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SUMMER 2019

Potters Bar

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Distributed in Potters Bar, Little Heath, South Mimms, Ridge, Northaw and Brookmans Park

Using your skills and helping others



Remap is a national charity that works through local groups of skilled

volunteers. We help people achieve independence and a better quality of life by designing and making equipment for their individual needs. This tailor-made equipment helps people to carry out essential daily tasks without having to ask for help, or helps them take part in leisure occupations or sports that would otherwise be impossible. We have about 900 volunteers in total but we need volunteers in the Potters Bar area.

Sometimes it doesn't take much to improve people's lives. Many clients have difficulty with windows because the handles are out of reach.

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Other clients need chairs, sofas or beds raised, need custom access ramps or custom-made electronic equipment. The list is long and varied. You can view some of our work on our websites:

www.remap.org.uk

www.makeability.org.uk

hertfordshire-south.remap.org.uk

If you have metal or woodworking skills, electronic or electrical or are just good with your hands please come and see us at the Health & Wellbeing Event on Tuesday 3rd September 2019 from 10am-3pm at the Wyllyotts Centre, Potters Bar. We can tell you more about what we do and how you can help. We will even explain how the window opener works.

You are also welcome if you think that Remap might be able help you in any way.

Please come and see us or phone Remap Hertfordshire South on **01727 613177** for more information.

Remap are the chosen charity for Potters Bar Tangent Club this year.



Window Opener

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NEWS



Website SPONSOR:

DeHavilland Aircraft Museum

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Potters Bar Community News

welcomes contributions for publication from individuals and community groups. Where there is a linked commercial, political or individual interest in items for publication, the managing committee reserves all editorial rights. *Potters Bar Community News* does not accept responsibility for the accuracy of information contained in published items or views expressed in those items.

A message from the Editor

Volunteering is very much to the fore in this issue, with Remap featured on the front cover. Remap is the charity where skilled volunteers custom-make equipment for those in need, helping them to achieve independence and a better quality of life. Also featured are requests from NSPCC, Pobad, Brookmans Park Library, Parkfield PPG and Movies in the Park.

Don't forget to check out the *What's On* section for local events and entertainments taking place nearby.

Our aim is to include items of interest for everyone – thank you to all those who have contributed articles and, of course, to our advertisers.

John Connell

How to send articles

Email to **editor@pottersbarcommunitynews.co.uk**. Please keep articles to around 300 words or less, using plain text word. Handwritten or typed articles are also acceptable if you do not have access to a computer (contact John Connell on **01707 851445**). Photos, logos, etc should be sent as tif, bmp or jpg file.

How to supply adverts

Ring to book a space, bearing in mind that there is usually a waiting list. Artwork must be supplied in pdf or jpps format, created at the specified size according to your booking. Advertisers are responsible for advising us of any alterations to adverts which have been previously published. Email to **advertising@pottersbarcommunitynews.co.uk**.

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Website sponsorship

Price per issue = £100

Deadline dates for next edition

Advertising

18th September for Winter issue

Articles

1st October for Winter issue

Community News Website Sponsorship

We would like to express our sincere thanks to the following who have generously sponsored the website:

- Spring 2016: **Potters Bar Beer Festival**
- Summer 2016: **The Plumbers Mate 01707 665616**
- Winter 2016: **The Tree Feller 01707 656865**
- Spring 2017: **Green Thumb 01707 273090**
- Summer 2017: **Ushers Press 01707 851242**
- Winter 2017: **Energise 07900 895990**
- Spring 2018: **theshowerroom 01707 852123**
- Winter 2018: **Kramer Electrical Ltd 01707 653889**
- Spring 2019: **Jones and Sons Roofing 01707 651215**

This issue is sponsored by **The de Havilland Aircraft Museum 01727 826400**

Interested in volunteering?

Ever thought of giving some of your time to help others in the community? Also look here for items wanted by organisations; you may be able to help them.

If you are a local organisation or charity and are looking for volunteers or looking for items for your group, why not email me at editor@pottersbarcommunitynews.co.uk

Help NSPCC in Potters Bar

The NSPCC Barnet & District Branch covers a wide area from Finchley up to Elstree. At present we have a very small Potters Bar District group and urgently need more volunteers to help us with some local fundraising events – probably not more than two per year. We are not asking for a lot of time and commitment – just to help a friendly group to raise funds for children in urgent need of care and support. Please contact Joy Mather, Chair of the Barnet & District Branch on joymather@talktalk.net for further information.

PoBAD

Potters Bar Assisting Disability (PoBAD) is a registered charity, number 1095007. Our object, as set out in our constitution, is ‘to provide or assist in the provision of facilities for the residents of the area of Potters Bar who have need of such facilities by reason of their disability or infirmity’.

Currently we provide transport for disabled residents of Potters Bar in a 9-seat welfare vehicle with tail lift which has provision for 3 wheelchairs. The vehicle is also available for hire to other similar organisations.

There is no charge for our services, but we ask for a mileage contribution only, and these contributions are our only income. We can also provide small grants to help provide aids and equipment.

We would like not only to advertise our services more widely to the residents of Potters Bar but also to see if there are any volunteers in Potters Bar who would like to help us as both drivers and escorts.

If you would like our help, or would like to help us, do please get in touch. Our Chairman is David Vallance who can be contacted on **01707 645909** and our Secretary is Valerie May on **01920 412469**.

Brookmans Park Library needs your help!

Brookmans Park Library is in the process of becoming a community library entirely run by volunteers. We are a friendly group of volunteers enjoying this interesting and worthwhile work, but we need more people who want to keep this valuable resource running in our village.

If you enjoy meeting new people, have good customer service skills and have an interest in books, then this is the volunteering role for you! If you could spare a couple of hours per week or

fortnight, then please pop into the library or contact us brookmanslibraryvolunteers@outlook.com for further information.

Volunteer in Hertfordshire’s schools to keep children safer

If you’ve been thinking about giving up your free time to help children but have never got around to it, you are in luck, because the NSPCC in Hertfordshire needs you. The children’s charity is on the look-out for new volunteers to help deliver its ‘*Speak Out Stay Safe*’ service in primary schools in the county.

The programme gives a generation of children the knowledge and understanding they need to stay safe from abuse and neglect through age-appropriate safeguarding assemblies and workshops. Volunteers use a speech bubble shaped mascot named Buddy to tell children to talk about any concerns they may have now or when growing up. Pupils are taught to speak out if they are worried, either to a trusted adult or to Childline on **0800 1111** or via the website at www.childline.org.uk.

Volunteers spoke to 34,600 children in Hertfordshire in the last academic year (2017–18), delivering assemblies to 149 schools in the county.

Rachel Burrage, Schools Service Area Coordinator for Hertfordshire, said: “We are looking for volunteers who can regularly travel to areas such as Hitchin, Stevenage, Cheshunt, Ware, Royston, and Potters Bar to help empower children to recognise and report abuse. It is so rewarding for volunteers to know they have empowered children to speak out. Volunteers receive excellent training and on-going support from me throughout their role. I really admire the fact that volunteers give up their time to make a difference to the lives of children across Hertfordshire.”

For more information about the scheme and to find out how to apply to become a volunteer please visit our website www.nspcc.org.uk/what-you-can-do/volunteering-nspcc-childline/volunteer-childline-schools-service and click on ‘FIND A VOLUNTEER ROLE’. Then search ‘HERTFORDSHIRE’ or Reference ESSEM67. Applications close on Monday 15th July. Interviews Thursday 18th July. Apply early to avoid disappointment!

Wool

After my request for knitting wool in the last *Community News*, can I just say how wonderful the response was and how grateful our group is for so much wool (especially from the gentleman in the Causeway). Many thanks once again.

Sheila Moule

Parkfield Medical Centre

Parkfield Medical Centre is looking for volunteers for 2 hours per week to “meet and greet” and assist patients to check in for appointments. More details can be obtained from: friendsofparkfieldppg@gmail.com or from the PPG Secretary on **07941 861803**.

Movies in the Park

Movies in the Park is managed by Park Events, part of the InspireAll Charity Trust.



Our objective is to put on events across Hertsmere to engage the community, but we require support to continue providing this service for free for the community. Movies in the Park has been running for

5 years and now has approximately 1,000 people attend each event. Would you like to provide sponsorship and get your message out to the local community on the Big Screen, knowing the money is going directly towards helping a community event?

Contact Peter Windsor for more details at events@inspireall.com, telephone 01442 454001 or website www.parksevents.co.uk.

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Googlies Jazz Supper Club

There is live jazz every Thursday evening at Googlies Jazz Supper Club at Botany Bay Cricket Club, East Lodge Lane, EN2 8AS.

The doors open at 7.30pm and the live music starts at 8pm. Supper (a two-course meal, starter and main course, for £12) is available but not compulsory. The club features a house quartet plus a different guest artist each week (always one of Britain's leading soloists or vocalists). A reservation for entry or meals is required and can be made by email at googliesjazz@btinternet.com or by telephone on 020 8350 3541. Entry fee is usually £8 for members and £11 for non-members. The club has ample parking and a well-stocked, reasonably priced bar.

More information can be requested by telephone, email or via www.googliesjazz.co.uk.

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Working in the Community - Dental Nurse and Receptionist

Helen started working as a dental nurse in a local practice 12 years ago. She also helped out on reception, so when the practice moved to new premises a few years later, and the receptionist left, Helen replaced her whilst also helping with some nursing.

Prior to this, Helen was a supervisor in a Bedfordshire shop, but she wanted to move on. She had seen an advertisement for dental nursing and went on to take a 3-year nursing course in Hitchin. Then, after moving to St Albans, she began working in Potters Bar.

Helen's dental career requires her to undertake continuing professional development (CPD) over 5 years. Each year a key subject is focussed on, such as medical emergencies, decontamination, radiography. She has also had to learn new

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computer programs, such as those that record patients' dental history, medication, treatments and appointments, etc. The notes were originally held in paper form, but the computer is gradually taking over, and the part of her job she least likes is locating patients' cards in preparation for their appointments the next day.

However, Helen particularly enjoys the interaction with patients, and as some may be anxious about their treatment, she monitors them all the time. Her role as dental nurse involves preparing the surgery, sterilising the instruments, ensuring that crowns and dentures are received from the laboratory, and assisting the dentist for the required procedures. When she's not working Helen enjoys walking and reading, and when she eventually retires is looking forward to spending more time seeing her family and friends.

Joy Stovell

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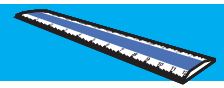
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Potters Bar United Reformed Church, Darkes Lane, Potters Bar.

A Year of Music at Cranborne Primary School



"Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything."

Plato

At Cranborne Primary in Potters Bar, we believe that music not only gives children a sense of purpose to work together to achieve something they can be proud of, it also has a huge impact on their learning by promoting resilience, increasing their ability to memorise patterns and information and building their imagination and curiosity. It is for these reasons that we value and develop children's participation and ability in music across the school. Our choir, run by our specialist music teacher Mrs Brady and professional singer Miss Lyness, is open to anyone who would like to take part. They perform regularly for the school and parents but also in the local community including at Potters Court, The Wyllyott's theatre and a performance at 'Young Voices' at the O2 arena! We also have a huge number of children who are learning different instruments, from the violin to the French horn. We have so many children in fact that Mrs Brady is able to lead a full orchestra; something which is very rare and precious in a primary school. Music also forms an important strand of our school curriculum with Mrs Davis, our music subject leader, implementing an inspiring and inclusive music curriculum. As part of this, children at Cranborne also get the opportunity to learn a musical instrument; currently Year 5 are receiving guitar tuition and our Year 4 children are learning the flute! As a school, we are committed to providing children with a broad and balanced curriculum and music is central to this. Not only does it allow children to excel in a different way but the skills and discipline they will take from this will enhance their ability to learn in all areas of the curriculum.

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Success for Dame Alice Owen's at Music Festival

The Spring Grove Music Festival has been showcasing the talent of musicians from local schools and music centres for 14 years. It was developed as a way of entertaining, and providing enjoyment for, the elderly residents of Spring Grove Care Home in North London and we at Dame Alice Owen's School have recently had the pleasure of taking part in it.

Our school won 1st prize in the Popular Music section with the prize awarded to our Close Harmony Group by Sue MacGregor, and the Under 18s Classical Music section was won by our Vocal Trio, the prize presented by Simon Callow. Theo Gill also won the Composition section with his original song 'Flashes of the Beyond'. A variety of other ensembles and soloists from our school also competed at Spring Grove, all of us enjoying the friendly atmosphere and warm welcome from all the residents and staff. It was lovely to be able to come together with other schools and organisations to take part in this festival. We certainly hope to take part again next year!

Rachel Williams

(Close Harmony Group and Vocal Trio member)

News from St Giles

On the 3rd to 5th April, the Years 5 and 6 from St Giles' Primary School went to Moat Mount in Mill Hill. We did many fun activities: archery, an obstacle course, orienteering and more. Despite the weather, which was not the best, we had plenty of fun doing activities until 5pm, then we had our dinner and fun in our rooms with our friends.

One of the best things about Moat Mount was the wildlife. We saw herons, squirrels and rabbits, and we were told that there was a woodpecker too! The lake was so clear and still that the trees were reflected in the water. It was so pretty; we took some amazing photos with our cameras!

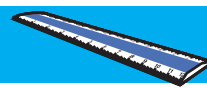


One of the leaders had hurt their foot, so we couldn't do the aerial runway. Everyone was obviously disappointed, but Miss Bell, Mrs Johnson and Mrs Thrussell came up with a good alternative: have a bonfire! It was Olivia's birthday so we made smores from roasting marshmallows and putting digestive biscuits on top, she got the first one. We all sang *Happy Birthday*, had birthday cake and hot chocolate.

By Ayla aged 10 and Macy aged 11



6
+5



News from Mount Grace

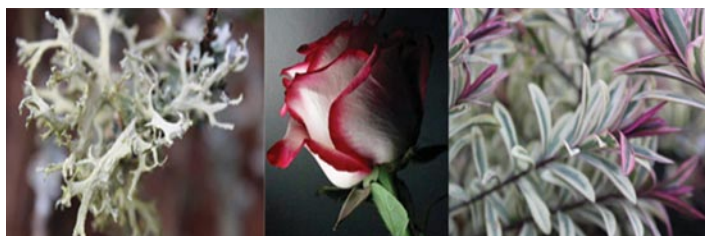
Gym and Dance Show



The annual Gym and Dance Show delighted its audiences yet again! Miss O'Vell directed the event and Year 11 dance students helped organise it. The show had over 40 different performances in a variety of styles. It began with a Shakira mix – and included solo tap dances; three girls on scooters; fabulous gymnastic and dance

groups and amazing feats of suppleness, gymnastic skill, balance and style. It culminated in a spectacular finale of 'Any way you want it'. Primary school students attended the matinee show and there were two evening performances.

Year 12 Photography Challenge



Year 12 photography students were presented with a brief from the local Rotary Club in the spring term, asking them to take three images relating to the title 'Beauty in Nature'. This year we incorporated the theme into an in-house project which the students could work on. Over a period of 8 weeks they looked at using artists as influence and the importance of analysis. This competition was not just for Mount Grace students, but for students throughout the local area.

At the end of March, the Art Department were told that out of over 200 entrants, one of our photographers had won the local heat and has gone through to the District finals, whilst another student was commended for his hard work and fantastic images. Our winner was Sophie Law in Year 12, with Reece T receiving a special commendation for his imagery.

Robert Addleman, from Potters Bar Rotary Club, will present a small cash prize to Sophie in the summer term. This marks the second time in consecutive years that Mount Grace's ADT Department has produced winners in the local heats.

Battle of the Bands



Six Mount Grace Bands took part in a recent Rotary Club Battle of the Bands contest, and did very well. Next Generation were the overall winners (top picture) and were invited to play at a concert at the Wyllyotts Theatre in May, alongside the professional band playing that evening. They also won a day to record their music in

a recording studio. Next Generation also played, together with other finalists Dysfunctional (also Mount Grace), and a band from Owen's, at the Potters Bar Carnival on the 9th June.

Glamping - what fun!

On Wednesday 8th May, the Year 4 children at Cranborne Primary school set off on an adventure! We were going glamping!



Our yurts were amazing. They were much more comfortable than we expected. Our bunk beds were cosy, and we even had electricity for a light, and a cupboard

to put our sweets in! The nights were a bit chilly but we had lots of extra blankets to keep us warm.

