King Charles the Martyr (CE)

Sunday 6th December
5pm Christmas Songs of Praise
Sunday 13th December
5pm Nine Lessons & Carols
Wednesday 16th December
1.30pm Charlie's Angels Christmas Special
Thursday 17th December
12pm Community Café Christmas Service
1pm Community Café Christmas Lunch (Ticketed)
Sunday 20th December
9.30am Sung Eucharist
11am Morning Worship
3pm Family Messy Church Carol Service
Monday 21st December
6pm Blue Christmas Service
Tuesday 22nd December
10am Said Eucharist
Thursday 24th December - Christmas Eve
4pm Crib Service for all the Family
11.30pm Midnight Mass
Friday 25th December - Christmas Day
9am Said Eucharist
10.30am Christmas Day Family Communion
Sunday 27th December
9.30am Said Eucharist
11am Informal Café Church followed by church

Contact: Revd. Emma-Jane Wilkinson vicar@kcm-church.org.uk
Church Office 01707 665579 office@kcm-church.org.uk

Our Lady & St Vincent (RC)

Sunday 20th December
6pm Parish Carol Service
Thursday 24th December - Christmas Eve
5pm Vigil Mass of Christmas for families with young children
8.30pm Candle-lit Vigil and Mass during the Night
Friday 25th December - Christmas Day
9am Dawn Mass of Christmas
11am Christmas Mass of the Day
Saturday 26th December
No Mass
Sunday 27th December - Feast of the Holy Family
9am and 11am Mass

Contact: Parish Office 01707 654359 pottersbar@rcdow.org.uk
<https://parish.rcdow.org.uk/pottersbar/>

Potters Bar United Reformed Church

Thursday 10th December
7.30pm Aeolian Singers Christmas Concert
Friday 11th December
11am Nursery School Nativity Service
Sunday 13th December
11am Toy and Gift Service
Thursday 17th December
5.15pm Nursery School Christmas Concert
6.00pm Service of Lessons and Carols
Thursday 24th December - Christmas Eve
11.30pm Watchnight Service
Friday 25th December - Christmas Day
10.30am Christmas Day Celebration

Potters Bar Baptist Church

Saturday 21st November
11am - 3pm Christmas Fayre
Sunday 13th December
10.30am Family Nativity Service
Sunday 20th December
4.30pm Carols by Candlelight followed by refreshments
Friday 25th December - Christmas Day
10.30am Family Service

Contact: 01707 849538
info@pbc.org.uk

St Giles', South Myms and St Margaret's, Ridge (CE)

Visit www.stgiles-stmargarets.co.uk

St John's Methodist Church

Sunday 29th November
10.30am Advent Sunday
Sunday 6th December
10.30am Christingle Service
Sunday 13th December
10.30am Nine Lessons and Carols plus Creative Church
Sunday 20th December
4pm All-Age Carol Service
Thursday 24th December - Christmas Eve
11pm Christmas Eve Midnight Communion
Friday 25th December - Christmas Day
10.30am Christmas Morning Family Service
Sunday 27th December
10.30am Informal Service with Favourite Carols
Sunday 3rd January 2027
10.30am New Year Covenant Service

Contact: Revd. David Jebb 01707 440863
www.stjohnspb.org.uk

St Mary's, The Walk, Potters Bar (CE)

Sunday 29th November
5pm The Advent Procession
Sunday 20th December
5pm Carol Service followed by mulled wine and mince pies
Thursday 24th December - Christmas Eve
4pm Christingle and Crib Service
11.30pm Midnight Mass of the Nativity
Friday 25th December - Christmas Day
10am Family Eucharist followed by festive drinks and mince pies

Contact: Revd. Stefan Chrysostomides 01707 859028
vicar@stmaryspb.org.uk



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Carnival Plans for 2027

After a very successful Carnival this year the committee has decided to run it again in 2027 on Sunday 13th June. Each year we try new ideas and are always open to new suggestions to improve the way the day runs.



At our 2026 Carnival AGM we gave out £6,000 to local organisations. *(Editor: The Community News was one of the many grateful recipients).* If you would like to receive a grant next year, come and support us

either on the gate, being a steward, or by advertising, or being involved in Arena events, etc.

The Carnival is the biggest event in our town each year so let's make it bigger and better together. Details on having a stall or a float at the 2027 Carnival will be released after Christmas.

As always, we need volunteers to run the Carnival – please contact us via email pottersbarcarnival@gmail.com if you are interested. Or visit us on Facebook [facebook.com/pottersbarcarnival](https://www.facebook.com/pottersbarcarnival).

We look forward in seeing you next year.

The Potters Bar Carnival Committee

Exciting times for Mayfair Lodge

We have had an exciting year-to-date with our events and fundraising for Mayfair Lodge residents.

Every family and resident who attended our Open Summer Event had a fun time with lots of great old-fashioned games to enjoy, finishing with strawberries and cream. A good time had by all, rounded off with a Punch and Judy performance.



Our Fun Quiz was held in September and was a roaring success. An incredible night run by Josh, our quizmaster, and the winning table was 'The Jessicas'. Well done to them! Many

thanks are extended to Potters Bar Cricket Club for allowing us use of their Club House. We held our annual jumble sale in September and the photo is of Levi, a Mayfair Lodge carer, enjoying his time buying at the sale. We thank everyone who attended but special thanks to 1st London Colney Scouts for taking all our leftovers.

We continue to run our Tea Room for our residents on Wednesdays 2–4pm with singing, dancing, entertainment, and refreshment in abundance. Our thanks also go to our volunteers, we could not continue without you. You are a great team, and we are so grateful for all your support and the enjoyment we share.

CPR sessions at Potters Bar Life Saving Club

Potters Bar Life Saving Club is running community CPR sessions at Elm Court in partnership with Hertsmere Borough Council on the dates shown in 'What's On' and on the flyer shown on the Community News website.

The sessions are free to attend. All the costs of delivering these sessions are met by the Life Saving Club. The Council do the bookings and publicity in their newsletter.



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u3a Potters Bar holiday to Durham and NE England

Early in September members of Potters Bar u3a enjoyed a five-day visit to the North East of England. Based in a quality hotel on the banks of the River Wear, they visited Bamburgh Castle, Lindisfarne (Holy Island), and the delightful Beamish Living Museum showing England as it was in 1900s, 1920s, and 1950s.



The highlight of the holiday was a guided walking tour of Durham City with its amazing cathedral, followed in the evening by an open-air spectacular called 'The Kynren' an 'Epic Tale of England'. Performed

by a thousand strong cast narrated by Kevin Whately this multi-award winning spectacular dazzled the senses with a mix of hand-to-hand combat, daring stunts and horsemanship and culminating with amazing pyrotechnics display.

Finally, and with a tinge of sadness, they left the beautiful North East and made their way by coach back to Potters Bar having enjoyed a wonderful holiday.

Les Chesson



The Potters Bar Hall of Fame

With the current Potters Bar Museum Exhibition, on the railway coming to Potters Bar, ending in October, you are invited to come along and see our new display entitled 'The Potters Bar Hall of Fame'. This exhibition will cover the celebrities that called Potters Bar home for some part of their lives from the 17th Century to the present day, including politicians, actors, scientists, writers, adventurers, sports personalities, inventors, military figures young and old. We will also feature artefacts associated with their lives to complement the exhibition.

At the same time there will be a separate display of black postage stamps and postal history, featuring the world-famous 1840 Penny Black stamp on an envelope with the wrong date of 8th January, some 5 months before the stamp was actually issued. Also included are early classic European, Latin American, African, and Asian items of philately.

Sheldon Kosky

No longer working full-time?
Looking for new communities
and interests?
There's a world of new
experiences on your doorstep!

Potters Bar u3a gives you the chance to mix with a community of curious, sociable people who want to chat, learn and connect, and make the most of life.

In the UK there are over 430,000 members and annual membership is just £20.

So whether you want to learn something new, enjoy a shared interest or just find new friends, come along to one of our monthly meetings (see the 'What's On' section) or visit our website to discover what Potters Bar u3a has to offer.

u3a
Potters Bar



Explore a wide range of social, fun and educational activities:

- walks to talks
- tai chi to technology
- music to mindfulness
- croquet to current affairs
- books to languages
- crafts to photography
- art to architecture
- games to outings
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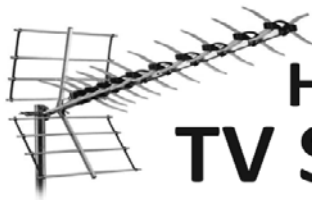
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Need help with your films?

Films can be taken with so many devices these days, and we are so busy, that it's hard to find time to get yourself 'in the mood' to edit it all and add sound, etc to make a 'proper' film. That's where The Potters Bar FilmMakers come in.

We have been around for more than 70 years so know how to help you and have experts in all areas.

Documentaries, films to a record or poem (don't worry, you don't need to have written the poem yourself), travel, sometimes to places that we may not have heard of, even club films, so if you don't actually make films yourself, you could be very involved by taking on a part in one of these.

We have lots of members who don't make films but that doesn't matter as long as you are interested in anything filmic.

Just because we are 'amateurs' that doesn't mean that we make rubbish films. They all take time to film and if making a film for one of our competitions, like a documentary, you need to do some research so that you have the correct information to tell people about in your commentary. People know of lots of things but not actually about them. When you show your films at club meetings the members give very helpful tips too so always a good evening.

Look at our website and all the details are there, who to contact, and it usually includes one of the member's short films, so you will have an idea of the films we make –

pottersbarfilmmakers.co.uk.



Hertsmere

Over 10 million households (37% of Brits) are worried about how they'll afford their energy bills this winter, according to Citizens Advice research.

If you're looking to cut costs, focus on heating and hot water, which account for around three-quarters of household energy use.

Simple ways to save include:

- Wear warm layers, socks and slippers before turning up the heating.
- Lower your thermostat by 1°C and set heating timers to match your routine.
- Close curtains at dusk, block draughts and keep radiators clear.
- Avoid heating unused rooms where practical, provided this does not increase the risk of damp or mould.
- Boil only the water you need, cook with lids on pans and wash clothes at 30°C or on the eco setting.
- Avoid using a tumble dryer where possible. Dry clothes outdoors or on an airer and ensure adequate ventilation to help prevent damp and mould.
- Avoid carrying hot water upstairs to fill a bath due to the risk of burns and falls.

Further support

- If you use a prepayment meter, check your credit regularly. Many suppliers offer emergency credit and Friendly Hours support.
- If you're on a low income, you may qualify for grants, discounts or insulation support, including the Warm Home Discount.

Citizens Advice Hertsmere can check eligibility for fuel vouchers, provide energy-saving items and help with billing and debt issues.

Find more advice at www.citizensadvice.org.uk.

If you need support with energy or other issues, please contact us via:

- Our website www.citizensadvice.org.uk/local/hertsmere
- Advice Line 0800 144 8848

Or visit us:

- Wyllyotts Centre on Wednesdays 10am–3.30pm (until 12.30pm on the last Wednesday of the month)
- NEW Room 2, Elm Court Community Centre – 1st, 2nd and 3rd Thursdays of each month, 1.30–3.30pm
- for other locations, please visit our website

Editor: a fuller version of this article appears on our website

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Fighting food waste in our community

Food waste is a huge issue, but there are some fantastic local people taking action to make a real difference. For more than two years, local volunteers have been collecting surplus food from supermarkets and bringing it to Elm Court on weekdays mornings, where it is available for local residents to collect. Much of this is perfectly good food that has reached, or is approaching, its best-before-date, helping to make sure it is used rather than simply ending up in bins and ultimately in landfill.

The amount of food being diverted from waste through this simple but incredibly valuable community effort is huge. It is a brilliant example of what can happen when people give up their time and work together for the benefit of their community.

I want to say a huge thank you to every volunteer who gives their time to collect, transport, sort and distribute this food. Your commitment makes a real difference. There are lots of schemes available to help us all reduce food waste. Why not take a look at:

- Too Good To Go – www.toogoodtogo.com
- OLIO – www.olioapp.com
- Love Food Hate Waste – www.lovefoodhatewaste.com

You could even set up a small group among your neighbours, friends or family to share surplus food and make sure nothing useful goes to waste. Reducing food waste doesn't always require big changes. Sometimes, it starts with simply sharing what we already have.

Thank you again to all our local volunteers who are helping make a difference every single week.

Cllr Lynette Sullivan



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Why Cherry Lodge is so special

A cancer diagnosis can change everything. Suddenly life can feel uncertain, frightening and overwhelming. At Cherry Lodge we understand that cancer affects far more than the physical body. It can impact emotions, relationships, confidence, and everyday life.

That is why Cherry Lodge is here – to provide a safe, welcoming place where people affected by cancer can find understanding, friendship, and support. Everything we offer to our members is completely free.

When someone first comes to Cherry Lodge, they have a detailed initial assessment with our nurse. This gives us time to listen, understand their individual circumstances and identify what support would be most helpful. Everyone's cancer journey is different, so our aim is to ensure each person receives the right support at the right time.

We offer a range of complementary therapies alongside group sessions, activities, and one-to-one support. Our counselling provides a confidential space for people to talk about their fears, worries and emotions without judgement. Group sessions can also be incredibly powerful, helping members discover that they are not alone and providing opportunities to share experiences and build friendships.

Our activities offer something equally important – moments of enjoyment, laughter, creativity, and normality. Sometimes, simply having somewhere to go where cancer isn't the only thing being talked about can make a real difference.

