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WINTER 2024

# Potters Bar

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*Distributed in Potters Bar, Little Heath, South Mimms, Ridge, Northaw, Brookmans Park and Cuffley*

## Multiple anniversaries at the de Havilland Aircraft Museum



***Opened 65 years ago in 1959, the de Havilland Aircraft Museum is Britain's oldest aviation centre; 15 years later in 1974, the supporters' society was established. These volunteers enabled the museum to build modern hangars, acquire additional exhibits and open six days a week. Today, over 200 supporters maintain its 22 aircraft and all aspects of the site, finance, and IT. The Museum were honoured to have***



***Annie Brewster, High Sheriff of Hertfordshire officiate at the golden anniversary of the supporters' society.***

2024 is a significant year for three of the exhibits. 20th October marks the 90th anniversary of the MacRobertson Air Race from England to



Melbourne in Australia.

It was won by a twin engine DH88 Comet; the Museum's replica features considerable material about the aircraft and the race.

September is the 80th anniversary of the ill-fated

Operation Market Garden. The

Horsa Glider was widely used to deliver troops to the Arnhem Bridge. Our exhibit has seen significant renovation recently, ready for the commemoration from 22nd September onwards.

Finally, this year is the 75th anniversary of the maiden flight of the Comet, the world's first commercial jet airliner. The museum has a fully restored fuselage and cockpit in Air France livery.

Open every day, except Mondays, from 10.30am, the museum has plenty to offer to enthusiasts, families, and special interest groups. Find out more by visiting our website,

**[www.dehavillandmuseum.co.uk](http://www.dehavillandmuseum.co.uk).**

# Community

# NEWS



FOR UP-TO-THE-MINUTE NEWS, PLEASE GO TO  
**[www.pottersbarcommunitynews.co.uk](http://www.pottersbarcommunitynews.co.uk)**

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### Potters Bar Community News

welcomes contributions for publication from individuals and community groups. Where there is a linked commercial, political or individual interest in items for publication, the managing committee reserves all editorial rights. *Potters Bar Community News* does not accept responsibility for the accuracy of information contained in published items or views expressed in those items.

## A message from the Editor

Our deadline dictates that this is being written at the end of September and it seems a bit incongruous to be talking about Christmas. But this is our Winter/Christmas edition with our usual mixture of news from local clubs overlaid with a festive scene. As usual, this edition contains details of the Christmas sleigh dates from the local Rotary Clubs (on page 4).

We have recently updated our website-hosting package to increase its security, and we are delighted to report that the two local Rotary Clubs have agreed to sponsor our site for the next two years. We are very thankful for their support.

We were delighted to be a recipient of a grant from the Carnival Committee following the 2024 event. The Carnival is a tradition cherished by many residents and I would like to draw your attention to their plea on the page opposite.

Hope you enjoy reading the great variety of articles we have on offer, including a number inspired by, or written by, our two ace reporters, Vivien Arey and Jerry Rudd.

It has not been possible to include all the pictures submitted – please go to the Gallery on our website to see additional items.

*Best wishes for Christmas and the New Year from*  
**The Community News Team**

## How to send articles

Email to [editor@pottersbarcommunitynews.co.uk](mailto:editor@pottersbarcommunitynews.co.uk). Please keep articles to around 300 words or less, using plain text word. Handwritten or typed articles are also acceptable if you do not have access to a computer (contact John Connell on **01707 851445**). Photos, logos, etc should be sent as tif, bmp or jpg file.

## How to supply adverts

Ring to book a space, bearing in mind that there is usually a waiting list. Artwork must be supplied in pdf or jpgs format, created at the specified size according to your booking. Advertisers are responsible for advising us of any alterations to adverts which have been previously published. Email to [advertising@pottersbarcommunitynews.co.uk](mailto:advertising@pottersbarcommunitynews.co.uk).

## Sizes and prices of adverts

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## Deadline dates for next edition

### Advertising

15th January for Spring issue

### Articles

31st January for Spring issue

## Don't forget our website!

Now sponsored by our two local Rotary Clubs; Potters Bar Rotary Club and the Rotary Club of Brookmans Park. Our printed version is augmented by [www.pottersbarcommunitynews.co.uk](http://www.pottersbarcommunitynews.co.uk) on which you can view:

1. Latest news updated frequently.
2. Expanded articles and additional photos.
3. Local Organisations changes.
4. Current and past editions.

If you know anyone who has moved away but still takes an interest in the area, please let them know that they can stay in touch via the website, which can be conveniently accessed by scanning the QR code on the front cover.



## Interested in volunteering?

*Ever thought of giving some of your time to help others in the community? Also look here for items wanted by organisations; you may be able to help them.*

If you are a local organisation or charity and are looking for volunteers or looking for items for your group, why not email me at [editor@pottersbarcommunitynews.co.uk](mailto:editor@pottersbarcommunitynews.co.uk)?

## Volunteering with Barracuda Swimming Club

Do you like swimming? Do you want to give something back to our wonderful community? We are looking for more volunteers and committee members to join Barracuda SC. We are a swimming club for people with disabilities, and welcome people of all ages and swimming abilities. We meet at Furze Field every Sunday from 11.30am–12.30pm and need more volunteers to swim with our club members, helping develop skills and confidence in the water.

If you can help, please contact call **07716 863822** or [secretary.barracuda.sc@hotmail.co.uk](mailto:secretary.barracuda.sc@hotmail.co.uk). We look forward to swimming with you!



## Carnival 2025

Next year's Carnival is scheduled for 8th June 2025! Or is it?

The Carnival is a firm community favourite year on year. Many people work hard to make the day successful including all of those who volunteer, have stalls, floats, and many, many more roles.

The committee do have a big ask for you all for the next year. The carnival cannot take place unless we get a commitment on participation. We need people to book a float, book a stall and take part. We need enthusiasm and vigour or we can't keep going. In January we will be organising a community meeting where we will be asking for a commitment from groups to take part.

So, if you enjoy the carnival and the procession and wish it to continue, please register your intent. This really is make or break. Thank you to the whole community who support year on year.

**Potters Bar Carnival Committee**  
[Pottersbarcarnival@gmail.com](mailto:Pottersbarcarnival@gmail.com)

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## Can you provide a home for Nina?

Nina, our tan mastiff, is now 5 and half and still desperately waiting for a new home. She loves people and going for walks. Also okay with other dogs. Please

consider giving her a home or, if you know anyone who might like to rehome her, you can visit her at RSPCA Southridge. Please contact **0300 123 0704** or [southridge@rspca.org.uk](mailto:southridge@rspca.org.uk).

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# Potters Bar Rotary Christmas Sleigh 2024

*As always, the members of Potters Bar Rotary are deeply appreciative of the kindness, encouragement and generosity of the residents of Potters Bar.*

During last year's festive season we managed to share the excitement and spectacle of the Christmas Sleigh at the lighting of the Christmas Tree at Brookmans Park, the Christmas Fayre and Farmers' Market in Potters Bar, as well as a local school and a residential home. We also continue to be very grateful for the continuing support of the Tesco store in Potters Bar. These events enabled us to collect nearly £3,000 for local and national charities.

We have a similar programme of planned visits and events through December this coming festive season, weather permitting.



### Potters Bar Christmas Fayre – Sunday 1st December

Come and see Father Christmas and his sleigh at the Potters Bar Lights Christmas Fayre at Elm Court between 11am and 3pm.

### TESCO, Mutton Lane, Potters Bar

We are really excited to tell you that the sleigh will be attending TESCO Potters Bar on Saturday 21st, Sunday 22nd and Monday 23rd December all day.

It should be arriving at 9am and departing to work on Christmas preparations at 6pm each of those days.

You will be able to donate there and then with cash or by card to show your appreciation and support, or text RUDOLF followed by the amount you wish to give to 70085 (for example RUDOLF 5 to give £5). So come to see us or take your donation to John Powell Carpets in Potters Bar High Street.

Many local, national, and international charities depend upon the generosity of people like you, responding to the efforts of groups like Potters Bar Rotary, in order to raise enough money to support those in need. The main organisations we are supporting this year are Essex & Herts Air Ambulance, Noah's Ark Children's Hospice, RecoverTools with a Mission and Rotary charities.

Please visit the *Community News* website to check on Rudolph's final plans at [www.pottersbarcommunitynews.co.uk](http://www.pottersbarcommunitynews.co.uk).

If you're interested in arranging a visit from the sleigh or helping Potters Bar Rotary in their activities, please email [secretary@pottersbarrotary.uk](mailto:secretary@pottersbarrotary.uk) for information.

# Christmas Sleigh Dates for Brookmans Park Rotary



*We will be out and about with our sleigh in December raising funds for Isabel Hospice and other charities supported by Brookmans Park Rotary. Please do watch out for Father Christmas and the Santa Sleigh in Welham Green on 5th and 8th December, in Brookmans Park on 12th, 15th, 16th and 19th December and at Tesco Hatfield 21st to 24th December. We will also be at the Potters Bar Farmers Market on 1st December and our colleagues from Potters Bar Rotary will be there on the 15th.*

Please visit our website nearer the time for full details of the Sleigh routes – [www.brookmanspark.org.uk](http://www.brookmanspark.org.uk). All dates are subject to suitable weather conditions as we must keep Santa and his Elves safe.

We are working hard to organise our Christmas Tree Lighting event once again on Bradmore Green, Brookmans Park. Some of you may be aware that there is a problem with the power supply on the green, something we have been trying to resolve for many months. We are still hoping to host this event on 30th November but are still struggling to get all the arrangements in place. Please do make a note of this date and check our website in early November for an update.

**Dave Ford, President**  
*Brookmans Park Rotary Club*



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Rotary   

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## Local author's popular latest book: "Rivals Of The Beatles 2"!

*Brookmans Park resident Martin Orkin's second book about The Beatles and 1960s pop music, "Rivals Of The Beatles 2", has been proving as popular with readers as was his first volume. Martin again discusses other groups who competed with The Beatles, or whom they inspired: great acts like The Animals, Simon & Garfunkel, The Who and Queen. Here, 60 years on from the release of their overlooked and unloved first album, is an interesting piece drawn from Martin's chapter on the wonderful Simon & Garfunkel!*

When Simon & Garfunkel's first folk music-based LP, Wednesday Morning 3AM, was released in America in October 1964, it was a complete flop. Almost nobody bought it. Only the following year did anything happen for the record. That was when one particular track from it began getting requested on US radio stations. But the album itself still wasn't selling.

Meanwhile, after seeing The Beatles' movie *A Hard Day's Night*, and then electrifying their sound, The Byrds had caused a sensation in America in May 1965 with their debut single. This was 'Mr Tambourine Man', which added a rock beat to folk-type music and then went to no. 1 around the world. The Byrds' record company was delighted. They decided to try the same approach again by adding bass, drums and electric guitar to that old Simon & Garfunkel LP track which was proving popular on the radio. The song, 'The Sounds Of Silence', duly became another number 1 hit, and launched Simon & Garfunkel's career. So, one could say that The Beatles were actually responsible for Simon & Garfunkel becoming famous!

*Rivals Of The Beatles 2* is currently available in a limited edition of 500 numbered and signed hardback copies at a special Christmas price of just £9.99 + p&p. (Free delivery possible in Brookmans Park/Potters Bar.) For more details call Martin on 07979 770899 or email him at [mjorkin@gmail.com](mailto:mjorkin@gmail.com).

## Enriching outdoor environment at Ladbroke School

*Children at Ladbroke JMI School were surprised, but very excited, to see new markings in both the infant and junior playgrounds, on returning from their summer holidays. Playground markings have health and fitness benefits, but there is also the educational element that reinforces learning through play.*

Seth, our Year 6 reporter, along with the help of Mrs Romain, has spent some time getting to know the different markings in each playground and asked the children what they feel about them.

"In the junior playground, we can now see the lines of the netball court more clearly. This is much better for the netballers when they are playing. There is an activity which encourages you to jump across the line. The children enjoy seeing how far they can jump. One of the markings is a game called 'Mirror Me'. When someone does a move, maybe a dance move, up to three others can copy that move. This is a really colourful marking and the children play on this lots. There is a bowling alley (not a real one of course) but the children are often queuing so they can have a go at bowling the ball down the lines alley.

The younger children love to play 'What's the time Mr Wolf?', and so that marking is very popular with the children. Our old Hopscotch marking has been updated and encourages the younger children to play together. The activity circuit takes up most



of the infant playground, but it is lovely to see lots of the children travelling along the lines and following the instructions.

The playground markings have been very popular with all the children across the school, and we hope that they will continue to use the playground markings for years to come."

## Potters Bar u3a celebrates 25 years

*At their monthly meeting in September Potters Bar u3a celebrated twenty-five years as an organisation serving the local community. Founded in 1999 by a small committee of like-minded people and, with the assistance of Hertsmere Borough Council, the group was incorporated in September 1999. It has continued ever since, providing groups of interest for the senior and not so senior citizens of Potters Bar. Speaker Martin Orkin gave a talk about Queen, the group, and the story of their rise to fame, playing extracts from some of their songs.*



After the meeting members enjoyed refreshments and celebratory cakes, some of which were baked by members themselves. There was a display of some of the activities the u3a takes part in, including

a tryptic artwork by every member of the Painting Group, all of whom had had a brush stroke or two in the painting. There was also a display by one of the photography groups showing photos taken over the last ten years.

Potters Bar u3a is a self-help group open to everyone in the locality not in full-time employment who wants to remain active both in mind and/or body and follow our motto, learn, laugh, live. Within the group we have an extensive range of interest groups meeting on a regular basis at various locations throughout the district. You can find out more by visiting [www.pbu3a.org.uk](http://www.pbu3a.org.uk) or you can email either of the joint chairmen at [jointchair\\_all@pbu3a.org.uk](mailto:jointchair_all@pbu3a.org.uk). We would love to hear from you.

**Les Chesson and Pat Bennellick**  
Joint Chair Potters Bar u3a

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## Certainly, no bad luck on this Friday 13th!

***On this particular September Friday, the annual Health and Wellbeing event took place at Wylyotts Theatre in Potters Bar. And what a successful event! Over 600 people came through the door to interact with 26 local and national organisations, experience new health-focused activities and listen to informative talks by local doctors. It was certainly a day bringing the community together with a positive health focus.***

The stalls in the main hall included The Stroke Association, Herts Ability, Bowel Cancer UK, and the Moorfields Unit at Potters Bar Hospital. Local people were able to chat to stallholders and take away information on a wide range of subjects.

In a separate room the day started with a session on Chair Yoga followed by packed sessions on Tai Chi, Mindfulness, Musical Memories, Clock Cricket, and a gentler ballet session by Silver Swans. Everyone trying something new!

Outside was the Hertfordshire Better Health Bus where visitors could have a health check including blood pressure and weight. This was in very high demand and visitors commented on how useful they had found the results. Meanwhile, inside, doctors from all three surgeries gave extremely informative talks on blood pressure, cataracts, and respiratory conditions.

Our visitors, Councillor Paul Richards and Sir Oliver Dowden MP were very impressed by the dedication and commitment of all the people involved. Thanks to Wylyotts, all the local surgeries and a team of hard-working volunteers for helping to make the day such a success. See you again next year!

## Admiral Byng's connection to Potters Bar - Wrotham Park

***Over the last four editions I have described how Admiral John Byng was made a scapegoat for other people's failings and shot aboard HMS Monarch on 14th March 1757. Most will know the pub in Darkes Lane, but not everyone will know his local connection.***

In the early 1750s, Byng travelled between his Berkeley Square home and his



father's in Southill, Bedfordshire. He decided to commission the architect Isaac Ware to design a country house and acquired 140 acres from Enfield Chase and the manor of South Mimms. The house, known as Wrotham Park, was originally two storeys, with single storey wings, and finished in red brick.

He planned to move in 1755–6, but his mistress Susanne Hickson fell ill, so he stayed close by her in Finchley until she sadly died. He was then sent on his ill-fated last voyage, and never lived at Wrotham Park, bequeathing it to his nephew George Byng.

In 1811–12 his son, George Byng Junior, extended the dining room and wings, and added a stable block. In 1845, he inherited £365K (£27M today) from William Wentworth, 2nd Earl of Strafford. When he died two years later, his will stipulated that this could only be used for capital expenditure on the house, not repairs.

1854 saw a new resident who added an extra floor for servant accommodation, a dairy, a laundry and completely rendered the house. In 1860 this person, George Stevens Byng, became Earl of Strafford, adding entwined letters "S" symbols to the gable ends of the wings. A major fire in 1883 necessitated a large mortgage, and it was not until the 1930s that the 6th Earl of Strafford installed electricity. A further refurbishment in 1978 included a lift.

