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SPRING 2023

Potters Bar

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Distributed in Potters Bar, Little Heath, South Mimms, Ridge, Northaw and Brookmans Park

Potters Bar Cricket Club – reigning champions



Not every sporting team in the town can make that claim, but Potters Bar Cricket Club certainly can. They won the Saracens Hertfordshire Premier League in 2022, following up their wins in 2019 and 2020. In addition, they have won the Herts T20 competition twice within that 4-year period.

The club has been active since 1862 and still plays on the same ground in The Walk. With Colts teams at U9, U10, U11, U13, U15 and U17 level, they are proud to have produced two county professionals in recent years.

Thilan Walallawita perhaps has the most interesting story. Born in Sri Lanka, he came to England having survived the Boxing Day Tsunami aged 8 and now holds British citizenship. A left arm spin bowler, he has played First Class Cricket for Middlesex and Panadura (Sri Lanka), and also plays for Potters Bar regularly when released. Leicestershire batter Rishi Patel is the other current professional playing for the side.

The club plays at the highest level of recreational cricket in this country which is open to them and regularly face current and ex-internationals players. Winning the Herts T20 competition gave entry to the national competition, where they lost by just 2 runs to eventual winners Hornchurch from the Essex Premier League. Three other elevens play within the Hertfordshire League. The 2nd XI play in Division 2B, the 3rd XI play in 6B and the 4th XI play in Division 10 East.

The first competitive 2023 home match will be a T20 against Hemel Hempstead on 29th April; the first home league match is on 6th May versus Hertford. They are still a young team, and as reigning champions will certainly be the side everyone will want to beat.

They pride themselves on being a welcoming family club. With matches throughout the summer, their town centre ground is an excellent place to enjoy a beer or two on a Saturday or Sunday afternoon in arguably the best back garden in the area.



FOR UP-TO-THE-MINUTE NEWS, PLEASE GO TO
www.pottersbarcommunitynews.co.uk

Community

NEWS



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Community News

www.pottersbarcommunitynews.co.uk

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Potters Bar Community News

welcomes contributions for publication from individuals and community groups. Where there is a linked commercial, political or individual interest in items for publication, the managing committee reserves all editorial rights. *Potters Bar Community News* does not accept responsibility for the accuracy of information contained in published items or views expressed in those items.

News from the Editor

Welcome to the Spring edition which features many articles which are particularly appropriate for this time of year.

Our *Local Organisations* listing on pages 25–27 has been checked as far as possible to ensure that it is accurate, although we are largely dependent on the clubs shown keeping us informed of any changes. The listing has been modified to clarify the sports facilities available, and to allocate a specific section to local churches and the social cafes they offer. There is quite a sporting theme to this issue, with Potters Bar Cricket Club featured on the front page and both their fixtures and those for Potters Bar Town FC shown in *What's On*.

Hope you find this issue both interesting and informative. Don't forget you can access the latest news and expanded articles on our website.

Best wishes.

John Connell

Thank You!

In our winter edition we made an appeal for help to improve our financial position and ensure our future survival. Thanks to the kind generosity of several clubs and organisations and local residents, I am pleased to say this objective has been achieved. The *Community News* team are very grateful to everyone for showing such fantastic support for this publication.

How to send articles

Email to **editor@pottersbarcommunitynews.co.uk**. Please keep articles to around 300 words or less, using plain text word. Handwritten or typed articles are also acceptable if you do not have access to a computer (contact John Connell on **01707 851445**). Photos, logos, etc should be sent as tif, bmp or jpg file.

How to supply adverts

Ring to book a space, bearing in mind that there is usually a waiting list. Artwork must be supplied in pdf or jpgs format, created at the specified size according to your booking. Advertisers are responsible for advising us of any alterations to adverts which have been previously published. Email to **advertising@pottersbarcommunitynews.co.uk**.

Sizes and prices of adverts

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92.50mm	x 130mm	= £100

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92.50mm	x 50mm	= £80
92.50mm	x 100mm	= £110
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185mm	x 130mm	= £250

Website sponsorship

Price per issue = **£100–£150**

Deadline dates for next edition

Advertising

18th May for Summer issue

Articles

31st May for Summer issue

Deliverers required by the Community News

With some of our volunteer deliverers retiring recently, we are looking for new recruits. The number of deliveries can be as many as you can manage and often involve your immediate vicinity. It's just 3 times a year, so if you feel you would like a bit of exercise, please contact either Peter Weaver or Peter Silverthorne (contact details on page 2).

Interested in volunteering?

Ever thought of giving some of your time to help others in the community? Also look here for items wanted by organisations; you may be able to help them.

If you are a local organisation or charity and are looking for volunteers or looking for items for your group, why not email me at editor@pottersbarcommunitynews.co.uk

The Good Friday Choir

The Good Friday Choir will give a performance of Faure's Requiem at 7pm on 7th April at **Potters Bar United Reformed Church, Darkes Lane, Potters Bar, EN6 1BZ**. Director of Music: Stephen Jones, Accompanist: Simon Worley.

The Choir will be having four rehearsals on Mondays, 13th, 20th, 27th March and 3rd April from 7-8.30pm at the Church ahead of the performance on Good Friday.

If you enjoy singing, please come and join us and send your details to Tony Corfe at tony@mrcorfe.co.uk or hand in to The Office at PBURC for the attention of Tony Corfe. Please give the following details: name, telephone number, email, and say which singer you are, ie soprano, alto, tenor or bass. We look forward to welcoming you.

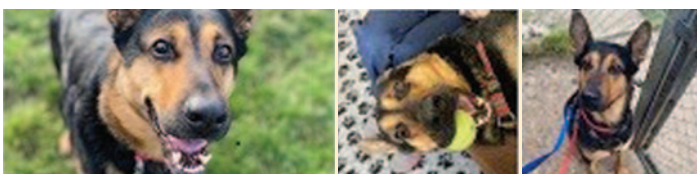
Peace Hospice volunteer opportunities

Do you want to make a difference to someone in your community by simply volunteering your time, companionship, and support?

Peace Hospice Care (soon to be Rennie Grove Peace Hospice) Compassionate Neighbours project matches trained volunteers with people who are experiencing loneliness or social isolation as a result of living with a life-limiting illness or bereavement. The volunteers provide social and emotional support and companionship (around one hour each week) and are there to do things with someone, including:

- visiting regularly for a chat, offering friendship and a listening ear
- helping them stay connected to the community
- visiting local places (such as a café, garden centre or shops)
- sharing an activity or hobby

Compassionate Neighbours are matched with people based on location, interests, and character with the aim of creating genuine friendships.



Could you provide a home for Jake?

Currently residing at the RSPCA Centre, Southridge, Jake is looking for a new home. Full details via LATEST NEWS on www.pottersbarcommunitynews.co.uk.

A quote from one of the current volunteers: "It is such a fulfilling role that has a really positive effect on my own self-worth. It is wonderful to be able to develop a friendship with someone who is feeling isolated, knowing that you are giving them support when they need it most".

If you, or someone you know, would benefit from the support of a Compassionate Neighbour, please get in touch with Fiona Hobbs in the Community Engagement team compassion@peacehospicecare.org.uk or telephone 01923 330330.

Volunteer with Barnet Furniture Centre

Barnet Furniture Centre is a fully independent charity located in Friern Barnet that has been running since 2011 as Barnet's largest furniture re-use and recycling scheme.

Volunteers play a vital role in enabling the charity to continue its great work, and we are looking for more volunteers to assist us in the Friern Barnet centre. Whether you would like to volunteer in our workshop and have DIY skills, or assist on the shop floor helping customers, or in the office helping with admin we would love to hear from you. Any time or help that can be given to us is greatly appreciated and will help us to make a difference.

If you are interested in any volunteering opportunities, please give us a call on 020 8361 6802 or email kate@barnetfurniturecentre.org.

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How did Potters Bar get its name?

The first record is in a document of 1385 which describes Potters Barr as a gate giving access to Enfield Chase and situated at the sharp bend in The Causeway outside the entrance to Morven. By 1754, Potters Barr had become the name of a group of about a dozen properties, including two inns, on the west side of what is now The High Street.

Members of a Local History Group in the Potters Bar branch of U3A studied this and other similar questions throughout the past year and the results of their work have now been published by the Potters Bar Historical Society. This book is proving extremely popular with over two hundred copies sold in the last three months. Every road in the town is mentioned and there are photographs illustrating many different house styles.

In parallel with this work, further research into what factors influenced the development of the town has resulted in the preparation of an 'Illustrated Talk' comprising a series of maps and photographs. This too is proving very popular.

The book costs £3.50 and is available from the Museum on the upper floor at the Wyllyotts Centre or ordered via Mabel Hammett on 01707 657120 (email roymabel67@gmail.com). Groups and societies interested in including the 'Illustrated Talk' in their programmes should contact Nick Alexander on 01707 651341 (email nandaalexander@bopenworld.com).

Do one small thing this spring

*Are you tempted to have a spring clear out? You may have seen the Netflix series featuring tidying guru Marie Kondo or read her book *The Life Changing Magic of Tidying*, which certainly did start me thinking about the stuff in my home which I just don't need! As for my clients' homes – after over 20 years in the interior design business I've seen it all – though naturally would never spill the beans and always maintain complete confidentiality.*

The stark fact is that, in the western world, we ALL have way too many possessions. Spring is regarded by many as a landmark for a fresh start, clean slate or awakening of their emotional or physical world. Clearing clutter, starting healthy eating plans, joining a gym, or getting rid of emotional baggage, for example.

For the benefits it will undoubtedly give you, I urge you to resolve to clear just one area of your home – be it a desk, chest of drawers, wardrobe, cupboard, or just one drawer. Remove everything, clean out the space, and only put back in those items you REALLY need. This could fill you with sparkle and motivation to tackle the rest of your home – and, I promise, you will feel so much better when each little bit is done.

Many religions and cultures around the world celebrate their own spring festivals, with traditional preparations where families thoroughly clean and paint their homes, feast on traditional food and carry out ancient ceremonies. Go on – do the one small thing to clear out what you don't need in a part of your home!

Sarah Antoniou

PG associates

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Using your DIY skills to help others

Remap is a charity that makes equipment to assist people with disabilities. The items we supply are designed to help with mobility and all aspects of everyday life. If you have a need that is not being met by standard equipment, then Remap may be able to help you, and you can contact us on the number below. Using our services is completely free.

An important feature is that Remap projects are always customised to the specific requirements of the end-user. Remap can design and make things where there is no standard or off-the-shelf solution. We enjoy challenges and will work hard to overcome any problems.

At present we are on the lookout for more volunteers who can contribute to Remap projects. If you have a few basic DIY skills and a place where you can work in your shed or garage, then you are the kind of person we need. It's very rewarding work where you can travel around meeting people and helping them out. You will work with other



Building an access ramp.

volunteers who will show you what to do. All materials and expenses are paid for, so there's no financial downside. For more information about volunteering with Remap, call us on **01727 613177** or have a look at our website www.remap.org.uk.



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Strength and Learning Through Horses

Strength and Learning Through Horses is an equine assisted therapy charity with a 12-year track record of providing social and emotional support and alternative education provision for 400–500 young people each year. We work with young people from across London, Hertfordshire, and the Home Counties.

Imagine being a teenager, struggling with social anxieties or a learning disability, frustrated because school is too difficult, and you don't have many friends. You feel like you have nobody to talk to who will understand, and even if you did, you don't know how to talk about how you are feeling. It just seems easier to not attend school and disengage from society and those around you.

Working with our horses, can change all of that. Horses are an amazing mirror for human emotions and the young people learn that how they react to the horses and how the horses react to them translates to how they interact with people and situations in other areas of their lives. They gain confidence and self-belief that they can do things they never thought they could. Our education programmes offer a chance to learn not only horse care skills but life skills such as self-discipline, timekeeping, leadership, and teamwork.

In January we moved to a new premises on Mays Lane in Barnet. We have a big fundraising campaign underway to build a purpose-built, inclusive and accessible equine therapy centre aiming to help over 1,000 young people every year.

We are currently one of the charities being supported by the Co-Op Community Fund in the Potters Bar branch and the Funeral Care home. If you are a Co-Op member, you can choose to support us by nominating us as your chosen charity.

<https://membership.coop.co.uk/causes/66929>.

Or find out more about us on our website www.strengthandlearningthroughhorses.org.





Top of the range sports facility comes to Potters Bar



Cranborne Primary School are excited to announce the completion of their top of the range sports facility. After two years in the planning, the state-of-the-art Multi-Use Games Area (MUGA) is finished and ready to start forging its name

as the home of competitive sport in the Potters Bar community.

The outdoor MUGA (Astro Pitch) sits in the school's already vast playing fields, nestled within the trees and hedges of the school site. With floodlights and an artificial pitch, it offers all-year-round sporting opportunities for the whole community. The high-spec surface is the perfect surface for a number of sports including hockey, football, netball, tennis and rugby. It has also been approved by the National Governing Bodies for the International Hockey Federation, the International Tennis Federation and England Netball, demonstrating the high standard the facility offers Cranborne School and the Potters Bar community.

With 1,833m² of high-performance playing surface, Cranborne can now offer its pupils and the wider community a sports facility that can raise the profile of sport for all. The MUGA means that all pupils at Cranborne School will have the opportunity to train in a wide range of sports throughout the year. This will raise the profile of sport and competition in the curriculum and put health and well-being at the heart of their learning. Competition inspires children to do their best and enables children to flourish in their education, so this new facility will not just impact the sports curriculum but will play its part across the whole school, enabling children to always strive to reach their full potential.

Cranborne School's MUGA will also soon be available for community use. It will be open in the evenings and across the weekend to support all our Potters Bar sports teams! Please contact the school office for details on how to book on admin@cranborne.herts.sch.uk or call 01707 652714.

Cranborne Primary School's NEW Astro-Turfed Multi-Use Games Area



Cranborne Primary School's Multi-Use Games Area (MUGA) is now open for bookings.

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Activities at Mount Grace School

Goodness, what a busy and positive autumn term we have had! We carried on, in true Mount Grace fashion, raising awareness for the Trussell Trust, our local foodbank. Our talented pupils performed superbly at our Chamber Concert in October, our hall was buzzing with excitement and a wonderful evening was enjoyed by all.

Any Year 6 parents who are wondering what our transition programme is like, have a look at these happy Year 7 faces! They had a fun-packed day at Mariners, taking part in all manner of activities and had a thoroughly enjoyable and exciting time. This, accompanied by our supportive and nurturing activities within the school, has enabled our youngest pupils to quickly feel part of the Mount Grace team.



We were honoured to take part in the Queen's Green Canopy initiative where over a million trees will be planted across the nation to mark the Platinum Jubilee as a tribute to our former Queen. Mr Stuart Nagler, MBE JP DL, Deputy

Lieutenant, represented the Royal Household. In December the Mount Grace team took a large number of pupils on a trip to Cologne, where highlights were the Cathedral and the chocolate museum.

Mount Grace is part of the Hertfordshire-wide reading fluency pilot and we have been recognised as the top Hertfordshire school for progress and impact! The average progress made in the 18 schools who participated in Herts was 2 years, 8 months, whilst we made 3 years 4 months. All Mount Grace students who participated in the project hit their benchmark in their language mock, with one student exceeding it! Thanks go to Ms Horn and Mr Vernazza!