Much of what makes Cherry Lodge so special is the people. Our dedicated volunteers give their time, kindness and compassion to help run sessions, welcome members, and create the warm community that exists at the Lodge.

Ultimately, Cherry Lodge is about people supporting people.

It is about listening when someone needs to talk, offering comfort when things feel difficult, sharing laughter when it is needed and reminding everyone who walks through our doors that they don't have to face their cancer journey alone.

For more information or to become a member visit

www.cherrylodgecancercare.org.uk
or call 020 8441 7000.

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Photographic Society covers all angles

For members of the Potters Bar & District Photographic Society, summer is a time to take a break from regular meetings (unless they wish to join in the regular social gatherings) and have some time with their cameras. Holidays, courses, personal projects all get their fair share of time. Time for members to plan their 'campaign' for the Society's competitions during the autumn and winter months. Time to perhaps learn a new skill.

We are well and truly under way with a range of activities. The season started with a talk on 'Abstract and Minimalism' showing that you do not need sophisticated set-ups to get great images; simple and minimal compositions can still create great abstract images. Next was an online meeting covering working with textures to add some depth and character to an existing image. It was fascinating to see how a photo, which may by necessity have a distracting background, can be enhanced by blending a second image on top or underneath. The first competition of the autumn involved members producing up to three triptychs of images on a theme of the members' choosing. Not an easy task to show them all to their best. The winner was Chris Gilbert with his picture 'Cones' showing that careful lighting and good presentation are equal to any exotic location.

The Society is happy to meet potential new members, whatever their photographic ability, at any of its meetings at Wylyotts Theatre, Potters Bar, on Monday evenings from 7.30pm. Our programme can be found on the website at pottersbarphotosoc.org.uk.

Potters Bar Theatre Company presents the heartfelt comedy

THE GREAT BRITISH BAKE OFF MUSICAL

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Music and Lyrics by Pippa Cleary

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UPCOMING EVENTS 2026

Sunday 22nd November – Toy Fair

Sunday 6th December – Elm Court Christmas Fair 1–3pm

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THANK YOU TO OUR STAFF, HELPERS AND COMMITTEE

Helping people care for their pets through frailty and illness

In the past year, more than 156,000 owners and 158,000 beloved companions across the UK have been supported through The Cinnamon Trust's work. You may already know us, but if not, we are the only national charity helping older people, and the terminally ill, care for their pets. We have one true mission and wish: to ensure no one has to face the heartbreak of giving up a cherished pet just because they need a little support.

We understand how special this bond is. For some, a pet offers comfort, routine, and a reassuring presence. For others, they represent a link to a life once lived or to someone dearly missed. When that bond is at risk, it can be deeply upsetting, and often avoidable with our support.

Everything we do is shaped by kindness and respect for both people and their pets. With the help of over 20,000 compassionate volunteers, we support owners with tasks such as dog walking, cat brushing, cleaning litter trays, and offering short-term foster care during an owner's hospital stay.

Besides the practical support, we also offer all pet owners the chance to plan ahead for their pet's future. Through our Pet Profiling service, owners can entrust their pets in our forever care and take comfort in knowing their pet will be cared for in a loving home when the time comes.

We never use kennels or catteries, and all pets are cared for in either one of our two sanctuaries or in a new forever foster home, with the same love they are used to.

Whether you're an owner looking for support, or a keen animal lover looking to volunteer in your community, you can contact us via our website cinnamon.org.uk or by calling 01736 757900.

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Successful Health and Wellbeing Event



The Potters Bar Health and Wellbeing Event took place on Friday 18th September at the Wyllotts Theatre, opened by the Mayor of Hertsmere, Councillor Parveen Rani. Close to 400 people came along to stroll

through the marketplace, where 27 charities and national health and wellbeing organisations, including Dementia Adventure, Bowel Cancer UK, Moorfields NHS Foundation Trust, Age UK, Alzheimer's Society, Citizens Advice and Carers in Herts provided a wealth of information and advice. There were six talks, three by GPs from the Potters Bar surgeries (on Ear, Nose and Throat, Dementia and Diabetes) and others on Paying for Care, Brain Health, and Bowel Cancer. The day's Programme also included six taster sessions, ranging from Scottish Dancing, Relaxation and Meditation through to Pilates, Para Dancing, Seated Exercises, and Musical Memories.

People could also get a mini health check from nurses (thank you Cooperscroft and Highview Medical Centre) or visit the Hertfordshire County Council Better Health Bus. InspireAll and the Healthy Hub brought their inpositivebody scanner, which proved extremely popular and was constantly in use.

The organising committee, consisting of volunteers from Potters Bar's three Patients Participation Groups, would like to thank Hertsmere Borough Council and the Wyllotts Theatre staff for all their help and support, as well as the army of volunteers on the day who make the Event possible.

Feedback from visitors was very positive: "A very interesting and helpful day". "Discovered help I didn't know existed". "The exhibition was great". "People on stands were very informative". "Great talks and enjoyed the classes".





SightLife

Visually Impaired Support Groups in Hertfordshire

Join us at our Potters Bar group meetings for a warm cuppa, delicious cake and a chance to chat, connect and make new friends!

Where: Wyllotts Theatre Café, Wyllotts Place, Potters Bar, EN6 2HZ

When: First Thursday of Each Month

Time: 11am to 1pm

We warmly welcome new volunteers!

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Hertfordshire Showband strikes gold on the world stage

The Hertfordshire Showband are celebrating an extraordinary double gold medal achievement at the 2026 World Music Contest in Kerkrade, Netherlands.



The band built on their success at the 2022 World Music Contest where they were crowned world champions in the 1st Division March Parade and 2nd Division March.

Taking a bold leap, the band competed two divisions higher in the elite Championship Division March Parade and World Division March. Competing against the finest marching bands in the world, the band delivered two sensational, high-scoring performances:

- **Championship Division March Parade:** 82.916 – Gold Medal (5th place in the world)
- **World Division March:** 81.844 – Gold Medal

These incredible scores solidify the Hertfordshire Showband's standing as a world-class performing ensemble. Following their success on the contest field, the band travelled to Disneyland Paris to celebrate together, enjoying the park's rides and parading down Main Street.

Now setting their sights on the 2027 European Marching Contest in Rastede, Germany they are calling on the local community to help

power its next chapter. Sustaining this level of international success requires dedicated support both on and off the field.

The band is currently seeking new members and volunteers to get involved:

- **Performers:** Now is a great time for new brass and woodwind players to join us!
- **Instructors:** Musical and marching instructors to help take our performances up a gear.
- **Support Team:** Volunteers for (not limited to) social media, recruitment, performance support and fundraising to fund future trips and uniforms.

Whether you want to pick up an instrument, share a skill, or help with fundraising, your support keeps this local charity performing at the highest level. To join or support the band, visit www.hertfordshire-showband.org.



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WHAT'S ON

NOVEMBER 2026

SUNDAY 1st

- > *Barnet Walks Halloween in High Barnet Walk. 7.30pm. Meet at High Barnet Tube.
- > All Souls Service St Mary's Church, North Mymms. 4pm. Remembering those recently departed.
- > Remembering our loved ones Service to remember and give thanks for departed relatives and friends. 3pm, St Mary's Church, The Walk. Followed by tea and cakes. Details 07803 756088.

TUESDAY 3rd

- > Lunchtime Recital Mary Pilbury, Miriam Kramer and Nicholas Durcan (bassoon, violin and piano). 12.30pm. Retiring collection. Light lunches (£7) available from noon. St Mary's Church, The Walk.
- > *'Grease' Green Room Productions. 7.30pm. Tickets £20-£24, Children £16-£20. Wylyotts. Book tickets www.wylyottstheatre.co.uk or box office on 01707 645005.

WEDNESDAY 4th

- > *Wednesday Community Club Games and chat.
- > *'Grease'. See Tuesday 3rd above.

THURSDAY 5th

- > *'Grease'. See Tuesday 3rd above.

FRIDAY 6th

- > *'Grease'. See Tuesday 3rd above.

SATURDAY 7th

- > *'Grease'. See Tuesday 3rd above, plus matinee at 2.30pm.
- > Christmas Market 4th Potters Bar Scout Group at St John's Methodist Church, Baker Street. 10.30am-1pm. Various stalls, games, tombola, raffle and other attractions. Refreshments, including hot food. Early visit from Father Christmas!

SUNDAY 8th

- > PB Baptist Church November Remembrance Service. 10.30am.
- > Remembrance Service at the War Memorial, High Street, Potters Bar. From 10.50am, following church service at St Mary's in the Walk at 9.30am.
- > Remembrance Service at the Memorial, St Mary's Church, North Mymms AL9 7TN. 10.20am, followed by Church Service at 10.50am.

TUESDAY 10th

- > *'The Great British Bake-Off Musical' Potters Bar Theatre Company. See page 23.
- > *Cuffley Floral Art Club Demonstrator. Social Evening. 7 for 7.30pm, Cuffley Hall.

WEDNESDAY 11th

- > *'The Great British Bake-Off Musical' Potters Bar Theatre Company. See page 23.
- > *RSPB 'The Wildlife of London', Jon Mason (aka The Early Birder). Observations and photographs from wildlife areas around capital city.
- > *Wednesday Community Club Harringey Shed Singers.

THURSDAY 12th

- > *'The Great British Bake-Off Musical' Potters Bar Theatre Company. See page 23.
- > *Enfield National Trust Association 'The History of Bandstands' Paul Rabbits. 1.45 for 2pm. Further info from Pam on 01707 650969.
- > *North London and Middlesex Morris Minor Owners AGM Club Night at the Whitewebbs Museum from 7.30-9pm
- > *PB Filmmakers Competition Documentary.

FRIDAY 13th

- > *'The Great British Bake-Off Musical' Potters Bar Theatre Company. See page 23.

SATURDAY 14th

- > *Hertfordshire Philharmonia Concert 7.30pm, St Mary's Church, The Walk. 'In Remembrance', music by Butterworth, Ravel and Vaughan Williams. Info www.hertsphil.org.uk. £16 in advance via Ticket Source (£18 on the door), £5 students.
- > *'The Great British Bake-Off Musical' Potters Bar Theatre Company. See page 23.

MONDAY 16th

- > *Barnet and District Philatelic and Postcard Society Danish Pot Pourri.

WEDNESDAY 18th

- > *Wednesday Community Club Games and chat.
- > *Enfield National Trust Association 'Patagonia - Flowers and Landscapes', John Wallington. 1.45pm for 2pm. Further information from Pam 01707 650969.

THURSDAY 19th

- > *'The Unfriend' The Warren Theatre Group. See page 22.

FRIDAY 20th

- > *'The Unfriend' The Warren Theatre Group. See page 22.
- > *RSPB Bill Coster, well known wildlife photographer, will give one of his unique digital presentations. Subject tbc.

SATURDAY 21st

- > *'The Unfriend' The Warren Theatre Group. See page 22.
- > PB Baptist Church Christmas Fayre. 11am to 3pm.
- > Quiz Night Tickets £10. 7pm at St Mary's Church Hall, The Walk.
- > CPR Awareness Learn life-saving skills free with help from PB Life Saving Club. Elm Court. 7.45-9.15pm.
- > *'Spitfire Girls' The Cuffley Players. See page 24.
- > *Wednesday Community Club Pope Paul Choir. 2-4pm.

THURSDAY 26th

- > *'Spitfire Girls' The Cuffley Players. See page 24.
- > *Potters Bar Filmmakers AGM Wylyotts Centre. 7pm.

FRIDAY 27th

- > Candle-making Mayfair Lodge, Watkins Rise. Evening. £10 to make candle and take home. 07833 306093 to book place.
- > *'Spitfire Girls' The Cuffley Players. See page 24.

SATURDAY 28th

- > Christmas Fair for Cherry Lodge Cancer Care. Craft stalls, tombola, etc. Wesley Hall, Stapylton Road, Barnet (opposite Spires Car Park). Tina@cherrylodgencancercare.org.uk.
- > *'Spitfire Girls' The Cuffley Players. See page 24.

SUNDAY 29th

- > Little Lambs Mass 3pm. Our Lady and St Vincent Church
- > 'From Darkness to Light' A celebration in words and music for Advent Sunday. All welcome. 5pm. St Mary's Church, The Walk. Details 07803 756088.
- > *Barnet Walks Battle of Barnet. 11am. Meet junction Great North Road/Hadley Green Road.

DECEMBER 2026

TUESDAY 1st

- > Lunchtime Recital Anthony Gritten (organ). 12.30pm. Retiring collection. Light lunches (£7) available from 12 noon. St Mary's Church, The Walk.
- > *Cherry Lodge Cancer Support local schools singing carols in The Spires, Barnet.

WEDNESDAY 2nd

- > *Wednesday Community Club Games and chat. 1.30-3.30pm.

SATURDAY 5th

- > Open Christmas Fayre 12 noon-3pm. Mayfair Lodge, Watkins Rise. Come along to purchase gifts and enjoy a festive afternoon. 07833 306093 for further information.
- > Choirs R US Christmas Concert 7pm. St Mary's Church, The Walk. An uplifting mixture of pop, jazz and Christmas songs.
- > *Barnet Walks 'Dickens in North London' Christmas walk. 11am. Meet at High Barnet Tube.
- > *PB Community Music School 1pm. Junior chamber concert at Gracewood Academy. Free entry. Website pbcms.org.uk.

SUNDAY 6th

- > Christmas Fair 11am-3pm. FREE entry. Elm Court.

TUESDAY 8th

- > *Cuffley Floral Art Club National Demonstrator David Thomson, 'Christmas Greetings'. 7 for 7.30pm. Cuffley Hall.

