

Distributed in Potters Bar, Little Heath, South Mimms, Ridge, Northaw and Brookmans Park

Your Community News needs your help

The Community News is published on behalf of the community to provide a mixture of articles of local interest and useful factual information. It is run entirely by a team of volunteers.

Our sole source of income is advertising, which has to cover the cost of printing each issue and



maintaining our website. This has worked well over the years but, since the pandemic, we have seen that income drop and with print costs rising steeply there is a threat to the continued viability of our publication.

We have reluctantly decided that we should increase our advertising rates, which have remained static since 2004, by approximately 10% with effect from the Spring 2023 issue. We will hold the current rates for those advertisers booking a space for all three 2023 issues in advance.

It has been suggested in the past that we should make a small charge for entries in our *Local Organisations* section, but we have always felt that this service should be free. We do not want to introduce a charge as such but would like to invite the clubs and organisations included to consider making a voluntary donation of, say, £10 once a year.

Additionally, we would like to invite readers to become a '*Friend of the Community News*' by making a donation. This can be achieved via our 'Just Giving' page **www.justgiving.com/crowdfunding/pbcommunitynews** or by contacting Peter Weaver or John Connell, whose details are shown on page 2.

These are challenging times for everyone, and we realise that some individuals and clubs will not be in a position to donate in this way, but any such support will be greatly appreciated.

We've come a long way since the original 4 page black and white issue and are told that the *Community News* is valued – please help us to ensure that it can be maintained in a sustainable way.

John Connell Chairman

> FOR UP-TO-THE-MINUTE NEWS, PLEASE GO TO www.pottersbarcommunitynews.co.uk



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www.pottersbarcommunitynews.co.uk

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Potters Bar Community News

welcomes contributions for publication from individuals and community groups. Where there is a linked commercial, political or individual interest in items for publication, the managing committee reserves all editorial rights. *Potters Bar Community News* does not accept responsibility for the accuracy of information contained in published items or views expressed in those items.

News from the Editor

Welcome to our Winter/Christmas edition. For monetary reasons, which will be clear from the front page, this issue is restricted to 24 pages, but I am sure you will find many items of interest covering the local area.

For the first time, we have an 'advertorial' on page 5, covering the first novel published by former local solicitor, John Lawrance. We are pleased to include a feature on Potters Bar Museum, housed in the Wyllyotts Centre, highlighting the many attractions you can see there. Also, at Wyllyotts, Potters Bar Theatre Company, the local amateur dramatic society have two shows coming up as advertised on pages 18 and 19.

A fuller version of the Museum article and details of the Theatre Company shows can be viewed on our website under *'Latest News'*. This is a facility which we plan to use more frequently in the future in this situation, and for articles which arrive between printed issues. A current example is a report highlighting the achievement of former local resident, Isaac Kenyon, who helped to smash an indoor rowing record in support of National Autism Week.

Information regarding the ever-popular Christmas sleighs operated by the local Rotary Clubs is shown on pages 10 and 11, with more details available via the respective Club's websites.

Best wishes for Christmas and the New Year. John Connell

How to send articles

Email to **editor@pottersbarcommunitynews.co.uk**. Please keep articles to around 300 words or less, using plain text word. Handwritten or typed articles are also acceptable if you do not have access to a computer (contact John Connell on **01707 851445**). Photos, logos, etc should be sent as tif, bmp or jpg file.

How to supply adverts

Ring to book a space, bearing in mind that there is usually a waiting list. Artwork must be supplied in pdf or jpgs format, created at the specified size according to your booking. Advertisers are responsible for advising us of any alterations to adverts which have been previously published. Email to **advertising@pottersbarcommunitynews.co.uk**.

Sizes and prices of adverts

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Width		Height		
43.75mm	Х	50mm	=	£27
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92.50mm	Х	130mm	=	£100

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185mm	Х	130mm	=	£250

Website sponsorship

Price per issue = **£100–£150**

Deadline dates for next edition

Advertising 15th January for Spring issue Articles 1st February for Spring issue

Deliverers required by the Community News

With some of our volunteer deliverers retiring recently, we are looking for new recruits. The number of deliveries can be as many as you can manage and often involve your immediate vicinity. It's just 3 times a year, so if you feel you would like a bit of exercise, please contact either Peter Weaver or Peter Silverthorne (contact details on page 2).

Interested in volunteering?

Ever thought of giving some of your time to help others in the community? Also look here for items wanted by organisations; you may be able to help them.

If you are a local organisation or charity and are looking for volunteers or looking for items for your group, why not email me at

editor@pottersbarcommunitynews.co.uk?

Health Walks in Potters Bar -Volunteer Leaders required

We urgently need volunteers to help rebuild our walking group. We meet twice a week on Monday and Wednesday mornings. All walks start from Potters Bar Station and last about an hour. Full training will be given including First Aid by Hertfordshire Countryside Management Service. If you can spare a few hours, not necessarily every week, and are interested in joining our sociable group promoting health benefits through walking please contact Les on **01707 642972** or **07539 568649** for more information.

Communities 1st seeks Volunteer Drivers

Communities 1st is currently running various transportation services across the local community to help those who are vulnerable, or who would otherwise find it difficult to get from A to B.

In order to deliver our services, we are looking for more volunteer

drivers to join us and help achieve this. Whether you would like to volunteer under the Community Car Scheme or get involved and drive one of our minibuses, we would love to hear from you. We appreciate that everyone has their own commitments, but we would just like to emphasise that any help that can be given is always appreciated and makes a difference!

If you are interested in becoming a volunteer driver, please give us a call on **01727 649980** or visit our website for more information **www.communities1st.org.uk**.

Volunteers needed for Potters Bar Hospital

As the Friends of Potters Bar Community Hospital, we have been raising money to provide gifts and services for the hospital since 1952.

Our popular Refreshments Trolley Service for outpatients and staff has had an enforced break due to the pandemic. Now we have a green light to re-introduce it soon, we need to recruit a new team of volunteers.

For more information, please contact Anne on **01707 655231** or Jan on **01707 652018**.

Wool

Our thanks go to everyone who knits for us and supplies so many charities with their items. As always, we will be very grateful for any knitting wool. Should anyone wish to join our group they would be most welcome. We meet at St Mary's Church in The Walk, on the last Tuesday in each month, apart from August and December.

Sheila Moule - 01707 651650



Churches Together in Potters Bar Christmas 2022

Christ Church Little Heath (CE) Sunday 4th December 10am Christingle Sunday 18th December 6pm Carol Service Christmas Eve 4pm Carols by Candlelight (especially for children) 11.30pm Midnight Communion Christmas Day 10am Christmas Celebration

Contact the Church Office 01707 662460 churchadmin@cclh.org.uk

Evangelical Free Church Contact 01707 852422

King Charles the Martyr (CE)

Sunday 11th December 4pm Advent Carols Friday 16th December 5pm Guides Christingle Service Sunday 18th December 10.30am Messy Church Christingle Christmas Eve 4pm Crib Service 11.30pm Midnight Mass Christmas Day 10.30am Christmas Day Communion

Contact Church Office 01707 665579 office@kcm-church.org.uk

Our Lady & St Vincent (RC)

Tuesday 6th December 7pm Pope Paul School Advent Service Tuesday 13th December 7.30pm Advent Reconciliation Service Sunday 18th December 6pm Parish Carol Service Christmas Eve 5pm Vigil Mass of Christmas for families with young children 8.30pm Candle-lit Vigil and Mass of Christmas Night Christmas Day 9am Dawn Mass of Christmas 11am Mass of Christmas Day

Contact Parish Office 01707 654359 pottersbar@rcdow.org.uk

Potters Bar Baptist Church Contact 01707 840538

hello@pbbc.org.uk

Potters Bar United Reformed Church Contact 01707 665482 pottersbarurc@gmail.com

St Giles' South Mymms and St Margaret's, Ridge Visit <u>http://www.stgiles-stmargarets.co.uk/</u> Fr Ayoob Adwar

St John's Methodist Church

Sunday 4th December 10.30am Christingle and Scout Parade Saturday 10th December 2pm Discover Christmas Sunday 11th December 2.30pm Nine Lessons and Carols Sunday 18th December 4pm All Age Nativity with Carols Christmas Eve 11.15pm Midnight Communion Christmas Day 0.30am Christmas Day Worship

Contact info@stjohnspb.org.uk

St Mary's, The Walk, Potters Bar (CE)

Sunday 27th November 5pm Advent Carol Service Sunday 18th December 5.00pm Carol Service followed by mulled wine & mince pies - to be attended by the Mayor of Hertsmere, supporting his charity - The Peace Hospice

Christmas Eve 4pm Christingle and Crib Service 11.30pm Midnight Mass of the Nativity Christmas Day 10am Family Eucharist followed by festive drinks and mince pies

Contact Revd. Stefan Chrysostomou 01707 859028

Ecology in action at Brookmans Park Goli Club

The estate on which Brookmans Park golf club now stands was established prior to the 15th century, with the original mansion gardens and grounds having been landscaped by the great landscape designer of the 18th century, Humpbrey Repton. The club take their stewardship of the whole area very seriously, particularly allowing for climate change issues which strongly influence their 5-year rolling environmental plan.

Already this year the club has planted a total of nearly 1500 new trees and hedging plants, ranging from Scots pine, hornbeam and silver birch to sweet chestnut, alder and maple and hawthorn, blackthorn, and holly. Two areas of the picturesque tree-lined golf course are designated as Ancient Woodland, and the course is overlooked by two magnificent cedar trees and several other native British trees. In addition, there are redwood trees which can also be found in nearby Gobions Wood.

In recognition of the tree planting initiative, Brookmans Park Golf Club are proud to announce that they have been awarded a plaque as part of the Queen's Green Canopy tree planting programme, part of the Platinum Jubilee 2022 events. This was due to run to the end of 2022 but a recent announcement from King Charles will ensure that this continues during 2023. Information is available via **www.queensgreencanopy.org**.

A recent innovation has been the installation of six beehives, with the idea of producing local honey. The hives were officially opened by the then Ladies Captain in September, Rosie Williams, a proud moment for her as she neared the end of her year as Captain.

The Club's objective is to ensure that the course and its environment are maintained in the best possible condition, not just for their members and visitors but for the wide variety of wildlife that take advantage of the natural surroundings.

Brian Hall *Captain 2022–23*





Make a difference at Oakmere Library

Well done and thank you to all the children and volunteers who took part in our Gadgeteers Reading Challenge this summer. We had a great time welcoming new families to the library and thoroughly enjoyed listening to children talking about the books they had read.

If you've not been to a library recently, we think you might be surprised. Did you know you can join the library online or in person and it's free? Your library has wi-fi, newspapers and periodicals to read, and magazines to borrow. You can browse and borrow books, use a PC or sign up for an activity.

Online we have 'Borrowbox' with a great selection of ebooks and audiobooks, 'Libby' for magazines, and 'Pressreader' for newspapers. You can sign up for 'Theory Test Pro' if you are learning to drive, or prepare for the life in the UK or British Citizenship tests using our online study resource 'Go Citizen'.

In addition, we offer a variety of activities for children and adults. Regular activities include Baby Rhyme Time on Tuesdays at 11am and Storytime (for Toddlers) on Thursdays at 11am. There is no need to book just come along.

If you are aged 14 plus, have you thought about volunteering with us and shaping the future of your library? If you fit that role, pop in and talk to us. Libraries are here for you, come in and make a difference.



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A First Novel

It's never too late to become an author

Retired local solicitor, John Lawrance has just published his first novel, Hosting Andrew. It tells the story of a kindly, Enfield solicitor, Andrew Soulsby, who fails to listen to his instincts and is condemned to live an evil man's life in a tailspin to destruction.

Plagued by dark memories that do not belong to him, and arrested for crimes of which he has no knowledge, he faces professional ruin, bankruptcy, and a prison cell. Can he discover what has happened to him, and will he find a way to survive and regain the love of his wife and children, or is the truth altogether more terrifying? Fantasy meets grim reality in this medico-legal mystery thriller which has an original twist.

John says that it has been hard work but fun to write Hosting Andrew. The idea came to him as he woke from a minor operation a few years ago, chilled at the sudden shutdown of life, devoid of dreams, and what seemed like an instant turning on again, bringing relief and joy at being alive. He knew then that he had to write this story, develop the concept and find the answers.

After reading law at Queen Mary, London, John became a solicitor, practising in Enfield initially and then in Potters Bar for thirty years. In his youth, he was an MCC Young Professional at Lord's, before enjoying many years of club cricket at Botany Bay and indulging his other passion: a masochistic attachment to Tottenham Hotspur - this may explain references in the text to Spurs and cricket!

Many scenes in Hosting Andrew are set in North Enfield (where John lives) and its publication represents the fulfilment of one of his childhood ambitions. On the basis that it is never too late to open another chapter in life, he hopes to pursue a new career as a novelist, while spending more time with his three granddaughters, and walking in the country parks of North Enfield with Sally, his wife of forty-four years, and their gorgeous dog 'Victor'.

Hosting Andrew is available in most bookshops, and online from Amazon and many others. It is also available as an ebook.

Editor's Note: A fuller version of this article can be seen under Latest News on the Community News website.



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Potters Bar's best kept secret!

Did you know we have a museum?

The museum is housed on the first floor of Wyllyotts Centre and can be reached either by stairs or a lift. It opened in 1990 and offers a delightful range of exhibits relating to the locality. It has something for everyone, young and old!

The Wyllyotts Centre is built on one of the earliest known sites of interest in the area, facing the timber-framed Wyllyotts Manor, part of which dates back to the 14th century. It is believed that the site has been occupied since the Iron Age and certainly Roman times.

The museum tells the story of the growth of Potters Bar from a tiny village to the busy present-day town.

What is on Display:

- > Remains of the L31 Zeppelin shot down over the town in 1916.
- > Painting of HMS Poppy – a corvette adopted by the town in WW2.
- > Nostalgic photos of old Potters Bar.
- > Natural History items, fossils and geological specimens eg Hertfordshire pudding stones and Mesolithic stone implements.
- > Early computer equipment.
- Roman items display useful for school homework. >
- > A temporary display which changes every six months – currently featuring gardening through the ages and running until December.
- > Range of old toys and memorabilia to make children wonder in amazement.
- > Photo album donated by local resident John Bennett – a member of the Kenny Ball Jazz band.
- > A selection of local history books published by Potters Bar Historical Society which are available for purchase.