While we were away, we also did some fantastic activities. Abseiling was brilliant but scary – it looks more terrifying when you're about to go down it than it does when you look up at it! We did problem-solving where we had to pretend the floor was lava and we had to organise ourselves into alphabetical order but only had 2 wooden planks! We had to use our best team work to work this out safely. One of our favourite activities was the zip wire where you had to swing over a massive, muddy puddle. Lots of us fell in the puddle and got soaked through! The 3G swing was so exciting and very scary. You should have seen our faces! Our last night was our favourite night of all. We sat round the campfire where we roasted marshmallows and had pizza!

We had such an amazing time. The camping was brilliant fun and the activities were incredible. We loved being away from home and being with our friends. The best bit was the midnight snacks! We now can't wait for Year 6 when we get to go to the Isle of Wight!

Written by Alex, Andrianna, Rosa and Beth (9 years)

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Outdoor learning at Pope Paul Catholic Primary School

At Pope Paul we value outdoor learning and use our school grounds as frequently as possible. This term children from Years 1–5 took part in a Geography Day to learn about mapping and orienteering. Using a map of the school, all children navigated their way around the playground to locate flags. Our youngest pupils enjoyed using key points on the map to help them find where they were and where they needed to go next. Years 4 and 5 used compasses to navigate routes around the school. Maths skills were also required for the day as children learnt how to calculate distance and apply their knowledge to estimate lengths of various parts of the playground. The children had a wonderful time and gave some fantastic feedback on their day.

Outdoor learning at Pope Paul School enhances and enriches the curriculum opportunities we offer our children.

Last week alone children have been gardening, drawing angles on the playground and taking part in history role play. We make full use of our school allotment where we grow potatoes, onions, cabbages and pumpkins. We are fortunate to have some wonderful outdoor areas, such as the peace garden for quiet time, our international garden for storytelling and our class gardens where we can grow different flowers. This term we will be using them for a whole school sunflower competition. Our environment is very important to us and we follow Pope Francis' message 'we value that we are stewards to God's creation, living out Laudato Si.'

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The Wroxham School - World War Two

Having studied World War Two last term, our long wait was finally over and we were off to Lincolnsfield to experience how life was in 1939–1945.

To start with we went to a World War Two classroom and we were given identity cards. Did you know that if you were caught without your identity card you would be taken to jail until the end of the war? But if the government knew you, you would be given a second chance! My group were then taken to a victory garden, where we were taught how to use a water pump, and we got to put out a replica of an incendiary bomb! We were also given a speech about keeping animals to eat. We were all disgusted and sad at a picture of a rabbit in the process of being stripped. We were allowed into a dark Anderson shelter next, which I surprisingly enjoyed.

Next we went to an unexploded bomb-site and we were quite shocked that they hadn't defused it, as one tiny movement could set it off. But then our guide told us that the bomb was a replica, which was a big relief! Afterwards we went to a dark shelter where we had a World War Two class. We also saw a bucket that was used as a toilet – luckily we didn't stay that long. As part of that activity we went to a war museum where we were taught how to hold a, thankfully, plugged-up gun – it was quite heavy. We also tried on a World War Two army helmet and backpack which were very heavy.

To finish off the day we went to a horrible, strict old lady who taught us what it was like to be a student in the war. First we were taught how to use a mangle to squeeze clothes dry. But my favourite part by far was when we got to play with a selection of toys from the war, including dressing-up and a typewriter. They were my favourites.

By Zainab

Editor's note: The article shown above was selected from a number submitted by the Year 4 pupils. Congratulations to Zainab and with thanks to all involved.

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'Blue Planet Rises' film

An exciting performing arts project is coming to Potters Bar. Local musician Kathleen Shanks has been commissioned to write the music for a national environmental project 'Blue Planet Rises', to be recorded and filmed at the Abbey Road Studios in London.

In 2012 Kathleen was commissioned to write the children's Olympic anthem, 'Gloria In Londinium' for the Olympic Games. The song was recorded at the Abbey Road Studios by 300 Hertfordshire children. The film of the song was broadcast world-wide.

Rehearsals for 'Blue Planet Rises' will be held at the Wyllyotts Centre, Potters Bar, on Saturday afternoons. The project will be for youngsters aged 6 to 16, and classes will be held for different age groups and talents.

The classes will be run by Capital Arts capitalarts.org.uk.

'At this stage we are concentrating on the music aspect of the project, though the final work will include some drama and dance. There will be contributions from professional performers'. KS

Registration forms are available from capitalarts@outlook.com. Please mark your email BLUE PLANET RISES.



Would you like to go hiking in the countryside at weekends?

South Herts Hikers is a new hiking group based in Potters Bar and surrounding areas that uses the social media website Meetup. It started in January 2018 and by May 2019 it had over 600 members living in South Herts and North London.

The group organises an 8–10 mile day hike in Hertfordshire or surrounding areas most Sundays throughout the year. It also organises a weekend away about once a month, hiking in other areas of England and Wales such as the Peak District, Cotswolds, Shropshire Hills, Sussex, Dorset or Devon.

You can find the programme of events online and you can sign up for events via the Meetup group. For further details please see www.southhertshikers.uk, www.meetup.com/SouthHertsHikers or telephone 020 8449 1553.



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Potters Bar Society walks to September 2019



If you are interested in furthering your knowledge and understanding of the local environment, then these walks should appeal. Non-members are welcome but please make sure you know the protocol and walks rules. In case of emergency please carry contact details (which can easily be found) including details of any medications and allergies that paramedics would need to note. You join all of the walks at your own risk.

In the event of adverse weather conditions, please telephone the walks leader as the walk may have to be cancelled. All walks start at 1.30pm.

Sunday 7th July

Meet: free car park, Drop Lane (100 yards from Smug Oak Lane), Bricket Wood. *Route:* follow footpath along River Colne to ford, Little Munden and then via River Ver back to car park. About 5 miles. *Leader:* 01707 654933.

Sunday 21st July

Meet: Newgate Street Playing Fields car park next to village hall. Ponsbourne Park to Old Claypits Farm, Bayford via Blackfan Wood. Hertfordshire Way through Bayford Wood to Epping Green and back to car park. About 6.5 miles. *Leader:* 01707 851498.

Sunday 4th August

Meet: Pooleys Lane, Welham Green, AL9 7LF (TL 230059). Be aware 20mph speed limit. *Route:* Potterells Farm, Tollgate Farm, Bunchleys Pond. About 5 miles. *Leader:* 01707 264689.

Sunday 18 August

Meet: public car park Colney Heath High Street (TL201601), next to primary school. *Route:* London Colney via lakes and return via Willows Farm. About 5 miles. *Leaders:* 01707 643832.

Sunday 1st September

Meet: Brickwall Close, Ayot Green AL6 9AA (TL222139). *Route:* Sherrardspark Wood, disused railway, Digswell Church. Return through woods. Some steep ups and downs. About 4.5 miles. *Leader:* 01707 264689.

Details of later walks may be accessed on the Society's website, www.pbsoc.org.uk. We are still looking for additional walks leaders – please ring 01707 643832 if you can help.

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Potters Bar Zeppelin Walk - 5th October 2019

Clive Hammersley of the Battlefields Trust will be leading a walk looking at the dramatic events of the night of 1st–2nd October 1916, when Germany's Naval Zeppelin L31 was shot down in flames over Potters Bar by 2/Lt Wulstan Tempest, a Royal Flying Corps fighter pilot. The walk includes Potters Bar Museum, St Mary's Church and the crash area, plus other relevant sites.

The Zeppelin air campaign was the result of Germany's need to overcome the stalemate of the Western Front and the impact of the Royal Navy's blockade. It was hoped that by attacking the British homeland it would cause civil unrest and force Britain to make peace. The L31 was captained by the Zeppelin Ace Kapitanleutnant Mathy, arguably the most successful Zeppelin captain of the war. In his short career he had managed to do more damage to British assets than any other airship captain. However, the destruction of this and other airships in the autumn of 1916 brought a merciful respite for English towns and cities from death and destruction by night. The successful downings of the previously impregnable airships resulted in a change in Germany's tactics. It marked a turning point in Germany's aerial attacks on London, 'the First Blitz'.

Those wishing to attend should meet outside 'The Old Manor Pub', at 11am on the 5th October 2019. The walk is about 2½ miles long, mainly on level ground and takes around 3 hours. Please wear cloths and footwear suitable for the day's weather. Although it is a Battlefields Trust Walk we welcome anyone who wishes to attend. We do, however, ask for a £5 donation from non-Battlefields Trust members. Accompanied children are free.

Further information can be obtained from the Trust's website www.battlefieldstrust.com/battlefields-events.

Compostable wrappings

Postal subscriptions of magazines are now often being sent out in a 'compostable' wrapping, with advice that it can be put in the food or garden waste bin. Whilst we at Hertsmere Borough Council applaud the intention to move away from the traditional plastic wrapping (for all the reasons highlighted in programmes like Blue Planet II) unfortunately the guidance given on the compostable wrapping is leading to other problems. For example, whilst wrappings such as potato starch may be certified as 'compostable', it is not compatible with the composting technologies which are used to process materials collected from our households in Hertsmere.

There are two main reasons for this. Firstly, a variety of 'compostable products' are being introduced onto the market, not all of which compost down within the typical six to eight week process used by our contractors. Secondly, during collection it is not practical to discern between compostable and non-compostable plastics.

As a result, this is likely to lead to either an increase in the number of bins rejected at the kerbside (frustrating residents) or an increase in the amount of plastics left in the final product. This means it cannot be used as compost or soil improver. Government and industry are trying to address this problem but for now our advice to residents is to please place any such wrappings in the general waste bin.

Additionally, you may wish to contact those sending such packaging with our advice in the hope that they consider re-wording instructions or possibly look at other alternatives that can be used. For example, some organisations are now sending their magazine out with a slightly thicker cover and the address printed on the back, thereby avoiding the need for wrapping altogether!

Gemma Paris

Recycling Officer, Hertsmere Borough Council

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Defibrillator installed

A very successful partnership between the Friends of Parkfield Medical Centre, St Mary's Church and The Potters Bar Society has culminated in the installation of a publicly accessible defibrillator on the wall of St Mary's Church Hall. Following installation, training in CPR and how to use a defibrillator has been delivered to 60 people from the local community through a series of sessions. A short dedication ceremony took place after the first training session at which we were pleased to welcome Councillor Morris Bright who contributed towards the project with funds from his locality budget.

For information about future training dates contact friendsofparkfieldppg@gmail.com.

Christ Church, Little Heath will also have a defibrillator soon after Brookmans Park Rotary and the Church ran a quiz together and raised £1383 towards the cost.



The church is hoping to raise the extra funding to finalise the purchase of the defibrillator and the training required to use it as soon as possible.

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Potters Bar Carnival Day 2019

On a day which was mainly dry and bright, the procession was led by the Young VIPs in an open horse-drawn carriage. The girls were Jessica Finnegan, age 7, Lacey-May Tulley, age 11, Meghan Smith, age 9 and Macie Ford aged 11. Following them were the Deputy Mayor, Councillor Cynthia Barker, Chas Nethercott and his wife Liz, Natasha Courtney from Herts and Essex Air Ambulance and Kyri Kyracou from Sainsbury's, Potters Bar.

This year's Carnival theme was public services, and many of the floats reflected this with participants dressed as nurses, police, etc. The Best Walking Float was won by Pope Paul School and the best Vehicle Float by Cranborne School. Special thanks are due to AAA Station Taxis for providing the VIP Cars and to Nethercotts for providing the Horse and Carriage for the Young VIPs. We are also indebted to those who help as stewards for the procession and those selling tickets at the gate.

The Art Show was, as always, a great success with Little Heath and Ladbroke Schools being awarded joint first prize. In the arena, Oakmere School won the Junior Schools football final, with Little Heath School taking the girls' prize on penalties. Amongst those providing entertainment throughout the afternoon were Shades of Midnight, The Hertfordshire Band Academy, who gave a demonstration of the routine which has won them medals at European Band Championships, Rhythmix Dancers and Angie's Dancers. All those who attended were very enthusiastic about the entertainment provided and felt that they had a very good and enjoyable afternoon.

The Open Evening where everybody can come and express their opinions on how the day went is on Monday 8th July, 8.15pm at St John's Church, Baker Street. The 2020 Carnival will be on Sunday 7th June.

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Brownies celebrate 70th birthday

Registered on 13th May 1949, 2nd Potters Bar (St Mary's) Brownie Pack celebrated their 70th birthday in May at a special birthday church service at St Mary's Church, The Walk.

From the choir pews, the Brownies accompanied Father Stefan Chrysostomou in leading the service, introducing hymns, taking part in the sermon including a presentation on St Mary's Guiding history and treated the congregation to some traditional Guiding songs. Introduced by the Brownies, the 2nd Potters Bar Guides led the prayers, which ended with all those who had been a Brownie over the years standing to say the traditional Brownie prayer. It was overwhelming to see how many of the congregation of all ages had been a member of Guiding.

The Brownies paraded the original flag from 1949 together with their current flag, wearing uniforms over the generations from the Brownie dress in 1967, the first mix and match Brownie uniform from 1990 and the current uniform. The service ended in traditional Guiding style with the Brownies singing 'Brownie Bells', their farewell song.

Following the service St Mary's Rainbows, Brownies and Guides joined the congregation, which included many past members and leaders from the 1960s, 70s, 80s and 90s, enjoying refreshments and a 70th Birthday cake while reminiscing over a display of St Mary's Brownie memorabilia and photos.

Over the 70 years since registration, there have been just 7 Brownie Guiders and around 30 leaders who have assisted at the Pack, many of whom started as Brownies at St Mary's. We are proud to have provided hundreds of girls

with the opportunity to experience new things, be challenged and make new friends.

Wendy Hardy
(Brownie Guider, 2nd Potters Bar (St Mary's) Brownie Pack)

Fr Stefan Chrysostomou
(Vicar, St Mary the Virgin and All Saints Church, Potters Bar)



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WHAT'S ON

JULY

- TUESDAY 2nd**
- **Lunchtime Recital** Jacqueline Varsey, soprano, 12.30pm. Retiring collection. Buffet lunch (£5) available from 12 noon to 1.30pm, St Mary's Church, The Walk.
- WEDNESDAY 3rd**
- *Wednesday Community Club Selection and training of police dogs.
 - 'Wuthering Heights' Heartbreak Productions, Forty Hall, Enfield. Ages 9+. 7.30pm. £14, concessions £10.
- THURSDAY 4th**
- *Potters Bar Society Town Group Meeting, 7.30pm, Tilbury Hall.
 - Hampton Court Flower Show Coach Trip, £60. 01707 903761.
 - Mount Grace School New Year 7 Parents Information Evening.
- FRIDAY 5th**
- Recitals at 12.30, Paul Martyn West (Tenor) with pianist Stephen Jones. Aside from running a busy teaching practice in SE London, Paul is a soloist and recitalist, composer and artist at Potters Bar United Reformed Church.
- SATURDAY 6th**
- **Outdoor Car Boot Sale** at Elm Court 11am start on field. £5 per car, buyers 50p. Admitted 12 noon.
 - *Tea Dance Ballroom, Latin and Sequence. 2pm, United Reformed Church, Welwyn Garden City. For more information 07816 274963.
- SUNDAY 7th**
- St John's Methodist Family Fun Day and Outdoor Worship at 10.30am. Crafts, games and BBQ for everyone. Call Sally on 07941 223102 for info.
 - Stratford-upon-Avon River Festival Lunch Coach Trip, £36. 01707 903761.
 - *Barnet Walks Barnet Churches and Pubs: a guided walk. Meet outside High Barnet Tube Station 11am.
 - Choirs Concert at Wyllyotts Theatre, 7.30pm. Two local community choirs for an evening of summer music. Tickets £8.50, children and concessions £6.50.
 - *Potters Bar Society Walk.
- MONDAY 8th**
- Carnival Open Meeting St John's Church, Baker Street, 8.15pm.
- TUESDAY 9th**
- *Cuffley Floral Art Club Linda Kingcott – 'Dancing with Flowers'.
- WEDNESDAY 10th**
- *PB Horticultural Society Club outing.
 - Black Country Museum Coach Trip, £55. 01707 903761.
 - *Wednesday Community Club Tony Hurford – 'Volcano and Earthquake'.
- THURSDAY 11th**
- *Oakmere WI 'The History of English Shopping and the stories behind the Famous Names' – Christine Jarvis.
 - *PB Filmmakers Our annual 'Unclassified Film' competition.
 - Mount Grace School Secondary Transfer Day for Year 6 students.
 - 'Footloose the Musical' at Wyllyotts Theatre, 7.30pm. Rare Youth Musical Group. Tickets £16.50, children and concessions £15.
- FRIDAY 12th**
- 'Footloose the Musical' at Wyllyotts Theatre. See 11th.
- SATURDAY 13th**
- **Outdoor Car Boot Sale** at Elm Court 11am start on field. £5 per car, buyers 50p. Admitted 12 noon.
 - Boulogne-sur-Mer Maritime Festival Lunch Coach Trip, £60. 01707 903761.
 - *Cherry Lodge Cancer Care 'Charlies Angels and Dallas Night' venue in Potters Bar. Tickets include glass of Pimms, hot buffet and desserts. Come and party with Myra and Norman. Tickets £22. Prize for best costume. For tickets please call Tina 020 8441 7000.
 - Battle Proms Hatfield House. Gates open 4.30pm, ends 10.30pm.
 - 'Footloose the Musical' at Wyllyotts Theatre. See 11th.
- SUNDAY 14th**
- King Charles the Martyr Church 10.30am Rededication of the Church with the Bishop of St Albans followed by 12 noon lunch and Messy Church children's activities in the early afternoon.
 - *Fir and Pond Wood Nature Reserve Conservation work, no experience necessary, 10am. Details see organisations pages.
 - Summer Fayre Cranborne School from 11am–3pm. Entrance £1, children 50p, under 1 year free. Pay on gate. Lots of stalls available including tombolas, donkey rides, bar, food stalls, inflatables, face painting plus lots more!
 - Camera Fair at Elm Court.
 - Cafe Worship at St John's Methodist Church at 7pm. Informal praise, prayer and discussion in relaxed setting with coffee and cake.
 - The Weymouth Seafood Festival Lunch Coach Trip, £36. 01707 903761.
 - 'Folk by the Oak' Hatfield House. Folk Festival, 12 noon–10.30pm. 01432 355416.
 - Farmers' Market Forty Hall, Enfield, 10am–3pm. Free.
- WEDNESDAY 17th**
- *Wednesday Community Club Games and chat.
- THURSDAY 18th**
- Vineyard Tour and Steam Train Trip Coach Trip, £65. 01707 903761.
- SATURDAY 20th**
- **Outdoor Car Boot Sale** at Elm Court 11am start on field. £5 per car, buyers 50p. Admitted 12 noon.
 - Whistable Oyster Festival Lunch Coach Trip, £36, 01707 903761.
 - Fuchsia Festival Capel Manor, 1–5pm.
- SUNDAY 21st**
- Family Creative Church at St John's Methodist Church from 10.30am. Crafts, art and cooking followed by 20 minutes of worship for everyone.
 - Fuchsia Festival Capel Manor, 1–5pm.
 - 'Sense and Sensibility' by The Pantaloons. Shenley Park Walled Garden. £13.50, ages 3–16 £8. 01923 852629.