Whilst John Byng was unhappily never able to enjoy his new home or the Potters Bar area, many generations of his family have done so, and they still reside there today.

**Editor:** Picture of the Mansion reproduced by kind permission of the Wrotham Park Settled Estates.



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## Royalty features at the Photographic Society

*The Society has re-started face to face meetings following our summer pause, with that break giving members time to undertake personal projects or prepare for our next round of competitions. It was also a chance to go out with their cameras and just see what happened. Geoffrey Lauder did just that going to London with his camera to see what he could find. His visit coincided with the State Opening of Parliament, but it*



*came as quite a surprise when King Charles and Queen Camilla rode past him in their State Coach (the word had obviously got out that Geoff was in the area!).*

Our Autumn/Winter season started with a long-range Zoom meeting – with our speaker 12,000 miles away! Cliff Threadgold is a Potters Bar native and long-standing member of The Society; indeed, he still competes (remotely) and wins in our competitions, but now lives in New Zealand. His presentation was titled 'Back from the wilderness' which was a fascinating reflection on Cliff's photographic journeys around Europe, The Philippines, Nepal (where he also coached the national swimming team), Patagonia and New Zealand, and others. A self-confessed 'photo opportunist' he does not specialise in any photographic genre but summarised his style as "just seeing things and making them look pretty". An excellent selection of images across many themes, and all shown with a helpful, positive, narrative in a gentle style that kept us captivated to the end. We are always happy to welcome prospective members (whatever equipment you use) at our meetings at Wyllyotts Centre on Mondays from 7.30pm. Further information can be found at [www.pottersbarphotosoc.org.uk](http://www.pottersbarphotosoc.org.uk). Photos of Royalty not essential! We will be holding a print exhibition of a selection of images covering a range of subjects on the "art wall" in the café area of the Wyllyotts Centre from 2nd to 29th November.

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## Launch of our Travel Support Scheme

**Herts ability** *Herts Ability thrives on supporting people to remain independent. We've been doing this for over 60 years and consider ourselves very good at it.*

*Our main centre is based in Welwyn Garden City, and we have outreach centres in Harlow, Luton, South Oxhey and Leyton (East London).*

Our services revolve around all things driving, travel and transport. Herts Ability has an expert team assessing driving ability and, where possible, helping drivers remain on the road safely. Some of the people we offer driving assessments for are: people with disabilities, who may need adaptations; those recovering from illness or accidents, who may want to return to driving; and older people, who want to check they are still safe to drive.

Where driving is not a safe option or someone doesn't wish to travel by driving a car, our Hubs Mobility Advice Service is on hand to offer free advice on local, national, and international travel. This is a free service, and we can offer advice on anything to do with travel:

- Accessible buses and coaches – local or national travel
- Rail and air travel – we will work out if your route is accessible and let you know what help is available
- Community transport options – dial-a-ride, minibuses or volunteer drivers
- Rights as a passenger with a physical or hidden disability
- Local, national and international travel planning, including advice on booking accessible holidays
- Hiring or purchasing the right scooters and wheelchairs – free scooter assessments are carried out by occupational therapists at our centre in Welwyn Garden City
- Support groups and advice lines

As a charitable organisation, Herts Ability will never overcharge or oversell products to its clients. Many of our services are free of charge, and those that are chargeable are always kept to a minimum. Our team is passionate about their work and always puts the client first.

[www.hertsability.org.uk](http://www.hertsability.org.uk)



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## Toddler Sense nominated for National Award

*Toddler Sense, who operate in Potters Bar, Barnet, Borehamwood and Southgate, has been announced as a finalist in the prestigious 'What's On 4 Kids National Children's Activities Awards 2024' – the UK's longest-running awards dedicated to celebrating the best in children's activities and classes. This exciting news means that Vicky from the Toddler Sense Wow Centre in Potters Bar will be attending the red-carpet awards ceremony on 21st November 2024, where VIP guests and industry leaders will gather to honour the best in the sector.*

These awards have been running for 18 years and were the first in the UK to highlight and celebrate children's clubs, classes, leaders and venues. They stand out, not only because parents and carers nominate and vote for their favourites, with nearly 100,000 nominations and votes this year, but also because they feature judged categories, evaluated by a panel of industry experts. This combination makes these awards unique, ensuring that both community popularity and professional excellence are recognised.

Sponsored by Morton Michel for the sixth consecutive year, and with The British Franchise Association as the ceremony sponsor, this year's event promises to be bigger and better than ever. The 2024 Awards will once again be hosted by the multi-talented Jonathan Bremner, known for his performances on *X-Factor* and his roles as an actor, musician, singer and presenter.

Founder of 'What's On 4 Kids', Sam Godfrey-Moore shared her excitement: "Once again, we are ready to celebrate our finalists, sponsors, and supporters at our glamorous black-tie extravaganza. It's going to be a night full of sparkle and joy – congratulations and good luck to each and every finalist!"



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## Community Healthy Living Day in Potters Bar

*We are excited to announce the first Community Healthy Living Day on 5th April 2025, at St Mary's Church Hall. This exciting, free event is open to everyone in our local community, regardless of age, and aims to promote health, wellness, and a sense of togetherness, something really important to the organiser and local businesswoman Asha Bhundia. Asha is an enthusiastic businesswoman, running Happy Feet Podiatry and has been based in Potters Bar for 28 years. She says, "The day promises a wealth of knowledge and support from various health and wellbeing professionals, and it'll be great for the local businesses to come together and help the local community."*

Those attending the event will have the opportunity to speak to local physiotherapists, wellbeing experts, and representatives from other community businesses. They will be offering free consultations, insightful chats and practical tips on how to enhance your overall wellbeing. Whether you're seeking advice on physical health, mental wellness, or simply looking for ways to lead a healthier lifestyle, this event is a fantastic chance to gather valuable information and resources.

Mark your calendars for this special day and join us at St Mary's Church Hall and bring your friends and family along too. Together, we can build a healthier, happier Potters Bar!

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WEB: www.johnpowellcarpets.co.uk

## Wednesday Community Club Anniversary

*The inaugural meeting of 'The Darby and Joan Friday Circle' took place on 16th October 1964, under the leadership of Mrs Doris Wickett at Potters Bar Baptist Church. Doris combined her role as leader with that of secretary and laid the foundation of the weekly format that has been the basis ever since.*

There have been changes in leadership and secretary and in the title of the club, which is now known as 'The Wednesday Community Club' (or Wed.com). Please see the *What's On* page for further details. We

celebrated our 60th Anniversary on 16th October 2024 with a celebratory lunch and a guest speaker from the 'Toybox Charity'.

Some of our members have contributed to a celebration booklet, which contains a brief history together with background articles from those who now organise the running of the club.

**Roger Gray**  
Leader

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## Volunteers join the Health Walks team in Potters Bar

*Five residents of Potters Bar became new Health Walks Volunteers at the end of September. They will join the small team leading walks from the Potters Bar train station (Mondays and Wednesdays) and from the Oakmere library on Fridays.*

We are thrilled to have them onboard. The involvement of Margaret, Ian, Maggie, Henry and Chris will allow us to offer the choice of a short or long walk and possibly expand the programme further. They would be delighted to see you on a walk soon. There's no need to book but please register as a new walker online. Alternatively, drop by 15 minutes before your first walk to complete a form.

For more information go to [www.hertfordshire.gov.uk/healthwalks](http://www.hertfordshire.gov.uk/healthwalks) or contact us on [healthwalks.cms@hertfordshire.gov.uk](mailto:healthwalks.cms@hertfordshire.gov.uk) or 01992 555888 to speak to a member of the team. If you are looking for a fun and physical daytime activity, then Health Walks is for you!

## Hertfordshire Showband

*From school age to senior, beginners to buffs, the Hertfordshire Showband unites players with passions for community, creativity, inclusivity and, of course, music.*

For over 50 years, the band has been offering a diverse mix of marching and music – with a repertoire featuring everything from traditional marches to nostalgic and contemporary pop hits. Whether you're a Disney aficionado or a rock and roll enthusiast, we've got something for you.

While our junior division continues to help young people build their friendships and musical fundamentals, our senior division is already looking forward to the 2026 World Music Contest in Kerkrade, Netherlands. We



haven't announced our theme for the competition just yet but, as a hint, think Madonna, Nirvana and maybe even some Britney! In 2022 we were overjoyed to become double Gold

Medal winners and double World Champion holders of our divisions and are very excited to perform again on the world stage.

We have an exciting autumn and winter season coming up, with performances at the prestigious Lord Mayor's Show in London, as well as our favourite festive celebrations in Hitchin, Hoddesdon, Waltham Abbey and Potters Bar. There's nothing like live music to get you into the holiday spirit! Check out our Facebook or Instagram pages to get all the details and come say hi at a performance soon – we'll be the ones in black, white and red!

If you have some musical experience and want to join a diverse group of fun-loving performers, why not come out to the Hertfordshire Showband's next Monday rehearsal at Mount Grace School? Junior division 7–8.15pm, Senior division 7.30–9.30pm. We'd be happy to welcome you!

**A McVean**  
Brass Section, Hertfordshire Showband

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## Come to the Santa Run

**5th Potters Bar Scout Group would like to invite everyone to join us for our Annual Santa Run and Christmas Tree Sale at our Group HQ at Furzefield on Saturday 7th December.**



We are planning to unleash a host of Santas onto the streets of Potters Bar, running, skipping, trotting (and walking!) around town in their bright red suits, spreading seasonal cheer, and raising money for charity! This year, we are again supporting Herts Young Homeless, to which a proportion of the proceeds of the event will be donated. The event will be accompanied by a Christmas Tree Sale at the Scout Hut, as

well as warming refreshments – with some seasonal specialities too. We would love you to come and join us – details on the poster opposite – why not enter as a family and take advantage of our special family entry price! Runners can download sponsor forms from our website ([www.5pbscouts.co.uk](http://www.5pbscouts.co.uk)) and raise funds for a chosen charity or Herts Young Homeless.

5th Potters Bar also needs volunteers – so if you might be interested in giving something back to your community, why not come along on Saturday 7th December, and find out what we do as a group, and talk to one of our Leadership Team about volunteering opportunities?

We also welcome members who want to have fun and learn life skills from ages 8–15 and even up to 18 through our very close links with Potters Bar Explorers, so there are opportunities to get involved whatever your age!

Come and see us at Furzefield on 7th December from 10am. We look forward to seeing you.

## What have the Guides been up to?

**Girlguiding Potters Bar District took over the whole of Northern Heights camp site for a weekend of adventure in September. Every unit was represented, and the brownies occupied all the huts, the guides camped, and the rainbows came for the day.**

Particular favourite activities were archery and grass-sledging but they also enjoyed the nightline, team-building, boulders and traverse wall, orienteering, circus skills and the fairy trail. In fact they loved it all, especially the shop (some visited twice!) which looked rather empty at the end of the weekend!

Over the weekend we presented Sue Weaver with a County award for Good Guiding for numerous activities, including being the District treasurer for 27 years, Division treasurer for 14 years, looking after our headquarters and depot for badges and uniform, giving continuous support to the units in the District for accounts and always being supportive and approachable.



One brownie was heard to say to the others that she was upset that the camp was coming to an end as she had enjoyed being part of a new family and being all together in the hut, and the others agreed with her. Fabulous weekend had by one and all at a great camp site.

**Editor:** Picture shows Sue Weaver receiving her award. She has also given fantastic service to the Community News during this period, of course. Other action pictures (of guides, not Sue!) are shown in the gallery on our website.

## Churches Together in Potters Bar Christmas 2024

### Christ Church Little Heath (CE)

Contact: Church Office 01707 662460  
churchadmin@cclh.org.uk

### Evangelical Free Church

Contact: 01707 852422

### King Charles the Martyr (CE)

**Sunday 8th December**  
3pm Messy Church Christingle  
**Sunday 15th December**  
4pm Advent Carols & Lessons  
**Sunday 22nd December**  
11.15am Café Church Morning Worship Nativity Play  
**Tuesday 24th December – Christmas Eve**  
4pm Crib Service for all the Family  
11.30pm Midnight Mass  
**Wednesday 25th December – Christmas Day**  
10.30am Christmas Day Family Communion

Contact: Church Office 01707 665579  
office@kcm-church.org.uk

### Our Lady & St Vincent (RC)

**Wednesday 4th December**  
6.30pm Pope Paul School Advent Service  
**Sunday 22nd December**  
6pm Carol Service  
**Tuesday 24th December – Christmas Eve**  
5pm Vigil Mass of Christmas for families with young children  
8.30pm Candle-lit Vigil and Mass of Christmas Night  
**Wednesday 25th December – Christmas Day**  
9am Dawn Mass of Christmas  
11am Mass of Christmas Day

Contact: Parish Office 01707 654359  
pottersbar@rcdow.org.uk  
<https://parish.rcdow.org.uk/pottersbar/>

### Potters Bar Baptist Church

**Saturday 16th November**  
11am – 3pm Christmas Fayre  
**Sunday 15th December**  
10.30am Family Nativity Service  
**Sunday 22nd December**  
4.30pm Carols by Candlelight  
**Wednesday 25th December – Christmas Day**  
10.30am Family Service  
Contact: 01707 840538  
hello@pbbc.org.uk

### St Giles' South Mymms and St Margaret's, Ridge

**Sunday 15th December**  
4pm Carol Service – St Giles'  
6.30pm Carol Service – St Margaret's  
**Tuesday 24th December – Christmas Eve**  
11am Eucharist – St Giles'  
3.30pm Bread Service – St Giles'  
11.30pm Midnight Mass – St Giles'  
**Wednesday 25th December – Christmas Day**  
9.15am Family Service – St Margaret's  
11am Family Eucharist – St Giles'

Contact: Fr Ayoub Adwar  
curate@stgiles-stmargarets.co.uk

### Potters Bar United Reformed Church

**Thursday 5th December**  
7.30pm Aeolian Singers Christmas Concert  
**Friday 13th December**  
11am Nursery School Nativity Service  
**Sunday 15th December**  
11am Toy & Gift Service  
**Friday 20th December**  
Service of Lessons & Carols  
**Tuesday 24th December – Christmas Eve**  
11.30pm Welcome to Christmas  
**Wednesday 25th December – Christmas Day**  
10.30am Christmas Day Celebration

### St John's Methodist Church

**Saturday 7th December**  
3pm Discover Christmas  
**Sunday 15th December**  
10.30am Nine Lessons and Carols  
**Sunday 22nd December**  
10.30am Creative Church  
**Tuesday 24th December – Christmas Eve**  
11pm Christmas Eve Holy Communion  
**Wednesday 25th December – Christmas Day**  
10.30am Christmas Day Worship

Contact: Revd David Jebb 01707 652978  
djebb2003@gmail.com  
www.stjohnspb.org.uk

### St Mary's, The Walk, Potters Bar (CE)

**Tuesday 24th December – Christmas Eve**  
4pm Christingle and Crib Service  
11.30pm Midnight Mass of the Nativity  
**Wednesday 25th December – Christmas Day**  
10am Family Eucharist followed by festive drinks and mince pies

Contact: Revd. Stefan Chrysostomou 01707 859028



# Scouts in the Scottish hills

*During the summer, Potters Bar & District Scouts were given the opportunity to go up to Lochearnhead Scout Station, giving them an incredible experience to see the sensational views of Scotland.*

They were able to take part in a variety of adventurous activities, including cycling, hiking, kayaking, quad biking and more! During these activities, they thoroughly enjoyed themselves and all participated in extra scouting skills to work towards their badges, such as navigation and team leadership. Lochearnhead provided a multitude of rotating activities and offered the Glen Ogle Trail which took us along the old railway line and out of Lochearnhead, allowing us to capture the picturesque views of Loch Earn and the looming pines of the landscape around.

Before one of our hikes into the Scottish hills, we had to use our map skills and plan out a route using grid references to mark different waypoints along the trail. During this particular hike each Scout was assigned a ration pack, and they also had to carry their own pots and pans with them. The Scouts also ventured up through the trails of Callendar, which was a lovely stroll through the alpine and steep inclines, finishing off with a cosy sit-down in the local town cafés which had beautiful architecture amongst the knick-knack shops and churches.

Whilst staying at the Scout Station, we received full hot meals throughout the day and ended with a dinner involving all the Scouts from the District, who enjoyed time connecting with one another and settling down for a restful night's sleep, ready for the next big day ahead. The Cuffley Explorers also took their mascot duck with them, Gerald, who is a positive member of the Cuffley ESU and trekked with them – he also had a great time!