Editor: A fuller version of this article, with additional pictures can be seen via EXPANDED ARTICLES on www.pottersbarcommunitynews.co.uk.

Hello from Stormont School!

We are delighted to be writing our first article for Potters Bar Community News! Being one of the primary schools in Potters Bar we are always looking for ways to continue to help our local community, and share the exciting things we do here.

Like all schools, our autumn term was busy with the excitement of returning to school after the summer break, culminating in the Christmas events towards the end of term. This school year we are continuing support of our local charity 'The Hart and Parker Trust' through various fundraising initiatives. As part of our harvest festival in October we were proud to support our local food bank, Cuffley Day Care Centre and Sixty Plus with donations from our families.

The Potters Bar Royal British Legion continue their invaluable work within the community, and we were honoured to be invited to participate in the Remembrance Service at the Potters Bar War Memorial in November.

Towards the end of term, our Christmas events really got exciting – for the teachers as much as the girls! Our Pre-Prep girls all took part in the nativity play and we were grateful to Christ Church Little Heath for their continued support in hosting our Prep carol service, which is always a full house!

The term ended with our Christmas fair, which saw great support from local businesses and families, which really got everyone into the Christmas spirit!



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Hook House Part 3 - The Oshwal Centre

The temple (Jain Deraser) known locally as the Oshwal Centre is located on the site of the old Hook Farm. The whole area comprises the Temple itself, which is quite small in stature, the offices being located in the original Hook Farmhouse, and there are also very large meeting halls capable of accommodating hundreds of people where weddings and other ceremonies are conducted.



The temple, which had to be built on virgin land, started construction in 1985 and is built of an attractive pink sandstone. Mostly carved and shipped from Ambaji in India, the interior of the building is in white marble. The

main symbol of the Jains is the Swastika, or Sathia, the arms of which show that people are born into one of four destinies; heavenly beings, human beings, animal beings (including plants) and hellish beings. The Jain religion is known to have existed since at least 3,000 years BC and is a peaceful non-violent religion. How ironic that their symbol was usurped in the 1930s and represented a far more sinister organisation. They are vegetarians, and followers regard Jainism as a way of life having respect for all creatures and plants.

Les Chesson

Potters Bar Music Centre Ensembles and Groups

There are lots of opportunities at Potters Bar Music Centre to get involved in for musicians of all ages. Below are a selection of the groups you might be interested in. Alternatively if you are interested in individual lessons, please do contact us by email

PottersBarMusicEnquiries@hertfordshire.gov.uk.

String Ensemble

9-9.45am Saturday morning: String Ensemble – suitable for all string players of grade 1-4 standard.

Theory Class

9.30-10am Saturday morning: Suitable for students that have been learning for 6 months to those pre-preparing for grade 5 ABRSM theory examinations to grade 6 and above.

Guitar Ensemble

10.30-11am Saturday morning: Suitable for acoustic guitar students from grade 1-5 standard.

Open 8.30am-1pm Saturday mornings, termtime. At Dame Alice Owen's School, Potters Bar, EN6 2DU. **01992 531951** on Saturdays or **01707 270025** Monday to Friday. Email PottersBarMusicEnquiries@hertfordshire.gov.uk. £52 per ensemble/group per term.

For more up-to-date information and to find out about more events follow us on Twitter and Facebook @HMSPottersBar.



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Why it's good to keep our hearts healthy

Some say that “absence makes the heart grow fonder”, but we feel that “exercise makes the heart grow stronger”. Those readers who have experience of heart-related issues will know only too well the importance of staying fit and minimising the risk of further heart problems. That is exactly how the Enfield “Heart Throbs Cardiac Exercise and Support Group” was formed in 1990.

We are a local, non-profit organisation, affiliated to The British Heart Foundation, with Community Amateur Sports Club (CASC) status, with connections to Chase Farm, Barnet and North Middlesex Hospitals. We have over 100 members, with most engaging in regular exercise and support classes. There is no contract or signing-on fee to join our group and our monthly fees for new members are between £25–£40, depending on how many classes you wish to attend.

Heart problems strike all age groups and affect people from all walks of life and all communities. Amazingly, around 1.4 million people alive in the UK today have survived a heart attack. As a result, many of our members can share real stories of medical experiences eg medications, stents and operations.

The impact of the pandemic in the last few years has taken a toll on the lifestyles of many in our community. We started “At Home” online classes via Zoom, with members having a chat before the sessions start and then following up on our own “WhatsApp” group for messaging, quips and jokes.

Each week, Heart Throbs currently offers 7 ‘live’ exercise classes run at Holtwhites Sports and Social Club and St Stephen’s Church Hall, both in Enfield, plus 2 ‘At Home’ Zoom classes. All classes are safely supervised by suitably qualified instructors who encourage our diverse group of members to have a more active and happier lifestyle. We also hold monthly social evenings, including a range of relevant topics delivered by guest speakers, plus quiz nights, BBQs.

Whilst we are primarily a support group for people with heart problems, we are very welcoming to partners, family members and others in the wider local community who may be interested – as we believe that “Prevention is better than Cure”.

Find out more about our Heart Throbs activities at www.heart-throbs.org.uk. Email heart-throbs@hotmail.co.uk or call 07938 926772.



Christ Church Little Heath (CE)

Palm Sunday 2nd April
12-2.30pm Spring Fun Day
Maundy Thursday 6th April
7pm Maundy Thursday Service
Good Friday 7th April
2pm Good Friday Service
Easter Sunday 9th April
10.30am Easter Sunday Service

Contact the Church Office 01707 662460
churchadmin@cclh.org.uk or visit www.cclh.org.uk

Evangelical Free Church

Contact 01707 852422

King Charles the Martyr (CE)

Passion Sunday 26th March
9.30am Sung Eucharist
11am Morning Worship
4pm A service of music and readings led by the choir
Palm Sunday 2nd April
9.30am Sung Eucharist
11am Morning Worship
3pm Messy Church
Monday 3rd April – Wednesday 5th April
8.30am Morning Prayer
5pm Evening Prayer
8pm Compline
Maundy Thursday 6th April
8.30am Morning Prayer
5pm Evening Prayer
8pm Sung Eucharist with the Stripping of the Altar, Vigil until 10pm
Good Friday 7th April
10am Pilgrimage to the War Memorial
12 noon Reflections on the Cross
2pm The Final Hour
Easter Eve 8th April
8pm Easter Vigil
Easter Sunday 9th April
10.30am Communion for Easter Day
Easter Monday 10th April
10am Pilgrimage to St Albans Abbey
Contact Church Office 01707 665579
office@kcm-church.org.uk

Our Lady & St Vincent (RC)

Saturday 1st April
6pm Mass*
Palm Sunday 2nd April
9am Mass*
11am All-Age Mass*
*Palm are blessed at every Mass
Holy Thursday 6th April
10am Morning Prayer
8pm Mass of the Lord's Supper with Watching until 11pm
Good Friday 7th April
10am Morning Prayer
3pm Solemn Liturgy of the Passion with parallel liturgy for children
7.30pm Evening Meditation at the Cross
Holy Saturday 8th April
10am Morning Prayer
8pm Easter Vigil
Easter Sunday 9th April
9am Mass of Easter Day
11am Mass of Easter Day
Contact Parish Office 01707 654359
pottersbar@rcdow.org.uk

Potters Bar Baptist Church

Easter Day 9th April
10.30am Easter Day Service
Contact 01707 840538
hello@pbbc.org.uk

Potters Bar United Reformed Church

Good Friday 7th April
7pm Faure's Requiem
Easter Day 9th April
11am Easter Day Holy Communion
Contact 01707 665482
pottersbarurc@gmail.com

Churches Together in Potters Bar Holy Week & Easter 2023



St Giles' South Mymms

Palm Sunday 2nd April
10.45am Procession from the Glebe
Monday 3rd April - Wednesday 5th April
8pm Compline
Maundy Thursday 6th April
8pm Mass with Vigil until midnight
Good Friday 7th April
8pm Sermon in the Black Horse Pub
Easter Eve 8th April
8pm Festival of Light, Renewal of Vows and Eucharist
Easter Day 9th April
11am Family Eucharist

St Margaret's, Ridge

Good Friday 7th April
12 noon – 3pm Service of Music and Prayers
Easter Day 9th April
9.15am Family Communion
Visit <http://www.stgiles-stmargarets.co.uk/>
curate@stgiles-stmargarets.co.uk Fr Ayoub Adwar

St John's Methodist Church

Maundy Thursday 6th April
7pm Tenebrae & Holy Communion Service
Good Friday 7th April
7pm Meditation on Zoom
(Please visit www.stjohns.org.uk for Zoom details)
Easter Sunday 9th April
5.30am Open Air Early Morning Sunrise Service in Shenley Park Walled Garden
10.30am Easter Communion
6.30pm Easter Praise
Contact info@stjohnspb.org.uk

St Mary's, The Walk, Potters Bar (CE)

Palm Sunday 2nd April
8am Holy Eucharist
10am Palm Procession and Parish Eucharist (gather in Parkfield Medical Centre car park)
5pm Evensong
Monday 3rd April – Wednesday 5th April
10am Holy Eucharist
8pm Compline and Address
Maundy Thursday 6th April
8pm Sung Eucharist and Vigil
Good Friday 7th April
12.30pm Stations of the Cross
1.30pm The Good Friday Liturgy
Holy Saturday 8th April
8pm The Easter Vigil & First Eucharist of Easter
Easter Day 9th April
6.15am Churches Together Dawn Service
8am Holy Eucharist
10am Easter Festival Eucharist
Contact Revd. Stefan Chrysostomou 01707 859028

Easter Walk of Witness

For many years, Christians in Potters Bar have walked between two churches carrying a wooden cross on the morning of Good Friday to mark this special day in the Christian year. This year, we will walk from our own churches and meet at the War Memorial at 11am for a short service. If you would prefer not to walk, then do still come to the short service at 11am at the War Memorial.

Easter Day 9th April Dawn Sunrise Service

Gather outside St. Mary's Church in The Walk at 6.15am for a short outdoor service, followed by communion in the Church and refreshments.

Potters Bar Rotary Christmas Sleigh 2022

Once again, Potters Bar Rotary Club are very appreciative of the encouragement and generosity of local residents, and this enabled us to collect more than £4,000 for local and national charities.



It was a perfect introduction to the Christmas festive season to bring the music, lights and beautiful reindeer and other furry animals to visit families around Potters Bar. Lots of you came out to enjoy the spectacle and speak to Santa. The sleigh looked more delightful than

ever, enhanced by a bubble machine and we hope it has created some great memories for the children.

The snow and icy conditions in mid-December meant that we were unable to attempt the Cotton Road and Torrington Drive route on Wednesday the 14th. We hope that those disappointed families and children were able to catch the sleigh on other rounds or at Tesco.

Not only did we collect cash on our tours and at Tesco, but also received some donations on our JustGiving page – which is still active as you read this article. Please see below for donation details.

Many local, national and international charities depend upon the generosity of people like you, responding to the efforts of organisations like Potters Bar Rotary, in order to raise enough money to support people in need. Our main charities this year are Prostate Cancer UK, Essex & Herts Air Ambulance, the Willow Foundation and Rotary charities.

You can still visit the Just Giving page to show your appreciation and support. Follow the link, www.justgiving.com/rotary-pottersbar or text RUDOLF followed by the amount you wish to give to 70085 (for example RUDOLF 5 to give £5).

If you're interested in helping Potters Bar Rotary in their activities, please email enquiry@pottersbarrotary.uk for information.



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Overall 'GOOD' rating from the latest Care Quality Commission (CQC) report. Care Quality Commission is the independent regulator of health and social care in England. You may view the full report at www.cqc.org.uk

Rotary lit up Bradmore Green for Christmas

Brookmans Park Rotary would like to give a massive thank you to everyone who attended the Christmas Tree lighting event in November. You helped raise £1,250 for Rotary charities including Welwyn Hatfield Womens' Refuge, Carers in Herts, the Potters Bar Trussell Trust Foodbank, Herts Young Homeless and Noah's Ark Children's Hospice.

On the evening mulled wine, hot chocolate and mince pies were enjoyed by all. Meanwhile, the children of Brookmans Park School sang Christmas Carols accompanied by the Potters Bar Town Band. The music could be heard all around, providing a warm welcome.

Father Christmas must have heard the sound as, soon after, he arrived on his sleigh to wish everybody a Merry Christmas! Once he had taken down a few more ideas from all the good boys and girls of the village, off he went to carry on his preparations. Soon after, a count-down began ending with Idle Jack and Sarah the Cook hitting the big red button to light up the tree! Beneath the glow of the lights, the Christmas raffle was drawn, and friends said their goodbyes.

*Renos Georgiou
Brookmans Park Rotary President*

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Upcoming Rotary Events

Sponsored Swim Challenge

The annual Rotary Sponsored Swim Challenge is booked to take place on 11th March at the Furzeleisure Centre from 5pm. Around 60 swimmers take part in a relay race to raise donations for Rotary charities. If you or your organisation would like to enter a team, please get in touch via our email enquiries@brookmansparkrotary.org.uk and we can send you a sponsorship form.

May Day Coronation Celebration

On 29th April Brookmans Park Rotary will be hosting a May Day event at Bradmore Green from 2pm. As this will be a week before the Coronation of King Charles III, there will be a crown and tiara-making stall, with a competition for the best decorated. Music and dancing will take place on the green as well as a tombola and games with prizes to be won. Refreshments will be available on the day.

Health Walks Programme January to April 2023

Hertfordshire County Council offers more than 75 walks led by trained volunteers. All our friendly group walks are free and are graded between 20–30 minutes (First Steps) and up to 90 minutes (Grade 4) unless otherwise stated, whilst Grade 4+ progression walks can last up to 2 hours.

If you are interested in joining us, you can register online or, if you prefer, just turn up 10–15 mins before your first walk to complete a New Walker Form.

For more information, please call 01992 555888 between the hours of 9–11.30am and 2–3pm Monday-Friday, or email healthwalks.cms@hertfordshire.gov.uk.



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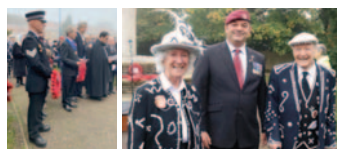
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**Potters Bar Branch, Village Hall,
Cotton Road, The Causeway, EN6 5BQ.
Contact rbl.pottersbar@gmail.com for all
Branch and Poppy Appeal enquires.**

Thank You Potters Bar – residents, friends, organisations and RBL branch members for supporting 2022 Poppy Appeal (volunteer to collect this year), the Armistice Day Services and the Remembrance Sunday Service. Hertsmere Ward's Improvement Initiative Scheme funded the Sunday Service – thank you Councillor Jean Heywood. The inaugural Schools' Remembrance Service with Stormont and Ladbroke JMI was well received and attended by Hertsmere's Mayor, Cllr John Graham and Mayoress, Mrs Barbara Graham. All pictures and videos are available on Facebook 'Potters Bar Community Group' thanks to Chris Cook and Lynette Sullivan. Father Stefan Chrysostomou and Choir of St Mary's Church – thank you.

