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# Potters Bar

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*Distributed in Potters Bar, Little Heath, South Mimms, Ridge, Northaw and Brookmans Park*

WINTER 2019

# Community

## Bowls interest surges in Potters Bar

*Bowls is always more enjoyable in warm dry weather, and members welcomed the generally good weather throughout the summer. The season began with a bang when over 50 people attended the club's open days. The club was pleased to welcome a number of enthusiastic new members and also have a waiting list.*

The club reports another successful season, with both male and female victors in District competitions. Pam Rodgers joined Diane Jewell to beat North Mymms 31-12 in the Pairs competition, David Salmon contested the 'Officers Singles' and won comfortably 21-11. The club's Vets team played Broomfield in the Henry Rose Cup and secured a substantial win.

In order to encourage newer bowlers to enter the club competitions, an 'Australian Pairs' challenge was introduced for the 'Tansey Cup'. Roy Tansey was a long-standing club member and coach who died earlier this year, and it was felt appropriate to remember his name with this new trophy. The first winners were Chris Gregory and David

Sparrow, with Janet O'Hagan and Mike Birchell runners-up.

The weather for the Club Finals' weekend was perfect and many members took the opportunity to support the finalists, and they were not disappointed with some excellent bowling and close games. Diane Jewell and Barry Woodman each bowled their way to three trophies, with Richard Pearce and Ron Golden each collecting two.

An annual interclub competition is held against North Mymms and Northaw & Cuffley. In simultaneous matches, the men won the Jones Cup with the ladies lifting the Harvey Cup. The club welcomed Bohemia Bowls Club from De Montfort Island in the Thames near Reading, which it visited in 2018. Away from home, members enjoyed a coach trip to Thorpe Bay and although the weather was glorious, it took the fish and chip supper to lift spirits following defeat on the bowls green.

The President's charity this year was 'Essex & Herts Air Ambulance', and on the final day of the season, resident Bill Burrows was pleased to present a cheque for £2,000 to representatives of the charity.

Members keep in touch during the winter. Many bowl indoors, and Thursday evenings are proving popular for crib, with bridge on Tuesday afternoons. Regular monthly socials are planned in addition to a quiz and New Year's Eve social. All of which help pass the time until spring arrives for the beginning of another season.

Interested in joining us? Please contact Peter Openshaw on 01707 657812.

**David Arnold**  
Press Officer



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**Nethercott**



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### Potters Bar Community News

welcomes contributions for publication from individuals and community groups. Where there is a linked commercial, political or individual interest in items for publication, the managing committee reserves all editorial rights. *Potters Bar Community News* does not accept responsibility for the accuracy of information contained in published items or views expressed in those items.

## A message from the Editor

If you were asked to come up with a format for a successful community newsletter, what would you suggest? I guess it might include articles from charities and other groups, items of local interest, opportunities to volunteer, news from schools and sports clubs and useful local information. Combine that with a chronicle of coming events and details of local organisations and you're probably on the right lines.

Well, we seem to have all this covered in this, our Christmas edition, which as usual highlights the sleigh dates from our two Rotary Clubs, church services and other festive activities.

Best wishes for Christmas and the New Year from the *Community News* team.

**John Connell**

## How to send articles

Email to [editor@pottersbarcommunitynews.co.uk](mailto:editor@pottersbarcommunitynews.co.uk). Please keep articles to around 300 words or less, using plain text word. Handwritten or typed articles are also acceptable if you do not have access to a computer (contact John Connell on **01707 851445**). Photos, logos, etc should be sent as tif, bmp or jpg file.

## How to supply adverts

Ring to book a space, bearing in mind that there is usually a waiting list. Artwork must be supplied in pdf or jpgs format, created at the specified size according to your booking. Advertisers are responsible for advising us of any alterations to adverts which have been previously published. Email to [advertising@pottersbarcommunitynews.co.uk](mailto:advertising@pottersbarcommunitynews.co.uk).

## Sizes and prices of adverts

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## Website sponsorship

Price per issue = £100

## Deadline dates for next edition

### Advertising

15th January for Spring issue

### Articles

1st February for Spring issue

## Community News Website Sponsorship

We would like to express our sincere thanks to the following who have generously sponsored the website:

Spring 2016: **Potters Bar Beer Festival** | Summer 2016: **The Plumbers Mate**  
Winter 2016: **The Tree Feller** | Spring 2017: **Green Thumb**  
Summer 2017: **Ushers Press** | Winter 2017: **Energise**  
Spring 2018: **theshowerroom** | Winter 2018: **Kramer Electrical Ltd**  
Spring 2019: **Jones and Sons Roofing**  
Summer 2019: **de Havilland Aircraft Museum**

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**Nethercott Funerals and Memorials**

## Interested in volunteering?

*Ever thought of giving some of your time to help others in the community? Also look here for items wanted by organisations; you may be able to help them.*

If you are a local organisation or charity and are looking for volunteers or looking for items for your group, why not email me at [editor@pottersbarcommunitynews.co.uk](mailto:editor@pottersbarcommunitynews.co.uk)

## School Governor vacancy

- Would you like to give something back to the community?
- Do you have some time to spare?
- Do you feel that your professional skills are not fully utilized?
- Are you a team player?



Northaw Church of England Primary School is looking for a new governor to join a small team of committed individuals who believe passionately in working towards a better future for the children of Northaw School.

If you are able to commit to 9 afternoon governor meetings per year plus ad hoc meetings and training times, and would enjoy a rewarding and challenging role as part of the Northaw School Governing Board, please contact Mrs Whales (Head Teacher) on 01707 652869 or email [governor@northaw.herts.sch.uk](mailto:governor@northaw.herts.sch.uk)

## Schools' Art Show

The Organiser of the Schools' Art Show at the Carnival has said she would like to step down, so the Carnival is now looking for someone who can assist us. We would love to keep this event in the Carnival and the current organiser will mentor them for next year. If you are interested, please contact the committee on 01707 850147 or on the Carnival website.

## Christmas Day Lunch

Once again, I am hosting, on behalf of Churches Together, the CHRISTMAS DAY LUNCH which will be held at the Baptist Church in Barnet Road. If you will be on your own on Christmas Day and would like to join us please phone me on 01707 656311 and I will book you in. If you require transport, that can be arranged. Any volunteer drivers and helpers to assist me on Christmas Day?

### LITTLE HEATH FIREWORKS!!

This year, Little Heath Primary School's annual fireworks display will take place on **Sunday 3<sup>rd</sup> November 2019**. Gates open 4.30pm, bonfire lit 5.30pm and display at 6.00pm. There will be a BBQ and bar available on the night. Tickets are available to buy at <http://Bit.ly/fireworksatlittleheath> and from the stall on Darkes Lane, 9am – 2pm on Saturday 2<sup>nd</sup> Nov.



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or  
Eve, tel 07799 416614




Please ring – I'd be so grateful and so would the guests. Thank you and looking forward to hearing from you.

**Di Travers**

## Social Events at Oakmere Library

### Slipper Swap Social

Pick up free slippers to prevent slips and trips! Join us for a cuppa, a chat and learn how to stay steady on your feet at Oakmere Library on Tuesday 26th November from 12noon until 3pm.

For more information, call 0300 123 4049 or visit [Hertfordshire.gov.uk/slipperswap](http://Hertfordshire.gov.uk/slipperswap). No booking is required – just come along. The event is free but donations for refreshments are welcomed.

### Monthly Meet Up

If you are new to Potters Bar or just want to meet new people, come along and take part in an activity, discussion or simply enjoy the company of others.

Held on the first Thursday of each month from 11am to 12noon, these sessions will start on Thursday 7th November. They are open to all adults, with donations being welcome.

Further details on 0300 123 4049 or [www.hertfordshire.gov.uk/libraries](http://www.hertfordshire.gov.uk/libraries).

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## Successful Health and Wellbeing Event

*The third Health and Wellbeing Event, organised by the Patient Participation Groups of the three Potters Bar surgeries, was held at the Wylyotts Centre on 3rd September.*



Very positive feedback has been received from those who attended and visited stalls representing local community groups and support services, had mini health checks and listened to talks from local GPs. Activities on offer included Sing for

Your Life taster sessions, CPR and defibrillator training, chair-based exercises, ability-led pilates and falls prevention exercises. Visitors were also able to climb aboard a fire engine and an ambulance, parked outside.

Jim McManus, Hertfordshire County Council's Public Health Director, and Hertsme's Mayor, Councillor Alan Plancey both attended and toured the 26 stalls. Another attendee was Potters Bar Hospital's Locality Manager, John Harle, who commented that "it was excellent to see the local services all together and get a sense of how those services have developed or started working together – co-production and integration of some services much in line with the future direction of the NHS".