**Louise Gill**

*Cuffley Explorers*

*We are pleased to include the following poem by David Mosey, extracted from his poetry collection 'All Gone Strange'.  
[www.southlondonbooks.com/product/all-gone-strange](http://www.southlondonbooks.com/product/all-gone-strange).*

## Granny's On Fire

Granny just won't act her age  
Going to gigs lets granny rage  
Against the dying of the light  
She's an awesome sight

Gran won't take her Zimmer frame out  
For a gentle stroll  
You can't put her inner flame out  
She's got rock and roll

Granny's been clocking  
Up the miles it's shocking  
But a surgical stocking  
Doesn't stop her rocking – Granny's on fire!

Grandma's got no time to fit in  
Lumbago or cramps  
What's the point of sitting knitting?  
She's standing next to the amps

Grandma's footsteps lead her to  
The Forum, Kentish Town  
What on earth is Grandma up to?  
She's up to getting on down

Dressing audaciously  
Ageing ungraciously  
Dancing quite spaciouly  
Grooving voraciously – Granny's on fire!

*Editor: If you know any grannies like this, they might enjoy Herts Musical Memories singing and dancing sessions! (See page 26 under Social).*

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# WHAT'S ON

## NOVEMBER 2024

### SATURDAY 2nd

- **Angels and Light Party** 2pm. A children's activity party to chase away the darkness of winter. St Mary's Church, North Mymms.
- **Remembering our loved ones:** a service to remember and give thanks for departed relatives and friends. All welcome. 3pm, St Mary's Church, The Walk — followed by tea and cakes. Details 07803 756088.
- **\*Potters Bar & District Photographic Society** Print exhibition at Wylyotts Theatre from 2nd to 29th. See page 8 for further info.

### SUNDAY 3rd

- **\*Potters Bar Society Walk.**

### MONDAY 4th

- **\*Herts Health Walks** Every Monday. Meet at PB Railway Station Memorial Garden, 10.30am. Grade 2 and 3.

### TUESDAY 5th

- **\*Potters Bar u3a AGM** followed by speaker Gary Fisher, 'The Bayeux Tapestry — a play in three acts'.
- **Lunchtime Recital** Matthew Sear (guitar), 12.30pm. Retiring collection. Light lunches (£6) available after the recital. St Mary's Church, The Walk.

### WEDNESDAY 6th

- **\*Herts Health Walks** Every Wednesday. Meet at PB Railway Station Memorial Garden. 10.30am. Grade 2 and 3.
- **\*Wednesday Community Club** Paul Martin — Antiques.

### THURSDAY 7th

- **\*'Charlie and the Chocolate Factory'** by Green Room Productions at Wylyotts Theatre, 01707 645005. 7.30pm, with Saturday matinee at 2.30pm, Sunday 10th November at 1pm and 5.30pm.

### FRIDAY 8th

- **\*'Charlie and the Chocolate Factory'**, see above.
- **\*Herts Health Walks** Every Friday. Meet at PB Railway Station Memorial Garden, 10.30am. First steps and Grade 1.
- **\*Merlin Magical Society** Christmas Close-up Magic Show. Little Heath Parish Hall.

### SATURDAY 9th

- **Christmas Market** 4th Potters Bar Scouts at St John's Methodist Church, Baker Street, Potters Bar, EN6 2DZ, 10.30am—1pm. Various stalls, games, tombola, raffle, and refreshments, including BBQ. Early visit from Father Christmas!
- **\*'Charlie and the Chocolate Factory'**, 7.30pm with matinee at 2.30pm. See above.

### SUNDAY 10th

- **Remembrance Day Service.** Service at the War Memorial from 10.50am, following church service at St Mary's at 9.30am.
- **\*'Charlie and the Chocolate Factory'**, matinee 1pm and 5.30pm. See above.

### TUESDAY 12th

- **\*Cuffley Floral Art Club** Club Social.

### WEDNESDAY 13th

- **\*Wednesday Community Club** Games and chat.
- **\*RSPB Afternoon Illustrated Talk.** All welcome. Ian Alexander, 'The English Love Affair with Nature'. Not only slides but hand specimens as well.

### THURSDAY 14th

- **\*PB Filmmakers** Documentary competition.
- **\*North London and Middlesex Morris Minor Owner's Club** Meeting at Whitewebbs Motor Museum, 7.30—9pm.
- **\*Enfield National Trust Association** 'The Battle of Barnet', an illustrated talk by John Hall, 7pm for 7.15pm. Contact Pam 01707 650969 for info.
- **\*The Merlin Magical Society** Mini Lectures, Little Heath Parish Hall. A select few will be asked to perform a short lecture each. www.merlinmagicalsociety.com/christmas-show.

### FRIDAY 15th

- **\*RSPB Afternoon Illustrated Talk.** All welcome. 'Landscape scale conservation across the Chilterns', Nick Marriner will share his work in the Central Chilterns.

### SUNDAY 17th

- **\*Fashion Show** Brookmans Park Rotary in aid of the Isabel Hospice. 1.15pm for 2pm start. £25 including prosecco and afternoon tea. Tickets brookmansparkrotary.org.uk.
- **\*Fir and Pond Wood Nature Reserve** Help maintain this reserve, no experience necessary, 10am. Details see organisations pages.
- **\*Potter Bar Society Walk.**

### WEDNESDAY 20th

- **\*Enfield National Trust Association** 'Sicily, Island of Flowers and Ancient History', an illustrated talk by John Wallington, 1.45pm for 2pm. Contact Pam 01707 650969 for info.
- **\*'Nativity — The Musical'** Potters Bar Theatre Company, Wylyotts Theatre at 7.30pm. Adults £22, children £19. www.wylyottstheatre.co.uk or 01707 645005.
- **\*Wednesday Community Club** Phil Merrison — fun quiz.

### THURSDAY 21st

- **Christmas Market** for Cherry Lodge Cancer Care. Hadley Wood Golf Club, Beech Hill, Barnet, E4 0JJ, 10am—4pm. Over 20 stalls.
- **\*'Nativity — The Musical'**, see above.

### FRIDAY 22nd

- **\*'Nativity — The Musical'**, see above.

### SATURDAY 23rd

- **Craft Day** Come along and enjoy a day of crafts and try something new at St Mary's Church North Mymms.
- **\*'Nativity — The Musical'**, see above.

### SUNDAY 24th

- **\*'Nativity — The Musical'**, see above.
- **\*Barnet Walks** 'Footsteps of the Famous in High Barnet' Guided Walk. 11am, meet at High Barnet Tube Station.

### WEDNESDAY 27th

- **\*PB Filmmakers AGM.**
- **\*Wednesday Community Club** Games and chat.
- **Coach trip** Winchester Christmas Market. £39. 01707 903761.

### THURSDAY 28th

- **\*The Merlin Magical Society** Mark Warwick's Bunco Booth. A night of Carnival Cons, etc. Little Heath Parish Hall. www.merlinmagicalsociety.com/christmas-show.

### FRIDAY 29th

- **\*Potters Bar and District Photographic Society** Print exhibition at Wylyotts Theatre. Final day.

### SATURDAY 30th

- **Christmas Fair** Cherry Lodge Cancer Care. Wesley Hall, Stapylton Road, Barnet (opposite entrance to Spires Car Park). Fabulous stalls and scrumptious café.

## DECEMBER 2024

### SUNDAY 1st

- **\*Barnet Walks** 'The Battle of Barnet' Guided Walk. 11am, meet at junction of Great North Road and Hadley Green Road, EN5 5PP.
- **Coach trip** Winchester Christmas Market. £35. 01707 903761.
- **'From Darkness to Light'** a celebration in words and music for Advent Sunday. All welcome. 5pm, St Mary's Church, The Walk. Details 07803 756088.
- **\*Potter Bar Society Walk.**

### MONDAY 2nd

- **\*Herts Health Walks** Every Monday. Meet at PB Railway Station Memorial Garden, 10.30am. Grade 2 and 3.

### TUESDAY 3rd

- **Lunchtime Recital** Micheila Connolly and Damian Carter (piano and baritone), 12.30pm. Retiring collection. Light lunches (£6) available after the recital. St Mary's Church, The Walk

### WEDNESDAY 4th

- **\*Herts Health Walks** Every Wednesday. Meet at PB Railway Station Memorial Garden, 10.30am. Grade 2 and 3.

## WHAT'S ON

- **\*Wednesday Community Club Games and chat.**
- **Carols by local schools** In aid of Cherry Lodge Cancer Care. The Spires, Barnet.

### FRIDAY 6th

- **\*Herts Health Walks** Every Friday. Meet at PB Railway Station Memorial Garden, 10.30am. First steps and Grade 1.

### SATURDAY 7th

- **Christmas Fayre** 12 noon–3pm, Mayfair Lodge, The Walk. Everyone is welcome. Come along, do all your Christmas gift shopping, and enjoy a mince pie and a hot drink. New Christmas decorations, new stationary gifts, new scarves, bags and much more. All monies raised for residents of Mayfair Lodge.
- **Coach trip** Stratford-upon-Avon Victorian Christmas Market. £40. 01707 903761.
- **\*Barnet Walks** 'Dickens in North London' Christmas guided walk. 11am, meet at High Barnet tube station.
- **Choirs R Us** Christmas Concert 7pm, St Mary's Church, The Walk. An uplifting mixture of pop, jazz, and Christmas songs. In aid of the Huntington's Disease Association.

### SUNDAY 8th

- **Coach trip** Rochester Victorian Christmas Market. £39. 01707 903761.
- **\*Fir and Pond Wood Nature Reserve** Help maintain this reserve, no experience necessary, 10am. Details see organisations pages.

### TUESDAY 10th

- **\*Cuffley Floral Art Club** National demonstrator Kathy Stangaard, 'A Touch of Sparkle'.

### WEDNESDAY 11th

- **Carols by local schools** In aid of Cherry Lodge Cancer Care. The Spires, Barnet.
- **\*Wednesday Community Club** Pope Paul School Choir.
- **\*RSPB Afternoon Illustrated Talk.** All welcome. Nick Dobson, 'The Christmas Garden' – a look at colourful indoor and outdoor plants.
- **Coach Trip** Christmas Lunch at Brixton Prison! £85. 01707 903761.

### THURSDAY 12th

- **\*North London and Middlesex Morris Minor Owner's Club** Christmas Club Night at Whitewebbs Motor Museum, Enfield, 7.30–9pm.
- **\*The Merlin Magical Society** 'Magic for Christmas' (Blane). Perform Christmas-style magic. Little Heath Parish Hall, [www.merlinmagicalsociety.com/christmas-show](http://www.merlinmagicalsociety.com/christmas-show).

### FRIDAY 13th

- **\*RSPB Evening Illustrated Talk.** All welcome. 'Hope Farm, the RSPBs farm' – 25 years of conservation and farming.

### SATURDAY 14th

- **\*Christmas Concert** Mount Grace School at 7pm. Potters Bar Community Music School. Orchestras and choirs of all ages from 6 to retired, playing popular and classical music. Tickets £7 at the door.

### SUNDAY 15th

- **\*Potter Bar Society Walk.**

### WEDNESDAY 18th

- **\*Wednesday Community Club** Christmas Service and Festive Fayre.

### THURSDAY 19th

- **\*Potters Bar u3a Speaker** Tricia Thompson, 'A Victorian Christmas'.

### FRIDAY 20th

- **Coach Trip** Christmas Horse Show at Excel London. £75. 01707 903761.

### SATURDAY 21st

- **Crib Service** 3–4pm, St Mary's Church, North Mymms.
- **Christmas Sleigh** Potters Bar Rotaries will be at Potters Bar Tesco store.

### SUNDAY 22nd

- **Christmas Sleigh** Potters Bar Rotaries will be at Potters Bar Tesco store.

### MONDAY 23rd

- **Christmas Sleigh** Potters Bar Rotaries will be at Potters Bar Tesco store.

### TUESDAY 24th

- **Crib and Christingle Service** A Christmas celebration for all the family. 4pm, St Mary's Church, The Walk. Details 07803 756088.
- **Midnight Mass** All welcome. 11.30pm, St Mary's Church, The Walk. Details 07803 756088.

### WEDNESDAY 25th CHRISTMAS DAY

- **Christmas Day Service** 9.30–10.30am, St Mary's Church, North Mymms.
- **Christmas Day Communion** All welcome. 10am, St Mary's Church, The Walk. Followed by festive drinks and mince pies. Details 07803 756088.
- **\*Potter Bar Society Walk.**

### SUNDAY 29th

- **Coach Trip** Kew Gardens Festival of Light. £56. 01707 903761.

## JANUARY 2025

### MONDAY 6th

- **\*Herts Health Walks** Every Monday. Meet at PB Railway Station Memorial Garden, 10.30am. Grade 2 and 3.

### WEDNESDAY 8th

- **\*Herts Health Walks** Every Wednesday. Meet at PB Railway Station Memorial Garden, 10.30am. Grade 2 and 3.
- **\*RSPB Afternoon Illustrated Talk.** All welcome. 'The Story of Northaw Community Orchard'.

### THURSDAY 9th

- **\*The Merlin Magical Society** Mini lectures by committee members. Little Heath Parish Hall, [www.merlinmagicalsociety.com/christmas-show](http://www.merlinmagicalsociety.com/christmas-show).

### SATURDAY 9th

- **Coach Trip** Christmas Panto at the London Palladium. £110. 01707 903761.

### FRIDAY 10th

- **\*Herts Health Walks** Every Friday. Meet at PB Railway Station Memorial Garden, 10.30am. First steps and Grade 1.
- **Aladdin Pantomime** (oh no it's not, oh yes it is!) Cheshunt Dramatic Society, 7.30pm. Book through [www.cheshunt-dramatic-society.com](http://www.cheshunt-dramatic-society.com).

### SATURDAY 11th

- **Aladdin Pantomime** (oh no it's not, oh yes it is!) See above. 2.30pm matinee and 7.30pm. Book through [www.cheshunt-dramatic-society.com](http://www.cheshunt-dramatic-society.com).

### SUNDAY 12th

- **Aladdin Pantomime** (oh no it's not, oh yes it is!) See above. 2.30pm matinee. Book through [www.cheshunt-dramatic-society.com](http://www.cheshunt-dramatic-society.com).
- **\*Potter Bar Society Walk.**

### MONDAY 13th

- **\*Potters Bar u3a Speaker** Colin Richards, 'Aerial Thrills and Spills – Northolt Aerodrome'.

### WEDNESDAY 15th

- **\*Enfield National Trust Association** 'North London Hauntings' by Dr Robert Radacovic, 1.45pm for 2pm. Contact Pam 01707 650969 for info.
- **\*Wednesday Community Club** Happy New Year! Come and share your Christmas memories.

### THURSDAY 16th

- **Puss in Boots** presented by The Warren at Wyllotts Theatre. 01707 645005. 7.30pm. £16.50 and £13.50.

### FRIDAY 17th

- **Puss in Boots** presented by The Warren. See above. 7.30pm. £16.50 and £13.50.
- **\*RSPB Evening Illustrated Talk.** All welcome. See website for details.

### SATURDAY 18th

- **Puss in Boots** presented by The Warren. Matinee Sat 2.30pm and 7.30pm. £16.50 and £13.50.

### SUNDAY 19th

- **Puss in Boots** presented by The Warren. Matinees 11am and 3.30pm. £16.50 and £13.50.
- **\*Fir and Pond Wood Nature Reserve** Help maintain this reserve, no experience necessary, 10am. Details see organisations pages.

### WEDNESDAY 22nd

- **\*Wednesday Community Club Games and chat.**



# WHAT'S ON

## THURSDAY 23rd

- > **\*The Merlin Magical Society 'Lucky Dip'** Two teams try and perform each other's effects, to win points. Little Heath Parish Hall, [www.merlinmagicalsociety.com/christmas-show](http://www.merlinmagicalsociety.com/christmas-show).

## SUNDAY 26th

- > **\*Potter Bar Society Walk.**

## WEDNESDAY 29th

- > **\*Wednesday Community Club** James Jeffrey, 'Healthy Hubs'.

## FEBRUARY 2025

### SATURDAY 1st

- > **Quiz Evening** 4th Potters Bar Scouts. St John's Church, Baker Street, Potters Bar, EN6 2DZ. 7pm for a prompt 7.30pm start. Tables of 8 but we can accommodate smaller numbers. £10 per person including meal. Bring your own drinks (no alcohol please.) Contact Liz Bekooy 01707 659597.

### MONDAY 3rd

- > **\*Herts Health Walks** Every Monday. Meet at PB Railway Station Memorial Garden, 10.30am. Grade 2 and 3.

### TUESDAY 4th

- > **Lunchtime Recital** Neil Crossland (piano), 12.30pm. Retiring collection. Light lunches (£6) available after the recital. St Mary's Church, The Walk.

### WEDNESDAY 5th

- > **\*Wednesday Community Club** Games and chat.