I hope you enjoyed learning about the Museum and will pop in and see us. We are open Tuesdays and Wednesdays 2.30-4.30pm and Saturdays 11am-1pm. You can also find information about the museum, its artefacts and local history books on our new website www.pottersbarmuseum.org.uk.

Mabel Hammett

Editor's Note: A fuller version of this article can be seen under Latest News on the Community News website.



Schools

News from Mount Grace School



Since the last edition, a number of successful events have been held. These included: Splat the Teachers with cold sponges! All proceeds to the Potters Bar Christmas Lights Fund: A superb performance of Mary

+ 5

Poppins Junior, rivalling any West End performance: Our first Sports Day since lockdown, where it was lovely to see pupils having a fun time.

You may have heard our Head, Mr Ali, on Potters Bar Radio. The recording is still there within their podcast section – anyone wanting to listen please visit: Potters Bar Radio's Shows | Mixcloud. Mr Ali has sent out a letter to the local community outlining his vision for the school with the following request: "I would like to request your support for the school, by signing up for Amazon Smile: **https://smile.amazon.co.uk** and choosing Mount Grace School Parent and Teacher and Friends Association as the charity you wish to support. This has no financial cost to you, but any purchase made by yourself, or a business, means that Amazon would automatically donate a certain percentage of that spend to our charity."

We were delighted to receive a cheque for £250 from the Potters Bar Carnival Committee for our PTFA in recognition of the use of the sports field.

We have appointed our inaugural cohort of prefects and welcomed back our pupils to collect their A Level and GCSE results – among the successful students are those going to study Law in London, Neuroscience at the University of Leicester, and Management/Accounting at Queen Mary University.

We would like to thank the high numbers of Year 6 pupils and parents who attended our recent Open Evening. The event was well planned, and all the pupils and staff thoroughly enjoyed showcasing 'The Mount Grace Way' to prospective parents. Feedback was very positive!



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News from Dame Alice Owen



Cultural Day Fair Dame Alice Owen's recently hosted their first ever Cultural Day Fair, with more than 800 students in attendance. The Fair saw pupils from a variety of backgrounds celebrate their traditions, foods, and history with one another. It was Year 12 student Tami who initially approached the school with the idea of running the day. Together with a committee of

excellent young people, Tami worked enthusiastically to bring the day to reality. "I wanted to introduce a day where people could learn not only about other backgrounds, but about themselves," said Tami.



Wonders of the Undersea

World Congratulations to Claudio, 17, who was selected to participate in the Architectural Model Making course in collaboration with The Creative Dimension Trust. Wonders of the Undersea World includes an intense deep-sea backdrop with intricate eel, octopus and jellyfish architectural models made by students, depicting

a futuristic view of life undersea. Claudio benefitted from the one-to-one guidance from Allford Hall Monaghan Morris Architects' (AHMM) head model-maker.

'I was selected by the workshop of AHMM to realise an ambitious environmental design I submitted through The Creative Dimension Trust. The brief was to create a piece of 'quirky underwater architecture'. I proposed the concept of a mobile aquatic greenhouse to help sustain endangered coral reefs. This greenhouse would make the process of out-planting more efficient, as the hub would be floating directly above the planting site, eliminating the need for speedboat transportation. With the help from a team of professional model-makers I created a scale model of my design, which was exhibited in the display window of Fortnum and Mason's iconic London Piccadilly store.'

Well done, Claudio, and we look forward to seeing his extraordinary sculpture in our summer art exhibition in 2023.



$C \mathcal{R} \mathcal{H}$

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Property Maintenance

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Royal Academy recognition for a young artist

Having spent most of her young life in Barbados, 4year-old Cressida Howell was fascinated to see snow for the very first time when she moved to Brookmans Park. She spotted a robin in the garden at her grandparents' home and painted a picture which she called 'Robin in Snow'.

Several weeks later her art teacher at school was asking for pictures to submit to the Royal Academy's 2020 Young Artists' Summer Show. So, Cressida submitted her Robin painting. Everyone was surprised and delighted when her painting was accepted and put into the exhibition. It was one of only 200 chosen from 17,700 entries.

Some people submit works year after year for the chance to be shown at the RA – Cressida was exhibited aged 5 at her first try!

The painting made RA history by being the most 'favourited' and 'retweeted' tweet ever. It had over 5,400 re-tweets and was liked nearly 40,000 times, including by the artist Grayson Perry.

The story doesn't end there as the following year in 2021 the Royal Academy made Cressida's picture into a Christmas card. The cards



Sat 3rd Dec, 2-5pm Brookmans Park School Bradmore Way, AL9 7QY Quality Gifts, Jewellery, Art, Homeware, Decorations, Toys, Games, Café Free entry fayre@nmyouth.org.uk were so popular that in 2022 the RA has turned Cressida's Robin into a Christmas tree decoration.

You can see the cards and decorations at **shop.royalacademy.org.uk** and the cards are available at high street stores across the UK. There are pictures of Rosie's card shown on the *Community News* website in *Latest News*.

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Cuffley Manor resident celebrates his 105th birthday

Former Cuffley resident Ron Goose reached the venerable age of 105 in October and celebrated with a party at the Care Home attended by family and friends. It was a pleasure to meet Ron just before his birthday and I very much enjoyed bearing about bis life.

Ron grew up and went to school in Norwich and, after matriculation, joined the



Land Registry in London in 1933. He had always had a particular interest in maps and, after passing the Civil Service exams, he progressed from a junior role to become Assistant Secretary, a role in which he continued until his retirement.

Ron's familiarity with mapping was crucial during his service with the Royal artillery during WW2 when he served in Italy and Greece, where his ability proved vital in pinpointing the precise location of enemy guns.

He talked about his wedding to Pat in the severe winter of 1947, when a number of guests were unable to get there because of the intense freeze. Sadly, Pat passed away in 2018 and Ron takes great pride in his family of 3 children, 4 grandchildren and 7 great-grandchildren.

Ron's carers describe him as their 'Champion' as he always looks forward to taking part in their activities, particularly leading the way in exercise classes. A recent event saw him take part in an internal Formula 1 race. Ron has a lifelong interest in the theatre and gardening, and enjoys spending time doing crosswords. In answer to my question regarding the reason for his longevity, he commented that he had picked his parents well!

It was a stimulating personal experience to spend time with Ron, and I am sure that is the case for the carers who see him every day.

John Connell

Christmas Fayre at Elm Court

Voluntary community group 'Christmas in Potters Bar' are delighted to be running a Christmas Fayre for the whole community off the back of last year's success! The fayre will take place 11am-4pm on Sunday 27th November 2022 at Elm Court Youth and Community Centre in Potters Bar. Free entry to the event will make it accessible to all. The group has planned over 30 local stalls selling gifts and Christmas items, refreshments, kids' crafts, entertainment, and a beautiful wintery indoor Santa's grotto at a small extra charge! All children who visit Santa can add their names to the community tree that will be displayed at Elm Court for the festive period.

The Christmas Lights will be turned on for all to enjoy from Friday 11th November 2022, when the occasion will help commemorate Armistice Day in the town. This year the committee wants to make a town-wide acknowledgement of the cost of living and fuel crisis affecting large proportions of the community. To help with this support, we will intentionally leave some lampposts without lights and instead will donate money to local fuel charities and food banks, and help local organisations where we can. The posts without lights will display information boards with details on where to get support locally if families or individuals are struggling – community wellbeing is incredibly important to our group. We hope that seeing the lights throughout the town will bring you all great joy in the dark winter evenings as they have done for many years.

Keep a close eye on our Facebook page – search *'Christmas in Potters Bar'* to keep up to date on events throughout the festive period such as our pre-loved Christmas jumper and outfit sale! Your Christmas lights group is looking for volunteers to support at the Fayre in November. If you can help, please send us an email **christmasinpottersbar@gmail.com**.

Lynette Sullivan Chair





Barnet Furniture Centre

We are a not-for-profit furniture re-use charity that brings multiple benefits to the community and environment.

Since opening in 2011, we've diverted over 1000 tonnes of furniture and household items which would otherwise have ended up in landfill. We rely solely on donations; this enables us to provide a wide variety of affordable furniture at a price to suit everyone. We offer free collections and deliver too. We are always on the look out for volunteers to join our team and help us with our work in the community.

To make a Donation

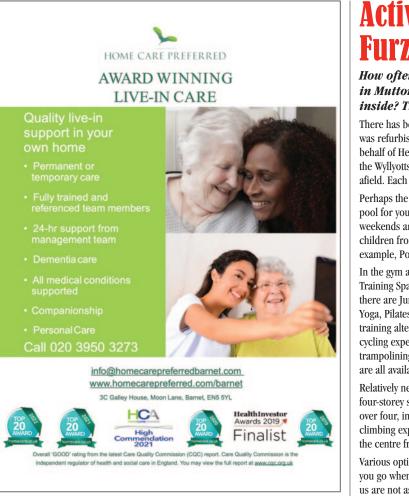
Email photographs of the items you would like to donate to **info@barnetfurniturecentre.org**. Include the postcode for the collection and your contact number. Opening hours: Monday to Saturday, 9am–5pm. Follow us on Facebook and Instagram to see our available stock as new items arrive daily.

Buy or Donate

4 Queen's Parade Close, Friern Barnet, London N11 3FY Tel: **020 8361 6802** | **www.barnetfurniturecentre.org**



8



Successful Health and Wellbeing Event

The fourth Health and Wellbeing Event organized by the Patient Participation Groups of the three Potters Bar surgeries, was beld at the Wyllyotts Centre on 2nd September.

Over 450 people attended and visited the 25 stalls representing local community groups and support services. Activities on offer included joining in a Dance Fit session run by the Saracens Foundation, learning a variety of chair based exercises, taking the opportunity to have a mini health check, listening to a range of talks given by GPs and discovering how your local pharmacist can help you.

It had been a long wait since the last event in 2019 and the positive feedback from visitors and stall holders showed undiminished enthusiasm for this event, which draws local services together, gives the public an insight as to how these services work together, and introduces new services and sources of advice and help.

The Patient Participation Groups are indebted to the assistance provided by Hertsmere Borough Council and Inspire All, the involvement and support of the surgeries and to the Wyllyotts Centre for providing such excellent facilities.



Activities for everyone at Furzefield Leisure Centre

How often bave you driven past the Furzefield Leisure Centre in Mutton Lane and not given much thought to what bappens inside? The answer is actually an awful lot.

There has been a leisure centre on the site since the 1960s, and the current building was refurbished in 2018 with a £2.5 million investment. The centre is operated on behalf of Hertsmere Borough Council by InspireAll, a charitable trust who also run the Wyllyotts Theatre and leisure centres in Borehamwood, Bushey and further afield. Each year there are more than half-a-million visits.

Perhaps the Centre is best known for its 33 metre main pool and smaller learner pool for young children. Fun Splash sessions during school holidays and at weekends are very popular. There are swimming lessons for both adults and children from 4 months upwards, and the pool is hired for exclusive use by, for example, Potters Bar Swimming Club or the Barracudas disability group.

In the gym are cardio, resistance and free weight training areas, and a Functional Training Space offering bespoke workouts. Instructors offer help and support, and there are Junior Gym Sessions for teenagers. Two studios offer a range of classes eg Yoga, Pilates, and HIIT – that's High Intensity Interval Training, with short bursts of training alternated with short rests, and the Indoor Cycling Studio offers a group cycling experience. Squash courts, a sports hall which is home to badminton, trampolining and gymnastics, and floodlit outdoor pitches for football and hockey are all available for hire.

Relatively new are the Thermal Spa with sauna, steam room and ice fountain and a four-storey soft play and climbing area for use by those aged up to eleven. Those over four, including adults, can use a climbing area which offers seventeen different climbing experiences. There are two cafés, in reception and the soft play area, and the centre frequently plays host to children's parties.

Various options for monthly membership are available, or of course you can pay as you go whenever you want to visit. There really is a lot on offer at the Centre. Lots of us are not as fit as we should be, so why not come along?



Brookmans Park Rotary Christmas Sleigh 2022

Dates for your diary

Father Christmas will be visiting the local area on the following dates and times.

Saturday 26th November, 5pm Tree Lighting in Brookmans Park Village.

Thursday 1st December, 5.30–8.30pm CUFFLEY: Hill Rise, Bacons Drive, Cranfield Crescent, King James Avenue, Northaw Road East, Kings Way, Burleigh Way, Kingswell Ride, Colesdale, Kings Way, Theobalds Road, Station Road, Tolmers Road, Tolmers Avenue.

Sunday 4th December, 4.30–8.30pm CUFFLEY:

Hanyards Lane, Hill Rise, Warwick Avenue, Bradgate, Tolmers Road, Brookside Crescent, Holmwood Avenue, Thrush Lane, Tolmers Avenue.

Tuesday 6th December, 5.30–6.45pm ESSENDON: High Road, Rectory Close, Glebe Cottages, East View, School Lane, Sunset View.

Thursday 8th December, 5.30–8.30pm WELHAM GREEN: Dellsome Lane, Dixons Hill Road, Knolles Crescent, Parsonage Lane, Pooleys Lane, Huggins Lane, Puttocks Drive.

Sunday 11th December, 4.30–8.30pm WELHAM GREEN: Memorial Hall, Station Road, Dixon Hill Road, Fairground Site,

Potters Bar Town Band Come and join your Iocal Brass Band

Brass players of all

ages and standards welcome





Rehearsals Every Friday 8.00 – 10.00pm Contact: Ginette O'Higgins 07970 448661 enquiries@pottersbartownband.co.uk

Holloways Lane, Bulls Lane, Skimpans Close, Sommers Road, Dellsome Lane.

Thursday 15th December, 5.30–8.30pm BROOKMANS PARK: Calder Avenue, Woodlands, Shrublands, Mymms Drive, Brookmans Avenue, Bradmore Way, Peplins Way, Village Green.

Sunday 18th December, 4.30–8.30pm BROOKMANS PARK: The Gardens, Westland Drive, Oaklands Avenue, Bluebridge Road, Moffats Lane, Mymms Drive, The Grove.

Full routes will be published on our Rotary website and Facebook account. www.rotary-ribi.org/clubs/ homepage.php?ClubID=1708 and www.facebook.com/BrookmansParkRC.

If severe weather is experienced, please refer to the Brookmans Park Rotary website for further information. enquiries@brookmansparkrotary.org.uk. The exact timings of arrival at any point of the route cannot be guaranteed.

LEAVE YOUR FAMILY ONE LESS THING TO WORRY ABOUT



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Potters Bar Rotary Christmas Sleigh 2022

The members and friends of Potters Bar Rotary are once again drawing up plans to enable our wonderful Christmas sleigh, powered by Rudolph and his team, to visit as many of the families of Potters Bar as we can manage during the month of December in the run-up to Christmas.