WEDNESDAY 9th

- > *Wednesday Community Club Games and chat. 1.30-3.30pm.
- > *Cherry Lodge Cancer Care Support local schools singing carols in The Spires, Barnet.
- > *RSPB 'Botswana, an African Adventure' with Pam Litton.

THURSDAY 10th

- > *North London and Middlesex Morris Minor Owners Club Christmas Club Night at Whitewebbs Motor Museum. 7.30-9pm.
- > Christmas Flower Workshop 1.30-3.45pm. Hadley Memorial Hall, 29 Hadley Highstone. Tickets £14 including workshop, tea and cakes. Raffle and festive wreath-making for Cherry Lodge Cancer Care. Tina@cherrylodgencancercare.org.uk.

FRIDAY 11th

- > *PB Community Music School Senior chamber concert. Our Lady and St Vincent's. 7pm. Free. Website pbcms.org.uk.
- > *RSPB 'Bat Conservation', David Willis, Herts and Middlesex Bat Conservation Group.

SATURDAY 12th

- > *PB Community Music School Orchestras and choir concert at Gracewood Academy. 7pm. £7 for the waged. Website pbcms.org.uk.

SUNDAY 13th

- > Christingle Church Service 3pm. St Mary's Church, North Mymms.

WEDNESDAY 16th

- > *Wednesday Community Club Christmas Service and Festive Fayre. 1.30-3.30pm.

SUNDAY 20th

- > Carols by Candlelight 6.30pm. St Mary's Church, North Mymms.
- > Carols by Candlelight 6.30pm. PB Free Church, Mimms Hall Road. Followed by refreshments.
- > Carol Service All welcome. 5pm. St Mary's Church, The Walk. Followed by mulled wine and mince pies. Details 07803 756088.

MONDAY 21st

- > *Barnet and District Philatelic Society Christmas Bourse, Social and Displays.

THURSDAY 24th

- > Crib and Christingle Service A Christmas celebration for all the family. 4pm. St Mary's Church, The Walk. Details 07803 756088.
- > Midnight Mass All welcome. 11.30pm. St Mary's Church, The Walk. 07803 756088.

WHAT'S ON

FRIDAY 25th

- **Christmas Day Communion** All welcome. 10am. St Mary's Church, The Walk. Followed by festive drinks and mince pies. Details 07803 756088.

JANUARY 2027

WEDNESDAY 6th

- **CPR Awareness** Learn life saving skills free with help from PB Life Saving Club. Elm Court. 7.45–9.15pm.

MONDAY 11th

- ***Potters Bar u3a** 'Around the World with Agatha Christie', Nick Dobson. Wyllotts Theatre. 10am. Website pbu3a.org.uk or 07544 263356.

WEDNESDAY 13th

- ***Wednesday Community Club** Happy New Year! Share your Christmas memories. 1.30–3.30pm.
- ***RSPB** 'From the Mountains to the Sea', a walk along the River Dee from Bala to the Irish Sea with Des Arnold.

THURSDAY 14th

- **'Snow Queen' Pantomime** The Warren Theatre Group at Wyllotts. See page 22.

FRIDAY 15th

- ***RSPB** 'Conservation work at RSPB Otmoor Nature Reserve', David Wilding. Warden at the haven for wildlife in the heart of Oxfordshire.
- **'Snow Queen' Pantomime** The Warren Theatre Group at Wyllotts. See page 22.

SATURDAY 16th

- **'Snow Queen' Pantomime** The Warren Theatre Group at Wyllotts. See page 22.

SUNDAY 17th

- ***Barnet Walks** The Battle of Barnet. 11am. Meet junction Great North Road/Hadley Green Road, EN5 5PP.

MONDAY 18th

- ***Barnet and District Philatelic Society** BBC Connects the World, and Tanks to Dandelions.

WEDNESDAY 20th

- ***Enfield National Trust Association** 'The Foundling Museum and Hospital', Chris Wilkins Molloy. 1.45 for 2pm. Further information from Pam 01707 650969.
- ***Wednesday Community Club** Yvonne Perry, 'Secrets of plants'. 1.30–3.30pm.

SATURDAY 23rd

- **Quiz** for Mayfair Lodge. 7 for 7.30pm. Potters Bar Cricket Club. £10 ticket, maximum 8 on table. Bar open, bring nibbles. Phone 07833 306093 to book table.

WEDNESDAY 27th

- ***Wednesday Community Club** Games and chat. 1.30–3.30pm.

SATURDAY 30th

- **Quiz Evening** 4th Potters Bar Scouts. St John's Church, Baker Street. 7 for 7.30pm. Tables maximum of 8. £12 including hot meal. Bring your own drinks (no alcohol please.) Contact Liz Beikooy 01707 659597.

FEBRUARY

MONDAY 1st

- **Lunchtime Recital** Aleksandra Lipke and Jennifer Carter (viola and piano). 12.30pm. Retiring collection. Light lunches (£7) available from 12 noon. St Mary's Church, The Walk.

WEDNESDAY 3rd

- ***Wednesday Community Club** Games and chat. 1.30–3.30pm.

THURSDAY 4th

- ***Potters Bar Filmmakers** Let us help you with your film making.

SUNDAY 7th

- ***Barnet Walks** 'Dickens in North London', Birthday Walk. 11am. Meet at High Barnet Tube Station.

MONDAY 8th

- ***Potters Bar u3a** 'Sentinels of the Sea' A History of Lighthouses, Mark Lewis. Wyllotts Theatre. 10am. Website pbu3a.org.uk or 07544 263356.

TUESDAY 9th

- ***Cuffley Floral Art Club AGM** 7 for 7.30pm. Cuffley Hall.

WEDNESDAY 10th

- ***Wednesday Community Club** 1.30–3.30pm.
- ***RSPB** 'Animal Rescue' with Pat Gregory. Stories of rescuing and caring for wild animals and birds over many years.
- **CPR Awareness** Learn life-saving skills free with help from PB Life Saving Club. Elm Court. 7.45–9.15pm.

THURSDAY 11th

- ***Enfield National Trust Association** 'The Tiller Girls', Mark Fox. 1.45 for 2pm. Further information from Pam 01707 650969.

SATURDAY 13th

- ***Hertfordshire Philharmonia** 7.30pm. St Mary's Church, The Walk. 'A Tale of Two Fourths' Information at www.hertsphil.org.uk. Conductor Martin Smith. Soloist Ella Harrison. Beethoven – Symphony No. 4. Longstaff – Cello Concerto. Mendelssohn – Symphony No. 4 'Italian'. Tickets £16 in advance via Ticket Source (£18 on the door), £5 students.

SUNDAY 14th

- **Snowdrop Sunday** Refreshments and music. Enjoy looking at our snowdrops. St Mary's Church, North Mymms, AL9 7TN.

MONDAY 15th

- ***Barnet and District Philatelic Society** 'Postcards, People, Portraits and Pony Express mail'.

WEDNESDAY 17th

- ***Enfield National Trust Association** 'The History of Taxation' by John Whiting. 1.45 for 2pm. Further information from Pam 01707 650969.
- ***Wednesday Community Club** Games and chat. 1.30–3.30pm.

THURSDAY 18th

- ***Potters Bar FilmMakers** see our website for details.

FRIDAY 19th

- ***RSPB** 'Birds, birding and a career in ornithology', Oliver Slessor, ornithologist. Working over 20 years in Britain and abroad, talks about his wide-ranging experiences.

WEDNESDAY 24th

- ***'Abigail's Party'** Potters Bar Theatre Company. See page 23.
- **Everything and Anything Sale** 2–4pm at Mayfair Lodge, Watkins Rise, Potters Bar.
- ***Wednesday Community Club** 1.30–3.30pm.

THURSDAY 25th

- ***'Abigail's Party'** Potters Bar Theatre Company. See page 23.

FRIDAY 26th

- ***'Abigail's Party'** Potters Bar Theatre Company. See page 23.

SATURDAY 27th

- ***'Abigail's Party'** Potters Bar Theatre Company. See page 23.

MARCH

MONDAY 1st

- **Lunchtime Recital** Anthony Gritten (organ). 12.30pm. Retiring collection. Light lunches (£7) available from 12 noon. St Mary's Church, The Walk.

WEDNESDAY 3rd

- ***Wednesday Community Club** Claire Robinson, Herts and Middx Trust Wildlife talk. 2–4pm.

THURSDAY 4th

- ***Potters Bar Filmmakers** see our website for details.

SATURDAY 6th

- **Jumble Sale** 4th Potters Bar Scouts. St John's Methodist Church, Baker Street. Entry (from Heather Way) £2 at 10am and 50p at 10.30am. Finishes about noon.

SUNDAY 7th

- **Mothering Sunday** 9.30am. St Mary's Church, North Mymms, AL9 7TN.

MONDAY 8th

- ***Potters Bar u3a** 'The most dangerous animals on earth', Dr David T Jones. Website pbu3a.org.uk or 07544 263356.

TUESDAY 9th

- ***Cuffley Floral Art Club** Demonstrator Gill McGregor, 'Sophisticated Spring Sensation'. 7pm for 7.30pm. Cuffley Hall.

WEDNESDAY 10th

- ***Wednesday Community Club** Games and chat. 2–4pm.
- ***RSPB** 'Wildlife in Sri Lanka and North America', Graham Brace. Graham and Mary Brace are expert photographers and conservationists.

THURSDAY 11th

- ***Enfield National Trust Association** 'The Poetry is in the Pity' the poetry and art of WW1, Mark Dobson. 7 for 7.15pm. Further information from Pam 01707 650969.
- ***North London and Middlesex Morris Minor Owners Club** AGM and Club Night at the Whitewebbs Museum. 7.30–9pm.

SATURDAY 13th

- ***Potters Bar Community Music School** 1pm. Junior Chamber Concert at Gracewood Academy. Free entry. Website pbcms.org.uk.

MONDAY 15th

- ***Barnet and District Philatelic and Postcard Society** Postcards – First and Second World War.

WEDNESDAY 17th

- ***Enfield National Trust Association** 'America's Presidents – in bits and pieces', Joe Mendell. 1.45pm for 2pm. Further information from Graham 01707 321759.
- ***Wednesday Community Club** Easter Celebrations with our Minister, Adrian. 2–4pm.
- **CPR Awareness** Learn life-saving skills free with help from PB Life Saving Club. Elm Court. 7.45pm–9.15pm.

Please check details of these events by telephoning the contact provided. An asterisk * means more details about venues and times included in Clubs and Organisations section.

To include an event contact susan.weaver4@ntlworld.com.



Encouraging start for Scholars

Following the disappointment of relegation to the Southern League Central Division last season, it was important that Potters Bar Football Club made a promising start to the new campaign. They have done exactly that, going unbeaten in their first six league games. They started with a 2-2 draw against Hertford, followed by a thrilling 4-2 win at Waltham Abbey.

Only one first team player remains from last season, Jacques Kpohomouh. As a result, the team is still gelling and will continue to improve as the season goes on. New faces include Hussein Issa, a winger, who scored three goals in four games and earned the accolade of Player of the Month for August. A further three goals in three games came from Albie Hall – he scored 37 goals in this division last season playing for Barton Rovers, and there are high hopes that he will score many more for the Scholars. A new manager also joined the club in the close season, Jimmy Martin, previously manager at Biggleswade Town.

Cup campaigns have unfortunately been less successful, with early exits from both FA Cup and FA Trophy. At grass-roots level, a large number of youth teams, both boys and girls with ages from 7 to 18, make use of the club's facilities.

It is still early in the season, but can the team bounce straight back up, and achieve promotion at the first time of asking? Surely everyone in the town will be hoping that they can.

The heat was on at North Mymms Bowls Club

It was an unusually hot summer this year and, at times, it seemed too hot to play! Fortunately we can play in the evenings and on some days, it was the best time to play. Afterwards we could sit with a refreshing drink from our bar and chat with fellow members or players from other clubs. Apart from the obvious benefits of fresh air and exercise, it is an excellent way to make new friends, socialize with old friends, and have fun.

We are always looking to recruit new members because, as some of us get older, we need younger members to keep the club and its traditions going. As well as bowling, we have a thriving social section, who love to come and watch, have a chat and a very reasonably priced drink from the bar. We now also have social evenings during the winter months. If you wish to join us as a social member you can do so for a very reasonable membership fee. North Mymms Bowls Club is situated in Welham Green. It is a small, friendly club and has one of the best bowling greens in the district. We have members from Brookmans Park, Potters Bar and other surrounding areas.

The outdoor bowling season ended at the end of September, but next spring it will all start again and we will be looking for, and welcoming, new



Picture shows the end of our final's day, with competitors and spectators.

members to the club, so please have a look at our website on northmymmsbowlsclub.org, or contact our friendly Membership Secretary, Ros Bolt rbolt@gmail.com or telephone 07840 531822 or Club Secretary Pam Bond on 01707 586190.

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Another successful year for PB Cricket Club

This summer has passed in the blink of an eye, with some glorious weather and more success for Potters Bar Cricket Club.

The first team reached the last eight of the National ECB T20 competition. It's the furthest any team from Hertfordshire has ever progressed, sadly losing out to Winchester-based St Cross Symondians, who are now in the final. Three hundred and ninety-six Premier League teams from across the country entered the competition, and the small Potters Bar Club punched well above their weight to reach the quarter finals.

In the league, the firsts finished 4th, the seconds 7th and fourth XI 4th in their respective divisions, after quite satisfactory seasons for all three. Unfortunately, the thirds finished bottom of their division and must return to Division 7 East, from where they were promoted last year.

