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Distributed in Potters Bar, Little Heath, South Mimms, Ridge, Northaw and Brookmans Park

A virtual community choir in Potters Bar



Hello. My name is Luke, and I am a musical director. For years I've worked in Potters Bar, mainly with the community choirs at Wylllyotts Theatre. But when lockdown hit we couldn't sing together anymore. So we took our singing online, and over the past 8 months we've built a virtual community that comes together each week to sing. Over 200 people have joined through the months, and out of the necessity to sing again, THE VIRTUAL COMMUNITY CHOIR was born. Today I would like to invite you to join us too.

We work on a repertoire of well-known tunes, musical theatre, and good old show tunes. We go through vocal techniques, fun warm-ups and plenty of feel-good songs. Not only do we come together every Tuesday to sing our hearts out, we have learnt to care for one another through the little boxes on ZOOM. It is an inclusive and welcoming safe space, and you may join with or without a camera and a microphone. We laugh, we

share jokes, we dance – and oh what a joy it is to see a community come to life again.

Music has always been there for us. To celebrate wars being over, lovers getting hitched and birthday candles being blown out. Always joyous, always bringing us together. So maybe to soften the sadness of a global pandemic, music can help us now too? At times like these, we need music to give us hope – and there's nothing stronger than that.

Joining the choir is as easy as a press of a button. Most of the members are from your very own neighbourhood. Sessions run every Tuesday at 6pm on ZOOM. Joining is free – but the choir accepts voluntary donations for the running of the sessions. You can join using your computer, your tablet, your smart phone or even your telephone.

Please get in touch with us to find out how you (or somebody you know who might enjoy the choir) can join us. Kindly write to us on email (virtualcommunitychoir@gmail.com) or call us on 07312 077361.

Till we get to sing together again, I wish you health and happiness. May our voices never stop singing till then.

Community

NEWS



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Potters Bar Community News

welcomes contributions for publication from individuals and community groups. Where there is a linked commercial, political or individual interest in items for publication, the managing committee reserves all editorial rights. *Potters Bar Community News* does not accept responsibility for the accuracy of information contained in published items or views expressed in those items.

A message from the Editor

Despite the continuing effects of the pandemic, we are pleased to be able to produce a magazine consisting of 28 pages, after having been restricted to 24 pages for the last issue.

In the current climate we are particularly indebted to our advertisers and, on this occasion, would like to express special thanks to Carey of GREEN Gilbert, our graphic designer. Somehow, Carey always manages to make sense of the Editor's often confused instructions to present the *Community News* in a logical and attractive format.

In this issue we include a wide variety of topics, many from regular contributors, ranging from a remote choir, a charity cycle ride with a difference, Spencer Davis, to the 'Trip Down Memory Lane', Facebook group.

Once again, the *What's On* section is very restricted and it is recommended that you check with all organisations that any proposed events or activities are going ahead.

With best wishes from the Community News team. Let us hope that this Spring heralds a happier future for everyone.

John Connell

How to send articles

Email to editor@pottersbarcommunitynews.co.uk. Please keep articles to around 300 words or less, using plain text word. Handwritten or typed articles are also acceptable if you do not have access to a computer (contact John Connell on 01707 851445). Photos, logos, etc should be sent as tif, bmp or jpg file.

How to supply adverts

Ring to book a space, bearing in mind that there is usually a waiting list. Artwork must be supplied in pdf or jpps format, created at the specified size according to your booking. Advertisers are responsible for advising us of any alterations to adverts which have been previously published. Email to advertising@pottersbarcommunitynews.co.uk.

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Website sponsorship

Price per issue = £100

Deadline dates for next edition

Advertising

18th May for Summer issue

Articles

31st May for Summer issue

Community News Website Sponsorship

We would like to express our sincere thanks to the following who have generously sponsored the website:

- Spring 2016: **Potters Bar Beer Festival** | Summer 2016: **The Plumbers Mate**
- Winter 2016: **The Tree Feller** | Spring 2017: **Green Thumb**
- Summer 2017: **Ushers Print & Design Ltd** | Winter 2017: **Energise**
- Spring 2018: **theshowerroom** | Winter 2018: **Kramer Electrical Ltd**
- Spring 2019: **Jones and Sons Roofing** | Summer 2019: **de Havilland Aircraft Museum**
- Winter 2019: **Nethercotts Funerals & Memorials** | Spring 2020: **Evergreen Landscapes**
- Winter 2020: **Ushers Print & Design Ltd**

Interested in volunteering?

Ever thought of giving some of your time to help others in the community? Also look here for items wanted by organisations; you may be able to help them.

If you are a local organisation or charity and are looking for volunteers or looking for items for your group, why not email me at editor@pottersbarcommunitynews.co.uk?

You can make a big difference to our school

If you have been thinking about doing something really positive for your community, Oakmere Primary School would love to hear from you. We are looking for some dedicated and enthusiastic people to join the Board of Governors and help lead the school forward as it aims to provide the children of Oakmere Primary with the best school experience possible.

You do not need to have any ties to the school or particular skills, just a desire to help our school and the time to attend six meetings during the year.

For further information about the role please contact the Chair of Governors, Mr Colin Daniel via the email mr.daniel@oakmereprimary.net.

We look forward to hearing from you!

We are looking for more adult helpers, over 18 and upwards. If you were a Rainbow, Brownie or Guide you may remember the fun of sleeping in a tent, eating toasted marshmallows, designing an alien outfit for a journey to space, making a bug hotel for the grounds behind the Library, planting bulbs in public spaces, attending events further afield such as a Jamboree in Japan. You might be new to the idea of helping at weekly meetings and we can offer training. It is enthusiasm, a willingness to learn and a real wish to help our young people to succeed that counts.



Everyone has gifts to offer. Please do get in touch with Sue on **01707 850147**. Thank you. (see page 8 for further information).

Wool required

We are a group of knitters who meet at St Mary's Church in The Walk. We knit for charity and need some wool (as always). Should anyone have any unwanted yarn, we would gladly accept it.

Sheila
01707 651650

We are not in Kansas anymore Toto!



When she awoke, Dorothy was amazed to find herself zoomed up in a tornado and not back home in Kansas. I wonder if she would recognise what is happening today.

Everything has changed and what has happened to schools throughout the world is unique. Even during the Second World War children still went to school.

One thing we do know as school governors is how hard the staff have been working to ensure children could get back in, while protecting staff from getting ill themselves. Unlike Dorothy and her pals, social distancing has been a big challenge for schools, and this has meant lots of moving furniture around and setting up signs so that everyone is able to move around safely.

Governors have had to adapt too, as we have still had responsibility for setting and agreeing the strategic direction of the school. For the schools that I am involved with, everyone has got to grips with using Zoom or an alternative known as Microsoft Teams. Attendance at these virtual meetings has been better than normal. There has been the additional advantage of being able to quickly phone anyone missing to see if they are OK, and often they are then able to quickly join in.

Careful chairing has been more important than normal to ensure that everyone can contribute. When we have had lots of participants, governors have had to turn off their video to ensure that everyone can join. Too many people joining means that it eats up the internet bandwidth and either does not work or is very slow. We have all been learning new skills like muting our own output so that, interesting as it might be, everyone does not pick up on the business of what is going on in our homes.

If you are interested in becoming a governor and helping to make a difference, contact your local school or go to the website www.hertfordshire.gov.uk/services/edlearn/getinvolved/governors/becschgov.

If you want to know more about being a governor contact me on **020 8386 3151** or email geoff.strack@ntlworld.com.

Geoff Strack



King Charles the Martyr Church and the Spencer Davis Group

Colin Davies recalls historical links of both to Borough Way, Potters Bar.

King Charles the Martyr Church

My wife and I tied the knot in 1956, and for the first year we rented accommodation in North London while we searched for a property to call our first real home. One Saturday morning we decided to jump on a steam train at Finsbury Park station and got off at the first stop going north ~ which happened to be Potters Bar, a town which we had never previously visited. We searched around and quickly found a suitable three-bed Tudor-style semi in Borough Way for which we agreed to pay the enormous sum of £2,400.

After living in Borough Way for a while we discovered an interesting article in the local library about the beginnings of Church of King Charles the Martyr, less than a mile away, which was in the process of being built just before WWII. It seems that when the church and church hall were being built, the incumbent church cleric at the time lived at our address (as a temporary “vicarage”?) and that our living room had been used for church services with the detached garage being used as provisional accommodation for children’s Sunday School. Those were the days when planning rules would probably not have permitted such temporary use! (We still wonder whether our semi-detached in Borough Way had ever been consecrated for religious services ~ or indeed was it really necessary? If so, has it ever been de-consecrated?).

Consecrated or not, in 1964, some years after moving in, I decided to demolish the rather flimsy prefabricated detached garage and re-build with brick walls. Our three-year-old daughter, as a ‘bricklayer’s mate’, helped to sort out the bricks. It kept her occupied, supplying me with bricks, but we would not get away with such child-labour these days ~ albeit voluntary! After almost sixty years, the garage is still standing but our daughter never became a bricklayer.



Spencer Davis Group

In 1965 we decided to move house to be more convenient for Little Heath School attended by our two children. Having found a suitable property, we put our house on the market in November and (such was the domestic property market at the time) it was sold within a couple of days. When I got home from work one evening my wife said “I’ve sold our house to a young gentleman from Birmingham by the name of Spencer Davis.” Neither of us realised it at the time, but he was an up-and-coming rock musician who had formed the successful Spencer Davis Group in 1963. He had viewed our home for a matter of minutes that afternoon and decided to buy on the spot, and he offered the asking price without haggling. He used the stage name Davis, but he was born in Swansea, and his Welsh family name was actually Davies ~ but no relation to us. In the run up to Christmas 1965 the Spencer Davis Group toppled the Beatles from No.1 in the charts, with his song Keep on Running which, after over fifty-five years, we still keep on hearing from time to time. He was congratulated by the Beatles for beating them to No.1 and the Spencer Davis Group went on to have many more successful chart hits over the years.

As Christmas 1965 approached we had two urgent property transactions on our hands: the sale of our semi at Borough Way and the simultaneous purchase of a house in Little Heath. We were anxious to get all the official documents for both properties signed and sealed quickly before the offices of our conveyancing solicitor closed for a couple of weeks over the festive season, as we had planned to move during the first week of 1966. However, Spencer Davis was nowhere to be found for his signature on the Borough Way documents as he had gone into hiding without trace, hounded by the BBC and music press journalists. Eventually we found him to sign all documents with his real birth name Spencer David Nelson Davies. So, with all paperwork cleared for both properties, one Davies family moved out of Borough Way and the other Davies family moved in a week later than planned in January 1966.

I don’t know how long the new Davis (Davies) family lived in Borough Way, but it could not have been more than about four years as the family moved to America in 1970. The Spencer Davis Group had several successful hits in the charts, and after he moved to America the group continued to have even more chart successes. He lived on Catalina Island off the coast of California and died on 19th October 2020 at the age of 81.



Pedal 4 Parks

Two years ago local resident Isaac Kenyon, and Ben Ajai-Obe were members of the four-man crew of the Atlantic Discovery Team which successfully rowed the Atlantic in the Talikar Whiskey Atlantic Challenge. This fantastic achievement was highlighted in an article in our Spring edition in 2019.

Now, they are turning their attention to the world's first cycle ride over land and sea as part of another four-man team with Alexandre Pierrot and Lukas Haitzman. In June they will be setting out on a bike ride with a difference across the UK's National Parks, green spaces and marine environments. They will be finding out and documenting how human interference is damaging our surroundings and exploring what this means for our physical and mental health. They will not only be cycling on land, but also using water bikes to cycle across the sea, allowing them to include the Orkney Islands and Scilly Isles on their journey. This will be the world's first extended version of the traditional John O'Groats to Land's End cycle ride, set to take them two weeks, cycling up to 100 miles a day. You can watch



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their trailer, showing a training session in the Peak District National Park (courtesy of Daniel Williams) on www.youtube.com/watch?v=IVpo4zrILTk&feature=youtu.be. The ride will be filmed and shared as an adventure documentary, to highlight the importance of the UK's open spaces and marine environments for biodiversity and our mental health. Alongside the documentary, Pedal 4 Parks have created a podcast, "Mind the Green Space", which touches on the importance of speaking about mental health struggles and how green spaces help people mentally. You can find the podcast on Spotify, Anchor FM and Apple Podcasts.

A quote from Pedal for Parks Founder Isaac Kenyon: "This remarkable team is taking on a challenge that is out of the ordinary, in the spirit of protecting green spaces and our future mental health. We have all realised more than ever, given what this pandemic has taught us, that these are two very important things to keep in good balance. We are supporting the National Park UK Foundation Protectors Fund, which will be used for conservation projects in our beautiful national parks."

You can sponsor Pedal 4 Parks, watch their trailer and check out their route at pedal4parks.co.uk. They are also active on Instagram (@pedal4parks), Facebook (@pedal4parks) and Twitter (@pedal4parks).