### THURSDAY 6th

- > **\*PB Filmmakers Competition** Subject 'An Advert'.
- > **\*The Merlin Magical Society** Romantic Magic (J Clayton). Performs effects suitable for couples. Little Heath Parish Hall, [www.merlinmagicalsociety.com/christmas-show](http://www.merlinmagicalsociety.com/christmas-show).

### SUNDAY 9th

- > **\*Fir and Pond Wood Nature Reserve** Help maintain this reserve, no experience necessary, 10am. Details see organisations pages.

### MONDAY 10th

- > **\*Potters Bar u3a** Speaker Dr Helen Fry, 'Women in Intelligence'.

### TUESDAY 11th

- > **\*Cuffley Floral Art Club** AGM.

### WEDNESDAY 12th

- > **\*Wednesday Community Club** Maxine Clare, 'Hearing Dogs for the Deaf'.
- > **\*RSPB Afternoon Illustrated Talk.** All welcome. 'The Thin Green Line, the work of a Lambeth local government ecologist'.

### THURSDAY 13th

- > **\*Enfield National Trust Association** 'The Tudor Re-Creation at Kentwell Hall, Suffolk' by Kate Poole, 1.45pm for 2pm. Contact Pam 01707 650969 for info.

### SATURDAY 15th

- > **Snowdrop Celebration Weekend** 11am to 4pm, St Mary's Church North Mymms.

### SUNDAY 16th

- > **Snowdrop Celebration Weekend** 11am to 4pm, St Mary's Church North Mymms.

### WEDNESDAY 19th

- > **\*Enfield National Trust Association** 'Art Deco Silver and Jewellery', an illustrated talk by Mark Lewis, 1.45pm for 2pm. Contact Pam 01707 650969 for info.
- > **\*Wednesday Community Club** Games and chat.

### THURSDAY 20th

- > **\*PB Filmmakers** Through the lens of a professional camera man as seen by Geoff.
- > **\*The Merlin Magical Society** perform Christmas-style Vintage Magic (Ali Cardabra). Little Heath Parish Hall. Perform old style effects, [www.merlinmagicalsociety.com/christmas-show](http://www.merlinmagicalsociety.com/christmas-show).

### FRIDAY 21st

- > **Coach Trip** Winter Warmer Spa Break. Park Royal Hotel, Warrington. 4 days, 3 nights in 4-star spa hotel, visiting Liverpool and Manchester. £369. 01707 903761.
- > **\*RSPB Evening Illustrated Talk.** All welcome. See website for details.

## WEDNESDAY 26th

- > **\*Wednesday Community Club** Rev Susan Stilwell — her Pilgrimages.

## MARCH 2025

### TUESDAY 4th

- > **Lunchtime Recital** Simeon Walker (piano), 12.30pm. Retiring collection. Light lunches (£6) available after the recital. St Mary's Church, The Walk.

### WEDNESDAY 5th

- > **\*PB Filmmakers Competition**, subject 'An Advert'.
- > **\*Wednesday Community Club** Games and chat.
- > **\*Herts Health Walks** Every Wednesday. Meet at PB Railway Station Memorial Garden, 10.30am. Grade 2 and 3.

### THURSDAY 6th

- > **Coach Trip** Abba Voyage! £125. 01707 903761.
- > **\*PB Filmmakers** Bring your camera and Martin will tell us how to 'Film in Manual'.
- > **\*The Merlin Magical Society** Close-up Competition. Little Heath Parish Hall, [www.merlinmagicalsociety.com/christmas-show](http://www.merlinmagicalsociety.com/christmas-show).

### FRIDAY 7th

- > **\*Herts Health Walks** Every Friday. Meet at PB Railway Station Memorial Garden, 10.30am First steps and Grade 1.

### SATURDAY 8th

- > **\*Hertfordshire Philharmonia Concert** 7.30pm, St Mary's Church, The Walk. Email [tickets@hertsphil.org.uk](mailto:tickets@hertsphil.org.uk).
- > **Jumble Sale** 4th Potters Bar Scouts. St John's Methodist Church, Baker Street. Potters Bar, EN6 2DZ. Entry (from Heather Way) £2 at 10am, or 50p at 10.30am. Finishes noon.

### SUNDAY 9th

- > **\*Fir and Pond Wood Nature Reserve** Help maintain this reserve, no experience necessary, 10am. Details see organisations pages.

### MONDAY 10th

- > **\*Potters Bar u3a** Speaker Malcolm Wells MBE, 'So Far So Good'.

### WEDNESDAY 12th

- > **\*Wednesday Community Club** Mark Varian and Alfie 'Dog and Friends — Pets as Therapy'.
- > **\*RSPB Afternoon Illustrated Talk.** All welcome. 'Argentina — the flora and landscapes of the Andes', John Wallington.

### THURSDAY 13th

- > **\*Enfield National Trust Association** 'The Tudor Re-creation at Kentwell Hall, Suffolk' by Kate Poole, 1.45 for 2pm. Contact Pam 01707 650969 for info.
- > **\*North London and Middlesex Morris Minor Owner's** AGM, followed by Club Night at Whitewebbs Motor Museum, Enfield, 7.30—9pm.

### SUNDAY 16th

- > **The National Speedway Museum** Annual Celebration of Speedway at Hertfordshire Zoo, Broxbourne, 11am—4pm. Online booking is a requirement. BBQ and bar available.

### WEDNESDAY 19th

- > **\*Fifties and Sixties Foundations Night** Potters Bar Rotary at Wyllyotts Theatre, 7.30pm.

### SATURDAY 29th

- > **\*Concert Mount Grace School** 7pm, Potters Bar Community Music School. Orchestras and choirs of all ages from 6 to retired, playing popular and classical music. Tickets £7 at the door.

Please check details of these events by telephoning the contact provided. An asterisk \* means more details about venues and times included in Clubs and Organisations section. To include an event contact [susan.weaver4@ntlworld.com](mailto:susan.weaver4@ntlworld.com).



## New sponsor and cup success for Artistic Swimming Club

*Potters Bar Artistic Swimming Club (formerly Potters Bar Synchronised Swimming Club) has gone from strength to strength since securing a new head coach in September 2021 and a new local sponsor this year. Auckland Estate Agents, who have served Potters Bar residents for over 40 years, have recently become a new club sponsor. The club initially approached the partners at Auckland Estates as they had the same colour branding, and to their delight were offered sponsorship for their new club banners. Paul McKeever (Auckland Estates) said "It's great to see local youngsters involved in sport and keeping busy – we are delighted to help a local team and wish them every success".*



The club was founded in 1978 and has seen swimmers compete at both local and international level. They currently have over 40 members, with swimmers ranging from 8 to 18 years of age, training twice a week at The Furze Field Centre, Potters Bar. PBASC has recently celebrated a number of successes both regional and nationally. In July three teams represented

the club at the Swim England National Combo Cup in Sheffield coming away with two silver medals and a fourth place. PBASC are always looking to take on strong swimmers who are willing to work hard. Commitment is essential, as this sport not only requires the swimmer to work well in a team but also to achieve synchronicity with those nine other team members!

You are welcome to watch PBASC train on a Tuesday evening 7–8pm or Saturday afternoon 3–5pm at Furze Field Sports Centre, Potters Bar. For further information please email [info@pbasc.co.uk](mailto:info@pbasc.co.uk).

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## Upgrade for Potters Bar Town

*In a significant milestone for Potters Bar Town Football Club, planning permission and Community Infrastructure Levy (CIL) funding has been approved by Hertsmere Council for a comprehensive upgrade to the Lantern Stadium.*

This approval marks another step in a transformative project that will see the replacement of the existing grass pitch with a cutting-edge 3G Artificial Grass Pitch, alongside a host of other improvements aimed at enhancing the matchday experience and expanding the club's facilities.

The planned upgrades include the installation of new dugouts, perimeter fencing and storage containers to support the operational needs of the club. Additionally, the Lantern Stadium will see the introduction of a new terraced standing area and the replacement of one of the existing stands.

The move to a 3G pitch will not only improve the playing surface for the team, but also most importantly allow for greater use of the pitch by the local community within Hertsmere, reinforcing the club's role as a central community hub in Potters Bar.

The club has worked closely with Hertsmere Borough Council and the CIL sponsors and community partners to ensure that the necessary funds are secured to bring this ambitious vision to life. The club aims to commence construction as soon as possible, with a projected completion date set within November. Until then, home matches are being played at King's Langley.

The facilities will be used by over 1,000 adults and youths per week, and plans are already in place to create and collaborate with youth teams, women's teams, and disability football clubs, who will all have access to the facilities.

The Club would like to thank all its fans, partners and the local community for their continued support. It is excited to embark on this journey and looks forward to unveiling the new and improved facilities soon.

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## PADEL - the fastest growing sport in the world, now here in Potters Bar

*Established in Acapulco in 1969, the sport of padel has grown rapidly over the past 10 years, crossing borders and languages in rapid succession. Last year 111 courts were opened around the world... every week. Here's why padel is taking the world, and now the UK, by storm...*



### Quick to learn, fun to play!

The technical barrier to entry is far lower than tennis. An underarm serve means players can start playing actual competitive games within minutes of stepping on court. The game itself is extremely dynamic. Surrounded on all sides by glass, rallies are 60–70% longer than in tennis. Four players in the tight confines of a 20m x 10m court makes for points that are often played out in close quartered, exhilarating volley battles.

### It's good for you!

COVID highlighted how critical human connection is for mental health. With a uniquely social element the 20m x 10m court facilitates easy interactions and new friendships. Shorter racquets and smaller courts mean that padel demands much less of the body than tennis. Padel provides a low impact, low strain form of exercise for those worried about joint health.

### It's very sociable!

Padel is almost exclusively played as doubles which mean that teamwork and good communication are integral parts of the game. Anyone can play, meaning that padel courts and clubs serve to foster diverse and vibrant communities. If you want to see what all the fuss is about, a free 'Introduction to Padel' session is available at **Old Owens Sports Ground, Coopers Lane, EN6 4NF** every Wednesday. All you need to do is:

- Download an app called Playtomic
- Go on the classes button on the homepage
- Filter by location – 'Potters Bar'
- Scroll until you find the free intro
- Sign up!

More information is available from George Hollings on **07553 246975** or **george@padelprojectuk.com**. See you on court!

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## Try Pickleball at Furzeffield

*Pickleball is easy to learn, sociable, addictive, and fun and a great way to exercise.*

Many new players quickly see improvement in their balance, stability, and overall fitness. Pickleball is easier on your joints than many other sports, which certainly helps in its popularity with all ages. The ball is a lightweight, perforated type ball, (a bit like an oversized practice golf ball). The court is the same size as a badminton court, but the ball is allowed to bounce once, making it easier to return and generate rallies. We generally play doubles, reducing the amount of movement needed. The rallies tend to be longer, so you are engaged for longer periods of time.

According to the NHS, learning new skills can improve your mental wellbeing: Pickleball could easily be that new skill, it also helps you connect with others. Pickleball players are a welcoming bunch! Learning the points system, remembering the scores, and concentration and focus during rallies giving you a mental workout too.

There are two sessions per week at the Furzeffield Centre: Tuesdays from 11.30am–1.30pm (with a qualified tutor) and on Fridays from 10am–12 noon. Of course, once you get the hang of it, you can book a badminton court anywhere and play amongst your own friendship groups too. The equipment is the same.

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## Cricket Club - so close to third consecutive title

*Having won the Saracens Hertfordshire Premier Cricket League in each of the last two seasons, Potters Bar finished the 2024 season as runners-up. Despite winning two more matches than in 2023, they were no match for the champions, Harpenden, who only failed to win twice in 16 games.*

Batters Steve Gale and James Seward topped the run-scoring charts with 504 and 498 runs respectively, whilst bowlers Jigar Mehta (35 wickets), Thilan Walallawita (33) and Luke Chapman (25) were successful with the ball. Overall, a fine defence of their back-to-back titles.

In the gloom of a September evening, the 2nd XI successfully chased a massive total of 248 in 39 overs set by Rickmansworth. This clinched promotion to Division 2A for the first time. Skipper Tommy Festa's troops had been tipped for the drop, however some fantastic performances from his team ensured the doubters were proved wrong.

The 3rd XI managed a last day Houdini act and survived the drop from Division 7E and live to fight another day. The 4th XI reached mid-table thanks to some wonderful performances from the flourishing younger element of the club, where they garnered 7 straight wins in mid-season.

Overall, it has been a good season for the club, where the cricket was better than the weather. We look forward to an even better season in 2025 – the club is improving year on year both on and off the field.

The club is always open to new people joining, be it in a playing or social capacity, so if you wish to be a part of the club come down and get involved and be part of arguably the best cricket club in the county.

[www.pitchero.com/clubs/pottersbarcc](http://www.pitchero.com/clubs/pottersbarcc)

## Another Busy Season at Potters Bar Bowls Club

*As another bowling season draws to a close, the members of Potters Bar Bowls Club look back on another enjoyable season of friendly matches against neighbouring Hertfordshire and North London Clubs, and successes for both the men and the ladies in the County and St Albans and District League Competitions.*

The last few weeks of the season saw the President's Gala Day supported by over 50 members, who, together with two special sponsored events, member Michael O'Hagan running the London Marathon and an associate member undertaking a 40 mile cycle ride, have raised over £2,900 throughout the season for the Club President Jean Scott's charity 'Young Minds'.

The internal club competitions, which were very keenly supported by the members, came to a conclusion on Finals Weekend with successes by some of the newer bowlers, Tal Sidi becoming the new men's champion and Diane Jewell retaining her ladies champion title. The season ended on a sunny Captain's Day in mid-September with a win in the last game of the season for the Captain's team against the President's team, followed by a buffet supper and prize giving.

It has been a very friendly and enjoyable season at Potters Bar Bowls Club, where all the members have been very supportive and enthusiastic about the game of bowls and social events. The green is now closed but will re-open in April 2025. There will be open mornings (and a warm welcome) next April and May for those of any age who would like to try this new pastime. If YOU are interested why not contact our Membership Secretary on 07759 984710 or email [pbmembershipsec@gmail.com](mailto:pbmembershipsec@gmail.com) and for more information about Potters Bar Bowls Club and Open Days in 2025 please visit our website [www.pottersbar-bc.com](http://www.pottersbar-bc.com).

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## New captains take on the challenge for new hockey season

*Potters Bar Hockey Club started their campaign for the 2024–25 league season in September with the men's teams in their highest ever league division positions, so the club is expecting an interesting challenge this time round. Three of the four teams had new captains taking up the reins for 2024–25, and James McCormick, Warren Edmondson and Adam Frame were looking forward to taking on that challenge. The ladies team was pleased to welcome new players, with Reb Yates and Shay Godin continuing as the joint captains.*



The club's junior section was also pleased to welcome a set of new faces this September and they have had a record number of youngsters in attendance on Monday evenings. It is therefore just as well that the club also has a new, additional coach assisting with the sessions, enabling them to be matched well to the abilities of the younger players as they progress.

As an innovation, the club is hoping to be able to live-stream games this season. This will enable those in club to watch their club mates from the other teams in their games and enable family members of players not based locally to watch them. Watch out for details in the next edition of the *Community News*!

The club is always interested in meeting new members and welcomes anyone (whether experienced in hockey or not) to the junior and club coaching sessions on Monday evenings at Dame Alice Owen's School astroturf pitch. For any information about the club, contact Paul on 07398 988502 or [juniors@pottersbarhockey.club](mailto:juniors@pottersbarhockey.club).



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## End of Season Report from North Mymms Bowls Club

*This year has once more proved a very successful one, particularly for our ladies who were the winners of the St Albans and District Ladies Triples League, and runners up in the Double Rink knockout competition, only losing by 1 point. Pam Bond and Barbara Valle won the Australian Pairs Trophy. The SADLBA finals were hosted by North Mymms, who provided the finalists and spectators with hospitality over the weekend of 8th and 9th September. The ladies also won the Harvey Cup, a three-way competition between three local clubs, Northaw and Cuffley, Potters Bar and North Mymms.*

There was another win for North Mymms Bowlers at the St Albans and District Bowling Association Charity Gala. This was hosted by Potters Bar in September, playing for The Strofton Trophy. This year 18 teams entered, and the day was punctuated with some heavy rain showers. This did not prevent some excellent bowling. The result was so close that the top two teams could not be separated, so the 1st and 2nd prizes were combined and split between them. The joint winners were:

- **The Plums** North Mymms, Una Harman, Alan Harman, and Andre Parsonage
- **Golden Girls** Potters Bar, Diane Jewell, Stephen Jewell, and Pam Rodgers

The outdoor bowling season ended at the end of September, but next spring it will all start again and we will be looking for, and welcoming, new members to the club.