Player of the Year was newly signed Henry Hawkins from Welwyn Garden City, who at 18 is the youngest for many years to have won that award. We also look forward to welcoming back Thorn Parkes from New Zealand, who has already agreed to return after making a big impact in his first season.

They are always looking for new players and members, and there are also wonderful opportunities for businesses to come on board as the new main sponsor. They are also heavily invested with Junior Members, and the Colts set-up returns for winter nets in January under the guidance of 1st team opening bowler Callum Lloyd and qualified coach and ex-Gloucestershire ladies' player, Bhoomika Bhat.

So please, if you want to be part of the most successful cricket club in the town be it playing, watching, supporting, or just socialising in the best beer garden you can get, come and say hello and join in.

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Coaching at Potters Bar Tennis Club

Karl Mills, our Head Coach, held very successful Summer Camps for Juniors, where it was lovely to see new faces appearing. Karl will be continuing Junior Coaching on Mondays and Fridays during the winter. Monday's dates are from 2nd November to 14th December, and then from 4th January to 22nd March 2027 (excluding school holidays) at the Club. The first group will be 4–5pm for ages 4 to 6. The second group will be 5–6pm for ages 7 to 9. The cost per session will be members £7.50 and non-members £8.50.

Friday's dates are from 6th November to 11th December and resuming on 8th January to 26th March 2027 (excluding school holidays). The first group 5–6pm ages 9 to 13 and the second group will be 6–7pm for ages 14 to 18. The cost will be £5.50 for members, £6.50 for non-members.

All coaching enquiries should be addressed to Karl Mills on **07939 303483** or email pbttcoach@gmail.com and all courses must be pre-booked and paid for through ClubSpark.

In September we held the Junior and Adult Finals with good audience support. The winners were: Mini Red 8 and under – Zac Baldwin; Mini Orange 9 and under – Finn Mela. Twelve and under Boys Singles – Finley John; 15 and under Girls Singles – Maria Goudetsidi. 15 and under Boys Singles – Samarth Choudhary; 18 and under Boys Singles – Makenzie John. Men's Doubles – Aidan Parker and Michael Mouskides; Men's Singles – Jamie Simmonds. Ladies Singles – Nuri Kenes; Pickleball Final (new this year) – Paul and Julie Guppy. Congratulations to all who participated.

All membership enquiries should be made to Sue Vallance on **01707 645909** or email pbttmembership@gmail.com.



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Enjoying bowls with PB Bowls Club

From the first day of the season in April when President David Arnold bowled the first wood of the season, members old and new have enjoyed an enjoyable and exciting season. Following the open days, the Club welcomed several new players, who, after coaching by our qualified team coaches, were able to take part in friendly games against neighbouring clubs and even in club competitions.



Despite the very hot summer there have been some great successes at the Club. In the Hertfordshire County competitions, the men's fours team of Colin Malone, Paul Stevens, Brian Vince, and Dave Sparrow reached the National Finals at Leamington Spa, representing Hertfordshire, and in the St Albans and District Ladies Bowling Association competitions Diane Jewell and Jean Scott played in two finals. The Club also won the Nethercott Cup and the Jarvis Cup.

At the President's Gala Day, in an afternoon of fun bowling, members wore club colours of green, yellow, and red and raised funds for the President's Charity, Parkinson's UK. The Bank Holiday Monday

Spoon Drives have continued to be very well supported and at the end of August the event was sponsored by Specsavers in Potters Bar. The Club Finals weekend brought the season to a close with some exciting singles and pairs matches which kept spectators enthralled. Colin Malone won the Men's Championship and Penny Billington retained her Ladies title.

Not only is there bowling throughout the summer months, but during the winter there are coffee mornings, social supper evenings, short mat bowls, and cribbage and bridge are played once a week. If you would like more information about Potters Bar Bowls Club, a friendly and busy club, why not contact the Membership Secretary on 07870 991048 or email pbmembershipsec@gmail.com.

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New Coach boosts Hockey Club

As Potters Bar Hockey Club resumed action for the new season at the beginning of September, the big news is the boost provided by the arrival of a new club coach. Her name is Sian Foster, who brings her long experience and impressive record in hockey, including as an international player, to Potters Bar. She is leading sessions for the club's juniors as well as the men's and ladies' senior squads. The groups are seeing the benefits already with greater numbers training.

The club will now also benefit from the newly refurbished pavilion with cafe and bar by the pitch at Queenswood School. As we go to press, the teams' league campaigns are getting underway and the club is looking forward to an exciting season.

Look out for additional publicity about the club on Instagram ([pottersbarhc](https://www.instagram.com/pottersbarhc)).

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Composers at War: Butterworth, Ravel and Vaughan Williams

The First World War profoundly affected three major composers: George Butterworth, Maurice Ravel and Ralph Vaughan Williams. Each served in a different role, but their experiences of war left lasting marks on their lives and music.

George Butterworth (1885–1916) volunteered at the outbreak of war, initially serving with the Duke of Cornwall's Light Infantry before receiving a commission in the Durham Light Infantry. He fought on the Western Front, including during the Somme offensive. Butterworth was awarded the Military Cross for his bravery at Pozieres in July 1916. Just weeks later, on 5th August, he was killed by a sniper while leading his men during fighting on the Somme. He was only 31.

Maurice Ravel (1875–1937) was determined to serve France despite being rejected initially because of his small build. In 1915 he joined the French Army as a lorry driver with the 13th Artillery Regiment. His duties included transporting ammunition, sometimes at night under German bombardment. Ill health eventually forced him to leave military service in 1916. The war also inspired *Le Tombeau de Couperin*, whose movements commemorate friends killed in the conflict.

Ralph Vaughan Williams (1872–1958) volunteered despite being in his early forties. He served first as a stretcher-bearer with the Royal Army Medical Corps, transporting wounded soldiers in France and later Salonika. In 1917 he became an artillery officer and returned to France, where the noise of heavy guns contributed to his later hearing loss. His wartime experiences deeply influenced works such as *A Pastoral Symphony*, which reflected the tragedy he had witnessed.

Together, their experiences demonstrate how the First World War transformed not only the lives of musicians but also the character of twentieth-century music.

Hertfordshire Philharmonia perform works by all 3 composers on Saturday 14th November 3pm at St Mary, Church, The Walk, Potters Bar.



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Sports facilities at Queenswood School

Queenswood School in Brookmans Park is thrilled to announce the official opening of state-of-the-art tennis courts. As the largest facility of its kind in the UK, it features world-class Red Plus clay courts built in partnership with the Lawn Tennis Association. Red clay is the preferred surface across Europe, and this new centre addresses a long-standing disadvantage for British competitive players.

We are committed to elevating local sport by offering an unmatched playing experience in Hertfordshire. While proud of our rich, decades-long tennis tradition, our priority is ensuring these year-round courts are accessible beyond Queenswood, so enjoyment is never hampered by unpredictable British weather. Many of our facilities are already being used regularly by the local community.

Our swim school is very popular with pre-school and primary children, and a local junior school has weekly evening sessions in the pool. Potters Bar United FC and Potters Bar Hockey Club both regularly train on our Astroturf pitches, while Rise Futsal and London Mavericks Netball both have a base in our sports hall. During the holidays, there are popular camps that make use of our 120-acre campus. We make our theatre available for primary schools to stage their summer plays, and Hertfordshire Show Band often uses our grounds to rehearse their parades.

Since completion in May, we have hosted ITA tournaments, junior international competitions, and the ACE Tennis Summer Camp. In spring 2027, we look forward to inviting local primary school children to our reimagined Tennis Festival as we continue expanding our community outreach. Watch this space!

Director of Tennis, Queenswood School



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Meet Andree Evans: Making a difference in her community



For Andree Evans, retirement certainly hasn't meant slowing down. Since 2021 she has thrown herself into volunteering across the local community, helping to bring people together, support local health initiatives and organise events.

How long have you been volunteering, and what did you do before retiring?

Before retiring, I spent 15 years working in the Research Office at the University of Hertfordshire. I had always enjoyed getting involved in my community and had previously volunteered at my son's primary school.

I retired at the end of 2019, but with the arrival of COVID, my plans to volunteer were put on hold. It wasn't until 2021 that I was finally able to get properly involved.

How did you first get involved?

A friend suggested that I volunteer at Chatter Tables, which takes place on the last Friday of every month at Wyllyotts Café. It gives local people, particularly older members of the community, the opportunity to meet, chat and enjoy a cup of coffee together.

Through Chatter Tables, I became involved with the Patient Participation Group at Parkfield Medical Centre and The Friends of Parkfield.

Since then, I've helped with flu vaccination days, the annual Quiz Night, health talks and monthly carers' coffee mornings. For the past five years, I've also helped to organise the annual Potters Bar Health and Wellbeing Event.

What do you personally get out of volunteering?

Quite simply, I like helping people. Volunteering has given me the opportunity to meet so many interesting people, be part of fantastic events and visit places I might not otherwise have experienced. Most importantly, it makes me happy to know that I'm contributing something positive and meaningful to my local community.

Famous people from Potters Bar – Shane Rimmer

Thunderbirds are GO!

For children of several generations, those words will never be forgotten. International Rescue saved countless lives, usually under the calm guidance of Scott Tracey, pilot of Thunderbird 1.

'Thunderbirds' was a TV series filmed by Gerry Anderson in "Supermarionation" – using puppets. And the Scott puppet was voiced by Shane Rimmer, a long-time resident of our town. He was able to build tension superbly in moments of drama. Shane also made voice appearances in other Gerry Anderson series and wrote episodes for Captain Scarlet and Joe 90. In 1973 they worked together on a pilot film called 'The Investigator', an ill-fated attempt to revive the genre, but the result was so disappointing that the film was not even shown to potential investors.

Shane was born in Toronto, Canada, in 1929 as Shane Deacon, with an Irish father and British mother. He took his paternal grandmother's maiden name when he launched a career as singer, DJ, and TV presenter.

In his late 20s he moved to the UK and embarked on a very full and varied career as an actor and screenwriter: IMDB lists no less than 171 different acting credits. He appeared in two leading soaps – 'Compact' in the early 1960s, and as two different characters in 'Coronation Street': American GI Joe Donnelly in the 60s, and Malcolm Reid in 1988. He also had smaller parts in 'Doctor Who' and 'The Saint'.

On the big screen, a famous early role was Captain 'Ace' Owens in 'Dr Strangelove', and he later appeared in 'Rollerball', 'Gandhi', and 'The Spy Who Loved Me'.

Shane married Sheila in 1963, and they made their home in Thornton Road, raising three children: Damien, Ben, and Paul. He passed away in Barnet Hospital in 2019 aged 89, and Sheila sadly died just a couple of years ago.

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Gracewood Academy: Time to Grow

Gracewood Academy has undergone a rapid and ambitious transformation since joining Future Academies in January under the leadership of Principal Georgina Charles. With higher expectations, a more ambitious curriculum and a renewed culture of excellence, the school has introduced a new name, updated uniform, and key staff appointments, with a clear vision of becoming the first-choice school for local families.

The impact of these changes is already visible. This summer the academy achieved its strongest English results ever, with over a quarter of students attaining Grade 7 or above. Overall outcomes were the best in nearly ten years, reflecting improvements in teaching quality, behaviour, and academic ethos. With around 400 students, Gracewood prides itself on knowing every child well, guided by its values of Integrity, Courage, and Excellence. Its motto, 'We grow a little every day', captures both student development and the school's wider improvement journey.

Celebrating excellence has become a central focus. From awards breakfasts with the Principal, to frequent praise and recognition, students are encouraged to take pride in their achievements. Staff adopt a 'warm and demanding' approach, combining strong relationships with high expectations. Beyond lessons, students benefit from a wide range of opportunities in sport, music, drama, and academic programmes such as Future Scholars. Pastoral care, inclusion, and strong family partnerships remain key pillars of the school's ethos.

Looking ahead, Gracewood plans continued investment in facilities, expanded opportunities and future ambitions for post-16 provision. As Georgina Charles notes, the progress made in just nine months shows what is possible when a school community commits to excellence and growth.

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Supporting young people in Potters Bar

A Potters Bar project is helping young people who are home educated, or not currently in formal education, build confidence, make friends and develop the skills they need for the future.

The Hertsmere Raising Aspirations Project, delivered by Services for Young People (SYYP), supports local young people aged 11 to 17 through weekly sessions at Potters Bar Young People's Centre in Elm Court Community Centre. The project creates opportunities for young people to learn new skills and build positive relationships in a supportive environment.

Through a mix of practical activities, workshops and group discussions, young people develop communication and teamwork skills, improve their confidence and resilience, and explore ways to look after their mental and physical wellbeing. Sessions also encourage young people to recognise their strengths, raise their aspirations and think positively about their future.

For many young people, the project provides an important opportunity to connect with peers, gain trusted support from youth workers and feel part of their local community.

The Raising Aspirations Project takes place every Wednesday during term time from 1–3pm at Elm Court, 363 Mutton Lane, Potters Bar.

SYYP also delivers evening youth work projects on Tuesdays, Thursdays and Fridays, offering additional opportunities for local young people to access support, take part in activities and build confidence.

For further information and to find out more about local opportunities for young people, visit the Services for Young People website www.servicesforyoungpeople.org.

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Let 'The Warren' entertain you

The Warren, the local based theatre group whose shows have been raising money for local charities for over 70 years, has two productions coming up at Wyllyotts.