Weather permitting, Santa and his spectacular sleigh will be touring these roads with walking collectors and parking up at various locations so that you and your children can come out from your homes, enjoy the sleigh and speak to Santa. Our current plans are to visit the following areas on these evenings, setting off around 5.30pm. Rudolph's helpers will not be knocking on doors. However, listen out for the festive music and have your coats and Christmas lists at the ready.

Sunday 4th December Mimms Hall Road, Deepdene, Wroxham Gardens, Ormesby Drive, Oulton Crescent, Auckland Road, Borough Way, Suffolk Road, Cambridge Drive.

Wednesday 7th December Tempest Avenue, Forbes Avenue, Carpenter Way, Park Avenue, Oakmere Avenue.

Sunday 11th December Oakroyd Avenue, Elmfield Road, Dugdale Hill Lane, Brooklands Gardens, Allandale Crescent, Sherwood Avenue, Elmscroft Gardens, Aberdale Gardens, Elmroyd Avenue.

Wednesday 14th December Cotton Road, Penshurst Road, Trewenna Drive,



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Monday, Tuesday and Friday 10am–6pm Saturday 9.30am–5pm

Thaynesfield, Northlands, Torrington Drive, Tiverton Road, Hatherleigh Gardens.

Sunday 18th December Daleside Drive, Sunnybank Road, Meadow Way, Field View Road, Brackendale, Rushfield, Shillitoe Avenue, Wellesley Crescent, The Shrublands.

Wednesday 21st December Cranborne Road, Cranborne Crescent, Laurel Fields, Pinewood Drive, Strafford Gate, Albemarle Avenue, Willow Way, Ashwood Road.

So, you will be able to donate there and then, or visit the Just Giving page to show your appreciation and support. Please scan the QR code on our leaflet, follow the link, **www.justgiving.com/rotary-pottersbar** or text RUDOLF followed by the amount you wish to give to **70085**, (for example **RUDOLF 5** to give £5), come to see us at TESCO Potters Bar on the mornings of 21st, 22nd and 23rd December or drop your donation in to John Powell Carpets in

Potters Bar High Street. Many local, national and international charities depend upon the generosity of people like you, responding to the efforts of groups like Potters Bar Rotary, in order to raise enough money to support those in need. The main organisations we are supporting this year are Prostate Cancer UK, Essex & Herts Air Ambulance, the Willow Foundation, and

Rotary charities.

We think that it is vitally important that everyone continues to stay safe this winter, so we will be checking on just how far and for how long Rudolph can travel this coming Christmas season. Visit the Potters Bar Rotary website, **www.pottersbarrotary.uk** to confirm when Rudolph plans to tour a road near you.

If you're interested in helping Potters Bar Rotary in their activities, please email **enquiry@pottersbarrotary.uk** for information. If you want to know more or are interested in joining Potters Bar Rotary Club, please ring Kathie on **07941 287839**.



Potters Bar Rotary Club rocks!

In September, Potters Bar Rotary were able to resume their Charity Concerts that had been suspended for the past two years due to Covid. Thanks to the staff at Wyllyotts for the venue and support. An audience of well over 200 attended including invited guests from the ambulance service, nurses, and other NHS and care staff. We were also pleased to welcome guests from Hertford Mews who had not been out for over two years.

There were three acts featured and the evening started with 'Elvis' resplendent in trademark white outfit with rhinestones. It was an excellent performance – he had the moves, the talk, and a great singing voice. Particular highlights were '*Suspicious Minds*', '*The Wonder of You*' and '*American Trilogy*'. The second act was 'The McCoys UK,' who featured musicians from a variety of well-known bands from the 60s onwards. All were accomplished musicians and delivered a range of songs, particularly '*Flowers in the Rain'*, '*Hang on Sloopy'*, '*Elenore'*, and '*I Can Hear the Grass Grow*'.

The final act was bill-topping 'Shades of Midnight' with an excellent performance including 'Unchained Melody', 'Satisfaction', 'Not Fade Away' and 'A Teenager in Love' featuring 'The Shadettes.' All the band members put in amazing performances and were each able to demonstrate their individual skills in the range of songs covered. The lead singer had tremendous stamina and maintained his excellent level of performance throughout acts one and three. It obviously took its toll because as Elvis he had a full head of hair, but by the end of 'The Shades of Midnight' delivery he had lost it!

Over £1,000 was raised for the Prostate Cancer Charity from ticket sales and a raffle, which included a guitar signed by a number of famous sixties musicians. Potters Bar Rotary are keen to continue these charity concerts and also to encourage new bands through a competition next year, Battle of The Bands, which started 3 years ago but was again stopped by Covid!

A special mention must go to John Powell from Potters Bar Rotary for his drive, vision, and enthusiasm in developing these concerts for the community of Potters Bar.

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Keep swimming!

After many postponements due to Covid, Brookmans Park Rotary Club were able to hold their 29th Annual Sponsored Swim challenge earlier this year at the Furzefield Centre. Seventeen teams took part, each swimming as many lengths as possible in each 20-minute beat and getting sponsored to do so.

The teams came from local churches, primary schools, swimming groups and Rotarians and friends, all helping to raise over £6,000 to be divided between their own charities and good causes, together with the Save the Children Ukraine appeal. A Presentation Evening was held in October, when a representative from Save the Children updated us on their work in Ukraine and we presented trophies to the teams who raised the most monies and swam the most lengths (St Giles Sea Hawks). Each swimmer was also presented with a certificate for taking part.

Brookmans Park Rotary club 30th Annual Sponsored Swim will take place on Saturday 11th March 2023, again at the Furzefield Centre. Barbara Middleton

Rotary Young Writer Competition



Brookmans Park Rotary club held a local Young Writer competition earlier this year with the theme of 'The Environment'.

Zahra Hamdulay was selected as winner in the intermediate age group, and Zackaryaa Ishraq in the senior age group. Both are pupils at Dame Alice Owen's School and their entries (both poems) were then submitted to the local Rotary District (Beds, Bucks & Herts) to be judged against entries from children across the three counties. Their entries were both selected as winners and were then submitted at a national level to be judged against District winners from all over the UK. Both were selected as runners-up in their age categories. They are pictured with their trophies. Brookmans Park Rotary club are launching another Young Writer competition for 2023 with the theme of 'Peace', details of which have been sent out to local schools.

Barbara Middleton Brookmans Park Rotary Club



WHAT'S ON

NOVEMBER

TUESDAY 1st

Lunchtime Recital Inarid Kvale (accordion), 12.30pm, Retiring collection, Light lunches (£5) available from 12 noon to 1.30pm, St Mary's Church, The Walk.

WEDNESDAY 2nd

- > *PB Horticultural Society Ian Jackson '2020 A Pandemic Perambulation'.
- > *Wednesday Community Club Games and chat.
- ► Coffee Pots and Tiny Tots St Mary's Church, North Mymms, AL9 7TN. From 10–11.30am. Playtime, singing, crafts, storytime, drinks and chats. www.stmarysnorthmymms.org.uk.

THURSDAY 3rd

- Cherry Lodge Autumnal Flower Workshop and Demonstration with Iris. 2.30–4.30pm at Open Door, St Albans Road, Barnet, EN5 4LA. Price £7 includes tea and cakes.
- *PB FilmMakers 7pm, 'Green screen Andrew Tweed' at Wyllyotts.

FRIDAY 4th

Firework Event Cranborne School. Gates open at 5pm, display starts at 6pm.

SATURDAY 5th

- Churches Together Pravers for the community. 8.30 TBC.
- > Remembering our loved ones A service to remember and give thanks for departed relatives and friends. All welcome. 3pm, St Mary's Church, The Walk. Followed by tea and cakes. Details 07803 756088.
- > Elm Court Car Boot Set up 11.45am. Public 50p from 1pm. Early buyers £5 from 12 noon. Tables £15 each or 2 for £25. Book a stall please on 01707 659602 or email admin@elmcourt.org.uk.
- > Christmas Market at Hatfield House, 10.30am–4pm. £2.50 per person.

SUNDAY 6th

- > *PB Society walk.
- Bereavement Service King Charles the Martyr at 4pm.

MONDAY 7th

- Dementia Friendly Worship at King Charles the Martyr Church, 2.30pm.
- *Barnet Philatelic Society 'Propaganda' talk and display by Alan Tunkel on Spanish ATM Labels. Talk and display by Paul Wotton.

TUESDAY 8th

- *Cuffley Floral Art is a club social.
- Witches & Wizards session 4—5pm. Book at Oakmere Library
- 2022 KIPPS The New Half a Sixpence the Musical by Potters Bar Theatre Company at Wyllyotts Theatre, Potters Bar. Box office: www.tickets.wyllyottstheatre.co.uk or 01707 645005.

WEDNESDAY 9th

- *RSPB Afternoon meeting, all welcome. 'Yorkshire and Northumberland, birds, flowers and castles', speaker Bruce Bennett.
- Dasis Café 2–4pm. St Michael's Room, St Mary's Church, North Mymms, AL9 7TN.
- *Wednesday Community Club Kidney Research.
- > 2022 KIPPS The New Half a Sixpence the Musical by Potters Bar Theatre Company at Wyllyotts Theatre, Potters Bar. Box office: www.tickets.wyllyottstheatre.co.uk or 01707 645005.

THURSDAY 10th

- *North London & Middlesex Morris Minor Owner's Club 7.30pm. Club night at the Museum
- *Enfield National Trust Association Chas Cowell, 'Tall Ships Youth Trust.' 7pm for 7.15pm, Holtwhites Sports and Social Club. Contact Graham 01707 321759 for information.
- > 2022 KIPPS The New Half a Sixpence the Musical by Potters Bar Theatre Company at Wyllyotts Theatre, Potters Bar. Box office: www.tickets.wyllyottstheatre.co.uk or 01707 645005.

FRIDAY 11th

> 2022 KIPPS The New Half a Sixpence the Musical by Potters Bar Theatre Company at Wyllyotts Theatre, Potters Bar. Box office: www.tickets.wyllyottstheatre.co.uk or 01707 645005.

SATURDAY 12th

- > Christmas Market 4th Potters Bar Scouts. St John's Methodist Church, Baker Street, Potters Bar, EN6 2DZ. 10.30am—1pm. Free entry. Seasonal stalls, refreshments, and an early visit from Father Christmas
- > Quiz Night 7pm. St Mary's Church Hall, The Walk. For tickets (£12, including supper) contact 01707 654407.

2022 KIPPS The New Half a Sixpence the Musical by Potters Bar Theatre Company at Wyllyotts Theatre, Potters Bar. Box office: www.tickets.wyllyottstheatre.co.uk or 01707 645005.

SUNDAY 13th

- Remembrance Parade St John's Methodist Church at 10.30am.
- Remembrance Day Service at the War Memorial from 10.50am.
- Café Worship at St John's Methodist Church at 7pm. Informal praise, prayer and discussion in relaxed setting with coffee and cake.
- Remembrance Day Service at the War Memorial from 10.50am.
- Remembrance Service 10.20am, War Memorial. 10.50am, Service St Mary's Church, North Mymms, AL9 7TN.
- **Messy Church** King Charles the Martyr from 3–5pm.
- *RSPB Coach outing to Rutland Water.
- *Fir and Pond Wood Nature Reserve conservation work, no experience necessary. 10am. Details see organisations pages.

TUESDAY 15th

Coffee Morning Fundraiser 10am—12 noon. St Mary's Church, North Mymms, AL9 7TN. WEDNESDAY 16th

- Coffee Pots and Tiny Tots St Mary's Church, North Mymms, AL9 7TN, from 10 to 11.30am. Playtime, singing, crafts, storytime, drinks and chats. www.stmarysnorthmymms.org.uk.
- *Enfield National Trust Association Emma Matthews, 'A Dip in Liquid History (Greenwich Naval Hospital - Royal London Hospital, River Thames)'. 1.45pm for 2pm, Holtwhites Sports and Social Club. Contact Graham 01707 321759 for information. *Wednesday Community Club Games and chat

THURSDAY 17th

- *Cuffley Horticultural Society 'What did plants ever do for us?', Timothy Walker.
- *PB FilmMakers at 7pm. 'The annual club Documentary Competition' at Wyllyotts Theatre. FRIDAY 18th
- *RSPB Evening meeting, all welcome. 'Conservation, coastal change, and the National Trust', speaker Stuart Warrington.

SATURDAY 19th

- Christmas Fair at Potters Bar Baptist Church. Barnet Road, more details to follow.
- Tearfund Big Quiz Night at St John's Methodist Church at 6pm.
- Elm Court Car Boot Set up 11.45am. Public 50p from 1pm. Early buyers £5 from 12 noon. Tables £15 each or 2 for £25. Book a stall please on 01707 659602 or email admin@elmcourt.org.uk.
- Baptist Church Christmas Fair doors open at 11am.

SUNDAY 20th

Family Creative Church at St John's Methodist Church from 10.30am. Crafts, art and cooking followed by 20 minutes of worship for everyone.

*PB Society walk.

- MONDAY 21st
- *Barnet Philatelic Society Autumn Auction Viewing from 7.30pm.

WEDNESDAY 23rd

*Wednesday Community Club Hertfordshire Constabulary talk on Crime Prevention

THURSDAY 24th

LEGO Club 4pm. Book at Oakmere Library.

FRIDAY 25th

- Christmas at Hatfield Park until 31st December. After dark illuminated trail, 4.30–10pm. Please book tickets.
- Christmas Fayre Forty Hall 4—8pm. Tickets £2, children free. Please book.

SATURDAY 26th

- Cherry Lodge Christmas Fair St James Church, East Barnet Road, New Barnet, EN4 8RN. If you would like to have a stall at our Fair, please contact Tina. Come and browse our fabulous stalls, visit our scrumptious café run by our dedicated volunteers.
- Christmas Fayre Forty Hall 11am—4pm. Tickets £2, children free. Please book.

SUNDAY 27th

- Christmas Community Fayre Elm Court, 11am-4pm. Free entry. christmasinpottersbar@gmail.com.
- Cherry Lodge Lights of Love. By invitation only.
- 'From Darkness to Light' A celebration in words and music for Advent Sunday. All welcome. 5pm. St Mary's Church, The Walk. Details: 07803 756088.
- Christmas Fayre Forty Hall 11am—4pm. Tickets £2, children free. Please book.