The Patient Participation Groups are indebted to the assistance provided by Hertsme Borough Council and Inspire All, the involvement and support of the surgeries and to the Wylyotts Centre for providing such excellent facilities.

## Lending a supporting Paw

*RAPPAW is a Police Voluntary Scheme, where volunteers and their dogs give their free time to provide support to Hertfordshire's most vulnerable victims of crime. The scheme was built on the Pets As Therapy (PAT) concept and is fully supported by PAT.*

The scheme assists investigators with rapport-building before a statement is taken, as this can sometimes break down barriers to communication and put people at ease. Additionally RAPPAW provides on-going aftercare and support for vulnerable victims within the community. This support can continue for months, even years, dependant on need. The volunteers are only ever deployed to victims who have requested this service. After all, dogs are not for everyone.

RAPPAW volunteers give much needed social interaction and companionship, enhancing the quality of life, particularly for those victims with dementia or long-term health conditions.

More recently RAPPAW has been asked to help with young victims of dog attacks, thus being part of the process to help them overcome their resultant fear of dogs.

Since its inception in September 2016 RAPPAW have deployed on 673 occasions. This equates to approximately 1,500 hours given entirely free to those who need and request the service. Volunteers are selected on their aptitude to undertake this often distressing, upsetting but nonetheless rewarding work. They are then required to pass an assessment with their dog, to ensure their dog is suitable. The examiner is a dog behaviourist and registered PAT assessor.



This entirely original idea was the first scheme of its kind in the country. The founder of the scheme, Jane Swinburne is pictured here with her RAPPAW dog Winnie, at a recent visit to the Tangent Club in Northaw. Jane retired from Hertfordshire Police last year and still serves as a RAPPAW volunteer with Winnie. Further information available from [www.herts.police.uk](http://www.herts.police.uk).

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## Sometimes you need to get creative...

*A blind lady bought an induction hob so she could cook safely. No naked flames or hot surfaces to cope with. There was however a small problem. How do you know when you have your saucepan in the correct place for it to be heated?*

This is a problem that Remap Hertfordshire South was presented with recently.

One of our volunteers got creative and came up with a cover sheet of toughened glass with holes cut in the right places and placed over the hob to locate the saucepans in the correct place and also allow access to the controls. With help from a specialist company to cut the holes, this was made and fitted and the lady loved it. The hard bit was thinking of the solution in the first place. That is why we need resourceful and inventive volunteers.



A school for blind children wanted something to teach everyday living skills. The device we made has lots of different things to try. It includes a door with various handles and locks, belts, straps, electrical plugs and switches (see left). The children really enjoy using it.

Remap Hertfordshire South is a local branch of a national charity. Our group of dedicated volunteers helps people with disabilities to overcome everyday challenges and improve their quality of life. We design and make aids and

equipment for people of all ages and disabilities to use in their homes, schools and their workplace using the skills of experienced carpenters and mechanical, electrical, electronics and computing engineers.

Other clients need chairs, sofas or beds raised, need custom access ramps or custom made electronic equipment. The list is long and varied.

You can view some of our work on our websites:

- [www.remap.org.uk](http://www.remap.org.uk)
- [www.makeability.org.uk](http://www.makeability.org.uk)
- [hertfordshire-south.remap.org.uk](http://hertfordshire-south.remap.org.uk)

If you have metal or woodworking skills, electronic, electrical or computer skills or are just good with your hands please consider joining us as a volunteer. We also need support with admin and PR projects.

To find out how to become a volunteer, or if you need our help, please contact Remap Hertfordshire South on 01727 613177 or email us at [herts.s@remapgroups.org.uk](mailto:herts.s@remapgroups.org.uk).

## New defibrillator at St John's

*Members of St John's Methodist Church have recently raised enough money to purchase and install a defibrillator. It is located outside the main entrance of the church so it is accessible to the wider community as well as to users of the church.*

On Saturday 6th July, some of the church members met to view the installation, and they were joined by Toby Hanlon and Kyri Kyriacou from Potters Bar Sainsburys which had donated £150 towards the cost from their Community Fund. Some church members will be receiving First Aid training and familiarisation of the defibrillator although it is designed so that anyone can safely use it.

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## New Headteacher

*Mount Grace School's new Headteacher, Mrs Nancy Simpson has been kept busy since the beginning of term. Mrs Simpson was previously Deputy Headteacher having originally joined the school ten years ago as a Science and Psychology teacher.*

She feels that she has taken on the headship at an exciting time, with building work on a £2.4 million sports hall due to commence this year, providing state of the art sports facilities for young people at the school and for the local community. The school is also working towards joining the Danes Educational Trust group of schools during 2019-20 which will facilitate the sharing of good practice with schools such as St Clement Danes and Chancellors.

Speaking at an open evening held in September, Mrs Simpson emphasised that the aim of the school is to be inclusive; a first-choice school which cares for, and meets the needs, of all its students. Students will be encouraged to achieve exceptionally as a result of great expectations and excellent teaching.

### Summer School

49 new Year 7 students enjoyed a fantastic week of adventurous and fun activities during the first week of the school holidays.



These included learning basic first aid, model making of the Houses of Parliament, escape room activities, a talk and activities with the local Police Service; a Fire Service demonstration of their fire trucks and a show for parents at the end of the week.



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## The Cranborne Curriculum



*At Cranborne Primary School, we believe that our curriculum lies at the heart of our school. It allows us to prepare our children for life after*

*Cranborne and ignite a thirst for learning which will stay with them forever. It is for this reason that we have chosen this year to focus on our Cranborne curriculum. To begin our journey, as a whole staff, we established the core values that we believe underpin learning for all our children.*

### Bravery

Our children will be brave. They will believe in themselves and be confident in their own abilities. They will be brave enough to ask questions, challenge the thinking of others and stay true to what they believe is right. Resilience and hard work lie at the heart of our school and children at Cranborne strive for excellence in all they do. We encourage our children to be fearless by giving them opportunities to take risks inside and outside of the classroom.

### Ambition and Aspiration

Anything in this world is possible. Our children will have high aspirations for their future; socially, academically and economically. We will instil a love for learning which leads to success. Commitment is valued highly and children will understand that they will only achieve through hard work and dedication to their goal. High expectations for all students will build self-esteem and increase academic performance.

### Knowledge

Our children will be educated citizens where essential knowledge empowers them to contribute positively to society. We will broaden their horizons, expanding their knowledge of the world. Children will use this knowledge to question and challenge and become curious, critical thinkers. Our children will speak articulately and with confidence; framing their ideas so others will listen.

### Identity

Children will have a strong sense of their own self and their place in the world. Children stay true to themselves, value their own identity and respect and appreciate the richness and diversity of others. They will understand their role within local and global communities and their responsibilities as a friend and a citizen.

These values will now drive forward all that we do at Cranborne and ensure that the children in our care have the highest quality provision in a broad and balanced curriculum.



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## Silver Medal for Dame Alice Owen's sixth former

*Dame Alice Owen's School is very proud of one of their sixth formers, Aron Thomas, who has achieved a silver medal in the International Maths Olympiad 2019. The IMO is the largest and most prestigious of all the International Olympiads, having grown from the original seven countries to over a hundred. The competition involved teams of up to six contestants sitting two exams on consecutive days. Each exam lasted over 4 hours and contained three hard problems. This unique event brought together the brightest young minds from around the world and represented, for them, the culmination of many years of mathematical endeavour and hundreds of attempts at solving problems. Aron came 65th in the world competition and 2nd in the UK team.*

Aron Thomas said: I am extraordinarily proud to have had the opportunity to win a silver medal representing the United Kingdom and hope to do even better next year.

Hannah Nemko, the headteacher, said: "To have achieved a silver medal is an exceptional thing but we know he has set his sights even higher for next year and we look forward to supporting him in his preparation for that."

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## Leadership opportunities at Pope Paul School



*At the start of Year 6, all children at Pope Paul School are encouraged to apply for a leadership position within the school.*

*Below, the children share their experiences and the impact they are having on the rest of the school and the wider community.*

**Giovanna, age 10** As House Captains we represent the school, our house saint and team. We are role models for the younger children as they look up to us and expect us to be a good example. We take the lead in fundraising ideas and events that help both the local and wider community. We try to make sure that everyone feels safe at school. Being a House Captain makes me feel special and proud.

**Toni and Mia, age 10** We are Fairtrade Leaders and our role is to raise awareness and an understanding of trade justice. We do this by visiting and educating our parish and other local schools and by organising many Fairtrade events over the year; this also raises money for the charity. It feels great to know that we come from a Fairtrade School and that what we are doing is helping other families in countries all over the world.