For more information, please contact Isaac Kenyon on +44 7833 473157 or email via media@pedal4parks.co.uk.



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Mount Grace School
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Demolition at Mount Grace!

In January there was great drama at Mount Grace School as the girls' gym was being demolished. This was in preparation for a new Sports Hall which will be built in its place over the next few months.

The old boiler room has been moved; a new entrance has been built for access to the boys' gym and many other complicated issues have now been sorted out, leaving the builders free to proceed with the scheduled demolition. It was exciting to watch as the gym gradually disappeared from view. There will soon be a video uploaded to the



school YouTube and website capturing the dramatic and speedy collapse of the gym over a couple of days. A link will be posted once this is ready. In the meantime, we look forward to seeing the new sports hall gradually emerging and being put in place.

Lauren and Simran fly with 'Wings'

In the midst of all the strangeness of a Covid-secure school, Lauren Lisk and Simran Misir, two Year 10 students at Dame Alice Owen's School, managed to find a room with all they needed: a piano and space to sing (in a socially distanced way). Working together in their GCSE Music lessons, they composed a song, 'Wings', which seemed like the perfect endeavour to enter for the Collaborative Challenge, a national competition run by the Young Poets' Society. We were delighted to hear that they have won 3rd Prize.



Simran Misir

song really flowed out of the both of us and we had so much fun writing it and experimenting with the vocals on the track".

Katherine Bamber
Director of Music

"'Wings' for us, is all about feeling like you need to please others over yourself," write Lauren and Simran, "and putting other people first. We didn't write it about a single experience but rather about how it feels to lose your confidence when others try to knock you down, and the journey of finding and reconnecting with yourself again. The



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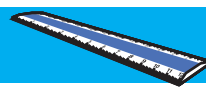
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Oakmere Primary School News

The start of this school year presented new challenges at Oakmere Primary School, but that did not stop us. Routines changed and a new normal was started! We achieved a lot in the first term: the children settled quickly into school life after having so much time off-site, and we were able to fundraise for Children in Need and our PTA. The new reception children made full use of our newly refurbished EYFS garden and made new friends quickly and soon felt quite at home.

We would like to take this opportunity to thank our wonderful pupils and parents for all their hard work during lockdown this term. The term has not started the way we all expected but the students and parents at Oakmere have risen to the challenge of home-schooling and are producing wonderful work.

Don't forget to look at our website and video of the school if you are interested in making an application for your child to join us. You will be assured a warm welcome! Our website address is www.oakmereprimary.co.uk.

We wish everyone in Potters Bar well, and stay safe!



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The role of a Celebrant

We have heard so much in recent months about families who have faced even greater adversities when losing a loved one due to COVID-19. With the restrictions in place for funeral services, on travel, the limitation of numbers and need for shielding, just some of the difficulties that we couldn't have foreseen a year ago, I would like to try and allay fears and anxieties and to provide reassurance. Celebrants will work with you to create lasting memories and provide comfort and strength in years to come as you pay your final respects to your loved one.

A celebrant is often asked to officiate at a funeral ceremony, usually when the family have no connection with a place of worship. Celebrants are trained and many belong to a professional body. They are able to perform both humanist services and those where some religious element is desired.

Time is taken with the family prior to the service to ensure that their loved one's character can radiate throughout all that takes place. Some families like to take a prominent part in the service, others would like the celebrant to read the eulogy and play a more active part.

All celebrants will have worked hard during this pandemic to try, where possible, to overcome the obstacles that the restrictions have created. Family members who are unable to attend can write a tribute that can be read for them, thus allowing them to be part of the service. Webcam can allow those who are unable to attend to be part of the service albeit virtually.

ALYSON HICKS

Funeral Celebrant

As a celebrant I will spend time with families so I am able to create a service that will reflect your loved one, honour their memory and bring strength and comfort.

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Potters Bar Rainbows, Brownies and Guides

Guiding in its many forms continues through these strange times.

Last year £400 was raised for MacMillan Cancer Care when Rainbows, Brownies and Guides took part in a sponsored mile, by running, walking, or scootering plus additional activities.

Many units have adapted their usual programme and held regular Zoom meetings. In addition, packs have been delivered to homes containing craft items, activity sheets, challenges, recipes, and the lists of tasks needed to complete Skill Builders and Interest Badges.

Some units were able to meet for real in the autumn term and enjoyed cooking over wood fires at our District HQ at Morven, designing and flying paper planes, very different from back in 2019 when autumn term had us attending Supanova PGL (and meeting an astronaut), a Mystery Weekend at a local campsite, pack holiday, waitressing at a church fayre, ten pin bowling and a District carol service.

Examples of other activities held during the year have been OS Map Symbol Bingo, VE Day virtual party, Museum evening, Midsummer Virtual Sleepover and a Unicorn Sleepover, fruit salad kebabs, Chinese New Year, and planting sunflower seeds.

Bronze, Silver and Gold Awards have been earned, as well as other badges such as: 'Pantomime', 'Too Cool for School', '40 Days of Summer', 'VE Day' remembrance and 'Adventures at Home'.

The older girls, called Rangers, have enjoyed various activities including creating a lock-down recipe book, an on-line escape room and on-line Panto.

We are looking for more adult helpers, over 18 and upwards. If you were a Rainbow, Brownie or Guide you may remember the fun of sleeping in a tent, eating toasted marshmallows, designing an alien outfit for a journey to space, making a bug hotel for the grounds behind the Library, planting bulbs in public spaces, attending events further afield such as a Jamboree in Japan. You might be new to the idea of helping at weekly meetings and we can offer training. It is enthusiasm, a willingness to learn and a real wish to help our young people to succeed that counts. Everyone has gifts to offer. Please do get in touch with Sue on **01707 850147**. Thank you.



'Shipwreck' sails to victory!
Like many organisations, the Potters Bar & District Photographic Society (the Society) had to suspend face-to-face activity in March, its first break in over 70 years. Competitions were moved on-line as were lectures and other activities.

The year ended with the announcement of the Projected Image of the Year (competitions for printed pictures being abandoned in March). 2020's winner was Peter Regan with his picture 'Shipwrecked', described by the external judge as "the best underwater picture I have ever seen". Peter also won the year-long cumulative General Class competition and will be competing in the Advanced Class this year. Peter said "This is my first full year at the Society, one that I have enjoyed, even though we have had to carry out some Zoom meetings. To win the Projected Image was quite a surprise and nice to know that there are people who enjoy my images. I joined towards the end of 2019 and tried to feel my way with the type of images that were being presented. I found that I had joined a very friendly club and my type of images would fit in. The winning image, 'Shipwrecked', was taken in the Red Sea and is of a ship called "GIANNIS D" and is off the Abu Nuhas Reef. It was the first and only wreck that I have dived."

Graham Adamson won the 2020 Advanced Class cumulative competition. He said "While I am obviously pleased to have won this year's competition, I do not think 2020 is about the winner but about the people that have enabled the society's members to have a distraction from all that the year has given us. Watching 70 years of unbroken face-to-face meetings change to an on-line organisation, it is good to see the members who have entered the competitions or supported our website events. May we all be together again in 2021." The Society has already planned a full programme of on-line events until April and will review how things develop after that. Last year was topped-off by the Society having a double page spread feature in a December issue of *Amateur Photographer* magazine.

Membership of the Society is open to anyone with an interest in photography irrespective of their photographic skill or what equipment they own. Further details can be obtained from the Society's website pottersbarphotosoc.org.uk or Facebook pages.

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Community News volunteers are radio stars!

The Community News was delighted recently to accept an invitation to be featured on Mary Holt's 'Sounds of the Community Show' on Potters Bar Radio. Mary's 2 hour show is broadcast every Thursday afternoon at 4pm (repeated on Saturday at 11am) and offers local groups the opportunity of showcasing their activities with the hope of inspiring others to take part.

The basis of the show is for those involved to give a brief message explaining their connection to the group, and selecting a favourite piece of music and dedication. Apart from members of the Community News Committee, others taking part were former Editor Margaret Ohren, regular contributors Elizabeth Torry, Susan Thurlow, Terry Barnes and Les Chesson, and deliverers Karen Kean, Kate Cox and Roger and Pam Moore.

A number of local groups have already appeared on the show, but Mary is always looking for others to be included on future shows. Any organisation wishing to avail themselves of such an opportunity of local publicity should contact Mary on info@pbradio.co.uk.

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Hertsmere News for You

To ensure our parks and open spaces remain a haven for residents, work is starting to tackle moth pests across the borough.

The Forestry Commission is undertaking surveillance of some of Hertsmere's oak trees between February and March to investigate outlying Oak Processionary Moth (OPM) reports from members of the public. The contractors will be wearing hi-vis Forestry Commission vests and will carry a Plant Health Authority Card at all times when surveying. Trees identified as having an OPM infestation will be sprayed with an orange ring.

The Oak Processionary Moth caterpillar and their nest can cause itchy rashes, eye irritations and, in severe cases, breathing difficulties in people and pets. The moth was first reported in three council-owned sites across the borough in May 2020. Since then, we have surveyed over 1,350 Oak trees across Hertsmere's parks and open spaces and identified 48 trees across 16 council sites as having Oak Processionary Moth nests.

During July 2020 contractors, wearing protective clothing, removed and safely disposed of nests and caterpillars across our parks.

We installed signs in parks where the Oak Processionary Moth had been identified to warn park users to be vigilant. Our advice remains 'spot it, avoid it, report it'.

The greatest risk period is May to July when the caterpillars emerge and feed before pupating into adult moths, but nests, even old ones, should not be touched at any time. The nests are



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typically dome or teardrop-shaped, ranging in size from a ping-pong ball to as large as a rucksack. They are white when fresh, but soon become discoloured and brown. The caterpillars have black heads and bodies covered in long white hairs and are easily recognised by a distinctive habit of crawling in large groups, nose-to-tail forming long lines on or around oak trees.

If you see any Oak Processionary nests or caterpillars in a council park you should report them immediately on 020 8207 2277 or email customer.services@hertsmere.gov.uk.

If they are on a privately owned oak tree, report them to the Forestry Commission using the Tree Alert online pest reporting form, by calling 030 0067 442 or emailing opm@forestry.gsi.gov.uk.

For more information on the Oak Processionary Moth, including distribution maps and detailed guidance on treatment visit www.forestresearch.gov.uk/opm.

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Hertfordshire Showband

Even COVID-19 can't keep a good band down!

It has been a hard time for everyone this year due to COVID-19 restrictions, but when regulations allowed you could hear the dulcet tones of the band floating out over Potters Bar! In September we rehearsed outdoors, and then in October when it got too cold outside, we went indoors but we still had all the windows and doors open for ventilation!



Luckily, our rehearsal hall was big enough for us to all sit 3 metres apart, and as added protection all the wind instruments used a bell end mask. This was a round piece of special muslin type material with elastic sewn in around the edge looking rather like a pudding basin cover over the end of the instrument. Even the flutes used a mask over the end where the air comes out and again over where the players blew across the hole that creates the sound! Amazingly the bell covers reduce the aerosols by over 90. Equally impressive is that any loss to the sound is marginal.

We will soon be back to rehearsals, probably with some precautions at first, but we practice in a Covid safe environment, and work strictly to our risk assessment. Zoom practices helped but there is nothing like the real thing.

Our senior Showband has retained most of our 55 players and will be working on their new programme for competitions and events coming up soon hopefully. Music selected for this specific programme is the theme music from 'The Incredibles', 'Take on Me'



Builders Arms party night.

by Ah Ha, 'This is Me' from The Greatest Showman, 'Carry on my Wayward Son' by Kansas, and 'I want you back' from The Jackson Five.

Now is a good time to join our band. We do know we have 3 new seniors joining when we start back. If you got up to a good standard in the past, then why not dust off the instrument and come along to 'try us out'. Core age of the senior band is 16 to 40, with playing ability from around Grade 5 level to graduate. We have spare brass instrument free on loan.



Lord Mayor's Show.

Young people from age 9 to mid-teens are welcome to join our training band. You just need to have started lessons and working towards Grade 2 level.

Events we expect to happen this year – IF COVID-19 allows!



Christmas concert at Wylyotts Theatre.

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2020...

The year the world stopped

A group of local friends decided to use some of lockdown time creatively by making a large wall hanging, consisting of sewn panels to illustrate aspects of our lives during this past extraordinary year.

Nine contributors chose a theme for their individual panels and worked at home, choosing their own fabrics and colours, and using a variety of sewing techniques such as cross-stitch, appliqué, patchwork, and embroidery.

Some panels illustrate our rules: the social distancing, regular hand washing, mask wearing and staying at home. Others highlight the positives: our daily exercise, the birds and flowers of a beautiful Spring, clapping for our NHS heroes, the lack of traffic on our roads and the rainbows and teddy bears that appeared in windows.

We hope one day to display our wall hanging somewhere in the town for others to enjoy.