WHAT'S ON

WEDNESDAY 30th

- *Wednesday Community Club Pope Paul Choir entertain us once again after a 2 year gap due to Covid.
- Coffee Pots and Tiny Tots St Mary's Church, North Mymms, AL9 7TN, from 10 to 11.30am. Playtime, singing, crafts, storytime, drinks and chats. www.stmarysnorthmymms.org.uk.

DECEMBER

THURSDAY 1st

- > *PB FilmMakers at 7pm, 'The Club Annual General Meeting' on Zoom.
- Christmas Wreath Workshop Cranborne School. Starts at 7pm.

SATURDAY 3rd

- Elm Court Car Boot Set up 11.45am. Public 50p from 1pm. Early buyers £5 from 12 noon. Tables £15 each or 2 for £25. Book a stall please on 01707 650602 or email admin@elmcourt.org.uk.
- Festival Open Day Come and see what happens in our URC Church and Tilbury Hall. SUNDAY 4th
- SUNDAT 4th
- Christingle and Scout Parade at St John's Methodist Church at 10.30am.
- *PB Society walk.
- Toy and Gift Service at 11am, URC Church. Toys and gifts will go to Mother and Baby unit in South Mimms.
- Christingle 10am, Christ Church Little Heath and Messy Christmas, 12 noon. cclh.org.uk or 01707 662460.

MONDAY 5th

- *PB & District Historical Society We have our Christmas social. Quiz and refreshments followed by a Christmas singalong with Jane Adnett.
- *Barnet Philatelic Society 'Mauritius', talk and display by Eric Hutton.

TUESDAY 6th

Pope Paul School Advent Service at Our Lady & St Vincent Church, 7pm.

WEDNESDAY 7th

- > *Wednesday Community Club Games and chat.
- > *PB Horticultural Society AGM and Social.

THURSDAY 8th

- *North London & Middlesex Morris Minor Owner's Club Festive lunch.
- Christmas Concert Aeolian Singers at 7pm. United Reformed Church. Including works by Vaughan Williams to celebrate his life.

SATURDAY 10th

- Discover Christmas at St John's Methodist Church at 2pm. A family Christmas Journey with crafts, drama and carols organised by Churches Together in Potters Bar.
- Christmas Concert at Our Lady & St Vincent, 243 Mutton Lane, EN6 2AT, 7.30pm. Tickets £15 (children free). For more information 01707 655297 or info@pbchoral.org.

SUNDAY 11th

- *Fir and Pond Wood Nature Reserve Conservation work, no experience necessary. 10am. Details see organisations pages.
- > Nine Lessons and Carols at St John's Methodist Church at 2.30pm.
- > Advent Carols King Charles the Martyr at 4pm.

TUESDAY 13th

Advent Reconciliation Service at Our Lady & St Vincent Church, 7.30pm.

WEDNESDAY 14th

- *Wednesday Community Club Atterlee from KCM leading Christmas Service, followed by tea and mince pies.
- Dasis Café 2–4pm. St Michael's Room, St Mary's Church, North Mymms, AL9 7TN.
- Coffee Pots and Tiny Tots St Mary's Church, North Mymms, AL9 7TN, from 10 to 11.30am. Playtime, singing, crafts, storytime, drinks and chats. www.stmarysnorthmymms.org.uk.

THURSDAY 15th

*PB FilmMakers 'Christmas Social'. 12 noon at Wyllyotts Centre.

FRIDAY 16th

> Christingle Service for Uniformed Organisations.

SUNDAY 18th

- All Age Nativity with carols at St John's Methodist Church at 4pm.
- Christmas Services at Potters Bar Baptist Church. Family service with nativity at 10.30am. Candlelight Carol service at 6.30pm.
- Parish Carol Service at Our Lady & St Vincent Church, 6pm.
- > *PB Society walk.

14

- > Carol Service 6pm. Christ Church Little Heath. cclh.org.uk or 01707 662460.
- Carol Service All welcome. 5pm, St Mary's Church, The Walk, followed by mulled wine and mince pies. To be attended by the Mayor of Hertsmere, supporting his charity 'The Peace Hospice. Details 07803 756088.
- > Messy Church and Christingle Service at King Charles the Martyr at 10.30am.

MONDAY 19th

*Barnet Philatelic Society Christmas Social with Bourse.

Carol Service URC Church at 7pm.

WEDNESDAY 21st

- > *Wednesday Community Club.
- > LEGO Club 4pm. Book at Oakmere Library.

SATURDAY 24th

- Midnight Communion at St John's Methodist Church at 11.15pm.
- Christmas Eve Service URC Church at 11.30pm.
- **Midnight Communion** 11.30pm, Christ Church Little Heath. cclh.org.uk or 01707 662460.
- Crib and Christingle Service a Christmas celebration for all the family. 4pm, St Mary's Church, The Walk. Details 07803 756088.
- Midnight Mass All welcome. 11.30pm, St Mary's Church, The Walk. Details 07803 756088.
- > Vigil Mass of Christmas for families with young children. Our Lady & St Vincent Church, 5pm.
- **Crib Service** at King Charles the Martyr, 4pm and Midnight Mass, 11.30pm.

SUNDAY 25th

- > Christmas Day Worship at St John's Methodist Church at 10.30am.
- Christmas Day Communion All welcome. 10am, St Mary's Church, The Walk, followed by festive drinks and mince pies. Details 07803 756088.
- Christmas Day Potters Bar Baptist Church, morning service at 10.30am.
- > Christmas Day Service URC Church at 10.30am.
- Christmas Celebration 10am. Christ Church Little Heath. cclh.org.uk or 01707 662460.
- Dawn Mass Our Lady & St Vincent Church, 9am and 11am.
- Christmas Day Communion King Charles the Martyr.

JANUARY

SUNDAY 1st

Communion Service at King Charles the Martyr.

*PB Society walk.

SUNDAY 8th

- *Fir and Pond Wood Nature Reserve Conservation work, no experience necessary. 10am. Details see organisations pages.
- Café Worship at St John's Methodist Church at 7pm. Informal praise, prayer and discussion in relaxed setting with coffee and cake.

Messy Church King Charles the Martyr from 3–5pm.

WEDNESDAY 11th

- *Wednesday Community Club Welcome back games and chat.
- *RSPB Afternoon meeting, all welcome. John Wallington, 'Patagonia, landscape, culture, and wildlife'.
- Dasis Café 2–4pm. St Michael's Room, St Mary's Church North Mymms, AL9 7TN.

THURSDAY 12th

- *North London & Middlesex Morris Minor Owner's Club AGM at Whitewebbs Museum, 8pm.
- Enfield National Trust Association 'The Battle of Barnet', John Hall. 7pm for 7.15pm, Holtwhites Sports and Social Club. Contact Pam 01707 650969 for information.

FRIDAY 13th

'Treasure Island' Pantomime Cheshunt Dramatic Society at Cuffley Hall Theatre, Maynard Place, EN6 4JA. Box office 07473 467827.

SATURDAY 14th

'Treasure Island' Pantomime Cheshunt Dramatic Society at Cuffley Hall Theatre, Maynard Place, EN6 4JA. Box office 07473 467827.

SUNDAY 15th

- 'Treasure Island' Pantomime Cheshunt Dramatic Society at Cuffley Hall Theatre, Maynard Place, EN6 4JA. Box office 07473 467827.
- > *PB Society walk.
- Family Creative Church at St John's Methodist Church from 10.30am. Crafts, art and cooking followed by 20 minutes of worship for everyone.

MONDAY 16th

*Barnet Philatelic Society 'Winter' theme, talks and displays by members.

WHAT'S ON

WEDNESDAY 18th

- *Wednesday Community Club Slides of 60s Southgate.
- *Enfield National Trust Association 'The Karakoram Highway', Ann Fereday. 1.45pm for 2pm, Holtwhites Sports and Social Club. Contact Pam 01707 650969 for information.

THURSDAY 19th

Little Red Riding Hood Pantomime 'The Warren' 7.30pm, Wyllyotts Theatre, Potters Bar. In support of local charities.

FRIDAY 20th

- *RSPB Evening meeting, all welcome. Richard Ashford, 'Wildlife and Birds of Poland'.
- Little Red Riding Hood Pantomime 'The Warren' 7.30pm, Wyllyotts Theatre, Potters Bar. In support of local charities.

SATURDAY 21st

Little Red Riding Hood Pantomime 'The Warren' 7.30pm and 2.30pm, Wyllyotts Theatre, Potters Bar. In support of local charities.

SUNDAY 22nd

Little Red Riding Hood Pantomime. 'The Warren' 11am and 3pm, Wyllyotts Theatre, Potters Bar. In support of local charities.

WEDNESDAY 25th

*Wednesday Community Club A visitors view of 1960s London.

SUNDAY 29th

*PB Society walk.

FEBRUARY

WEDNESDAY 1st

> *Wednesday Community Club Games and chat.

THURSDAY 2nd

*PB FilmMakers at 7pm. The annual club 'Variable Theme Competition' at Wyllyotts Centre. SATURDAY 4th

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Elm Court Car Boot Set up 11.45am. Public 50p from 1pm. Early buyers £5 from 12 noon. Tables £15 each or 2 for £25. Book a stall please on 01707 659602 or email admin@elmcourt.org.uk.

MONDAY 6th

*Barnet Philatelic Society Visit from West London PS. Talks and displays.

TUESDAY 7th

▶ Lunchtime Recital Catherine Wilmers (cello and piano). 12.30pm. Retiring collection. Light lunches (£5) available from 12 noon to 1.30pm. St Mary's Church, The Walk.

WEDNESDAY 8th

- > *Wednesday Community Club Time with Sue.
- > Oasis Café 2–4pm. St Michael's Room, St Mary's Church, North Mymms, AL9 7TN.
- *PB Horticultural Society Anne Luder, 'Capel Manor Show Winning Gardens'.
- 'Jumpy the Play' Potters Bar Theatre Company, Wyllyotts Theatr, Potters Bar. Box office www.wyllyottstheatre.co.uk or 01707 645005.

THURSDAY 9th

- *Enfield National Trust Association 'The Development and Operational use of Police Dogs', Len Little. 7pm for 7.15pm, Holtwhites Sports and Social Club. Contact Pam 01707 650969 for information.
- 'Jumpy the Play' Potters Bar Theatre Company, Wyllyotts Theatr, Potters Bar. Box office www.wyllyottstheatre.co.uk or 01707 645005.

FRIDAY 10th

'Jumpy the Play' Potters Bar Theatre Company, Wyllyotts Theatr, Potters Bar. Box office www.wyllyottstheatre.co.uk or 01707 645005.

SATURDAY 11th

- Opera Choruses at King Charles the Martyr Church, 368 Mutton Lane, EN6 3AS. 7.30pm. Tickets £15 (children free). For more information 01707 655297 or info@pbchoral.org.
- 'Jumpy the Play' Potters Bar Theatre Company, Wyllyotts Theatr, Potters Bar. Box office www.wyllyottstheatre.co.uk or 01707 645005.

SUNDAY 12th

- ► Café Worship at St John's Methodist Church at 7pm. Informal praise, prayer and discussion in relaxed setting with coffee and cake.
- Fir and Pond Wood Nature Reserve Conservation work, no experience necessary. 10am. Details see organisations pages.
- Messy Church King Charles the Martyr from 3–5pm.

'Jumpy the Play' Potters Bar Theatre Company, Wyllyotts Theatr, Potters Bar. Box office www.wyllyottstheatre.co.uk or 01707 645005.

WEDNESDAY 15th

- *RSPB Afternoon meeting, all welcome. Peter Warne, 'The wildlife of Copped Hall updates'.
- *Enfield National Trust Association 'Lost Palaces of the Thames', Chris Molloy. 1.45pm for 2pm, Holtwhites Sports and Social Club. Contact Pam 01707 650969 for information.
- *Wednesday Community Club Games and chat.

THURSDAY 16th

> *PB FilmMakers at 7pm. Club meeting (theme to be agreed) at Wyllyotts Centre.

FRIDAY 17th

*RSPB Evening meeting, all welcome. Andrew Wood, 'Forever Changes — Hertfordshire and Middlesex Butterflies and Moths'.

SATURDAY 18th

Elm Court Car Boot Set up 11.45am. Public 50p from 1pm. Early buyers £5 from 12 noon. Tables £15 each or 2 for £25. Book a stall please on 01707 659602 or email admin@elmcourt.org.uk.

SUNDAY 19th

Family Creative Church at St John's Methodist Church from 10.30am. Crafts, art and cooking followed by 20 minutes of worship for everyone.

MONDAY 20th

*Barnet Philatelic Society 'Royalty' for members.

WEDNESDAY 22nd

*Wednesday Community Club Vera's Tour of Norway.

MARCH

WEDNESDAY 1st

- > *Wednesday Community Club Games and chat.
- *PB Horticultural Society John Wallington, 'The National Parks of Western Canada covering the Flora and Landscape of The Rocky Mountains'.

THURSDAY 2nd

*PB FilmMakers at 7pm. Club meeting (theme to be agreed) at Wyllyotts Centre.

SATURDAY 4th

Elm Court Car Boot Set up 11.45am. Public 50p from 1pm. Early buyers £5 from 12 noon. Tables £15 each or 2 for £25. Book a stall please on 01707 659602 or email admin@elmcourt.org.uk.

MONDAY 6th

*Barnet Philatelic Society Competitions (3) - 9 sheets each, stamps, postal history, thematics.

TUESDAY 7th

Lunchtime Recital Simon Pusey (organ). 12.30pm. Retiring collection. Light lunches (£5) available from 12 noon to 1.30pm, St Mary's Church, The Walk.

WEDNESDAY 8th

- *RSPB Afternoon meeting, all welcome. Nigel Taylor, 'The wildlife of Tanzania'.
- *Wednesday Community Club Singalong with Pam Murphy.
- Dasis Café 2–4pm. St Michael's Room, St Mary's Church, North Mymms, AL9 7TN.

THURSDAY 9th

- *Enfield National Trust Association 'Push, Plummet and Paddle, there's a Tapir at the Door', Gary Prescott. 7pm for 7.15pm, Holtwhites Sports and Social Club. Contact Pam 01707 650969 for information.
- *North London & Middxlesex Morris Minor Owner's Club Night at Whitewebbs Museum, 8pm.

SATURDAY 11t

Hertfordshire Philharmonia Concert 7.30pm, St Mary's Church, The Walk. Email tickets@hertsphil.org.uk or phone John Cox on 01727 857827.

SUNDAY 12th

Messy Church King Charles the Martyr from 3–5pm.