**Samuel and Liam, age 10** In our role as Liturgy Leaders, we often have the responsibility of leading whole school assemblies and Acts of Worship within the school. We enjoy playing a huge part in our everyday Catholic life at school and work hard to promote our Catholic faith. We feel very privileged to be part of the Liturgy Group.

**William and Luca, age 10** As Sports Captains, our role is to promote a love of sports and a healthy lifestyle. We do this by encouraging the younger children to try different sports during playtime and by encouraging the school to be healthy, through assemblies and themed weeks.

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## Tales from St Giles' School

*At the end of the summer term, the whole school went to Stanborough Park and Gosling Sports Centre where the children had a ball throwing themselves down the dry ski slope in rubber rings, then off to the park for a picnic. Thank you to the parents who came along and supported them.*

We said a fond farewell to our Year 6 pupils – they have been a great bunch of children, and I am particularly proud of how they behaved as buddies for the Reception class last year, picking them up when they fell down, cheering them up when they were sad, looking out for them when they needed a friend and generally just being there. This kindness is very much a part of our school and I know that the Year 5s will take on the mantle next year when they are partnered with their own buddies. From all of us at St Giles', we would like to wish the Year 6 children the very best of luck as they move into secondary school and beyond. I am sure they will do themselves proud.

I am delighted to tell you that we have been awarded the Gold School Games Mark. This is a fantastic achievement for a school of our size. Sport at St Giles' is becoming a real strength. We took part in the 'Mini Police' which culminated in an assembly in front of the parents. Thank you to Hertfordshire Constabulary for coming in and working with the children. The children really enjoyed the opportunity and hopefully it will support links with the police and community further.

Further details of our events can be found on our website [www.stgiles.herts.sch.uk](http://www.stgiles.herts.sch.uk).

**Keith Smithard**  
Headteacher



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## News from Wroxham School – from our Year 6 correspondents

### PGL excitement from Grace Miller

In September, the new Year Six class of The Wroxham school set off on the exciting trip to the PGL Activity Centre. Everyone had dreamt of this moment for the whole summer and it felt surreal it was finally here.

When we arrived, we were split into three groups for the week, and in the next few days, we would have four activities each day. These included: Crate Challenge, Aeroball, Trapeze, Abseiling, the Giant Swing and abundances more! After our two first activities, we played an exciting game on the PGL field and waited patiently until we would be called for dinner. The dining hall was colossal; hundreds of wooden chairs and long tables catering for the many guests. We always sat on the left front side of the dining hall.

Dinner passed quickly then everyone headed back to the rooms to chill and chat to friends for a short while until we were all called for the evening activity. On the first night we played a sort of forest edition game of hide and seek, on the second night we played sports and games in the sports hall and on the third night was the disco. When night hit, we all walked peacefully back to our rooms, ready for bed. Everyone had planned to stay up all night, but we were all way too tired! I absolutely enjoyed the trip to PGL, and would do it again in a heartbeat.

### Football Winners by Charlie Cooper

One Saturday morning I woke up to find nerves sending shivers down my spine. I got out of bed and got dressed for the Mount Grace tournament. It had finally come; the Mount Grace football tournament was starting at 9am.

We had a very tough first match against Cranborne; they were very tough, but they only had 6 players on their team for the first match because one of their players was missing. We had a lot of possession on the ball and we had a couple of shots, but they didn't go in. We tried to keep possession of the ball so that we didn't lose it. The ref blew the whistle and the game was over.

Our next match was St Giles and it felt like a quick match, but we had reached the last few minutes when Oliver took control of the ball and had a shot. It went in and we were one-nil up and then they were all over us, but the match was over and we had won. Next we played Ladbroke B and it was an easy win, by 5–0, but then we played Ladbroke A who were really good. The match ended and it went to extra time. It went to penalties and Oliver took one and scored, and then I scored the winning penalty. It was all over – we had won the tournament!

We were all jumping with joy as we never ever thought this would ever happen and it was just amazing that we had won the tournament! We had an assembly where we lifted the trophy in the air and enjoyed the feeling of being the winners!

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## Remember Your Loved Ones On The Nethercott Funeral Director's Memory Tree

*"To live on in the hearts of those you have loved is not to die."*



The anniversary of any event, whether a birthday, wedding anniversary or key date is tremendously difficult for anyone who has lost a loved one, but Christmas can be particularly hard. The sense of loss and loneliness can be even more poignant at this time of year.

Chas A Nethercott & Son Ltd. would like to offer any relative or friend the opportunity to place a card with a personal message on their memory tree.

In the past, many of the families we have helped through the year have found this simple act of remembrance a source of comfort. Nethercott's are offering this service to all bereaved people in Potters Bar and surrounding areas, as a way to express their feelings in a tangible manner.

The tree will be displayed in the window of our office in Darkes Lane, Potters Bar from the beginning of December until the end of the Christmas period.

For every loved one remembered in this way the company will, as last year, donate £2 to charity. The directors have again chosen to support Noah's Ark Children's Hospice.

Noah's Ark Children's Hospice is a hospice service providing support for children and young people with life-limiting or life-threatening conditions and their families in North and Central London and Hertsmere. Their mission is to provide care and support for children and young people from birth who have a life-limiting or life-threatening condition, helping them to live full lives and to achieve their aspirations. The Ark also ensures that families are able to live life as fully as possible while their child is still alive and go on to face the future with hope after bereavement. They are based at the newly built specialist premises, The Ark, in Barnet, North London.

If you would like to help us raise money for Noah's Ark Children's Hospice, then memory cards can be collected from Nethercott's at 150 Darkes Lane, Potters Bar from Monday 4th November onwards. Nethercott's would like to take this opportunity to thank you in advance for your continued support and wish you all the best during the upcoming festive period.

## Potters Bar Carnival 2019 Presentations

*At its Open Evening this year the Carnival Committee presented £5,890 to thirty one local organisations. The major grants were £400 to (Potters Bar) Squadron ATC, without whose help the Carnival would be very difficult to run, Essex & Herts Air Ambulance and the Christmas Lights appeal.*

The general consensus from those who attended was that, as always, the afternoon was very entertaining and enjoyable, and the committee was congratulated for their hard work in putting on a good show.

At the presentation, the organiser of the School's Art Show announced that she would like to step down, so the Carnival Committee is now looking for a person who can take over, as we would love to keep the School's Art Show in the Carnival. If you are interested, please contact the committee as below.

Organisations who would like to put themselves forward for a grant from the 2020 Carnival should contact Peter or Sue on **01707 850147** for details on how to apply, or go to [www.facebook.co/pottersbarcarnival](http://www.facebook.co/pottersbarcarnival). The closing date for applications is 31st January 2020.

For your 2020 diaries and calendars, next year's Carnival will be on Sunday 7th June.

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## The power of music, the power of being together

*"I love to hear a choir. I love the humanity...to see the faces of real people devoting themselves to a piece of music. I like the teamwork. It makes me feel optimistic about the human race when I see them cooperating like that."* Paul McCartney

My name is Luke and I'm currently the musical director for 3 choir projects running at Wylyotts Theatre in Potters Bar: Potters Bar Community Choir, the Sing For Your Life Choir and the 'Come and Sing Songs From the Musicals Project', all bringing together an average of about ninety people, joined by the power of singing.

Originally from Malta, I have been living in the UK for three years now, working with several communities, theatres and organisations. I have served as a musical director for the prestigious inclusive company Chickenshed, written and performed shows for the V&A Museum in Kensington, was assistant musical director at the Royal Albert Hall, played at Wilton's Music Hall, the Old Vic, Hyde Park and the Royal Festival Hall. In these three years I have been lucky enough to have provided the music and lyrics for 11 professionally produced musicals. It's a wonderful gift to work in this industry. It's hard work and requires a lot of dedication. However, the biggest reward of it is the joy you receive back from an audience, a student, a participant or in our case here, a choir. I walked through the doors of Wylyotts in 2017 knowing very little about the bond that would grow between myself and all the participants. On a Thursday evening around fifty singers work on a most versatile repertoire while also building a community together.

At 'Sing for Your Life' we don't work with musical scores but use lyrics instead, which gives the session a level of accessibility. In the monthly 'Come and Sing Songs from the Musicals Project' we explore different facets of musical theatre. Through learning the songs and their history, we appreciate what makes musical theatre such a phenomenon.