The Unfriend from 19th to 21st November. This play centres on suburban couple Peter and Debbie. While on a cruise, English couple Peter and Debbie befriend Elsa, a full of life, Trump-loving widow from Denver, USA. She is offensively entertaining, and as their ways part they agree to stay in touch – without ever intending to do so. But when Elsa invites herself to stay, they decide to look her up online to find out more about this virtual stranger. They begin to learn the terrifying truth. How do you protect all that you love from possible murder, without being, well, a bit impolite? A hilarious modern comedy. Tickets from the Wyllyotts Centre £15.

The Snow Queen from 14th to 16th January, a magical family pantomime. When the evil Queen condemns young Kai to a life of misery, his brave sister Greta sets out on an enchanting journey to save him. Along the way, she is joined by a host of unforgettable friends, including the Easter Bunny, two mischievous Elves, a glittering Tooth Fairy, a very suave Sandman and three silly witches. Packed with larger-than-life characters, magical moments, comedy, audience participation, and plenty of fantastic tunes, this heartwarming tale is perfect for the whole family. Will Greta overcome the Snow Queen's icy powers and rescue her beloved brother? Tickets from the Wyllyotts Centre Adults £17.50, Children £14.50.

Let down your hair with Rapunzel!

Cheshunt Dramatic Society presents 'Rapunzel' – a family pantomime. Cuffley Hall Theatre, Friday 8th to Sunday 10th January 2027.

Rapunzel has spent her entire life locked away in a tower, guarded for her magical hair by a wicked sorceress. An unexpected hero crashes into her world which sparks a hilarious, high-energy adventure packed with music, magic, and classic panto fun. A joyful family show full of laughs, sparkle, and audience participation. Book now www.cheshunt-dramatic-society.com.

Editor: See poster on our website.



BOOK NOW for this GIANT of a Pantomime!

The family adventure you've BEAN waiting for!

Cherish on our first night, as he braves up the magical beanstalk to do battle with the witch. Lifting, loud, hilarious and an unforgettable experience filled with fun for all!

Following the magical tale of Cinderella, this spectacular production will be filled with breathtaking live music, jaw-dropping special effects and bags of panto fun and laughter.

It'll be the STALK of the town!

Jack and the Beanstalk

Lucas Rush as Humpty Dumpty, Rebecca Vere as Little Red Riding Hood, Ian Mowat as Captain Jack, Max Eade as Little Red Riding Hood.

DECEMBER		JANUARY	
Mon 12	1.00	Mon 12	1.00
Tue 13	1.00	Tue 13	1.00
Wed 14	1.00	Wed 14	1.00
Thu 15	1.00	Thu 15	1.00
Fri 16	1.00	Fri 16	1.00
Sat 17	1.00	Sat 17	1.00
Sun 18	1.00	Sun 18	1.00
Mon 19	1.00	Mon 19	1.00
Tue 20	1.00	Tue 20	1.00
Wed 21	1.00	Wed 21	1.00
Thu 22	1.00	Thu 22	1.00
Fri 23	1.00	Fri 23	1.00
Sat 24	1.00	Sat 24	1.00
Sun 25	1.00	Sun 25	1.00
Mon 26	1.00	Mon 26	1.00
Tue 27	1.00	Tue 27	1.00
Wed 28	1.00	Wed 28	1.00
Thu 29	1.00	Thu 29	1.00
Fri 30	1.00	Fri 30	1.00
Sat 31	1.00	Sat 31	1.00
Sun 1	1.00	Sun 1	1.00

Friday 11 - Wednesday 31 December 2026 Box Office: 01707 645005 wyllyottstheatre.co.uk



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Graham Martin

The Great British Bake-Off Musical

Tuesday 10th - Saturday 14th November 2026

Potters Bar Theatre Company are thrilled to be bringing the bake-off tent to the Wyllyotts Theatre this November with *The Great British Bake-Off Musical* – a joyous feast of fun.

From show sketches to final bakes, this vibrant show blends laugh-out-loud comedy, showstopping songs and the heartwarming spirit you love. Follow eight fun, diverse characters as judges Pam and Phil, along with the presenters, put them through their paces whilst telling their individual stories set to a toe-tapping score. Packed with charm, nostalgia, and a good helping of theatrical magic, *The Great British Bake-Off Musical* is the ultimate feel-good night out.

Audiences are in for a sweet treat from start to finish, with unique stylised choreography, plenty of laughter and a standout cast.

Whether you're a die-hard fan or new to the tent, this deliciously entertaining show is guaranteed to leave you smiling. This is one bake you won't want to miss – tickets are on sale now!

- **Times:** Tuesday to Saturday evening performances 7.30pm, Saturday matinée 2.30pm.
- **Prices:** Tuesday Adults £20, Children £18; Wednesday to Saturday Adults £24, Children £18.
- **All performances:** Groups of 10+ people bought at the same time and for the same performance will receive a 10% discount at checkout.

Box Office: www.wyllyottstheatre.co.uk or 01707 645005.

Abigail's Party

Wednesday 24th - Saturday 27th February 2027

Potters Bar Theatre Company are delighted to bring *Abigail's Party* to the Wyllyotts Theatre Studio in February 2027 as this classic comedy celebrates its 50th Anniversary.

Abigail is having a party! Obviously 15-year-old Abigail doesn't want Mum cramping her style. Beverley and Laurence invite Sue and new neighbours Angela and Tony to spend the evening with them. Over drinks and snacks, many topics are discussed. Gin and tonic flows like water, marital tensions escalate, passion ignites, and heavy rock music permeates from next door. Sue's anxiety begins to increase; irritations surface and tempers begin to flare. But surely everyone is enjoying themselves and it's all good fun – isn't it?

In the studio setting at the Wyllyotts Theatre, audiences can expect an enjoyable evening of entertainment by Potters Bar Theatre Company. Whether you know *Abigail's Party* already or are discovering it for the first time, you won't want to miss the brilliant characters and an unforgettable comedy.

Tickets are limited – book your seat now!

- **Times:** Wednesday to Saturday evening performances 7.45pm, Saturday matinée 2.30pm.
- **Prices:** Adults £18, Children £15. Groups of 10+ people bought at the same time and for the same performance will receive a 10% discount at checkout.

Box Office: www.wyllyottstheatre.co.uk or 01707 645005.



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The Players

THE CUFFLEY PLAYERS

The Cuffley Players is a local drama company based primarily in Cuffley Hall. New members always welcome, contact our secretary on **07811 437791** or by email at info@cuffleyplayers.co.uk.

Our next production 25th to 28th November, 8pm.
Matinee performance 28th Saturday, 3pm. All tickets £13.

SPITFIRE GIRLS

By Katherine Senior

Reaching for the sky. A poignant tale of determination, courage, love, loss, and hope set in war-torn Britain 1943. Book now at www.cuffleyplayers.co.uk or email info@cuffleyplayers.co.uk. Phone **07857 841930**.

A story that must be told: Based on true events. Two sisters sign up to join the Air Transport Auxiliary as Britain faces her darkest hours in 1943. As able-bodied men were conscripted into the armed forces, the women of that time stepped in to fill the breach in the factories, in the fields and in the services. Everyone played their part to support the war effort. This play tells the story of two ordinary women, living through extraordinary times and achieving extraordinary results as they rose to challenge and repel an overwhelming invasion that threatened their whole way of life.

As we remember events of nearly 90 years ago, we must pay tribute to the courage of our parents and grandparents who battled and suffered to preserve the freedoms that we enjoy today.

Potters Bar Theatre Company
Proudly Present the Comedy

Abigail's Party

by Mike Leigh

24th - 27th February 2027
at 7.45pm
2.30pm Saturday Matinee

Wylyotts Theatre Studio
Alexander Wilding Room
Potters Bar EN6 2HZ

Box Office
01707 645005

This amateur production of ABIGAIL'S PARTY is presented by arrangement with Concord Theatricals Ltd. on behalf of Samuel French, Ltd. www.concordtheatricals.co.uk

NODA

Potters Bar Society walks to January 2027



If you are interested in furthering your knowledge and understanding of the local environment, then these walks should appeal. Non-members are welcome but please make sure you know the protocol and walks rules. You join all the walks at your own risk. We are looking for new walks leaders to ensure the continuation of the programme. If you can help please ring 01707 643832.

In the event of adverse weather please telephone the walks leader as the walk may have to be cancelled. In case of emergency please carry with you contact details (which can easily be found) including details of any medications and allergies that paramedics would need to make note of. Any changes to the programme will be posted on the website www.pbsoc.org.uk.

All walks start at 1.30pm.

Sunday 15th November 2026

Meet: Whitewebbs Road, lay-by near King and Tinker Public House. *Route:* Walk to Forty Hall and return via former golf course. About 4 miles. *Leader:* **01707 643832**.

Sunday 29th November 2026

Meet: Baker Street end of Santer's Lane. *Route:* Walk to Wrotham Park and Bentley Heath. About 4.5 miles. *Leaders:* **01707 655732**.

Sunday 13th December 2026

Meet: South Mimms near the war memorial. *Route:* Walk to Warrengate Farm turning north to Wisers Lane before returning via Mymmshall Wood and Blackhorse Lane. About 4.8 miles. *Leader:* **01707 851498**.

Sunday 27th December 2026

Meet: Trent Park car park, outside café. *Route:* Paths and tracks via Rockery Field, Moat Wood, Ride Wood, and Shaw Wood back to car park. About 4.5 miles. *Leader:* **07864 385538**.

Sunday 10th January 2027

Meet: Furze Field Leisure Centre (3 hour parking limit, park in local streets). *Route:* Through Furze Field Wood, line path to Brookmans Park then footpaths to Welham Green and return via Warrengate Farm. About 5 miles. *Leader:* **07864 385538**.

Sunday 24th January 2027

Meet: Shenley Park (free) car park, Radlett Lane, WD7 9DW, Orchard Café. *Route:* Footpaths to Wild Farm and The Avenue, crossing Radlett Lane then footpaths via Woodhall Lane and Porters Park back to car park. About 5 miles. *Leader:* **07864 385538**.

LOCAL ORGANISATIONS

The following information accurately reflects the details provided to us at time of publication. Any subsequent changes will be shown immediately on www.pottersbarcommunitynews.co.uk.

ANIMALS

DOG TRAINING – HOME FARM Classes Tue, Wed and Fri. Obedience and socialisation. All levels welcome. One-to-one also. 275322.

RSPCA* Friends of Southridge Animal Rescue and Re-homing Centre, Packhorse Lane, Ridge.

ART

ART AND DESIGN ROOM – HOME ED ART CLASSES A creative space where children and young people can explore different art processes, develop new skills and grow in creative confidence. Elm Court Youth and Community Centre. Mon 12.30–2pm, ages 12–16. Wed 10.30am–12pm, ages 6–11. £14 per child. For enquiries and bookings www.artanddesignroom.com, artanddesignroom@gmail.com.

ART IN HERTS Weekly, Tue 7.30–10pm. Cranborne School, EN6 2BA. Contact suedebl.james1@btinternet.com.

CHILDREN'S FINE ART CLASSES Little Art School of Herts, Potters Bar. Ages 4–16. 07907 802206.

CRAFT AND CHATTER Weekly, Mon (not during Aug.). PB Baptist Church, 10.30am–12 noon. 707082.

INTERIOR DESIGN COURSES For beginners. Potters Bar. Mon 10am–1pm. 07907 802206.

BABY and TODDLER GROUPS

BABY COLLEGE Come along and try one of our classes, every Tue at South Mimms Village Hall. The UK's original award-winning fun weekly sensory and development baby classes for parents, babies and toddlers from birth to pre-school. Contact Lynn Lynn@babycollege.co.uk or book a trial at www.babycollege.co.uk.

BABY RHYME TIME Every Tue 11–11.30am, Oakmere Library. No need to book.

CHARLIE'S ANGELS Weekly on Wed in term time, 1.30–3pm. For toddlers and their parents, grandparents and carers. King Charles the Martyr Church Hall. No charge, but donations welcome. 665579.

COFFEE POTS AND TINY TOTS St Mary's Church, North Myms, AL9 7TN, meet every Wed, school term times only, 10–11.30am in St Michael's room, playtime, singing, crafts, storytime, drinks and chats. 01727 825578 or mail@stmarysnorthmymms.org.uk.

JUMPING JOHNS BABY AND TODDLER GROUP St John's Methodist Church, EN6 2DZ. Mon during term time. 10–11.45am. For babies and children aged 0–4, with their parents or carers. Suggested donation: £2 per child.

LITTLE ELMS MONTESSORI NURSERY Popular OUTSTANDING Montessori and Forestry Nursery at Elm Court. Age 2–5 years, term-time Mon to Fri. Nishrin 07956 505674 or office.littleelms@gmail.com for more info. Funded hours available.

MOTHER AND TODDLER GROUP Wed 1.45–3.15pm. School Hall, Essendon.

MUM AND BABY FITNESS CLASS Tue 10.15–11am, St Mary's, The Walk. 1st class free. Contact Jade on 07728 325888 or jade.suryani@gmail.com.

PARENT AND TODDLER GROUP Weekly, term time, Tue 10–11.30am. Causeway Community Church. 660021.

STORYTIME FOR TODDLERS Thu 11–11.30am Oakmere Library. No need to book.

TINY TALK BABY SINGING CLASSES Tue 1.30pm Clayton Centre, Barnet Road, PB. Newborn to age 2. Cost £9. Book in advance via jennylittlewood@tinytalk.co.uk.

CHURCHES TOGETHER

Co-ordination organisation for local churches. For information and details of individual churches visit www.ctpb.org.uk.