For the launch of this year's Poppy Appeal, we will create a Poppy Wall – please knit, sew or crochet poppies for us to display.

Contact us if you would like to play Bingo on Thursday evenings.

Please join the RBL Potters Bar Branch – everyone can join! Email membershipservices@britishlegion.org.uk, alternatively, please call 0800 307 7773 or online www.britishlegion.org.uk.

Registered charity number 219279. Royal British Legion, Haig House, 199 Borough High Street, London SE1 1AA. Legion Contact Centre 0808 802 808.

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The Church of King Charles I in Potters Bar celebrates the coronation of King Charles III

Most churches are named after saints, but in Potters Bar we have one of only six churches in the country that is named after Charles I, King, and Martyr. In 2023 we will have the opportunity to celebrate King Charles III as we see him crowned at Westminster Abbey on Saturday 6th May, alongside Queen Consort Camilla.

We are planning all sorts of celebrations over the weekend. On Thursday 4th May our ever-popular café will host one of its special meals – tickets will be available from the café nearer the time, but with good food and entertainment this is an event not to be missed. Coronation memorabilia and KCM history will be displayed in the church over the weekend.

On Saturday 6th May in the morning, we will host the Churches Together in Potters Bar monthly prayer meeting at 8.30am where we will pray specifically for the new monarch and his work.

Our celebrations will end on Sunday 7th May at 5pm with a service of words and music for the coronation, to which all are welcome and will be supported by the churches from across the local area.

Planning is in the early stages, but if you have any memories either written or as pictures of KCM we would love to hear them. Please contact the office (office@kcm-church.org.uk or 01707 665579) with your submissions and stories and keep an eye on our website for more information nearer the time www.kcm-church.org.uk.

We look forward to welcoming you as we celebrate King Charles past and present.

Revd Atalie
Vicar

For more information www.kcm-church.org.uk, facebook @KCMChurchPottersBar, twitter @KCM_PottersBar; telephone 01707 665579 or email office@kcm-church.org.uk.

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WHAT'S ON

MARCH

WEDNESDAY 1st

- ▶ *Wednesday Community Club Games and chat.
- ▶ *PB Horticultural Society 'The National Parks of Western Canada' — John Wallington.

THURSDAY 2nd

- ▶ *PB FilmMakers Brenda Granshaw shows and talks about some of her films.

FRIDAY 3rd

- ▶ 'Bonnie and Clyde, The Musical' RVC Hawkshead Campus. 7pm. Info and tickets: www.rvcso.org.uk/events/6293/651 or rvcpas@rvc.ac.uk.

SATURDAY 4th

- ▶ 'Bonnie and Clyde, The Musical' RVC Hawkshead Campus. 2pm and 7pm. Tickets rvcpas@rvc.ac.uk.
- ▶ Elm Court Car Boot Sale Set up 11.45am. Public 50p from 1pm. Early buyers £5 from 12 noon. Tables £15 each or 2 for £25. Book at admin@elmcourt.org.uk or 01707 659602.
- ▶ *Hertfordshire Showband at Spotlight Theatre, Hoddesdon. 'Journey to World Champions', 7.30pm. Tickets www.thespotlightvenue.com/whats-on.
- ▶ *PB Town Football Club v Canvey Island Away 3pm.

MONDAY 6th

- ▶ *Barnet Philatelic Society Competitions (3) 9 sheets each, stamps, postal history and thematics.

TUESDAY 7th

- ▶ Lunchtime Recital Simon Pusey (organ), 12.30pm. Retiring collection. Light lunches (£5) from 12 noon to 1.30pm, St Mary's Church, The Walk.
- ▶ *PB Town Football Club v Margate Home 7.45pm.

WEDNESDAY 8th

- ▶ *RSPB Afternoon Meeting All welcome. 'The wildlife of Tanzania' — Nigel Taylor.
- ▶ *Wednesday Community Club Sing-along with Pam Murphy.
- ▶ Oasis Café 2–4pm. St Michael's Room, St Mary's Church, North Mymms, AL9 7TN.

THURSDAY 9th

- ▶ Peace Hospice Care Outreach Hub 10am–12 noon. Elm Court Youth and Community Centre, Mutton Lane, Potters Bar, EN6 3BP.
- ▶ *Enfield National Trust Association 'Push, Plummet and Paddle, there's a Tapir at the Door' — Gary Prescott. 7pm for 7.15pm, Holtwhites Sports and Social Club. Contact Pam 01707 650969.
- ▶ *North London and Middlesex Morris Minor Owner's Club Night at Whitewebbs Museum.

SATURDAY 11th

- ▶ Jumble Sale 4th Potters Bar Scouts. St John's Methodist Church, Baker Street, Potters Bar, EN6 2DZ. Entry (from Heather Way) £2 at 10am or 50p at 10.30pm. Finishes about noon.
- ▶ *Toddler Sense Mother's Day specials at The Wow Centre. Booking required. www.babysensory.com/babysensorybarnet/home#TimeTable.
- ▶ Rotary Sponsored Swim Challenge at FurzeField Leisure Centre from 5pm. Around 60 swimmers take part in a relay to raise donations to Rotary charities. Email enquiries@brookmansparkrotary.org.uk and we can send you a sponsorship form.
- ▶ *PB Town Football Club v Cray Wanderers Away 3pm.
- ▶ Hertfordshire Philharmonia Concert 7.30pm, St Mary's Church, The Walk. Email tickets@hertsphil.org.uk or phone John Cox on 01727 857827.

SUNDAY 12th

- ▶ *Fir and Pond Wood Nature Reserve Conservation work, no experience necessary, 10am. Details see organisations pages.
- ▶ Celebration of Speedway at Paradise Wildlife Park, 11am to 4pm. Entry £15 including visiting the Wildlife Park. Book online at pwpark.com/events.
- ▶ *PB Society walk.

MONDAY 13th

- ▶ The Good Friday Choir Rehearsal from 7–8.30pm at The United Reformed Church for a performance on Good Friday. If interested contact tony@mrcorfe.co.uk.

TUESDAY 14th

- ▶ *Cuffley Floral Art Club Demonstrator Terry Babbage — 'My Indian Experience World Show 2020', 7 for 7.30pm. Cuffley Hall, Maynards Place, EN6 4JA.

WEDNESDAY 15th

- ▶ *Wednesday Community Club Games and chat.

- ▶ *Enfield National Trust Association 'Folly and Finale' — Rev Dr Nicholas Henderson. 1.45pm for 2pm, Holtwhites Sports and Social Club. Contact Pam 01707 650969.
- ▶ *RSPB Evening Meeting all welcome. Bruce Bennett — 'Rajasthan, Birds, and History'.

THURSDAY 16th

- ▶ *PB FilmMakers Club 'Holiday' Competition.

FRIDAY 17th

- ▶ *St George's Day Celebrations at The Wow Centre. Booking required. www.babysensory.com/babysensorybarnet/home#TimeTable.
- ▶ *RSPB Evening Meeting all welcome. 'Rajasthan, birds, and history' — Bruce Bennett.

SATURDAY 18th

- ▶ Party Night, Swing Night Cherry Lodge Cancer Care, Old Fold Manor Golf Club, Barnet, EN5 4QN. Tickets £25 includes canapes and welcome drink. Dance the night away to 80s and 90s music with the lovely Dean Goodman, 7.30 to 11.30pm. Contact Tina 020 8441 7000.
- ▶ *PB Town Football Club v Kingstonian Home 3pm.
- ▶ *Baby Sensory Mother's Day Specials at The Wow Centre. Booking required www.babysensory.com/babysensorybarnet/home#TimeTable.

SUNDAY 19th

- ▶ Mothering Sunday Celebration A service for all the family. 10am, St Mary's Church, The Walk followed by refreshments. Details 07803 756088.

MONDAY 20th

- ▶ The Good Friday Choir Rehearsal 7–8.30pm at The United Reformed Church for a performance on Good Friday. If interested contact tony@mrcorfe.co.uk.

WEDNESDAY 22nd

- ▶ *Wednesday Community Club 'Who do you think you are?' — Diane Travers.
- ▶ *Coffee Pots and Tiny Tots 10–11.30am. St Michael's Room, St Mary's Church, North Mymms, AL9 7TN.

SATURDAY 25th

- ▶ *PB Town Football Club v Lewes Away 3pm.

SUNDAY 26th

- ▶ *PB Society walk.

MONDAY 27th

- ▶ The Good Friday Choir Rehearsal from 7–8.30pm at The United Reformed Church for a performance on Good Friday. If interested contact tony@mrcorfe.co.uk.
- ▶ *Potters Bar Historical Society 'History of Panshanger Park and Estate' — David Neal.

WEDNESDAY 29th

- ▶ *Wednesday Community Club Easter Service led by Stephen Poxon.

THURSDAY 30th

- ▶ *PB FilmMakers Show us your rushes for advice... 10 MINUTES maximum.

FRIDAY 31st

- ▶ *Potters Bar and District Photographic Society an exhibition of prints at The Galleria in Hatfield from 31st March to 14th April. Contact Phillip 07949 577575 for further info.

APRIL

SATURDAY 1st

- ▶ Spring Quiz Cherry Lodge Cancer Care. 7pm to 10.30pm. Tickets £18 to include supper meal/vegetarian option available. Teams of 8. Licensed bar, raffle. Arkley Village Hall, Brickfield Ln, Barnet EN5 3LD No Bring Your Own. Tickets Tina 020 8441 7000.
- ▶ *PB Town Football Club v Corinthian Casuals. Home 3pm

SUNDAY 2nd

- ▶ Easter Sponsored Walk Cherry Lodge Cancer Care. Parkside Gardens, Barnet, EN4 8JP.
- ▶ Easter Fun join our sponsored walk around Oakhill Park. Bring the family and the dog. Our lovely volunteers will be selling Easter cakes and merchandise.
- ▶ Messy Church King Charles the Martyr at 3pm.

MONDAY 3rd

- ▶ The Good Friday Choir Rehearsal from 7–8.30pm at The United Reformed Church for a performance on Good Friday. If interested contact tony@mrcorfe.co.uk.

TUESDAY 4th

- ▶ Lunchtime Recital Joanna Lam (piano), 12.30pm. Retiring collection. Light lunches (£5) from 12 noon to 1.30pm. St Mary's Church, The Walk.

WEDNESDAY 5th

- ▶ *PB Horticultural Society Philip Nalpalis — 'The National Parks of England and Wales'.

WHAT'S ON

FRIDAY 7th

- **The Good Friday Choir** Potters Bar United Reformed Church, Darkes Lane, Potters Bar, EN6 1BZ. Performance of Faure's Requiem at 7pm. Director of Music Stephen Jones and Accompanist Simon Worley.

SATURDAY 8th

- ***PB Town Football Club v Hastings Home** 3pm.

SUNDAY 9th – Easter Day

- ***PB Society walk.**

MONDAY 10th

- **Pilgrimage to St Albans Abbey** 10am, King Charles the Martyr Church, Mutton Lane.
- ***PB Town Football Club v Wingate and Finchley Away** 3pm.
- **Easter Egg Hunt** St Mary's Church, North Mymms.

TUESDAY 11th

- ***Cuffley Floral Art Club 'Whatever Next'** – Jilly Griffin. 7 for 7.30pm, Cuffley Hall, Maynards Place, EN6 4JA.
- ***The Wizard of Oz'** Potters Bar Theatre Co. Wylyotts Theatre. Box office: www.wylyottstheatre.co.uk/whats-on/the-wizard-of-oz. Adults £21, under 18s £19.

WEDNESDAY 12th

- ***RSPB Afternoon Meeting** all welcome. 'Wicken Fen' Past, present and future of the NT's oldest and most species-rich reserve.
- ***The Wizard of Oz'** Potters Bar Theatre Co. Wylyotts Theatre. See above.
- **Oasis Café** 2–4pm, St Michael's Room, St Mary's Church, North Mymms, AL9 7TN.

THURSDAY 13th

- ***PB FilmMakers** How to film on your mobile device.
- ***North London and Middlesex Morris Minor Owner's Club** meeting at Whitewebbs Museum, Enfield, 7.30–9pm.
- **Peace Hospice Care Outreach Hub** 10am–12pm, Elm Court Youth and Community Centre, Mutton Lane, Potters Bar, EN6 3BP.
- ***Enfield National Trust Association 'Funny Girls'** – Geoff Bowden. 7pm for 7.15pm, Holtwhites Sports and Social Club. Contact Pam 01707 650969.
- ***The Wizard of Oz'** Potters Bar Theatre Co. Wylyotts Theatre. See above.

FRIDAY 14th

- ***The Wizard of Oz'** Potters Bar Theatre Co. Wylyotts Theatre. See above. Adults £22, under 18s £19.

SATURDAY 15th

- ***The Wizard of Oz'** Potters Bar Theatre Co. Wylyotts Theatre. See above. Adults £22 matinée and evening, under 18s £19.
- ***PB Town Football Club v Carshalton Home** 3pm.
- ***PB Cricket 1st XI Away, friendly.** Finchley 12 noon.

SUNDAY 16th

- ***Fir and Pond Wood Nature Reserve** Conservation work, no experience necessary, 10am. Details see Clubs and Organisations pages.

WEDNESDAY 19th

- ***Enfield National Trust Association 'Folly and Finale'** – Rev Dr Nicholas Henderson. 1.45pm for 2pm, Holtwhites Sports and Social Club. Contact Pam 01707 650969.
- ***Wednesday Community Club** Games and chat.
- ***Coffee Pots and Tiny Tots** 10–11.30am, St Michael's Room, St Mary's Church, North Mymms.

FRIDAY 21st

- ***RSPB Evening Meeting** all welcome. 'India – Crocs, Cranes and Cats' – Bill Coster.

SATURDAY 22nd

- ***PB Cricket 1st XI v Wycombe House Home** 1pm.
- ***PB Town Football Club v Margate Away** 3pm.

SUNDAY 23rd

- ***PB Society walk.**

MONDAY 24th

- ***Potters Bar Historical Society** Great Northern Railway, Enfield Branch by Dave Cockle.

WEDNESDAY 26th

- ***Over My Dead Body'** by Derek Benfield. The Cuffley Players. 8pm, Cuffley Hall Maynard Place, EN6 4JA. Tickets £10 via our website www.cuffleyplayers.co.uk or box office 07857 841930.
- ***Wednesday Community Club** Compassionate Communities.

THURSDAY 27th

- ***PB FilmMakers** Christine Collins – 'Sound'.
- ***Over My Dead Body'** The Cuffley Players. See above.

FRIDAY 28th

- ***Over My Dead Body'** The Cuffley Players. See above.

SATURDAY 29th

- **Mayday Coronation Event** Brookmans Park Rotary. Bradmore Green from 2pm. Crown and tiara-making stall, with a competition for the best decorated. Music and dancing on the green, tombola and games with prizes, refreshments.
- ***PB Cricket 1st XI Home T20 v Hemel Hempstead.** 10.30am. And v Harpenden/Totteridge 4.30pm.
- ***Over My Dead Body'** The Cuffley Players. See above. 3pm matinee and 8pm.

MAY

TUESDAY 2nd

- **Luncheon Recital** Pavlos Triantaris and Marily Kritikou (organ and soprano). 12.30pm. Retiring collection. Light lunches (£5) from 12 noon to 1.30pm, St Mary's Church, The Walk.