With thanks to Ann Bagshaw, Janet Bream, Barbara and Dave Cox, Barbara and Dave Fordham, Jan Holman, Pauline Jones and Jean Simpson.





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What is the EU settlement scheme?

When someone's right of residence in the UK is because they, or a relative, has EU, EEA or Swiss citizenship, they and their family should now apply to establish their status (via www.gov.uk/eusettledstatus).

Four million applications have been made so far and about half of them only received pre-settled status and may apply again. The deadline for applications is 30th June 2021 and the consequences of missing it can be serious.

Residents can try to get support on www.gov.uk/assisted-digital-help-online-applications. If they lack access, or don't feel confident to use a computer or mobile device to complete it, they can phone the EU Settlement Resolution Centre on 0300 123 7379 or Citizens Advice on 0800 1148848.

I now volunteer for Settled (www.settled.org.uk), a charity that provides multi-lingual services to vulnerable citizens, for example the elderly, isolated, disabled, a child in care, with significant language or literacy problems, have mental health issues, do not have a permanent address, or are victims of domestic abuse or of human trafficking.

Do spread the word.

Paulo Consalves



URGENT APPEAL 

Europeans who made a home alongside British people risk losing their right to live in the UK. Losing things you have taken for granted throughout your lifetime – your home, healthcare, income – is a frightening prospect. Settled's multi-lingual advisers are striving to reach large numbers who are unaware of the need to make an application to stay or are struggling to do so successfully. Elderly Europeans who are not online are most at risk.

Please support us and donate to keep our telephone lines running at this vital time.

settled.org.uk/en/2020/11/13/urgent-fundraising-appeal

Charitable Incorporated Organisation no: 1184580 • OISC organisation no: N201900057

PLEASE SHARE THIS MESSAGE

Potters Bar Online Christmas Market

The Potters Bar Online Christmas Market Facebook group was set up to help support local small businesses by connecting them with the local community at a time when physical fairs and markets were unable to take place. The market grew very quickly, and we soon had over 40 stallholders and 600 group members. As a result, we were not only able to help local businesses but also support Christmas in Potters Bar with £220.05 raised through the stall fees being donated to the Christmas Light Fund.

With the continuing uncertainty of what may lie ahead, it was decided the group would continue, but be run as 'Potters Bar All Occasions Market'. With offerings throughout the year, we hope that all our members will be able to find something suitable for themselves, or as a gift, from one of our stalls.

Going forward we are hoping that in the latter half of the year we may be able to run some physical events alongside the online market to allow the community to better connect with these amazing small businesses.

If you are interested in joining as either a buyer or stallholder, you can find us on Facebook by searching 'Potters Bar All Occasions Market'.

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Take a Trip Down Memory Lane

There are several Facebook groups in the area covered by the Potters Bar Community News. Some are looking a little moribund, some contain just adverts, some have a mixture of ads and news, and some just discussion points and information.

'Potters Bar – A Trip Down Memory Lane' is run by a sole administrator, Jill Hellary, who has composed this very candid account.

"I started the "Potters Bar – A Trip Down Memory Lane" Group in 2010. I always had an interest in Potters Bar history from about the age of 13, but never really did anything about it until 2006.

After years of suffering from severe depression and dealing with my autism and the death of my mother, my family thought it would be a good idea for me to have a computer. It turned out to be a good idea – though I wasn't interested at first.

Things began on New Year's Day 2007 starting with my YouTube channel called PIGGIE58 which has a large mixture of Potters Bar films among other things. Some I filmed myself, of local events, some old newsreels including three of the Potters Bar Zeppelin from 1916, plus a few funny ones using "Green Screen" effects. The YouTube Channel has had over 10 million hits to date and growing.

Then on the 19th of June 2010, I created "Potters Bar – A Trip Down Memory Lane" a nostalgic memories and history group on Facebook. Members add old photographs of Potters Bar and its people and share their memories.

The group has grown over the years and has a membership of 5,894 members to date and rising. The group has become a lifeline in this pandemic, cheering people up in these difficult times. My life has changed too, the project has improved my mental health over the years. I've made new friends through it and have had many photos published in the local paper. The group reached its 10th birthday last year. Since then, sister groups have been created, such as South Mimms – A Trip Down Memory Lane, also there are groups for Little Heath & Brookmans Park, Northaw, Barnet, Finchley, Enfield, etc. The future for the group can only get better."

Jill's group is a useful way to keep in touch with former residents who are still interested in what's going on locally. Each issue of the *Community News* is posted to their Facebook page, and from time-to-time information regarding our publication dates, etc will be added.



Two historical photos of Darkes Lane which were posted by David Bartholomew are shown here.



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Fir and Pond Woods Nature Reserve - Herts and Middlesex Wildlife Trust

When Covid restrictions allow, working parties to maintain this reserve meet monthly on the 2nd Sunday, 10am–1pm. Meet at the layby in Coopers Lane Road, EN6 4DG. Tools are provided, bring drink, gardening gloves and good footwear. Check our Facebook page or phone John on 01707 652836.

Bluebells, wild arum and celandine plants are starting to poke up, so spring is on the way! One of the Turkey Oaks in the meadow has been felled allowing more light into the glades north of the meadow. As a by-product we hope that there will be a decrease in Turkey Oak Gall Wasp which is detrimental to our native oaks.



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WHAT'S ON

MARCH

Thursday 4th

► ***PB Filmmakers 'Pot Luck'**. Members to show their own films from YouTube or Vimeo. Zoom at 7.45pm. Visitors most welcome. See website for further contact details.

Thursday 11th

► ***Enfield National Trust Association** Zoom meeting on 'Blood, Fire and Baked Apples in Hadley Wood'. £3. If you are interested in joining, contact Graham Bull at graham.bull90@btinternet.com.

Thursday 18th

► ***PB Filmmakers Holiday Film Competition**. Zoom at 7.45pm. Visitors most welcome. See website for further contact details.

► ***Enfield National Trust Association** Zoom meeting on 'Walking England's Cathedrals' Barbara Foster. £3. If you are interested in joining, contact Graham Bull at graham.bull90@btinternet.com.

Friday 19th

► ***RSPB** Zoom meeting at 8pm. James Lowen 'Japan, the world's best birding'. A popular talk that makes a compelling case for why Japan offers the very best of winter bird-watching anywhere in the world. Please email pbandb.rspb@gmail.com for invite details. These will be sent out shortly before the meeting.

Sunday 28th

► **Palm Sunday**. For details of church services please go to the individual websites nearer the time. You can find links to these websites at www.ctpb.org.uk.

APRIL

Thursday 1st

► ***PB Filmmakers 'A Foolish Evening'**. Zoom at 7.45pm. Visitors most welcome. See website for further contact details.

Friday 2nd

► **Good Friday**. There will be united witness and worship as usual, but its form will depend on the COVID situation at the time. Details will also be available nearer the time at www.ctpb.org.uk.

Sunday 4th

► **Easter Worship with Communion** at St John's Methodist Church at 10.30am (pending COVID situation – see stjohnspb.org.uk for up-to-date details).

► **Easter Sunday**. For details of church services please go to the individual websites nearer the time. You can find links to these websites at www.ctpb.org.uk.

Thursday 8th

► ***Enfield National Trust Association** Zoom meeting on 'The Mary Rose' Edward Towne. £3. If you are interested in joining, contact Graham Bull at graham.bull90@btinternet.com.

Wednesday 14th

► **Parkfield Medical Centre**. 'Clinical Pharmacist Zoom Health Talk'. 7.30pm. Email friendsofparkfieldppg@gmail.com to receive the link. Open to all.

Thursday 15th

► ***PB Filmmakers**. Three speakers before tea, Zoom at 7.45pm. Visitors most welcome. See website for further contact details.

Friday 16th

► ***RSPB** Zoom meeting at 8pm. Bill Coster on Iceland 'The most spectacular country in the whole of Europe'. Please email pbandb.rspb@gmail.com, for invite details. These will be sent out shortly before the meeting.

Thursday 29th

► ***PB Filmmakers**. A practical evening 'lighting-up time'. Zoom at 7.45pm. Visitors most welcome. See website for further contact details.

MAY

Thursday 13th

► ***PB Filmmakers Annual Dinner and 'Film of the Year' Awards**. Zoom at 7.45pm. Visitors most welcome. See website for further contact details.

► ***Enfield National Trust Association** Zoom meeting on 'The Story of Panama' Richard Thomas. £3. If you are interested in joining, contact Graham Bull at graham.bull90@btinternet.com.

Friday 21st

► ***RSPB** Zoom meeting at 8pm. Richard Pople 'Where in the world?' Exploring from southern Europe to the Arctic. Please email pbandb.rspb@gmail.com for invite details. These will be sent out shortly before the meeting.

Thursday 27th

► ***PB Filmmakers**. Theme to be agreed. Zoom at 7.45pm. Visitors most welcome. See website for further contact details.

JUNE

Thursday 10th

► ***PB Filmmakers**. Theme to be agreed. Zoom at 7.45pm. Visitors most welcome. See website for further contact details.

Friday 18th

► ***RSPB** Zoom meeting at 8pm. TBC. Please email pbandb.rspb@gmail.com for invite details. These will be sent out shortly before the meeting.

Thursday 24th

► ***PB Filmmakers**. Theme to be agreed. Zoom at 7.45pm. Visitors most welcome. See website for further contact details.

July

Thursday 8th

► ***PB Filmmakers**. Theme to be agreed. Zoom at 7.45pm. Visitors most welcome. See website for further contact details.

Potters Bar Film Makers are currently meeting via Zoom. Anyone interested should email club secretary Penny Love or Membership Secretary Andrew Saunders for further information (contact details are on the club website www.pottersbarfilmmakers.co.uk). Meeting dates for the beginning of 2021 have been allocated and more details will be added as the COVID situation evolves.

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King Charles the Martyr Church

Is planning to keep services online for the foreseeable future, with a hope to return to services in church with a congregation for Easter.

Services are at 10.30am each Sunday during the pandemic and we hope to return to two services as soon as possible.

Please keep an eye on our website www.kcm-church.org.uk for more information.



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Animal welfare continues at RSPCA Southridge Centre



2020 was different to any other year that we can remember – of life in general and life at the Centre. It illustrated how dedicated our team of staff and volunteers are. Throughout times when most of the country are sitting safe behind their closed doors, the members of our team, whose age and health permits, are at the Centre ensuring that the animals are being given the best care possible.

As restrictive as the lockdowns and tier restrictions have been in 2020, more than ever before we have had the luxury of being able to spend quality time with the animals, and the results have been wonderful especially in our cattery. Our team of cattery staff and volunteers have worked nothing short of a miracle with a large group of 40 cats rescued from one property. We were told they were feral –

they were not. They were fearful but with loving and gentle handling over months during lockdown 1, they have responded amazingly to the extra attention given to them.

Of course, the dogs have benefitted hugely too from getting out of their kennels and walked by a small group of volunteers who have been with us all through the restrictions. There has been more time for play and games and interaction with others. Our miscellaneous section became specialists in hamster care after more than 20 were admitted during lockdown 1.

During the pandemic we have been overwhelmed with offers of homes for all the animals that we have been able to advertise for rehoming. We have had to carry out rehoming in a completely alien way, following guidelines and restrictions whilst keeping everyone safe. It has been a very challenging task, but one which has now been

perfected. Between March and December 2020 we rehomed nearly 400 animals of various species.

We do miss our supporters. Not having you pop in for a visit and dropping off treats for animals and staff has really been missed, but many have still had us in mind when shopping or passing, and we have been overwhelmed by the generosity of people dropping off socially distanced donations in the bins in front of our reception door.

Fundraising has obviously suffered hugely. Not being able to have our yearly Summer Funday or our Christmas Ball has been a massive loss and has lost us thousands in missed donations/income. This year hopefully, it will be a matter of all hands to the fundraising pump. To keep staff and volunteers safe, the Centre remains closed for public viewing throughout the pandemic.



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Potters Bar Bowls Club - active in lockdown

Even after a bowling season quite like no other, Potters Bar Bowls Club has remained strong during lockdown and has been a lifeline to many of its Members. Christmas messages were posted on the Club's website as members couldn't exchange cards as they normally do.



It's been a busy few month even in lockdown 3. The Club's Green Team raised £70 for the President's Charity, 'Fight Bladder Cancer', by making wooden Christmas trees out of old pallets and some 'light logs' out of pruned tree branches.

The maintenance and green teams joined forces to make up a fencing team. No... not fencing with an épée and mask but putting in place new fencing where a section of hedging at the Club's car park perimeter had been wilting for a while. Thanks to a donation made by a club member, the posts, panels, and trellis were purchased, and work is now almost complete. In addition, work on a new club house roof has just been finished.



Two members, Peter Openshaw and Richard Pearce, have both been stewarding at local vaccination hubs and the Club's Fixture Secretaries, Steve and Diane Jewell have finalised the coming season's list of friendly games against other local clubs.