CHURCHES – Café

COFFEE MORNING PB Baptist Church. Fri at 10.30am. Pam 07721 665187.

COMMUNITY CAFÉ AT KCM Weekly Thu. King Charles the Martyr Church Hall, 10.45am–1.30pm. Coffee and light lunches served. 665579.

COMPASSIONATE CAFÉ Wed 10–12 noon at Christ Church, Little Heath. An open invitation for anyone affected by bereavement or any type of loss. compassion@peacehospice.org.uk. 01923 330330.

CREATIVE CHURCH 3rd Sun of every month, 10.30am–12 noon. St John's Methodist Church, EN6 2DZ. Relaxed and welcoming for all ages, arts and crafts, games, songs, Bible-themed activities and refreshments. A great opportunity for families and the wider community to meet, have fun and explore faith together. Everyone is welcome.

MUSIC RECITAL 12.15pm followed by CHARITY LUNCH 1.15pm, 1st Fri in month, URC Darks Lane. Come and join us! 665482 or www.pottersbarurc.org.

LIFE CAFÉ Thu and Fri 9am–12 noon. Profits to various charities. Life Church – Cuffley. 876060.

LOAVES AND FISHES CAFÉ Weekly, Wed. Christchurch, Little Heath, 8.45am–12 noon. All welcome. 662460 or www.cclh.org.uk.

DANCE

ANGIE'S DANCE ACADEMY UK Weekly classes for adults and kids. Line Dancing, Solo Latin and Pop Dance. Line Dancing: Beginners Mon 6–7pm, Elm Court. Beginners plus Mon 10–11am, South Mimms Village Hall. Improvers Wed 7.30–9pm, Potters Bar Baptist Church. Solo Latin Dance Thu 7–8pm, North Myms Memorial Hall. Pop Dance: for kids aged 4–11, Potters Bar Baptist Church. 07773 341490, Admin@angiesdanceacademyuk.co.uk or www.angiesdanceacademyuk.co.uk.

LIZZIE MEEKS SCHOOL OF DANCE Ballet, Tap, Jazz, Contemporary, Hip Hop/Street Dance. Adult's and children's classes Mon to Fri. info@lizziemeksschoolofdance.com or 07887 567713.

NICK'S DANCE SCHOOL BALLROOM AND LATIN CLASSES Weekly Adult classes Mon, Little Heath. Children's classes Mon, Little Heath. Contact Terri 07711 832070 or www.nicksdanceschool.com.

BALLROOM SOCIAL DANCE Every Wed 8–10pm, tea, coffee and biscuits included at North Myms Memorial Hall. Contact Russel on 07702 746795.

BALLROOM SOCIAL/PRACTICE DANCE

FOR COUPLES North Myms Memorial Hall, Station Road, Welham Green, AL9 7PG. Fri 8–10pm. Refreshments provided. Ballroom and Latin. For more info 07711 832070 or admin@nicksdanceschool.com.

FOOTLOOSE ROCKS – ROCK AND ROLL DANCE Mon 6.15–8.15pm. Elm Court. Call Polly 07791 243848.

FOOTLOOSE STROLLING Fri 1.30–3.30pm. Elm Court. Call Polly 07791 243848.

FRIDAY FOLK Social Folk Dancing Club. Fri 7.45–10pm. St Albans. www.fridayfolk.org.uk.

LINE DANCING Mon 1.30pm–3.30pm at King Charles the Martyr. Improver to Intermediate. Award Winning Instructor and Choreographers Alison and Peter Metelnick 07967 964962.

LINE DANCING Wed 1.45–3.30pm. King Charles the Martyr. Contact Val Hamby (preferable by text) 07946 703628.

MOUNTVIEW DANCE SCHOOL

ISTD Cecchetti ballet classes from 3+ years at St John's Church Hall, Baker Street, for boys and girls. Weekly Mon and Sat classes with regular examinations. la_christian@iscali.co.uk or www.mountviewdanceschool.co.uk.

SCOTTISH COUNTRY DANCING

HERTSMERE AND TALL HO REEL CLUB Tilbury Hall, Darks Lane EN6 1BZ, 7–10pm. Generally 3rd Sat in Feb, Apr, Jul, Oct and Nov – check with Secretary. Members £8, Non-members £10 at the door. Secretary Margaret King 020 8440 3236 or margaret.king4@hotmail.co.uk.

TEA DANCE 1st Sat in the month. Starts 2–4pm. Tea at 3pm. Ballroom, Latin, Sequence, some Line. Contact 07702 746795.

WAGGONERS SQUARE DANCE CLUB

Weekly, Mon 7.30–10pm at St Joseph's in the Park School Hall, Hertfordbury. Janet 01992 441083.

EDUCATIONAL

COMPUTERS AND A CUPPA

1st and 3rd Mon of each month. Wyllyotts Cafe, 10.30am–12.30pm. Helping older people use their IT devices. Free.

FIRST CLASS LEARNING MATHS AND ENGLISH Ages 5–16, weekly, Sat 10am–1pm, Thu 4–5pm. St Mary's Church Hall. Tim and Caroline 07708 655554 or www.firstclasslearning.co.uk/potters-bar.

KUMON MATHS AND ENGLISH

Ages 4–18. Mon 3.15–5pm and Thu 3.15–5.30pm at Elm Court. Sheena 643588.

FITNESS

BALLROOM BLAST! FITNESS LITE

Low impact class that's gentle on your joints, but strengthens muscles, burns calories. Light-hearted and fun. Weekly, St Mary's Church Hall, The Walk, PB. Mon 10.30–11.45am. Call or text Terri 07711 832070 or www.nicksdanceschool.com.

BALLROOM BLAST! FITNESS AND TONE

Energetic ballroom-based workout that gets your heart pumping, your muscles toned and your body moving to feel-good music. Weekly, North Myms Memorial Hall, Welham Green. Tue 6pm. Call or text Terri 07711 832070 or www.nicksdanceschool.com.

BOUNCE POTTERS BAR Oakmere School, Chase Avenue, EN6 5NP. Barbells Tue 6.30pm and Sun 9am. Bounce Blast Tue 7.30pm. Call Natalie 07715 884168.

CHAIR YOGA Yoga inspired chair exercises to improve strength, balance and flexibility. Tue 10–10.45am, Wyllyotts. Contact Marina marina@yogabhaya.co.uk, 07990 647874 or visit www.yogabhaya.co.uk for more info.

EXERCISE, MOVEMENT AND DANCE TO MUSIC

A different exercise and movement to music class created each week just for you. Wed 2.15–3.45pm, Elm Court. Call or text 07949 055958 or email exercisewithtracy@gmail.com, www.exercisewithtracy.co.uk.

FITNESS CLASSES in LBPT Private Gym, The Walk, Potters Bar. Mon and Wed at 7.45pm. Ring to book 07403 625771. Suitable for all levels and abilities.

YOGA FOR MENTAL WELLBEING

PB classes, weekly Tue, Thu, Fri, Sat. Small, friendly group exploring slow, steady practices including postures, breath work and guided relaxations. Beginners welcome. Yoga to reduce anxiety, stress, fatigue and depression for all ages and abilities. helencooper yoga@gmail.com or 07740 823230.

MEN'S FITNESS GROUP FOR OVER 50s All levels of fitness and abilities welcome. Tue and Fri 10–11am at King Charles the Martyr Church Hall.

MOVES FITNESS Weekly, Mon. St Mary's Church Hall, 7.30–8.30pm. Aerobic Dance Exercise. All fitness levels welcome. Bring mat or towel. 07733 173559.

PILATES CLASS Fri 11am. Little Heath Parish Hall, Thornton Road. £10 per class. Call Kasia 07789 987797.

POSITIVE MOVEMENT EXERCISE CLASS Tue 10.30am–12 noon, Clayton Centre. Positive for older people, carers, people at risk of falls. 01462 678804.

YOGA CLASSES Promoting a well-rounded and joyful approach to yoga with gentle and effective practices for body and mind. Everyone welcome. Mon 11.45am–12.45pm Elm Court. More info www.pranasanayoga.com. Call Matt to book 07974 340685.

YOGA AND PILATES AT No. 10

Private sessions in Yoga, Pilates, Reformer Pilates and Yoga Therapy. Teacher trainings and workshops. New studio, No. 10 Greenleaf House, EN6 1AE. Mon 10am and 6pm. Tue 7.30pm, Wed 10am and 12.30pm, Fri 9.45am and 12pm, Sat 9.30am, Sun 10am. Contact Jade on 07976 743189.

YOGA CLASSES Mixed Ability Slow Hatha Yoga Fridays 10–11.15am. Classes (£10) are small and include pranayama (breathwork) and a short meditation or guided visualisation. Details on www.yoga-reiki.co.uk or contact Feride on 07538 778844 or feride@yoga-reiki.co.uk.

YOGA CLASSES A seasoned yoga teacher, multicultural and multilingual. I help people of all ages and backgrounds enrich their lives by promoting a well-rounded and joyful approach. More info www.pranasanayoga.com. Call Dorna to book 07961 479878.

YOGA FOR BEGINNERS Join Karen Sat 9–10am at Elm Court. For new and improvers. £10 per class, 50p booking fee. To book www.happyyoga.co.uk. Contact Karen 07947 376628 or karen.keeman@btopenworld.com.

LOCAL ORGANISATIONS

YOGA FOR HEALTH, WELLBEING AND SELF-CARE Slow Flow Hatha and Yin/Restorative Yoga, Breathwork and Meditation. All ages, fitness, size, ability, and flexibility welcome. Boost physical and mental health. Info and bookings www.yoga2you.co.uk or 07788 550024.

ZUMBA GOLD Mon 6.15pm, North Myrms Memorial Hall, Welham Green. Wed 10.45am, Elm Court. Thu 10am, Elm Court. Sat 9.30am, Little Heath Parish Hall. Sue Purdie 07956 338561.

GAMES

BRIDGE CLUB – LITTLE HEATH (DUPLICATE) Tue 7pm in Parish Hall. Alison 873908 or Peter 851010.

BRIDGE CLUB Thu 10am–1pm. Little Heath Parish Hall. Playing Chicago Bridge. John McAllister 07752 640910.

BRIDGE CLUB Mon 7.15–9.30pm at Wyllyotts Centre. Nick 07879 580447.

BRIDGE CLUB – OLOA DUPLICATE Thu 1–4pm. Our Lady & St Vincent Church, Mutton Lane. Contact Eleanor 650376 or Margaret 658054.

FIRST WEDNESDAY CHESS – POTTERS BAR Meet the 1st Wed of each month 6–9pm in The Old Manor, Wyllyotts Place. Contact Robin on Instagram or Facebook (First Wednesday Chess).

LITTLE HEATH CHESS CLUB Juniors, Thu 5.45–7.15pm. Adult players welcome for matches. Chris 851455.

HEALTH

ALCOHOLICS ANONYMOUS Frequent meetings in Potters Bar and local area. Call 0800 9177650 or email help@aaemail.org.

CARERS IN HERTFORDSHIRE Contact 01992 586969 for info.

CHERRY LODGE CANCER CARE Contact Tina on 020 8441 7000 for more info.

CIRCLE FOR THE BLIND AND PARTIALLY SIGHTED (PB THEATRE COMPANY) Dress rehearsals for shows and quarterly evening socials at Furze Field Court. Evenings. 657194.

DEMENTIA SUPPORT – HERTSWISE Every Thu 2–4pm, St John's Church, Baker Street, PB. For people living with dementia, low level memory loss or mild cognitive impairment, and their friends, family and carers. £5 contribution. Carers welcome at no extra charge. 0300 123 4044 for info.

DEMENTIA FRIENDLY WORSHIP

1st Mon of every month at 2pm, held at Our Lady & St Vincent Church, Mutton Lane.

HEART THROBS EXERCISE AND SUPPORT GROUP 10am and 11am Mon, Wed and Fri at Holtwhites Club, 1 Kirkland Road, EN2 0RN. 5pm Mon at St Stephen's Church Hall, Village Road, EN1 2EU. 10am Tue and Thu "at home" via Zoom. Contact 07938 926772 or www.heart-throbs.org.uk.

HERTS MIND NETWORK Tue fortnightly, 11am–1pm, Memory Support Group, appointment only £1, Goodacre Court, EN6 5AZ. Tue weekly, 9am–5pm, Peer Support, appointment only, Maple House, EN6 5BS. Contact 020 3727 3600.

HERTS VISION LOSS – SIGHTLIFE POTTERS BAR 1st Thu of each month at Wyllyotts Theatre Café, Wyllyotts Place, EN6 2HZ, 11am–1pm. Come along for a warm cuppa, delicious cake, a friendly chat and the chance to connect and make new friends. For more info 324680 or office@hertsvisionloss.org.uk.

OSTOFRIENDS – STOMA SUPPORT GROUP Social chat and activities. Meet 1st Wed of each month (excluding Jan and Aug) at 10.30am–12.30pm at Our Lady & St Vincent RC Church, EN6 2AT. 07596 748376 or ostofriends@gmail.com www.ostofriends.co.uk.

RENNIE GROVE PEACE HOSPICE CARE Compassionate Support Hub will be open every 2nd Thu of the month from 10am–12 noon. Wyllyotts Centre. www.renniegrovepeace.org/compassionatesupporthubs.

HOBBIES

BARNET AND DISTRICT PHILATELIC SOCIETY Mon 8pm. Twice monthly. St John's Church Hall, Mowbray Road, New Barnet. Sep to Jun. www.barnetphilatelic.org.uk.