- *Potters Bar Society Walk.
 - *Cherry Lodge Cancer Care Virgin Sport British 10k Run This event is perfect for both experienced runners and those who are new to running. There is always a fantastic atmosphere on the day as you run alongside 25,000 others and the race route takes you past some of London's most iconic sights. Minimum sponsorship £200. Contact Tina for information on 020 8441 7000.
 - *Whitewebbs Museum of Transport 'Motorbike Meet and Show' (MUSEUM CLOSED). Admission £5.
- MONDAY 22nd**
- Health Talk at St John's Ambulance HQ, The Walk. Info at friendsofparkfieldppg@gmail.com or 07941 861803.
- WEDNESDAY 24th**
- *Wednesday Community Club Quiz and treats.
- THURSDAY 25th**
- *Cuffley Horticultural Society 'Grape Expectations – Forty Hall Community Vineyard' – Patricia Ball.
 - *PB Filmmakers 'What's in the Can?' How are our films progressing? An update.
 - North Norfolk Steam Train Coach Trip, £48. 01707 903761.
- FRIDAY 26th**
- Recitals at 12.30pm, Caroline Daggett (Mezzo Soprano). Song recital by this talented young artist. Potters Bar United Reformed Church.
 - Game Fair Hatfield House.
- SATURDAY 27th**
- **Outdoor Car Boot Sale** at Elm Court 11am start on field. £5 per car, buyers 50p. Admitted 12 noon.
 - Livestock Music Festival Forty Hall, Enfield, 12 noon–11pm. Three stages, food, children's activities.
 - Game Fair Hatfield House.
 - Movies in the Park Free. 3pm Dumbo; 7pm A Star is Born.
- SUNDAY 28th**
- Game Fair Hatfield House.
 - 'Music to Watch Flowers By' Shenley Park. Family Picnic Concert, 12 noon–6pm. Bouncy castle and soft play. £6.50, age 3–16 £3. 01923 852629.
 - *Whitewebbs Museum of Transport Open Day and visit from Jaguar Drivers Club and MX5 Club, 10am–4pm. Admission £5.
- WEDNESDAY 31st**
- *Wednesday Community Club Outing to Southend.

AUGUST

- THURSDAY 1st**
- *Potters Bar Society Town Group Meeting, 7.30pm, Tilbury Hall.
 - Quebec and Chartwell Coach Trip, £36. 01707 903761.
- SATURDAY 3rd**
- **Outdoor Car Boot Sale** at Elm Court 11am start on field. £5 per car, buyers 50p. Admitted 12 noon.
 - *Tea Dance Ballroom, Latin and Sequence. 2pm, United Reformed Church, Welwyn Garden City. For more information 07816 274963.
 - BBC Countryfile Live Coach Trip, £60. 01707 903761.
- SUNDAY 4th**
- Elm Court NHS Blood Donor Session.
 - *Potters Bar Society Walk.
 - New Forest Summer Tour with Cream Tea Coach Trip, £40. 01707 903761.
- TUESDAY 6th**
- Lunchtime Recital Sally Quantrell (flute) and Lydia Bosworth (piano), 12.30pm. Retiring collection. Buffet lunch (£5) available from 12 noon to 1.30pm. St Mary's Church, The Walk.
- WEDNESDAY 7th**
- Southampton 3 River Cruise Coach Trip, £65. 01707 903761.
- SATURDAY 10th**
- **Outdoor Car Boot Sale** at Elm Court 11am start on field. £5 per car, buyers 50p. Admitted 12 noon.
 - Summer Quiz Cherry Lodge Cancer Care Mary Immaculate and St Peter's Church Hall, Somerset Road, New Barnet. Contact Tina for info on 020 8441 7000.
- SUNDAY 11th**
- 'A Midsommers' Night Dream' with The Lord Chamberlain's Men. Hatfield House, 4–6pm. £16/£10.
 - Fir and Pond Wood Nature Reserve Conservation work, no experience necessary, 10am.
- TUESDAY 13th**
- *Cuffley Floral Art Club Garden Party.
- WEDNESDAY 14th**
- 'Treasure Island' Chapterhouse Theatre Co. Hatfield House, 2–4pm.
 - Eastbourne Coach Trip, £35. 01707 903761.
- FRIDAY 16th**
- Art in Clay Hatfield House, 10am–5.30pm. Over 200 exhibitors of fine ceramics. 01782 271200.
- SATURDAY 17th**
- **Outdoor Car Boot Sale** at Elm Court 11am start on field. £5 per car, buyers 50p. Admitted 12 noon.
 - Art in Clay See above.
 - *Whitewebbs Museum of Transport Rock and Roll Evening, 7–11pm. Admission £10.
- SUNDAY 18th**
- Rotary Club of Potters Bar Bike, Car and Truck Show working with Herts Air Ambulance. Elm Court, Mutton Lane, Potters Bar. 12 noon–4pm. Hog roast, barbecue, tea, coffee and cakes. Live band Shades of Midnight, stalls and more. Entry £4, children under 16 free.
 - *Potters Bar Society Walk.
 - Art in Clay See above.
 - *Whitewebbs Museum of Transport Open Day and American Car Day, 10am–4pm. Admission £5.
- WEDNESDAY 21st**
- 'Alice in Wonderland' Immersion Theatre. Hatfield House, 2–4pm.
 - Highclere Castle (Downton Abbey) Coach Trip, £55. 01707 903761.

WHAT'S ON

THURSDAY 22nd

> 'The Favourite' Open-air Cinema Hatfield House, where it was filmed. Entry from 6.45pm, 8.15pm start.

FRIDAY 23rd

> 'The Greatest Showman' Open-air Cinema Hatfield House. Entry 6.45pm, 8.15pm start.

SATURDAY 24th

> Outdoor Car Boot Sale at Elm Court 11am start on field. £5 per car, buyers 50p. Admitted 12 noon.

> 'Dirty Dancing' Open-air Cinema Hatfield House. Entry 6.45pm, 8.15pm start.

> The Royal Mint, Wales Coach Trip, £60. 01707 903761.

SUNDAY 25th

> *Whitewebbs Museum of Transport MUSEUM CLOSED.

TUESDAY 27th

> PB Churches Holiday Club For primary school children, Mount Grace School. 9.45am–4.30pm. pbchurchesholidayclub.co.uk.

WEDNESDAY 28th

> PB Churches Holiday Club See above.

THURSDAY 29th

> 'Gangsta Granny' Heartbreak Productions. Forty Hall, Enfield. Age 7+. 5–7pm. £14, children £8.

> PB Churches Holiday Club See above.

FRIDAY 30th

> PB Churches Holiday Club See above.

SATURDAY 31st

> Outdoor Car Boot Sale at Elm Court 11am start on field. £5 per car, buyers 50p. Admitted 12 noon.

> 'Classic Ibiza' with Urban Soul Orchestra. Hatfield House. Live DJ and vocalists, 5.30–10.15pm. 01283 841601.

SEPTEMBER

SUNDAY 1st

> Stamp Fair Wylyotts Centre, 10am–3pm.

> *Potters Bar Society Walk.

> Faversham Hop Festival Coach Trip, £35. 01707 903761.

MONDAY 2nd

> *Barnet Philatelic Society A Maritime Theme, Talk and Display by Peter Cox.

TUESDAY 3rd

> Lunchtime Recital Rarescale Flute Academy, 12.30pm. Retiring collection. Buffet lunch (£5) available from 12 noon to 1.30pm. St Mary's Church, The Walk.

> Health and Wellbeing Event 10am–3pm, Wylyotts Theatre, Darkes Lane.

WEDNESDAY 4th

> *PB Horticultural Society 'Perennials and Scented Flowers'. Illustrated talk by Tom Cole, Head of Faculty for Land and Environment at Writtle College.

THURSDAY 5th

> *PB Filmmakers Our annual Film to a Record or Poem Competition.

> *Potters Bar Society Town Group Meeting, 7.30pm, Tilbury Hall.

SATURDAY 7th

> Outdoor Car Boot Sale at Elm Court 11am start on field. £5 per car, buyers 50p. Admitted 12 noon.

> Cherry Lodge's 'Curryoke Night' Your chance to sing your heart out, dance or eat some great Indian food (or all three). Tickets £15, children under 12 free. Venue Arkley Village Hall, Brickfield Lane, Barnet EN5 3LD. For tickets please call Tina on 020 8441 7000.

> Southwold Coach Trip 01707 903761. £36

SUNDAY 8th

> Capel Manor Classic Car Show Capel Manor Gardens, Enfield, EN1 4RQ, 10am–5pm. Organised by *Whitewebbs Museum of Transport. £8/£6, child £4. If you would like to exhibit a classic car, see www.capelmanorgardens.co.uk/events.

> Patronal Festival Confirmation Service and Dedication of new organ by the Bishop of St Albans at 10am. St Mary's Church, The Walk. Details 07803 756088.

> *Fir and Pond Wood Nature Reserve Conservation work, no experience necessary, 10am.

> Café Worship at St John's Methodist Church at 7pm. Informal praise, prayer and discussion in relaxed setting with coffee and cake.

> King Charles the Martyr Church 3–5pm, Messy Church.

TUESDAY 10th

> *Cuffley Floral Art Club Patricia Ellis – 'Out of the Box'.

> *Cuffley Industrial Heritage Society Tony Riley – 'The Victorian Railways of Kent'.

WEDNESDAY 11th

> 'Twelfth Night' Production by Potters Bar Theatre Company at Wylyotts Theatre, 7.30pm. Tickets from theatre.

> *RSPB Afternoon Meeting All welcome. 'Wild flowers of the Chilterns'.

> *Wednesday Community Club Welcome back.

> Wakehurst Place and Nymans NT Members Coach Trip, £36. 01707 903761.

THURSDAY 12th

> *Enfield National Trust Association Speaker TBA. 7.45pm, Enfield Grammar School. Info 01707 321759.

> *Oakmere WI Subject of talk to be confirmed.

> 'Twelfth Night' Potters Bar Theatre Company at Wylyotts Theatre, 7.30pm. Tickets from theatre.

FRIDAY 13th

> 'Twelfth Night' Potters Bar Theatre Company at Wylyotts Theatre, 7.30pm. Tickets from theatre.

SATURDAY 14th

> Outdoor Car Boot Sale at Elm Court 11am start on field. £5 per car, buyers 50p. Admitted 12 noon.

> *PB Horticultural Autumn Show of flowers, fruits, vegetables, 2pm. Admission 50p, plants and refreshments on sale.

> 'Twelfth Night' Potters Bar Theatre Company at Wylyotts Theatre. Matinee 2.30pm and 7.30pm. Tickets from theatre.

SUNDAY 15th

> Elm Court Toy Fair.

> Family Creative Church at St John's Methodist Church from 10.30am. Crafts, art and cooking followed by 20 minutes of worship for everyone.

MONDAY 16th

> *Barnet Philatelic Society 'My Life in Philately', talk and display by David Beech.

WEDNESDAY 18th

> Mount Grace School Open Evening for all students due to start secondary school in September 2020.

> *Wednesday Community Club Chris Sausman plays for you.

> *PB Horticultural Society 'Gardens for Wildlife', illustrated talk by Tim Hill of the Hertfordshire Wildlife Trust.

> Buckingham Palace Tour and De Vinci Exhibition Coach Trip, £80. 01707 903761.

THURSDAY 19th

> *PB Filmmakers Get Smart! Eric Jukes shows us how to film and edit with a SmartPhone.

FRIDAY 20th

> *PB Filmmakers The Roy Wainwright Trophy Competition. Our annual competition with Wanstead and Woodford MM, which they host in St Paul's Church Hall, Chigwell Road, Woodford Bridge, Essex IG8 8BT, at 7.45 for 8pm.

> *RSPB Evening Meeting All welcome. AGM at 7.30pm followed by 'Goshawks, the natural history of the enigmatic bird'.

SATURDAY 21st

> Outdoor Car Boot Sale at Elm Court 11am start on field. £5 per car, buyers 50p. Admitted 12 noon.

> Bee and Honey Show Capel Manor.

SUNDAY 22nd

> Bee and Honey Show Capel Manor.

> King Charles the Martyr Church 5pm, Harvest Evensong.

WEDNESDAY 25th

> *Wednesday Community Club Ronald Hunter.

> Bicester Shopping Village/Mini Clubman Tour Coach Trip, £55. 01707 903761.

THURSDAY 26th

> *Cuffley Horticultural Society Buckingham Palace Garden. An insider's guide – Heather Pettit.

> Chamber Music Festival Hatfield House. Celebrating Brahms and Friends.

FRIDAY 27th

> Chamber Music Festival Hatfield House. Celebrating Brahms and Friends.

SATURDAY 28th

> Outdoor Car Boot Sale at Elm Court 11am start on field. £5 per car, buyers 50p. Admitted 12 noon.

> *Whitewebbs Museum of Transport Model Railway Exhibition (MUSEUM CLOSED), 10.30am–4.30pm. Admission £5.

> Chamber Music Festival Hatfield House. Celebrating Brahms and Friends.

SUNDAY 29th

> Harvest Festival Family Communion service at 10am, followed by lunch at 12 noon. All welcome. St Mary's Church, The Walk. Details 07803 756088.

> *Woodland Walk, Fir and Pond Wood Nature Reserve Explore the nature reserve and learn how to identify common trees. 2.30 pm, £5 donation. Booking necessary, herts.wildlifetrustevents.org.

> *Whitewebbs Museum of Transport Dinky and Lone Star Exhibition and visit from Morris Minor Club, 10am–4pm. Admission £5.

> Chamber Music Festival Hatfield House. Celebrating Brahms and Friends.

OCTOBER

TUESDAY 1st

> Lunchtime Recital Alice Bishop (Soprano) and Simon Marlow (piano), 12.30pm. Retiring collection. Buffet lunch (£5) available from 12 noon–1.30pm. St Mary's Church, The Walk.