At the end of January over 20 Members took part in Potters Bar Community Radio's programme, featuring our Bowls Club. Terry Barker, the Club Treasurer, was the spokesperson and the Club's President, Vice President, Captains, and some old and new Members were among those who spoke about their enthusiasm for the Club and made musical dedications.

Looking forward to better times, the spring and warmer weather, several members have already submitted entries into the District and County Competitions. However, it's a 'wait and see situation' whether they will go ahead. The Club, hopefully – with COVID 19 restrictions permitting – is scheduled to open on Saturday 24th April with Open Mornings planned for Saturday 1st May and Saturday 29th May.

Everyone at Potters Bar Bowls Club is, like everyone else up and down the country and in Potters Bar, hoping that better times are coming, and that life can return to normal as soon as is possible.

Susie Thurlow
Press Officer

Beat the Lockdown Blues - Learn to Play Bowls!

Bowls is a sport for all, regardless of age, sex or physical ability

We are a small friendly club, and we have members from Welham Green, Potters Bar, Brookmans Park and surrounding areas. Last year was a difficult year for everyone, but with planning and care and attention to safety measures, a lot of our members were able to get out on the green and enjoy friendly games of bowls at North Mymms Bowls Club, Welham Green.

Bowls is not a difficult game to learn, and with practice, you will soon be able to join in friendly 'roll-ups' or in matches against other clubs. After an enjoyable afternoon or evening game you can relax with a drink outside the clubhouse with other members.

We encourage anyone who is interested to contact us and come along and try the game for free. All you need to start is some flat soled shoes. We have bowling equipment for beginners to try and qualified coaches to show you how. As a special offer to attract new bowlers the club is offering the first year's membership subscription for only £10.

This is a great opportunity to play a very enjoyable game, get fresh air, and a great social life. Our green will open at the end of April and we are joining in the Bowls England national drive to promote bowling during the month of May.

Please contact our Membership Secretary, Val Atkinson on **01707 645320** or email vgatkinson@btinternet.com.



'Have a Go' day at the club – some people trying out bowling for the first time.



Potters Bar Tennis Club coaching

Due to all the government and ETA restrictions, no tennis is available at the club currently. When we are back to normal Karl Mills Head Coach will be running his usual Coaching Sessions again.

Monday Community Mixed Coaching 7–9pm

Tuesday Mixed Coaching 10am–12noon

Thursday Mixed Coaching 10–11am

These sessions need to be booked when we are fully back, and can be done on the Club Website under 'Book Group Coaching Here' button. For details or any other questions please contact Karl Mills direct on 07939 303483 or by email at pbttcoach@gmail.com.

Sporting Nicknames

Continuing our series on sporting nicknames, we turn to cricketers:

Big Chef: Alastair Cook, Essex and England

Little Chef: Sam Cook, young Essex bowler

Super Cat: Clive Lloyd, athletic leader

Cat: Phil Tufnell, fell asleep anywhere

The Colonel: Phil Mustard

Swampy: Geoff Marsh

SOS: Shaun Marsh, son of Swampy

Bison: Mitchell Marsh, his other, large-framed son

Tugga: Steve Waugh

Aighan: Mark Waugh, the forgotten Waugh (war)

Burnley Lara: James Anderson, optimistic batting comparison

The Wall: Rahul Dravid, impossible to beat his bat

The Watford Wall: Steve Finn, another optimistic batting comparison



Burnley Lara.



Banger.

GOAT: Nathan Lyon, greatest of all time

Paddles: Richard Hadlee, who had big feet

Pigeon: Glenn McGrath, who had skinny legs

Dial M: Tim Murtagh, as in "Dial M For murder"

King of Spain: Ashley Giles, after misprint on benefit jug – 'King of Spin'

Dizzy: Jason Gillespie

Omni: Mike Buss, one Sussex brother...

Trolley: Tony Buss, the other

Rawalpindi Express: Shaoib Akhtar, express fast bowler

Punter: Ricky Ponting, love of betting

Mr Cricket: Mike Hussey, sheer devotion to the game

Pup: Michael Clarke, initially the youngest player

Legga: Allan Lamb

Little Master: Sachin Tendulkar

Sultan of Swing: Wasim Akram, reverse swing ace

Creepy: John Crawley

Pica: Graham Dilley

White Lightning: Alan Donald, fast bowler

Whispering Death: Michael Holding, fast bowler

Castro: Fidel Edwards

Big Bird: Joel Garner, very tall fast bowler

Banger: Marcus Trescothick – alleged love of sausages

Typhoon: Frank Tyson, fast bowling

Chilly: C(hris) Old

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Potters Bar Rotary - February 2021

For 20 years the Potters Bar Rotary sleigh has been delighting hundreds of children and families around Potters Bar by bringing Christmas cheer, lights, and music to the streets in the depths of dark Decembers. Many parents have commented that Christmas starts when the sleigh visits. The collecting rounds have normally helped us to raise around £7,000 each year for local, national, and international charities.

This year was a huge challenge, with the restrictions and precautions as a result of the Coronavirus pandemic. As the summer and the autumn wore on, when our planning would normally be well ahead, the rapidly changing situation made it increasingly difficult working out what we would be allowed to do. Government advice was constantly changing, and our sleigh team needed to make flexible plans involving minimum physical contact to maintain the safety of the public and the team.

Against all odds we managed to publicise and carry out 'fly-by' tours of our usual streets on five evenings. In order to avoid crowds building up, Rudolph's Sleigh needed to keep moving more than we would have liked, but we hope that many children had the chance to see and hear it. Our plans to take Rudolph's Sleigh to Tesco Potters Bar, in the few days before Christmas, had to be cancelled due to Tesco's own pandemic arrangements.

We'd like to say a big THANK YOU to those who visited our 'Just Giving' page or used text donations to help us make about £700 towards the charity collection. But... it's not too late... the page is still open and here is a link: www.justgiving.com/rotary-pottersbar, or text RUDOLF, followed by the amount you want to give to 70085 (for example RUDOLF 8 will donate £8).

We are very proud to announce that our stalwart President, Joan Ward, has recently been awarded a Paul Harris Fellowship as an acknowledgement of her amazing contributions to the continuing success of Potters Bar Rotary. Joan has continued her leadership in difficult circumstances and her considerate and empathetic communications with our members have helped to keep our spirits up. We have continued our meetings by Zoom on the second and fourth Tuesday of each month.

Let's hope that 2021 enables us to offer more of the live activities that had to be cancelled last year – the Battle of the Bands, Potters Bar Carnival, the Classic Car and Bike Show, the Christmas lights celebration, Christmas parties for the community, and then on to a more extensive sleigh programme.

If you would like to get involved with charity and community activities in the area, do please contact Potters Bar Rotary – we would be pleased to welcome you. The fellowship that Rotary provides has been a great source of support during this difficult year.

Chris Cardell-Williams
secretary@pottersbarrotary.uk



Rotary GB&I's People of Action Polio Award

Brookmans Park Rotary Club Rotarian Barbara Middleton, a Potters Bar resident, was recently awarded the Rotary GB&I's People of Action Polio Award for her hard work and contributions towards the eradication of polio. This is an award given out annually to recognise significant and recent contributions to Rotary's humanitarian goal of eradicating polio from the world. Under current lockdown restrictions it wasn't possible to present Barbara with the award in person, so she received it virtually from Rotary GB&I Polio Champion Jannine Birtwistle, on behalf of Rotary GB&I, at a Rotary meeting in January 2021.

While Club President in 2013, Barbara travelled to Delhi for the first time to participate in a National Immunisation Day (NID) and helped to immunise 170 million children aged five and under. She later returned to India, travelling to Amritsar in 2017 and Kolkata in 2018, both times immunising under-fives. In 2019 she travelled to Bhiwadi with other British Rotarians, but the Indian Government postponed

the date of the NID after their arrival. This caused Barbara to contact a local Rotarian Doctor, and with his assistance, all the British Rotarians were able to participate in the immunisation process at a local refugee camp instead.

Barbara has given talks about her experiences, had reports published in the Community News, and her photos have been used in Rotary 'End Polio' publicity and training materials. She is a passionate supporter of Polio eradication, and has been involved in many fundraising and awareness-raising events including planting crocuses and sponsored karaoke singing.



Brookmans Park Rotary - Santa rides again

One of the highlights at the end of 2020 for Brookmans Park Rotary Club was the ability to take their Christmas sleigh and Father Christmas out into the community.

However, the Club's Christmas plans had to be adjusted to fit COVID-19 restrictions. The Christmas tree on Bradmore Green, Brookmans Park was lit by a lone member out walking his dog. No mince pies and mulled wine accompanied by carol singing for residents this year.

The Christmas sleigh was allowed to go around local roads but no 'elves' could knock on doors to ask for donations to Rotary charities. Nevertheless, the members decided that children would enjoy seeing Father Christmas, so his sleigh was dusted down and brought into use. The driver towing the sleigh behind his car could be socially distanced from Father Christmas and they went around the roads at less than 3mph. The 'elves' had delivered leaflets to every house on the routes to let people know when the sleigh would be near their home and to invite their participation in the fundraising Rotary Christmas quiz.

Routes were set around Cuffley, Welham Green, Essendon and Brookmans Park. The sleigh was well-received, and people came out of their homes to wave at Father Christmas.

Before the pandemic, Tesco at Hatfield had booked the sleigh to park outside the store 21st–24th December but sadly that couldn't happen this year.

The Club did not make the usual £4000 to £5000 from Christmas fund-raising for the Rotary charities this year. Fortunately, some very kind people did respond to the request to donate via the information in the leaflets and around £600 was raised. We would like to thank all who donated in these difficult times. If you would like to donate to our Rotary charities, this can still be done at <http://uk.virginmoneygiving.com/fund/BPRXmas>.



Brookmans Park Rotary

Brookmans Park Rotary Club have continued to meet on Zoom, holding weekly meetings with many interesting speakers, including Global Scholars speaking to us from New Zealand and London, as well as fellowship, Bingo and Beetle Drive sessions. In December we were able to illuminate our Christmas lights on the trees on Bradmore Green and take our sleigh out round Brookmans Park and other villages with Father Christmas on board. (see separate report). We also devised a Christmas quiz which was delivered to all households on the sleigh route ahead of the sleigh's arrival along with a letter from Santa, which all helped to raise some monies for Great Ormond Street Hospital and other charities supported by our Club.



In December, the Club provided Christmas presents to the Welwyn and Hatfield Women's Refuge for the children staying there at Christmas. The Club also supported a Rotary Kids Out Christmas toy box initiative

sponsoring some toy boxes to be provided to children in refuges in other parts of the county in time for Christmas. The Club members personally donated money which provided Christmas gift bags with hats, gloves, books and activity packs for the children of families using Potters Bar Foodbank. (picture shows the gift bags before they were distributed).

Our Rotarians continue to support the local communities by volunteering as marshalls at vaccination clinics in Hatfield and Stevenage, knitting hats for premature babies in local hospitals, making face masks to sell for our charities, volunteering at Kids Out charity, together with continuing to donate groceries and baked goods for the Potters Bar Foodbank on a weekly basis. In relation to this please contact Brookmans Park Rotary club if you'd like to get involved with baking, or wish to contribute to food donations at enquiries@brookmansparkrotary.org.uk.

New Ark for Noah's Ark!

For some time now Brookmans Park Rotary have supported the Noah's Ark Children's Hospice in Barnet. It's an amazing place, providing emotional and practical support to seriously unwell children and their families across North and Central London and Hertsmere.



So, when lockdown presented the charity with even more difficulties, Rotarian Neil Kirby thought what better way to help than to build an ark!

Only this one is slightly smaller. And with a selection of wooden animals, hopefully this one will brighten up the time children spend at the hospice.



WARNING as more residents lose money to scam Police calls

Hertfordshire residents have lost more than £80,000 during January to fraudsters posing as police officers. Nineteen residents have been targeted since the start of the year, with most of the victims being aged over 65.

The victims were contacted by callers posing as police officers, from either a landline or a mobile number, informing the intended victim that there has been fraudulent activity on their bank account. The bogus police officer then asks them to withdraw cash, or in some cases to buy expensive items, to hand over to a courier that is despatched to their address by the fraudster.

The offenders may also ask people to assist in the investigation by disclosing their bank details, including their account and PIN numbers.

The vital things to remember are that your bank and the police would:

- NEVER ask for your bank account details or PIN number over the phone, so do not disclose these to anyone, no matter who they claim to be.
- NEVER ask you to withdraw money and send it to them via a courier, taxi or by any other means.
- NEVER ask you to send your bank cards, or any other personal property, to them via courier, taxi or by any other means.

If you are not happy with a phone call, and are suspicious of the conversation you have with the caller, then please end the call and dial 101 or report online www.herts.police.uk/report. Remember, when reporting a suspicious phone call to police, wait at least five minutes before attempting to make the call to ensure you're not reconnected to the offender.

Alternatively, use a mobile phone or test your landline by phoning a friend or relative first, to ensure you aren't still unwittingly connected to the offender. If you have concerns about your bank account, visit your local branch.