Many people have come through the choirs that I lead. And the biggest reward given to me is someone who walked in saying "I can't sing", left the room with a smile, a lot of motivation and a sense of pride, following what the choir had achieved in a very short time frame. What is remarkable about these choirs is that they welcome participants struggling with dementia or Alzheimer's disease, and use the therapeutic value of music to truly improve the participants' wellbeing.

Finally, beyond all the harmonies, all the music and all the teachings, the true power of choirs lies within the community. I can't run a choir on my own. A choir is a community, and that is what we celebrate every single week for those few hours. The fact is that, in such a troubled world, music can still bring people together, create joy, and who knows... probably make our lives better in the process.

Huge thanks go to all the people who make these choirs possible, especially Wylyotts theatre. In the words of Maria Von Trapp, may the power of music help each and every one of us. In Maria's words: "My heart will be blessed, with the sound of music. And I'll sing, once more."

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## Music for all ages and stages

**Potters Bar Music Centre Saturday Morning Music School is open to learners of all ages and stages from the whole community. We offer individual lessons, group activities and opportunities to perform in termly concerts which give our students the chance to demonstrate their developing skills. The Centre is part of the long-established Hertfordshire Music Service and provides opportunities to progress into County groups.**

In 2018/19, we ran Family Music Workshops, a Songwriter course and started a Percussion Ensemble. We love helping young musicians begin their musical journey through short instrumental taster courses, such as 'Hello Cello' or 'Jump Start' – a class for children aged 7+ who are interested in learning music.

You'll also find us out and about in the community, for example at the Potters Bar Community Carnival and at Brookmans Park Village Day, where we ran free samba drumming workshops. St Mary's Church on The Walk kindly host our free Sunday Showcase afternoon concerts each term: a brilliant opportunity for our young musicians to perform to a friendly, welcoming audience. Our next concert is on Sunday 24<sup>th</sup> November from 3-4pm.

We are looking forward to another fantastic year in 2019/2020, building on our success and with more new events and activities. For example, we'll be running one-off 'Music & Movement' sessions for children aged 3-7 on various dates across the year and hope to offer another Songwriter course.

We are based in the music department at Dame Alice Owen's School, Dugdale Hill Lane, Potters Bar. Lessons and activities take place 8.30am-1pm every Saturday during term-time. New and returning students are always welcome – please come and see us in action. Caz Wolfson, Head of Centre, is always happy to chat about the activities we offer. Centre details are also on our website and Facebook page [www.hertsmusicservice.org.uk/potters-bar-music-centre](http://www.hertsmusicservice.org.uk/potters-bar-music-centre) or [www.facebook.com/hmspottersbar](https://www.facebook.com/hmspottersbar).

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# Maggie's at the Royal Free Hospital

Everyone's home of cancer care, Maggie's, is a charity entirely funded by the kindness of our donors and gifts in wills. Maggie Keswick Jencks Cancer Caring Centres Trust (Maggie's) is a registered charity, number SC024414.

This is a cancer support centre based at the Royal Free Hospital. Maggie's provides free practical, emotional and social support to people living with cancer and their loved ones in the North London area. Our centre is a warm and welcoming place with professional staff on hand to offer the support people need to find their way through cancer. Our support programme includes one-to-one counselling and complementary therapies including Massage, Reiki, Acupuncture and the Alexander Technique. We also run regular patient support groups and exercise classes such as yoga, pilates and tai chi, and offer relaxation, mindfulness and expressive art sessions.

Maggie's is a drop-in centre and help is offered freely to anyone with any type of cancer, and to their families and friends. We are open Monday to Friday 9am to 5pm. Our centre is an oasis for people living with cancer, a place of respite contrasting with the clinical hospital surroundings, and is entirely funded by donations and fundraising events.

We are encouraging everyone to support us by hosting a 'Kitchen Table Day' anytime this year. The Kitchen Table is at the heart of every Maggie's centre. It's somewhere for people with cancer and their families and friends to meet others who understand what they are going through, find support or sit quietly with a cup tea.

Host a coffee morning, celebrate and have fun, all so that more people in North London can access the practical, emotional and social support that Maggie's offers. To receive a free fundraising pack, contact **Christelle.Bonda@maggiescentres.org**.

You can view more about our work on our websites **www.maggiescentres.org/our-centres/maggies-at-the-cancerkin**. Follow us on social media Twitter **@maggiecancerkin**, Instagram **@maggiecancerkin** or Facebook **@cancerkin**.

If you would like more information please call **0203 981 4840** or email **royalfree@maggiescentres.org**.

# New Building for Noah's Ark

The Mayor of London, Sadiq Khan, officially opened Noah's Ark Children's Hospice's new building in September, which serves North and Central London and Hertsmere. The Mayor was joined by representatives from Tottenham Hotspur Football Club, longstanding partners of the charity, including captains Hugo Lloris and Jenna Schillaci.



The Ark is the first children's hospice built in North or Central London or Hertsmere for many years and is the only one based in the charity's large catchment area. Noah's Ark has been providing 'Hospice-at-Home' and community-based services, supporting babies, children and young people with life-threatening or life-limiting conditions, their siblings and families since 2006. The Ark will complement these services and enable Noah's Ark to increase the scale and quality of its delivery.

The Mayor of London, Sadiq Khan said: "Noah's Ark has been a beacon of light for the children and families it serves, so I'm delighted that they have a brand-new home."

## Services at The Ark

The hospice building will offer a range of children's palliative care services supporting children who are life-limited or life-threatened. Services will include: Family and children's activities in sensory, music and art rooms; specially designed gardens and surroundings to provide play, sanctuary and peace for children and families; delivery of 24-hour end-of-life-care, including specialised care for neonates; and post-death care, including 24-hour family access to their child's body and bereavement counselling in dedicated bereavement suites.

## The building

The Ark is set in a 7.5-acre nature reserve in Barnet. Each room has a connection to the landscape, making the hospice feel more like a home than a medicalised hospital. The connection to the nature reserve was a vital part of the plans; the proximity to nature being part of the healing process. The building is the shape of a butterfly, the symbol of the children's hospice movement. The central atrium is flooded with light to create a feeling of openness, warmth and hope.



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## Potters Bar Police Station

*Until the early 1800s local law and order was administered by volunteer constables from the 'Parish', in our case South Mimms. To keep the 'Bad and Disorderly' people of Potters Bar in order a set of stocks was installed in the village. Within weeks these were uprooted and discarded. In 1816 parish minutes record a riot and assault having taken place.*

With Sir Robert Peel's new police force formed in 1829 things were about to change and in 1833 the first paid policeman arrived in South Mimms and a police station built there in 1847. The police continued to administer control of Potters Bar from South Mimms, but by 1887 with the townsfolk being so misbehaved, it required a total of 22 policeman there.

The police station in the Causeway, which council minutes stated was not to cost more than £420, was built in 1891 and replaced some form of police house or station at number 35 Southgate Road. From here law and order was dispensed to the town for 120 years mostly by the Metropolitan Police. It was considered one of the prettiest stations in the 'Met' with regular prizes won by various policemen over the years for their attractive gardens. During the Second World War a large air raid siren was erected on the roof and remained there for many years after the war. It was not until as late as 1968 that police at the station were equipped with radios. Prior to that any policeman requiring assistance had to find a telephone and ring in for help.

The town came under the jurisdiction of Hertfordshire Police in 2000, and clearly by then the good people of Potters Bar were much better behaved as now we do not require a station of our own and it was closed in 2011. This was part of Hertfordshire's cuts to fill a £36m funding gap. The building was retained, and to make it more useful it was extended after demolition of the single storey cells at the rear of the building. A fact that may not have been apparent to passers-by, but since the demolition of the old British Legion building it can clearly be seen that the join between the two buildings was not too sympathetically done. The building is now a private nursery school.

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## Herts Vision Loss Ears for Eyes

*Having a visual impairment can be difficult to come to terms with. You may experience a range of emotions including shock, denial, anger and a sense of loss. It may take you some time to accept your condition.*

The emotional impact can be overwhelming for some. At these times it helps to talk to a counsellor who understands the challenges of living with sight loss. If you are losing, or have lost your sight, are caring for someone with sight loss or are a parent or guardian then please do get in touch.

*Is something worrying you?* Talk to someone who will listen! Someone who won't judge you or tell you what to do, but give you space to explore and make sense of your thoughts and feelings.

*Is it confidential?* The counsellor works in strict confidence and will not talk to anyone without your permission, unless you are in danger.

*Why counselling?* To give you an opportunity to explore, talk and find ways of doing things differently, towards a greater wellbeing.

*Do I have to pay for my counselling?* Counselling is often expensive. We recognise that finances may be challenging. As such we ask for a small £10 donation for each session. If you are concerned about this then do contact us.