WEDNESDAY 15th

- > *Wednesday Community Club Games and chat.
- Enfield National Trust Association 'An introduction to Deafness and British Sign Language', Joanna Allen. 1.45pm to 2pm, Holtwhites Sports and Social Club. Contact Pam 01707 650969 for information.

THURSDAY 16th

*PB FilmMakers at 7pm. Club meeting (theme to be agreed) at Wyllyotts Centre.

New Methodist Minister

In September, St John's Methodist Church in Baker Street hosted a welcome and induction service for their new Minister, Revd David Jebb, who will also be the minister for Shenley and Radlett and oversee the churches in the St Albans and Welwyn Methodist Circuit. Over 250 people attended the service including the Vice President of the Methodist Church, Mr Anthony Boateng, the Chair of the Bedfordshire Essex and Hertfordshire Methodist District, the Revd Dr David Chapman, The Mayor and Mayoress of Hertsmere, Cllr John and Mrs Barbara Grabam, the Mayor of St Albans, Cllr Geoff Harrison, and the Mayor of Welwyn Hatfield, Cllr Barbara Fitzsimon.

Revd David Jebb says: "It gives me great honour to introduce myself to you. I was born into an active Methodist family. I studied at universities in Serampore and England. After four years of ministerial training, I became a Methodist minister in 1986. I married my wife Jenet in 1988, and we have two daughters.

I served my first six years as a minister in Sri Lanka, where I came from, and then moved to the UK in 1992. I have served in Yorkshire, Hampshire, Kent, Buckinghamshire, Essex, and the USA, and worked as an Officiating Chaplain for the British Army (4 GS Medical Regiment) in Aldershot, Chaplain to the University students in Hull and the Mayor of Rushmore Council. I have been serving as a member of the World Methodist Council and on the Evangelism and Higher Education Committees of the WMC since 2011.

My wife and I moved to Potters Bar in early August, and we are excited about living here and want to be a part of something where we're not only immediately recognised, but enthusiastically welcomed. A place where our presence and participation are intimately entwined with the lives of others, and we know for certain we're among friends. My hopes and dreams are to reach out to others and go where people need us most; to take our fellowship further into the community and go beyond the church walls to help others and witness."



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Potters Bar Branch, Village Hall, Cotton Road, The Causeway, EN6 5BQ

Potters Bar Branch Royal British Legion is getting ready for Remembrance Sunday on 13th November 2022. The plan is to parade

ROYAL BRITISH LECION

from St Mary's Church to the War Memorial ready for a service from 11am with Father Stefan. On Armistice Day, Friday 11th November, the Branch aims to gather in Darkes Lane for 11am and is planning a Children's Remembrance Service later in the day. Preceding this is the Poppy Appeal Collection from 31st October and volunteers are welcome to apply. Last year Potters Bar collected £24,713.32 – amazing! If you are, or know, an Armed Forces Veteran in Potters Bar, please let the Branch know. To join the RBL Potters Bar Branch contact **membershipservices@britishlegion.org.uk**. Alternatively, please call **0800 307 7773** or go online at **www.britishlegion.org.uk**. Contact **rbl.pottersbar@gmail.com** for all other Branch enquiries.

Potters Bar Churches Together - 'Discover Christmas' on 10th December

Following on from their successful Holiday Club in August, Potters Bar Churches Together are excited to be running their annual 'Discover Christmas' event at St John's Methodist Church, Baker Street on Saturday 10th December. This free-of-charge family event starts at 2pm and includes crafts, drama and carols. Refreshments will be available, including bot and cold drinks and cakes, during the afternoon. The event is free but please let them know you are coming by booking www.pottersbarchurchesholidayclub.co.uk.

You can find more details on the website above or please contact one of the local churches for more information. Potters Bar Churches Together are looking forward to seeing you at this activity-packed Christmas event which is ideal for toddlers and primary school aged children.



Showband wins two gold medals at world championships!

Hertfordshire Showband (HSB) went over to Holland for the World Music Contest (WMC) this summer, where they won two gold medals and were crowned World Champions in their Division. As a Marching Showband, HSB are the best in the UK and the only one to have gained a place in the WMC.

Over three thousand musicians take part in the contest spread over 4 weeks, including orchestras, concert bands and brass bands, with the Black Dyke brass band leading the British entries.

HSB played a mixed bag of popular music for their twelve-minute programme including '*Take on Me*' by A-ha, '*This is Me*' from *The Greatest Showman*, '*I Want You Back*' from The Jackson Five, '*Carry on my Wayward Son*' by Kansas, and '*The Incredibles*' theme tune.

Our senior band is around fifty strong with a full range of brass, woodwind, and percussion, and mainly made up of young adults and teens. New members are always welcome, subject to ability. We also are proud of our twenty members in the Hertfordshire Junior Showband where we welcome young people from age 9 to 16.

The band performs concerts, and plays at several outdoor events, both in UK and Europe.

For more information call Terry on **07802 258655** or visit our Facebook or web page **www.Hertfordshire-showband.org**.

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Communities 1st offers Community Car Schemes

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Our Community Car Scheme is run through our volunteers using their own vehicles to help those in their local area get around safely

and easily. It is a door-to-door service used for trips such as attending medical appointments. Clients simply make a booking with us, and we get to work at finding an available volunteer to assist them.

We have the option to run return trips if the visit does not exceed an hour. This means that the driver will take the passenger to their destination and wait to return them home afterwards too. We also have single trip options where the passenger can book one-way trips should their visit exceed an hour. The same can be arranged for collections too.

Day Trips

Using our minibuses we schedule regular, fun day trips for the members of the community. We run a wide range of day trips so that we can get as many people as possible with different interests involved. If you are looking to see what kind of day trips we have coming up, or you would like to join us as a driver, we would love to hear from you.

Shopper Bus

We run several regular shopper buses that operate across Hertsmere and we

visit Borehamwood, Bushey, Radlett, and Potters Bar. This is a door-to-door service for people who have difficulties using public The Mobile O teopath Professional Treatment In The Comfort of Your Own Home transport. Our low-floor accessible minibus is ideal for wheelchair users and people who have difficulties with steps. Ben Ludlow Osteopathic services Whether you are keen to join us on the shopper buses as a passenger or as one of our drivers, we encourage you to give us a call on Backache 01727 649980. Or you can find out more on our website www.communities1st.org.uk. Headaches Sciatica PROFESSIONAL Joint pain PLASTERER Muscle pain

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17

Potters Bar Tennis Club

The Walk, Potters Bar, EN6 1QL

Sports (

NB: All these courts and times need to be pre-booked through ClubSpark. The link to book can be found on the Club website www.clubspark.lta.org.uk/pottersbartennisclub.

Junior Events 2022 Karl Mills (Head Coach) held very successful Summer Camps in July and August 2022. It was lovely to see new faces appearing and old faces returning.

Winter Indoor Coaching Karl will be returning on Monday 31st October at St Mary's Church Hall, The Walk. The first group will be 3.45–4.45pm for ages 4 to 6. The second group will be 4.45–5.45pm for ages 7 to 9. The cost will be between \$8.50 and \$9.50.

Winter Junior Outdoor Coaching at Potters Bar Tennis Club, The Walk, starting on Friday 4th November.

The first group will be 5-6pm for ages 9 to 13, The second group will be 6-7pm for ages 14 to 18. The cost will be £4.50 for members and £5.50 for non-members.

Both these will continue until 31st March 2023 excluding school holidays.

All courses must be pre-booked and paid for through ClubSpark, and all coaching enquiries should be addressed to Karl Mills (Head Coach) on **07939 303483** or email **pbtccoach@gmail.com**.

The Junior Tournament should have taken place early in October so we await the results, and the Adult Club Finals took place on Saturday 17th September 2022 with very competitive matches. It was lovely to see new victors in all categories. Congratulations to all players and organisers. All Membership enquiries should be made to Sue Vallance on **01707 645909** or email **pbtcmembership@gmail.com**.



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Best ever start for the Scholars

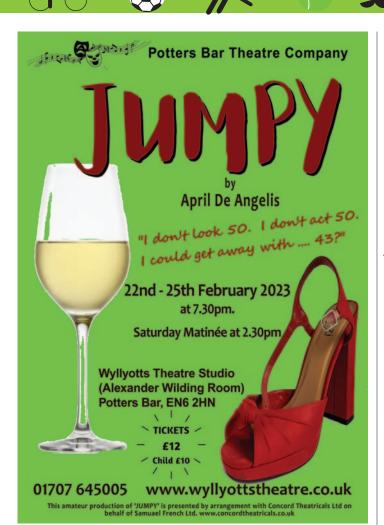
In the last issue of Community News Potters Bar Town Football Club thanked readers for their generosity in supporting the appeal after storm gales caused damage to the ground. Happily the grandstand is now back in place, but a different weather challenge soon followed. The pitch has to be reseeded every close season, and steady summer rain really helps it to bed in properly. To say this was not such a year would be a massive understatement, so the pitch needed a lot of artificial watering, which is not a cheap thing to do!

The Team Manager, Sammy Moore, who has great ambitions for the club, made several good signings for the playing squad. For example, Lewis Manor, a big centre forward who joined from Bowers and Pitsea, has already made a great start with the Scholars, but football at this level relies on all squad members, not just a single player.

In the early season, the team has made the best start in its history. Winning four of its first five league games and conceding just three goals, Potters Bar Town FC reached the top of the Isthmian League Premier Division, a level which few would have dreamed of just a few years ago. The FA Cup Qualifying campaign also got off to a good start, with a 2–1 replay win over second in the table Aveley, but unfortunately a second-round loss to Romford followed.

Obviously, there is still a very long way to go in the season, but could the Scholars earn another promotion and play next year in the National League South, the second tier of non-league football? Not only the 250–300 supporters who watch each home game, but the rest of the town too, would surely love that to happen.

UP THE SCHOLARS!





National Speedway Museum

You are probably unaware that almost on your doorstep there is a truly unique museum, the only one in the UK dedicated to the bistory of Speedway. We are located at a place you are more likely to know, Paradise Wildlife Park, Broxbourne.

The idea of a Speedway Museum began in 2004, and by April 2007 a small group of volunteers had worked so diligently that the museum was opened as a charity. The location is thanks to the generosity of Paradise Wildlife Park, whose then owner, Peter Sampson, provided the space at the Park where you will now find the museum. Peter had been a Speedway rider as it so happens.

The museum contains some 50 Speedway bikes and countless trophies and memorabilia, displaying the development of Speedway from its beginnings in 1928 to the present day. From Easter until the end of October half-term we are open every day except Monday. Thereafter, you can find us open on Friday to Sunday inclusive, with some Thursdays depending on availability of our volunteers. As this is the only dedicated Speedway museum in the UK, do come along, especially those of you who used to watch the thrilling sport at the various London venues which alas no longer exist.

Entrance to the museum is free as part of your entry to Paradise Wildlife Park, which is home to a wide collection of exotic animals and the World of Dinosaurs. Should you wish to visit the National Speedway Museum, without entering Paradise Wildlife Park, you should contact one of the people named below. Alan Philpott, Secretary World Speedway Riders' Association **07939 287573**; Mariana Fleming, Museum co-ordinator **07904 426282**.

A busy season at Potters Bar Bowls Club

Sports

Throughout a beautiful summer friendly matches against neighbouring Hertfordshire Clubs have been enjoyed, and both County and St Albans and District Bowling Association competitions and leagues have brought together the long established and the many new members who have joined the Club over the past two seasons. There were successes for the men in the St Albans and District finals and victory for the mixed four who retained their title in the final of the Stockman Winser trophy. The Ladies won the Brigg League trophy and came second in the St Albans Triples League. The internal Club competitions were very well supported by the members with successes for some of the new bowlers and Barry Woodman and Diane Jewell retained their Men's and Ladies champion titles.

The Club President, Steve Hipperson's chosen Charity for the year was Headway Hertfordshire and on the last day of the season Vice President, Barry Bowman was able to present Headway Hertfordshire's Chris Williamson with a cheque for over $\pounds2,800$ which was raised by the members throughout the season.

It has been a very friendly and enjoyable season at Potters Bar Bowls Club where all the members have been very supportive and enthusiastic about the game of bowls, and now throughout the winter months the dedicated 'green team' will be working hard to ensure that the green will be in good playing condition for the start of the new season in April 2023.





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YOUNG FRANKENSTEIN

Tuesday 1st November to Saturday 5th November, 7.30pm with Saturday matinee at 2.30pm. *Tickets* $\pounds 15-\pounds 22$.

ONE NIGHT IN DUBLIN Sunday 13th November, 7.30pm. *Tickets £25*.

CHRISTMAS MEMORIES

Wednesday 16th November, 2pm. *Tickets £16*.

THE LINDISFARNE STORY

Tuesday 22nd November, 7.30pm. Tickets £24.

GARY DELANEY IN PLUNDERLAND

Thursday 24th November, 7.30pm. *Tickets £21*.

THE DRIFTERS Friday 25th

November, 7.30pm. *Tickets £29*. **ABBA FOREVER** Saturday 26th November, 7.30pm. *Tickets £27*. *Groups of over 10 at £25*.

THE ELVIS YEARS Sunday 27th November, 7.30pm. *Tickets £28*.

DICK WHITTINGDON AND HIS CAT

Friday 9th December to Saturday 31st December. Various timings and ticket prices. Our wonderful pantomime returns!

EAST 17 Friday 3rd February, 7.30pm. *Tickets £28*.

AN EVENING WITH DAVID O'LEARY

Tuesday 21st March 8pm. *Tickets* £21.50 (VIP £49.50).

Wyllyotts Box Office 01707 645005 For full details and film listings go to www.wyllottstheatre.co.uk KRAMER ELECTRICAL LTD



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Thursday and Friday 8.00am–6.00p Saturday 8.00am–5.00pm Sunday Closed

The Potters Bar Society

Registered Charity 1087470

Walks Programme to January 2023

If you are interested in furthering your knowledge and understanding of the local environment, then these walks should appeal. Non-members are welcome but please make sure you know the protocol and walks rules. You join all the walks at your own risk.

In the event of adverse weather, please telephone the walks leader as the walk may have to be cancelled. In case of emergency, please carry with you contact details (which can easily be found) including details of any medications and allergies that paramedics would need to make note of. All walks start at 1.30pm.

Sunday 6th November

Meet: near church on Strayfield/Theobalds Park Road, EN2. *Route:* Paths to Enfield Ridgeway, freshly resurfaced London Loop track, Holly Hill Farm. Return on paths over fields or partially on pavements (subject to weather). About 5.5 miles. *Leader:* 07926 314877.