WEDNESDAY 2nd

> *Wednesday Community Club Games and chat.

> *PB Horticultural Society 'Apples and Orchards', illustrated talk by Martin Hicks, Ecology Adviser for Hertfordshire CC.

THURSDAY 3rd

> *PB Filmmakers 'Show and Tell'. Bring along something of interest and tell us all about it.

> *Potters Bar Society Town Group Meeting, 7.30pm, Tilbury Hall.

SATURDAY 5th

> Potters Bar Zeppelin Walk Meet outside 'The Old Manor Pub' at 11am. The walk is about 2½ miles long and takes around 3 hours. Please wear clothes and footwear suitable for the day's weather. A suggested donation of £5 is asked for from non-Battlefields Trust Members. Further information can be obtained from the Trust's website www.battlefieldstrust.com. See page 10.

> *PB Filmmakers Support the club in its major public event in Northaw Village Hall, 5 Northaw Road West, Northaw, Potters Bar, EN6 4NW. 2 for 2.30pm.

> *Tea Dance Ballroom, Latin and Sequence. 2pm, United Reformed Church, Welwyn Garden City. For more information 07816 274963.

> Ramsgate and Broadstairs Coach Trip, £36. 01707 903761.

> Outdoor Car Boot Sale at Elm Court 11am start on field. £5 per car, buyers 50p. Admitted 12 noon.

SUNDAY 6th

> Harvest Festival St John's Methodist Church, 10.30am. Donations will go to the Whitechapel Mission (for homeless people).

MONDAY 7th

> *Barnet Philatelic Society Cabaret Night, Talk and display by David Sherman.

TUESDAY 8th

> *Cuffley Floral Art Club Robin White – 'Metal Mania'.

> *Cuffley Industrial Heritage Society John Firth – Mining Engineering DOS.

WHAT'S ON

WEDNESDAY 9th

- *RSPB Afternoon Meeting All welcome. The River Lea – its history from Luton to London.
- *Wednesday Community Club Yvonne and Stan Perry – 'Unusual Gardens'.

THURSDAY 10th

- *Enfield National Trust Association Peter and Christine Padwick – 'All Things Banned and Censored'. 7.45pm, Enfield Grammar School. Info 01707 650969.
- *Oakmere WI 'One Hundred Years of Deception: Hoaxes and Swindlers in the 18th Century' – Ian Keable.
- *RSPB Evening Meeting All welcome. Hope Farm, the story of how the RSPB are managing farming for people, wildlife and profit.
- Ladbroke JMI School Happy's Circus at Ladbroke JMI School. Gates open 5pm, show starts 6pm. Full bar available, BBQ plus more. Entrance via Potters Bar Football Club turnstile. Family of 4 £34, single ticket £10, under 2s £5. Tickets available from the school office.

SATURDAY 12th

- Jumble Sale 4th Potters Bar Scouts. St John's Methodist Church, Baker Street, Potters Bar, EN6 2DZ. Entry (from Heather Way) £2 at 10am and 50p at 10.30am. Finishes about noon.
- Choral Workshop Mozart's 'Coronation Mass' and Handel's 'Zadok the Priest'. All welcome. Music will be available on the day. Cost £10. Bring your own lunch; drinks provided. Informal performance at end of afternoon. 10.45am–5pm, St Mary's Church, The Walk. Details 01707 645080 or office@stmmaryspb.org.uk.

SUNDAY 13th

- Antiques and Vintage Sale Wylyotts Theatre, 10am–4pm.
- *Fir and Pond Wood Nature Reserve Conservation work, no experience necessary, 10am.
- Café Worship at St John's Methodist Church at 7pm. Informal praise, prayer and discussion in relaxed setting with coffee and cake.
- King Charles the Martyr Church 3–5pm, Messy Church.

WEDNESDAY 16th

- *PB Horticultural Society 'Seeds Spread for Survival', illustrated talk by Ann Luder, Horticultural Lecturer and Garden Designer.
- *Enfield National Trust Association Tracy Mackness – 'The Giggly Pig Co.', 2pm, Holwhites Sports and Social Club, Enfield. Info 01707 650969.
- *Wednesday Community Club Games and chat.

SATURDAY 19th

- Quiz Night 7.30pm, St Mary's Church Hall, The Walk. For tickets (£12, including supper) contact 07790 048799 or 01707 658837.
- Indoor Car Boot Sale at Elm Court 1–3.30pm. Book on 659602. Cost £13, buyers 50p. Entrance at 1pm.
- *Cherry Lodge Cancer Care Breast Cancer Awareness Pink Barrow Tombola. 11am–4pm, The Spires, Barnet. Pink Tombola raising money for Breast Cancer Awareness. Event starts at 10am and finishes at 4pm. Site outside Waitrose.

SUNDAY 20th

- Family Creative Church at St John's Methodist Church from 10.30am. Crafts, art and cooking followed by 20 minutes of worship for everyone.
- The Bluebell Railway Dining Experience Coach Trip, £128. 01707 903761.

MONDAY 21st

- Health Talk at St John's Ambulance HQ, The Walk. Info from friendsofparkfieldppg@gmail.com or 07941 861803.
- *Barnet Philatelic Society Visit from National Postal Museum. Presenter Helen Dafter.

TUESDAY 22nd

- Chitty Chitty Bang Bang at Wylyotts Theatre. ELODS production, 7.30pm. Tickets from theatre.

WEDNESDAY 23rd

- *Wednesday Community Club Anniversary Lunch.
- Chitty Chitty Bang Bang at Wylyotts Theatre. ELODS production, 7.30pm. Tickets from theatre.
- Wedgewood Pottery Experience Coach Trip, £70. 01707 903761.
- Emma Bridgewater Pottery Experience Coach Trip, £70. 01707 903761.

THURSDAY 24th

- Chitty Chitty Bang Bang at Wylyotts Theatre. ELODS production, 7.30pm. Tickets from theatre.

FRIDAY 25th

- Chitty Chitty Bang Bang at Wylyotts Theatre. ELODS production, 7.30pm. Tickets from theatre.

SATURDAY 26th

- Halloween at Capel Manor, £6, children £5.
- *Barnet Walks Barnet, Halloween Ghost Walk. Meet outside High Barnet Tube Station, 7.30pm.
- *Whitewebbs Museum of Transport '40s Evening', 7–11pm. Admission £10.
- Chitty Chitty Bang Bang Wylyotts Theatre. ELODS production, 2.30pm and 7.30pm. Tickets from theatre.
- London Postal Museum Coach Trip, £50. 01707 903761.

SUNDAY 27th

- Halloween at Capel Manor, £6, children £5.
- *Barnet Walks Barnet, Halloween Ghost Walk. Meet outside High Barnet Tube Station, 7.30pm.
- *Whitewebbs Museum of Transport Open Day WWII Day and Vauxhall Spares Day, 10am–4pm. Admission £5.
- Chitty Chitty Bang Bang at Wylyotts Theatre. ELODS production, 2.30pm matinee. Tickets from theatre.

TUESDAY 29th

- *Barnet Walks Barnet, Halloween Ghost Walk. Meet outside High Barnet Tube Station, 7.30pm.

WEDNESDAY 30th

- *Barnet Walks Barnet, Halloween Ghost Walk. Meet outside High Barnet Tube Station, 7.30pm.
- *Wednesday Community Club Games and chat.
- *PB Horticultural Society 'When it's Spring Again', illustrated talk by Ian Jackson, an avid bird watcher and amateur photographer.

THURSDAY 31st

- *Cuffley Horticultural Society Indoor planting – get the look, Jane Perrone.
- *Barnet Walks Barnet, Halloween Ghost Walk. Meet outside High Barnet Tube Station, 7.30pm.

NOVEMBER

SATURDAY 2nd

- Remembering our loved ones A service to remember and give thanks for departed relatives and friends. All welcome. 3pm, St Mary's Church, The Walk. Followed by tea and cakes. Details 07803 756088.
- Fireworks Display at Essendon Golf and Country Club, 5.30pm for display at 6.30pm. Families welcome. Adult £10, child £5. Tickets available later from www.brookmansparkrotary.org.uk.
- *Tea Dance Ballroom, Latin and Sequence. 2pm, United Reformed Church, Welwyn Garden City. For more information 07816 274963.
- Indoor Car Boot Sale at Elm Court 1–3.30pm. Book on 659602. Cost £13, buyers 50p. Entrance at 1pm.
- Churchill War Rooms and Wallace Collection Coach Trip, £52. 01707 903761.

MONDAY 4th

- *Barnet Philatelic Society 'Canadian Participation in the Anglo-Boer War', talk and display by Joachim Frank.

TUESDAY 5th

- Fireworks at Cranborne School Gates open 5pm. Display starts at 6pm. Purchase tickets on gate on the night, or pay in advance by emailing rebeccaalexander11@gmail.com. Bar, food stalls and glow toys available to purchase on the night.
- Lunchtime Recital Ian Kelleher (guitar), 12.30pm. Retiring collection. Buffet lunch (£5) available from 12 noon–1.30pm, St Mary's Church, The Walk.
- '42nd Street' Green Room at Wylyotts Theatre, 7.30pm. Tickets from theatre.

WEDNESDAY 6th

- *Wednesday Community Club Gideons – Quiz Plus.
- '42nd Street' Green Room at Wylyotts Theatre, 7.30pm. Tickets from theatre.

THURSDAY 7th

- *Potters Bar Society Town Group Meeting, 7.30pm, Tilbury Hall.
- '42nd Street' Green Room at Wylyotts Theatre, 7.30pm. Tickets from theatre.

FRIDAY 8th

- '42nd Street' Green Room at Wylyotts Theatre, 7.30pm. Tickets from theatre.
- Thursford Christmas Spectacular Matinee with Dinner. Coach Trip, £90. 01707 903761.

SATURDAY 9th

- Quiz Night at Tilbury Hall, Darkes Lane. More information, or to book, on 07941 861803 or friendsofparkfieldppg@gmail.com.
- Christmas Market 4th Potters Bar Scouts' St John's Methodist Church, Baker Street, Potters Bar, EN6 2DZ. 10.30am–1.30pm. Entry 50p (under 16s free). Seasonal stalls, refreshments and Father Christmas.
- Christmas Bazaar Lea Valley Branch Cats Protection League, The Undercroft, St Andrew's Church, Cuffley, EN6 4DP. 11am–1pm. Entrance 50p or a tin of cat food.
- '42nd Street' Green Room at Wylyotts Theatre. Matinee 2.30pm and 7.30pm. Tickets from theatre.

SUNDAY 10th

- Remembrance Day Service 10.50am at the War Memorial, followed by service in St Mary's Church at 11.30am.
- Antiques and Vintage Sale Wylyotts Theatre, 10am–4pm.
- King Charles the Martyr Church 3–5pm, Messy Church.
- Elm Court Toy Fair.
- *Fir and Pond Wood Nature Reserve Conservation work, no experience necessary, 10am.
- Café Worship at St John's Methodist Church at 7pm. Informal praise, prayer and discussion in relaxed setting with coffee and cake.

TUESDAY 12th

- *Cuffley Floral Art Club Social
- *Cuffley Industrial Heritage Society Michael Beech – 'The Occupations of Victorian Britain'.

WEDNESDAY 13th

- *RSPB Afternoon Meeting All welcome. 'The birds and Wildlife of Trinidad and Tobago'.
- *PB Horticultural Society 'Lullingstone Castle', illustrated talk by Jim Buttress, well known on the BBC as a judge on the Allotment and Flower Shows. Also involved with the creation of the World Garden at Lullingstone Castle with Tom Hart Dyke.
- *Wednesday Community Club Games and chat.

THURSDAY 14th

- *Enfield National Trust Association Gary Prescott – 'Biking Birder'. 7.45pm, Enfield Grammar School. Info 01707 650969.
- *Oakmere WI 'Bandstands' – Paul Rabbits.

FRIDAY 15th

- *RSPB Evening Meeting. All welcome. Wildlife projects around Britain and Ascension Island.
- Chatsworth Christmas Market Coach Trip, £55. 01707 903761.

SATURDAY 16th

- Indoor Car Boot Sale at Elm Court 1–3.30pm. Book on 659602. Cost £13, buyers 50p. Entrance at 1pm.
- Quiz Night Lea Valley Branch Cats Protection £6 per person. Maximum 10 per table. Please bring own food and drink. Elm Court, Mutton Lane, Potters Bar, EN6 3PB, 7.30–10.30pm. To book please telephone Stephanie on 01707 657876 or email cpleavally@live.co.uk.
- Tear Fund Big Quiz at St John's Methodist Church at 7.30pm. Join in with a quiz being held at many locations around the country.

SUNDAY 17th

- Stamp Fair Wylyotts Theatre, 10am–3pm.
- Elm Court Camera Fair.
- Family Creative Church at St John's Methodist Church from 10.30am. Crafts, art and cooking followed by 20 minutes of worship for everyone.
- King Charles the Martyr Church Bereavement Service, 4pm.

Please check details of these events by telephoning the contact provided. An asterisk * means more details about venues and times included in Clubs and Organisations section.

To include an event contact: susan.weaver4@ntlworld.com



Potters Bar Tennis Club

The Walk, Potters Bar, EN6 1QL

JUNIOR EVENTS – SUMMER HOLIDAY COURSES *Week 1* Monday 29th July to Friday 2nd August, *Week 2* Monday 5th to Friday 9th August, *Week 3* Monday 12th to Friday 16th August. Morning sessions age 5–9 years from 9am to 12 noon. Afternoon sessions age 10–15 years from 1 to 4pm. Cost Members £16 per day – full week £70, non-members £17 per day – full week £75.

Application forms can be downloaded from www.pottersbartennis.net.

MUNCHKINS Continues every Saturday from 12 noon to 12.30pm through the summer till the end of October. Cost £3 per session.

JUNIOR FRIDAY NIGHTS Continues for the summer term until 19th July and re-commences on Friday 6th September until Friday 25th October.

ADULT PLAY Every Monday evening 'Pay and Play' is available for adults from 7–9pm (Improvers Mixed). Cost for non-members is £7.

ADULT COACHING Beginners Ladies: Tuesdays 9.30–11.30am. Non-members £5 per session. Improvers Mixed: Thursdays 10–11am. Non-members £6 per session. These sessions are all taken by Karl Mills, Club Head Coach, **07939 303483** who should be contacted on any coaching enquiries.

All membership enquiries should be made to Sue Vallance on **01707 645909** or email sue.vallance3@btinternet.com.

THE FLON CONRAD TOURNAMENT (25th Anniversary)

This took place in May. The winners were Joyce Prime and Wendy Campbell-Lendrum.

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Success for Potters Bar Town FC

In the Spring issue, our front page was devoted to the appeal for funds from the Football Club to help them install two new stands. The appeal was successful, and the Community News was delighted to receive the following acknowledgement from the Club Chairman, Peter Waller.

Dear John

I just wanted to thank you for putting our appeal on the Front Cover of the Community News and to let you know the crucial impact it had.

The campaign had raised about £2,000 and was at a standstill in February. Then, suddenly it started to rise very quickly and doubled within 2–3 weeks. When it was confirmed the issue had started to drop on peoples' doorsteps, I realised it was that influence that the people of Potters Bar were reading and responding to. It was very pleasing, and their comments confirmed they wanted to help a PB club. We hit the £5,000 target before 31st March and the stands were in place by that date too and we achieved both our goals. So, thank you for offering to help and hopefully you can help others in such need.

Kind regards

Peter

All in all, the club has achieved a great deal in the past season, where they finished a very creditable 16th position in the Bostik Premier League. Their chief aim pre-season was to maintain their place in this League, their highest level ever, and this was achieved by a substantial margin.

Attendances have averaged over a healthy 210 for the first time for the whole season, with the biggest-ever crowd of 504 for the visit of near neighbours Enfield Town. To these achievements can now be added the erection of the new stands to meet the higher ground grading requirements needed to play at this level (step 3) of the football pyramid.

So, after a superb effort both on and off the pitch last season, the Club are looking forward to their second Bostik Premier League campaign.



Why not join them at a match or two at the **Pakex Stadium, Watkins Rise (off The Walk), Potters Bar, Hertfordshire EN6 1QB?**

Match day admission prices are £12 adult, £8 concessions, £1 child. See below special Season

Ticket offer (admin fee £25) for 2019/20.

All are welcome in the clubhouse which is open pre and post match; hot and cold beverages and snacks are available at our snack bar.

As well as attending matches you can keep up to date on Club news via the website www.pitchero.com/clubs/pottersbartownfc and on social media platforms; Facebook: **Potters Bar Town FC**; Twitter: **@pbtfc**, **@pbtfcscorers**; Instagram: **@pbtfc**.