CAKE DECORATING Potters Bar Sugar Art Club. Monthly, 1st Mon 7.30pm. Furze Field Court, Mutton Lane. Call Francesca 07923 630811 or francescahaliq@hotmail.com.

COIN COLLECTORS Interested in forming a club covering Herts and North London? Contact William Braithwaite 643153.

CUFFLEY FLORAL ART CLUB* Monthly, 2nd Tue 7 for 7.30pm. Cuffley Hall, Maynards Place, EN6 4JA. Contact 889447 for info.

MERLIN MAGICAL SOCIETY Fortnightly, Thu 7.45pm. Little Heath Parish Hall, including beginners. John Clayton 07931 525399. www.merlinmagicalsociety.com.

NORTH MYRMS HORTICULTURAL SOCIETY North Myrms Youth and Community Centre, Station Road, Welham Green. Adrian 885430.

PB AND DISTRICT HISTORICAL Meetings start promptly at 8pm. United Reform Church, Darks Lane, EN6. Please come and join us; Visitors £2, members £1. Call 07856 513814 or visit www.pottersbarmuseum.org.uk.

PB AND DISTRICT PHOTOGRAPHIC SOCIETY Weekly, Mon 7.45–9.45pm. Wyllyotts Centre. Any standard welcome. 01438 832504.

PB ALLOTMENT ASSOCIATION Visit Highview Gardens site, Sun (Nov to Apr), 10.30–12 noon, (May to Oct) 9.30am–12.30pm. Email Allie.pbaa@outlook.com.

PB FILMMAKERS* Alternate Thu, 7pm, Wyllyotts Centre. 656446 or 659888. There are no meetings in Jan or Aug.

PB MUSEUM Open Sat. 11am–1pm. Tue and Wed 2.30–4.30pm Wyllyotts Centre. For info 07856 513814 or pottersbarmuseum.org.uk.

MUSIC

ATTIC ORCHESTRA For those who wish to resume playing. Mel on melroot@hotmail.com.

BAY JAZZ CLUB 1st and 3rd Tue, 12.30–3pm. Botany Bay Cricket Club, East Lodge Lane, Enfield. Live Traditional Jazz. Licensed Bar. Stephen 020 8363 0838.

JAZZ – GOOGLIES JAZZ CLUB Live Jazz every Thu at Googlies Jazz Supper Club, 7.30pm. Botany Bay Cricket Club, East Lodge Lane, EN2 8AS. Reservation for entry or meals required, £12–15. John 020 8350 3541, email googliesjazz@btinternet.com or www.googliesjazz.co.uk.

CAPITAL ARTS CHILDRENS CHOIR Fri at 4.30pm. Wyllyotts Centre. Capitalarts.org.uk or capitalarts@outlook.com.

COMMUNITY CHOIR Weekly, Thu. Wyllyotts Theatre, 7–9pm. For info Wyllyotts 645005.

HERTS PHILHARMONIA ORCHESTRA Rehearsal on a Thu 7.30–10pm in Welwyn Garden City. Concerts performed regularly in Potters Bar. For info email info@hertspphil.org.uk or www.hertspphil.org.uk. Follow us on Facebook.

HERTFORDSHIRE SHOWBAND Rehearsals every Mon at Mount Grace School. Junior Division: 7–8.45pm. Showband: 7.30–9.30pm. Call Richard 07500 258038 or visit www.hertfordshire-showband.org.

PB CHORAL SOCIETY* Weekly rehearsals, Tue 8–10pm. St Mary's Hall, The Walk. Experience not essential. 642393 or info@pbchoral.org. See www.pbchoral.org.

PB COMMUNITY MUSIC SCHOOL Sat from 8.30–11.30am at Mount Grace School. 6 orchestras, singing and individual woodwind lessons. www.pbcms.org.uk. Also available "Da Capo": a small chamber orchestra for adults of all standards. 9.45–10.30am on Sat. admin@pbcms.org.uk.

PB TOWN BAND Weekly rehearsals, Fri 8–10pm. Goffs Oak Methodist Church. Traditional brass band. 07970 448661.

RADLETT MUSIC CLUB 6 concerts per season, Oct to Apr. Radlett Centre, 8pm. Online booking www.radlettcentre.co.uk.

SOUTH HERTS MUSIC CENTRE Weekly, Sat in term time, 8.30am–1pm. Cuffley School, EN6 4HN. Individual instrumental lessons and group activities. Contact 270025 or SouthHertsMusicEnquiries@hertfordshire.gov.uk, www.hertsmusicservice.org.uk.

OUTDOOR

BARNET LIVING STREETS Focuses on walking routes within the London Borough of Barnet out into Hertfordshire, towards Borehamwood, PB and South Mimms. Barnetgroup@livingstreets.org.uk.

BARNET WALKS* Guided Barnet and North London walks. £12 (£5 under 12s). Contact Paul for more info 07506 761294.

GOBIONS WOOD NATURE RESERVE OF HERTS AND MIDDLESEX WILDLIFE TRUST For info contact 01727 858901.

HERTSMERE HEALTH WALKS Gentle and moderate walks for all. Further info on www.hertfordshire.gov.uk/healthwalks.

NORTH LONDON OUTDOOR GROUP Weekends away, day and evening walks.

2nd Tue 8.15pm at Discovery Hall, Stevenson Close, New Barnet. www.northlondonoutdoorgroup.org.

NORTHAW COMMUNITY ORCHARD Between 47 and 49 Northaw Road West, Northaw EN6 4NP. Open 24/7. Help-out in the Orchard sessions generally 10.30am–1pm, 1st Sat of the month and Thu mid-month 1.30–4pm (see Events page on website). For details of times and other events see our website www.northaworchard.com or email northaworchard@gmail.com.

NORTHAW GREAT WOOD Working parties every Fri at 9.30am and 1st Sun each month. Meet wood car park. 07850 233854.

POTTERS BAR HEALTH WALKS Weekly on Mon and Wed (level 2 and 3 walks) from 10.30am. Meet at Potters Bar Railway Station Memorial Garden, beside the station entrance and adjacent to Holland and Barrett, EN6 1AJ. Fri (First Steps walk) from 11am, meet at Oakmere Library High Street.

PB RAMBLING CLUB Weekly, Wed and alternate Sun 10.30am. Meet start of walk. Contact John on 658389 or visit www.pbrc.org.uk.

PB SOCIETY WALKS* Fortnightly, Sun afternoon walks along local rights of way. www.pbsoc.org.uk.

RSPB POTTERS BAR AND BARNET LOCAL GROUP* Illustrated talks, Fri 7.30pm. Our Lady & St Vincent Church, Mutton Lane, EN6 2AT. RSPB members £5, others £5.50. Wed at St John's URC Hall, New Barnet, 2pm. RSPB members £4.50, others £5. Also coach outings to nature reserves, check website for details. www.group.rspb.org.uk/pottersbarandbarnet or Facebook @PBandBarnet or 662914.

SOCIAL

BINGO Weekly, every Thu from 8pm, Royal British Legion, Potters Bar Branch. 07905 645628.

BARNET PLUS Fun social events for age 30 upwards. Sat, Sun and weekdays. www.barnetplus.com or 07890 765835.

BROOKMANS PARK WI 3rd Mon, 10.30am Brookmans Park URC Hall. Visitors welcome. 01582 834010.

CUFFLEY WEDNESDAY GAMES CLUB Wed 1.30–4.30pm. Cuffley Youth and Community Centre. Snooker, table-tennis, etc. John 875589.

ENFIELD NATIONAL TRUST ASSOCIATION Holtwhites Sport and Social Club, Enfield. Contact Pam 650969.

HERTS MUSICAL MEMORIES PB GROUP – DEMENTIA FRIENDLY SINGING Most Wed, 2–3.30pm. St John's Methodist Church, Baker Street, EN6 2DZ. Contact Kerry or Emma 020 8950 5757 or email admin@hertsmusicalmemories.org.uk.

MAYFAIR LODGE FUNDRAISING FRIENDS Fundraisers for the residents at the care home, Mayfair Lodge in The Walk PB. We run a tearoom afternoon every Wed, 2–4pm for residents and their families and friends. Volunteers are always needed. Please contact Kim Skinner 07712 352563 or email mayfairlodgeff19@gmail.com.

NORTHAW WI Monthly, 1st Tue 7.30pm, Northaw Village Hall. 020 8360 9729.

OAKMERE WI Monthly, 2nd Thu at 2.30pm. Christ Church, Little Heath Hall. Details via Pauline Baycroft; tel 650076 or pistoppauline@btinternet.com.

PB CARNIVAL Visit www.pottersbarcarnival.co.uk or contact pottersbarcarnival@gmail.com.

PB ROTARY CLUB Meet twice a month, 2nd Tue 12.30pm, last Tue 7.30pm, The Woodman Inn, Warrengate Road, AL9 7TT, enquiry@pottersbarrotary.uk.

PB 41 CLUB Monthly. For ex-Round Tables. 1st Wed 7.15pm. 851445.

ROYAL BRITISH LEGION POTTERS BAR Contact 07905 645628.

LOCAL ORGANISATIONS

ROTARY CLUB OF BROOKMANS PARK Weekly, Tue 7pm for 7.30pm, The Woodman Inn, North Myrms. enquiries@brookmsparkrotary.org.uk.

SIXTY PLUS LUNCHEON CLUB* Tue and Thu, 10am–1pm. Minibus transport available. 643602.

UNIVERSITY OF THE THIRD AGE u3a Potters Bar has around 600 members, 50 interest groups, social, recreational and for learning new skills. pbu3a.org.uk or 07544 263356.

WEDNESDAY COMMUNITY CLUB* Wed 2–4pm. PB Baptist Church. Contact Eve Cuthbert 07855 455212.

SPORT – Indoor

BADMINTON CLUB Little Heath Church Hall, Thu 7.30pm. All abilities welcome. 657812.

BADMINTON CLUB (FRIERN) Friendly club for intermediate players. The Hive at the McDonalds Centre, Hatfield, Wed 8pm. richardszymczak1@outlook.com.

BADMINTON LADIES Weekly, Wed 2–4pm. Christ Church, Little Heath. Friendly, social group. 657199.

OAKLANDS BADMINTON CLUB Mount Grace School, Tue 8–9.30pm. Friendly Club for Intermediate Players, age 18+. Oaklandsb77@gmail.com.

BARRACUDA SWIMMING CLUB Weekly, Sun. Furze field Centre, 11.30am–12.30pm. Helps all ages with disabilities to be safe in the water. 07716 863822 or secretary.barracuda.sc@hotmail.co.uk.

BOWLS CLUB Short mat bowls at Cuffley Hall. Equipment and instruction provided. Contact jaholding@hotmail.co.uk.

GENERATION PLUS (FORMERLY 50+) Sporting and social activities for older adults and those new to exercise, etc. Wide range of activities eg keep fit, Pilates, table tennis, pickleball at local venues. For details visit www.inspireall.com/generation-plus.

PB GYMNASTICS CLUB Recreational (4–12 years). Mon 5.15pm, Furze field Centre. Squad training 6–13 years, Tue, Thu and Fri 5.30pm, and Sat 9am Chancellors School. 01923 855598.

PB LIFESAVING CLUB Weekly, Tue, Rookie Lifeguard, (children under 12), 7–8pm. Survive and Save (children 12 and over), 8–9pm. Furze field Centre. 020 8440 3346.

SAPPHIRE SKATERS – ROLLER SKATING Roller skating lessons and parties, Sat 9–10am for all ages. Tue 5.30pm for ages 4–18. www.sapphireskaters.co.uk, email sapphireskaters@gmail.com, 07714 267855 or facebook/instagram: sapphire skaters.

SNOOKER Kidston Institute, 7 Northaw Road West. New members of all standards welcome. £52 annual membership allows unlimited use of the table (outside of Pre-School hours). More info at www.kidstoninstitute.uk.

ST ALBANS AND HERTSMERE CANOE CLUB Furze field Centre. Thu. Youth 8.15–9.15pm, Adult 9.15–10.15pm. Learn relevant skills and play canoe polo. Beginners welcome, all equipment provided. Contact gerry.metcalf@gmail.com.

TABLE TENNIS Kidston Institute, 7 Northaw Road West. New members of all standards welcome, including league players. £52 annual membership allows unlimited use of the table (outside of Pre-School hours). More info at www.kidstoninstitute.uk.

TABLE TENNIS Barnet Lane, EN5 2DN. www.bttc.co.uk or 020 8449 7845. Non-members welcome.

TABLE TENNIS CLUB Weekly, Wed, Thu and Fri matches only at Potters Bar Free Church, Mimms Hall Road, Barnet. Shaw and North Middlesex Leagues. 07585 974224.

SWIFTS JUNIOR BADMINTON Weekly, Fri, term time. Hatfield Leisure Centre, 4–7pm, 5–18 years. Beginners to county standard. 550476.

SPORT – Outdoor

BOTANY BAY PETANQUE CLUB Sun, Wed and Fri at 10.30am. Botany Bay Cricket Club. Try the French game of Boules. 020 8366 5954.

BROOKMANS PARK TENNIS CLUB Golf Club Road, Brookmans Park. 6 courts with floodlights. Suit all abilities. 644926.

ENFIELD CROQUET CLUB New members welcome as well as anyone who would like to try the game. More info at www.enfieldcroquet.org or email enfieldcroquetclub@outlook.com.

ELIZABETH ALLEN FOOTBALL CLUB Weekly, Sat pm. Old Owen's, Coopers Lane Road, EN6 4NE. 852422.