Sunday 20th November

Meet: Public car park adjacent to St Peter's Church, Riverside London Colney. *Route:* Watling Chase trail to Shenleybury, Houndswood Farm and return via Broad Colney. About 5.5 miles. *Leader:* **01707 851498**.

Sunday 4th December

Meet: South Mimms War Memorial (by former White Hart Pub). *Route:* Black Horse Lane, Boundary Path, North Mymms via Potwells. About 5 miles. *Leaders:* **01707 655732**.

Sunday 18th December

Meet: In front of Round Bush PH, Radlett, Watford WD25 8BG. Route: Footpaths to

Letchmore Heath and Aldenham School, returning via footpaths to Batlers Green and Round Bush. About 4.5 miles. *Leader:* **01707 654993**.

Sunday 1st January

Meet: Enterprise Centre, 31 Cranborne Road, EN6 3DQ. *Route:* Walk line path to Hawkshead Lane, Gobions Lake, back via Boltons Farm and Potters Bar golf course. About 5 miles. *Leaders:* 01707 655732.

Sunday 15th January

Meet: Whitewebbs Road, lay-by near King and Tinker PH. *Route:* Walk to Forty Hall and return via golf course. About 4 miles. *Leader:* **01707 643832**.

Sunday 29th January

Meet: South Mimms by the War Memorial. *Route:* Cross fields to pass beneath A1 to Warrengate Farm then north to Wises Lane. Return via Mymmshall Wood. About 4 miles. *Leader:* 01707 851498.

Any changes to the programme and details of later walks may be accessed on the Society's website **www.pbsoc.org.uk**. We are looking for new walks leaders to ensure the continuation of the programme. If you can help, please ring **01707 643832**.

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LOCAL ORGANISATIONS

ANIMALS

DOG TRAINING – HOME FARM Fri classes 9.30am–12 noon. Obedience and socialisation. All levels welcome. One-one also.

275322. DOG TRAINING IN POTTERS BAR Weekly, Sun 10–11am 020 8449 5298/

651610.

PUPPY CLASSES IN WILD HILL Weekly, Mon 7.15–8.15pm. Wild Hill Village Hall Puppy socialisation and basic training classes from 8 weeks old or after first inoculation. 651610.

RSPB POTTERS BAR AND BARNET

LOCAL GROUP* Illustrated talks, Fri, 7.30pm. Our Lady & St Vincent Church, Mutton Lane, EN6 2AT. RSPB members £5, others £5.50. Wed at St John's URC Hall, New Barnet, 2pm. RSPB members £4.50, others £5. Also regular coach outings to nature reserves, check website for details. www.group.rspb.org.uk/pottersbarandbarnet or tel 01707 652836.

RSPCA* Friends of Southridge Animal Rescue and Re-homing Centre, Packhorse Lane, Ridge. RSPCA Potters Bar, Hatfield and Barnet Branch. 07872 902710

ART

ART Every Fri 10am–12 noon. Furzefield Court, (next to Elm Court). £2.30. 020 8207 7568.

ART IN HERTS Weekly, Tue. 7.30–10pm. Cranborne School, EN6 2BA 650694. CHILDREN'S FINE ART CLASSES

Little Art School of Herts, Potters Bar. Ages 4–16. Tel 07907 802206

CRAFT AND CHATTER Weekly, Mon (except holidays). PB Baptist Church, 10.30am. 707082.

CUFFLEY FLORAL ART CLUB* Monthly, 2nd Tue 7 for 7.30pm. Cuffley Hall, Maynards Place, EN6 4JA. Please contact Val for further information 01707 889447.

INTERIOR DESIGN COURSES For beginners. Potters Bar. Mon 10am—1pm. 07907 802206.

BABY and TODDLER GROUPS

BABY COLLEGE Fun development classes at Methodist Church Wed mornings, three age categories, £8.95. Contact heather@babycollege.co.uk for information.

BABY RHYME TIME Every Tue 11–11.30am, Oakmere Library. No need to book.

BABY SENSORY CLASS (Birth to 13 months). Award winning. Thu, Furzefield Leisure Centre. Lisa 07887 700939 or barnet@babysensory.co.uk.

CHARLIE'S ANGELS Weekly on Wed in term-time, 1.30pm—3pm. For toddlers and their parents, grandparents and carers. King Charles the Martyr Church Hall. No charge. 01707 665579.

GROUP 2 for siblings and families of children with special needs. Monthly, 2nd Sat, 3.30–6pm. Wayside Centre. £2 per family. Sally 07999 221974. HAPPY APPLY BABY AND TODDLER Essendon Primary School. Wed 1.45–3.15pm.

£1. MOTHER AND TODDLER GROUP Wed 1.45–3.15pm. School Hall, Essenden. MUSICAL TEAPOTS Baby and Toddler

Group, 10 months to 4 years. Wed 9.30–10.30am and 10.30–11.30am in Brookmans Park. 07800 818444.

MUSIC BUGS ST ALBANS AND SOUTH HERTS Parent and toddler classes. Newborn to 5 years. Wed 10am and 11am Wyllotts Centre. 07961 778349 or

stalbans@musicbugs.co.uk.

PARENT AND TODDLER GROUP Weekly, term-time, Tue 10–11.30am. Causeway Free Church. 660021. PARENT AND TODDLER GROUP Weekly, term-time, 9.45–10.45am. Cranborne School. 851471. STORYTIME FOR TODDLERS Every Thu

11–11.30am Oakmere Library. No need to book.

TINY TALK BABY SINGING CLASSES

Tue 1.30pm Clayton Centre, Barnet Road, PB. New born to age 2. Cost £9. Book in advance via jennylittlewood@tinytalk.co.uk. **TOTS-IN-TOW** Weekly, Mon in term-time,

1.30–3pm. PB Baptist Church. Babes in arms to school age. Pam 07721 665187. **TUMBLE TOTS** Weekly, Fri. Elm Court. Book a trial class. Gill 020 8449 4593.

PRE-SCHOOL DEVELOPMENT

ACTIVITY Wed at St John's Methodist Church. 10am, Happy House: walking confidently to 4 years. 11am, sitting confidently to walking. 12.15pm, newborn to sitting. Joanna@hartbeeps.com.

CHURCHES TOGETHER

Co-ordination organisation for local churches. For information and details of individual churches visit www.ctpb.org.uk.

DANCE

AB'S STOMPERS LINE DANCING Weekly, Mon, Tue and Thu. Wroxham School. All levels. 07967 964962.

ANGIE'S DANCE ACADEMY Weekly classes. Children and adults (Disco/Street), Latin American and line dancing. 07773 341490.

ADULT BALLET, JAZZ AND TAP CLASS Weekly classes. Parkwood Health and Leisure Centre, Darkes Lane. Suzanne 07904 771980.

LIZZIE MEEKS SCHOOL OF DANCE

Ballet, Tap, Jazz, Contemporary, Hip Hop and Street Dance. Adult's and children's classes Mon to Fri. 07887 567713 or info@lizziemeeksschoolofdance.com.

BALLROOM AND LATIN DANCING

Weekly, Tilbury Hall. Beginners Mon 6.45pm, Improvers 7.45pm, Advanced 8.45pm. 07711 832070 or

www.nicksdanceschool.com. BALLROOM SOCIAL DANCE

Welham Green, North Mymms Memorial Hall, Station Road, Welham Green, AL9 7PG. Every Wed evening 8–10pm. Tea at 9pm. Ballroom, Latin and Sequence. Entry £5. For more info 01707 264154. DANCING Ballroom and Latin Beginners. Weekly, Wed. Little Heath Church Hall, Thornton Road, 8.45–10pm. 662050. FRIDAY FOLK Social folk dancing club Fri, 7.45–10pm. St Albans. www.fridayfolk.org.uk.

LINE DANCE WITH STEPPIN' TIME

Weekly, Mon and Thu. Welham Green. Improver to advanced level. 655866. **LINE DANCING** Wed 2–4pm. Beginner and improver level. Oakmere Youth and Community Centre, Fetherstone Close. 859578. **MOUNTVIEW DANCE SCHOOL**

ISTD Cecchetti ballet classes from 3+ years at St John's Church Hall, Baker Street, for boys and girls. Weekly Mon and Sat classes with regular examinations.

la_christian@tiscali.co.uk or www.mountviewdanceschool.co.uk. SCOTTISH COUNTRY DANCING –

HERTSMERE REEL CLUB Tilbury Hall,

Darkes Lane, 7–10pm. Monthly usually 3rd Sat, Oct to Jul, check with Secretary. Members £8, non members £10 at the door. Secretary Margaret King 020 8440 3236 or margaret.king4@hotmail.co.uk.

TEA DANCE First Saturday in the month. Starts 2–4pm. Tea at 3pm. Ballroom, Latin, Sequence, some Line. Contact Russel on 01707 264154. Entry £7 per person.

WAGGONERS SQUARE DANCE CLUB Weekly, Mon 8–10pm at St Joseph's in the Park School Hall, Hertingfordbury. Janet 01992 441083.

EDUCATIONAL

BROOKMANS PARK WEA Weekly, Tue and Thu mornings. 10 week courses starting 24th and 26th Sep. Details from Lyn Pym 01707 650673.

COMPUTERS AND A CUPPA Weekly, Mon. Wyllyotts Cafe, 10.30am–12.30pm. Helping older people to use their IT devices. Free

FIRST CLASS LEARNING MATHS AND ENGLISH Ages 5–16, weekly, Sat 10am–1pm, Thu 4–5pm. St Mary's Church Hall. Tim and Caroline 07708 655514. KUMON MATHS AND ENGLISH Ages 4–18. Mon and Thu 3.30–5.30pm at Tilbury Hall, Darkes Lane. Sheena 643588. NATIONAL ASSOCIATION FOR GIFTED CHILDREN – EXPLORERS CLUBS Monthly, 1st Sun. Boreharnwood. For talented children and siblings. www.nagc-herts.org.uk.

UNIVERSITY OF THE THIRD AGE – PB U3A Over 600 members and 50 interest groups for recreation and study for those not in full time employment. pbu3a.org.uk or 07544 263356.

FITNESS

EXERCISE AND MOVEMENT TO

MUSIC Wed 2.15–3.45pm. Elm Court. Call or text 07949 055958 or email exercisewithtracy@gmail.com. FITNESS CLASSES Wed 7.15pm, LBPT

FITNESS CLASSES Wed 7.15pm. LBPT Fitness Classes and Sat 9am. Essendon Primary School Hall. FITSTEPS Weekly, Tue 6–7pm North Mymms Memorial Hall. Wed 10.15–11.05am and 11.15am–12.05pm, Rhythmix Dance Studio, Potters Bar. 020 8133 9142/07711 832070.

HATHA YOGA CLASSES Group classes, suitable for all levels. Weekday and evening sessions in Potters Bar and surrounding areas (Cuffley, South Mimms and Ridge) Information and bookings www.helencooperyoga.com or 07740 823230.

MEN'S FITNESS GROUP FOR OVER

50s All levels of fitness and abilities welcome. Fri 10–11am at King Charles the Martyr Church Hall.

POSITIVE MOVEMENT EXERCISE CLASS Tue 10.30am-12 noon.

Clayton Centre. Positive for older people, carers, people at risk of falls. 01462 678804. **MOVES FITNESS** Weekly, Mon. St Mary's Church Hall, 7.30–8.30pm. Aerobic Dance

Exercise. All fitness levels welcome. Bring mat or towel. 07733 173559. **PB RUNNING MUMMIES** Fri, weekly, 2.30–3.15am. St Mary's Church Hall. For new

mums with babies 12 weeks +. Warm-ups, couch to 5K sessions, yaga cool down. Cost £2 to £5. Contact Grace 07815 309567 or Karina 07412 509101.

YOGA CLASSES Weekly, Mon 10am, Fri 10am, Sun 10.30am. Thu 7–8pm Core Class and Yoga 8–9pm. Wayside. Contact Jade 07976 743189.

YOGA CLASSES Mixed Ability Hatha Yoga: Weekly Thu, 12.30–1.45pm. Gentle Years: Beginners/Intermediate: Weekly Fri, 10–11.15am. Chair Yoga with Music: Weekly Fri, 11.45am–12.45pm. Northaw Village Hall. Contact Feride 07538 778844.

ZUMBA GOLD Mon 6.15pm. North Mymms Memorial Hall, Welham Green. Wed 10.45am Elm Court. Sat 9.30am Little Heath Parish Hall. Sue Purdie 07956 338561.

GAMES

BRIDGE CLUB – LITTLE HEATH (duplicate) Tue 7.30pm in Parish Hall. Aileen 652343 or Peter 658016.

BRIDGE CLUB Thu 10am—1pm. Little Heath Parish Hall. Playing Chicago Bridge. Tom 655461.

BRIDGE CLUB – CHICAGO Mon 7.30–10pm at Wyllyotts Centre. Robert 658677.

LITTLE HEATH CHESS CLUB Juniors – Thu 5.45–7.15pm. Adult players welcome for matches. Chris 642027.

SCRABBLE Weekly, Fri 10am–12 noon. Elm Court. £2.30. 020 8207 7568. WHIST DRIVE 1st Fri, monthly. Village Hall, Northaw, 7 for 7.45pm. 651682.

WHIST DRIVE Monthly, 2nd Thu. South Mimms Village Hall, 7.30pm. 01727 869211.

HEALTH

ALCOHOLICS-ANONYMOUS Frequent meetings in Potters Bar and local area. Call 0800 9177650 or email help@aamail.org. BARNET AND DISTRICT CANCER LINK Drop In Centre – weekly, Wed 1–3pm. Union Street, Barnet. For cancer patients, families and friends. 656806 or 07783 069110.

LOCAL ORGANISATIONS

CARDIAC SUPPORT GROUP Monthly meetings and weekly cardiac exercise. British Legion, Holtwhites Hill, Enfield. 01992 718155.

CARERS IN HERTFORDSHIRE Contact 01992 586969 for information.

CHERRY LODGE CANCER CARE Contact Tina on 020 8441 7000 for more information. **CIRCLE FOR THE BLIND AND PARTIALLY SIGHTED (PB THEATRE COMPANY)** Dress rehearsals for shows and

quarterly evening socials at Furzefield Court. Evenings. 657194.

DEMENTIA SUPPORT – HERTSWISE Every Thu, 24pm, St John's Church, Baker Street, PB. For people living with dementia. low level memory loss or mild cognitive impairment, and their friends, family and carers. £5 contribution. Carers welcome at no extra charge. 0300 123 4044 for information. **DEMENTIA FRIENDY FRIENDLY**

CHURCH SERVICE King Charles the Martyr. First Tue of each month from 2–3pm.