POTTERS BAR TOWN FOOTBALL CLUB FREE SEASON TICKET OFFER SUPPORT YOUR LOCAL TEAM

Bring this article to any POTTERS BAR TOWN FC Home game of the 2019/20 Season and exchange it for a FREE SEASON TICKET, gaining access to up to 20 games. Subject to an Admin Fee. The Season starts in August and fixtures will be available to view on our website from mid July www.pitchero.com/clubs/pottersbartownfc. T&Cs apply.



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Bursting Bowls Club

After a very successful 2018 season, Potters Bar Bowls Club took the covers off their green on Saturday 22nd April for the opening day of their 2019 season.

President Bill Burrows rolled the first wood in the annual President's Day competition. Over 70 members supported Bill, who this year has selected the Herts & Essex Air Ambulance as the club's charity for the year. This most valuable life-saving service costs a great deal to run, and members heard that each take-off costs £2,200, and there are on average, six call outs per day.

Members enjoyed eighteen ends before joining together for drinks and a superb buffet. Thanks to members' generosity in donating prizes and purchasing raffle tickets, £240 was raised for the charity. The club is grateful to *Community News* for helping the club to raise awareness of the game and its existence. In conjunction with other advertising, the club welcomed over 50 people on the two open days early in the season and now, for the first time in its history, has a waiting list.

The 2018 final of the Partridge Cup was postponed until this season and in a close game, Membership Secretary Peter Openshaw, who will be known to many Potters Bar people through his work at the Wyllyotts Theatre and leading Health Walks, overcame Chris Budden to lift the trophy.

The club had a busy social programme during the winter and recently held its annual plant sale which, together with cream teas for 45 members, raised the magnificent sum of £301 for club funds. Cribbage nights during the winter proved increasingly attractive and raised valuable revenue.

The club continues to appreciate the support of Nethercott Funeral Directors and Wyevale Garden Centres at Bentley Heath who have generously provided bedding plants and materials.

David Arnold
Press Officer

Sporting Terms

Longing perhaps for the sunny days at Wimbledon, we take a look at some tennis phraseology:

Ace: playing card/serve where the ball lands in the service box and is not touched by the receiver.

Alley: small thoroughfare/area of the court between the singles and doubles sidelines.

Backhand: compliment of sorts/stroke in which the ball is hit with the back of the racket hand facing the ball at impact.

Code violation: indiscretion at Bletchley/rule violation such as an obscenity or hitting the ball into the stands deliberately.

Fault: error/serve that fails to land in opponent's service box.

Double fault: duplicated error/two service faults in a row, ceding the point.

Foot fault: chiropody error/when server steps on or over the baseline when serving.

First serve: priority waitress instruction/the first of two attempts that a player has when serving the ball.

Second serve: deferred waitress instruction/the second attempt at serving.

Grand Slam: massive punch/winning all 4 major tournaments (Australian, French, UK, USA) in a year.

Let: allow/a call that requires a point to be replayed, eg when a serve hits the net but still falls within the service box.

Love: adore/scoring term = zero.

Love game: flirting perhaps/a game won without the opponent scoring a single point.

Net: capture perhaps/interlaced fabric stretched across the court.

Net cord: capture and tie up/a player hits the ball so that it inadvertently hits the net cord and bounces over the net in play.

Net post: capture and tie to a post/posts holding up the net.

Pass: maybe a ticket/shot which passes by, but not over, an opponent at the net.

Point: tip/the smallest unit of scoring.

Match point: lighter point/a player needs one more point to win the match.

Racket: din/bat with a large handle and looped frame, with string mesh tightly stretched across it - used to hit the ball.

Racket abuse: din with insults/when a player slams his racket into the ground or net in frustration.

Real Tennis: the genuine game perhaps/indoor version of the sport regarded as the predecessor of lawn tennis.

Rubber: eraser/individual match in the Davis Cup.

Dead rubber: used eraser/Davis Cup match played after the victor of the tie has been decided.

Seed: embryo/ranking of players in a tournament.

Spin: political emphasis/rotation of the ball affecting bounce and trajectory.

Set: a badger's home (nearly) or the first player to win six games with a two game advantage wins the set.

Straight sets: neat badgers' homes/where the winner does not lose a set.

Tie: neck wear/as in a match, especially for Davis Cup.

Tiebreak: mutilated neckwear/method of deciding a set when score is 6-6.

Wild card: stropy ace/player allowed to play in a tournament even though their ranking does not qualify them.

Stars of the future open Rotary Show

Building on last year's success, Potters Bar Rotary Club hosted a 'Blast from the Past 2' band night at Wyllyotts Theatre on Wednesday 15th May. It was to an almost sell-out auditorium that local and national artistes performed to an enthusiastic audience.



The show was opened by stars of the future and winners of the Potters Bar Rotary 'Battle of The Bands' competition, The Next Generation. With an average age of 14 they rose to the occasion and gave a brilliant performance of two numbers. The band will also perform at the Potters Bar Carnival at Elm Court on Sunday 9th June along with two other successful finalist bands. The evening was compered by Bobby Allen, a professional entertainer, who then introduced accomplished

singer Natisse who gave a nostalgic performance of many old favourites from the era of swing to pop music of the 70s and then Tom Jones tribute act, Glen Leon, who brought back lots of memories from the Tom Jones era. During the interval the raffle was drawn for a unique guitar signed by music celebrities such as Herman's Hermits. There was also a nail biting auction held for another unique acoustic guitar signed by Chris Farlow, Steve Ellis from Love Affair and other celebrities of the era. After a number of counter bids in the auction conducted by Sky Andrews, it sold for just over £300.

The Potters Bar Rotary Club is very proud to support Alzheimer's Research UK and a cheque to the value of £3000 was presented on the evening to volunteer fundraiser Anna Macer who gave an emotional acceptance speech talking of the loss of her husband through Alzheimer's. Potters Bar Rotary has chosen to support Alzheimer's Research UK along with a number of local, national and international charities such as Essex & Herts Air Ambulance, Noah's Ark Children's Hospice and WaterAid.

Our favourite local band, Shades of Midnight, then shared with us a number of rock and pop favourites from past decades. The President of Potters Bar Rotary Club, John Powell, a leading light in the band, entertained us with many quips and jokes.

We can already announce the date for next year's 'Blast from the Past 3' is Wednesday 13th May 2020. Once again, the show will be opened by the winners of the 'Battle of the Bands 2020' competition to be held in March next year.

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The next big fundraising date in the Rotary Diary is the Classic Car and Bike Show that will be held at Elm Court on Sunday 18th August working with Essex & Herts Air Ambulance – so please put it in your diary now.

It may seem early to be mentioning it, but we are pleased to be able to look forward to our Christmas Sleigh rounds in the weeks leading up to Christmas.

If you are interested in joining Rotary – a local organisation providing fellowship and raising money for local and national charities – please email enquiry@pottersbarrotary.uk.

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Brookmans Park Rotary Club Annual Charity Swim Challenge

The 27th Annual Charity Swim Challenge run by Brookmans Park Rotary Club took place in March at the Furze Field Centre. The teams were sponsored to swim as many lengths as possible in a relay over 20 minutes in 4 beats. A total of 19 teams took part including teams from Chancellors, St Giles and Cranborne schools, St John's Church, Little Heath and Potters Bar Scouts and Barracuda's swimming club in Potters Bar, and Stevenage Dolphins. A team made up of Past Presidents of Brookmans Park Rotary club also competed.

The teams and their families were then invited to a Swim Challenge Presentation evening in May when all the swimmers were presented with individual certificates celebrating their participation by Rotary Club President Diane Thompson, and everyone enjoyed a buffet supper.



Diane also presented the Barbara Collins trophy to Martin's Marlins who raised the most sponsorship monies (see photo), and the Grace Bays trophy to Chancellors Students teams 1 and Chancellors Students team 2 jointly, as they had both swum the most lengths in the 20 minutes allowed (see photo).

A total of £5,725 (including Gift Aid) was raised for Carers in Hertfordshire, Noah's Ark Children's Hospice and other charities supported by Rotary. Club

President Diane presented several cheques to nominated good causes supported by the participating teams on the night.

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Fireworks Galore!

For many years Brookmans Park Rotary Club have had several well-trained firework technicians whose skills are regularly updated by working with Fantastic Fireworks. Up until now they have run the firework display at Little Heath School where the Rotary Club and Little Heath School have worked together to run a popular bonfire night.

However, for a number of reasons the Firework Team will now be demonstrating their skills at Essendon Golf and Country Club, where the Rotary Club now meet regularly. There will be a huge display on Saturday 2nd November 2019. Arrival time is from 5.30pm for the display to start at 6.30pm.

Essendon Golf Club has a wonderful site, excellent parking and hard-standing for the spectators. There will be an opportunity to purchase hot and cold drinks and food provided by the golf club. Families are particularly welcome, and tickets will be available to buy online through the Rotary Club's website. www.brookmansparkrotary.org.uk

The cost will be £10 per adult, £5 per child, and children under 4 years will be free. The money raised will be used to support charities supported by both Rotary and Essendon Golf Club.

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Oyster Card for Potters Bar



I know how strongly people want Oyster extended to Potters Bar. Since my election I have campaigned vigorously to deliver this for long

suffering passengers. I have constantly lobbied and organised meetings with transport ministers, government officials and rail executives to keep up the pressure, including most recently last month with the Rail Minister, Andrew Jones MP (pictured).

I am therefore delighted to confirm that Oyster will be coming to Potters Bar this summer. This has been confirmed by the Department for Transport and Govia Thameslink, and an exact date will be following imminently.

I'm aware there's been justified scepticism about when the system will actually be in place, and we have had bitterly disappointing setbacks in the past when previous deadlines were missed. However, after I secured the firm commitment in December that the system would be operational by the end of 2019, the end is finally in sight. I will not let up the pressure though, and will continue to press transport officials to make sure the delays we have endured for too long do not happen again.

Oyster will enable people, particularly students, young professionals and those working flexibly to travel into and around London with greater ease. This is also particularly important because an increasing number of people are choosing to use contactless cards and digital smart tickets to travel instead of relying on the traditional paper ticket. It is long overdue, and I look forward to making my first journey soon.

Oliver Dowden CBE
MP for Hertsmere

Potters Bar Town Band
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Brass players of all ages and standards welcome

Rehearsals Every Friday 8.00 – 10.00pm
Contact: Ginette O'Higgins 07970 448661
enquiries@pottersbartownband.co.uk

Christmas in Potters Bar

2018 was a splendid year for Potters Bar, especially as our new group met the goal of lighting up the town again! We hired 52 lights which covered Darkes Lane and parts of the High Street. For 2019 we plan to expand into the Barnet road junction of the High Street, which will help make the High Street look more festive and allow even more people to enjoy the displays.

All of this wouldn't have been possible without the help and support of so many local people, including all of those who stood on the committee, councillors and residents who helped me to navigate through our first year with a bit of trial and error. Thank you to all of the volunteers who helped us run events, to Hertsmere Borough Council, to Matt and the team at Potters Bar Harvester, local organisations and businesses who donated, and to all of the community who gave us the drive to make all this possible.

We plan to have another Community Celebration event this year on Saturday 30th of November at Oakmere Park between 3pm and 6pm with the lighting-up at 5pm. Last year we were truly overwhelmed by the 1000+ people who came out and joined us! It far exceeded our expectations, and now we know you want an event we will deliver again, but this year it will be bigger and better with a larger performance area, increased lighting, more microphones and even more stalls. We hope to see you at one of our many events throughout the year and we also encourage groups, organisations and individuals to fundraise for us to help us achieve our £15,000 target.

For any more information please reach us by email at christmasinpottersbar@gmail.com or visit us on Facebook search 'christmas in potters bar'.

Lynette Sullivan

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Crime Prevention Awareness

Why is it that some residents are clued-up about crime prevention and some aren't? Let's consider thefts from vehicles and vehicles themselves – including pushbikes.

Purchasing a new car has always been a costly business whether paying cash or taking out finance. Adding in insurance for your new pride and joy and we are talking about a significant outlay. For the criminal, acquiring a new vehicle means one thing – more money when it is subsequently sold on or, more likely, exported.

Motor manufacturers install certain security features with options. Unsurprisingly, there are huge incentives to defeat them. We have seen the use of scanners to intercept codes to open and drive away vehicles. I read recently that one of the most secure cars was one with the traditional key. We know that the GPS trackers can be disabled fairly quickly after a theft. This suggests that it is worthwhile fitting a second device. The police recommend fitting a physical anti-theft steering wheel lock. These were popular in years gone by when hotwiring was prevalent.

Whilst we are out and about, it is difficult to find totally secure parking and sadly many operators are happy to take our money without providing a level of security. At home though there are other options. Vehicles have been stolen from garages, but it takes more effort. Any physical barrier will slow down the criminal. A lockable post and/or gate may be a deterrent.

I am personally amazed that people spend hundreds, if not thousands, on bikes but do little to prevent theft. It is so easy to mark the pedals and frame of a pushbike. Not only does it make the vehicle a little less desirable but it also means it is easily identifiable – particularly if the thief is caught in possession. Try identifying a mass-produced machine. Optimists post appeals on social media but with rare success. We have a duty to society to prevent theft as the proceeds are used to fund other activities including, in extremis, terrorism. We also owe a duty of care to our insurers.

Chris Cook

What do Manchester City FC and Little Heath Chess Club have in common?

Both have retained their league titles!

Little Heath started the season with high hopes of retaining their hard-won Herts League title. The main challengers were again Watford, and despite suffering an early reverse at home to them, the team made good progress culminating in an excellent win in the return fixture. A trouncing in the last match of the season at Royston fortunately did not prove costly. The team finished top having won 10 matches, drawing none and losing two.

The Second team suffered three defeats in their debut season in Division 3. Fortunately, the rot was stopped and the team finished the season in third place with five wins, two draws and five defeats. The team is strong enough to mount a credible challenge for promotion next season.

In the bottom division, the Third team flattered to deceive, finishing fifth out of seven teams with five wins, two draws and six defeats. A negative game points tally (25.5 to 34.5) demonstrates there is room for improvement.

The club runs one other team in a grade-restricted division. Suffice to say a return of two drawn matches suggests significant room for improvement. Little Heath is a relative minnow compared with some clubs, but an excellent team spirit shines through!

The club website may be found at www.littleheathchess.co.uk.

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Wylllyotts
Theatre

Flanders and Swann

Sunday 15th September, 2pm
Tickets £16

Join Tim Fitzhigham and Duncan Walsh Atkins as they starch their beards and trim their dinner jackets to bring you the wit and wordplay of those ingenious comedy songsmiths, Flanders and Swann. Lifelong fans and the uninitiated will delight to see the boys breathe new life into the much-loved words of F&S including *The Hippopotamus*, *The Gnu* and many others.

Back to Bacharach

Friday 20th September, 8pm
Tickets £25

Back to Bacharach celebrates the magical music of Burt Bacharach, one of the most accomplished composers of the 20th Century, who together with Hal David penned some of the most iconic and memorable hits that stand the

test of time. This production features three of the finest West End vocalists, accompanied by an amazing 10 piece band recreating Burt Bacharach's timeless masterpieces.

Be Bop A Lula

Saturday 21st September, 8pm
Tickets £23, Concessions £22

The West End hit starring five giants of rock 'n' roll – Eddie Cochran, Gene Vincent, Billy Fury, Buddy Holly and Roy Orbison. Relive the tours responsible for introducing rock 'n' roll to the UK in the company of incredible singers.

**The Wall of Floyd -
Wish You Were Here
Tour 2019**

Thursday 26th September,
8pm
Tickets £22

The Wall of Floyd is made up

of seven members. Collectively they have over 75 years of performance experience. The band strives to sonically reproduce Pink Floyd's music to perfection with a stage show to match. They deliver Pink Floyd's back catalogue including hits from *'The Wall'* and *'Wish You Were Here'* and of course perform most of *'Dark Side of the Moon'*.

Forever Jackson

Friday 27th September, 8pm
Tickets £23, Concessions £22

The greatest hits of Michael Jackson performed live. Following its critically acclaimed 2018 show, Forever Jackson returns with a brand new production. From the Jackson 5 through The Jacksons and onto the King of Pop this show encapsulates the magic of Michael Jackson.

**The Sounds of
Springsteen**

Saturday 28th September, 8pm
Tickets £24

Formed in 2017 from a passion for the work of 'The Boss', each member of this 8-piece band have their own unique abilities as performers, and an undeniable love of music. The band has made it clear that their passion for Springsteen outweighs all others.