WEDNESDAY 3rd

- ***PB Horticultural Society** Lucy Blundell – 'The Use of Weeds'.
- ***Coffee Pots and Tiny Tots** 10–11.30am, St Michael's Room, St Mary's Church, North Mymms.
- ***Wednesday Community Club** Games and chat.

SATURDAY 6th

- ***PB Cricket 1st XI v Hertford Home.** League. 12 noon.

SUNDAY 7th

- ***PB Society walk.**

TUESDAY 9th

- ***Cuffley Floral Art Club 'View from my Window'** – Stephanie Cornell. 7 for 7.30pm, Cuffley Hall, Maynards Place, EN6 4JA.

WEDNESDAY 10th

- ***RSPB Afternoon meeting** all welcome. 'Flower power – how plants control animals!' – Brenda Harold.
- ***Wednesday Community Club** Coronation Celebration – David Colton Clarke singing.
- **Oasis Café** 2–4pm, St Michael's Room, St Mary's Church, North Mymms, AL9 7TN.

THURSDAY 11th

- ***Enfield National Trust Association 'A Load of Old Fossils'** – Prof Tony Hurford. 7pm for 7.15pm, Holtwhites Sports and Social Club. Contact Graham on 01707 321759.
- ***PB FilmMakers** Making a 'super short' (bring an empty memory stick with you).
- ***North London and Middlesex Morris Minor Owner's Club** meeting at Whitewebbs Museum, Enfield, 7.30–9pm.
- **Peace Hospice Care Outreach Hub** 10am–12 noon. Elm Court Youth and Community Centre, Mutton Lane, Potters Bar, EN6 3BP.

SATURDAY 13th

- ***PB Cricket 1st XI v West Herts Away.** League. 12 noon.

SUNDAY 14th

- ***Fir and Pond Wood Nature Reserve** Conservation work, no experience necessary, 10am. Details see organisations pages.
- **Messy Church** King Charles the Martyr at 3pm.

WEDNESDAY 17th

- ***Enfield National Trust Association 'Blood, Guts and Gore'** – David Allen. 1.45pm for 2pm, Holtwhites Sports and Social Club. Contact Pam 01707 650969.
- ***Coffee Pots and Tiny Tots** 10–11.30am, St Michael's Room, St Mary's Church, North Mymms.
- ***Wednesday Community Club** Games and chat.

THURSDAY 18th

- **'A Midsummer's Night's Dream'** RVC Performing Arts Society, Little Heath Parish Hall, 6.15pm for 6.45pm. Box office rvcpas@rvc.ac.uk.
- ***PB Society AGM**

THURSDAY 18th to SATURDAY 20th

- **'Clue the Music'** by The Warren. A Whodunnit Musical. Wylyotts Theatre. 7.45pm. From £16. For local charities. Tickets 01707 645005.

WHAT'S ON

FRIDAY 19th

- 'A Midsummer's Night Dream'. See above.
- *RSPB Evening Meeting all welcome. 'Sri Lanka – birds and wildlife' – Jonathan Forgham.

SATURDAY 20th

- 'A Midsummer's Night Dream'. See above.
- *PB Cricket 1st XI v North Mymms. Away. League. 12 noon.

SUNDAY 21st

- *PB Society walk.
- World Speedway Riders' Spring Lunch at Paradise Wildlife Park. 11am–4pm. All welcome. £35 including a sumptuous buffet, a service of remembrance in the memorial garden and visiting the Wildlife Park. Bookings carly@pwpark.com.

MONDAY 22nd

- *Potters Bar Historical Society AGM at 7.30pm followed by 'Seventeen Century Herts' – Alan Thomson.

WEDNESDAY 24th

- *Wednesday Community Club Burston Nursery Outing.

THURSDAY 25th

- *PBFilm Makers Film of the year awards and annual lunch, 11.30am–4pm.

SATURDAY 27th

- *PB Cricket 1st XI v Radlett. Home. League. 12 noon.
- Spring Market 4th Potters Bar Scouts. St John's Methodist Church, Baker Street, PB. 10.30am to 1pm. Various stalls, games, and refreshments, including barbecue.
- *North London and Middlesex Morris Minor Owner's Club stand at Enfield Pageant of Motoring.
- Potters Bar Choral Society Concert Mozart Mass in C and Solemn Vespers. 7.30pm, St Mary's Church, The Walk. Information info@pbchoral.org.

SUNDAY 28th

- *North London and Middlesex. Morris Minor Owner's Club stand at Enfield Pageant of Motoring.

WEDNESDAY 31st

- *Wednesday Community Club Games and chat.

JUNE

SATURDAY 3rd

- *PB Cricket 1st XI v Harpenden. Away. League. 12 noon.

SUNDAY 4th

- *PB Society walk

MONDAY 5th

- *Royal Celebrations for the King's Coronation at The Wow Centre. Booking required www.babysensory.com/babysensorybarnet/home#TimeTable.

TUESDAY 6th

- Lunchtime Recital Matthew Sear (guitar), 12.30pm. Retiring collection. Light lunches (£5) available from 12 noon to 1.30pm, St Mary's Church, The Walk.

WEDNESDAY 7th

- *Wednesday Community Club Jeff's Clothes Show.
- *PB Horticultural Society Francis Watkins – 'Ryder Seeds of St Albans and the Ryder Cup'.
- *Coffee Pots and Tiny Tots 10–11.30am, St Michael's Room, St Mary's Church, North Mymms.

THURSDAY 8th

- *PB FilmMakers Geoff Glover on Peter Sellers.
- Peace Hospice Care Outreach Hub 10am–12 noon. Elm Court Youth and Community Centre, Mutton Lane, Potters Bar, EN6 3BP.

SATURDAY 10th

- *Toddler Sense Father's Day celebrations at The Wow Centre. Booking required www.babysensory.com/babysensorybarnet/home#TimeTable.
- *PB Cricket 1st XI v Bishops Stortford. Home. League. 12 noon.

SUNDAY 11th

- POTTERS BAR CARNIVAL [Facebook.Com/PottersBarCarnival/pottersbarcarnival.co.uk](https://www.facebook.com/PottersBarCarnival/pottersbarcarnival.co.uk).
- *Baby Sensory Father's Day celebrations at The Wow Centre. Booking required www.babysensory.com/babysensorybarnet/home#TimeTable.

TUESDAY 13th

- *Cuffley Floral Art Club 'Scrumptiously Summer' – Susan Tausig. 7 for 7.30pm, Cuffley Hall, Maynards Place, EN6 4JA.

WEDNESDAY 14th

- *RSPB Afternoon Meeting all welcome. The work of A Rocha – a Christian Charity working to protect and restore the natural world.
- Oasis Café 2–4pm, St Michael's Room, St Mary's Church, North Mymms, AL9 7TN.
- *Wednesday Community Club Gill McGregor – Flower Arranger.

FRIDAY 16th

- *RSPB Evening Meeting all welcome. 'Marathons, slides and leapfrogs – the fascinating diversity of wading bird migration.'

SATURDAY 17th

- Hertfordshire Philharmonia Concert 7.45pm, St Mary's Church, The Walk. Mendelssohn Violin Concerto and Sibelius Symphony no. 2. Info email tickets@hertsphil.org.uk.
- *PB Cricket 1st XI v Welwyn Garden City. Away. League. 11am.

SUNDAY 18th

- *PB Society walk.
- *Fir and Pond Wood Nature Reserve conservation work, no experience necessary, 10am. Details see organisations pages.

WEDNESDAY 21st

- *Wednesday Community Club Games and chat.

THURSDAY 22nd

- *PB FilmMakers Your edit of the 'super short'.

SATURDAY 24th

- *PB Cricket 1st XI v Totteridge Millhillsians. Home. League. 11am.

WEDNESDAY 28th

- *Wednesday Community Club 'Remap' – update on their work.

JULY

SATURDAY 1st

- *PB Cricket 1st XI v Old Owens. Away. League. 11am.
- Hertfordshire Showband 'London Tattoo' at Excel Centre. HSB plus 8 other band including two from America. Check Excel Centre for details.

SUNDAY 2nd

- *PB Society walk.

TUESDAY 4th

- Lunchtime Recital Fumi Otsuki (violin and piano), 12.30pm. Retiring collection. Light lunches (£5) from 12 noon to 1.30pm, St Mary's Church, The Walk.

WEDNESDAY 5th

- *PB Horticultural Society Geoff Hodge – 'Weeds and the Weed-Free Garden'.
- *Wednesday Community Club Games and chat.

THURSDAY 6th

- *PB FilmMakers 'Unclassified subject (open)' competition.

SATURDAY 8th

- Hertfordshire Chorus Concert 7.30pm, St Mary's Church, The Walk. Info <https://hertfordshirechorus.org.uk>.
- *PB Cricket 1st XI v Hertford. Away. League. 12 noon.

SUNDAY 9th

- *Fir and Pond Wood Nature Reserve conservation work, no experience necessary, 10am. Details see organisations pages.

TUESDAY 11th

- *Cuffley Floral Art Club 'Gardeners Galore' – Angela Woodley. 7 for 7.30pm, Cuffley Hall, Maynards Place, EN6 4JA.

WEDNESDAY 12th

- Oasis Café 2–4pm, St Michael's Room, St Mary's Church, North Mymms.
- *Wednesday Community Club Arpeggio Hand Bells – TBC.
- *Full details of venue, times, etc shown in Local Organisations section on pages 25–27.

Please check details of these events by telephoning the contact provided. An asterisk * means more details about venues and times included in Clubs and Organisations section. To include an event contact: susan.weaver4@ntlworld.com.



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Barracuda Swimming Club

We are a swimming club for people with disabilities. We welcome people of all ages and swimming abilities, no matter the severity of physical or learning disability. We meet every Sunday at 11.30am–12.30pm at the Furzefield Centre, Potters Bar where we have exclusive use of the pool. We also hold an annual Christmas party for our members and their families.

Barracuda Swimming Club is affiliated to the Halliwick Association of Swimming Therapy and many of our volunteers have completed Halliwick instructor training. Most swimmers will begin working one-to-one with one of our volunteers who will help them develop the skills and confidence needed to become safe and independent swimmers. Some of our swimmers regularly compete in galas held by other local disabled swimming clubs. To cover insurance and Halliwick membership we ask all swimmers to pay a very small annual administration fee of £5.

We are currently looking for more volunteers to swim with our club members, as we have recently had two young men complete their volunteering with us as a part of their Duke of Edinburgh award. The club pays for all volunteers to undergo a DBS check.

If you are interested in either volunteering or swimming please contact our secretary Sylvia Borrows via email secretary.barracuda.sc@hotmail.co.uk or via our Facebook page [facebook.com/barracudaswimmingclub](https://www.facebook.com/barracudaswimmingclub).

Renos Georgiou
Club Chairman

Registered Charity Number: 275663

Potters Bar Bowls Club springs into action

Barry Bowman, the newly elected President of Potters Bar Bowls Club has chosen CRY, 'Cardiac Risk in the Young', as his charity for the year. The Charity sends medical teams into young peoples' organisations to check the health of their hearts. CRY went to Barry's grandson's football club where he was diagnosed with a potentially serious heart condition, despite being a very good swimmer and footballer. Barry's grandson was successfully treated at St Georges Hospital but were it not for CRY, the outcome might have been very different.



Bowls Club Members keep in touch throughout the winter months – a very successful New Year's Eve party was held in the club house, there is bridge on Tuesday afternoons and crib on Thursday evenings. The monthly social evenings are well attended, and the up-and-coming Quiz Night in March is a sell-out. Many members bowl at indoor clubs and take part in matches against other clubs in Hertfordshire and North London.

Looking forward, with spring on the horizon, Saturday 22nd April is the opening day of the season, and several members have already submitted entries into the St Albans and District and County competitions. Open mornings are planned for Saturday 29th April and Sunday 14th May beginning at 10am when the coaching team will be on hand to welcome possible new bowlers and teach them about the game of bowls. If you are interested in learning the game why not take the opportunity – we are a very friendly club – and contact our Membership Secretary Jean Scott on 020 8360 3321. Why not give it a try?

In the meantime, if you would like to find out more about the Club, have a look at our website www.pottersbar-bc.com.



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Soar to new heights in 2023

Do you want to soar to new heights in 2023? If so, trampolining could be the sport for you.



Based in the Furzefield Centre in Potters bar, Zenith Trampoline Club has been helping people enjoy this Olympic sport for over 35 years. The club caters for everyone: from those who

are experienced jumpers; to those who have only ever been on a garden trampoline; to those who have never bounced before.

"Trampolining is a great sport for everyone," said club owner Carole Charters. "It is not only a great cardio workout, but it strengthens the muscles and improves balance and flexibility. Plus, I've never met anyone who doesn't love the adrenaline buzz from jumping on a trampoline."

The club runs sessions every Monday and Friday between 4pm and 8pm, as well as on Saturdays and Sundays between 9am and 1pm. There is also a special adult-only session on Mondays between 8-9pm. The club can also arrange trampolining birthday parties on request.

Once you've mastered the basics of jumping on a trampoline, you might be invited to join the club's competition squad, and master skills such as somersaults, baranis, and crash dives.

"The squad has been going from strength to strength in recent years," said Head Coach Carrie-Ann Williamson. "We have successfully taken part in a large number of local and regional competitions, with a number of our jumpers finishing very high up in national competitions, including a number who have been crowned national champions. We were also able to take a group of young jumpers to a training camp in Portugal last year to further develop their skills."

For more information visit Facebook page at www.facebook.com/ZenithTC or contact Carole Charters zenithtrampolineclub@btinternet.com.



Local paperboy is international diver

17 year old local paperboy, Hugo, is achieving international diving recognition specialising at the 3 metre level. Hugo started diving aged 8 and now trains with Dive London at the London Aquatic Centre in Stratford, enabling him to train alongside some of the best athletes in the world. Hugo currently dives 6-7 days a week for 20+ hours in the pool and the dryland facility.

Lockdown presented a real challenge with Hugo prevented from representing GB for the first time in Geneva, the '8 Nations Youth Diving Meet' being cancelled.

Competitions started again in 2021 and in May Hugo took part in his first senior event, 'Fina's Diving Grand Prix 2021' winning a Bronze in the 3 metre Men's Springboard event and a Silver in the Men's 3m springboard synchro event. Hugo finally made his international debut in June 2021 when he represented GB in Croatia at the 'European Junior Diving Championships 2021' coming 5th on the 3 metre springboard.

In October 2021, Hugo competed in the 'British Elite Junior Diving Championships' in Plymouth taking Gold on Platform in Synchro, Gold on 3 metre in synchro and Gold on 3 metre individual, setting a new British record! Further success was achieved in April 2022 at the British Elite Junior Diving Championships. Hugo had another gold medal on 3 metre Springboard bronze on 1m Springboard and Gold on 3m synchro. There was further international success in 2022 at 'Futures Cup 2022' and the European Junior Diving Championships in Otopeni, Romania.

Hugo was selected to represent GB in Montreal, Canada in December at the 'FINA World Junior Diving Championships 2022', a huge achievement as this event is only held every 2 years and the world's best junior divers come together to compete. Hugo won a bronze in the 3-metre synchro.