So if you are interested, please have a look at our website on [www.northmymmsbowlsclub.org](http://www.northmymmsbowlsclub.org) or contact our friendly Membership Secretary, Val Atkinson 01707 645320, who will answer any questions, or email [vgatkinson@btinternet.com](mailto:vgatkinson@btinternet.com).

Photograph shows the winners of the SADLBA triples league.

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## Learn Pétanque in Oakmere Park

*Come along to play Pétanque (French boules) in lovely Oakmere Park. You would be very welcome to try your hand at this gentle activity. Meet others as it's a fun, social sport. Beginners will be helped by our members, and we have a supply of equipment, so just bring yourself.*



We meet on Sundays from 10am until 12 midday when there is free parking. We also meet on Tuesday afternoons from 2–4pm. We are located between the Harvester Restaurant and the children's playground opposite the lake. It is a lovely location within a mature popular park and we have two all-weather pistes and a club house.

Pétanque is suitable for all ages and abilities – a 'wonder sport'. We have social games and hold competitions and social occasions too. So come

along and have a try. We offer 3 free visits with the use of equipment and tuition. If you like the sport, membership is only £35 a year and we meet all year round, weather permitting. Look forward to seeing you at Potters Bar Pétanque Club.

## Walking Football at Furze Field

*Are you looking for a fantastic way to stay active, meet new people and enjoy the beautiful game of football? Look no further than the Furze Field Sports Centre, home of an amazing mixed walking football group.*

Walking football is a modified version of the beloved sport we all know and love, especially designed to be inclusive and accessible to all ages and abilities. It is played a slower pace with no running or tackling allowed, making it suitable for those over 50s who still have a passion for the game.

Some of the benefits of walking football include:

- Improved cardiovascular health
- Enhanced mobility and coordination
- Boosts mental wellbeing
- New friendships within a supportive community

The group play on an all-weather pitch on Thursday afternoon at 2pm for one hour. If you are looking for exciting matches and friendly camaraderie on the pitch, come along and join us – you'll be very welcome. The first session is free!

## Chair Yoga at Wylllyotts

*Taking part in yoga-inspired chair exercises can benefit you in many ways. It can improve strength, balance and flexibility and is an effective way to explore different ranges of motion in the joints. As with any form of yoga, it is not about striking the perfect pose, it is about making movement a priority to affect our overall health in a positive way.*

We know that taking care of our physical health is good for decreasing stress and anxiety, improving energy levels and our general sense of confidence and wellbeing. Including mindful breathing within the practice enhances these benefits as it allows us to be more present in the moment. The practice is gentle, accessible, and adaptable, so anyone can begin to develop variety in their movements and feel better for it.

I am Marina and I have taught mat-based classes for 8 years. I feel passionately about being able to bring Chair Yoga to those that feel a mat-based class presents too many challenges. By being seated for your practice you feel supported in finding ways to access Yoga movements and experience those same gains.

Join me at the Wylllyotts Centre on Tuesdays at 10am for a series of classes that will introduce you to Chair Yoga and the many benefits it has to offer.

**Marina Colman**  
[www.yogabhaya.co.uk](http://www.yogabhaya.co.uk)



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## Potters Bar Tennis Club

*Karl Mills, our Head Coach, held very successful Summer Camps for Juniors, where it was lovely to see new faces appearing and old faces returning. Karl will be continuing Junior Coaching on Mondays and Fridays during the winter.*

Monday's dates are from 4th November to 16th December, and then from 6th January 2025 to 24th March 2025 (excluding school holidays) at the Club. The first group will be 4–5pm for ages 4 to 6; The second group will be 5–6pm for ages 7 to 9. The cost will be members £7.50, non-members £8.50 each session.

Friday's dates are from 8th November to 13th December and resuming on 10th January 2025 to 28th March 2025 (excluding school holidays) The first group 5–6pm ages 9 to 13; the second group will be 6–7pm for ages 14 to 18. The cost will be £5.50 for members, £6.50 for non-members.

All coaching enquiries should be addressed to Karl Mills (Head Coach) on 07939 303483 or email [pbtccoach@gmail.com](mailto:pbtccoach@gmail.com) and courses must be pre-booked and paid for through ClubSpark.

We held our Open Day at the end of July which was very successful. In September we had the Junior and Adult Finals with excellent audience support. Congratulations to all who participated.

All membership enquiries should be made to Sue Vallance on 01707 645909 or email [pbtcmembership@gmail.com](mailto:pbtcmembership@gmail.com).

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## Clock Cricket scores!

*Clock Cricket CIC is a not-for-profit Community Interest Company based in Hertfordshire. We deliver seated cricket sessions to the older generation, along with New Age Kurling, Giant Noughts and Crosses, and Boccia.*



Clock Cricket was the brainchild of one of the Directors, Richard Hill. He began to deliver sessions in Care Homes in Hertfordshire a number of years ago. In 2019 Richard delivered a demonstration session at Glamorgan County and, as a result of this, Sean Carey began to

deliver sessions at Stroke Units in Monmouthshire.

Richard and Sean kept in touch during the pandemic and began to work again, primarily with Hertswise Dementia Support Groups in Hertfordshire. These groups loved the fun, laughter and gentle exercise associated with Clock Cricket. Word quickly began to spread, and we started to work with a number of other organisations across Hertfordshire. We also continued our work in South Wales.

In 2023 we became a Community Interest Company. This enabled us to apply for grants and additional funding. During 2023 and 2024 we were awarded funding by Active Essex, The National Lottery Community Fund and Essex County Council, amongst others. We now have a team of 7, including 3 directors, Richard, Sean and Tony Davies, and 4 facilitators in Hertfordshire and South Wales.

During 2023 we calculated that we saw approximately 4,000 people and we are on track to comfortably increase that number during 2024. Our ethos is that everyone deserves to have some fun, gentle exercise and laughter in an inclusive environment which enhances peoples' lives. A fitting tribute from a carer at a group was "you gave me my husband back for two hours." Nothing more needs to be said.

You can find out more about us on our website [www.clockcricket.co.uk](http://www.clockcricket.co.uk). Alternatively, you can contact me at [Sean@clockcricket.co.uk](mailto:Sean@clockcricket.co.uk) or on 07849 973451. Richard can be contacted at [Richard@clockcricket.co.uk](mailto:Richard@clockcricket.co.uk).



## ELM COURT YOUTH & COMMUNITY CENTRE

363 Mutton Lane, Potters Bar, EN6 3BP

Website: [www.elmcourt.org.uk](http://www.elmcourt.org.uk) Email: [admin@elmcourt.org.uk](mailto:admin@elmcourt.org.uk)

Tel: 01707 659602 - follow us on Facebook

### UPCOMING EVENTS

**Camera Fair**- Sunday 3<sup>rd</sup> November 2024

**Toy Fair**- Sunday 17<sup>th</sup> November 2024

**Elm Court Christmas Fair**- Sunday 1<sup>st</sup> December 2024

-11am-3pm -**FREE ENTRY**

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(rooms, large hall, kitchen, outdoor space)

Contact us for details

### HELP TO RUN ELM COURT

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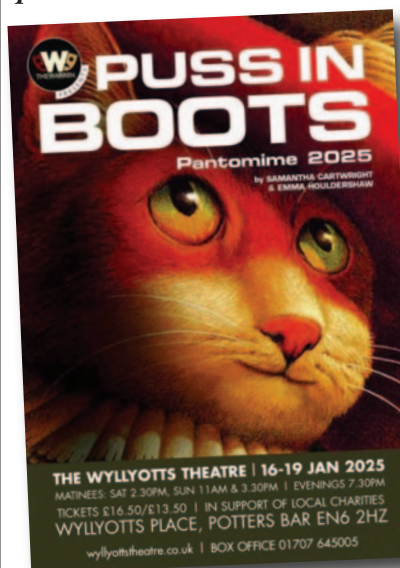
earn funds for your group by helping to organise the boot sales

### THANK YOU TO OUR STAFF, HELPERS AND COMMITTEE

Seasonal Greetings to Potters Bar

## The Warren presents - Puss in Boots Pantomime

*A talking cat and a real-life superstar gingerbread man – just two of the magical characters in the Warren's wonderful pantomime 'Puss in Boots'.*



Come along with us as we also get to know Old King Cole and the Queen of Hearts, their beautiful daughter Princess Pea, the dashing piper's son Tom and his two not very clever brothers Del and Rod.

Who can help to save the kingdom from the nasty ogre? Could it be Tom and his new friend Puss or maybe the charismatic Gingerbread man – who may not be all that he seems – hmmm!

It all adds up to a traditional family tale that's perfect for all ages with great songs and music from our very own live

band – we promise you a truly memorable performance – come and enjoy the magic of our pantomime.

16th to 19th January including 3 matinees; full price £16.50, children £13.50.

**Editor:** Please refer to the poster under Expanded Articles on our website [www.pottersbarcommunitynews.co.uk](http://www.pottersbarcommunitynews.co.uk).

## Let's Put On A Show!

*The Potters Bar based Capital Arts Education Outreach Scheme, Opera Minor, has confirmed its next London concert will take place on Saturday 3rd May 2025, at the Actors' Church, St Paul's Covent Garden. Rehearsals for 'Let's Put On A Show' start in November.*

Award-winning Opera Minor was founded in 2002 and, since its launch, hundreds of children representing twenty-six schools have taken part in Opera Minor concerts and shows. Whilst under the aegis of Capital Arts, Opera Minor children have also taken part in West End musicals, operas, radio and TV broadcasts and major films. From November to May 2025, Opera Minor children will also have an opportunity to perform, as actors, in two productions at the Richmond Theatre and the New Wimbledon Theatre. In March there will be a recording at the Abbey Road Studios and 'Let's Put On A Show' will be filmed.

Towards its work for 'Let's Put On A Show', and to support the Opera Minor children, Capital Arts has received a £1,450 grant from Hertsmere Borough Council. All Opera Minor rehearsals are free of charge.

The ethos of Capital Arts, since it was founded in 1989, has been to train children to a high standard and to give its students a chance to perform with professional actors, singers, and dancers.

'Let's Put On A Show' will feature a cast of professional performers, plus performances by Covent Garden Chorus and the Capital Arts Children's Choir. Capital Arts is delighted to announce that, by kind permission of His Majesty King Charles, the royal harpist will be a guest soloist. It promises to be a very exciting evening.

Opera Minor is open to all youngsters aged 6 to 16, including beginners and those with performing arts experience. The Opera Minor children will have an opportunity to act, sing and dance in the show. Application forms are available from [capitalartscreative@outlook.com](mailto:capitalartscreative@outlook.com).

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## Nativity - the Musical

*Members of Potters Bar Theatre Company are excited to be performing 'Nativity – The Musical' this November at the Wyllyotts Theatre in Potters Bar. Nativity is a feel-good, hilarious, and heartwarming musical for the whole family.*

Every child wants to star in their school nativity, and at St Bernadette's School they are attempting to put on their own musical version. The only trouble is teacher Mr Maddens has promised that a Hollywood producer is coming to see the show to turn it into a film.

Joining him are his teaching assistant Mr Poppy, the children and a whole lot of sparkle and shine as they try to make everyone's Christmas wish come true.

Featuring all of your favourite sing-along songs from the movie including *Sparkle and Shine*, *Nazareth*, *One Night One Moment*, as well as a selection of new tunes – this exciting musical has something for everyone!

'Nativity – The Musical' is running at the Wyllyotts Theatre between Wednesday 20th and Sunday 24th November 2024.

- **Venue:** Wyllyotts Theatre, Darkes Lane, Potters Bar, Hertfordshire EN6 2HN
- **Times:** Wednesday to Saturday evening performances 7.30pm, Saturday and Sunday matinee performances at 2.30pm
- **Prices:** Adults £22, Children £19, Family ticket (2 adults and 2 children) £76\*

Box Office: [www.wyllyottstheatre.co.uk](http://www.wyllyottstheatre.co.uk) | 01707 645005

\*Only available on Wednesday evening and Saturday evening performances

## Aladdin: Oh yes, it is!

*Cheshunt Dramatic Society or CDS, is an amateur dramatic society that was founded in 1945 by Reg Moxom, with the first performance taking place in April 1946. We rehearse on Fridays (7.30–10pm) at Cuffley Hall, where our shows usually take place. Rehearsals are also held on Mondays, not always at Cuffley Hall but nearby, when needed. We perform a variety of shows including full-length plays, one-act plays, pantomimes, sketches, and some musical-based performances.*

Currently, we have about 50 members. However, there is more to CDS than acting on stage if you are a budding photographer, make-up artist, painter, or carpenter – you may well be needed! The group has a very active social life and attends many events together. Get involved at CDS as we all support each other to make a great show. This doesn't just mean acting, as there is a lot of work that goes into putting on a show and whatever talents you may have, there will be a job for you...

Our next production is our pantomime 'Aladdin' (oh no it's not, oh yes, it is!). Booking has already started, and the show is running from Friday 10th January to Sunday 12th January 2025 with 7.30pm evening performances Friday and Saturday and 2.30pm matinee performances Saturday and Sunday. Grab your tickets whilst you can.

You can book your seats via our website

[www.cheshunt-dramatic-society.com](http://www.cheshunt-dramatic-society.com).

Contact [info@cheshunt-dramatic-society.com](mailto:info@cheshunt-dramatic-society.com).



Potters Bar Theatre Company presents

**Nativity!**  
The Musical

Book and Lyrics by  
Debbie Isitt

Music by  
Debbie Isitt and Nicky Ager

Orchestrations by George Dyer

**20th - 24th November 2024**  
at 7.30pm. Saturday and Sunday Matinee at 2.30pm

**Wyllyotts Theatre**  
Potters Bar, EN6 2HN

**01707 645005** [www.wyllyottstheatre.co.uk](http://www.wyllyottstheatre.co.uk)

This amateur production is presented by arrangement with Music Theatre International  
All authorised performance materials are also supplied by MTI [www.mtishows.co.uk](http://www.mtishows.co.uk)



## Potters Bar Society walks to January 2025



*If you are interested in furthering your knowledge and understanding of the local environment, then these walks should appeal. Non-members are welcome but please make sure you know the protocol and walks rules. You join all the walks at your own risk.*

In the event of adverse weather, please telephone the walks leader as the walk may have to be cancelled. In case of emergency, please carry with you contact details (which can easily be found) including details of any medications and allergies that paramedics would need to make note. All walks start at 1.30pm.

### Sunday 3rd November 2024

**Meet:** Car Park next to St Peter's Church, Riverside, London Colney, AL2 1QA. **Route:** Walk parallel to the watercourse before turning south to cross M25 bridge, then pass through Watford FC training ground, join Watling Chase trail to Shenleybury, returning via Broad Colney. Length of walk subject to weather and mud. About 4.6 or 5.5 miles. **Leader:** 01707 851498.

### Sunday 17th November 2024

**Meet:** Green Lane, Burnham Green, Welwyn near White Horse PH, AL6 0HA. **Route:** Footpaths around Digswell, Welwyn North, Tewin and Burnham Green. About 5 miles. **Leader:** 01707 654993.

### Sunday 1st December 2024

**Meet:** Enterprise Centre, Cranborne Road, EN6 3DQ. **Route:** Walk line path to Hawkshead Lane, Gobions Lane, back via Boltons Farm and Potters Bar Golf course. About 5 miles. **Leaders:** 01707 655732.

### Sunday 15th December 2024

**Meet:** Leaside, EN5 2PG. **Route:** Ascend to Totteridge Lane via footpath and pavement, then down into the valley via the Long Ponds. Gravelled field and woodland tracks to skirt Darlands Lake, emerging by the Orange Tree PH. Back to Leaside via a lane path. About 4.3 miles. **Leader:** 07492 635077.

### Sunday 29th December 2024

**Meet:** Free Car Park, Drop Lane, off Smug Oak Lane, Bricket Wood AL2 3PH/AL2 3TW (Postcodes for Drop Lane). **Route:** Follow River Ver to River Colne and Little Munden, returning via countryside paths and River Ver to Car Park. About 5 miles. **Leader:** 01707 654993.

### Sunday 12th January 2025

**Meet:** Public Car Park, Colney Heath High Street, next to primary school. **Route:** Walk around Colney Heath and the lakes to Willow Farm and return. About 4.5 miles. **Leader:** 01707 643832.

### Sunday 26th January 2025

**Meet:** Public Car Park (free on Sundays) in Sopers Road, Cuffley. **Route:** Walk south to join Hertfordshire Way, then east along chain walk, past Woodgreen Farm, Poyndon Farm and back along Cuffley Hill. About 4 miles. **Leader:** 01707 851498.