That'll Be The Day

Tuesday 1st October, 7.30pm
Tickets £27

The UK's No 1 Rock & Roll variety production returns with another brand-new show. Featuring a fresh line-up of sensational gold hits spanning the 50s, 60s and 70s, mixed up with more sidesplitting comedy sketches. Early booking is advised as this ever-popular show attracts a big audience of music lovers ready to party!



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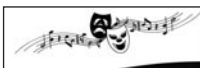
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Tim Rice

Music by

Andrew Lloyd Webber

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19th - 23rd November 2019 at 7.30pm & 2.30pm, Sat Matinée

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Forbidden Nights

Thursday 3rd October, 8pm
Tickets £24

Fantasies don't come bigger than this with sizzling new acts and stunning routines. Brace yourselves for two hours of thrilling action, provocative choreography with the ultimate Forbidden striptease (and a few men in uniform thrown in for good measure).

Oye Santana

Friday 4th October, 8pm
Tickets £21

Oye Santana, the UK No 1 winner at the 2018 National Tribute Music Awards celebrate 50 years since Santana's electrifying performance at Woodstock catapulted them into stardom. You'll be blown away by the band's infectious good-time feel on hits including 'Black Magic Woman' and 'She's Not There'.

Counterfeit Stones

Saturday 5th October, 8pm
Tickets £25

Their latest fast shuffle, The Midnight Scambler promises yet

another night of pure unadulterated copy-rock. Now in their 28th year, these prank-stars continue to deliver the best rock 'n' roll show on the circuit. Packed with big hits, retro fashion and a huge dollop of 'Spinal Tap' humour, it's Satis-fiction guaranteed.

Ed Byrne - If I'm Honest

Friday 11th October, 8pm
Tickets £26

Join Ed as he takes a long hard look at himself and tries to decide if he has ANY traits that are worth passing on to his children. He presents his brand-new masterclass in observational comedy hot on the heels of his 17/18 touring hit.

The ELO Experience - Greatest Hits and More Tour

Saturday 12th October, 7.30pm
Tickets £25

Celebrating the great music of Jeff Lynn and the Electric Light Orchestra. The ELO Experience

are the world's foremost tribute to the ELO. With a sensational string section, a stunning light show and large screen projection to further enhance the experience, why not come along and experience this incredible show.

Lollypops & Moptops

Thursday 17th October, 7.30pm
Tickets £22

A spectacular 50s and 60s show starring the Dreamers, The Temple Brothers and Buddy Holly tribute. The Dreamers remain one of the best-known named bands on the sixties' music circuit. The Temple Brothers have toured extensively with the Everley Brothers and friends show, performing some of the most popular songs of the fifties rock and roll days, and the great songs of the 60s.

The Greatest Hits of Motown - How Sweet It Is

Friday 18th October, 8pm
Tickets £27

Now in its 18th successive year.

This stunning 100% live show combines first class music with the slickest choreography and an amazing band to deliver truly outstanding performances for the best Motown experience you will ever have.

A Tribute to Ariana Grande and JoJo

Tuesday 29th October, 6pm
Tickets £16

A perfect half-term treat. The UK's number one tributes to global superstar Ariana Grande and kids' sensation JoJo Siwa perform together in this exciting new pop production for 2019. Ariana is arguably one of the most influential female artists of the decade.

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It tells the story of an aspiring chorus girl, Peggy Sawyer, who arrives in New York City from her hometown of Allentown, Pennsylvania, armed with her tap shoes and big dreams. Peggy's talent catches the eye of legendary Broadway director Julian Marsh, who gives her a spot in the chorus of 'Pretty Lady', his newest show. 'Pretty Lady' stars Dorothy Brock, the classic Broadway diva, who takes an instant dislike to the new girl in the cast. When Dorothy is injured during the show's previews, 'Pretty Lady' looks like it will have to close, unless a new girl, talented enough to lead the show, can be found someone - like Peggy Sawyer!

42nd Street is set to delight audiences, with its timeless tunes, crowd-pleasing tap dances and classic 'rags to riches' story. So, come and meet those dancing feet, as 42nd Street brings to life legendary songs such as 'We're In The Money', 'Shuffle Off To Buffalo' and 'Lullaby of Broadway.'

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Twelfth Night

Shakespeare's most popular and beloved comedy play
11th-14th September 2019

Potters Bar Theatre Company bring Twelfth Night, Shakespeare's most popular and beloved comedy, described as his 'perfect play', to the Wyllyotts stage.

Shipwrecked twins Viola and Sebastian are lost among love-sick aristocrats, unruly servants, mischievous pleasure seekers, clowns, and a cross-dressing steward.

Viola is swept onto the shore of a mysterious island called Illyria. Alone in this strange land she disguises herself as a young man and, under the name of Cesario, gets a job as a servant for the Duke, Orsino. Viola soon falls in love with Orsino, but Orsino loves Olivia, and Olivia falls for Cesario (Viola in disguise). To add to the confusion Malvolio is also secretly in love with Olivia.

Meanwhile, Viola's brother Sebastian, who is alive after all but believes Viola to be dead, also washes up on the shores of Illyria. With music as the bittersweet "food of love" all conspire in this comic journey of love and gender confusion!

£17 Adults Wednesday, Thursday, Friday and Saturday (all performances), **£14 Students** (under 18 years) (all performances)

Jesus Christ Superstar

The Musical

19th-23rd November 2019

Jesus Christ Superstar is an iconic Rock Opera with music by Andrew Lloyd Webber and lyrics by Tim Rice. Rock 'n' roll and gospel songs are coupled with high energy dance numbers to tell the story of the last days of Jesus's life. Imagine a crowded rock concert: people are cheering, lights are flashing, music is blaring and there, in the middle of the stage, is Jesus. Yep. That Jesus. The New Testament, the Messiah. Jesus Christ is not generally the central figure we expect in a rock show, but that's exactly what makes the musical Jesus Christ Superstar so entertaining. The story unfolds through the words of Judas Iscariot, the disciple who ultimately betrays Jesus. This electrifying theatrical story promises a fantastic evening's entertainment.

£18 Adults Tuesday/Wednesday, **£19 Adults** Thursday, **£20 Adults** Friday, Saturday (both performances), **£15 Students** (under 18 years) (all performances), **£17 Adults** Wednesday, Thursday, Friday and Saturday (all performances), **£14 Students** (under 18 years) (all performances)

Times for both productions:

Evening Performances 7.30pm, Saturday Matinée at 2.30pm

Venue: Wyllyotts Theatre, Wyllyotts Place, Darkes Lane, Potters Bar, Hertfordshire EN6 2HN

Box Office: www.tickets.wyllyottstheatre.co.uk

Tel: 01707 645005

Historical Society publishes its programme

As anyone perusing the pages of Community News will be only too aware there are many groups in and around Potters Bar. Potters Bar & District Historical Society have recently published their programme for 2019–2020. More details may be found on www.pottersbarhistory.uk.

On Tuesday 17th September, Mr Mike Howgate will be talking about Hertfordshire puddingstone. Ensure you eat beforehand as this is not a culinary experience. Railway talks are always popular, and a large turnout will be expected on Thursday 17th October when Norman Hill will explore the Great Northern in the 19th and 20th centuries. Hopefully he won't be travelling by train. A DVD 'A County at War – Life on the Home Front in Hertfordshire during the First World War' is being shown on Thursday 21st November.

Most of us have smartphones that are capable of good quality photos and videos. On Thursday 19th September club member, Eric Jukes, will address the Potters Bar Filmmakers on how to film and edit with such a device. Two weeks beforehand, the club holds its annual 'Film to a record or poem' competition. Should be fun!

PBFM are at www.pottersbarfilmmakers.co.uk.

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HPFT's Spot the Signs campaign launches free life-saving "Stay Alive" App

A free life-saving app called 'Stay Alive', which is packed with really useful features to help people stay mentally well, has been launched in Hertfordshire. The app's aim is to help people in times of crisis to feel that suicide is not their only option. It has tools to help keep people safer, together with details of the emergency or support services to contact in Hertfordshire.

The team behind HPFT's 'Spot the Signs and Save a Life' campaign hosted a launch event on 9th May. It was attended by representatives from the Hertfordshire Suicide Prevention Network and other organisations who are all keen to support people in Hertfordshire with mental health problems.

According to the Office of National Statistics in 2017 the highest suicide rate in the UK was for men aged 45-49. The Hertfordshire Suicide Audit 2015/16 identified a total of 56 deaths by suicide in Hertfordshire and 50% of those who took their own lives were by people who had not accessed mental health services.

HPFT's Chief Executive Tom Cahill said: "Every suicide is devastating for the vulnerable person, as well as their family, friends and colleagues. Pooling our ideas and working together to help prevent suicides happening and to raise awareness is the best way forward. We're keen to use digital technology to help us reach the vast numbers of people who primarily use their phones to find information. The Stay Alive App is for anyone who experiences suicidal thoughts, as well as those who might be worried about somebody else. Helping spread the word and encouraging people to download and start using this app could save somebody's life."

Richard, a Tring resident, spoke at the event from personal experience and said: "Informing family and friends of the death of our son was the hardest thing we have ever had to do. We feel the app will help reduce the number of people experiencing a similar situation."

The Stay Alive App was developed by Grassroots – a charity specialising in suicide prevention. It includes a self-care section which contains breathing exercises and a LifeBox for storing special memories including photos and inspirational quotes. You can download it for free by following this link Bit.ly/getstayalive.

Potters Bar Health and Wellbeing Event

The Potters Bar Medical Centres and the Patient Participation Groups (PPG) would like to invite you to our 3rd annual Health and Wellbeing event.



Tuesday 3rd September, 10am-3pm

at Wyllyotts Theatre, Darkes Lane, Potters Bar. Hertfordshire EN6 2HN

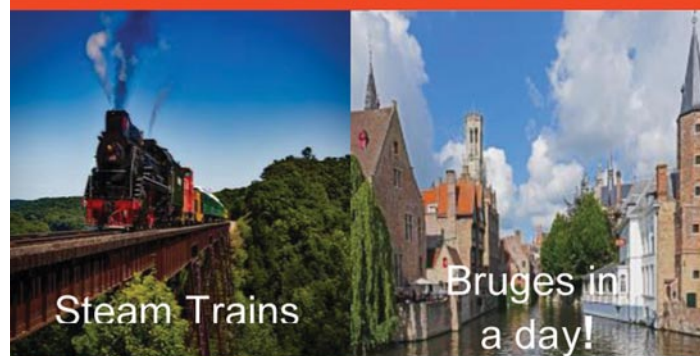
- Battle Dementia
- Neighbourhood Watch
- PB Community Hospital
- Carers in Herts
- Herts Health Walks
- Remap Herts
- Fire Service
- Musical Memories
- Ostofriends
- Herts Independent Living Service
- Plus many more...

There will be a variety of stalls promoting their services to the Potters Bar community, as well as mini health checks, CPR training, talks by GPs from all of the Potters Bar surgeries and other activities.

Further details will be available on a flyer from Annandale, Highview and Parkfield surgeries and on their websites.

This event is supported by: Hertfordshire County Council, Hertsmere Borough Council and Hertsmere Leisure.

AMAZING DAY TRIPS !



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LOCAL ORGANISATIONS

AB'S STOMPERS LINE DANCING

Weekly, Mon, Tue and Thu. Wroxham School. All levels. 07967 964962.

ACT 4

Weekly. Youth clubs and regular events. 665551 or www.act4.org.uk.

ADULT BALLET, JAZZ and TAP CLASS

Weekly classes. Parkwood Health and Leisure Centre, Darkes Lane. Suzanne 07904 771 980.

ADULT NETBALL

Mon 7–8pm. Wroxham School. £2. Any standard welcome. 650902.

AIR TRAINING CORPS – 57 (PB) SQUADRON

Weekly, Mon and Thu. Ingram Cadet Centre (opposite Fire Station). 7.15–9.30pm. Ages 13–18. oc.57@aircadets.org.

ALCOHOLICS-ANONYMOUS

Frequent meetings in Potters Bar and local area. 0845 768 7555 or email help@alcoholicsanonymous.org.uk.

ANGIE'S DANCE ACADEMY

Weekly classes. Children and adults (Disco/Street). Latin American and Line dancing, to exam status and performing in shows. Angie on 07773 341490.

ART

Every Fri, 10am–12 noon. Furzehead Court, (next to Elm Court) £2.30. 020 8207 7568.

ART IN HERTS

Weekly, Tue. Furzehead Court, Mutton Lane, 7.30–10pm. Painting in informal and social atmosphere with occasional expert tuition. 650694.

ART CLASSES

Art classes in drawing and watercolour painting Tue and Thu 10am–12.30pm. Jane 850356.

ART CLUB

Sixty Plus Centre Wyllyotts. Thu 2–4pm. 654007.

ATTIC ORCHESTRA

For those who wish to resume playing. Contact Mel at melroot@hotmail.com.

BABY SENSORY CLASSES (Birth – 13 months)

Award-winning. Thu. Furzehead Leisure Centre. Lisa 07887 700939 or barnet@babysensory.co.uk.

BADMINTON

Weekly, Fri. Owen's School, 8–10pm. Age 17+ intermediate upwards. 264007.

BADMINTON CLUB

Little Heath Church Hall. Thu 7.30pm. All abilities welcome. 657812.

BADMINTON CLUB (Friern)

Friendly club for intermediate players. Owen's School. Wed 8pm. ann-marie.rowland@frs.co.uk.

BADMINTON LADIES

Weekly, Wed 2–5pm. Christ Church, Little Heath. Friendly, social group. 650040.

BALLROOM and LATIN DANCING

Weekly, Tilbury Hall. Beginners Mon 7pm, improvers 7.45pm and advanced 8.45pm. Wed beginners Line Dancing 8.30pm. 268846.

BALLROOM, LATIN and SEQUENCE DANCING

North Mylms Memorial Hall, Station Road, Welham Green, AL9 7PG. Every Wed evening 8–10pm, £4. Contact Russel 01707 264154.

BARNET and DISTRICT CANCER LINK

Drop In Centre, weekly, Wed 1.30–4pm. Church of Mary Immaculate and St Gregory the Great, Union Street, Barnet. For cancer patients, families and friends. 708022 or 020 8446 3104.

BARNET and DISTRICT PHILATELIC SOCIETY

Mon 8pm, twice monthly. St John's Church Hall, Mowbray Road, New Barnet. Sep to Jun. Secretary 020 8449 3971 or www.barnetphilatelic.co.uk.

BARNET PLUS SPORT and SOCIAL CLUB

Weekly, Sun from 8.30pm. Discovery Hall, Netherlands Road, New Barnet. www.barnetplus.com.

BARNET WALKS*

Guided walks. £9 (£4 under 12s). Contact Paul for more information on 07506 761294.

BARRACUDA SWIMMING CLUB

Weekly, Sun. Furzehead Centre, Mutton Lane, 11.30am–12.30pm. Helps all ages with disabilities to be safe in water. Contact Ian 660935.

BAY JAZZ CLUB

Weekly, Tue 8.30–11pm. Botany Bay Cricket Club, East Lodge Lane, Enfield. Live Traditional Jazz and licensed bar. 020 8367 6660.

BINGO

Weekly, Mon. South Mimms Youth and Community Association, Village Hall, 7.20pm. 651700 or 647822.

BOTANY BAY PETANQUE CLUB

Weekly, Sun 10.30am–2pm. Botany Bay Cricket Club. Try the French game of boules 653325.

BRIDGE CLUB – LITTLE HEATH (duplicate)

Tue, 7.30pm in Parish Hall. Aileen 652343 or Peter 658016.

BRIDGE CLUB

Thu 10am–1pm. Little Heath Parish Hall. Playing Chicago Bridge. Tom 655461.

BRIDGE CLUB

Mon 7.30pm. Clayton Centre, Barnet Road, Potters Bar. June 651011.

BRIDGE CLUB – CHICAGO

Mon 7.30–10pm at Wyllyotts Centre. Robert 658677.

BROOKMANS PARK WI

3rd Mon 8pm. Brookmans Park United Reformed Church. Visitors welcome. 657997.

BROOKMANS PARK TENNIS CLUB

Golf Club Road, Brookmans Park. 6 courts/floodlights. Suit all abilities. 644926.

BROOKMANS PARK WEA

Weekly, Tue and Thu mornings. 10 week courses starting 24th and 26th September. Details from Lyn Pym on 01707 650673.

BURMA STAR

St Albans branch. Monthly 2nd Mon, 11am. British Legion Club, Verulam Road, St Albans. For ex-servicemen with Burma Star. 020 8207 1247.