HERTS MUSICAL MEMORIES PB GROUP - Most Wednesdays, 2-3.30pm.

St John's Methodist Church, Baker Street, EN6 2DZ. Contact Kerry or Emma 020 8950 5757 or email admin@hertsmusicalmemories.org.uk.

HERTS MIND NETWORK Tue fortnightly, 11am-1pm, Memory Support Group, appointment only £1, Goodacre Court, EN6 5AZ. Tue weekly, 9am-5pm, Peer Support, appointment only, Maple House, EN6 5BS. Tue weekly 2-4pm, Drop-in £1, Elm Court. Contact 020 3727 3600. MIND DROP-IN GROUP Weekly, Tue

1-4pm. Cricket Club, The Walk. 659455. **POSITIVE MOVEMENT EXERCISE** CLASS Tue 10.30am-12 noon,

Clayton Centre. Positive for older people, carers, people at risk of falls. 01462 678804. HERTS VISION LOSS The Woodside Centre, The Commons, Welwyn Garden City, AL7 4SE. Sight Line 01707 324680, office@hertsvisionloss.org.uk or

www.hertsvisionloss.org.uk.

YOGA FOR MENTAL WELL BEING

Specialise in yoga for mental wellbeing, to help reduce stress, anxiety, trauma, PTSD, depression, fatigue or burn out. Info and bookings www.helencooperyoga.com or 07740 823230.

HOBBIES

BARNET AND DISTRICT PHILATELIC SOCIETY Mon 8pm. Twice monthly. St John's

Church Hall, Mowbray Road, New Barnet. Sep to Jun. www.barnetphilatelic.co.uk. CAKE DECORATING Potters Bar Sugar Art Club. Monthly, 1st Mon 7.30pm. Furzefield

Court, Mutton Lane. Jackie 850432. COIN COLLECTORS Interested in forming a

Club covering Herts and North London? Contact William Braithwaite 643153.

CUFFLEY HORTICULTURAL SOCIETY

Monthly, last Thu. 10 times per year. 7.30pm. Cuffley Hall, Maynard Place. Contact Sarah Anthony 879057 or secretary@cuffleyhorts.org.uk.

FENG SHUI SOCIETY OF HERTS Monthly, Elm Court, 7pm. 07951 741128.

MERLIN MAGICAL SOCIETY Fortnightly, Thu 7.45pm. Little Heath Parish Hall, including beginners. John Clayton 07931 525399. **NORTH MYMMS HORTICULTURAL** SOCIETY North Mymms Youth and Community Centre, Station Road,

Welham Green. Adrian 885430. **PB AND DISTRICT HISTORICAL**

SOCIETY* Monthly lectures, 8pm United

Reform Church, £1. Museum Sat 11am-1pm, Tue and Wed 2.30–4.30pm, both at Wyllyotts. 654179 or guffins@hotmail.co.uk.

PB AND DISTRICT HORTICULTURAL

SOCIETY* Monthly, Feb to Dec. 1st Wed 8-10pm. Elm Court. Members £2. Visitors £3. 651372.

PB AND DISTRICT PHOTOGRAPHIC SOCIETY Weekly, Mon 7.30pm for 8pm.

Wyllvotts Centre. Any standard welcome. 01438 832504. **PB ALLOTMENT ASSOCIATION** Visit

Highview Gardens site. Sun 10gm-12 noon or email Allie.pbaa@outlook.com. PB FILMMAKERS* Alternate Thu 7.45pm.

Wyllyotts Centre. 656446/659888.

MUSIC

ATTIC ORCHESTRA For those who wish to resume playing. Mel on melroot@hotmail.com. BAY JAZZ CLUB 1st and 3rd Tue, 8.30-11pm. Botany Bay Cricket Club, East Lodge Lane, Enfield. Live Traditional Jazz. Licensed Bar. 020 8367 6660.

JAZZ – GOOGLIES JAZZ CLUB

Live Jazz every Thu at Googlies Jazz Supper Club 7.30pm. Botany Bay Cricket Club, East Lodge Lane, EN2 8AS. A reservation for entry or meals is required and email googliesjazz@btinternet.com or John 020 8350 3541, £10-12.

www.googliesjazz.co.uk. **COMMUNITY CHOIR** Weekly, Thu. Wyllyotts Theatre, 7–9pm. For info Joy 655464.

HERTS PHILHARMONIA ORCHESTRA Thu evenings at Welwyn Garden City, for experienced orchestra players.

info@hertsphil.org.uk or 01727 857827. HERTFORDSHIRE SHOWBAND Weekly. Mon. Mount Grace School. Training band and lessons, 7pm. Showband 7.45pm. 650209. **PB CHORAL SOCIETY*** Weekly rehearsals, Tue 7.45pm. St Mary's Hall, The Walk. Experience not essential. 642393.

PB COMMUNITY MUSIC SCHOOL Sat from 8.30–11.30.at Mount Grace School. 6 Orchestras, singing and individual woodwind lessons. www.pbcms.org.uk. Also available "Da Capo": a small chamber orchestra for adults of all standards. 9.45–10.30 on Sat. admin@pbcms.org.uk.

PB TOWN BAND Weekly rehearsals, Fri 8-10pm. Goffs Oak Methodist Church. Traditional brass band. 07970 448661. **PHOENIX CONCERT BAND** Rehearsals

weekly, Thu. Fair Field Junior School, Radlett, 8-10pm. 642976. **RADLETT MUSIC CLUB** 6 concerts per

season, Oct to Apr. Radlett Centre, 8pm. Online booking www.radlettcentre.co.uk.

RADLETT PLAYERS A production each Spring and Autumn at Radlett Centre. www.radlettplayers.org.uk.

PB MUSIC CENTRE Weekly, Sat in term-time, 8.30am-1pm, Dame Alice Owen's School. Individual instrumental lessons and aroup activities. www.hertsmusicservice.org.uk/

potters-bar-music-centre.

OUTDOOR

NORTH LONDON OUTDOOR GROUP Weekends away, day and evening walks. 2nd Tue 8.15pm at Discovery Hall, Stevenson Close, New Barnet.

www.northlondonoutdoorgroup.org.

BARNET WALKS* Guided walks. £9 (£4 under 12s). Contact Paul for more information on 07506 761294.

FIR AND POND WOODS NATURE **RESERVE – HERTS AND MIDDLESEX**

WILDLIFE TRUST Monthly, usually 2nd Sun, 10am-1pm. Meet layby in Coopers Lane Road. EN6 4DG. Help maintain this nature reserve. tools provided, bring drink, gardening gloves, and acod footwear. Phone John 01707 652836.

GOBIONS WOOD NATURE RESERVE OF HERTS AND MIDDLESEX WILDLIFE TRUST For information contact 01727 858901.

NORTHAW GREAT WOOD Working parties every Fri at 9.30am and first Sun each month. Meet wood car park. 07850 233854. PB RAMBLING CLUB Weekly, Wed and alternate Sun 10.30am. Meet start of walk. 01438 717826.

PB SOCIETY WALKS* Fortnightly, Sun afternoon walks along local rights of way. www.pbsoc.org.uk.

WALKS - HERTSMERE HEALTH WALKS Gentle and moderate walks for all. Further information on

www.hertfordshirehealthwalks.co.uk. SOUTH HERTS LIVING STREETS UK

Charity with mission to improve local walking routes. For information visit www.livingstreets.org.uk or southhertsgroup@livingstreets.org.uk.

SOCIAL

BINGO Weekly, Mon. South Mimms Youth and Community Association, Village Hall, 7.20pm. 651700/647822.

COFFEE POTS AND TINY TOTS St Mary's Church, North Mymms, AL9 7TN, from 10-11.30am. playtime, singing, crafts, storytime, drinks and chats meeting every fortnight on Wed.

www.stmarysnorthmymms.org.uk. **COMMUNITY CAFÉ AT KCM** Weekly on Thu. King Charles the Martyr Church Hall, 10.45am-1.30pm. Coffee and light lunches served, 01707 665579.

CHARITY LUNCHES - URC Darkes Lane. 1st Fri in month, 1pm. £5 per person. Please come and join us. 665482.

COMPUTERS AND A CUPPA Weekly, Mon. Wyllyotts Cafe, 10.30am-12.30pm. Helping older people to use their IT devices. Free. No need to book.

BARNET PLUS Fun social events for ages 30-65. Sat, Sun and weekdays. www.barnetplus.com 07890 765835

BROOKMANS PARK WI 3rd Mon, 10.30am Brookmans Park URC Hall. Visitors welcome. 01582 834010.

BURMA STAR St Albans branch. Monthly. 2nd Mon 11am. British Legion Club, Verulam Road, St Albans. For ex-servicemen with Burma Star. 020 8207 1247.

CUFFLEY OVER 50's CLUB Wed 2-5pm. Cuffley Youth and Community Centre. Art, snooker, table-tennis, Scrabble, etc. John 875589.

ENFIELD NATIONAL TRUST

ASSOCIATION Contact Pam 650969. FIFTY PLUS* Wide range of activities, events, trips and courses. Not exclusive to 50 and over. 645005.

FURZEFIELD WI Monthly, 3rd Tue. 2pm for 2.30pm, Wyllyotts Centre. 659886. LIFE CAFÉ Thu and Fri 9am-12 noon. Profits to various charities. Life Church – Cuffley. 876060.

LOAVES AND FISHES CAFÉ Weekly, Wed. Christchurch, Little Heath, 8.45am-12 noon. All welcome 662460 or www.cclh.org.uk.

MITRE CLUB Monthly 1st Tue. For retired professionals and businessmen. Best Western Homestead Court Hotel, Welwyn Garden City. 01707 656912.

NORTH LONDON AND DISTRICT SOCIAL CLUB FOR THE UNATTACHED Weekly, Wed 8-11pm. Cheshunt Sports Club. Dancing suitable for over 55s. Richard 01992 639344.

NORTHAW WI Monthly, 1st Tue 7.30pm, Northaw Village Hall. 020 8360 9729. OAKMERE WI New time and venue from 9th Sep 2021. Monthly, 2nd Thu at 2.30pm. Christ Church, Little Heath Hall. Details via Pauline Baycroft; tel 652836 or pitstoppauline@btinternet.com.

OASIS CAFÉ St Mary's Church, North Mymms, AL9 7TN. Wed 8th June 2022 from 2-4pm and every 2nd Wed each month. **OLD FOLKS WELCOME CLUB** Weekly, Mon 2-4pm. Sixty Plus Centre, Wyllyotts. 653650.

PB CARNIVAL Visit www.pottersbsrcarnival.co.uk or contact pottersbarcarnival@gmail.com. PB GEMS WI 2nd Wed at 7pm.

Wyllyotts Theatre. Visitors welcome. Contact info.pottersbarwi@qmail.com. **PB NATIONAL WOMENS REGISTER -**

TUESDAY GROUP Weekly, 8pm in members' homes. Discussions, quizzes and outings. 659903.

PB SOCIETY Honorary Secretary Chris 651475 or www.pbsoc.org.uk.

PB TOWN TWINNING ASSOCIATION

Visits to and from Franconville and Viernheim. cpd1a@yahoo.co.uk.

PB ROTARY CLUB Meet twice a month. second Tue 12.30pm, last Tue 7.30pm at The Woodman Inn, Warrengate Road, AL9 7TT, enquiry@pottersbarrotary.uk.

ROYAL BRITISH LEGION POTTERS

BAR Contact rbl.pottersbar@gmail.com or 07512 589 918.

LOCAL ORGANISATIONS

ROTARY CLUB OF BROOKMANS

PARK Weekly, Tue 7.30pm for 8pm at The Woodman Inn, North Mymms. enquiries@brookmsparkrotary.org.uk. SIXTY PLUS LUNCHEON CLUB*

Weekdays, 10am–1pm. Minibus transport available. 643602.

PB 41 CLUB Monthly. For ex-Round Tables. 1st Wed 7.15pm. 851445.

WEDNESDAY COMMUNITY CLUB* Wed 2-4pm. PB Baptist Church. Vera 651470.

SPORT

ADULT NETBALL Mon 7–8pm. Wroxham School. £2. Any standard welcome. Tel 650902.

BADMINTON Weekly, Fri. Owen's School, 8–10pm. Age 17+ intermediate upwards. 264007.

BADMINTON CLUB Little Heath Church Hall, Thu 7.30pm. All abilities welcome. 657812. BADMINTON CLUB (Friern) Friendly club for intermediate players. Owen's School, Wed 8pm. ann-marie.rowland@fds.co.uk.

BADMINTON LADIES Weekly, Wed 2–5pm. Christ Church, Little Heath. Friendly, social group. 650040.

BOTANY BAY PETANQUE CLUB Weekly, Sun 10.30am–2pm. Botany Bay Cricket Club. Try the French game of Boules. 653325.

OAKLANDS BADMINTON CLUB Weekly, Tue 8–10pm. Dame Alice Owen's School. 5 courts. Yvonne 642328.

BARRACUDA SWIMMING CLUB Weekly, Sun. Furzefield Centre,

11.30am–12.30pm. Helps all ages with disabilities to be safe in the water. Sylvia 643198 or secretary.barracuda.sc@hotmail.com.

BROOKMANS PARK TENNIS CLUB Golf Club Road, Brookmans Park. 6 courts with

floodlights. Suit all abilities. 644926. **BUSHI SEISHIN RYU** (Martial Arts)

Weekly, Fri. Kidston Inst, Northaw Road West, Northaw, 7.30–9.30pm. 642354. CHI KUNG CLASS Weekly. Mon

6.30–7.30pm. North Mymms Social Club, Welham Green. Sat 11am–12 noon at PB Health Club. Organised by 'Just Standing'. 272255.

CROQUET CLUB Tue, Thu, Sat and Sun, from 2.30pm. Bush Hill Park, Enfield. Coaching given. 020 8366 6005.

ELIZABETH ALLEN FOOTBALL CLUB Weekly, Sat pm. Old Owen's, Coopers Lane

Road, EN6 4NE. 852422. **PB HOCKEY CLUB** Ladies, men and junior hockey. Ed 07763 929462.

PB KARATE CLUB Mon at Dame Alice Owen's at 6pm. All ages. Cranborne School Breakfast Club, Thu mornings. www.tiskakarate-pottersbar.co.uk.

KARATE, SELF DEFENCE AND FITNESS

Weekly, Wed. Furzefield. Juniors 7–8pm. Adults 8–9pm. Sun Adult and Juniors 11am–12 noon. 07534 563456 or www.karate-masters.co.uk.