For more information on scams visit our Scam police and bank callers page www.herts.police.uk/phonestcams where you can also watch a video provided by Action Fraud and entitled 'The Devil's in Your Details'.

Derrick Sweeney
Watch Liaison Officer
Email: wlo@herts.pnn.police.uk



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Carnival postponed

The Carnival committee met recently to consider the difficulty in planning for this year's Carnival given that there could still possibly be COVID-19 restrictions in place on the scheduled date.

Given the circumstances, it has reluctantly been decided to postpone until next year. The possibility of holding a virtual event via Zoom was considered but felt to be impractical.

To make up for the disappointment felt by everyone, a bumper Carnival is forecast for 2022.

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- [/pottersbarstagecoach](https://www.facebook.com/pottersbarstagecoach)

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Your vote counts

On Thursday 6 May 2021 residents in Hertsmere will go to the polls to have their say on who represents them in Borehamwood Kenilworth ward in Hertsmere; South Mimms, Shenley and Aldenham Parish Councils; Hertfordshire County Council and the Police and Crime Commissioner elections.

While local elections are not until May, we're already making plans to help you stay safe while casting your vote. There are a number of ways to have your say in the May elections – you can vote in a polling station, by post, or by appointing someone you trust to vote on your behalf, which is known as a proxy vote.

Sam Langford, Electoral Services Manager for Hertsmere Borough Council, said: "The elections later this year are very important. They're an opportunity to make your voice heard and have a say on who represents you on issues that directly affect day-to-day life. We're thinking about these elections now so that, however you choose to cast your vote in May, you can do so safely. We're putting arrangements in place to help you stay safe at the polling station; you can expect many of the measures you've become used to in shops and banks over recent months, such as hand sanitiser, floor markings and face masks. But you also have the option to apply to vote by post or by proxy."

Ailsa Irvine, Director of Electoral Administration and Guidance at the Electoral Commission said: "The choice on how to vote at May's elections is yours – you can have your say in person, by post or by proxy.

"If you're thinking about voting by post, you can apply now. This will make sure your application is processed early, and your postal vote can be sent to you more quickly. It's easy to apply and you can find out how by visiting the Electoral Commission website.

"You need to be registered to vote in order to have a say at the elections – the easiest way to register is online at www.gov.uk/register-to-vote".

Residents can visit www.hertsmere.gov.uk/electionnotices to find out more about the elections on 6th May 2021. The page will be updated with new information as it becomes available.

Any residents who have questions can also contact their local elections team on **020 8207 7481** or email elections@hertsmere.gov.uk.

Find out more about voting and registering to vote at www.hertsmere.gov.uk/may2021elections.

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RSPB - Potters Bar and Barnet local group

When we resume face-to-face meetings there will be illustrated talks on Friday evenings at Tilbury Hall, Potters Bar at 7.45pm.

RSPB members £4, others £4.50. Also on Wednesday afternoons at St John's URC Hall, New Barnet at 2pm. RSPB members £3.50, others £4.

We also organise regular coach outings to nature reserves. See website for details

www.rspb.org.uk/groups/pottersbarandbarnet or telephone **01707 652836**.

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History on the Old Golf Course

Apart from the Coal Tax marker on the Golf Course, previously written about, there are a couple of other items of interest.

Entry to the Old Golf Course is via a tunnel under the railway, from Cranborne Road at the end of the industrial estate. As people walk through the tunnel, they are surrounded by brickwork that is 170 plus years old. Bearing in mind that the golf course did not exist in the 1850s, the tunnel was built to allow access for farmers to land on the east side of the railway. It was also a means of re-routing the old drovers trail from Half Penny Bottom at the lower end of Furzefield Woods to the footpath crossing the old Golf Course, now part of the Hertfordshire Way. The tunnel itself is not particularly wide but quite high, probably to allow a loaded hay wagon easy access. The fine Victorian bricks are in quite good condition for their age showing little signs of wear, but of course they are not exposed to the elements. The tunnel entrances however have been heavily reinforced with steel piling added in the 1970s to support the high-speed trains that came with electrification.

Once on the path crossing the old golf course, running alongside the small brook and walking eastward, people will eventually come across a World War II pill box built in 1940/41. Hertsmere have fixed a blue notice to it denoting a building of historical interest. Unfortunately it has now been vandalised with graffiti, although the photograph was taken before that happened. Most walkers will be unaware that having reached this point from the tunnel they have already passed another pill box which sits close to the railway embankment, and is almost completely covered by undergrowth. Both were part of a national line of defences against German invasion. Perhaps when life is more normal Hertsmere will be able to clean up the pill box.

Les Chesson





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We've moved! Wonderful news! Herts Ability has found a new home!

(This article arrived just after publication of our Winter edition and has been shown in the Stop Press section of our website).

The Welwyn Garden City based charity, a fully accredited member of Driving Mobility, working closely with associated national organisations, offers various vehicle-related assessments for all drivers.

After a long search for suitable premises, and with the support of the local Council and the Rt Hon Grant Shapps MP, Herts Ability is pleased to announce that they have moved from the Woodside Centre to the Weltech Business Centre, just off the Ridgeway in Welwyn Garden City.

The Business Centre offers modern business units and facilities to allow the charity to continue driving and mobility-scooter assessments and, with a grant received from Hertfordshire County Council, re-open their popular seating assessment clinics in 2021. At these clinics, older and disabled people receive full clinical evaluation and advice on the most beneficial seating and help with purchases to allow them to live in their own homes independently.

Nigel Dotchin, Chair of Trustees said "We are delighted. Eight months ago, we were dealing with lockdown, a search for new premises and the closure of our Equipment Centre. With the new premises we will be able to continue to provide help and advice to older and disabled people across the county and look at expanding the services we offer.

If you would like to get involved in the charity, as a trustee, a fundraiser or with suggestions on services we could provide, we would love to hear from you! New address is **Unit 2, Weltech Centre, Ridgway, Welwyn Garden City, AL7 2AA. 01707 384263 and www.hertsability.org.uk.**

Parkfield Medical Centre - Clinical Pharmacist

Zoom Health Talk – Wednesday 14th April, 7.30pm

Joy Oyebokun, Clinical Pharmacist at Parkfield Medical Centre, will be talking about her role and how she can support patients in our Health Talk. This will take place on Zoom, in the form of a 30 minute presentation followed by an opportunity for questions. To receive the link, please email friendsofparkfieldppg@gmail.com. The talk is open to patients from all local surgeries.

Introduction from Joy:

“My name is Joy and I am one of the clinical pharmacists in the Potters Bar Primary Care Network. I am one of two pharmacists working at Parkfield Medical Centre and our role is to manage and resolve day-to-day and long-term medicine issues. As clinical pharmacists, we are highly qualified experts in medicines and we work as part of the practice team to improve patient safety, outcomes and value. Some of the tasks I do on a day-to-day basis include running medication review clinics, providing advice to those on multiple medicines, answering medicine-related questions from patients, dealing with changes from patients recently discharged from hospital, managing the care of those on high-risk medicines and managing medicines shortages by providing suitable alternatives.”



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RYDAL MOUNT YARD, BAKER STREET, POTTERS BAR

Rare bird faces local extinction

For over thirty years the Herts Bird Club has been supporting the last remaining Tree Sparrows in Hertfordshire at their surviving breeding colony in the Tyttenhanger Gravel Pits area that lies between London Colney and Colney Heath. Tree Sparrows are 'red listed' as birds of the greatest conservation concern and this colony is one of only a few remaining in the southeast of England.

Now they face a threat from housing development on the site that would seal their fate, and mean that Tree Sparrows become extinct as a breeding bird in Hertfordshire. As part of their new Local Plan, Hertsmere Borough Council is looking to adopt the Tyttenhanger site for development. Their Local Plan sets out how they will meet their housing targets for the next 15 years and 6,000 new homes are proposed for the site.

In response to the threat posed, not just to the Tree Sparrows, but to all the rich wildlife of the area, a Working Group has been set up by the Herts Bird Club. Working with members of the SE Herts RSPB group and the Herts and Middlesex Wildlife Trust, the group is working together to oppose the development plans and look at ways the site and its wildlife, in particular the Tree Sparrows, can be saved.

As the development proposals are set to be adopted this spring, your support would be very welcome in helping save our Tree Sparrows and Tyttenhanger Gravel Pits as a great site for wildlife. To find out more about Tyttenhanger Gravel Pits and its wildlife please join the Facebook Group (link below) and support the 'Herts Tree Sparrow Project' by liking its Facebook page.

www.facebook.com/hertstreesparrowproject

www.facebook.com/groups/tyttenhangergps

Twitter: @SaveTyttGP

Stan Kitchiner

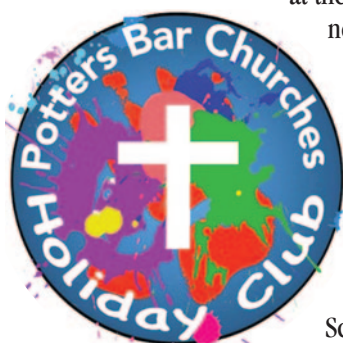
South East Herts RSPB Members Group Leader

Churches Together in Potters Bar

The Christian Churches in Potters Bar continue to worship and serve the community, mainly virtually until it is possible to meet physically again.

Palm Sunday is 28th March and Easter Sunday is 4th April. For details of church services please go to the individual websites nearer the time. You can find links to these websites at www.ctpb.org.uk.

Good Friday is 2nd April and there will be united witness and worship as usual, but its form will depend on the COVID situation at the time. Details will also be available nearer the time at www.ctpb.org.uk.



**On Your Marks...
Get Set...
for our Summer
Holiday Club**

This summer, in partnership with Scripture Union we are aiming to run our holiday club again at Mount Grace School. It will be held from 2nd–6th August, and there will be a mixture of activities built around the theme of the Bible stories. This year's Olympic theme has daily activities which includes drama, crafts, music and singing, games and challenges.

This inclusive holiday club is run by DBS-cleared, experienced volunteers from local churches, and if you would like to get involved please contact your local church or find out more on our website Home | Potters Bar Churches Holiday Club.

If you have teenagers, don't despair, we also have a great Teen Team that supports the holiday club. They help with games, crafts, refreshments, drama and music, and anything else that needs doing. The teenagers also have some time together as a team, exploring the same Bible reading and themes as the rest of the holiday club and are a key part of the week. If you are a teenager and would be interested in getting involved please contact your local church, church youth leader or find out more on our website using the link above.

We will be opening our bookings system for the children in the summer term, so do please keep checking our website for more details.

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The Church of King Charles the Martyr in Potters Bar

Celebrates 80 years since its dedication in 1941.

Most churches are named after saints but the church building on the new estate at the edge of the ever-expanding town of Potters Bar in 1941, was named after Charles, King and Martyr.

On Saturday 25 November 1939, the Foundation Stone was blessed by the Bishop of Willesden and laid by The Reverend T. Basil Woodd, a descendant of Captain Basil Woodd, who was a Gentleman-at-Arms to King Charles I, and who was with him on the scaffold and received his Garter just before his beheading.

The Consecration of the Church was to have been held in 1940, but the War and problems with the shortage of materials delayed this and it was not until 12 July 1941 that the Consecration by the Bishop of London took place.

The Service paper has a note to the effect that: "should an Air Raid Warning sound during the Service, there will be a short interval during which those who wish to go home or to the public shelter should reverently leave the Church. The Service will then proceed".

The history of this 'new' church with its unusual dedication will be celebrated over the weekend of Saturday 10th and Sunday 11th July 2021 as it celebrates the 80th anniversary of its consecration.

On Saturday 10th we hope to host a Family Fun-Day, organised by our community café with displays and information about the church and those who use our halls. On Sunday 11th we will be joined by Bishop Michael of Hertford to celebrate a Eucharist service, giving thanks for the work and dedication of those who have worshipped here over the years.

Planning is in the early stages but if you have any recollections, written memories or pictures of KCM, we would love to have them. Please contact the office with your submissions and stories.

Revd Atalie

Vicar

For more information:

Tel: 01707 665579

Email: office@kcm-church.org.uk

www.kcm-church.org.uk

Facebook: @KCMChurchPottersBar

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LOCAL ORGANISATIONS

ANIMALS

DOG TRAINING – HOME FARM
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DOG TRAINING IN POTTERS BAR
Weekly, Sun 10–11am. 020 8449 5298 /651610

PUPPY CLASSES IN WILD HILL
Weekly, Mon 7.15–8.15pm. Wild Hill Village Hall. Puppy socialisation and basic training classes from 8 weeks old or after first inoculation. 651610.

RSPB POTTERS BAR AND BARNET LOCAL GROUP* Illustrated talks, Fri at Tilbury Hall, 7:45pm. RSPB members £4, others £4.50. Wed at St John's URC Hall, New Barnet, 2pm. RSPB members £3.50, others £4. Tel 01707 652836 or www.rspb.org.uk/groups/pottersbarandbarnet.