*Where does Counselling take place?* Counselling normally takes place in Welwyn Garden City. Some home visits are available. Herts Vision Loss, The Woodside Centre, The Commons, Welwyn Garden City, AL7 4SE.

*How do I make an appointment?* You can make an appointment with one of our Counsellors by phone or email, both are confidential.

**07464 548618 or 01707 324680 or**  
**Earsforeyes@hertsvisionloss.org.uk.**

## New Cuffley Group for Herts Musical Memories

*Herts Musical Memories is the group which delivers vibrant singing sessions that are both fun and therapeutic for people with dementia and their carers.*

They are pleased to announce the opening of their new group in Cuffley at St Andrew's Church Hall, Plough Hill, EN6 4DR. The sessions are held from 2pm to 3.30pm on 6th, 20th, 27th November, plus 4th and 11th December.

The singing leader is David Ranford and, for more information, please call Kerry Brabant on 020 8950 5757 or visit [admin@hertsmusicalmemories.org.uk](mailto:admin@hertsmusicalmemories.org.uk).

## WHAT'S ON

## NOVEMBER 2019

## SATURDAY 2nd

- **Indoor Car Boot Sale** at Elm Court 11.45am for sellers, 1pm for buyers.
- **Remembering our loved ones:** a service to remember and give thanks for departed relatives and friends. All welcome. 3pm, St Mary's Church, The Walk – followed by tea and cakes. Details 07803 756088.
- **Fireworks display** at Essendon Golf and Country Club, 5.30pm for display at 6.30pm. Families welcome. Bar, hot food, glow toys and sweets. Adults £10, under 16s £5, under 4s free. Free parking. Tickets available later from [www.brookmansparkrotary.org.uk](http://www.brookmansparkrotary.org.uk).
- **\*Tea Dance** Ballroom, Latin, Sequence. 2pm, United Reformed Church, Welwyn Garden City. More info 07816 274963.
- **The Churchill War Rooms and Wallace Collection** Coach trip, £52. 01707 903761.

## SUNDAY 3rd

- **\*PB Filmmakers North Thames Region AGM and Movie Festival.** 2pm, Wyllyotts Centre.

## MONDAY 4th

- **\*Barnet Philatelic Society** 'Canadian Participation in the Anglo-Boer War', display and talk by Joachim Frank.

## TUESDAY 5th

- **Fireworks at Cranborne School.** Gates open 5pm, display starts at 6pm. Buy tickets on gate on the night or pay in advance by emailing [rebeccaalexander11@gmail.com](mailto:rebeccaalexander11@gmail.com). Bar, food stalls and glow toys. Tickets: On the door £6 adult, £4 child, £18 family 4, £20 family 5.
- **Lunchtime Recital** Ian Kelleher (guitar), 12.30pm. Retiring collection. Buffet lunch (£5) available from 12noon to 1.30pm. St Mary's Church, The Walk.
- **'42nd Street'** Green Room at Wyllyotts Theatre, 7.30pm. Tickets from theatre.
- **King Charles the Martyr Church** Dementia-friendly service, 2–3pm.

## WEDNESDAY 6th

- **\*Wednesday Community Club** Gideon's Quiz Plus.
- **'42nd Street'** Green Room at Wyllyotts Theatre, 7.30pm. Tickets from theatre.

## THURSDAY 7th

- **\*Potters Bar Society Town Group Meeting.** 7.30pm, Tilbury Hall.
- **'42nd Street'** Green Room at Wyllyotts Theatre, 7.30pm. Tickets from theatre.

## FRIDAY 8th

- **\*Barnet Philatelic Society** Autumn Auction.
- **Thursford Christmas Spectacular** Matinee with dinner. Coach Trip, £90. 01707 903761.

## SATURDAY 9th

- **Christmas Market** 4th Potters Bar Scouts. 10.30am to 1.30pm, St John's Methodist Church, Baker Street, PB, EN6 2DZ. Entry 50p, children under 16 free. Seasonal stalls, refreshments and an early visit from Father Christmas.
- **Quiz Night** at Tilbury Hall Darkes Lane. More information or to book [friendsofparkfieldppg@gmail.com](mailto:friendsofparkfieldppg@gmail.com) or 07941 861803.
- **Christmas Bazaar** Lea Valley Branch Cats Protection. The Undercroft, St Andrew's Church, Cuffley, EN6 4DP, 11am–1pm. Entrance 50p or a tin of cat food.
- **'42nd Street'** Green Room at Wyllyotts Theatre, 7.30pm, Matinee 2.30pm. Tickets from theatre.
- **Family Quiz** Mount Grace PTFa, from 7pm. To book a place or a table contact Mrs McMahon on 01707 655512.

## SUNDAY 10th

- **Remembrance Parade** at St John's Methodist Church, 10.30am.
- **Remembrance Day Service** 10.50am at the War Memorial, followed by service in St Mary's Church at 11.30am.
- **Act of Remembrance** at the War Memorial South Mimms at 10.45am. British Legion service in St Gile's Church at 11.15am.
- **\*Potters Bar Society** Walk.
- **\*Barnet Walks** The Battle of Barnet: a guided walk. Meet at junction of Great North Road and Hadley Green Road, 2.30pm.
- **Antiques and Vintage Sale** Wyllyotts Theatre, 10am–4pm.
- **Toy Fair** at Elm Court.
- **\*Fir and Pond Wood Nature Reserve** conservation work, no experience necessary, 10am. Details see organisations pages.
- **Café Worship** at St John's Methodist Church, 7pm. Informal praise, prayer and discussion in relaxed setting with coffee and cake.
- **King Charles the Martyr Church** Messy Church, 3–5pm.

## TUESDAY 12th

- **\*Cuffley Floral Art Club** Social.
- **\*Cuffley Industrial Heritage Society** 'The Occupations of Victorian Britain' – Michael Beech. Plus the Society's AGM.

## WEDNESDAY 13th

- **\*PB Horticultural Society** Jim Buttress. Jim is well known on the BBC and is often seen judging the allotment and flower shows (Lullington Castle).
- **\*RSPB Afternoon Meeting** all welcome. Bruce Bennett – 'The Birds and Wildlife of Trinidad and Tobago'.
- **\*Wednesday Community Club** Games and chat.

## THURSDAY 14th

- **\*Enfield National Trust Association** Gary Prescott – 'Biking Birder'. 7.45pm, Enfield Grammar School. Info 01707 650969.
- **\*PB Filmmaker** Documentary Competition. 7.45pm, Wyllyotts Centre.
- **\*Oakmere WI** 'Bandstands – History, Decline and Revival' – Paul Rabbits.

## FRIDAY 15th

- **\*RSPB Evening Meeting** all welcome. Richard Revels – 'Wildlife projects around Britain and Ascension Island'.
- **Chatsworth Christmas Market** Coach Trip, £55. 01707 903761.

## SATURDAY 16th

- **Tear Fund Big Quiz** St John's Methodist Church, 7.30pm. Join in with a quiz being held at many locations around the country.
- **Christmas Fayre** Potters Bar Baptist Church, Barnet Road, 11am–3pm. Stalls, light refreshments and lunches available.
- **Indoor Car Boot Sale** at Elm Court, 1–3.30pm. Book on 659602. Cost £13, buyers 50p. Entry at 1pm.
- **Quiz Night** Lea Valley Branch Cats Protection £6 per person, maximum 10 per table. Please bring own food and drink. Elm Court, Mutton Lane, Potters, EN6 3PB, 7.30–10.30pm. To book a table contact Stephanie on 01707 657876 or email [cplea@live.co.uk](mailto:cplea@live.co.uk).
- **Good as New Children's Toys and Equipment Sale** BP Rotary, Tilbury Hall, 12noon–2.30pm. Entry £1, refreshments available.

## SUNDAY 17th

- **Camera Fair** at Elm Court.
- **Family Creative Church** at St John's Methodist Church from 10.30am. Crafts, art and cooking followed by 20 minutes of worship for everyone.
- **Stamp Fair** Wyllyotts Theatre, 10am–3pm.
- **King Charles the Martyr Church** Bereavement Service, 4pm.

## MONDAY 18th

- **\*Brookmans Park WI** 'History and Present Day Story of RNLI'.

## TUESDAY 19th

- **'Jesus Christ Superstar'** PB Theatre Company, Wyllyotts Theatre. Box Office: [www.tickets.wyllyottstheatre.co.uk](http://www.tickets.wyllyottstheatre.co.uk) or 01707 645005.