Any changes to the programme and details of later walks may be accessed on the Society's website [www.pbsoc.org.uk](http://www.pbsoc.org.uk). We are always looking for new walks leaders to ensure the continuation of the programme. If you can help, please ring 01707 643832.

## A Magical Christmas

*The Merlin Magical Society, that meets in Little Heath Parish Hall, is holding an early Christmas Close-up Magic Show on Friday the 8th of November.*

There is limited seating available.

Please find below a link to our website with more details

[www.merlinmagicalsociety.com/christmas-show](http://www.merlinmagicalsociety.com/christmas-show).

We are also looking for any new members that have a keen interest in learning the magic arts.

See "What's On" for details of meetings



**Wyllotts  
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### The Best in Comedy

Thursday 28th November, 8pm.

**Tickets £22.**

### Showwaddywaddy

Saturday 17th August, 7.30pm.

**Tickets £30.**

### Dreamcoat Stars:

#### A Musical Celebration

Sunday 1st December, 2pm.

**Tickets £28.50.**

### Aladdin

Our wonderful pantomime

Friday 13th to Tuesday 31st

December, various times.

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### The Illegal Eagles

Friday 31st January, 7.30pm.

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**Wyllotts Box Office 01707 645005 | Potters Bar, Hertfordshire**  
**For full details and film listings go to [www.wyllottstheatre.co.uk](http://www.wyllottstheatre.co.uk)**

### The Woodman Inn, Bar & Restaurant



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# LOCAL ORGANISATIONS

The following information accurately reflects the details provided to us at time of publication. Any subsequent changes will be shown immediately on [www.pottersbarcommunitynews.co.uk](http://www.pottersbarcommunitynews.co.uk).

## ANIMALS

**DOG TRAINING – HOME FARM** Classes Tue, Wed and Fri. Obedience and socialisation. All levels welcome. One-one also. 275322.

**RSPB POTTERS BAR AND BARNET LOCAL GROUP\*** Illustrated talks, Fri, 7.30pm. Our Lady & St Vincent Church, Mutton Lane, EN6 2AT. RSPB members £5, others £5.50. Wed at St John's URC Hall, New Barnet, 2pm. RSPB members £4.50, others £5. Also regular coach outings to nature reserves, check website for details. [www.group.rspb.org.uk/pottersbarandbarnet](http://www.group.rspb.org.uk/pottersbarandbarnet) Facebook @PBandBarnet or tel 01707 652836.

**RSPCA\*** Friends of Southridge Animal Rescue and Re-homing Centre, Packhorse Lane, Ridge.

## ART

**ART IN HERTS** Weekly, Tue 7.30–10pm. Cranborne School, EN6 2BA. 650694.

**CHILDREN'S FINE ART CLASSES** Little Art School of Herts, Potters Bar. Ages 4–16. Tel 07907 802206.

**CRAFT AND CHATTER** Weekly, Mon (not during Aug). PB Baptist Church, 10.30am–12 noon. 707082.

## INTERIOR DESIGN COURSES

For beginners. Potters Bar. Mon 10am–1pm. 07907 802206.

## BABY and TODDLER GROUPS

**BABY COLLEGE** Come along and try one of our classes, every Tue at South Mimms Village Hall. The UK's original award-winning fun weekly sensory and development baby classes for parents, babies and toddlers from birth to pre-school. Contact Lynn via [lynn@babycollege.co.uk](mailto:lynn@babycollege.co.uk). Or book a trial at [www.babycollege.co.uk](http://www.babycollege.co.uk).

**BABY RHYME TIME** Every Tue 11–11.30am, Oakmere Library. No need to book.

## BABY SENSORY CLASS

Multi award winning early learning and development programme designed for babies from birth to 13 months Tue, Wed, Thu. Next Gen Fitness, Mount Grace Road. Weekend classes also available. [www.babysensory.com/en/classdetails/barnet](http://www.babysensory.com/en/classdetails/barnet). Contact Vicky 07837 935820.

**TODDLER SENSE** from 12m–4 years Mon and Fri, and every other Sat.

Next Gen Fitness, Mount Grace Road. Weekend classes also available. [www.toddlersense.com/barnet/home](http://www.toddlersense.com/barnet/home). Contact Vicky 07837 935820.

**CHARLIE'S ANGELS** Weekly on Wed in term-time, 1.30–3pm. For toddlers and their parents, grandparents and carers. King Charles the Martyr Church Hall. No charge, but donations welcome. 01707 665579.

## COFFEE POTS AND TINY TOTS

St Mary's Church, North Mymms, AL9 7TN, meet every Wed, school term times only, 10–11.30am in St Michael's room, playtime, singing, crafts, storytime, drinks and chats. 01727 825578 or [northmymmschurch@btinternet.com](mailto:northmymmschurch@btinternet.com).

## LITTLE ELMS MONTESSORI NURSERY

Popular OUTSTANDING Montessori and Forestry Nursery at Elm Court. Age 2–5 years, term-time Mon to Fri. Gemma 07444 744850 or [www.little-elms.co.uk](http://www.little-elms.co.uk) for more info. Funded hours available.

## MOTHER AND TODDLER GROUP

Wed 1.45–3.15pm. School Hall, Essendon. **MUM AND BABY FITNESS CLASS** Tue 10.15–11am, St Mary's, The Walk. 1st class free. Contact Jade on 07728 325888 or [jade.suryani@gmail.com](mailto:jade.suryani@gmail.com).

**MUSIC BUGS ST ALBANS AND SOUTH HERTS** Parent and toddler classes. Newborn to 5 years. Wed 10am and 11am Wyllotts Centre. 07961 778349 or [stalbans@musicbugs.co.uk](mailto:stalbans@musicbugs.co.uk).

## PARENT AND TODDLER GROUP

Weekly, term-time, Tue 10–11.30am. Causeway Community Church. 660021.

## STORYTIME FOR TODDLERS

Every Thu 11–11.30am Oakmere Library. No need to book.

## TINY TALK BABY SINGING CLASSES

Tue 1.30pm Clayton Centre, Barnet Road, PB. Newborn to age 2. Cost £9. Book in advance via [jennylittlewood@tinytalk.co.uk](mailto:jennylittlewood@tinytalk.co.uk).

## CHURCHES TOGETHER

Co-ordination organisation for local churches. For information and details of individual churches visit [www.ctpb.org.uk](http://www.ctpb.org.uk).

## CHURCHES – Café

**COFFEE MORNING** PB Baptist Church. Every Fri at 10.30am. Pam 07721 665187.

**COMMUNITY CAFÉ** at KCM Weekly on Thu. King Charles the Martyr Church Hall, 10.45am–1.30pm. Coffee and light lunches served. 01707 665579.

## COMPASSIONATE CAFÉ

every Wed 10–12 noon at Christ Church, Little Heath. An open invitation for anyone affected by bereavement or any type of loss. [compassion@peacehospice.org.uk](mailto:compassion@peacehospice.org.uk) or 01923 330330.

**CHARITY LUNCHES** URC Darkes Lane, 1st Fri in month, 1pm. £5 per person. Please come and join us. 665482.

**LIFE CAFÉ** Thu and Fri 9am–12 noon. Profits to various charities. Life Church – Cuffley. 876060.

**LOAVES AND FISHES CAFÉ** Weekly, Wed. Christchurch, Little Heath, 8.45am–12 noon. All welcome 662460 or [www.cclh.org.uk](http://www.cclh.org.uk).

## DANCE

**ANGIE'S DANCE ACADEMY** Weekly classes. Children and adults (Disco/Street), Latin American and Line Dancing. 07773 341490.

## LIZZIE MEEKS SCHOOL OF DANCE

Ballet, Tap, Jazz, Contemporary, Hip Hop and Street Dance. Adult's and children's classes Mon to Fri. 07887 567713 or [info@lizziemeekschoolofdance.com](mailto:info@lizziemeekschoolofdance.com).

## NICK'S DANCE SCHOOL BALLROOM

**AND LATIN DANCING** Weekly, Little Heath Parish Hall, Thornton Road, Potters Bar. Beginners Mon 6.45–7.45pm. Beyond the Basics 7.45–8.45pm. 07711 832070 or [www.nicksdanceschool.com](http://www.nicksdanceschool.com).

## BALLROOM SOCIAL DANCE

Welham Green, North Mymms Memorial Hall, Station Road, Welham Green, AL9 7PG. Every Wed evening 8–10pm. Tea at 9pm. Ballroom, Latin and Sequence. Entry £5. For more info 01707 264154 or 07811 889003.

## BALLROOM SOCIAL/PRACTICE DANCE

**FOR COUPLES** North Mymms Memorial Hall, Station Road, Welham Green, AL9 7PG. Fri evenings 8–10pm. Refreshments provided. Ballroom and Latin. For info 07711 832070 or [admin@nicksdanceschool.com](mailto:admin@nicksdanceschool.com).

## FOOTLOOSE ROCKS – ROCK AND ROLL

**DANCE** Mon 6.15–8.15pm. Elm Court. Call Polly 07791 243848.

## FOOTLOOSE STROLLING

Fri 1.30–3.30pm. Elm Court. Call Polly 07791 243848.

## FRIDAY FOLK

Social Folk Dancing Club. Fri 7.45–10pm. St Albans. [www.fridayfolk.org.uk](http://www.fridayfolk.org.uk).

**LINE DANCING** Mon 2–4pm at King Charles the Martyr. Improver to Intermediate. Alison Metelnick 07967 964962.

## LINE DANCING

Wed 1.45–3.30pm. Beginner and improver level. King Charles the Martyr. 859578.

## MOUNTVIEW DANCE SCHOOL

ISTD Cecchetti ballet classes from 3+ years at St John's Church Hall, Baker Street, for boys and girls. Weekly Mon and Sat classes with regular examinations. [la\\_christian@tiscali.co.uk](mailto:la_christian@tiscali.co.uk) or [www.mountviewdanceschool.co.uk](http://www.mountviewdanceschool.co.uk).

## SCOTTISH COUNTRY DANCING

## HERTSMERE AND TALL HO REEL CLUB

Tilbury Hall, Darkes Lane EN6 1BZ, 7–10pm. Generally 3rd Sat in the months of Feb, Apr, Jul, Oct and Nov – check with Secretary. Members £8, Non-members £10 at the door. Secretary Margaret King 020 8440 3236 or [margaret.king4@hotmail.co.uk](mailto:margaret.king4@hotmail.co.uk).

**TEA DANCE** First Sat in the month. Starts 2–4pm. Tea at 3pm. Ballroom, Latin, Sequence, some Line. Contact Russel on 01707 264154. Entry £7 per person.

## WAGGONERS SQUARE DANCE CLUB

Weekly, Mon 7.30–10pm at St Joseph's in the Park School Hall, Haringfordbury. Janet 01992 441083.

## EDUCATIONAL

**COMPUTERS AND A CUPPA** Weekly, 1st and 3rd Mon of each month. Wylyotts Cafe, 10.30am–12.30pm. Helping older people to use their IT devices. Free.

## FIRST CLASS LEARNING MATHS

**AND ENGLISH** Ages 5–16, weekly, Sat 10am–1pm, Thu 4–5pm. St Mary's Church Hall. Tim and Caroline 07708 655554 [www.firstclasslearning.co.uk/potters-bar](http://www.firstclasslearning.co.uk/potters-bar).

## KUMON MATHS AND ENGLISH

Ages 4–18. Mon 3.15–5pm and Thu 3.15–5.30pm at Elm Court. Sheena 643588.

## UNIVERSITY OF THE THIRD AGE – PB

**U3A** Over 600 members and 50 interest groups for recreation and study for those not in full time employment. [pbu3a.org.uk](mailto:pbu3a.org.uk) or 07544 263356.

## FITNESS

## BALLROOM BLAST! FITNESS LITE

Low impact class that's gentle on your joints, but strengthens muscles, burns calories. Light-hearted and fun. Weekly, St Mary's Church Hall, The Walk, PB. Mon 10.30–11.45am. Call or text Terri 07711 832070 or [www.nicksdanceschool.com](http://www.nicksdanceschool.com).

## BALLROOM BLAST! FITNESS AND TONE

Energetic ballroom-based workout that gets your heart pumping, your muscles toned and your body moving to feel-good music. Weekly, North Mymms Memorial Hall, Welham Green. Tue pm. Call or text Terri 07711 832070 or [www.nicksdanceschool.com](http://www.nicksdanceschool.com).

## BOUNCE POTTERS BAR

Oakmere School, Chase Avenue, EN6 5NP. Barbells Tue 6.30pm and Sun 9am. Bounce Blast Tue 7.30pm. Call Natalie 07715 884168.

## CHAIR YOGA

Yoga-inspired chair exercises to improve strength, balance and flexibility. Tue 10–10.45am, Wylyotts. Contact Marina [marina@yogabhaya.co.uk](mailto:marina@yogabhaya.co.uk), 07990 647874 or visit [www.yogabhaya.co.uk](http://www.yogabhaya.co.uk) for more info.

## EXERCISE, MOVEMENT AND DANCE

**TO MUSIC** A different exercise and movement to music class created each week just for you. Wed 2.15–3.45pm, Elm Court. [www.exercisewithtracy.co.uk](http://www.exercisewithtracy.co.uk).

Call or text 07949 055958 or email [exercisewithtracy@gmail.com](mailto:exercisewithtracy@gmail.com).

## FITNESS CLASSES

in LBPT Private Gym, The Walk, Potters Bar. Mon and Wed evenings at 7.45pm. Ring to book 07403 625771. Suitable for all levels and abilities.

## YOGA FOR MENTAL WELLBEING

PB classes, weekly Tue, Thu, Fri. Small, friendly group exploring slow, steady practices including postures, breath work and guided relaxations. Beginners welcome. Yoga to reduce anxiety, stress, fatigue and depression for all ages and abilities. [www.helencooperyoga.com](http://www.helencooperyoga.com) or 07740 823230.

## MEN'S FITNESS GROUP FOR OVER

**50s** All levels of fitness and abilities welcome. Tue and Fri 10–11am at King Charles the Martyr Church Hall.

## MOVES FITNESS

Weekly, Mon. St Mary's Church Hall, 7.30–8.30pm. Aerobic Dance Exercise. All fitness levels welcome. Bring mat or towel. 07733 173559.

## PILATES CLASS

Fri 11am. Little Heath Parish Hall, Thornton Road. £10 per class. Call Kasia 07789 987797.

## POSITIVE MOVEMENT EXERCISE CLASS

Tue 10.30am–12 noon, Clayton Centre. Positive for older people, carers, people at risk of falls. 01462 678804.

## SIMPLY STRETCH

(Flexibility and Strength) Weekly North Mymms Memorial Hall, Welham Green. Tue 7.10–7.45pm. 07711 832070 or [www.nicksdanceschool.com](http://www.nicksdanceschool.com).

## YOGA CLASSES

Promoting a well-rounded and joyful approach to yoga with gentle and effective practices for body and mind. Everyone welcome. Mon 11.45am–12.45pm, Elm Court. More info [www.pranasanayoga.com](http://www.pranasanayoga.com). Call Matt to book 07974 340685.

## YOGA CLASSES

Weekly, Mon 10am, Wed 10am, Fri 9.45am, Wayside. Contact Jade 07976 743189.

## YOGA CLASSES

Mixed Ability Slow Hatha Yoga Monday 9.45–11am. Classes (£10) are small and include pranayama (breathwork) and a short meditation and guided visualisation. Details on [www.yoga-reiki.co.uk](http://www.yoga-reiki.co.uk), Feride on 07538 778844 or email [feride@yoga-reiki.co.uk](mailto:feride@yoga-reiki.co.uk).

## LOCAL ORGANISATIONS

**YOGA CLASSES** A seasoned yoga teacher, multicultural and multilingual. I help people of all ages and backgrounds enrich their lives by promoting a well-rounded and joyful approach. More info [www.pranasanayoga.com](http://www.pranasanayoga.com). Call Dorna to book 07961 479878.

**YOGA FOR HEALTH, WELLBEING AND SELF-CARE** Slow Flow Hatha and Yin/Restorative Yoga, Breathwork and Meditation for all – whatever age, fitness, size, ability, or flexibility – to boost physical and mental health. Info and bookings [www.yoga2you.co.uk](http://www.yoga2you.co.uk) or 07788 550024.

**ZUMBA GOLD** Mon 6.15pm, North Myrms Memorial Hall, Welham Green. Wed 10.45am, Elm Court. Thu 10am, Elm Court. Sat 9.30am, Little Heath Parish Hall. Sue Purdie 07956 338561.