Continued progress could mean selection for GB at the Paris Olympics.

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Karate Classes in full flow

Our karate classes at the Furze field Centre in Potters Bar are back in full flow. We were very excited that a number of our students achieved their Black Belt in November. Over the past 32 years we have seen many students achieve this, and we are very proud of the dedication they have shown.

We are running 5 week beginner courses, with the first lesson free. Training is on Wednesday evenings in the sports hall. Juniors aged 7 to 16 from 7–8pm. Adults 8–9pm. For further information visit www.karatemasters.co, or phone 07534 563456.

Lis Torry

Secretary Potters Bar Shotokan Karate Club

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Come to North Mymms – you will be “bowled over”!

It's spring and members at North Mymms Bowls Club, Welham Green, are looking forward to the beginning of the bowling season. Our green has been prepared and looked after by our greenkeepers during the winter and will be in excellent condition ready for the opening in April.

Our club has a long history of bowling, starting in 1938. Since then members have come and gone, and we need to recruit new members. So – what are you doing when the spring and summer come around? Are you newly retired and wondering how you are going to fill your extra time, have a bit of fun, find new friends? Why not consider green bowls? It's a sport for everyone, and those of you who may have played a more rigorous sport such as football, cricket, or netball may find bowling a gentler replacement, but just as enjoyable and challenging. There are opportunities to enter competitions, as we are affiliated to Hertfordshire Bowling Association, St Albans & District Bowling Association and Bowls England.

We are hoping to introduce a Saturday morning 'drop-in' for anyone to turn up and have a try at bowling. We encourage anyone who is interested to contact us and come along and try the game for free. All you need to start is some flat soled shoes – we have bowling equipment for beginners to try and qualified coaches to show you how. As a special offer to attract new bowlers the club is offering the first year's membership subscription for only £10 (new bowlers only).

This is a great opportunity to play a very enjoyable game, get fresh air, and a great social life. Our green will open at the end of April. Please take a look at our website

northmymmsbowlsclub.org, or contact our Membership Secretary Val Atkinson 01707 645320 or email vgatkinson@btinternet.com.

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Get fit and make new friends - join Trent Park Running Club!

Looking to try something new in 2023? Our Club, based at Southgate Hockey Club in Trent Park Cockfosters, covers a range of abilities and ages from absolute beginners to those who run marathons and beyond.

Three official weekly sessions are held on Tuesday and Thursday evenings and Saturday morning at Trent Park, led by qualified England Athletics coaches.

We also have additional facilities at the Queen Elizabeth Stadium in Enfield, swimming at Furzefield Leisure Centre (Monday evenings) and open-water swimming in the summer at the Blue Lagoon near Hitchin.

Don't worry if you have never run before, our popular beginners programme provides an easy introduction over 10 weeks and helps you start running in a progressive, safe, and fun way. This year's beginners coaching starts on the 1st April, with sessions twice a week.

At the end of the programme, you'll be able to run consistently for 30 minutes (3 miles or 5km) and will have the option of joining the club. Some of last year's beginners took part in their first 10K charity run in February, others just run a couple of times a week for fun, fitness and a chance to chat.

For those who want to compete in club races, the Club is a member of cross-country leagues, across North London and Hertfordshire. We also offer the opportunity to race in regional and national cross-country races on behalf of the club and, in summer, we compete in the 10K Hertfordshire road racing league.

We also run a monthly 5K 'handicap' race around Trent Park, open to all members. We are not just about running; we have an active social team that organises various activities throughout the year.

To sign up for the beginners' course please follow the following link <https://trentparkrc.com/join-us/beginners> or to find out more about the club and our membership options, please contact us at hello@trentparkrc.com.

Editor: a fuller version of this article with additional pictures is available via EXPANDED ARTICLES on www.pottersbarcommunitynews.co.uk.



Potters Bar Tennis Club

The Walk, Potters Bar, EN6 1QL

NB: All these courts and times need to be pre-booked in advance through clubspark. The link to book can be found on the club website www.clubspark.lta.org.uk/pottersbartennisclub.

Junior Events 2023

Karl Mills (Head Coach) 07939 303483.

Munchkins: Starts on Saturday 4th March 2023 at 2.30pm 'til 3pm.

Easter Courses: Monday 3rd to Thursday 6th April 2023. 5-9 years from 9am-12 noon; 10-15 years from 1-4pm.

Junior Friday Night Tennis commences on Friday 21st April 2023 (20 weeks excluding School Holidays). Ages 5-7 years from 4-5pm; ages 8-10 years from 5-6pm; ages 11-13 years from 6-7pm; ages 14-18 years from 7-8pm.

Annual General Meeting

At the Annual General Meeting held in December last year Ian Hamilton (Chairman) presented the Presidents Cup for the most improved adult player to Julie Guppy. Judith Wheeler presented the Mike Wheeler Cup to John Mills who has made a significant contribution to the Club over many years. Karl Mills presented the Junior Boys Cup to William Rawlings for his attendance and exemplary attitude over the last year. He also presented the Junior Girls Cup to Dinelly Dissanayake for her Junior attendance and who, with her father, won the Parent & Child Tournament. Congratulations to all these worthy winners.

Other membership matters

All membership enquiries should be made to Sue Vallance on 01707 645909 or email pbtcmembership@gmail.com.

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The Cuffley Players celebrating 90 years of local drama

Founded in 1933 'The Cuffley Players' is a local drama group committed to delivering high-quality theatre productions to the residents of Cuffley and Northaw, Goffs Oak and Cheshunt, though many of our audience come from further afield. We are a friendly group ranging in age from twenty-somethings to 'the sky's the limit', so we are bound to have a friend and a role just for you.

We put on two full-length productions a year, one at the end of April and another at the end of November. Rehearsals are held in Cuffley Hall on Mondays and Thursdays from 7.45–10pm for about 3 months prior to performance.

If you are interested in seeing what goes on, visit our website www.cuffleyplayers.com, email us at info@cuffleyplayers.co.uk or call 01707 872229 or 07811 437791. If strutting your stuff on stage is not your thing, don't worry there is plenty to do behind the scenes from costumes, through lighting and sound, via props to set construction and decor. We can accommodate all talents so are bound to find a role for you. We also have an active social programme. If nothing else, do come along to see one of our productions – I'm sure you will enjoy it and want to come back for more.

Our next production 'Over My Dead Body' by Derek Benfield will be at Cuffley Hall from 26th–29th April.

Recently widowed Gerald is hoping to spend his days quietly in his own home with his memories of a long and happy marriage to Helen, but he has not reckoned on the plans his late wife, family and friends have in store for him. Drastic measures are required to ensure he gets the peace and tranquillity he craves.

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Capital Arts Children's Choir

Back in June 2022 the Capital Arts Children's Choir was invited to perform at the platinum jubilee



celebrations in honour of HM Queen Elizabeth's seventy-year reign. It was a great honour and a wonderful event. The choir included children from Potters Bar.

Since the last publication Capital Arts has received a certificate from the Commonwealth Committee in recognition of the choir's performance.

Kathleen Shanks
Music Director

Photo ID needed for elections in May

Residents are being urged to make sure they are ready to vote in May by checking they have an accepted form of ID.

Anyone who wants to have their say in the elections this May must also be registered to vote. It only takes five minutes to register online at www.gov.uk/register-to-vote. Voters wishing to apply to their council for free ID should first make sure they are registered to vote.

The requirement to show photo ID at the polling station is a new requirement under Elections Act 2022, effective for the first time this May.

For more information visit www.hertsmere.gov.uk/voterID or contact the Electoral Services team at Hertsmere Borough Council on 020 8207 7481.

Winners at Photographic Society

Potters Bar and District Photographic Society has revealed its top pictures and photographers for 2022. After a year of tightly-contested events the following winners were announced. One competition is cumulative over five rounds for each of printed and projected images.

- General Class winner – prints; **Richard Litherland**
- Advanced Class winner – prints; **Fiona Adamson**
- General Class winner – projected images; **Mark Heineman**
- Advanced Class winner – projected images; **Fiona Adamson**

Additionally there is a separate competition for Picture of the Year for each category, selected from those that scored 19 or 20 (out of 20) throughout the year.

- General Class winner – prints; **Richard Litherland**
- Advanced Class winner – prints; **Graham Coldrick**
- General Class winner – projected images; **Mark Heineman**
- Advanced Class winner – projected images; **Peter Regan**

Trophies were awarded at the Society’s Annual General Meeting in February.

Society President, Fiona Adamson, said that “The judge for the Print of the Year had a particularly difficult time, holding back 27 out of the 56 prints for a second look and awarded 11 Commended and 10 Highly Commended honours as well as 1st , 2nd and 3rd places. Once again, it has been a year of closely fought competitions, interesting speakers and enjoyable social events. I am standing down



© Philip Jones. 2022’s winner of the Advanced Class print of the year competition, and incoming Society President, Graham Coldrick with his winning picture “On the Beach”.

as President in 2023 but have enjoyed seeing The Society through the last two years and now hand-over to Graham Coldrick to see us through the next stage of the Society’s history.”

A Society spokesman said “A new series of competitions started in January together with a full programme of speakers, visits and other activities. Anyone wishing to start a new photographic hobby, or develop an existing one, is welcome to join irrespective of how they take their pictures. Further details can be found at pottersbarphotosoc.org.uk or on Facebook. A potential member may visit for up to three meetings to see if it is for them”.

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Potters Bar Allotments - a hundred years of growing -from A-Z

There have been allotments on or near the current site off Highview Gardens since 1895. The site is owned by Hertsmere Borough Council, fulfilling its duty under the Allotments Acts for local councils to provide allotments in their areas if there is a demand. And that has certainly remained the case in recent years with long waiting lists for plots.

The site is run by Potters Bar Allotments Association and, as we are volunteers, costs are low which is reflected in the rents that the 120+ plot holders pay.

You may have a picture in your mind of the 'typical' allotment holder and what they grow. Early 20th century council minutes record that the allotment holders of the time were "railwaymen, policemen and civilians". We still have people from these groups, but they are now part of a wider range of occupations and heritage – from accountants to vets, and Albanians to Zimbabweans. There are many female members now; in fact, the majority of the committee is female.

The diversity of the membership is reflected in what they grow – literally from A–Z if you call your courgettes 'zucchini'! All that is required is that the plots are used primarily to grow vegetables and are well-tended. The benefits to physical and mental wellbeing of being in the fresh air, growing produce for you, your family and friends to eat are well documented. Last year's record-breaking temperatures resulted in bumper crops of tomatoes, courgettes, pumpkins and squashes – even melons.

There is almost always a waiting list for plots, so the earlier you contact us the better, if you are thinking about taking a plot on. Anyone interested should contact allie.pbaa@outlook.com for further information and to visit the site.



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Online we have Borrowbox, with a great selection of eBooks and audiobooks, Libby for magazines and Pressreader for newspapers. You can sign up for 'Theory Test Pro' if you are learning to drive or prepare for the Life in the UK or British Citizenship tests using our online study resource 'Go Citizen'.

We have a variety of activities for children and adults. Our regular activities include Baby Rhyme Time on Tuesdays at 11am and Storytime (for Toddlers) on Thursdays at 11am. There is no need to book just come along. In addition, we offer LEGO Club (for children), Family Nature Walks and a Walking Reading Group. Pop in for more information.

If you are aged 14+, have you thought about volunteering with us and shaping the future of your library? If this interests you, come in and talk to us or apply online at hertfordshire.gov.uk/libraries and [archives/jobs](http://hertfordshire.gov.uk/archives/jobs) and volunteering.

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Potters Bar Carnival 11th June 2023

This year's Potters Bar Carnival will take place at Elm Court Youth and Community Centre, Mutton Lane, on Sunday 11th June from 12 noon. This year the committee has decided to have no theme so you can get as creative as you like and showcase your artistic talents!

As always there will be a jam-packed afternoon in the field with over 60 outdoor stalls, arena entertainment, food and drink and a funfair! Entrance cost is £3 for over 16s and all proceeds go to local organisations and projects. Last year the committee gave out over £7,500 to groups including local schools, scouts, air cadets, dance schools, Hertfordshire Showband and the town Christmas lights project. A highlight of Carnival day is the town procession, showcasing our amazing local groups. The procession goes through Darkes Lane from 1pm arriving at Elm Court around 1.45pm. Please let us know if you would like to take part in the procession as a walking group or with a decorated vehicular float. As per previous years we have to steward the procession ourselves. If you are able to help steward the procession, please contact us. We always need more volunteers to sell tickets on the day and you would be made most welcome. Every volunteer counts to make the day a success.

If you would like to take part by having an outdoor stall, being in the procession or volunteering with us, please email pottersbarcarnival@gmail.com. For more information, please find us on [facebook.com/PottersBarCarnival](https://www.facebook.com/PottersBarCarnival).

Elm Court Youth and Community Centre Mutton Lane, Potters Bar, EN6 3DJ

ELM COURT CAR BOOT SALES

start again Saturday 15th April 2023.

Our popular sales continue every Saturday (weather permitting) until October.

Café tent and refreshments, picnic area, toilets – a lovely way for a family day.

Seller cars admitted 11am £10 per car.

Public admitted from 12pm – 50p.

See details on [facebook.com/ElmCourtEN6](https://www.facebook.com/ElmCourtEN6).

ROOMS AVAILABLE for hire at reasonable rates – admin@elmcourt.org.uk or tel 01707 659602.

VOLUNTARY ORGANISATIONS AND CHARITIES

– earn funds for your group by helping to organise the car boot sales. All welcome please enquire.

POTTERS BAR CARNIVAL –

Elm Court is proud to host Carnival Sunday 11th June.

Elm Court is a charity run by its Trustees and staff. We are always looking for new helpers, all welcomed.

Little Heath Window Cleaning

Local, reliable, regular service.

Windows | Gutters | Soffits

CALL SIMON
07562 136619

Just Gutters Potters Bar

Gutter clearing service. Potters Bar and surrounding area. Professional service.

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07562 136619
FOR A QUOTE



Christmas 2023 plans are underway!

Last Christmas's decorations are barely back in the box and our committee's focus is already on how to fundraise for the 2023 season. A small committee with big ideas! Due to the current economy, fundraising per year needs to average at least £17,000 to ensure a successful project, and we were delighted to have fulfilled our community promise to you in 2022 for our 5th year!

Going into our 6th year we have many dates already in our fundraising calendar including a Spring Fayre (new for 2023), quiz nights, carnival stall, canteens at the Elm Court car boot sale and a Christmas Fayre in the festive season.

We thank our local town councillors for their financial contributions as well as support from Hertsmeire Borough Council via a community grant and county councillor support. Every donation and act of support is important to our project.

We are hosting our first Spring Fayre on Sunday 26th March 2023, at Elm Court from 11am–3pm (50p entry for adults). We are excited to help showcase over 30 local small businesses offering a wide variety of products for sale including some Easter gifts and edibles. Refreshments will be available to purchase on the day. We hope you will join us and enjoy local hospitality.

With all projects we need your support. We need support fundraising, and we need volunteers with us at events serving tea, talking to the community, and helping us set up and pack up events. If you have some free time and would like to get involved in our project please send us an email christmasinpottersbar@gmail.com.