## WEDNESDAY 20th

- **\*Enfield National Trust Association** Frank Bayford – 'Memories of Chase Farm Hospital'. 2pm, Holtwhites Sports & Social Club, Enfield. Info 01707 650969.
- **'Jesus Christ Superstar'** PB Theatre Company, Wyllyotts Theatre. Box Office: [www.tickets.wyllyottstheatre.co.uk](http://www.tickets.wyllyottstheatre.co.uk) or 01707 645005.

## THURSDAY 21st

- **\*Cuffley Horticultural Society** 'Majestic trees – success doesn't just happen' – Steve McCurdy.
- **'Jesus Christ Superstar'** PB Theatre Company, Wyllyotts Theatre. Box Office: [www.tickets.wyllyottstheatre.co.uk](http://www.tickets.wyllyottstheatre.co.uk) or 01707 645005.

## FRIDAY 22nd

- **Quiz** at Enfield Grammar School. £11 to include ploughman's supper, 6.45pm for 7pm start. To book a table Graham 01707 321759.
- **'Jesus Christ Superstar'** PB Theatre Company, Wyllyotts Theatre. Box Office: [www.tickets.wyllyottstheatre.co.uk](http://www.tickets.wyllyottstheatre.co.uk) or 01707 645005.

## SATURDAY 23rd

- **'Jesus Christ Superstar'** PB Theatre Company, Wyllyotts Theatre. Box Office: [www.tickets.wyllyottstheatre.co.uk](http://www.tickets.wyllyottstheatre.co.uk) or 01707 645005.
- **Christmas Market** Mount Grace PTGA and all are invited, in the hall from 11am–2pm.

## SUNDAY 24th

- **Blood Donor Session** at Elm Court.
- **\*Whitewebbs Museum of Transport** Open Day 10am–4pm. Adults £5, children free.
- **Potters Bar Music Centre** Sunday Showcase Free concert by their students. 3pm, St Mary's Church, The Walk.
- **\*Potters Bar Society** Walk.

## TUESDAY 26th

- **Slipper Swap Social** Pick up free slippers to prevent slips and trips! Oakmere Library, 12noon–3pm. More information visit [Hertfordshire.gov.uk/slipperswap](http://Hertfordshire.gov.uk/slipperswap) or call 0300 123 4049. Free but donations are welcome.

## WEDNESDAY 27th

- **\*PB Horticultural Society** AGM and Social.

## THURSDAY 28th

- **\*PB Filmmakers Club** AGM, Wyllyotts Centre.

## FRIDAY 29th

- **Winter Fayre** Ladbroke JMI School, Watkins Rise, PB, 3.30–5pm. Free admission.

## SATURDAY 30th

- **Christmas Tree Lighting Event** Oakmere Park, 3–6pm. Lights switch on at 5pm.
- **Indoor Car Boot Sale** at Elm Court. 11.45am for sellers, 1pm for buyers.
- **King Charles the Martyr Church** Christmas Bazaar, 11am – 3pm.
- **Christmas Tree Lighting** on Bradmore Green, Brookmans Park. Carols with Potters Bar Town Band and choirs from local schools. Mince pies, hot chocolate and mulled wine. Starts at 5.15pm.
- **\*Cherry Lodge Cancer Care** Christmas Market at St James Church, New Barnet.

# WHAT'S ON

- Rochester Dickensian Christmas Festival Coach Trip, £35. 01707 903761.

## DECEMBER

### SUNDAY 1st

- Christmas Fayre St Giles C of E School, 12noon–3pm. Santa, tombolas, festive stalls, children's games, Christmas café. Everyone welcome!
- Christingle Service at St John's Methodist Church, 10.30am.
- 'From Darkness to Light' A celebration in words and music for Advent Sunday. All welcome. 6.30pm, St Mary's Church, The Walk. Details 07803 756088.
- \*Cherry Lodge Cancer Care Barnet Street Fair.
- Bath Christmas Market Coach Trip, £37. 01707 903761.

### MONDAY 2nd

- \*Barnet Philatelic Society An Evening with Queen Victoria. Display and talk by Don Knight.

### TUESDAY 3rd

- King Charles the Martyr Church Dementia-friendly service, 2–3pm.
- Lunchtime Recital Catherine Wilmers Trio, 12.30pm. Retiring collection. Buffet lunch (£5) available from 12noon–1.30pm. St Mary's Church, The Walk.
- Birmingham's Frankfurt Christmas Market Coach Trip, £35. 01707 903761.

### WEDNESDAY 4th

- \*Cherry Lodge Cancer Care Barnet Schools Carol Singing in the Spires, 9.30am–2.30pm.

### FRIDAY 6th

- St Mary's Church North Mymms Christmas Tree Festival. Preview evening entry £15.

### SATURDAY 7th

- St Mary's Church North Mymms Christmas Tree Festival. Entry £2.
- \*Potters Bar Choral Society Christmas Concert including Holst "Christmas Day", seasonal readings and traditional carols for all to sing, 7.30pm. Our Lady & St Vincent's Church, Mutton Lane. Tickets £12. 01707 655297 or info@pbchoral.org for more information.

### SUNDAY 8th

- St Mary's Church North Mymms Christmas Tree Festival. Entry £2.
- \*Fir and Pond Wood Nature Reserve conservation work, no experience necessary, 10am. Details see organisations pages.
- Nine Lessons and Carols at St John's Methodist Church, 2.30pm.
- King Charles the Martyr Church Christmas Messy Church, 3–5pm.
- \*Potters Bar Society Walk.
- Lincoln Christmas Market Coach Trip, £36. 01707 903761.

### TUESDAY 10th

- \*Cuffley Floral Art Club Emily Broomhead (National Demonstrator) – 'The Night before Christmas'. Demonstrations start at 7.30pm.

### WEDNESDAY 11th

- \*RSPB Afternoon Meeting All welcome. Bernard Johnson – 'The Barnet Environment Centre, its history and work'.
- \*Cherry Lodge Cancer Care Barnet Schools Carol Singing in the Spires, 9.30am–2.30pm.

### THURSDAY 12th

- \*PB Filmmakers Club Christmas Social, Wyllyotts Centre.
- \*Oakmere WI 'Divine Chocolate – Its History' – Erik Houlihan-Jong.
- King Charles the Martyr Church Community Café Christmas Lunch, 12.30pm.
- \*Potters Bar Society Town Group Meeting, 7.30pm, Tilbury Hall.

### FRIDAY 13th

- \*RSPB Evening Meeting All welcome. Ann Scott – An update on her conservation project 'Pineapple Peril'.

### SATURDAY 14th

- Indoor Car Boot Sale at Elm Court. 11.45am for sellers, 1pm for buyers.
- Churches Together 'Discover Christmas' event A fun for all the family Christmas journey! Free admission – but please do let us know if you'll be coming. Sign up and more info at www.pbchurchesholidayclub.co.uk. From 2pm at St John's Methodist Church, Baker Street. Children welcome to come dressed as shepherds, angels or sheep!
- Winter Concert 11am, Dame Alice Owen's School. Free concert by ensembles from PB Music Centre Saturday morning Music School. Open to all. Refreshments provided.

### SUNDAY 15th

- Family Nativity Play and Carols at St John's Methodist Church, 4pm.
- Kew Gardens Festival of Light Coach Trip, £50. 01707 903761.

### MONDAY 16th

- \*Brookmans Park WI Ukulele Band.
- \*Barnet Philatelic Society Christmas Social Evening Bourse and competitions for: One Sheet and Postcards (9 sheets).

### THURSDAY 19th

- \*Cuffley Industrial Heritage Society Hallmarking silver, gold and platinum – Andrew Waite.
- King Charles the Martyr Church Community Café Carol Service, 11am.

### SUNDAY 22nd

- Carol Service All welcome. 5pm, St Mary's Church, The Walk. Followed by mulled wine and mince pies. Details 07803 756088.

### MONDAY 23rd

- Christmas Carol Concert Coach trip, £85. 01707 903761.

### TUESDAY 24th

- Crib and Christingle Service A Christmas celebration for all the family. 4pm, St Mary's Church, The Walk. Details 07803 756088.
- Midnight Services please refer to pages regarding Church details.

### WEDNESDAY 25th

- Christmas Day Services please refer to pages regarding Church details.

### THURSDAY 26th

- Boxing Day.

### SUNDAY 29th

- \*Whitebells Museum of Transport New Year Auto Jumble (MUSEUM CLOSED), 9am–2pm. Adults £5, children free.
- London Zoo Illumination Coach Trip, £50. 01707 903761.

## JANUARY 2020

### THURSDAY 2nd

- \*Potters Bar Society Town Group Meeting, 7.30pm, Tilbury Hall.

### SUNDAY 5th

- Toy Fair at Elm Court.
- \*Potters Bar Society Walk.