RSPCA* Friends of Southridge Animal Rescue and Re-homing Centre, Packhorse Lane, Ridge.

RSPCA Potters Bar, Hatfield and Barnet Branch. 07872 902710.

ART

ART Every Fri 10am–12noon. Furze field Court, (next to Elm Court). £2.30. 020 8207 7568.

ART IN HERTS Weekly, Tue. Furze field Court, 7.30–10pm. 650694.

CHILDREN'S FINE ART CLASSES
Little Art School of Herts. Small groups. Ages 4–12. Tue 4.15–5.15pm, Potters Bar/South Mymms.

CRAFT AND CHATTER Weekly, Mon (except holidays). PB Baptist Church. 10.30am. 707082.

CUFFLEY FLORAL ART CLUB* Monthly, Tue 7 for 7.30pm. Cuffley Hall, Maynards Place. Jessica 873821.

HERTSMERE SOCIETY OF ART
Weekly, Wed 1.30–4.30pm. Clayton Centre, Barnet Road. Friendly art group. 658336.

INTERIOR DESIGN COURSES
For beginners. Potters Bar/South Mimms. Mon 10am–1pm. 07907 802206.

BABY and TODDLER GROUPS

BABY SENSORY CLASS (Birth – 13 months). Award winning. Thu, Furze field Leisure Centre. Lisa 07887 700939 or barnet@babysensory.co.uk.

CHARLIE'S ANGELS Weekly on Wed in term-time, 1.30pm–3pm. For toddlers and their parents, grandparents and carers. King Charles the Martyr Church Hall. No charge. 01707 665579.

GROUP 2 for siblings and families of children with special needs. Monthly, 2nd Sat, 3.30–6pm. Wayside Centre. £2 per family. Sally 07999 221974.

HAPPY APPLY BABY AND TODDLER
Essendon Primary School. Wed 1.45–3.15pm. £1.

MOTHER AND TODDLER GROUP
Wed 1.45–3.15pm. School Hall. Essenden.

MUSICAL TEAPOTS Baby and Toddler Group, 10 months to 4 years. Wed 9.30–10.30am and 10.30–11.30am in Brookmans Park. 07800 818444.

PARENT/TODDLER GROUP Weekly, term-time, Tue 10–11.30am. Causeway Free Church. 660021.

PARENT/TODDLER GROUP Weekly, term-time, 9.45–10.45am. Cranborne School. 851471.

SPARKLERS Weekly, Tue, term-time only. 1–2.45pm. Music, craft and play for babies and children 0–4 years and parent or carer. Life Church – Cuffley. 876060.

TOTS-IN-TOW Weekly, Mon in term-time, 1.30–3pm. PB Baptist Church. Babes in arms to school age. Pam 665187.

TUMBLE TOTS Weekly, Fri. Elm Court. Book a trial class. Gill 020 8449 4593.

PRE-SCHOOL DEVELOPMENT ACTIVITY Wed at St John's Methodist Church, 10am. Happy House. Walking confidently to 4 years. 11am, sitting confidently to walking. 12.15pm, Newborn to sitting. Joanna@hartbeeps.com.

DANCE

AB'S STOMPERS LINE DANCING
Weekly, Mon, Tue and Thu. Wroxham School. All levels. 07967 964962.

ANGIE'S DANCE ACADEMY Weekly classes. Children and adults (Disco and Street). Latin American and Line Dancing. 07773 341490.

ADULT BALLET, JAZZ AND TAP CLASS Weekly classes. Parkwood Health and Leisure Centre, Darkes Lane. Suzanne 07904 771980.

LIZZIE MEEKS SCHOOL OF DANCE
Ballet, Tap, Jazz, Contemporary, Hip Hop and Street Dance. Adult's and children's classes. Mon to Fri. 07887 567713 or info@lizziemeeksschoolofdance.com.

BALLROOM AND LATIN DANCING
Weekly, Tilbury Hall. Beginners Mon 6.45pm. Improvers 7.45pm. Advanced 8.45pm. 07711 832070 or www.nicksdanceschool.com.

BALLROOM, LATIN, SEQUENCE, DANCING
North Mymms Memorial Hall, Station Road, Welham Green, AL9 7PG. Every Wed evening, 8–10pm, £4. Also in Welwyn Garden City. Russel 01707 264154.

DANCING Ballroom and Latin. Beginners. Weekly, Wed. Little Heath Church Hall, Thornton Road. 8.45–10pm. 662050.

LINE DANCE WITH STEPPIN' TIME
Weekly, Mon and Thu. Welham Green. Improver to advanced level. 655866.

LINE DANCING Wed 2–4pm. Beginner and improver level. Oakmere Youth and Community Centre, Fetherstone Close. 859578.

MOUNTVIEW DANCE SCHOOL
Weekly, Mon and Sat. St John's Church Hall. Classes from age 3 upwards. 01582 461233.

IRISH DANCING Weekly, Wed and Sat. Feeney Miller School of Dancing. Clayton Centre. Age 4+. 01727 824842.

SCOTTISH COUNTRY DANCING

Monthly, 3rd Sat. Oct to Jul. Tilbury Hall. 7.30pm. £4.50. Mary 020 8367 4201/4835.

WAGGONERS SQUARE DANCE CLUB
Weekly, Mon 8–10pm at St Joseph's in the Park School Hall, Hertingfordbury. Janet 01992 441083.

FRIDAY FOLK Social folk dancing club. Fri 7.45–10pm. In St Albans. www.fridayfolk.org.uk.

EDUCATIONAL

PB WEA Literature Group. Thu 10am–12pm. United Reform Church. 658915.

BROOKMANS PARK WEA Weekly, Tues and Thu mornings. 10 week courses starting 24th and 26th Sep. More details from Lyn Pym tel 01707 650673.

COMPUTERS AND A CUPPA Weekly, Mon. Wyllyotts Cafe, 10.30am–12.30pm. Helping older people to use their IT devices. Free.

FIRST CLASS LEARNING MATHS AND ENGLISH Ages 5–16. Weekly, Thu 3.30–5.30pm. King Charles the Martyr Church. Pallavi 527155.

KUMON MATHS AND ENGLISH Ages 4–18. Mon and Thu 3.30–5.30pm at Tilbury Hall, Darkes Lane. Sheena 643588.

NATIONAL ASSOCIATION FOR GIFTED CHILDREN – EXPLORERS CLUBS Monthly, 1st Sun. Borehamwood. F or talented children and siblings. www.nagc-herts.org.uk.

SPANISH CIRCLE HERTFORDSHIRE*
Monthly, 2nd Fri. Sep to Jun at Red Lion Pub, Hatfield, 7.30pm. Events including wine and sherry tasting, talks on Spanish culture. 661722.

UNIVERSITY OF THE THIRD AGE – U3A
Study and recreation for those not in full time employment. 2nd Mon, Wyllyotts Centre, 10am. Secretary 07544 263356.

FITNESS

EXERCISE AND MOVEMENT TO MUSIC Wed 2.15–3.45pm. Elm Court. Call or text 07949 055958 or email exercisewithtracy@gmail.com.

FITNESS CLASSES Wed 7.15pm. LBPT fitness classes. Sat 9am. Essendon Primary School Hall.

FITSTEPS Weekly, Tue 6–7pm, North Mymms Memorial Hall. Wed 10.15–11.05am and 11.15am–12.05pm, Rhythmix Dance Studio, Potters Bar. 020 8133 9142/07711 832070.

HATHA YOGA CLASSES Every Mon 7.30pm, Tue 5.30pm, Wed online, Fri 11am and Sat 10am. In and around Potters Bar. Further details Helen Cooper 07740 823230.

MEN'S FITNESS GROUP FOR OVER 50s
All levels of fitness and abilities welcome. Fri 10–11am at King Charles the Martyr Church Hall.

POSITIVE MOVEMENT EXERCISE

CLASS Tue 10.30am–12noon, Clayton Centre. Positive for older people, carers, people at risk of falls. 01462 678804.

MOVES FITNESS Weekly, Mon St Mary's Church Hall, 7.30–8.30pm. Aerobic dance exercise. All fitness levels welcome. Bring mat or towel. 07733 173559.

PB RUNNING MUMMIES Fri, weekly, 2.30–3.15pm. St Mary's Church Hall. For new mums with babies 12 weeks +. Warm-ups, couch to 5K sessions, yoga cool down. Cost £2–£5. Contact Grace 07815 309567 or Karina 07412 509101.

PILATES Weekly URC Church, Brookmans Park, Mon 9.15am and 10.15am, and Fri 9.30am and 10.30am. North Mymms Memorial Hall, Tue 9.30am and 10.30am, and Wed 9.30am. Debbie 07717 841338.

YOGA CLASSES Weekly, Mon 10am, Fri 10am, Sun 10.30am, Thu 7–8pm Core Class and Yoga 8–9pm. Wayside. Contact Jade 07976 743189.

ZUMBA GOLD Tue 6.30pm, Tilbury Hall. Wed 10.45am, Elm Court. Sue 07956 338561.

GAMES

BRIDGE CLUB – LITTLE HEATH (duplicate) Tue 7.30pm in Parish Hall. Aileen 652343 or Peter 658016.

BRIDGE CLUB Thu 10am–1pm. Little Heath Parish Hall. Playing Chicago Bridge. Tom 655461.

BRIDGE CLUB Mon 7.30pm. Clayton Centre, Barnet Road, Potters Bar. June 651011.

BRIDGE CLUB – CHICAGO Mon 7.30–10pm at Wyllyotts Centre. Robert 658677.

LITTLE HEATH CHESS CLUB Juniors, Thu 5.45–7.15pm. Adult players welcome for matches. Chris 642027.

SCRABBLE Weekly, Fri 10am–12noon. Elm Court. £2.30. 020 8207 7568.

WHIST DRIVE 1st Fri, monthly. Village Hall, Northaw. 7 for 7.45pm. 651682.

WHIST DRIVE Monthly, 2nd Thu. South Mimms Village Hall. 7.30pm. 01727 869211.

HEALTH

ALCOHOLICS ANONYMOUS
Frequent meetings in Potters Bar and local area. 0845 768 7555 or email help@alcoholics-anonymous.org.uk.

BARNET AND DISTRICT CANCER LINK Drop In Centre, weekly, Wed 1.30–4pm. Union Street, Barnet. For cancer patients, families and friends. 708022 or 020 8446 3104.

CARDIAC SUPPORT GROUP
Monthly meetings and weekly cardiac exercise. British Legion, Holtwhites Hill, Enfield. 01992 718155.

CARERS IN HERTFORDSHIRE
Contact 01992 586969 for information.

CHERRY LODGE CANCER CARE
Contact Tina on 020 8441 7000 for more information.

LOCAL ORGANISATIONS

CIRCLE FOR THE BLIND AND PARTIALLY SIGHTED (PB THEATRE COMPANY) Dress rehearsals for shows and quarterly evening socials at Furze Field Court. Evenings. 657194.

DEMENTIA SUPPORT – HERTSWISE Designed with people living with dementia. low level memory loss or mild cognitive impairment, and their friends, family and carers at its heart. Thu 1.30–3pm at Elm Court, £5 contribution. Carers welcome at no extra charge.

DEMETIA FRIENDLY FRIENDLY CHURCH SERVICE King Charles the Martyr. First Tue of each month from 2–3pm.

HERTS MIND NETWORK Tue fortnightly, 11am–1pm, Memory Support Group appointment only £1, Goodacre Court, EN6 5AZ. Tue weekly 9am–5pm, Peer Support appointment only, Maple House, EN6 5BS. Tue weekly 2–4pm, Drop-in £1, Elm Court. Contact 020 3727 3600.

MIND DROP-IN GROUP Weekly, Tue 1–4pm. Cricket Club, The Walk. 659455.

POSITIVE MOVEMENT EXERCISE CLASS Tue 10.30am–12noon, Clayton Centre. Positive for older people, carers, people at risk of falls. 01462 678804.

HERTS VISION LOSS The Woodside Centre, The Commons, Welwyn Garden City, AL7 4SE. Sight Line 01707 324680, Office@hertsvisionloss.org.uk or www.Hertsvisionloss.org.uk.

YOGA FOR MENTAL HEALTH Trauma-informed specialist yoga teacher to help manage stress, anxiety, depression or general emotional wellbeing. One to ones, small groups, or workshops. Free of charge 20 minute telephone consultation: Helen Cooper 07740 823 230 or email helencooper.yoga@gmail.com.

HOBBIES

BARNET AND DISTRICT PHILATELIC SOCIETY Mon 8pm, twice monthly. St John's Church Hall, Mowbray Road, New Barnet. Sep to Jun. www.barnetphilatelic.co.uk.

CAKE DECORATING Potters Bar Sugar Art Club. Monthly, 1st Mon 7.30pm. Furze Field Court, Mutton Lane. Jackie 850432.