### GAMES

**BRIDGE CLUB – LITTLE HEATH** (duplicate) Tue 7pm in Parish Hall. Aileen 652343 or Peter 851010.

**BRIDGE CLUB** Thu 10am–1pm. Little Heath Parish Hall. Playing Chicago Bridge. Peter Ashley 852304.

**BRIDGE CLUB CHICAGO** Mon 7.15–9.30pm at Wyllyotts Centre. Nick 07879 580447.

**BRIDGE CLUB – OLOA DUPLICATE** Thu 1–4pm Our Lady & St Vincent Church, Mutton Lane. Contact Eleanor 650376 or Margaret 658054.

**FIRST WEDNESDAY CHESS – POTTERS BAR** Meet the first Wed of each month 6–9pm in The Old Manor, Wyllyotts Place, Darkes Lane. Contact Robin on Instagram or Facebook (First Wednesday Chess).

**LITTLE HEATH CHESS CLUB** Juniors, Thu 5.45–7.15pm. Adult players welcome for matches. Chris 851455.

### HEALTH

**ALCOHOLICS ANONYMOUS** Frequent meetings in Potters Bar and local area. Call 0800 9177650 or email [help@aamail.org](mailto:help@aamail.org).

**BARNET AND DISTRICT CANCER LINK** Drop In Centre, weekly, Wed 1–3pm. Union Street, Barnet. For cancer patients, families and friends. 656806 or 07783 069110.

**CARERS IN HERTFORDSHIRE** Contact 01992 586969 for more info.

**CHERRY LODGE CANCER CARE** Contact Tina on 020 8441 7000 for more info.

**CIRCLE FOR THE BLIND AND PARTIALLY SIGHTED** (PB THEATRE COMPANY) Dress rehearsals for shows and quarterly evening socials at Furzeffield Court. Evenings. 657194.

**DEMENTIA SUPPORT – HERTSWISE** Every Thu, 2–4pm, St John's Church, Baker Street, PB. For people living with dementia. low level memory loss or mild cognitive impairment, and their friends, family and carers. £5 contribution. Carers welcome at no extra charge. 0300 123 4044 for info.

**DEMENTIA FRIENDLY WORSHIP** First Mon of every month at 2pm, held at Our Lady & St Vincent Church, Mutton Lane.

**HEART THROBS EXERCISE AND SUPPORT GROUP** 10am and 11am Mon, Wed and Fri at Holtwhites Club, 1 Kirkland Road, EN2 0RN. 5pm Mon at St Stephen's Church Hall, Village Road, EN1 2EU. 10am Tue and Thu "at home" via Zoom. Contact 07938 926772 or [www.heartthrobs.org.uk](http://www.heartthrobs.org.uk).

**HERTS MIND NETWORK** Tue fortnightly, 11am–1pm, Memory Support Group, appointment only £1, Goodacre Court, EN6 5AZ. Tue weekly, 9am–5pm, Peer Support, appointment only, Maple House, EN6 5BS. Contact 020 3727 3600.

**HERTS VISION LOSS** The Woodside Centre, The Commons, Welwyn Garden City, AL7 4SE. Sight Line 01707 324680, [office@hertsvisionloss.org.uk](mailto:office@hertsvisionloss.org.uk) or [www.hertsvisionloss.org.uk](http://www.hertsvisionloss.org.uk).

**OSTOFRIENDS – STOMA SUPPORT GROUP** Social chat and activities. Meet 1st Wed of each month at 10.30am–12.30pm at PB Baptist Church, EN6 2RB.

**RENNIE GROVE PEACE HOSPICE CARE** Compassionate Support Hub will be open every 2nd Thu of the month from 10am–12 noon. Wyllyotts Centre, Potters Bar, EN6 2HN. [www.renniegrovepeace.org/compassionatesupporthubs](http://www.renniegrovepeace.org/compassionatesupporthubs).

### HOBBIES

**BARNET AND DISTRICT PHILATELIC SOCIETY** Mon 8pm. Twice monthly. St John's Church Hall, Mowbray Road, New Barnet. Sep to Jun. [www.barnetphilatelic.org.uk](http://www.barnetphilatelic.org.uk).

**CAKE DECORATING** Potters Bar Sugar Art Club. Monthly, 1st Mon 7.30pm. Furzeffield Court, Mutton Lane. Jackie 850432.

**COIN COLLECTORS** Interested in forming a club covering Herts and North London? Contact William Braithwaite 643153.

**CUFFLEY FLORAL ART CLUB\*** Monthly, 2nd Tue 7 for 7.30pm. Cuffley Hall, Maynards Place, EN6 4JA. Please contact Val for further info 01707 889447.

**MERLIN MAGICAL SOCIETY** Fortnightly, Thu 7.45pm. Little Heath Parish Hall, including beginners. John Clayton 07931 525399.

**NORTH MYRMS HORTICULTURAL SOCIETY** North Myrms Youth and Community Centre, Station Road, Welham Green. Adrian 885430.

**PB AND DISTRICT HISTORICAL SOCIETY** Meetings at PB United Reformed Church, Darkes Lane, 8pm. Please come and join us. Visitors £1. Contact 07856 513841 or visit [www.pottersbarmuseum.org.uk](http://www.pottersbarmuseum.org.uk).

**PB AND DISTRICT PHOTOGRAPHIC SOCIETY** Weekly, Mon 7.45pm–9.45pm. Wyllyotts Centre. Any standard welcome. 01438 832504.

**PB ALLOTMENT ASSOCIATION** Visit Highview Gardens site, Sun (Nov to Apr) 10–11.30am (May to Oct) 9.30am–12 noon. Email Allie.pbaa@outlook.com.

**PB FILMMAKERS\*** Alternate Thu, 7pm at the Wyllyotts Centre. 656446 or 659888. There are no meetings in Jan or Aug.

**PB MUSEUM** Sat 11am–1pm, Tue and Wed 2.30–4.30pm, at Wyllyotts. Contact 07856 513841, [guffins053@gmail.com](mailto:guffins053@gmail.com) or [www.pottersbarmuseum.org.uk](http://www.pottersbarmuseum.org.uk).

### MUSIC

**ATTIC ORCHESTRA** For those who wish to resume playing. Mel on [melroot@hotmail.com](mailto:melroot@hotmail.com).

**BAY JAZZ CLUB** 1st and 3rd Tue, 12.30–3pm. Botany Bay Cricket Club, East Lodge Lane, Enfield. Live Traditional Jazz. Licensed Bar. Stephen 020 8363 0838.

**JAZZ – GOOGLIES JAZZ CLUB** Live Jazz every Thu at Googlies Jazz Supper Club, 7.30pm. Botany Bay Cricket Club, East Lodge Lane, EN2 8AS. A reservation for entry or meals is required and email [googliesjazz@btinternet.com](mailto:googliesjazz@btinternet.com) or John 020 8350 3541, £10–12. [www.googliesjazz.co.uk](http://www.googliesjazz.co.uk).

**COMMUNITY CHOIR** Weekly, Thu. Wyllyotts Theatre, 7–9pm. For info 01707 645005.

**HERTS PHILHARMONIA ORCHESTRA** Thu evenings at Welwyn Garden City, for experienced orchestra players. [info@hertsphil.org.uk](mailto:info@hertsphil.org.uk) or 01727 857827.

**HERTFORDSHIRE SHOWBAND** Weekly, Mon. Mount Grace School. Junior Band, 7pm. Showband 7.45pm. 07802 258 655

**PB CHORAL SOCIETY\*** Weekly rehearsals, Tue 8–10pm. St Mary's Hall, The Walk. Experience not essential. 642393, [info@pbchoral.org](mailto:info@pbchoral.org) or [www.pbchoral.org](http://www.pbchoral.org).

**PB COMMUNITY MUSIC SCHOOL** Sat from 8.30–11.30am at Mount Grace School. 6 orchestras, singing and individual woodwind lessons. [www.pbcms.org.uk](http://www.pbcms.org.uk). Also available "Da Capo": a small chamber orchestra for adults of all standards. 9.45–10.30am on Sat. [admin@pbcms.org.uk](mailto:admin@pbcms.org.uk).

**PB TOWN BAND** Weekly rehearsals, Fri 8–10pm. Goffs Oak Methodist Church. Traditional brass band. 07970 448661.

**RADLETT MUSIC CLUB** 6 concerts per season, Oct to Apr. Radlett Centre, 8pm. Online booking [www.radlettcentre.co.uk](http://www.radlettcentre.co.uk).

**SOUTH HERTS MUSIC CENTRE** Weekly, Sat in term-time, 8.30am–1pm. Cuffley School, EN6 4HN. Individual instrumental lessons and group activities. Contact 270025 or [SouthHertsMusicEnquiries@hertfordshire.gov.uk](mailto:SouthHertsMusicEnquiries@hertfordshire.gov.uk), website as follows; South Herts Music Centre ([hertsmusicservice.org.uk](http://hertsmusicservice.org.uk)).

### OUTDOOR

**BARNET LIVING STREETS** focuses on walking routes within the London Borough of Barnet out into Hertfordshire, towards Borehamwood, Potters Bar and South Mimms. [Barnetgroup@livingstreets.org.uk](mailto:Barnetgroup@livingstreets.org.uk).

**BARNET WALKS\*** Guided Barnet and North London walks. £12 (£5 under 12s). Contact Paul for more info on 07506 761294.

**FIR AND POND WOODS NATURE RESERVE – HERTS AND MIDDX WILDLIFE TRUST** Monthly, Sun, 10am–1pm. Meet layby in Coopers Lane Road. EN6 4DG, opposite the Oshwal centre. A variety of conservation tasks, tools provided, bring drink, gardening gloves, and good footwear. Phone John 01707 652836 to confirm.

**GOBIONS WOOD NATURE RESERVE OF HERTS AND MIDDLESEX WILDLIFE TRUST** For info contact 01727 858901.

**HERTSMERE HEALTH WALKS** Gentle and moderate walks for all. Further information on [www.hertfordshirehealthwalks.co.uk](http://www.hertfordshirehealthwalks.co.uk).

**NORTH LONDON OUTDOOR GROUP** Weekends away, day and evening walks. 2nd Tue 8.15pm at Discovery Hall, Stevenson Close, New Barnet. [www.northlondonoutdoorgroup.org](http://www.northlondonoutdoorgroup.org).

**NORTHAW COMMUNITY ORCHARD** Between 47 and 49 Northaw Road West, Northaw EN6 4NP. Open 24/7. Help-out in the Orchard sessions 10.30am–1pm first Sat of the month and Thu mid-month 2–4.30pm. For details and other events see our website [www.northaworchard.com](http://www.northaworchard.com) or email [northaworchard@gmail.com](mailto:northaworchard@gmail.com).

**NORTHAW GREAT WOOD** Working parties every Fri at 9.30am and first Sun each month. Meet wood car park. 07850 233854.

**POTTERS BAR HEALTH WALKS** Weekly on Mon and Wed (level 2 and 3 walks) from 10.30am. Meet at Potters Bar Railway Station Memorial Garden, beside the station entrance and adjacent to Holland and Barrett, EN6 1AJ. Fri (First Steps walk) from 11am, meet at Oakmere Library High Street, Potters Bar, EN6 5BZ.

**PB RAMBLING CLUB** Weekly, Wed and alternate Sun 10.30am. Meet start of walk. For info contact John on 01707 658389 or visit [www.pbrc.org.uk](http://www.pbrc.org.uk).

**PB SOCIETY WALKS\*** Fortnightly, Sun afternoon walks along local rights of way. [www.pbsoc.org.uk](http://www.pbsoc.org.uk).

### SOCIAL

**BINGO** Weekly, every Thu from 8pm at the Royal British Legion, Potters Bar Branch. 07905 645622.

**BARNET PLUS** Fun social events for age 30 upwards. Sat, Sun and weekdays. [www.barnetplus.com](http://www.barnetplus.com) or 07890 765835.

**BROOKMANS PARK WI** 3rd Mon, 10.30am Brookmans Park URC Hall. Visitors welcome. 01582 834010.

**CUFFLEY WEDNESDAY GAMES CLUB** 1.30–4.30pm. Cuffley Youth and Community Centre. snooker, table-tennis, etc. John 875589.

**ENFIELD NATIONAL TRUST ASSOCIATION** Holtwhites Sport and Social Club, Enfield. Contact Pam 650969.

**HERTS MUSICAL MEMORIES PB GROUP – DEMENTIA FRIENDLY SINGING** Most Wed, 2–3.30pm. St John's Methodist Church, Baker Street, EN6 2DZ. Contact Kerry or Emma 020 8950 5757 or email [admin@hertsmusicalmemories.org.uk](mailto:admin@hertsmusicalmemories.org.uk).

**MAYFAIR LODGE FUNDRAISING FRIENDS** Fundraisers for the residents at the care home, Mayfair Lodge in The Walk PB. We run a tearoom afternoon every Wed, 2–4pm for residents and their families and friends. Volunteers are always needed. Please contact Kim Skinner 07539 568649 or email [mayfairlodgeff19@gmail.com](mailto:mayfairlodgeff19@gmail.com).

**NORTH LONDON AND DISTRICT SOCIAL CLUB FOR THE UNATTACHED** Weekly, Wed 7–10pm. Waltham Cross Conservative Club. Dancing. Richard 01992 639344.

**NORTHAW WI** Monthly, 1st Tue 7.30pm, Northaw Village Hall. 020 8360 9729.

**OAKMERE WI** Monthly, 2nd Thu at 2.30pm. Christ Church, Little Heath Hall. Details via Pauline Baycraft; tel 650076 or [pittstoppauline@btinternet.com](mailto:pittstoppauline@btinternet.com).



# LOCAL ORGANISATIONS

## PB CARNIVAL

Visit [www.pottersbarcarnival.co.uk](http://www.pottersbarcarnival.co.uk) or contact [pottersbarcarnival@gmail.com](mailto:pottersbarcarnival@gmail.com).

## PB TOWN TWINNING ASSOCIATION

Visits to and from Franconville and Viernheim. [cpd1a@yahoo.co.uk](mailto:cpd1a@yahoo.co.uk).

**PB ROTARY CLUB** Meet twice a month, second Tue 12.30pm, last Tue 7.30pm at The Woodman Inn, Warrengate Road, AL9 7TT, enquiry@pottersbarrotary.uk.

**ROYAL BRITISH LEGION POTTERS BAR** Contact 07905 645622

## ROTARY CLUB OF BROOKMANS PARK

Weekly, Tue 7.30pm for 8pm at The Woodman Inn, North Myrms. enquiries@brookmanskrotary.org.uk.

## SIXTY PLUS LUNCHEON CLUB\*

Tue and Thu, 10am–1pm. Minibus transport available. 643602.

**PB 41 CLUB** Monthly. For ex-Round Tables. 1st Wed 7.15pm. 851445.

**WEDNESDAY COMMUNITY CLUB\*** Wed 2–4pm. PB Baptist Church. Vera 651470.

## SPORT – Indoor

**BADMINTON CLUB** Little Heath Church Hall, Thu 7.30pm. All abilities welcome. 657812.

**BADMINTON CLUB** (Frien) Friendly club for intermediate players. Owen's School, Wed 8pm. Richard.szymczak@corderoy.com

**BADMINTON LADIES** Weekly, Wed 2–4pm. Christ Church, Little Heath. Friendly, social group. 650040.

## OAKLANDS BADMINTON CLUB

Mount Grace School, Tuesdays 8pm–9.30pm. Friendly Club for Intermediate Players, Age 18+. 642328.

**BARRACUDA SWIMMING CLUB** Weekly, Sun. Furze Field Centre, 11.30am–12.30pm.

Helps all ages with disabilities to be safe in the water. 07716 863822 or secretary.barracuda.sc@hotmail.co.uk.

**BOWLS CLUB** Short mat bowls at Cuffley Hall. Equipment and instruction provided. Contact jaholding@hotmail.co.uk.

## GENERATION PLUS (formerly 50+).

Sporting and social activities for older adults and those new to exercise, etc. Wide range of activities (eg keep fit, Pilates, table tennis, pickleball at local venues. Visit [www.inspireall.com/generation-plus](http://www.inspireall.com/generation-plus) for details.

**PB GYMNASICS CLUB** Recreational (4–12 years). Mon 5.15pm, Furze Field Centre. Squad training 6–13 years, Tue, Thu and Fri evenings 5.30pm, and Sat 9am Chancellor's School. 01923 855598.

**PB LIFESAVING CLUB** Weekly, Tue, Rookie Lifeguard, (children under 12), 7–8pm. Survive and Save (children 12 and over), 8–9pm. Furze Field Centre, 020 8440 3346.

## SNOOKER

The Kidston Inst, Northaw. Membership fee £20 per annum. £1 per hour. 07725 430244.