### MONDAY 6th

- \*Barnet Philatelic Society 'Somebody has got to collect it!' – display and talk by Brian Merryweather.

### TUESDAY 7th

- King Charles the Martyr Church Dementia-friendly service, 2–3pm.

### WEDNESDAY 8th

- \*RSPB Evening Meeting All welcome. Ann Scott – An update on her conservation project 'Pineapple Peril'.

### THURSDAY 9th

- \*Enfield National Trust Association Nigel Rowe – 'East from Moscow'. 7.45pm, Enfield Grammar School. Info 01707 321759.
- \*PB Filmmakers Award-winning films from the IAC. Wyllyotts Centre.
- \*Oakmere WI 'Japan, Land of Contrasts' – Joy Hall.

### SATURDAY 11th

- Indoor Car Boot Sale at Elm Court. 11.45am for sellers, 1pm for buyers.

### SUNDAY 12th

- \*Fir and Pond Wood Nature Reserve conservation work, no experience necessary, 10am. Details see organisations pages.
- Café Worship at St John's Methodist Church at 7pm. Informal praise, prayer and discussion in relaxed setting with coffee and cake.
- King Charles the Martyr Church Messy Church, 3–5pm.

### TUESDAY 14th

- \*Cuffley Industrial Heritage Society Designer and Pottery Artist, Lynn Dumbleton.

### WEDNESDAY 15th

- \*Enfield National Trust Association The Revd Dr Nicholas Henderson, 'Fortitude and Fancy – Catherine of Aragon and Anne Boleyn'. 2pm, Holtwhites Sports & Social Club, Enfield. Info 01707 321759.

### FRIDAY 17th

- \*RSPB Evening Meeting All welcome. Chris Ward – 'National Parks of the USA – 3 months in the extraordinary landscapes of Arizona, Colorado, Utah and Wyoming, full of wildlife'.

### SUNDAY 19th

- Family Creative Church at St John's Methodist Church from 10.30am. Crafts, art and cooking followed by 20 minutes of worship for everyone.

### MONDAY 20th

- \*Barnet Philatelic Society 'Grosvenor Entertains', display and talk by David Bird.

### WEDNESDAY 22nd

- \*PB Horticultural Society Welwyn Garden City Bee Society (Talk about Bees).

### THURSDAY 23rd

- 'Robin Hood & the Dame of Thrones' original but traditional pantomime from The Warren. Tickets available now from Wyllyotts Theatre, 01707 645005. Family fun with lots of laughs.
- \*PB Filmmakers Variable Subject Film Competition 'Old and New', Wyllyotts Centre.

### FRIDAY 24th

- 'Robin Hood & the Dame of Thrones' original but traditional pantomime from The Warren. Tickets available now from Wyllyotts Theatre, 01707 645005. Family fun with lots of laughs.

### SATURDAY 25th

- Quiz Evening 4th Potters Bar Scouts, St John's Methodist Church, Baker Street. Starts at 7pm with a meal. £8 per head. Tables of 8 preferred but we can accommodate smaller numbers. Contact Derek Smith 01707 652981.
- 'Robin Hood & the Dame of Thrones' original but traditional pantomime from The Warren. Tickets available now from Wyllyotts Theatre, 01707 645005. Family fun with lots of laughs.

# WHAT'S ON

- > **Indoor Car Boot Sale** at Elm Court 11.45am for sellers, 1pm for buyers.
- > **\*Potters Bar Choral Society** Off "Carmina Burana" in association with Lumina Choir, Hemel Hempstead Singers and the Hemel Symphony Orchestra. 7.30pm, Mount Grace School. Tickets £15. 01707 655297, pbchoral.org/carmina or info@pbchoral.org for more information.

## SUNDAY 26th

- > **'Robin Hood & the Dame of Thrones'** original but traditional pantomime from The Warren. Tickets available now from Wyllyotts Theatre, 01707 645005. Family fun with lots of laughs. 11.30am and 3.30pm performances.
- > **Stamp Fair** Wyllyotts Theatre, Darkes Lane, 10am–4pm.
- > **\*Whitewebbs Museum of Transport** Open Day, 10am–4pm. Adults £7, children 5–12 years £3.
- > **King Charles the Martyr Church** Patronal Festival, 10.30am.

## FEBRUARY 2020

### SATURDAY 1st

- > **'Singing in the Rain'** at the Mill at Sonning Coach Trip, £85. 01707 903761.

### MONDAY 3rd

- > **\*Barnet Philatelic Society** 'World War II, Part 2', display and talk by Alan Tunkel.

### TUESDAY 4th

- > **King Charles the Martyr Church** Dementia-friendly service, 2–3pm.
- > **Lunchtime Recital** Neil Crossland, piano, 12.30pm. Retiring collection. Buffet lunch (£5) available from 12noon–1.30pm. St Mary's Church, The Walk.

### WEDNESDAY 5th

- > **\*PB Horticultural Society** Len Little. Len is a retired police dog handler. He was with the Metropolitan and Hertfordshire Police for 13 years (Walking in the footsteps of Dixon of Dock Green).

### THURSDAY 6th

- > **\*PB Filmmakers Members'** unseen videos, Wyllyotts Centre.
- > **\*Potters Bar Society Town Group Meeting**, 7.30pm, Tilbury Hall.

### SATURDAY 8th

- > **Indoor Car Boot Sale** at Elm Court 11.45am for sellers, 1pm for buyers.

### SUNDAY 9th

- > **\*Fir and Pond Wood Nature Reserve** conservation work, no experience necessary, 10am. Details see organisations pages.
- > **King Charles the Martyr Church** Messy Church, 3–5pm.
- > **Café Worship** at St John's Methodist Church at 7pm. Informal praise, prayer and discussion in relaxed setting with coffee and cake.

### TUESDAY 11th

- > **\*Cuffley Industrial Heritage Society** 'Thames River Police' — Martin Wells.

### WEDNESDAY 12th

- > **\*RSPB Afternoon Meeting** All welcome. Bruce Bennett — 'The Wildlife of New Zealand's South Island'.

### THURSDAY 13th

- > **\*Enfield National Trust Association** Mark Lewis — 'Guardians of Light — The World of the Lighthouse Keeper'. 7.45pm, Enfield Grammar School. Info 01707 650969.
- > **\*Oakmere WI** 'Duchesses of the 21st Century' — Jane Dismore.

### FRIDAY 14th

- > **\*RSPB Evening Meeting** All welcome. Gary Prescott, the Birding Biker, presents 'Peruvian Birds — Pacific to Amazonia', including a ride down the world-famous Manu Road.

### SATURDAY 15th

- > **Inaugural Gala Organ Recital** by Paul Hale, Southwell Cathedral Organist Emeritus. 7.30pm, St Mary's Church, The Walk. Tickets (£15), under 15s free, available on the door or via tickets@stmaryspb.org.uk. Interval refreshments.

### SUNDAY 16th

- > **Family Creative Church** at St John's Methodist Church from 10.30am. Crafts, art and cooking followed by 20 minutes of worship for everyone.
- > **\*Potters Bar Society** Coffee Morning, 10am–12noon, Tilbury Hall.

### MONDAY 17th

- > **\*Brookmans Park WI** Members entertain.
- > **\*Barnet Philatelic Society** Japan, display and talk by Jonathan Smith.

### TUESDAY 18th

- > **King Charles the Martyr Church** Pancake Party, 4–6pm.

### WEDNESDAY 19th

- > **\*Enfield National Trust Association** Gary Fisher — 'The History of Hatfield House'. 2pm, Holtwhites Sports & Social Club, Enfield. Info 01707 650969.
- > **\*PB Horticultural** Bruce Bennett — 'Cyprus'. Bruce is a member of the Potters Bar and Barnet RSPB. He is a keen gardener and photographer.

### THURSDAY 20th

- > **\*PB Filmmakers** John Astin — 'An evening with the Fonts', tuition on titles, fonts and transitions.

### FRIDAY 21st

- > **'Sleeping Beauty' Pantomime** Cheshunt Dramatic Society at GO Hub (formerly Goffs Oak Village Hall). Contact Pam on 07721 665187 for more details.

### SATURDAY 22nd

- > **Indoor Car Boot Sale** at Elm Court, 11.45am for sellers, 1pm for buyers.
- > **'Sleeping Beauty' Pantomime** Cheshunt Dramatic Society at GO Hub (formerly Goffs Oak Village Hall). Afternoon and evening. Contact Pam on 07721 665187 for more details.