CUFFLEY HORTICULTURAL SOCIETY Monthly, last Thu. 10 times per year. 8pm. Cuffley Hall, Maynard Place 875742.

FENG SHUI SOCIETY OF HERTS Monthly, Elm Court. 7pm. 07951 741128.

MERLIN MAGICAL SOCIETY Fortnightly. Thu 7.45pm. Little Heath Parish Hall, including beginners. John Clayton 07931 525399.

NORTH MYMMS HORTICULTURAL SOCIETY North Mymms Youth and Community Centre, Station Road, Welham Green. Adrian 885430.

PB AND DISTRICT HISTORICAL SOCIETY* Monthly lectures, 8pm. 60+ Centre, £1. Museum Sat 11am–1pm, Tue and Wed 2.30–4.30pm. Both at Wyllyotts. 654179 or guffins@hotmail.co.uk.

PB AND DISTRICT HORTICULTURAL SOCIETY* Alternate Wed 8–10pm. Elm Court. Speakers. Members £2, visitors £3. 651372.

PB AND DISTRICT PHOTOGRAPHIC SOCIETY Weekly, Mon 7.30pm for 8pm. Wyllyotts Centre. Any standard welcome. 01438 832504.

PB ALLOTMENT ASSOCIATION Visit Highview Gardens site. Sun 10am–12noon or call Geoff 653910.

PB FILMMAKERS* Alternate Thu 7.45pm. Wyllyotts Centre. 656446/659888.

MUSIC

ATTIC ORCHESTRA For those who wish to resume playing. Mel on melroot@hotmail.com.

BAY JAZZ CLUB 1st and 3rd Tue 8.30–11pm. Botany Bay Cricket Club, East Lodge Lane, Enfield. Live Traditional Jazz. Licensed Bar. 020 8367 6660.

JAZZ – GOOGLIES JAZZ CLUB Weekly, Thu 7.30pm. Botany Bay Cricket Club, East Lodge Lane, EN2 8AS. www.gooxiesjazz.co.uk, gooxiesjazz@btinternet.com or John 020 8350 3541.

COMMUNITY CHOIR Weekly, Thu. Wyllyotts Theatre, 7.30–9.30pm. For info Joy 655464.

HERTS. PHILHARMONIA ORCHESTRA Thu evenings at Welwyn Garden City, for experienced orchestra players. info@hertphil.org.uk or 01727 857827.

HERTFORDSHIRE SHOWBAND Weekly, Mon. Mount Grace School. Training band and lessons 7pm, Showband 7.45pm. 650209.

PB CHORAL SOCIETY* Weekly, rehearsals Tue 7.45pm. St Mary's Hall, The Walk. Experience not essential. 642393.

PB TOWN BAND Weekly rehearsals. Fri 8–10pm. Goffs Oak Methodist Church. Traditional brass band. 07970 448661.

PHOENIX CONCERT BAND Rehearsals weekly, Thu. Fair Field Junior School, Radlett. 8–10pm. 642976.

RADLETT MUSIC CLUB 6 concerts per season, Oct to Apr. Radlett Centre. 8pm online booking: www.radlettcentre.co.uk.

RADLETT PLAYERS A production each Spring and Autumn at Radlett Centre. www.radlettplayers.org.uk.

PB MUSIC CENTRE Weekly, Sat in term-time, 8.30am–1pm, Dame Alice Owen's School. Individual instrumental lessons and group activities. www.hertsmusicservice.org.uk/potters-bar-music-centre.

OUTDOOR

NORTH LONDON OUTDOOR GROUP Weekends away, day and evening walks. 2nd Tue 8.15pm at Discovery Hall, Stevenson Close, New Barnet. www.northlondonoutdoorgroup.org.

BARNET WALKS* Guided walks. £9 (£4 under 12s). Contact Paul for more information on 07506 761294.

FIR AND POND WOODS NATURE RESERVE Volunteers help in maintaining and improving the habitat. Monthly 2nd Sun 10am–1pm. Meet lay-by in Coopers Lane Road, EN6 4DG. Tools provided, bring drink, gloves and good footwear. 01707 652836.

GOBIONS WOOD NATURE RESERVE OF HERTS AND MIDDLESEX WILDLIFE TRUST For information contact 01727 858901.

NORTHAW GREAT WOOD Working parties every Fri at 9.30 and first Sun each month. Meet Wood car park. 07850 233854

PB RAMBLING CLUB Weekly, Wed and alternate Sun, 10.30am. Meet start of walk. 01438 717826.

PB SOCIETY WALKS* Fortnightly, Sun afternoon walks along local rights of way. www.pbsoc.org.uk.

WALKS – HERTSMERE HEALTH WALKS Gentle and moderate walks for all. Further information on www.hertfordshirehealthwalks.co.uk.

SOCIAL

BINGO Weekly, Mon South Mimms Youth and Community Association, Village Hall, 7.20pm. 651700/647822.

COMMUNITY CAFÉ AT KCM Weekly on Thu. King Charles the Martyr Church Hall, 9–1.30pm. Coffee and light lunches served. 01707 665579.

CHARITY LUNCHEONS URC, Darkes Lane, 1st and 3rd Fri in month, 1pm. £3 per person. Please come and join us. 665482.

COMPUTERS AND A CUPPA Weekly, Mon Wyllyotts Cafe, 10.30am–12.30pm. Helping older people to use their IT devices. Free. No need to book.

BROOKMANS PARK WI 3rd Mon, 7.45pm. Brookmans Park URC Hall. Visitors welcome. 07956 301803.

BURMA STAR St Albans Branch. Monthly, 2nd Mon 11am. British Legion Club, Verulam Road, St Albans. For ex-servicemen with Burma Star. 020 8207 1247.

CUFFLEY OVER 50'S CLUB Wed 2–5pm. Cuffley Youth and Community Centre. Art, snooker, table-tennis, Scrabble, etc. John 875589.

ENFIELD NATIONAL TRUST ASSOCIATION Contact Pam for more information 650969.

FIFTY PLUS* Wide range of activities, events, trips and courses. Not exclusive to 50 and over. 645005.

FURZE FIELD WI Monthly, 3rd Thu, 7.30–10pm. Tilbury Hall. 659886.

LOAVES AND FISHES CAFÉ Weekly, Wed. Christchurch, Little Heath, 10.45–12.30pm. All welcome 662460.

MITRE CLUB Monthly 1st Tue. For retired professionals and businessmen. Best Western Homestead Court Hotel, Welwyn Garden City. 01707 656912.

NORTH LONDON AND DISTRICT SOCIAL CLUB FOR THE UNATTACHED Weekly, Wed 8–11pm. Cheshunt Sports Club. Dancing suitable for over 55s. Richard 01992 639344.

NORTHAW WI Monthly, 1st Tue 7.30pm, Northaw Village Hall. 020 8360 9729.

OAKMERE WI Monthly, 2nd Thu 7.45pm. Tilbury Hall. Contact 659873; 650076 for more information.

OLD FOLKS WELCOME CLUB Weekly, Mon 2–4pm. Sixty Plus Centre, Wyllyotts. 653650.

PB CARNIVAL Contact Peter or Sue on 850147 if you require a stall or more information.

PB NATIONAL WOMENS REGISTER – TUESDAY GROUP Weekly, 8pm in members' homes. Discussions, quizzes, outings. 659903.

PB SOCIETY COUNTRY GROUP Contact Alastair 653636.

PB SOCIETY TOWN GROUP* Monthly, 1st Thu. United Reformed Church, 7.30pm. Arnold 654179

PB TOWNSWOMEN'S GUILD Monthly. 2nd Wed 7.30pm. Wayside Hall. 653650.

PB TOWN TWINNING ASSOCIATION Visits to and from Franconville and Viernheim. cpd1a@yahoo.co.uk.

PB ROTARY CLUB Weekly, Tue 12.30pm for 1pm and last Tue in month 7–7.30pm at The Shire London, St Albans Road. John 645955.

ROTARY CLUB OF BROOKMANS PARK Weekly, Tue 7.30pm for 8pm at Essenden Golf Club. enquiries@brookmsparkrotary.org.uk.

ROUND THE CORNER COFFEE MORNING Weekly, Fri, term-time only. 9am–12noon. Profits to various charities. Life Church – Cuffley. 876060.

SIXTY PLUS LUNCHEON CLUB* Weekdays, 10am–1pm. Minibus transport available. 643602.

PB 41 CLUB Monthly. For ex-Round Tables. 1st Wed 7.15pm. 851445.

WEDNESDAY COMMUNITY CLUB* Wed 2–4pm. PB Baptist Church. Vera 651470.

SPORT

ADULT NETBALL Mon 7–8pm. Wroxham School. £2. Any standard welcome. Tel 650902.

BADMINTON Weekly, Friday. Owen's School. 8–10pm. Age 17+ intermediate upwards. 264007.

BADMINTON CLUB Little Heath Church Hall. Thu 7.30pm. All abilities welcome. 657812.

BADMINTON CLUB (FRIERN) Friendly club for intermediate players. Owen's School. Wed 8pm. ann-marie.rowland@fds.co.uk.

BADMINTON LADIES Weekly, Wed 2–5pm. Christ Church, Little Heath. Friendly, social group. 650040.

BOTANY BAY PETANQUE CLUB Weekly, Sun 10.30am–2pm. Botany Bay Cricket Club. Try the French game of boules 653325.

OAKLANDS BADMINTON CLUB Weekly, Tue 8–10pm. Dame Alice Owen's School. 5 courts. Yvonne 642328.

LOCAL ORGANISATIONS

BARRACUDA SWIMMING CLUB

Weekly, Sun. Furzeffield Centre, 11.30am–12.30pm. Helps all ages with disabilities to be safe in water. Ian 660935.

BROOKMANS PARK TENNIS CLUB Golf Club Road, Brookmans Park. 6 courts and floodlights. Suit all abilities. 644926.

BUSHI SEISHIN RYU (MARTIAL ARTS) Weekly, Fri. Kidston Inst, Northaw Road West, Northaw, 7.30–9.30pm. 642354.

CHI KUNG CLASS Weekly, Mon 6.30–7.30pm. North Myrms Social Club, Welham Green. Sat 11am–12noon at PB Health Club. Organised by 'Just Standing'. 272255.

CROQUET CLUB Tue, Thu, Sat and Sun. From 2.30pm. Bush Hill Park, Enfield. Coaching given. 020 8366 6005.

ELIZABETH ALLEN FOOTBALL CLUB Weekly, Sat pm. Old Owen's, Coopers Lane Road, EN6 4NE. 852422.

PB HOCKEY CLUB Ladies, Men and Junior hockey. Ed 07763 929462.

PB KARATE CLUB Mon at Dame Alice Owen's at 6pm. All ages. Cranborne School Breakfast Club Thu mornings. www.tiskakarate-pottersbar.co.uk.

KARATE, SELF DEFENCE AND FITNESS Weekly, Wed. Furzeffield. Juniors 7–8pm. Adults 8–9pm. Sun Adult and Juniors 11am–12noon. 07534 563456 or www.karate-masters.co.uk.

KARATE AND DEFENCE FOR YOUNG CHILDREN TO ADULT Sat 2–7 years, 10.30–11.15am. 8 years+, 11.20am–12.25pm. 661544.

KARATE FOR ALL THE FAMILY Weekly, Sat. Oakmere Youth and Community Centre. Children 10.30–11.30am. Adults 11.45am–1pm. 852641.

MULTI-SPORT Weekly, Tue and Thu. Furzeffield Centre. 50+. Short tennis, table tennis, badminton, swimming and indoor bowls. 850500.

NETBALL CLUB Cheshunt Youth, Thu evenings at Wormley. Various leagues. Adults also. Chloe 873676.

NINTAI KARATE CLUB Weekly at PB Baptist Church. Beginners Mon 7–8pm. Intermediate and advanced 8–9pm. All grades Fri 7–8pm. 07956 987100.

NORTH MYMMS BOWLS CLUB Dellsome Lane, Welham Green. 01707 645320.

NORTHAW AND CUFFLEY BOWLS CLUB King George V Playing Fields, Northaw Road East, Cuffley. 654883.

NORTHAW TAI CHI GROUP Weekly, Tue. Northaw School, Vineyards Road, 7.45–9pm. 642354.

OLD OWENS CRICKET CLUB Coopers Lane, PB. Herts Saracen League. 07904 194295/020 8819 6638.

PB TENNIS CLUB The Walk. 6 Astro turf courts with floodlights. Enquiries www.pottersbartennis.net.

PB TOWN FOOTBALL CLUB

Parkfield. matches Sat 3pm, some Sun and midweek. Training Tue and Thu, 7.30pm. 07833 632965.

PB BOWLS CLUB The Walk. 660336 or email club@pottersbar-bc.com.

PB CRICKET CLUB The Walk. New members welcome. 654801.

PB GYMNASTICS CLUB Recreational (4–12 years). Mon 5.15pm, Furzeffield Centre. Squad training 6–13 years, Tue, Thu, and Fri evenings, 5.30pm and Sat 9am Chancellor's School. 01923 855598.