FOOTBALL (WALKING) Furze field Centre, over 50s all welcome Thu 2pm, 1st session free 850500.

FOOTBALL FUN FACTORY Girls and boys aged 5–12. Fri 5–6pm. Dame Alice Owen School. Information/booking via www.thefootballfunfactory.co.uk.

GENERATION PLUS (FORMERLY 50+) Sporting and social activities for older adults and those new to exercise, etc. Wide range of activities (eg walking football and netball, croquet). Details www.generation-plus.com.

JUNIOR PARK RUN Free for 4–14 year olds (younger or older siblings can join in but won't get a time or place. Parents can also run with their child). Sun 8.45am for 9am start. Meet behind Furze field Centre. More information on www.parkrun.org.uk/ furze fieldleisurecentre-juniors.

LITTLE LIONESSES Girls football: Tots 2–3, Minis 4–6, Mighties 7 years+. Chancellors School. Sun; Tots, 10am–10.30am; Minis, 10.35am–11.15am; Mighties, 11.20am–12 noon. Contact little_lionesses@outlook.com or 07843 859231.

NORTH MYMMS BOWLS CLUB Dellsome Lane, Welham Green. 645320 or www.northmymmsbowlsclub.org.

NORTHAW AND CUFFLEY BOWLS CLUB King George V Playing Fields, Northaw Road East, Cuffley. 876262.

OLD OWENS CRICKET CLUB Coopers Lane, Potters Bar. Herts Saracen League. 644211. www.oldowenscricketclub.co.uk. Venue hire also available.

PB BOWLS CLUB The Walk. 07870 991048 or pbmembershipe@gmail.com.

PB CRICKET CLUB The Walk. New members welcome. 654801.

PB CRUSADERS SPORTS AND SOCIAL CLUB Members Club. See www.pbcrusaders.org.uk for opening times. Club Steward 07754 027821.

PB CRUSADERS YOUTH FOOTBALL Football for boys and girls aged 4–18. Email Dan Pbcrusaders@yahoo.com.

POTTERS BAR CYCLING CLUB Weekly Sun mornings covering 50–70k starting from Little Heath. Also participation in one-off special rides and sportives. www.pb Cyclingclub.co.uk.

PB HOCKEY CLUB Ladies, men and junior hockey at Dame Alice Owen's Astroturf pitch. Paul on 07398 988502 or juniors@pottersbarhockey.club.

PB PETANQUE PLAYERS Tue from 2pm, Sun from 10am new and all ability players welcome. The Petanque area is behind the Harvester pub garden, High Street. Pay and display car park at Oakmere Park. Jane Larmour 266517 or www.pottersbarpetanque.co.uk.

PB TENNIS CLUB The Walk. 6 Astroturf courts all with floodlights. Membership enquiries to Sue Vallance 645909.

www.clubspark.lta.org.uk/pottersbartennisclub.

PB TOWN FOOTBALL CLUB Parkfield. Matches Sat 3pm. Some Sun and midweek. Training Tue and Thu, 7.30pm. 07833 632965.

PB UNITED FOOTBALL CLUB PB based grassroots football club established 1975. U5 to U18 age groups for boys and girls teams playing in various Hertfordshire leagues. More info info@pottersbarunited.co.uk.

SKATING – INLINE SKATER HOCKEY Weekly, Thu 6–7.15pm, Sat 12 noon–1pm. Learn to skate as well as skater hockey. For all 5–18 years. Hatfield Leisure Centre. bwcusaders@hotmail.co.uk.

SPORT – Martial Arts

CHI KUNG CLASS Weekly, Mon 6.30–7.30pm. North Myrms Social Club, Welham Green. Sat 11am–12 noon at PB Health Club. Organised by 'Just Standing'. 272255.

NINTAI KARATE CLUB Weekly Fri 7–8pm at Revive Fitness and Spa, Potters Bar Golf Club, EN6 1DE. Contact 07942 362000.

PB SHOKOTAN KARATE CLUB Furze field Centre, Wed Juniors 7–8pm, Adults 8–9pm. Sunday Black and Brown belt class 12 noon–1pm. www.karatemasters.co.uk.

THEATRE

CUFFLEY PLAYERS Amateur Dramatic Society. Rehearsals Mon and Thu. 2 plays a year Mar and Nov at Cuffley Hall. Fran 07811 437791 or 872229. Email info@cuffleyplayers.co.uk.

ENFIELD LIGHT OPERATIC AND DRAMATIC SOCIETY Weekly, Tue and Fri 8pm. Drama group rehearse Winchmore Hill. Performs Wyllyotts. 2 musicals per year. 07711 316474.

GREEN ROOM PRODUCTIONS Rehearsals Mon at King Charles the Martyr Church Hall. Wed at Oakmere School. www.greenroomproductions.co.uk.

POTTERS BAR THEATRE COMPANY Rehearsals Tue and Fri at Chancellors School. info@pottersbartheatrecompany.co.uk.

YOUTH

AIR TRAINING CORPS – 57 (PB) SQUADRON Weekly, Mon and Thu. Ingram Cadet Centre (opposite Fire Station). 7.15–9.30pm. Ages 12–18. oc.57@rafac.mod.gov.uk.

CAPITAL ARTS THEATRE SCHOOL Sun, 2–5.30pm, Wyllyotts Centre. Professional performances. Capitalarts.org.uk or capitalarts@outlook.com.

GUIDES, BROWNIES AND RAINBOWS Potters Bar and Brookmans Park areas. www.girlguiding.org.uk/get-involved or Sue 850147.

HERTS YOUNG HOMELESS info@hyh.org.uk, community@hyh.org.uk or 03333 202 384.

NORTH MYMMS YOUTH AND COMMUNITY CENTRE Station Road, Welham Green. nmycc.uk or 515650.

NORTH MYMMS YOUTH PROJECT Activities, trips and weekly meetings for youngsters 9–16 years. D of E for ages 14+. www.nmyouth.org.uk or 515513.

RAZZAMATAZ Weekly, Thu. Mount Grace School. 4–18 years. Dance, drama and singing. 07788 592171.

SCOUTS, CLUBS AND BEAVERS For info Jim Heatley via secretary@pscscouts.org.uk.

STAGECOACH THEATRE ARTS SCHOOL Weekly, Sat. Chancellors School. 4–18 years. Dance, drama and singing. 01582 713771.

TOP HAT STAGE SCHOOL Weekly, Fri. Elm Court. 4–17 years. Dance (tap), drama and singing. 4.30–7.30pm. 01727 812666.

YOUTH CLUB PB Free Church, Mimms Hall Road. 5–11 years. 6.15–7.30pm. 07880 965546.

SERVICES FOR YOUNG PEOPLE Various youth projects, term-time at Elm Court. sfyp.hertsmerc@hertfordshire.gov.uk.

MISCELLANEOUS

CAUSEWAY COMMUNITY CHURCH The Causeway. Every Sun at 10.30am.

COUNTRYSIDE MANAGEMENT SERVICE Environment Department, County Hall, Pegs Lane, Hertford. 01923 588433.

HUMANISTS – NORTH LONDON GROUP Monthly, 3rd Thu. Ruth Winston House, Palmers Green. 653667.

POTTERS BAR ISLAMIC COMMUNITY CENTRE Every Wed 3.30–6.30pm at Wayside Jubilee Centre. Contact Zain Anhar 07939 057094 or Mahbub Alam 07951 200655. Email info@pbicc.org or www.pbicc.org.

POTTERS BAR AND BROOKMANS PARK SYNAGOGUE Contact office@pottersbarshul.org.uk or www.pottersbarshul.org.uk.

ST JOHN AMBULANCE – PB DIVISION Weekly, Wed 8–10pm. The Walk. First aid training 664260. Room hire 656885.

WHITEWEBBS MUSEUM OF TRANSPORT AND MODEL RAILWAY Enfield, EN2 9HW. Weekly, Tue from 10am–4pm. Last entry 3pm. Adults £12, Children aged 5–12 £5, under 5s free. Family ticket (2 adults and 2 children 5–12) £33. 020 8367 1898.

WSRA NATIONAL SPEEDWAY MUSEUM Hertfordshire Zoo, EN10 7QA. Contact Alan Philpott 07939 287573.

NORTH LONDON AND MIDDLESEX MORRIS MINORS OWNER'S CLUB Meet at the Whitewebbs Museum every 2nd Thu from 7.30pm. christinenlmmoc@gmail.com.

NORTH MYMMS MEMORIAL HALL Station Road, Welham Green, AL9 7PG. 07948 310192 or www.northmymmsmemorialhall.co.uk.

PB SOCIETY Your local amenity, environmental, conservation and heritage group. Contact Paul 07906 505167 or see www.pb soc.org.uk.

All telephone numbers are area code 01707 unless otherwise stated.

Tell us about your event, meeting, activity and we will publicise it and give details of your organisation in the *Community News*.

Contact susan.weaver4@ntlworld.com.

DOCTORS' SURGERY HOURS

1) ANNANDALE MEDICAL CENTRE AT THE ELMS

Tel: 01707 644451

Surgery Hours: 8am–6.30pm Monday to Friday

Test Results: 01707 644451 (11am–3pm)

Referral and Medical Reports: 01707 644451 (8.30am–1.30pm)

Extended Hours — see below. We are an Armed Forces veteran friendly accredited GP practice.

For the latest information and updates please visit our website www.annandalesurgery.co.uk. We have a Patient Group page on our website with latest events, webinars, and newsletter.

2) HIGHVIEW MEDICAL CENTRE AT THE ELMS

Tel: 01707 871980

Surgery Hours: 8am–6.30pm Monday to Friday

Appointments: 01707 871980 (8am–6.30pm)

Enquiries: 01707 871980 (11am–3pm)

Results: 01707 871980 (11am–3pm)

Extended Hours — see below.

For the latest information and updates visit our website www.highviewsurgery.co.uk or follow us on Facebook and Twitter.

3) PARKFIELD MEDICAL CENTRE

Tel: 01707 291041

Surgery Hours: 8am–6.30pm Monday to Friday

Appointments: 01707 291041 (8am–6.30pm Monday to Friday)

Test Results: 01707 291041 (12 noon–1pm Monday to Friday)

Extended Hours — see below.

4) POTTERELLS MEDICAL CENTRE

Tel: 01707 273338 | www.potterells.net

Surgery Hours: Monday 8.30am–6.30pm; Tuesday 8.30am–9pm;

Wednesday, Thursday and Friday 8.30am–6.30pm.

Extended Hours — see below.

EXTENDED HOURS

There is an extended hours appointment hub available covering all 4 surgeries. Your appointment may be on another premises — you will be advised when booking.

OUT OF HOURS SERVICE FOR ALL THE ABOVE SURGERIES

Local residents can arrange routine evening and weekend appointments — contact your surgery.

NHS 111 SERVICE

If you urgently need medical help or advice but it's not a life-threatening situation, call NHS on 111, at any time.

DENTIST

When you have an urgent dental problem and your dental surgery is closed, call NHS 111. Monday to Friday, 5pm–9am. All weekend and Bank Holidays.

Local A&E Services

BARNET: Wellhouse Lane, Barnet, EN5 3DJ Tel 020 8216 4600

LISTER: Coreys Mill Lane, Stevenage, SG1 4AB Tel 01438 314333

URGENT CARE — Minor Injuries and Illnesses

QE2: Howlands, Welwyn Garden City, AL7 4HQ Tel 01438 314333 8am–10pm

CHASE FARM: The Ridgway, Enfield, EN2 8JL Tel 020 8375 1010 8am–7.30pm

BARNET: Wellhouse Lane, Barnet, EN5 3DJ Tel 020 8216 4600 8am to midnight

Local Libraries

Oakmere

High Street, Potters Bar

Monday 1pm–6pm

Tuesday 10am–6pm

Wednesday CLOSED

Thursday 10am–6pm

Friday 1pm–6pm

Saturday 10am–5pm

Sunday CLOSED

Brookmans Park

Bradmore Green

Monday 2pm–5.30pm

Tuesday 2pm–5.30pm

Wednesday CLOSED

Thursday 2pm–5.30pm

Friday 2pm–5.30pm

Saturday 9.30am–12.30pm

Sunday CLOSED

For further information, visit your local library or call **0300 123 4049** and ask for appropriate library. **NB: Welwyn Garden City library is open on Sunday afternoons.**

Useful Numbers

Hertsmere Borough Council 020 8207 2277

Welwyn Hatfield Council 01707 357000

Hertfordshire Police Non-emergency 101 (national number) or 01707 354000

Herts Domestic Violence Helpline 0808 808 8088

Hertfordshire County Council 0300 123 4040

National Debt Line 0808 808 4000

Citizens Advice Consumer Helpline 0808 223 1133

Highways (including potholes, traffic light faults and streetlights) 0300 1234 047

Wasteaware 0300 1234 051

Affinity water leaks 0345 357 2407

Childline 0800 1111

Crime Stoppers Anonymous Line 0800 555 111

CAB Advice Line 0800 144 8884

Environmental Health

(1) Hertsmere: Pest Control 020 8207 2277

Noise (daytime) 020 8207 7435

(night) 0845 300 0021

(2) Welwyn Hatfield: Pest Control 01462 421579

Noise 01707 357242

Potters Bar Hospital 01707 653286

NHS Direct (Nurse advice and health information) 111

Samaritans (freecall 24 hours) 116 123



Office open every Wednesday from 10am–3.30pm (NB: 10am–12.30pm on last Wednesday of each month)

Hertsmere

Please call advice line **0800 144 8884**
Wyllyotts Centre, Darkes Lane, EN6 2HN