To keep up-to-date with events throughout the year (which are always great fun!) follow us on Facebook at [facebook.com/christmasinpottersbar](https://www.facebook.com/christmasinpottersbar).

Lynette Sullivan

Chair, Christmas in Potters Bar

The Potters Bar Society Walks Programme to May 2023



If you are interested in furthering your knowledge and understanding of the local environment, then these walks should appeal. Non-members are welcome but please make sure you know the protocol and walks rules. You join all the walks at your own risk.

In the event of adverse weather, please telephone the walks leader as the walk may have to be cancelled. In case of emergency, please carry with you contact details (which can easily be found) including details of any medications and allergies that paramedics would need to make note of. All walks start at 1.30pm.

Sunday 12th March

Meet: Outside Iceland, 126 High Street, Barnet (EN5 5XQ). Park in Hadley Green area and walk down High Street in direction of church. *Route:* Hadley and High Barnet historical walk. About 3 miles. *Leader:* 01707 655732.

Sunday 26th March

Meet: Public car park, Colney Heath High Street, next to primary school. *Route:* Footpaths to Sleafshyde and Wilkins Green returning via Roundhouse Farm. NB A414 has to be crossed twice by safe central reservations. About 4.5–5 miles. *Leader:* 01707 654993.

Sunday 9th April

Meet: Meet Strayfield Road junction with Clay Hill, by St John the Baptist Church. *Route:* Flash Lane through Whitewebbs to King and Tinker PH. Cross M25 to Theobalds Manor, New River, returning to Whitewebbs Lane then south to Hilly Fields and return to Strayfield Road. About 5.9 miles. *Leader:* 01707 851498.

Sunday 23rd April

Meet: Outside Black Horse Pub, Blackhorse Lane, South Mimms, EN6 3PS. *Route:* Walk towards Ridge on footpaths through fields and then drop down to St Catherine's Farm and Wood towards Rabley Park. Return to South Mimms through the valley where a surprise monument lies hidden. About 4.5 miles. *Leader:* 07926 314877.

Sunday 7th May

Meet: Riverside Way Car Park, Drop Lane, off Smug Oak Lane, Colney Street. *Route:* Parts of the Ver – Colne Valley Walk. About 4.5 miles. *Leader:* 01707 851498.

Sunday 21st May

Meet: Leaside at Dollis Brook End, EN5 2PE. *Route:* Follow the London Loop footpath towards the top of Totteridge Lane and across fields to Mill Hill. Drop back through the valley and then up over the Long Ponds before descending with views over Barnet. About 5.3 miles. *Leader:* 07926 314877.

Any changes to the programme and details of later walks may be accessed on the Society's website www.pbsoc.org.uk. We are looking for new walks leaders to ensure the continuation of the programme. If you can help, please ring 01707 643832.

Registered Charity 1087470



An Evening with David O'Leary

Tuesday 21st March, 8pm
Tickets VIP £49.50, £21.50

The Fureys

Thursday 30th March, 7.30pm
Tickets £25

The Cavern Beatles

Friday 31st March, 7.30pm
Tickets £28

Hitmakers of the 60s

Saturday 1st April, 7.30pm
Tickets £28

An Evening of Magic with Richard Jones


Sun 23rd April, 7pm
Tickets £23, Children £20,
Family of 4 £75

Thank ABBA For the Music

Saturday 29th April, 7.30pm
Tickets £27, Groups £25 (10+)

WYLLYOTTS BOX OFFICE 01707 645005
Potters Bar, HERTS
FOR FULL AND FILM LISTINGS wyllyottstheatre.co.uk

GREEN ROOM presents
the outrageously amazing high-kicking musical



BOOK BY HARVEY FIERSTEIN
MUSIC AND LYRICS BY CYNDI LAUPER

ORIGINAL BROADWAY PRODUCTION
DIRECTED AND CHOREOGRAPHED BY
JERRY MITCHELL

BASED ON THE MIRAMAX MOTION PICTURE
KINKY BOOTS WRITTEN BY
GEOFF DEANE AND TIM FIRTH

Tuesday 2nd to
Saturday 6th May 2023

Evenings at 7.30pm
Saturday Matinee at 3.00pm
BSL Interpreted Performance
Saturday Evening

WYLLYOTTS THEATRE
Potters Bar, EN6 2HN

This amateur production is presented by arrangement with Music Theatre International (Europe).
All authorised performance materials are also supplied by MTI Europe www.mtishows.co.uk

www.wyllyottstheatre.co.uk 01707645005

LOCAL ORGANISATIONS

ANIMALS

DOG TRAINING – HOME FARM Classes Tue, Wed and Fri. Obedience and socialisation. All levels welcome. One-one also. 275322.

RSPB POTTERS BAR AND BARNET LOCAL GROUP* Illustrated talks, Fri, 7.30pm. Our Lady and St Vincent Church, Mutton Lane, EN6 2AT. RSPB members £5, others £5.50. Wed at St John's URC Hall, New Barnet, 2pm. RSPB members £4.50, others £5. Also regular coach outings to nature reserves, check website for details. www.group.rspb.org.uk/pottersbarandbarnet or tel 01707 652836.

RSPCA* Friends of Southridge Animal Rescue and Re-homing Centre, Packhorse Lane, Ridge.

ART

ART IN HERTS Weekly, Tue 7.30–10pm. Cranborne School, EN6 2BA. 650694.

CHILDREN'S FINE ART CLASSES Little Art School of Herts, Potters Bar. Ages 4–16. Tel 07907 802206.

CRAFT AND CHATTER Weekly, Mon (not during Aug). PB Baptist Church, 10.30am–12 noon. 707082.

CUFFLEY FLORAL ART CLUB* Monthly, 2nd Tue, 7 for 7.30pm. Cuffley Hall, Maynards Place, EN6 4JA. Please contact Val for further info 01707 889447.

INTERIOR DESIGN COURSES For beginners. Potters Bar. Mon 10am–1pm. 07907 802206.

BABY and TODDLER GROUPS

BABY COLLEGE Fun development classes at Methodist Church Wed mornings, three age categories, £8.95. Contact heather@babycollege.co.uk for info.

BABY RHYME TIME Every Tue 11–11.30am, Oakmere Library. No need to book.

BABY SENSORY CLASS Multi award winning early learning and development programme designed for babies from birth–13 months, Mon to Wed. www.babysensory.com/babysensorybarnet/home#TimeTable.

TODDLER SENSE From 12 months–4 years Fri. Next Generation Fitness, Mount Grace Road. Booking required. www.toddlersense.com/barnet/home#TimeTable. Contact Vicky 07837 935820.

CHARLIE'S ANGELS Weekly on Wed in term-time, 1.30–3pm. For toddlers and their parents, grandparents and carers. King Charles the Martyr Church Hall. No charge, but donations welcome. 01707 665579.

COFFEE POTS AND TINY TOTS St Mary's Church, North Mymms, AL9 7TN. Meet once a fortnight on Wed, school term-times only, 10–11.30am in St Michael's Room. Playtime, singing, crafts, storytime, drinks and chats. northmymmschurch@btinternet.com or 01727 825578.

LITTLE ELMS MONTESSORI NURSERY Popular OUTSTANDING Montessori and Forestry Nursery at Elm Court. Ages 2–5, term-time Mon–Fri. Gemma 07444 744850 or www.little-elms.co.uk for more info. Funded hours available.

MOTHER AND TODDLER GROUP Wed 1.45–3.15pm. School Hall, Essenden.

MUM AND BABY FITNESS CLASS Tue 10.15–11am, St Mary's, The Walk. 1st class free. Contact Jade on 07728 325888 or jade.suryani@gmail.com.

MUSIC BUGS ST ALBANS AND SOUTH HERTS Parent and toddler classes. Newborn to 5 years. Wed 10am and 11am Wyllyotts Centre. 07961 778349 or stalbins@musicbugs.co.uk.

PARENT AND TODDLER GROUP Weekly, term-time, Tue 10–11.30am. Causeway Community Church. 660021.

STORYTIME FOR TODDLERS Every Thu 11–11.30am Oakmere Library. No need to book.

TINY TALK BABY SINGING CLASSES Tue 1.30pm Clayton Centre, Barnet Road, PB. New born to age 2. Cost £9. Book in advance jennylittlewood@tinytalk.co.uk.

CHURCHES TOGETHER

Co-ordination organisation for local churches. For info and details of individual churches visit www.ctpb.org.uk.

CHURCHES – Café

COFFEE MORNING PB Baptist Church. Every Fri at 10.30am. Pam 07721 665187.

COMMUNITY CAFÉ at KCM Weekly on Thu. King Charles the Martyr Church Hall, 10.45am–1.30pm. Coffee and light lunches served. 01707 665579.

CHARITY LUNCHES – URC Darkes Lane, 1st Fri in month, 1pm. £5 per person. Please come and join us. 665482.

LIFE CAFÉ Thu and Fri 9am–12 noon. Profits to various charities. Life Church – Cuffley. 876060.

LOAVES AND FISHES CAFÉ Weekly, Wed. Christchurch, Little Heath, 8.45am–12 noon. All welcome 662460 or www.cclh.org.uk.

OASIS CAFÉ St Mary's Church, North Mymms, AL9 7TN. From 2–4pm every 2nd Wed each month.

DANCE

ANGIE'S DANCE ACADEMY Weekly classes. Children and adults (Disco/Street), Latin American and line dancing. 07773 341490.

ADULT BALLET, JAZZ AND TAP CLASS Weekly classes. Parkwood Health and Leisure Centre, Darkes Lane. Suzanne 07904 771980.

LIZZIE MEEKS SCHOOL OF DANCE Ballet, Tap, Jazz, Contemporary, Hip Hop and Street Dance. Adult's and children's classes Mon to Fri. 07887 567713 or info@lizziemeksschoolofdance.com.

NICK'S DANCE SCHOOL BALLROOM AND LATIN DANCING Weekly, Little Heath Parish Hall, Thornton Road, Potters Bar. Beginners Mon 6.45–7.45pm. Beginners Plus 7.45–8.45pm. Improvers 8.45–9.45pm. 07711 832070 or www.nicksdanceschool.com.

BALLROOM SOCIAL DANCE Welham Green, North Mymms Memorial Hall, Station Road, Welham Green, AL9 7PG. Every Wed evening 8–10pm. Tea at 9pm. Ballroom, Latin and Sequence. Entry £5. For more info 01707 264154 or 07811 889003.

BALLROOM SOCIAL/PRACTICE

DANCE FOR COUPLES with Nick's Dance School Welham Green, North Mymms Memorial Hall, Station Road, Welham Green, AL9 7PG. Every Fri evening 8–10pm. Refreshments provided. Ballroom and Latin. Entry £12 per couple. For more info 07711 832070 or 020 8133 9142.

FOOTLOOSE ROCKS – ROCK AND ROLL DANCE Mon 615–815pm. Elm Court. Call Polly 07791 243848.

FOOTLOOSE STROLLING Fri 1.30–3.30pm, Elm Court. Call Polly 07791 243848.

FRIDAY FOLK Social folk dancing club Fri, 7.45–10pm. St Albans. www.fridayfolk.org.uk.

LINE DANCING Mon 2–4pm at King Charles the Martyr. Improver to Intermediate. Alison Metelnick 07967 964962.

LINE DANCE WITH STEPPIN' TIME Weekly, Mon and Thu. Welham Green. Improver to advanced level. 655866.

LINE DANCING Wed 1.45–3.30pm. Beginner and improver level. King Charles the Martyr. 859578.

MOUNTVIEW DANCE SCHOOL ISTD Cecchetti ballet classes from 3+ years at St John's Church Hall, Baker Street, for boys and girls. Weekly Mon and Sat classes with regular examinations. la_christian@fiscali.co.uk or www.mountviewdanceschool.co.uk.

SCOTTISH COUNTRY DANCING – HERTSMERE REEL CLUB Tilbury Hall, Darkes Lane, 7–10pm. Monthly usually 3rd Sat, Oct to Jul, check with Secretary. Members £8, non members £10 at the door. Secretary Margaret King 020 8440 3236 or margaret.king4@hotmail.co.uk.

TEA DANCE First Sat in the month. Starts 2–4pm. Tea at 3pm. Ballroom, Latin, Sequence, some Line. Contact Russel on 01707 264154. Entry £7 per person.

WAGGONERS SQUARE DANCE CLUB Weekly, Mon 7.30–10pm at St Joseph's in the Park School Hall, Hertingfordbury. Janet 01992 441083.

EDUCATIONAL

COMPUTERS AND A CUPPA Weekly, 1st and 3rd Mon of each month. Wyllyotts Cafe, 10.30am–12.30pm. Helping older people to use their IT devices. Free.

FIRST CLASS LEARNING MATHS AND ENGLISH Ages 5–16, weekly, Sat 10am–1pm, Thu 4–5pm. St Mary's Church Hall. Tim and Caroline 07708 655554 or www.firstclasslearning.co.uk/potters-bar.

KUMON MATHS AND ENGLISH Ages 4–18. Mon 3.15–5pm and Thu 3.15–5.30pm at Elm Court. Sheena 643588.

UNIVERSITY OF THE THIRD AGE – PB U3A Over 600 members and 50 interest groups for recreation and study for those not in full time employment. pbu3a.org.uk or 07544 263356.

FITNESS

EXERCISE, MOVEMENT AND DANCE TO MUSIC A different exercise and movement to music class created each week just for you. Wed 2.15–3.45pm Elm Court. Call or text 07949 055958, email exercisewithtracy@gmail.com or www.exercisewithtracy.co.uk.

FUN DANCE FIT LO Weekly St Mary's Church Hall, The Walk. Mon 10.30–11.45am. 07711 832070 or www.nicksdanceschool.com.

FITNESS CLASSES in LBPT Private Gym, The Walk, Potters Bar. Mon and Wed evenings at 7.45pm. Book 07403 625771. Suitable for all levels and abilities.

HATHA YOGA CLASSES Group classes, suitable for all levels. Weekday and evening sessions in Potters Bar and surrounding areas (Cuffley, South Mymms and Ridge). Info and bookings www.helencooperyoga.com or 07740 823230.

MENO MOVES DANCE FITNESS Weekly, North Mymms Memorial Hall, Welham Green, Tue 6–7pm. 07711 832070 or www.nicksdanceschool.com.

MEN'S FITNESS GROUP FOR OVER 50s All levels of fitness and abilities welcome. Tue and Fri 10–11am at King Charles the Martyr Church Hall.

MOVES FITNESS Weekly, Mon. St Mary's Church Hall, 7.30–8.30pm. Aerobic Dance Exercise. All fitness levels welcome. Bring mat or towel. 07733 173559.

POSITIVE MOVEMENT EXERCISE CLASS Tue 10.30am–12 noon, Clayton Centre. Positive for older people, carers, people at risk of falls. 01462 678804.

SIMPLY STRETCH (Flexibility and Strength) Weekly North Mymms Memorial Hall, Welham Green. Tue 7.10–7.45pm. 07711 832070 or www.nicksdanceschool.com.

SENIOR FITZENS YOGA Mon 11.45am–12.45pm. Elm Court. Call Matt 07974 340685.