PB CRUSADERS SPORTS AND SOCIAL CLUB Daily. Members club 5.30–11pm. Mon to Sat 12–3pm on Sun. www.pottersbarcrusaders.com.

PB CRUSADERS YOUTH FOOTBALL Football for boys and girls aged 4–18. Matthew 07944 492521.

PB LIFESAVING CLUB Weekly, Tue Furzeffield Centre, 8–9pm. From 9 years to any age and ability. 020 8440 3346.

PB SHOKOTAN KARATE CLUB Weekly, training Wed. 7.30 to 8.30pm (ages 7–16). 8.30–9.30pm (adults). Furzeffield Centre. www.karate-masters.co.uk.

PB UNITED FOOTBALL CLUB Training weekly. 5–16 years. Boys and girls. Phone for times and venues. 850377.

SHOSHIN KARATE JITSU CLUB Weekly, Wed. DHC Potters Bar Health Club. 8–9.30pm. Beginners and all grades. 07734 294630.

SNOOKER At The Kidston Inst, Northaw. Membership fee £20 per annum. £1 per hour. 07725 430244.

TABLE TENNIS At The Kidston Inst, Northaw. Membership fee £20 per annum. £3 per match. Teams of varying standards. 07725 430244.

TABLE TENNIS Barnet Lane, EN6 2DN. www.bttc.co.uk or 020 8449 7845. Non members welcome.

TABLE TENNIS CLUB Weekly, Wed, Thu and Fri matches only at Potters Bar Free Church, Mimms Hall Road, Barnet. Shaw and North Middlesex Leagues. 852422.

TABLE TENNIS Hertsmere 50+. Weekly, Tue 10am–12noon, Thu 2–4pm. Elm Court. 020 8207 7568. For Seniors. Weekly, Fri. Hatfield Leisure Centre. 10am–12noon.

TAI TSUNG KUNG FU Self Defence. Weekly, Tue Oakmere Primary School. 7.30–9pm. 07968 162304.

SKATING – INLINE SKATER HOCKEY Weekly, Thu, 6–7.15pm, Sat. 12–1pm. Learn to skate as well as skater hockey. For all 5–18 years. Hatfield Leisure Centre. bwcruaders@hotmail.co.uk.

SOUTH HERTS HIKERS Day hikes in Herts and hiking weekends away. www.southhertshikers.uk or southhertshikers@gmail.com.

SWIFTS JUNIOR BADMINTON Weekly, Fri, term-time. Hatfield Leisure Centre, 6–9.30pm. 5–18 years. Beginners to County standard. 01707 550476.

PB PETANQUE PLAYERS Weekly, Oakmere Park. Sun from 10am and Tue from 2pm. Jane 266517 or www.pottersbarpetanque.co.uk.

THEATRE

ENFIELD LIGHT OPERATIC AND DRAMATIC SOCIETY Weekly, Tue and Fri, 8pm. Drama group rehearse Winchmore Hill. Performs Wyllyotts. 2 musicals per year. 07711 316474.

CUFFLEY OPERATIC SOCIETY Amateur Musical Theatre Rehearsals Tues and Thu. 2 shows a year May and Nov at Cuffley Hall. Jen 01707 872418.

CUFFLEY PLAYERS Amateur Dramatic Society Rehearsals Mon and Thu. 2 plays a year Mar and Nov at Cuffley Hall. Fran 872229.

GREEN ROOM PRODUCTIONS Rehearsals Mon at King Charles the Martyr Church Hall, Wed at Oakmere School. 01727 836938.

PB THEATRE COMPANY Rehearsals Tue and Fri. Chancellors School, Gillian on 657194.

RADLETT PLAYERS A production each Spring and Autumn at Radlett Centre. www.radlettplayers.org.uk.

YOUTH

ACT 4 Weekly. Youth clubs and regular events. 665551 or www.act4.org.uk.

AIR TRAINING CORPS – 57 (PB) SQUADRON Weekly, Mon and Thu. Ingram Cadet Centre (opposite Fire Station). 7.15–9.30pm. Ages 13–18. ac.57@aircadets.org.

CAPITAL ARTS CHILDREN'S CHOIR AND YOUTH THEATRE Sat, Wyllyotts Centre. 5–16 years. Drama and choir. 020 8449 2342.

GUIDES, BROWNIES AND RAINBOWS Potters Bar and Brookmans Park areas: www.girlguiding.org.uk/get-involved or Sue 850147.

HERTS YOUNG HOMELESS nightstopherts@hyh.org.uk or 03333 202 384.

HOMELESS FOR HERTS YOUNG NIGHTSTOP call 03333 202 384 or nightstopherts@hyh.org.uk.

NORTH MYMMS YOUTH AND COMMUNITY CENTRE Station Road, Welham Green. 260198.

NORTH MYMMS YOUTH PROJECT Activities, trips and weekly meetings for youngsters 9–16 years. D of E for ages 14+. www.nmyouth.org.uk.

PB CHILDREN WITH SPECIAL NEEDS GROUP Monthly, 2nd Wed, 9.15–11am. Furzeffield Children's Centre. 859325.

SCOUTS, CUBS AND BEAVERS For info Peter 850147.

STAGECOACH THEATRE ARTS SCHOOL Weekly, Sat. Chancellor's School. 4–18 years. Dance, drama and singing. 01582 713771.

TALENT TIME STAGE COMPANY

Weekly, Mon Little Heath Parish Hall. 5–10pm. Drama, dance and singing. Up to 25 years. 60442/07930 400647.

TOP HAT STAGE SCHOOL Weekly, Fri. Elm Court. 4–7 years. Dance(tap), drama and singing. 4.30–7.30pm. 01727 812666.

YOUTH CLUBS Weekly, Elm Court. 659602.

YOUTH CLUB PB Free Church, Mimms Hall Road. Ages 5–11. 6.15–7.30pm. 852422.

MISCELLANEOUS

GOLDEN EAGLE SPIRITUAL GROUP* Monthly, 1st Tue. Clayton Centre, Barnet Road. 7.30pm. £4. Mediumship and workshops. 658499.

COUNTRY MANAGEMENT SERVICE Environment Department, County Hall, Pegs Lane, Hertford. 01923 588433.

CHURCHES TOGETHER IN POTTERS BAR Co-ordination organization for all churches in Potters Bar. Malcolm Golland on 653417.

GURDJIEFF STUDY AND MEDITATION GROUP Meets every few weeks. Info 654896.

HUMANISTS – NORTH LONDON GROUP Monthly, 3rd Thu. Ruth Winston House, Palmers Green. 653667.

JOB CLUB, POTTERS BAR Wed in term-time, 9.30am–12.30pm. Christ Church Little Heath. 01707 662460 or churchoffice@CCLH.org.uk.

NATIONAL ASSOCIATION FOR GIFTED CHILDREN – EXPLORERS CLUBS Monthly, 1st Sun. Borehamwood. For talented children and siblings. www.nagc-herts.org.uk.

ST JOHN AMBULANCE – PB DIVISION Weekly, Wed 8–10pm. The Walk. First aid training 664260. Room hire 656885.

WHITEWEBBS MUSEUM OF TRANSPORT AND MODEL RAILWAY ENFIELD, EN2 9HW. Weekly, Tue from 10am–4pm. Last entry 3.30pm. Adults £7, children aged 5–12 £3. 020 8367 1898.

NORTH LONDON AND MIDDLESEX OWNER'S CLUB meet at the Whitewebbs Museum every second Thu from 7.30pm. See http://nlm-mmoc.org.uk.

NORTH MYMMS MEMORIAL HALL Station Road, Welham Green, AL9 7PG. 07948 310192 or www.northmymmsmemorialhall.co.uk.

All telephone numbers are Area Code 01707 unless otherwise stated. Tell us about your event, meeting, activity and we will publicise it and give details of your organisation in the *Community News*. Contact: susan.weaver4@ntlworld.com

DOCTORS' SURGERY HOURS

1) ANNANDALE MEDICAL CENTRE AT THE ELMS

Tel: 01707 644451

Surgery Hours: 8.30am–6pm Monday to Friday
 Test Results/Enquiries: 01707 622979 between 2pm and 4pm Monday to Friday
 Quarterly newsletter available from surgery or on our website
www.annandalesurgery.co.uk

Extended Hours: Some Saturdays (contact surgery) 8.30am–11.30am for routine appointments.

2) HIGHVIEW MEDICAL CENTRE AT THE ELMS

Tel: 01707 871980

Surgery Hours: 8am–6pm Monday to Friday
 Appointments: 01707 871980 (8am–6.30pm)
 Enquiries: 01707 871982 (9am–12.30pm and 2–4.30pm)
 Results: 01707 871982 (2–4.30pm)

Extended Hours: We offer 2 Saturday morning surgeries a month and late evening "after work" clinics every Monday.

For the latest information/updates visit our website www.highviewsurgery.co.uk or follow us on Facebook and Twitter.

3) PARKFIELD MEDICAL CENTRE

Tel: 01707 291041

Surgery Hours: 8am–6pm Monday to Friday
 Test Results/Enquiries: 11am–2pm Monday to Friday

Extended Hours: Wednesday to Friday from 7am and Saturday fortnightly for routine booked appointments only from 8–11.15am.

We have a newsletter available from the surgery or via our PPG. Events are also advertised on our Friends of Parkfield Facebook page. Please also visit our website www.parkfieldmedicalcentre.co.uk.

4) POTTERELLS MEDICAL CENTRE

Tel: 01707 273338

Surgery Hours: 8.30am–6.30pm Monday to Friday
 Test Results/Enquiries: As above after 11am.

Extended Hours: For routine, non-emergency appointments. Every Monday and fourth Tuesday from 6.30–9pm and first and third Saturday 8.30–11am. Nurse-led Fast Track Service: Monday/Tuesday/Wednesday 9.30am–12 noon.

OUT OF HOURS SERVICE FOR ALL THE ABOVE SURGERIES

NHS 111 SERVICE

If you urgently need medical help or advice but it's not a life threatening situation, call NHS on 111, at any time.

There is now a GP led clinic at Elstree Way, Borehamwood which is open 8am to 11pm Saturday and Sunday. To book an appointment phone 111.

DENTIST

When you have an urgent dental problem and your dental surgery is closed, call 03000 333 224. Monday to Friday, 5pm–9am. All weekend and Bank Holidays.

Local A&E Services

BARNET: Wellhouse Lane, Barnet, EN5 3DJ Tel 020 8216 5003

LISTER: Coreys Mill Lane, Stevenage, SG1 4AB Tel 01438 314333

URGENT CARE – Minor Injuries and Illnesses

QE2: Howlands, Welwyn Garden City, AL7 4HQ Tel 01438 314333 24 hours

CHASE FARM: The Ridgway, Enfield, EN2 8JL Tel 020 8375 1010 8am to 10pm

BARNET: Wellhouse Lane, Barnet, EN5 3DJ Tel 020 8216 5003 10am to 10pm

Local Libraries

Oakmere

High Street, Potters Bar

Monday	1pm–4pm
Tuesday	10am–4pm
Wednesday	CLOSED
Thursday	10am–4pm
Friday	1pm–4pm
Saturday	10am–2pm
Sunday	CLOSED

Brookmans Park

Bradmore Green

CLOSED AT PRESENT

There are some restrictions in force. Please refer to article on page 3.



Wyllotts Centre,
 Darkes Lane, EN6 2HN

Mondays Personal Callers	10am–12.30pm and 1pm–3.30pm
Thursdays Personal Callers	10am–12.30pm and 1pm–3.30pm

Hertsmere Borough Council Potters Bar Office

Wyllotts Centre **01707 652406**. Open Tuesday 9.30am to 2pm.
 NB: Now located within the CAB office.

Useful Numbers

Hertsmere Borough Council	020 8207 2277
Welwyn Hatfield Council	01707 357000
Hertfordshire Police Non-emergency	101 (national number) or 01707 354000
Herts Domestic Violence Helpline	08088 088088
Hertfordshire County Council	0300 123 4040
National Debt Line	08088 084000
Citizens Advice Consumer Helpline	03454 04 05 06
Highways (including potholes, traffic light faults and streetlights)	0300 1234 047
Wasteaware	0300 1234 051
Affinity water leaks	0800 376 5325
Childline	0800 1111
Crime Stoppers Anonymous Line	0800 555 111
CAB Advice Line	03444 111 444
Environmental Health	
(1) Hertsmere:	Pest Control 020 8207 2277
	Noise (daytime) 020 8207 7435
	(night) 0845 300 0021
(2) Welwyn Hatfield:	Pest Control 0344 828 334
	Noise 01707 357242
Potters Bar Hospital	01707 653286
NHS Direct (Nurse advice and health information)	111
RSPCA Local Branch (financial help if you claim benefits, on low income, OAP's)	07872 902710
www.rspca-pottersbarhatfieldandbarnet.org.uk	
Samaritans (freecall 24 hours)	116 123