KARATE AND DEFENCE FOR YOUNG CHILDREN TO ADULT Sat, 2–7 years,

10.30–11.15am. 8 years+, 11.20am–12.25pm. 661544. KARATE FOR ALL THE FAMILY Weekly, Sat. Oakmere Youth and Community Centre. Children 10.30–11.30am. Adults 11.45am–1pm. 852641. MULTI-SPORT Weekly, Tue and Thu. Furzefield Centre. 50+. Short tennis, table

tennis, badminton, swimming and indoor bowls. 850500. **NETBALL CLUB** Cheshunt Youth. Thu

evenings at Wormley. Various leagues. Adults also. Chloe 873676.

NINTAI KARATE CLUB Weekly at PB Baptist Church. Beginners Mon 7–8pm. Intermediate and advanced 8–9pm. All grades Fri 7–8pm. 07956 987100.

NORTH MYMMS BOWLS CLUB Dellsome Lane, Welham Green. 01707 645320.

NORTHAW AND CUFFLEY BOWLS CLUB King George V Playing Fields, Northaw Road East, Cuffley. 654883. NORTHAW TAI CHI GROUP Weekly, Tue. Northaw School, Vineyards Road, 7.45–9pm. 642354.

OLD OWENS CRICKET CLUB Coopers Lane, Potters Bar. Herts Saracen League. 07904 194295/020 8819 6638.

PB PÉTANQUE PLAYERS Tue from 2pm, Sun from 10am new/all ability players welcome. The Pétanque area is behind the Harvester pub garden, High Street. Pay and display car park at 0akmere Park. Jane Larmour 01707 266517 or www.pottersbarpetanque.co.uk.

PB TENNIS CLUB The Walk. 6 Astroturf courts all with floodlights. Membership enquiries to Sue Vallance 01707 645909. www.clubspark.lta.org.uk/pottersbartennisclub. PB TOWN FOOTBALL CLUB Parkfield. Matches Sat 3pm. Some Sun and midweek.

Training Tue and Thu, 7.30pm. 07833 632965. **PB BOWLS CLUB** The Walk. 660336 or email club@pottersbar-bc.com.

PB CRICKET CLUB The Walk. New members welcome. 654801.

PB GYMNASTICS CLUB Recreational (4–12 years). Mon 5.15pm, Furzefield Centre. Squad training 6–13 years, Tue, Thu and Fri evenings 5.30pm, and Sat 9am

Chancellor's School. 01923 855598. **PB CRUSADERS SPORTS AND SOCIAL CLUB** Members Club. See www.pbcrusaders.org.uk for opening times.

Club Steward 07754 027821. PB CRUSADERS YOUTH FOOTBALL

Football for boys and girls aged 4–18. Email Dan Pbcboystc@yahoo.com. PB LIFESAVING CLUB Weekly, Tue,

Furzefield Centre, 8–9pm. From 9 years to any age and ability. 020 8440 3346.

PB SHOKOTAN KARATE CLUB Weekly, training Wed 7.30–8.30pm (ages 7–16). 8.30–9.30pm (adults). Furzefield Centre. www.karate-masters.co.uk.

PB UNITED FOOTBALL CLUB Training weekly. Age 5–16 boys and girls. Phone for times and venues. 850377.

SHOSHIN KARATE JITSU CLUB Weekly, Wed. DHC Potters Bar Health Club. 8–9.30pm. Beginners and all grades. 07734 294630. **SNOOKER** The Kidston Inst, Northaw. Membership fee £20 per annum. £1 per hour. 07725 430244.

 TABLE TENNIS
 At The Kidston Inst, Northaw.

 Membership fees £20 per annum. £3 per match. Teams of varying standards.
 07725 430244.

TABLE TENNIS Barnet Lane, EN6 2DN.www.bttc.co.uk or 020 8449 7845.Non-members welcome.

 TABLE TENNIS CLUB Weekly, Wed, Thu and Fri matches only at Potters Bar Free Church, Mimms Hall Road, Barnet. Shaw and North Middlesex Leagues. 852422.

 TABLE TENNIS
 Hertsmere 50+.
 Weekly,

 Tue 10am-12 noon, Thu 2-4pm. Elm Court.
 020 8207 7568. For Seniors.
 Weekly, Fri.

 Hatfield Leisure Centre.
 10am-12 noon.
 TAI TSUNG KUNG FU Self Defence.

Weekly, Tue. Oakmere Primary School, 7.30–9pm. 07968 162304. SKATING – INLINE SKATER HOCKEY

Weekly, Thu 6–7.15pm. Sat 12 noon–1pm. Learn to skate as well as skater hockey. For all 5–18 years. Hatfield Leisure Centre. bwcrusaders@hotmail.co.uk.

SWIFTS JUNIOR BADMINTON Weekly, Fri, term-time. Hatfield Leisure Centre, 6–9.30pm, 5–18 years. Beginners to county standard. 01707 550476.

WALKING FOOTBALL for male and females over 50s, outdoor astroturf, every Thu 2–3pm. Booking not required. Furzefield Leisure Centre, Mutton Lane. Contact 01707 850500.

THEATRE

ENFIELD LIGHT OPERATIC AND DRAMATIC SOCIETY Weekly, Tue and Fri 8pm. Drama group rehearse Winchmore Hill. Performs Wyllyotts. 2 musicals per year. 07711 316474.

CUFFLEY OPERATIC SOCIETY Amateur Musical Theatre rehearsals Tue and Thu. 2 shows a year May and Nov at Cuffley Hall. Jen 01707 872418.

CUFFLEY PLAYERS Amateur Dramatic Society rehearsals Mon and Thu. 2 plays a year Mar and Nov at Cuffley Hall. Fran 872229. GREEN ROOM PRODUCTIONS

Rehearsals Mon at King Charles the Martyr Church Hall. Wed at Oakmere School. www.greenroomproductions.co.uk.

PB THEATRE COMPANY Rehearsals Tue and Fri at Chancellors School. info@pottersbartheatrecompany.co.uk. RADLETT PLAYERS A production each Spring and Autumn at Radlett Centre. www.radlettplayers.org.uk.

YOUTH

AIR TRAINING CORPS – 57 (PB) SQUADRON Weekly, Mon and Thu. Ingram Cadet Centre (opposite Fire Station). 7.15–9.30pm. Ages 13–18. oc.57@aircadets.org.

CAPITAL ARTS THEATRE SCHOOL Sun, 2–5.30pm, Wyllyotts Centre. Professional performances. Capitalarts.org.uk or capitalarts@outlook.com. **GUIDES, BROWNIES AND RAINBOWS**

Potters Bar and Brookmans Park areas. www.girlguiding.org.uk/get-involved or Sue 850147.

HERTS YOUNG HOMELESS

nightstopherts@hyh.org.uk or 03333 202 384. HOMELESS FOR HERTS YOUNG NIGHTSTOP call 03333 202 384 or nightstopherts@hyh.org.uk. NORTH MYMMS YOUTH AND COMMUNITY CENTRE Station Road.

Welham Green. 260198. NORTH MYMMS YOUTH PROJECT

Activities, trips and weekly meetings for youngsters 9–16 years. D of E for ages 14+. www.nmyouth.org.uk.

PB CHILDREN WITH SPECIAL NEEDS GROUP Monthly, 2nd Wed 9.15–11am. Furzefield Children's Centre. 859325. SCOUTS, CUBS AND BEAVERS For info Peter 850147.

STAGECOACH THEATRE ARTS SCHOOL Weekly, Sat. Chancellor's School. 4–18 years. Dance, drama and singing. 01582 713771.

 TALENT TIME STAGE COMPANY

 Weekly, Mon. Little Heath Parish Hall,

 5–10pm. Drama, dance and singing. Up to 25

years. 60442/07930 400647. **TOP HAT STAGE SCHOOL** Weekly, Fri. Elm Court. 4–7 years. Dance (tap), drama and singing, 4.30–7.30pm. 01727 812666. **YOUTH CLUBS** Weekly, Elm Court. 659602. **YOUTH CLUB PB** Free Church, Mimms Hall Road. 5–11 years. 6.15–7.30pm. 852422.

MISCELLANEOUS

COUNTRY MANAGEMENT SERVICE Environment Department, County Hall, Pegs Lane, Hertford. 01923 588433. GURDJIEFF STUDY AND MEDITATION GROUP Meets every few weeks. Info 654896. HUMANISTS – NORTH LONDON GROUP Monthly, 3rd Thu. Ruth Winston House, Palmers Green. 653667.

ST JOHN AMBULANCE – PB DIVISION Weekly, Wed 8–10pm. The Walk. First aid training 664260. Room hire 656885.

WHITEWEBBS MUSEUM OF TRANSPORT AND MODEL RAILWAY, ENFIELD, EN2 9HW Weekly, Tue from

10am–4pm. Last entry 3.30pm. Adults £7, children aged 5–12 £3. 020 8367 1898. NATIONAL SPEEDWAY MUSEUM – Paradise Wildlife Park. Contact Alan Philpott

Paradise Wildlife Park. Contact Alan Philpott 07939 287573. NORTH LONDON AND MIDDLESEX

MORRIS MINORS OWNER'S CLUB Meet at the Whitewebbs Museum every second Thu from 7.30pm. www.nlm-mmoc.org.uk. NORTH MYMMS MEMORIAL HALL

Station Road, Welham Green, AL9 7PG. 07948 310192 or www.northmymmsmemorialhall.co.uk.

Tell us about your event, meeting, activity and we will publicise it and give details of your organisation in the *Community News*. Contact: susan.weaver4@ntlworld.com

DOCTORS' SURGERY HOURS

1) ANNANDALE MEDICAL CENTRE AT THE ELMS

Tel: 01707 644451

Surgery Hours: 8.00am–6.30pm Monday to Friday Test Results/Enquiries: between 2pm and 4pm Monday to Friday *Extended Hours:* Some Wednesdays and Thursday evenings, and Saturday am.

2) HIGHVIEW MEDICAL CENTRE AT THE ELMS

Tel: 01707 871980

Surgery Hours: 8am–6pm Monday to Friday Appointments: 01707 871980 (8am–6.30pm) Enquiries: 01707 871982 (9am–12.30pm and 2–4.30pm) Results: 01707 871982 (2–4.30pm)

Extended Hours: We offer 2 Saturday morning surgeries a month and late evening "after work" clinics every Monday.

For the latest information/updates visit our website www.highviewsurgery.co.uk or follow us on Facebook and Twitter.

3) PARKFIELD MEDICAL CENTRE

Tel: 01707 291041 Surgery Hours: 8am–6pm Monday to Friday

Test Results/Enquiries: 11am–2pm Monday to Friday

Extended Hours: Wednesday to Friday from 7am and Saturday fortnightly for routine booked appointments only from 8–11.15am.

We have a newsletter available from the surgery or via our PPG. Events are also advertised on our Friends of Parkfield Facebook page. Please also visit our website www.parkfieldmedicalcentre.co.uk.

4) POTTERELLS MEDICAL CENTRE

Tel: 01707 273338

Surgery Hours: 8.30am–6.30pm Monday to Friday Test Results/Enquiries: As above after 11am.

Extended Hours: For routine, non-emergency appointments. Every Monday and fourth Tuesday from 6.30–9pm and first and third Saturday 8.30–11am. Nurse-led Fast Track Service: Monday/Tuesday/Wednesday 9.30am–12 noon.

OUT OF HOURS SERVICE FOR ALL THE ABOVE SURGERIES

NHS 111 SERVICE

If you urgently need medical help or advice but it's not a life threatening situation, call NHS on 111, at any time.

DENTIST

When you have an urgent dental problem and your dental surgery is closed, call 03000 333 224. Monday to Friday, 5pm–9am. All weekend and Bank Holidays.

Local A&E Services

BARNET: Wellhouse Lane, Barnet, EN5 3DJ Tel 020 8216 4600 LISTER: Coreys Mill Lane, Stevenage, SG1 4AB Tel 01438 314333

URGENT CARE – Minor Injuries and Illnesses

GE2: Howlands, Welwyn Garden City, AL7 4HQ Tel 01438 314333 8am to 10pm **CHASE FARM:** The Ridgway, Enfield, EN2 8JL Tel 020 8375 1010 8am to 10pm **BARNET:** Wellhouse Lane, Barnet, EN5 3DJ Tel 020 8216 4600 10am to 10pm

citizens advice

Office open every Wednesday 10am to 12.30pm

Hertsmere

Please call advice line **0800 144 8884 Wyllyotts Centre, Darkes Lane, EN6 2HN**

Local Libraries

Oakmere High Street, Potters Bar

Brookmans Park

Bradmore G	reen
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Monday	1pm–6pm	Monday	2pm-5.30pm
Tuesday	10am–6pm	Tuesday	2pm-5.30pm
Wednesday	CLOSED	Wednesday	CLOSED
Thursday	10am–6pm	Thursday	2pm-5.30pm
Friday	1pm–6pm	Friday	2pm-5.30pm
Saturday	10am–5pm	Saturday	9.30am-12.30pm
Sunday	CLOSED	Sunday	CLOSED

For further information, visit your local library or call **0300 123 4049** and ask for appropriate library. **NB:** *Welwyn Garden City library is open on Sunday afternoons.*

Useful Numbers

Hertsmere Borough Council	020 8207 2277
Welwyn Hatfield Council	01707 357000
Hertfordshire Police Non-emergency	101 (national number) or 01707 354000
Herts Domestic Violence Helpline	0808 808 8080
Hertfordshire County Council	0300 123 4040
National Debt Line	0808 808 4000
Citizens Advice Consumer Helpline	0808 223 1133
Highways (including potholes, traffic light faults and s	treetlights) 0300 1234 047
Wasteaware	0300 1234 051
Affinity water leaks	0345 357 2407
Childline	0800 1111
Crime Stoppers Anonymous Line	0800 555 111
CAB Advice Line	0800 144 8884
Environmental Health	
(1) Hertsmere:	Pest Control 020 8207 2277
	Noise (daytime) 020 8207 7435
	(night) 0845 300 0021
(2) Welwyn Hatfield:	Pest Control 03444 828 325
	Noise 01707 357242
Potters Bar Hospital	01707 653286
NHS Direct (Nurse advice and health inform	nation) 111
RSPCA Local Branch (financial help if you claim benefits, on low income, OAPs)	07872 902710
www.rspca-pottersbarhatfieldandbarnet.org.uk	
Samaritans (freecall 24 hours)	116 123