YOGA CLASSES Weekly, Mon 10am, Wed 10am, Fri 9.45am, Wayside. Contact Jade 07976 743189.

YOGA CLASSES Mixed Ability Hatha Yoga Mon 9.45–11am. Gentle Hatha Yoga Fri 10–11.15am. All classes £10, please book. Further details on www.energyhealingyogini.co.uk or call Feride on 07538 778844.

ZUMBA GOLD Mon 6.15pm. North Mymms Memorial Hall, Welham Green. Wed 10.45am Elm Court. Sat 9.30am Little Heath Parish Hall. Sue Purdie 07956 338561.

GAMES

BRIDGE CLUB – LITTLE HEATH (duplicate) Tue 7pm in Parish Hall. Aileen 652343 or Peter 851010.

BRIDGE CLUB Thu 10am–1pm. Little Heath Parish Hall. Playing Chicago Bridge. Peter Ashley 852304.

BRIDGE CLUB – CHICAGO Mon 7.15–9.30pm at Wyllyotts Centre. Nick 07879 580447.

LOCAL ORGANISATIONS

LITTLE HEATH CHESS CLUB Juniors – Thu 5.45–7.15pm. Adult players welcome for matches. Chris 851455.

WHIST DRIVE 1st Fri, monthly. Village Hall, Northaw, 7 for 7.45pm. 651682.

HEALTH

ALCOHOLICS-ANONYMOUS Frequent meetings in Potters Bar and local area. Call 0800 9177650 or email help@aamail.org.

BARNET AND DISTRICT CANCER LINK Drop In Centre – weekly, Wed 1–3pm. Union Street, Barnet. For cancer patients, families and friends. 656806 or 07783 069110.

CARERS IN HERTFORDSHIRE Contact 01992 586969 for info.

CHERRY LODGE CANCER CARE Contact Tina on 020 8441 7000 for more info.

CIRCLE FOR THE BLIND AND PARTIALLY SIGHTED (PB THEATRE COMPANY) Dress rehearsals for shows and quarterly evening socials at Furzeffield Court. Evenings. 657194.

DEMENTIA SUPPORT – HERTSWISE Every Thu, 2–4pm, St John's Church, Baker Street, PB. For people living with dementia. low level memory loss or mild cognitive impairment, and their friends, family and carers. £5 contribution. Carers welcome at no extra charge. 0300 123 4044 for info.

DEMENTIA FRIENDLY WORSHIP First Mon of every month at 2pm, held at Our Lady and St Vincent Church, Mutton Lane.

HEART THROBS EXERCISE AND SUPPORT GROUP 10am and 11am Mon, Wed and Fri at Holtwhites Club, 1 Kirkland Road, EN2 0RN. 5pm Mon at St Stephen's Church Hall, Village Road, EN1 2EU. 10am Tue and Thu "at home" via Zoom. Contact 07938 926772 or www.heartthrobs.org.uk.

HERTS MUSICAL MEMORIES PB GROUP Most Wed, 2–3.30pm. St John's Methodist Church, Baker Street, EN6 2DZ. Contact Kerry or Emma 020 8950 5757 or email admin@hertsmusicalmemories.org.uk.

HERTS MIND NETWORK Tue fortnightly, 11am–1pm, Memory Support Group, appointment only £1, Goodacre Court, EN6 5AZ. Tue weekly, 9am–5pm, Peer Support, appointment only, Maple House, EN6 5BS. Contact 020 3727 3600.

MIND DROP-IN GROUP Weekly, Tue 1–4pm. Cricket Club, The Walk. 659455.

HERTS VISION LOSS The Woodside Centre, The Commons, Welwyn Garden City, AL7 4SE. Sight Line 01707 324680, office@hertsvisionloss.org.uk or www.hertsvisionloss.org.uk.

PEACE HOSPICE CARE OUTREACH HUB Drop in group to meet others living with or caring for someone with a life-limiting illness. 10am–12 noon at Elm Court 2nd Thu each month. www.peacehospicecare.org.uk.

YOGA FOR MENTAL WELLBEING Specialise in yoga for mental wellbeing, to help reduce stress, anxiety, trauma, PTSD, depression, fatigue or burn out. Info and bookings www.helencooperyoga.com or 07740 823230.

HOBBIES

BARNET AND DISTRICT PHILATELIC SOCIETY Mon 8pm. Twice monthly. St John's Church Hall, Mowbray Road, New Barnet. Sep to Jun. www.barnetphilatelic.org.uk.

CAKE DECORATING Potters Bar Sugar Art Club. Monthly, 1st Mon 7.30pm. Furzeffield Court, Mutton Lane. Jackie 850432.

COIN COLLECTORS Interested in forming a Club covering Herts and North London? Contact William Braithwaite 643153.

MERLIN MAGICAL SOCIETY Fortnightly, Thu 7.45pm. Little Heath Parish Hall, including beginners. John Clayton 07931 525399.

NORTH MYMMS HORTICULTURAL SOCIETY North Mymms Youth and Community Centre, Station Road, Welham Green. Adrian 885430.

PB AND DISTRICT HISTORICAL SOCIETY Meetings at PB United Reformed Church, Darkes Lane. 8pm. Please come and join us. Visitors £1. Info from Mabel Hammett 07966 018105 or roymabel67@gmail.com.

PB AND DISTRICT HORTICULTURAL SOCIETY* Monthly, Feb to Dec. 1st Wed 8–10pm. Elm Court. Members £2, visitors £3. 651372.

PB AND DISTRICT PHOTOGRAPHIC SOCIETY Weekly, Mon 7.30pm for 8pm. Wyllyotts Centre. Any standard welcome. 01438 832504.

PB ALLOTMENT ASSOCIATION Visit Highview Gardens site, Sun (Nov to Apr) 10–11.30am (May to Oct) 09.30am–12 noon. email Allie.pbaa@outlook.com.

PB FILMMAKERS* Alternate Thu, 7pm at the Wyllyotts Centre. 656446 or 659888. There are no meetings in Jan or Aug.

PB MUSEUM: Sat 11am–1pm, Tue and Wed 2.30–4.30pm, at Wyllyotts. Contact 654179, guffins053@gmail.com or www.pottersbarmuseum.org.uk.

MUSIC

ATTIC ORCHESTRA For those who wish to resume playing. Mel on melroot@hotmail.com.

BAY JAZZ CLUB 1st and 3rd Tue, 12.30–3pm. Botany Bay Cricket Club, East Lodge Lane, Enfield. Live Traditional Jazz. Licensed Bar. Stephen 020 8363 0838.

JAZZ – GOOGLIES JAZZ CLUB Live Jazz every Thu at Googlies Jazz Supper Club 7.30pm. Botany Bay Cricket Club, East Lodge Lane, EN2 8AS. A reservation for entry or meals is required and email googliesjazz@btinternet.com or John 020 8350 3541, £10–12. www.googliesjazz.co.uk.

COMMUNITY CHOIR Weekly, Thu. Wyllyotts Theatre, 7–9pm. For info Joy 655464.

HERTS PHILHARMONIA ORCHESTRA Thu evenings at Welwyn Garden City, for experienced orchestra players. info@hertphil.org.uk or 01727 857827.

HERTFORDSHIRE SHOWBAND Weekly, Mon. Mount Grace School. Junior Band, 7pm. Showband 7.45pm. 07802 258655.

PB CHORAL SOCIETY* Weekly rehearsals, Tue 7.45pm. St Mary's Hall, The Walk. Experience not essential. 642393, info@pbchoral.org or www.pbchoral.org.

PB COMMUNITY MUSIC SCHOOL Sat from 8.30–11.30am at Mount Grace School. 6 orchestras, singing and individual woodwind lessons. www.pbcms.org.uk. Also available "Da Capo": a small chamber orchestra for adults of all standards. 9.45–10.30am on Sat. admin@pbcms.org.uk.

PB TOWN BAND Weekly rehearsals, Fri 8–10pm. Goffs Oak Methodist Church. Traditional brass band. 07970 448661.

PHOENIX CONCERT BAND Rehearsals weekly, Thu. Fair Field Junior School, Radlett, 8–10pm. 642976.

RADLETT MUSIC CLUB 6 concerts per season, Oct to Apr. Radlett Centre, 8pm. Online booking www.radlettcentre.co.uk.

PB MUSIC CENTRE Weekly, Sat in term-time, 8.30am–1pm. Dame Alice Owen's School. Individual instrumental lessons and group activities. pottersbarmusicenquiries@hertfordshire.gov.uk or www.hertsmusicservice.org.uk.

OUTDOOR

BARNET LIVING STREETS focuses on walking routes within the London Borough of Barnet out into Hertfordshire, towards Borehamwood, Potters Bar and South Mimms. Barnetgroup@livingstreets.org.uk.

BARNET WALKS* Guided walks. £9 (£4 under 12s). Contact Paul for more info on 07506 761294.

FIR AND POND WOODS NATURE RESERVE – HERTS AND MIDDLESEX WILDLIFE TRUST Monthly, usually 2nd Sun, 10am–1pm. Meet layby in Coopers Lane Road, EN6 4DG. Help maintain this nature reserve, tools provided, bring drink, gardening gloves, and good footwear. Phone John 01707 652836.

GOBIONS WOOD NATURE RESERVE OF HERTS AND MIDDLESEX WILDLIFE TRUST For info contact 01727 858901.

HERTSMERE HEALTH WALKS Gentle and moderate walks for all. Further info on www.hertfordshirehealthwalks.co.uk.

NORTH LONDON OUTDOOR GROUP Weekends away, day and evening walks. 2nd Tue 8.15pm at Discovery Hall, Stevenson Close, New Barnet. www.northlondonoutdoorgroup.org.

NORTHAW GREAT WOOD Working parties every Fri at 9.30am and first Sun each month. Meet wood car park. 07850 233854.

PB RAMBLING CLUB Weekly, Wed and alternate Sun 10.30am. Meet start of walk. For info contact Jean on 01727 824009 or visit www.pbr.org.uk.

PB SOCIETY WALKS* Fortnightly, Sun afternoon walks along local rights of way. www.pbsoc.org.uk.

SOCIAL

BINGO Weekly, every Thu from 8pm at the Royal British Legion, Potters Bar Branch. rbl.pottersbar@gmail.com.

BINGO Weekly, Mon. South Mimms Youth and Community Association, Village Hall, 7.20pm. 651700/647822.

BARNET PLUS Fun social events for ages 30–65. Sat, Sun and weekdays. www.barnetplus.com or 07890 765835.

BROOKMANS PARK WI 3rd Mon, 10.30am, Brookmans Park URC Hall. Visitors welcome. 01582 834010.

BURMA STAR St Albans branch. Monthly, 2nd Mon 11am. British Legion Club, Verulam Road, St Albans. For ex-servicemen with Burma Star. 020 8207 1247.

CUFFLEY OVER 50's CLUB Wed 2–5pm. Cuffley Youth and Community Centre. Art, snooker, table-tennis, Scrabble, etc. John 875589.

ENFIELD NATIONAL TRUST ASSOCIATION Contact Pam 650969.

FIFTY PLUS* Wide range of activities, events, trips and courses. Not exclusive to 50 and over. 645005.

FURZEFFIELD WI Monthly, 4th Tue at 2.30pm at the Wyllyotts Centre. Visitors very welcome. Phone Sue 659886 for more details.

MITRE CLUB Monthly 1st Tue. For retired professionals and businessmen. Best Western Homestead Court Hotel, Welwyn Garden City. 01707 656912.

NORTH LONDON AND DISTRICT SOCIAL CLUB FOR THE UNATTACHED Weekly, Wed 8–11pm. Cheshunt Sports Club. Dancing suitable for over 55s. Richard 01992 639344.

NORTHAW WI Monthly, 1st Tue 7.30pm, Northaw Village Hall. 020 8360 9729.

OAKMERE WI Monthly, 2nd Thu at 2.30pm. Christ Church, Little Heath Hall. Details Pauline Baycroft; 650076 or pitstoppauline@btinternet.com.

OLD FOLKS WELCOME CLUB Weekly, Mon 2–4pm. Sixty Plus Centre, Wyllyotts. 653650.

PB CARNIVAL Visit www.pottersbarcarnival.co.uk or contact pottersbarcarnival@gmail.com.

PB GEMS WI 2nd Wed at 7pm. Wyllyotts Theatre. Contact info.pottersbarwi@gmail.com.

PB NATIONAL WOMENS REGISTER – TUESDAY GROUP Weekly, 8pm in members' homes. Discussions, quizzes and outings. 659903.

PB TOWN TWINNING ASSOCIATION Visits to and from Franconville and Viernheim. cpd1a@yahoo.co.uk.

PB ROTARY CLUB Meet twice a month, second Tue 12.30pm, last Tue 7.30pm at The Woodman Inn, Warrenage Road, AL9 7TT, enquiry@pottersbarrotary.org.uk.

ROYAL BRITISH LEGION POTTERS BAR Contact rbl.pottersbar@gmail.com or 07512 589 918.

ROTARY CLUB OF BROOKMANS PARK Weekly, Tue 7.30pm for 8pm at The Woodman Inn, North Mymms. enquiries@brookmsparkrotary.org.uk.

SIXTY PLUS LUNCHEON CLUB* Weekdays, 10am–1pm. Minibus transport available. 643602.

PB 41 CLUB Monthly. For ex-Round Tables. 1st Wed 7.15pm. 851445.

LOCAL ORGANISATIONS

WEDNESDAY COMMUNITY CLUB* Wed 2–4pm. PB Baptist Church. Vera 651470.

SPORT – Indoor

BADMINTON Weekly, Fri. Owen's School, 8–10pm. Age 17+ intermediate upwards. 264007.

BADMINTON CLUB Little Heath Church Hall, Thu 7.30pm. All abilities welcome. 657812.

BADMINTON CLUB (Friern) Friendly club for intermediate players. Owen's School, Wed 8pm. richard.szymczak@corderoy.com.

BADMINTON LADIES Weekly, Wed 2–4pm. Christ Church, Little Heath. Friendly, social group. 650040.

OAKLANDS BADMINTON CLUB Weekly, Tue 8–10pm. Dame Alice Owen's School. 5 courts. Yvonne 642328.

BARRACUDA SWIMMING CLUB Weekly, Sun. Furzeffield Centre, 11.30am–12.30pm. Helps all ages with disabilities to be safe in the water. Sylvia 643198 or secretary.barracuda.sc@hotmail.co.uk.

GENERATION PLUS (formerly 50+) Sporting and social activities for older adults and those new to exercise, etc. Wide range of activities (eg keep fit, Pilates, table tennis, pickleball at local venues. Visit www.inspireall.com/generation-plus for details.

PB GYMNASTICS CLUB Recreational (ages 4–12). Mon 5.15pm, Furzeffield Centre. Squad training ages 6–13, Tue, Thu and Fri evenings 5.30pm, and Sat 9am Chancellor's School. 01923 855598.

PB LIFESAVING CLUB Weekly, Tue, Rookie Lifeguard, (children under 12) 7–8pm. Survive and Save (children 12 and over) 8–9pm Furzeffield Centre, 020 8440 3346.

SNOOKER The Kidston Inst, Northaw. Membership fee £20 per annum. £1 per hour. 07725 430244.