BUSHI SEISHIN RYU (Marital Arts)

Weekly, Fri. Kidston Institute, Northrow Road West, Northrow, 7.30–9.30pm. 642354.

CAKE DECORATING

Potters Bar Sugar Art Club. Monthly, 1st Mon, 7.30pm. Furzehead Court, Mutton Lane. Jackie 850432.

CARDIAC SUPPORT GROUP

Monthly meetings and weekly cardiac exercise. British Legion, Holwhites Hill, Enfield. 01992 718155.

CARERS IN HERTFORDSHIRE*

Contact 01992 586969 for information.

CAPITAL ARTS CHILDREN'S CHOIR and YOUTH THEATRE

Sat, Wyllyotts Centre. Age 5–16 years. Drama and choir. 020 8449 2342.

CHARITY LUNCHES

United Reformed Church, Darkes Lane, 1st and 3rd Fri in month. Soup, full salad buffet, tea or coffee and biscuits, 1pm. £3 per person. Please come and join us. 665482.

CHARLIE'S ANGELS

Weekly on Wednesdays in term time, 1.30–3pm. For toddlers and their parents, grandparents and carers. King Charles the Martyr Church Hall. No charge. 01707 665579.

CHERRY LODGE CANCER CARE

Contact Tina on 020 8441 7000 for more information.

CHI KUNG CLASS

Weekly, Mon 6.30–7.30pm. North Mylms Social Club, Welham Green. Sat 11am–12 noon at PB Health Club. Organised by 'Just Standing'. 272255.

CHILDREN'S FINE ART CLASSES

Little Art School of Herts. Small groups. Ages 4–12. Tue 4.15–5.15pm, Potters Bar/South Mylms Village. 07907 802206.

CHURCHES TOGETHER IN POTTERS BAR

Co-ordination organization for all churches in Potters Bar. Malcolm Golland on 653417.

CIRCLE FOR THE BLIND and PARTIALLY SIGHTED (PB THEATRE COMPANY)

Dress rehearsals for shows and quarterly evening socials at Furzehead Court. Evenings. 657194.

COMMUNITY CHOIR

Weekly, Thu. Wyllyotts Theatre, 7.30–9.30pm. For info Joy 655464.

COMMUNITY CAFE

At KCM weekly on Thu. Closed in August and in week after Christmas. King Charles the Martyr Church Hall. 9am–1.30pm. Coffee and light lunches served. All welcome and all profits to charity. 01707 665579.

COMPUTERS and A CUPPA

Weekly, Mon. Wyllyotts Cafe, 10.30am–12.30pm. Helping older people to use their IT devices. Free. No need to book.

COUNTRY MANAGEMENT SERVICE

Environment Department, County Hall, Pegs Lane, Hertford. 01923 588433.

CRAFT and CHATTER

Weekly, Mon (except school holidays). PB Baptist Church, 10.30am. 707082.

CROQUET CLUB

Tue, Thu, Sat and Sun, from 2.30pm. Bush Hill Park, Enfield. Coaching given. 020 8366 6005.

CUFFLEY FLORAL ART CLUB*

Monthly, Tue 7pm for 7.30pm. Cuffley Hall, Maynards Place. Jessica 873821.

CUFFLEY HORTICULTURAL SOCIETY

Monthly last Thu. 10 times per year. 8pm, Cuffley Hall, Maynard Place. 875742.

CUFFLEY INDUSTRIAL HERITAGE SOCIETY

Monthly, 2nd Tue. Northrow Village Hall, 7.30pm for 8pm. £4. 873680.

CUFFLEY OPERATIC SOCIETY

Amateur Musical Theatre Rehearsals on Tue and Thu. 2 shows a year May and Nov at Cuffley Hall. Jen 01707 872418.

CUFFLEY PLAYERS – Amateur Dramatic Society

Rehearsals Mon and Thu. 2 plays a year Mar and Nov at Cuffley Hall. Fran 872229.

CUFFLEY OVER 50's CLUB

Wed 2–5pm. Cuffley Youth and Community Centre. Art, snooker, table-tennis, Scrabble, etc. John 875589.

DANCE

Lizzie Meeks School of Dance. Ballet, Tap, Jazz, Contemporary, Hip Hop/Street Dance. Adult's and children's classes Mon to Fri. 07887 567713 or info@lizziemeeksschoolofdance.com.

DANCING

Ballroom and Latin. Beginners. Weekly, Wed. Little Heath Church Hall, Thornton Road, 8.45–10pm. 662050.

DEMENTIA SUPPORT – HERTSWISE

Designed with people living with dementia. low level memory loss or mild cognitive impairment, and their friends, family and carers at its heart. Join us for refreshments, fun and games at our new cafe. Thu 1.30–3pm at Elm Court Community Centre, EN6 3BP £5 contribution. Carers welcome at no extra charge.

DEMENTIA FRIENDLY COMMUNITY CAFE – HOME INSTEAD SENIOR CARE

Digswell Village Hall, AL6 0AT. Tue fortnightly, 11am–2pm. Call 01707 240650 for info.

DOG TRAINING – HOME FARM

Fri classes 9.30am–12 noon. Obedience and socialisation. All levels welcome. One-to-one also. 275322.

DOG TRAINING IN POTTERS BAR

Weekly, Sun 10–11am. 020 8449 5298/651610.

ELIZABETH ALLEN FOOTBALL CLUB

Weekly, Sat afternoon. Old Owen's, Coopers Lane Road and Coopers Road, Little Heath. 16+. Training Tue 8pm. Owen's School. 652422 or 646273.

ENFIELD LIGHT OPERATIC and DRAMATIC SOCIETY

Weekly, Tue and Fri 8pm. Drama group rehearse Winchmore Hill. Performs Wyllyotts. 2 musicals per year. 07711 316474.

ENFIELD NATIONAL TRUST ASSOCIATION

Contact Pam for more information 650969.

ESSENDON PRIMARY SCHOOL

Mon 8–9pm weight training. Wed. 5.30–6.30pm and 7.15–8.15pm circuits. Sat 9–10am circuits. Wed 1.45–3.15pm Mother and Toddler Group, School Hall.

EXERCISE and MOVEMENT TO MUSIC

Fun, friendly fitness for all. Wed 2.15–3.45pm, Elm Court Youth and Community Centre. Call or text 07949 059598 or email exercisewithtracy@gmail.com.

FENG SHUI SOCIETY OF HERTS

Monthly Elm Court, 7pm. 07951 741128.

FIFTY PLUS*

Wide range of activities, events, trips and courses. Not exclusive to 50 and over. 645005.

FIR and POND WOODS NATURE RESERVE – HERTS and MIDDLESEX WILDLIFE TRUST

Monthly 2nd Sun, 10am–1pm. Meet lay-by in Coopers Lane Road, EN6 4DG. Help maintain this nature reserve, tools provided, bring drink, gardening gloves and good footwear. Phone John 01707 652836.

FIRST CLASS LEARNING MATHS and ENGLISH

Ages 5–16. Weekly, Thu 3.30–5.30pm. King Charles the Martyr Church. Pallavi 527155.

FITNESS CLASSES

Wed 7.15pm. LBPT Fitness Classes Sat 9am. Essendon Primary School Hall. Adults of all ages and abilities.

FOLK DANCE CLUB IN ST ALBANS

Thu 7.45–9.45pm at St Stephens Church Hall, Watling Street, AL1 2PX. All dances are called and no partner required. More info contact Brian on 01727 834977.

FOOTBALL

Vets football Sat afternoons. 35+ years. Venues locally in South Herts. Evenings. 852422.

FRIDAY FOLK

Social folk dancing club Fri 7.45–10pm. In St Albans. www.fridayfolk.org.uk.

FURZEFIELD WI

Monthly 3rd Thu, 7.30–10pm. Tilbury Hall. 659886.

GOBIONS WOOD NATURE RESERVE OF HERTS and MIDDLESEX WILDLIFE TRUST

For information contact 01727 858901.

GOLDEN EAGLE SPIRITUAL GROUP*

Monthly, 1st Tue. Clayton Centre, Barnet Road, 7.30pm. £4. Mediumship and workshops. 658499.

GREEN ROOM PRODUCTIONS

Rehearsals Mon at King Charles the Martyr Church Hall, Wed at Oakmere School. Presents musicals twice a year. New members welcome – acting and behind the scenes. 01727 836938.

GROUP 2

For siblings and families of children with special needs. Monthly, 2nd Sat 3.30–6pm, Wayside Centre. £2 per family. Sally 07999 221974.

GUIDES, BROWNIES and RAINBOWS

Potters Bar and Brookmans Park areas www.girlguiding.org.uk/get-involved or Sue 850147.

GURDJIEFF STUDY AND MEDITATION GROUP

Meets every few weeks. Info 654896.

HERTS YOUNG HOMELESS

nightstopherts@hyh.org.uk or 03333 202 384.

HERTFORDSHIRE CHORUS

Choir based in Welwyn Garden City. Weekly, rehearsals Wed 7.30pm, Stanborough School. www.hertfordshirechorus.org.uk.

HERTFORDSHIRE CONCERT BAND

Tue evenings at Music Department of Hertfordshire University. Friendly wind band, rehearses in Hatfield. Contact www.hertsconcertband.co.uk.

HERTS MIND NETWORK

Tue fortnightly 11am–1pm. Memory Support Group appointment only £1, Goodacre Court, EN6 5AZ. Tue weekly 9am–5pm. Peer Support appointment only, Maple House, EN6 5BS. Tue weekly 2–4pm, Drop-in £1, Elm Court, EN6 3BP. Contact 020 3727 3600.

HERTFORDSHIRE SHOWBAND

Weekly, Mon, Mount Grace School. Training band and lessons 7pm, Showband 7.45pm. 650209.

HERTFORDSHIRE PHILHARMONIA ORCHESTRA

Thu evenings at Welwyn Garden City, for experienced orchestra players. info@hertsphil.org.uk or 01727 857827.

HERTSMERE SOCIETY OF ART

Weekly, Wed 1.30–4.30pm. Clayton Centre, Barnet Road. Friendly art group. 658336.

HERTS VISION LOSS

The Woodside Centre, The Commons, Welwyn Garden City, AL7 4SE. Sight Line 01707 324680, Office@hertsvisionloss.org.uk or www.hertsvisionloss.org.uk.

HOMELESS FOR HERTS YOUTH NIGHTSTOP

Call 03333 202 384 or nightstopherts@hyh.org.uk.

HUMANISTS – NORTH LONDON GROUP

Monthly 3rd Thu. Non-religious people meet for discussion meetings. Ruth Winston House, Palmers Green and social events. 653667.

INTERIOR DESIGN COURSES

For beginners. Potters Bar/South Mimms. Mon 10am–1pm. 07907 802206.

IRISH DANCING

Weekly, Wed and Sat. Feeney Miller School of Dancing. Clayton Centre, Barnet Road. Age 4+. 01727 824842.

JAZZ – GOOGLIES JAZZ CLUB

Weekly, Thu 7.30pm. Botany Bay Cricket Club, East Lodge Lane, EN2 8AS. www.gooliesjazz.co.uk or gooliesjazz@btinternet.com. John 0

LOCAL ORGANISATIONS

MERLIN MAGICAL SOCIETY

Fortnightly, Thu 7.45pm. Little Heath Parish Hall, including beginners. John Clayton 07931 525399.

MIND DROP-IN GROUP

Weekly, Tue 1–4pm. Cricket Club, The Walk. 659455.

MITRE CLUB

Monthly, 1st Tue. For retired professionals and businessmen. Best Western Homestead Court Hotel, Welwyn Garden City. 01707 656912.

MOUNTVIEW DANCE SCHOOL

Weekly, Mon and Sat. St John's Church Hall. Classes from age 3 upwards. 01582 461233.

MOVES FITNESS

Weekly, Mon. St Mary's Church Hall, 7.30–8.30pm. Aerobic dance exercise. All fitness levels welcome. Bring mat or towel. 07733 173559.

MULTI-SPORT

Weekly, Tue and Thu. Furze Field Centre. For the active generation 50+. Short tennis, table tennis, badminton, swimming, indoor bowls. 850500.

MUSICAL TEAPOTS

Baby/Toddler Group 10 months to 4. Weekly, Wed 9.30–10.30am and 10.30–11.30am in Brookmans Park. 07800 818444.

NATIONAL ASSOCIATION FOR GIFTED CHILDREN

— EXPLORERS CLUBS

Monthly, 1st Sun. Borehamwood. For talented children and siblings. www.nagc-herfs.org.uk.

NETBALL CLUB

Cheshunt Youth Thu evenings at Wormley. Various leagues. Adults also. Chloe 873676.

NINTAI KARATE CLUB

Weekly, PB Baptist Church, Barnet Road. Beginners Mon 7–8pm. Intermediate/advanced 8–9pm. All grades Fri 7–8pm. 07956 987100.

NORTH LONDON OUTDOOR GROUP

Weekends away, day and summer evening walks. 2nd Tue 8.15pm at Discovery Hall, Stevenson Close, New Barnet. www.northlondonoutdoorgroup.org or call 01707 654813.

NORTH LONDON and DISTRICT SOCIAL CLUB

FOR THE UNATTACHED

Weekly, Wed 8–11pm. Cheshunt Sports Club. Dancing suitable for over 55s. Richard 01992 639344.

NORTH LONDON and MIDDLESEX OWNER'S CLUB

Meet at the Whitewebbs Museum every second Thu from 7.30pm. See nlm-mmoc.org.uk.

NORTH MYMMS BOWLS CLUB

Bushwood Close, Dellsome Lane, Welham Green. 01707 645320.

NORTH MYMMS MEMORIAL HALL

Station Road, Welham Green, AL9 7PG. 07948 310192 or www.northmymmsmemorialhall.co.uk.

NORTH MYMMS HORTICULTURAL SOCIETY

North Mymms Youth and Community Centre, Station Road, Welham Green. Adrian 885430.

NORTH MYMMS YOUTH and COMMUNITY CENTRE

Station Road, Welham Green. 260198.

NORTH MYMMS YOUTH PROJECT

Activities, trips and weekly meetings for youngsters 9–16 years. D of E for ages 14+. www.nmyouth.org.uk.

NORTHAW and CUFFLEY BOWLS CLUB

King George V Playing Fields, Northaw Road East, Cuffley. 654883.

NORTHAW GREAT WOOD

Working parties every Fri at 9.30am and first Sun each month. Meet wood car park. 07850 233854.

NORTHAW TAI CHI GROUP

Weekly, Tue. Northaw Church of England School. Vineyards Road, 7.45–9pm. 642354.

NORTHAW WI

Monthly, 1st Tue 7.30pm, Northaw Village Hall. 020 8360 9729.

OAKMERE WI

Monthly, 2nd Thu 7.45pm. Tilbury Hall. Contact 659873 or 650076 for more information.

OAKLANDS BADMINTON CLUB

Weekly, Tue 8–10pm. Sports Hall, Dame Alice Owen's School. 5 courts. Small, friendly club. Events throughout the year. Experience needed. Yvonne 642328.

OLD FOLKS WELCOME CLUB

Weekly, Mon 2–4pm. Sixty Plus Centre Wyllyotts. 653650.

OLD OWENS CRICKET CLUB

Coopers Lane, PB. All abilities welcome. Herts Soracem League. 07904 194295/020 8819 6638.

PARENT/TODDLER GROUP

Weekly, term-time, Tue 10–11.30am. Causeway Free Church. 660021.

PILATES

Weekly classes, Tue 7–8pm. Brookmans Park UR Church. Neelam 07891 752906.

Weekly United Reformed Church, Brookmans Park. Mon 9.15am and 10.15am; Fri 9.30am and 10.30am. North Mymms Memorial Hall. Tue 9.30am and 10.30am; Wed 9.30am and 6.30pm. Book with Debbie 07717 841338.

POSITIVE MOVEMENT EXERCISE CLASS

Tue 10.30am–12 noon, Clayton Centre, 32 Barnet Road, EN6 2QU. Positive for older people, carers, people at risk of falls. 01462 678804 for more information or to book.

PRE-SCHOOL DEVELOPMENT ACTIVITY

Wed at St John's Methodist Church. 10am, Happy House walking confidently to 4 years, 11am sitting confidently to walking. 12.15pm newborn to sitting. Joanna@hartbeeps.com.

PB 41 CLUB

Monthly, for ex-Round Tablers. 1st Wed 7.15pm. 851445.

PB ALLOTMENT ASSOCIATION

Visit Highview Gardens site, Sun 10am–12 noon or call Geoff 653910.