## ST ALBANS AND HERTSMERE CANOE CLUB

Furze Field Centre, PB. Thu. Youth 8.15–9.15pm, Adult 9.15–10.15pm. Learn relevant skills and play canoe polo. Beginners welcome, all equipment provided. Contact [germy.metcalf@gmail.com](mailto:germy.metcalf@gmail.com).

**TABLE TENNIS** At The Kidston Inst, Northaw. Membership fees £20 per annum. £3 per match. Teams of varying standards. 07725 430244.

## TABLE TENNIS

Barnet Lane, EN5 2DN. [www.bttc.co.uk](http://www.bttc.co.uk) or 020 8449 7845.

Non-members welcome.

**TABLE TENNIS CLUB** Weekly, Wed, Thu and Fri matches only at Potters Bar Free Church, Mimms Hall Road, Barnet. Shaw and North Middlesex Leagues. 07585 974224.

## SWIFTS JUNIOR BADMINTON

Weekly, Fri, term-time. Hatfield Leisure Centre, 6–9.30pm, 5–18 years. Beginners to county standard. 01707 550476.

## SPORT – Outdoor

**BOTANY BAY PETANQUE CLUB** Weekly, Sun 10.30am–2pm. Botany Bay Cricket Club. Try the French game of Boules. 653325.

## BROOKMANS PARK TENNIS CLUB

Golf Club Road, Brookmans Park. 6 courts with floodlights. Suit all abilities. 644926.

**ENFIELD CROQUET CLUB** New members welcome as well as anyone who would like to try the game. Visit [www.enfieldcroquet.org](http://www.enfieldcroquet.org) for further info or email [enfieldcroquetclub@outlook.com](mailto:enfieldcroquetclub@outlook.com).

## ELIZABETH ALLEN FOOTBALL CLUB

Weekly, Sat pm. Old Owen's, Coopers Lane Road, EN6 4NE. 852422.

**FOOTBALL (WALKING)** Furze Field Centre, over 50s male and female. Thu 2pm, just turn up and join in.

**GENERATION PLUS** (formerly 50+) Sporting and social activities for older adults and those new to exercise, etc. Wide range of activities (eg walking football and netball, croquet). Visit [www.generation-plus.com](http://www.generation-plus.com) for details.

## NORTH MYMMS BOWLS CLUB

Dellsome Lane, Welham Green. 01707 645320 or [www.northmymmsbowlsclub.org](http://www.northmymmsbowlsclub.org).

**NORTHAW AND CUFFLEY BOWLS CLUB** King George V Playing Fields, Northaw Road East, Cuffley. 876262.

## OLD OWEN'S CRICKET CLUB

Coopers Lane, Potters Bar. Herts Saracen League. 07904 194295 or 020 8819 6638.

**PB BOWLS CLUB** The Walk. 660336 or email [club@pottersbar-bc.com](mailto:club@pottersbar-bc.com).

**PB CRICKET CLUB** The Walk. New members welcome. 654801.

## PB CRUSADERS SPORTS AND SOCIAL CLUB

Members Club. See [www.pbcrusaders.org.uk](http://www.pbcrusaders.org.uk) for opening times. Club Steward 07754 027821.

## PB CRUSADERS YOUTH FOOTBALL

Football for boys and girls aged 4–18. Email [Dan.Pbcboysfc@yahoo.com](mailto:Dan.Pbcboysfc@yahoo.com).

**PB HOCKEY CLUB** Ladies, men and junior hockey at Dame Alice Owen's Astrotruf pitch. Paul on 07398 988502 or [juniors@pottersbarhockey.club](mailto:juniors@pottersbarhockey.club).

**PB PETANQUE PLAYERS** Tue from 2pm, Sun from 10am new/all ability players welcome. The Petanque area is behind the Harvester pub garden, High Street. Pay and display car park at Oakmere Park.

Jane Larmour 01707 266517 or [www.pottersbarpetanque.co.uk](http://www.pottersbarpetanque.co.uk).

**PB TENNIS CLUB** The Walk. 6 Astrotruf courts all with floodlights. Membership enquiries to Sue Vallance 01707 645909.

[www.clubsparc.lta.org.uk/pottersbartennisclub](http://www.clubsparc.lta.org.uk/pottersbartennisclub).

## PB TOWN FOOTBALL CLUB

Parkfield. Matches Sat 3pm. Some Sun and midweek. Training Tue and Thu, 7.30pm. 07833 632965.

**PB UNITED FOOTBALL CLUB** PB based grassroots football club established 1975. U5 to U18 age groups for boys and girls teams playing in various Hertfordshire leagues. More info [info@pottersbarunited.co.uk](mailto:info@pottersbarunited.co.uk).

**SAPPHIRE SKATERS** Sats 9–10am and 10–11am, Tue 5.30–6.30pm, Elm Court. [sapphireskaters@gmail.com](mailto:sapphireskaters@gmail.com), fb-Sapphire Skaters.

## SKATING – INLINE SKATER HOCKEY

Weekly, Thu 6–7.15pm, Sat 12 noon–1pm. Learn to skate as well as skater hockey. For all 5–18 years. Hatfield Leisure Centre. [bwcrusaders@hotmail.co.uk](mailto:bwcrusaders@hotmail.co.uk).

## SPORT – Martial Arts

**CHI KUNG CLASS** Weekly, Mon 6.30–7.30pm. North Myrms Social Club, Welham Green. Sat 11am–12 noon at PB Health Club. Organised by 'Just Standing'. 272255.

**NINTAI KARATE CLUB** Weekly on Fri 7–8pm at Revive Fitness and Spa, Potters Bar Golf Club, Darkes Lane, Potters Bar, Herts EN6 1DE. Contact 07942 362000.

## PB SHOKOTAN KARATE CLUB

Furze Field Centre, Mutton Lane, Potters Bar. Wed Juniors 7–8pm, Adults 8–9pm. Sunday Black and Brown belt class 12 noon–1pm. [www.karatemasters.co.uk](http://www.karatemasters.co.uk).

## THEATRE

**CUFFLEY OPERATIC SOCIETY** Cuffley Hall. Jen 01707 872418.

**CUFFLEY PLAYERS** Amateur Dramatic Society. Rehearsals Mon and Thu.

2 plays a year Mar and Nov at Cuffley Hall. Fran 01707 872229 or 07811 437791. Email [info@cuffleyplayers.co.uk](mailto:info@cuffleyplayers.co.uk).

**ENFIELD LIGHT OPERATIC AND DRAMATIC SOCIETY** Weekly, Tue and Fri 8pm. Drama group rehearse Winchmore Hill. Performs Wylyotts. 2 musicals per year. 07711 316474.

## GREEN ROOM PRODUCTIONS

Rehearsals Mon at King Charles the Martyr Church Hall. Wed at Oakmere School. [www.greenroomproductions.co.uk](http://www.greenroomproductions.co.uk).

## POTTERS BAR THEATRE COMPANY

Rehearsals Tue and Fri at Chancellors School. [info@pottersbartheatrecompany.co.uk](mailto:info@pottersbartheatrecompany.co.uk).

## YOUTH

### AIR TRAINING CORPS – 57 (PB)

**SQUADRON** Weekly, Mon and Thu. Ingram Cadet Centre (opposite Fire Station). 7.15–9.30pm. Ages 13–18. [ac.57@aircadets.org](mailto:ac.57@aircadets.org).

### CAPITAL ARTS THEATRE SCHOOL

Sun 2–5.30pm, Wylyotts Centre. Professional performances. [capitalarts.org.uk](http://capitalarts.org.uk) or [capitalarts@outlook.com](mailto:capitalarts@outlook.com).

### GUIDES, BROWNIES AND RAINBOWS

Potters Bar and Brookmans Park areas. [www.girlguiding.org.uk/get-involved](http://www.girlguiding.org.uk/get-involved) or Sue 850147.

### HERTS YOUNG HOMELESS

[info@hyh.org.uk](mailto:info@hyh.org.uk) or 03333 202 384.

**NORTH MYMMS YOUTH AND COMMUNITY CENTRE** Station Road, Welham Green. [www.nmyouth.org.uk](http://www.nmyouth.org.uk) or 515650.

## NORTH MYMMS YOUTH PROJECT

Activities, trips and weekly meetings for youngsters 9–16 years. D of E for ages 14+. [www.nmyouth.org.uk](http://www.nmyouth.org.uk). 515513

## SCOUTS, CUBS AND BEAVERS

For info contact Jim Heatley via [secretary@pbscouts.org.uk](mailto:secretary@pbscouts.org.uk).

## STAGECOACH THEATRE ARTS SCHOOL

Weekly, Sat. Chancellor's School. 4–18 years. Dance, drama and singing. 01582 713771.

**TOP HAT STAGE SCHOOL** Weekly, Fri. Elm Court. 4–17 years. Dance (tap), drama and singing. 4.30–7.30pm. 01727 812666.

**YOUTH CLUB PB** Free Church, Mimms Hall Road. 5–11 years. 6.15–7.30pm. 07880 965546.

## SERVICES FOR YOUNG PEOPLE

Various youth projects, term-time at Elm Court. [sfyp.herts@hertfordshire.gov.uk](mailto:sfyp.herts@hertfordshire.gov.uk).

## MISCELLANEOUS

### CAUSEWAY COMMUNITY CHURCH

The Causeway, PB every Sun at 10.30am.

### COUNTRYSIDE MANAGEMENT SERVICE

Environment Department, County Hall, Pegs Lane, Hertford. 01923 588433.

### GURDJIEFF STUDY AND MEDITATION GROUP

Meets every few weeks. Info 654896.

### HUMANISTS – NORTH LONDON GROUP

Monthly, 3rd Thu. Ruth Winston House, Palmers Green. 653667.

### POTTERS BAR ISLAMIC COMMUNITY CENTRE

Every Wed 3.30–6.30pm at Wayside Jubilee Centre. Contact Zain Anhar 07939 057094 or Mahub Alam 07951 200655. Email [info@pbicc.org](mailto:info@pbicc.org) or [www.pbicc.org](http://www.pbicc.org).

### POTTERS BAR AND BROOKMANS PARK SYNAGOGUE

Contact [office@pottersbarshul.org.uk](mailto:office@pottersbarshul.org.uk) or website [www.pottersbarshul.org.uk](http://www.pottersbarshul.org.uk).

### ST JOHN AMBULANCE – PB DIVISION

Weekly, Wed 8–10pm. The Walk. First aid training 664260. Room hire 656885.

### WHITEWEBBS MUSEUM OF TRANSPORT AND MODEL RAILWAY,

ENFIELD, EN2 9HW Weekly, Tue from 10am–4pm. Last entry 3pm. Adults £9, children aged 5–12 £3. 020 8367 1898.

### WSRA NATIONAL SPEEDWAY MUSEUM

Hertfordshire Zoo, EN10 7QA. Contact Alan Philpott 07939 287573.

### NORTH LONDON AND MIDDLESEX MORRIS MINORS OWNER'S CLUB

Meet at the Whitewebbs Museum every second Thu from 7.30pm. [christinenlmmoc@gmail.com](mailto:christinenlmmoc@gmail.com).

### NORTH MYMMS MEMORIAL HALL

Station Road, Welham Green, AL9 7PG. 07948 310192 or [www.northmymmsmemorialhall.co.uk](http://www.northmymmsmemorialhall.co.uk).

### PB SOCIETY Your local amenity,

environmental, conservation and heritage group. Honorary Secretary Chris 651475 or [www.pbsoc.org.uk](http://www.pbsoc.org.uk).

All telephone numbers are area code 01707 unless otherwise stated.

Tell us about your event, meeting, activity and we will publicise it and give details of your organisation in the *Community News*.

Contact [susan.weaver4@ntlworld.com](mailto:susan.weaver4@ntlworld.com).

## DOCTORS' SURGERY HOURS

### 1) ANNANDALE MEDICAL CENTRE AT THE ELMS

Tel: 01707 644451

Surgery Hours: 8am–6.30pm Monday to Friday

Test Results: 01707 644451 (11am–3pm)

Referral and Medical Reports: 01707 644451 (8.30am–1.30pm)

Extended Hours — see below. We are an Armed Forces veteran friendly accredited GP practice.

For the latest information and updates please visit our website [www.annandalesurgery.co.uk](http://www.annandalesurgery.co.uk). We have a Patient Group page on our website with latest events, webinars, and newsletter.

### 2) HIGHVIEW MEDICAL CENTRE AT THE ELMS

Tel: 01707 871980

Surgery Hours: 8am–6pm Monday to Friday

Appointments: 01707 871980 (8am–6.30pm)

Enquiries: 01707 871980 (11am–3pm)

Results: 01707 871980 (11am–3pm)

Extended Hours — see below.

For the latest information and updates visit our website [www.highviewsurgery.co.uk](http://www.highviewsurgery.co.uk) or follow us on Facebook and Twitter.

### 3) PARKFIELD MEDICAL CENTRE

Tel: 01707 291041

Surgery Hours: 8am–6pm Monday to Friday

Appointments: 01707 291041 (8am–6.30pm Monday to Friday)

Test Results: 01707 291041 (12 noon–1pm Monday to Friday)

Extended Hours — see below.

### 4) POTTERELLS MEDICAL CENTRE

Tel: 01707 273338

Surgery Hours: Monday, Tuesday and Wednesday 8.30am–7pm;

Thursday 9am–6pm; Friday 8am–7pm.

Extended Hours — see below.

### EXTENDED HOURS

There is an extended hours appointment hub available covering all 4 surgeries. Your appointment may be on another premises — you will be advised when booking.

### OUT OF HOURS SERVICE FOR ALL THE ABOVE SURGERIES

Local residents can arrange routine evening and weekend appointments — contact your surgery.

### NHS 111 SERVICE

If you urgently need medical help or advice but it's not a life-threatening situation, call NHS on 111, at any time.

### DENTIST

When you have an urgent dental problem and your dental surgery is closed, call 03000 333 224. Monday to Friday, 5pm–9am. All weekend and Bank Holidays.

## Local A&E Services

**BARNET:** Wellhouse Lane, Barnet, EN5 3DJ Tel 020 8216 4600

**LISTER:** Coreys Mill Lane, Stevenage, SG1 4AB Tel 01438 314333

### URGENT CARE — Minor Injuries and Illnesses

**QE2:** Howlands, Welwyn Garden City, AL7 4HQ Tel 01438 314333 8am–10pm

**CHASE FARM:** The Ridgway, Enfield, EN2 8JL Tel 020 8375 1010 8am–7.30pm

**BARNET:** Wellhouse Lane, Barnet, EN5 3DJ Tel 020 8216 4600 8am–10pm

## Local Libraries

### Oakmere

High Street, Potters Bar

Monday 1pm–6pm

Tuesday 10am–6pm

Wednesday CLOSED

Thursday 10am–6pm

Friday 1pm–6pm

Saturday 10am–5pm

Sunday CLOSED

### Brookmans Park

Bradmore Green

Monday 2pm–5.30pm

Tuesday 2pm–5.30pm

Wednesday CLOSED

Thursday 2pm–5.30pm

Friday 2pm–5.30pm

Saturday 9.30am–12.30pm

Sunday CLOSED

For further information, visit your local library or call **0300 123 4049** and ask for appropriate library. **NB:** *Welwyn Garden City library is open on Sunday afternoons.*

## Useful Numbers

Hertsmere Borough Council 020 8207 2277

Welwyn Hatfield Council 01707 357000

Hertfordshire Police Non-emergency 101 (national number)  
or 01707 354000

Herts Domestic Violence Helpline 0808 808 8088

Hertfordshire County Council 0300 123 4040

National Debt Line 0808 808 4000

Citizens Advice Consumer Helpline 0808 223 1133

Highways  
(including potholes, traffic light faults and streetlights) 0300 1234 047

Wasteaware 0300 1234 051

Affinity water leaks 0345 357 2407

Childline 0800 1111

Crime Stoppers Anonymous Line 0800 555 111

CAB Advice Line 0800 144 8884

Environmental Health

(1) Hertsmere: Pest Control 020 8207 2277

Noise (daytime) 020 8207 7435

(night) 0845 300 0021

(2) Welwyn Hatfield: Pest Control 01438 717175

Noise 01707 357242

Potters Bar Hospital 01707 653286

NHS Direct (Nurse advice and health information) 111

RSPCA Local Branch

(financial help if you claim benefits, on low income, OAPs) 07872 902710

[www.rspca-pottersbarhatfieldandbarnet.org.uk](http://www.rspca-pottersbarhatfieldandbarnet.org.uk)

Samaritans (freecall 24 hours) 116 123



Office open every Wednesday from 10am to 12.30pm

**Hertsmere**

Please call advice line 0800 144 8884

Wyllyotts Centre, Darkes Lane, EN6 2HN