TABLE TENNIS At The Kidston Inst, Northaw. Membership fees £20 per annum. £3 per match. Teams of varying standards. 07725 430244.

TABLE TENNIS Barnet Lane, EN6 2DN. www.bttc.co.uk or 020 8449 7845. Non-members welcome.

TABLE TENNIS CLUB Weekly, Wed, Thu and Fri matches only at Potters Bar Free Church, Mimms Hall Road, Barnet. Shaw and North Middlesex Leagues. 852422.

SWIFTS JUNIOR BADMINTON Weekly, Fri, term-time. Hatfield Leisure Centre, 6–9.30pm, ages 5–18. Beginners to county standard. 01707 550476.

SPORT – Outdoor

BOTANY BAY PETANQUE CLUB Weekly, Sun 10.30am–2pm. Botany Bay Cricket Club. Try the French game of Boules. 653325.

BROOKMANS PARK TENNIS CLUB Golf Club Road, Brookmans Park. 6 courts with floodlights. Suit all abilities. 644926.

CROQUET CLUB Tue, Thu, Sat and Sun, from 2.30pm. Bush Hill Park, Enfield. Coaching given. 020 8366 6005.

ELIZABETH ALLEN FOOTBALL CLUB Weekly, Sat pm. Old Owen's, Coopers Lane Road, EN6 4NE. 852422.

GENERATION PLUS (formerly 50+)

Sporting and social activities for older adults and those new to exercise, etc. Wide range of activities (eg walking football and netball, croquet). Visit www.generation-plus.com for details.

PB HOCKEY CLUB Ladies, men and junior hockey. Ed 07763 929462.

NETBALL CLUB Cheshunt Youth. Thu evenings at Wormley. Various leagues. Adults also. Chloe 873676.

NORTH MYMMS BOWLS CLUB Dellsome Lane, Welham Green. 01707 645320.

NORTHAW AND CUFFLEY BOWLS CLUB King George V Playing Fields, Northaw Road East, Cuffley. 876262.

OLD OWENS CRICKET CLUB Coopers Lane, Potters Bar. Herts Saracen League. 07904 194295 or 020 8819 6638.

PB PÉTANQUE PLAYERS Tue from 2pm, Sun from 10am new/all ability players welcome. The Pétanque area is behind the Harvester pub garden, High Street. Pay and display car park at Oakmere Park. Jane Larmour 01707 266517 or www.pottersbarpetanque.co.uk.

PB TENNIS CLUB The Walk. 6 Astroturf courts all with floodlights. Membership enquiries to Sue Vallance 01707 645909. www.clubspark.lta.org.uk/pottersbartennisclub.

PB TOWN FOOTBALL CLUB Parkfield. Matches Sat 3pm. Some Sun and midweek. Training Tue and Thu, 7.30pm. 07833 632965.

PB BOWLS CLUB The Walk. 660336 or email club@pottersbar-bc.com.

PB CRICKET CLUB The Walk. New members welcome. 654801.

PB CRUSADERS SPORTS AND SOCIAL CLUB Members Club. See www.pbcrusaders.org.uk for opening times. Club Steward 07754 027821.

PB CRUSADERS YOUTH FOOTBALL Football for boys and girls aged 4–18. Email Dan Pbcboysfc@yahoo.com.

PB UNITED FOOTBALL CLUB Training weekly. 5–16 years, Boys and girls. Phone for times and venues. 850377.

SAPPHIRE SKATERS Sat 9–10am and 10–11am, Tue 5.30–6.30pm, Elm Court. sapphireskaters@gmail.com or fb:SapphireSkaters

SKATING – INLINE SKATER HOCKEY Weekly, Thu 6–7.15pm, Sat 12 noon–1pm. Learn to skate as well as skater hockey. For ages 5–18. Hatfield Leisure Centre. bwcrusaders@hotmail.co.uk.

SPORT – Martial Arts

BUSHI SEISHIN RYU (Martial Arts) Weekly, Fri. Kidston Inst, Northaw Road West, Northaw, 7.30–9.30pm. 642354.

CHI KUNG CLASS Weekly, Mon 6.30–7.30pm. North Mymms Social Club, Welham Green. Sat 11am–12 noon at PB Health Club. Organised by 'Just Standing'. 272255.

PB KARATE CLUB Mon at Dame Alice Owen's at 6pm. All ages. Cranborne School Breakfast Club, Thu mornings. www.tiskakarate-pottersbar.co.uk.

KARATE, SELF DEFENCE AND FITNESS

Weekly, Wed, Furzeffield. Juniors 7–8pm. Adults 8–9pm. Sun adult and juniors 11am–12 noon. 07534 563456 or www.karate-masters.co.uk.

KARATE AND DEFENCE FOR YOUNG CHILDREN TO ADULT Sat, ages 2–7, 10.30–11.15am. Age 8+, 11.20am–12.25pm. 661544.

KARATE FOR ALL THE FAMILY Weekly, Sat. Oakmere Youth and Community Centre. Children 10.30–11.30am. Adults 11.45am–1pm. 852641.

NINTAI KARATE CLUB Weekly on Fri 7–8pm at Revive Fitness and Spa, Potters Bar Golf Club, Darkes Lane, Potters Bar, Herts EN6 1DE. Contact 07942 362000.

NORTHAW TAI CHI GROUP Weekly, Tue. Northaw School, Vineyards Road, 7.45–9pm. 642354.

PB SHOKOTAN KARATE CLUB Weekly, training Wed 7–8pm (ages 7–16). 8–9pm (adults). Furzeffield Centre. www.karatemasters.co.uk or 07534 563456.

SHOSHIN KARATE JITSU CLUB Weekly, Wed. DHC Potters Bar Health Club. 8–9.30pm. Beginners and all grades. 07734 294630.

TAI TSUNG KUNG FU Self Defence. Weekly, Tue. Oakmere Primary School, 7.30–9pm. 07968 162304.

THEATRE

CUFFLEY OPERATIC SOCIETY Amateur Musical Theatre rehearsals Tue and Thu. 2 shows a year May and Nov at Cuffley Hall. Jen 01707 872418.

CUFFLEY PLAYERS Amateur Dramatic Society. Rehearsals Mon and Thu. 2 plays a year Mar and Nov at Cuffley Hall. Fran 01707 872229 or 07811 437791. Email info@cuffleyplayers.co.uk.

ENFIELD LIGHT OPERATIC AND DRAMATIC SOCIETY Weekly, Tue and Fri 8pm. Drama group rehearse Winchmore Hill. Performs Wyllyotts. 2 musicals per year. 07711 316474.

GREEN ROOM PRODUCTIONS Rehearsals Mon at King Charles the Martyr Church Hall. Wed at Oakmere School. www.greenroomproductions.co.uk.

POTTERS BAR THEATRE COMPANY Rehearsals Tue and Fri at Chancellors School. info@pottersbartheatrecompany.co.uk.

RADLETT MUSICAL THEATRE COMPANY 3 performances per annum, for info visit www.rmtc.org.uk.

YOUTH

AIR TRAINING CORPS – 57 (PB) SQUADRON Weekly, Mon and Thu. Ingram Cadet Centre (opposite Fire Station). 7.15–9.30pm. Ages 13–18. oc.57@aircadets.org.

CAPITAL ARTS THEATRE SCHOOL Sun, 2–5.30pm, Wyllyotts Centre. Professional performances. capitalarts.org.uk or capitalarts@outlook.com.

GUIDES, BROWNIES AND RAINBOWS Potters Bar and Brookmans Park areas. www.girlguiding.org.uk/get-involved or Sue 850147.

HERTS YOUNG HOMELESS

nightstopherts@hyh.org.uk or 03333 202 384.

HOMELESS FOR HERTS YOUNG NIGHTSTOP call 03333 202 384 or nightstopherts@hyh.org.uk.

NORTH MYMMS YOUTH AND COMMUNITY CENTRE Station Road, Welham Green. 260198.

NORTH MYMMS YOUTH PROJECT Activities, trips and weekly meetings for youngsters ages 9–16. D of E for ages 14+. www.nmyouth.org.uk.

PB CHILDREN WITH SPECIAL NEEDS GROUP MONTHLY 2nd Wed 9.15–11am. Furzeffield Children's Centre. 859325.

SCOUTS, CUBS AND BEAVERS For info Peter 850147.

STAGECOACH THEATRE ARTS SCHOOL Weekly, Sat. Chancellor's School. Ages 4–18. Dance, drama and singing. 01582 713771.

TOP HAT STAGE SCHOOL Weekly, Fri. Elm Court. Ages 4–7. Dance (tap), drama and singing, 4.30–7.30pm. 01727 812666.

YOUTH CLUB PB Free Church, Mimms Hall Road. Ages 5–11. 6.15–7.30pm. 852422.

SERVICES FOR YOUNG PEOPLE Various youth projects, term-time at Elm Court. sfyp.hertsmere@hertfordshire.gov.uk.

MISCELLANEOUS

CAUSEWAY COMMUNITY CHURCH The Causeway, PB every Sun at 10.30am.

COUNTRYSIDE MANAGEMENT SERVICE Environment Department, County Hall, Pegs Lane, Hertford. 01923 588433.

GURDJIEFF STUDY AND MEDITATION GROUP Meets every few weeks. Info 654896.

HUMANISTS – NORTH LONDON GROUP Monthly, 3rd Thu. Ruth Winston House, Palmers Green. 653667.

ST JOHN AMBULANCE – PB DIVISION Weekly, Wed 8–10pm. The Walk. First aid training 664260. Room hire 656885.

WHITWEBBS MUSEUM OF TRANSPORT AND MODEL RAILWAY, ENFIELD, EN2 9HW Weekly, Tue from 10am–4pm. Last entry 3pm. Adults £9, children ages 5–12, £3. 020 8367 1898.

NATIONAL SPEEDWAY MUSEUM – Paradise Wildlife Park. Contact Alan Philpott 07939 287573.

NORTH LONDON AND MIDDLESEX MORRIS MINORS OWNER'S CLUB Meet at the Whitwebbs Museum every second Thu from 7.30pm. www.nlm-mmoc.org.uk.

NORTH MYMMS MEMORIAL HALL Station Road, Welham Green, AL9 7PG. 07948 310192 or www.northmymmsmemorialhall.co.uk.

PB SOCIETY Your local amenity, environmental, conservation and heritage group. Hon Sec Chris 651475 or www.pbsoc.org.uk.

Tell us about your event, meeting, activity and we will publicise it and give details of your organisation in the *Community News*. Contact: susan.weaver4@ntlworld.com

DOCTORS' SURGERY HOURS

1) ANNANDALE MEDICAL CENTRE AT THE ELMS

Tel: 01707 644451

Surgery Hours: 8.00am–6.30pm Monday to Friday

Test Results/Enquiries: between 2pm and 4pm Monday to Friday

2) HIGHVIEW MEDICAL CENTRE AT THE ELMS

Tel: 01707 871980

Surgery Hours: 8am–6pm Monday to Friday

Appointments: 01707 871980 (8am–6.30pm)

Enquiries: 01707 871980 (11am–3pm)

Results: 01707 871980 (11am–3pm)

Extended Hours: We offer 2 Saturday morning surgeries a month and late evening "after work" clinics every Monday.

For the latest information/updates visit our website www.highviewsurgery.co.uk or follow us on Facebook and Twitter.

3) PARKFIELD MEDICAL CENTRE

Tel: 01707 291041

Surgery Hours: 8am–6.30pm Monday to Friday

Test Results/Enquiries: 11am–2pm Monday to Friday

Extended Hours: Wednesday and Friday 7–8pm, Saturday fortnightly 8am–11.30am.

We have a newsletter available from the surgery or via our PPG. Events are also advertised on our Friends of Parkfield Facebook page. Please also visit our website www.parkfieldmedicalcentre.co.uk.

4) POTTERELLS MEDICAL CENTRE

Tel: 01707 273338

Surgery Hours: 8.30am–6.30pm Monday to Friday

Test Results/Enquiries: As above after 11am.

Extended Hours: For routine, non-emergency appointments. Every Monday and fourth Tuesday from 6.30–9pm and first and third Saturday 8.30–11am. Nurse-led Fast Track Service: Monday/Tuesday/Wednesday 9.30am–12 noon.

OUT OF HOURS SERVICE FOR ALL THE ABOVE SURGERIES

Local residents can arrange routine evening and weekend appointments – contact your surgery.

NHS 111 SERVICE

If you urgently need medical help or advice but it's not a life-threatening situation, call NHS on 111, at any time.

DENTIST

When you have an urgent dental problem and your dental surgery is closed, call 03000 333 224. Monday to Friday, 5pm–9am. All weekend and Bank Holidays.

Local A&E Services

BARNET: Wellhouse Lane, Barnet, EN5 3DJ Tel 020 8216 4600

LISTER: Coreys Mill Lane, Stevenage, SG1 4AB Tel 01438 314333

URGENT CARE – Minor Injuries and Illnesses

QE2: Howlands, Welwyn Garden City, AL7 4HQ Tel 01438 314333 8am to 10pm

CHASE FARM: The Ridgway, Enfield, EN2 8JL Tel 020 8375 1010 8am to 10pm

BARNET: Wellhouse Lane, Barnet, EN5 3DJ Tel 020 8216 4600 10am to 10pm



Office open every Wednesday 10am to 12.30pm

Hertsmere

Please call advice line **0800 144 8884**
Wyllotts Centre, Darkes Lane, EN6 2HN

Local Libraries

Oakmere

High Street, Potters Bar

Monday 1pm–6pm

Tuesday 10am–6pm

Wednesday CLOSED

Thursday 10am–6pm

Friday 1pm–6pm

Saturday 10am–5pm

Sunday CLOSED

Brookmans Park

Bradmore Green

Monday 2pm–5.30pm

Tuesday 2pm–5.30pm

Wednesday CLOSED

Thursday 2pm–5.30pm

Friday 2pm–5.30pm

Saturday 9.30am–12.30pm

Sunday CLOSED

For further information, visit your local library or call **0300 123 4049** and ask for appropriate library. **NB: Welwyn Garden City library is open on Sunday afternoons.**

Useful Numbers

Hertsmere Borough Council 020 8207 2277

Welwyn Hatfield Council 01707 357000

Hertfordshire Police Non-emergency 101 (national number) or 01707 354000

Herts Domestic Violence Helpline 0808 808 8088

Hertfordshire County Council 0300 123 4040

National Debt Line 0808 808 4000

Citizens Advice Consumer Helpline 0808 223 1133

Highways (including potholes, traffic light faults and streetlights) 0300 1234 047

Wasteaware 0300 1234 051

Affinity water leaks 0345 357 2407

Childline 0800 1111

Crime Stoppers Anonymous Line 0800 555 111

CAB Advice Line 0800 144 8884

Environmental Health

(1) Hertsmere: Pest Control 020 8207 2277

Noise (daytime) 020 8207 7435

(night) 0845 300 0021

(2) Welwyn Hatfield: Pest Control 03444 828 325

Noise 01707 357242

Potters Bar Hospital 01707 653286

NHS Direct (Nurse advice and health information) 111

RSPCA Local Branch (financial help if you claim benefits, on low income, OAPs) 07872 902710

www.rspca-pottersbarhatfieldandbarnet.org.uk

Samaritans (freecall 24 hours) 116 123