PB BOWLS CLUB

The Walk. 660336 or email club@pottersbar-bc.com.

PB CARNIVAL

Contact Peter or Sue on 850147 if you require a stall or more information.

PB CHILDREN WITH SPECIAL NEEDS GROUP

Monthly, 2nd Wed 9.15–11am. Furze Field Children's Centre. 859325.

PB CHORAL SOCIETY*

Weekly, rehearsals Tue 7.45pm. St Mary's Hall, The Walk, Potters Bar. Experience not essential. 642393.

PB CRICKET CLUB

The Walk. New members welcome. 654801.

PB CRUSADERS SPORTS and SOCIAL CLUB

Daily members club, 5.30–11pm. Mon to Sat 12 noon–3pm on Sun. www.pottersbarcrusaders.com.

PB CRUSADERS YOUTH FOOTBALL

Football for boys and girls aged 4–18. Matthew 07944 492521.

PB and DISTRICT HISTORICAL SOCIETY*

Monthly Lectures, 8pm. 60+ Centre, £1. Museum Sat 11am–1pm, Tue and Wed 2.30–4.30pm. Both at Wyllyotts. 654179 or guffins@hotmail.co.uk.

PB and DISTRICT HORTICULTURAL SOCIETY*

Alternate Wed 8–10pm. Elm Court. Speakers. Members £2, visitors £3. 651372.

PB and DISTRICT PHOTOGRAPHIC SOCIETY

Weekly, Mon 7.30pm for 8pm. Wyllyotts Centre. Any standard welcome. 01438 832504.

PB EVANGELICAL FREE CHURCH

Sun 10.30–11.30am. Family service, communion and youth service, refreshments. Mon Youth Clubs 5–10 years at 6.15–7.30pm, 11 years upwards 7.30–9pm. 895838.

PB FILMMAKERS*

Alternate Thu 7.45pm. Wyllyotts Centre. 656446 or 659888.

PB GYMNASTICS CLUB

Recreational (4–12 years), Mon 5.15pm Furze Field Centre. Squad training 6–13 years, Tue, Thu, and Fri evenings 5.30pm and Sat 9am, Chancellor's School. 01923 855598.

PB HOCKEY CLUB

Ladies, men and junior hockey. Ed 07763 929462.

PB KARATE CLUB

Mon at Dame Alice Owens at 6pm, all ages, special rates for families. Cranborne School Breakfast Club Thu mornings. www.riskakarate-pottersbar.co.uk.

PB LIFESAVING CLUB

Weekly, Tue. Furze Field Centre, 8–9pm. From 9 years to any age and ability. 020 8440 3346.

PB NATIONAL WOMENS REGISTER — TUESDAY GROUP

Weekly, 8pm in members' homes. Discussions, quizzes, outings. 659903.

PB PETANQUE PLAYERS

Weekly, Oakmere Park. Sun from 10am and Tue from 2pm. New players welcome Contact Jane on 266517 or www.pottersbarpetanque.co.uk.

PB RAMBLING CLUB

Weekly, Wed and alternate Sun 10.30am. Meet start of walk. 01438 717826.

PB ROTARY CLUB

Meets Tue lunchtime at 1pm, last Tue in month 7–7.30pm at Potters Bar Golf Club. 645955.

PB SHOKOTAN KARATE CLUB

Weekly training Wed 7.30–8.30pm (ages 7–16). 8.30–9.30pm (adults). Furze Field Centre. www.karate-masters.co.uk

PB SOCIETY COUNTRY GROUP

Contact Alastair 653636.

PB SOCIETY TOWN GROUP*

Monthly, 1st Thu. United Reformed Church, 7.30pm. Arnold 654179.

PB SOCIETY WALKS*

Fortnightly, Sun afternoon walks along local rights of way. www.pbsoac.org.uk.

PB TENNIS CLUB

The Walk. 6 astrotruf courts with floodlights. www.pottersbartennis.net. Membership enquiries pbtcmembership@gmail.com.

PB THEATRE COMPANY

Rehearsals Tue and Fri. Chancellors School, Stages 2 musicals and 2 plays per year. Performers, backstage help and front of house. Gillian on 657194.

PB TOWN BAND

Weekly rehearsals. Fri 8–10pm. Goffs Oak Methodist Church, Newgate Street Road, Goffs Oak, EN7 5SS. Traditional brass band. 07970 448661

PB TOWN FOOTBALL CLUB*

Parkfield. Matches Sat 3pm. Some Sun and midweek. Training Tue and Thu, 7.30pm. 07833 632965.

PB TOWNSWOMEN'S GUILD

Monthly, 2nd Wed 7.30pm. Wayside Hall. 653650.

PB TOWN TWINNING ASSOCIATION

Visits to and from Franconville and Viernheim. cpd1a@yahoo.co.uk.

PB UNITED SYNAGOGUE

Telephone 656202 or email office@pottersbarshul.org.uk.

PB UNITED FOOTBALL CLUB

Training weekly, 5–16 years, boys and girls. Phone for times/venues. 850377.

PB WEA

Literature Group. Thu 10am–12 noon. United Reform Church. 658915.

PHOENIX CONCERT BAND

Rehearsals weekly, Thu. Fair Field Junior School, Radlett. 8–10pm. 642976.

PUPPY CLASSES IN WILD HILL

Weekly, Mon 7.15–8.15pm, Wild Hill Village Hall. Puppy socialisation and basic training classes from 8 weeks old or after first inoculation. 651610.

RADLETT MUSIC CLUB

6 concerts per season, Oct to Apr. Radlett Centre, 8pm. String or Wind Trios and Quartets playing Chamber Music. Solo Pianist once a season. 01923 859291. Online booking www.radlettcentre.co.uk.

RADLETT PLAYERS

A production each Spring and Autumn at Radlett Centre. www.radlettplayers.org.uk.

ROTARY CLUB OF BROOKMANS PARK

Weekly Tue 7.30pm for 8pm at Old Owens Sports Club. 645343.

ROUND THE CORNER COFFEE MORNING

Weekly, Fri term-time only, 9am–12 noon. Profits to various charities. Life Church – Cuffley, 876060.

ROYAL BRITISH LEGION — POTTERS BAR BRANCH

Cotton Road. Bingo and raffle. Thu 8pm. Bar, snooker, hall hire social events. Welfare of ex-Service men, women and dependants. Meetings, monthly 2nd Wed. Joan 642080.

RSPB POTTERS BAR and BARNET LOCAL GROUP *

Illustrated talks, Fri evenings at Tilbury Hall, Potters Bar 7.45pm, RSPB members £4, others £4.50. Wed afternoons at St John's URC Hall, New Barnet, 2pm, RSPB members £3.50, others £4. Also regular coach outings to nature reserves. 01707 652836 or www.rspb.org.uk/groups/pottersbarandbarnet.

RSPCA*

Friends of Southridge Animal Rescue and Re-homing Centre, Patchhorse Lane, Ridge.

RSPCA

Potters Bar, Hatfield and Barnet Branch. 07872 902710.

SCOTTISH COUNTRY DANCING

Monthly, 3rd Sat, Oct to Jul. Tilbury Hall, 7.30pm. £4.50. Mary 020 8367 4201/4835.

SCOUTS, CUBS and BEAVERS

For info Peter 850147.

SCRABBLE

Weekly, Fri 10am–12 noon. Elm Court. £2.30. 020 8207 7568.

ST JOHN AMBULANCE — PB DIVISION

Weekly, Wed 8–10pm. The Walk. First aid training, 664260. Room hire 656885.

ST JOHN'S METHODIST CHURCH

Baker Street, EN6 2DZ. Sunday Worship 10.30am. Many other activities, further details www.stjohnspb.org.uk.

SHOSHIN KARATE JITSU CLUB

Weekly, Wed. DHC Potters Bar Health Club, 8–9.30pm. Beginners and all grades. 07734 294630.

SIGHT LINE

01707 324680 Herts Vision Loss, The Woodside Centre, The Commons, Welwyn Garden City, AL7 4SE.

SIXTY PLUS LUNCHEON CLUB*

Weekdays, 12 noon–1.30pm. Plus am and pm social clubs. Minibus transport available. 643602.

SIXTY PLUS SENIOR CITIZENS ART GROUP

Weekly, Thu 1.30–4pm. 60+ Centre Wyllyotts. Two Exhibitions each year. £1.30 including tea. Pauline 654007.

SKATING — INLINE SKATER HOCKEY

Weekly, Thu 6–7.15pm, Sat 12 noon–1pm. Learn to skate as well as skater hockey. For all 5–18 years. All abilities welcome. Hatfield Leisure Centre. Contact bwcrusaders@hotmail.co.uk.

SNOOKER

At The Kidston Institute, Northaw. Membership fee £20 per annum. Playing fee £1 per hour. 07725 430244.

SPANISH CIRCLE HERTFORDSHIRE*

Monthly 2nd Fri Sep to Jun (not Dec) at Red Lion Pub, Hatfield. 7.30pm. Events includes wine and sherry tasting, talks on Spanish culture. 661722.

SOUTH HERTS HIKERS

Day hikes in Hertfordshire and hiking weekends away. www.southherthikers.uk or 020 8449 1553.

SPARKLERS

Week, Tue, term-time only, 1–2.45pm. Music, craft and play for babies and children 0–4 years and parent or carer. Life Church – Cuffley. 876060.

SPIRITUALIST CHURCH

Hill Rise. Evenings of clairvoyance and healing services. 655147.

STAGECOACH THEATRE ARTS SCHOOL

Weekly, Sat. Chancellor's School. Age 4–18 years. Dance, drama and singing. 01582 713771.

SWIFTS JUNIOR BADMINTON

Weekly, Fri term-time. Hatfield Leisure Centre, 6–9.30pm, 5–18 years. Beginners to County standard. 01707 550476.

TABLE TENNIS

At The Kidston Institute, Northaw. Membership fees £20 per annum. Playing fees £3 per match. Teams of varying standards. 07725 430244.

In Barnet, Barnet Lane, EN6 2DN. www.bttc.co.uk or 020 8449 7845. Non-members welcome.

HERTSMERE 50+.

Weekly, Tue 10am–12 noon and Thu 2–4pm. Elm Court. 020 8207 7568.

For Seniors. Weekly, Fri. Hatfield Leisure Centre. 10am–12 noon.

TABLE TENNIS CLUB

Weekly, Wed and Thu at Potters Bar Free Church. Barnet and Shaw Leagues. Evening. 852422.

TAI TSUNG KUNG FU

Self Defence. Weekly, Tue. Oakmere Primary School. 7.30–9pm. 07968 162304.

TALENT TIME STAGE COMPANY

Weekly, Mon. Little Heath Parish Hall, 5–10pm. Drama, dance and singing. Up to 25 years. 60442/07930 400647.

TOP HAT STAGE SCHOOL

Weekly, Fri. Elm Court. Age 4–7 years. Dance(top), drama and singing. 4.30–7.30pm. 01727 812666.

TOTS-IN-TOW

Weekly, Mon in term-time. 1.30–3pm. PB Baptist Church. Babes in arms to school age. Pam 665187.

TUMBLE TOTS

DOCTORS' SURGERY HOURS

1) ANNANDALE MEDICAL CENTRE AT THE ELMS

Tel: 01707 644451

Surgery Hours: 8.30am–6pm Monday to Friday
 Test Results/Enquiries: 01707 622979 between 2pm and 5pm Monday to Friday
 Quarterly newsletter available from surgery or on our website
www.annandalesurgery.co.uk

Extended Hours: Some Saturdays (contact surgery) 8.30am–11.30am for routine appointments.

2) HIGHVIEW MEDICAL CENTRE AT THE ELMS

Tel: 01707 871980

Surgery Hours: 8am–6pm Monday to Friday
 Appointments: 01707 871980 (8am–6.30pm)
 Enquiries: 01707 871982 (9am–12.30pm and 2–4.30pm)
 Results: 01707 871982 (2–4.30pm)

Extended Hours: We offer 2 Saturday morning surgeries a month and late evening "after work" clinics every Monday.

For the latest information/updates visit our website www.highviewsurgery.co.uk or follow us on Facebook and Twitter.

3) PARKFIELD MEDICAL CENTRE

Tel: 01707 291041

Surgery Hours: 8am–6pm Monday to Friday
 Test Results/Enquiries: 11am–2pm Monday to Friday

Extended Hours: Wednesday to Friday from 7am and Saturday fortnightly for routine booked appointments only from 8–11.15am.

We have a newsletter available from the surgery or via our PPG. Events are also advertised on our Friends of Parkfield Facebook page. Please also visit our website www.parkfieldmedicalcentre.co.uk.

4) POTTERELLS MEDICAL CENTRE

Tel: 01707 273338

Surgery Hours: 8.30am–6.30pm Monday to Friday
 Test Results/Enquiries: As above after 11am.

Extended Hours: For routine, non-emergency appointments. Every Monday and fourth Tuesday from 6.30–9pm and first and third Saturday 8.30–11am. Nurse-led Fast Track Service: Monday/Tuesday/Wednesday 9.30am–12 noon.

OUT OF HOURS SERVICE FOR ALL THE ABOVE SURGERIES

NHS 111 SERVICE

If you urgently need medical help or advice but it's not a life threatening situation, call NHS on 111, at any time.

There is now a GP led clinic at Elstree Way, Borehamwood which is open 8am to 11pm Saturday and Sunday. To book an appointment phone 111.

DENTIST

When you have an urgent dental problem and your dental surgery is closed, call 03000 333 224. Monday to Friday, 5pm–9am. All weekend and Bank Holidays.

Local A&E Services

BARNET: Wellhouse Lane, Barnet, EN5 3DJ Tel 020 8216 5003

LISTER: Coreys Mill Lane, Stevenage, SG1 4AB Tel 01438 314333

URGENT CARE – Minor Injuries and Illnesses

QE2: Howlands, Welwyn Garden City, AL7 4HQ Tel 01438 314333 24 hours

CHASE FARM: The Ridgway, Enfield, EN2 8JL Tel 020 8375 1010 8am to 10pm

BARNET: Wellhouse Lane, Barnet, EN5 3DJ Tel 020 8216 5003 9am to 11pm

Local Libraries

Oakmere

High Street, Potters Bar

Monday	1pm–6pm
Tuesday	10am–6pm
Wednesday	Closed
Thursday	10am–6pm
Friday	1pm–6pm
Saturday	10am–5pm
Sunday	Closed

Toddler Tales (Mondays) 2.15–2.45pm

Baby Rhyme Time (Tuesdays) 11–11.30am

Brookmans Park

Bradmore Green

Monday	2pm–6pm
Tuesday	2pm–6pm
Wednesday	Closed
Thursday	2pm–6pm
Friday	2pm–6pm
Saturday	9am–1pm
Sunday	Closed

Volunteers needed – see page 3.

For further information, visit your local library or call 0300 123 4049 and ask for the appropriate library. NB: The Welwyn Garden City library is open on Sunday afternoon.



Wyllyotts Centre,
 Darkes Lane, EN6 2HN

Mondays Personal Callers 10am–12.30pm and 1pm–3.30pm

Thursdays Personal Callers 10am–12.30pm and 1pm–3.30pm

Hertsmere Borough Council Potters Bar Office

Wyllyotts Centre 01707 652406. Open Tuesday 9.30am to 2pm.
 Safer Neighbourhood Police Office. Open Wednesday 11.30am to 1pm.

Useful Numbers

Hertsmere Borough Council	020 8207 2277
Welwyn Hatfield Council	01707 357000
Hertfordshire Police Non-emergency	101 (national number) or 01707 354000
Herts Domestic Violence Helpline	08088 088088
Hertfordshire County Council	0300 123 4040
National Debt Line	08088 084000
Citizens Advice Consumer Helpline	03454 04 05 06
Highways (including potholes, traffic light faults and streetlights)	0300 1234 047
Wasteaware	0300 1234 051
Affinity water leaks	0800 376 5325
Childline	0800 1111
Crime Stoppers Anonymous Line	0800 555 111
CAB Advice Line	03444 111 444
Environmental Health	
(1) Hertsmere:	Pest Control 020 8207 2277
	Noise (daytime) 020 8207 7435
	(night) 0845 300 0021
(2) Welwyn Hatfield:	Pest Control 0344 828 334
	Noise 01707 357242
Potters Bar Hospital	01707 653286
NHS Direct (Nurse advice and health information)	111
RSPCA Local Branch (financial help if you claim benefits, on low income, OAP's)	07872 902710
www.rspca-pottersbarhatfieldandbarnet.org.uk	
Samaritans (freecall 24 hours)	116 123