### SUNDAY 23rd

- > **\*Whitewebbs Museum of Transport** Rover Day — visit from Rover Sports Register, 10am–4pm. Adults £7, children aged 5–12 years £3.
- > **'Sleeping Beauty' Pantomime** Cheshunt Dramatic Society at GO Hub (formerly Goffs Oak Village Hall). Afternoon performance. Contact Pam on 07721 665187 for more details.

### THURSDAY 27th

- > **'Double Acts'** Bring laughter to Wyllyotts Studio, Wyllyotts Theatre. Presented by Potters Bar Theatre Company. Box Office: www.tickets.wyllyottstheatre.co.uk or 01707 645005.

### FRIDAY 28th

- > **'Double Acts'** Bring laughter to Wyllyotts Studio, Wyllyotts Theatre. Presented by Potters Bar Theatre Company. Box Office: www.tickets.wyllyottstheatre.co.uk or 01707 645005.

### SATURDAY 29th

- > **'Double Acts'** Bring laughter to Wyllyotts Studio, Wyllyotts Theatre. Presented by Potters Bar Theatre Company. Box Office: www.tickets.wyllyottstheatre.co.uk or 01707 645005.
- > **Hertfordshire Philharmonia Concert A** 'Beethoven Concert' including his Symphony No. 6. 7.30pm. St Mary's Church, The Walk. Email tickets@hertphil.org.uk or phone John Cox on 01727 857827.
- > **Cirque du Soleil** Luzia Coach Trip, £120 top price seats in the stalls. 01707 903761.

## MARCH 2020

### MONDAY 2nd

- > **\*Barnet Philatelic Society** Quiz evening with fish 'n' chip supper.

### TUESDAY 3rd

- > **King Charles the Martyr Church** Dementia-friendly service, 2–3pm.
- > **Lunchtime Recital** Organ (recitalist tbc), 12.30pm. Retiring collection. Buffet lunch (£5) available from 12noon–1.30pm. St Mary's Church, The Walk.

### WEDNESDAY 4th

- > **\*PB Horticultural Society** Ann and John Wallington — 'Patagonia'. Ann and John are active members of the camera club and have visited many exciting places.

### THURSDAY 5th

- > **\*PB Filmmakers** A guest speaker.
- > **\*Potters Bar Society** Society Town Group mtg., 7.30pm. Tilbury Hall

### SATURDAY 7th

- > **Jumble Sale** 4th Potters Bar Scouts, St John's Methodist Church, Baker Street, Potters Bar, EN6 2DZ. Entry (from Heather Way) £2 at 10am, 50p at 10.30am. Finishes about noon.
- > **Indoor Car Boot Sale** at Elm Court, 11.45am for sellers, 1pm for buyers.

### SUNDAY 8th

- > **\*Fir and Pond Wood Nature Reserve** conservation work, no experience necessary, 10am.
- > **Café Worship** at St John's Methodist Church at 7pm. Informal praise, prayer and discussion in relaxed setting with coffee and cake.
- > **King Charles the Martyr Church** Messy Church, 3–5pm.

### TUESDAY 10th

- > **\*Cuffley Floral Art Club** with Eleanor Bracken — title tbc.
- > **\*Cuffley Industrial Heritage Society** 'The History of English Furniture' — Azemia Taylor.

### THURSDAY 12th

- > **\*Enfield National Trust Association** Jonathan Fryer — 'Life as a Foreign Correspondent'. 7.45pm, Enfield Grammar School. Info 01707 650969.

### SATURDAY 14th

- > **Quiz** at Tilbury Hall, Potters Bar, 7 for 7.15pm. Tickets £11 to include a ploughman's supper in aid of 'Remap' — see page 5. Tickets and information Pam 01707 650969.

### SUNDAY 15th

- > **Toy Fair** at Elm Court.
- > **Family Creative Church** at St John's Methodist Church from 10.30am. Crafts, art and cooking followed by 20 minutes of worship for everyone.
- > **Potters Bar Music Centre** Sunday Showcase Free concert by their students. 3pm, St Mary's Church, The Walk.

### MONDAY 16th

- > **\*Brookmans Park WI** Great Ormond Street Hospital.
- > **\*Barnet Philatelic Society** Bourse and 9 Sheet Competitions for: Stamps, Postal History and Thematics.

### WEDNESDAY 18th

- > **\*Enfield National Trust Association** Mark Fox — 'The London Palladium'. 2pm, Holtwhites Sports & Social Club, Enfield. Info 01707 650969.

Please check details of these events by telephoning the contact provided. An asterisk \* means more details about venues and times included in Clubs and Organisations section. To include an event contact: [susan.weaver4@ntlworld.com](mailto:susan.weaver4@ntlworld.com)



## Canoeist's triumph

*Toby Marlow from Potters Bar, a member of St Albans & Hertsmeres Canoe Club and also Lee Valley Paddle Sport Club, has just been crowned the 2019 British Mens Junior Freestyle Kayak Champion.*



Competing at Holme Pierrepont in Nottingham at the National White Water Centre on the very tricky "Twin Wave", he beat the competition in a thrilling final. In the final the five highest-placed competitors from the heats had 3 rides of 45 seconds each to throw down as many tricks in a wave as possible. A panel of judges mark the tricks against some strict criteria. The highest score wins. Toby's first ride set the benchmark of 440

points which remained unbeaten in this category. All the moves were spectacular aerial end-on-end tumbles, spins, and twists in the wave. Freestyle is spectacular to watch and always draws in onlookers.

Locally, Freestyle can regularly be seen at Lee Valley White Water Centre near Waltham Cross, a place that is well worth a visit. As well as a chance to catch Toby training, there are rafting, kayaking, and 'SUP' (Stand-Up Paddle-boarding) courses if you want to get involved, a cafe and the Lee Valley Park to explore. All of this is part of the 2012 Olympic legacy. In 2022 the ICF World Canoe Freestyle Championships are coming to the UK.

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## Potters Bar Tennis Club

*The Walk, Potters Bar, EN6 1QL*

**ELM COURT MINI TENNIS** Mondays from 4th November 2019 through to 30th March 2020 excluding school holidays. Times 4–5pm for ages 4–7 years, 5–6pm for ages 7–9 years.

**JUNIOR FRIDAY NIGHTS AT THE WALK** from 8th November 2019 through to end of March 2020 excluding school holidays. These times are 4.30–5.30pm for ages 9–13 years, 5.30–6.30pm for ages 14–18 years. Members free, non-members £5 per session.

**ADULT PLAY** Every Monday evening 'Pay and Play' is available from 7–9 pm (Improvers mixed). Cost for non-members is £7 per session.

**ADULT COACHING** Beginners Ladies Tuesday 9.30–11.30am. Non-members £5 per session. Improvers mixed Thursday 10–11am. Non-members £6 per session.

Contact for all the above courses is Head Coach Karl Mills whose mobile is **07939 303483**. Membership Information is obtainable from the Membership Secretary Sue Vallance on **01707 645909** or email [sue.vallance3@btinternet.com](mailto:sue.vallance3@btinternet.com).

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## South Herts Hikers



*Weekend hikes in the Hertfordshire countryside all year round.*

South Herts Hikers is an on-line hiking group based in Potters Bar that uses the social media web site Meetup.

Since its inception in January 2018 its membership in Hertfordshire and North London has grown to over 740. It has organised over 60 day-hikes in Hertfordshire or surrounding areas plus some hiking weekends away to the New Forest, Peak District, Cotswolds, Shropshire Hills and Sussex.

This photo shows somewhere within walking distance of Potters Bar that you can only get to by footpath. Day-hikes continue in autumn and winter and are typically 8–10 miles long. You can find the programme of future events on the Meetup group where you can also join the group and sign up for events.

The group also shares route details, with directions and photos for some of their past hikes using the on-line GPS trail sharing web site Wikiloc. You can download the GPS route details then go out and follow them on your own using GPS on a smart phone. If using GPS on public footpaths is new to you, there is a "HowTo" guide on the South Herts Hikers website.

For further details please see Group website [www.southhertshikers.uk](http://www.southhertshikers.uk). Meetup Group [www.meetup.com/SouthHertsHikers](http://www.meetup.com/SouthHertsHikers) or phone 020 8449 1553.

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## 9th Dan for Karate Instructor

*Potters Bar Shotokan Karate Club is celebrating their Chief Instructor, Sensei Gregory Durant, achieving his 9th Dan. This is a very prestigious award with few karateka reaching such a high level. The club is also looking forward to the inclusion of karate in next year's Olympic Games. We always welcome new members, either students with previous experience or complete beginners. Our four-week beginners' course costs £20, with the first lesson free.*



Training is at the Furzefield Centre, Mutton Lane on Wednesdays between 7–8pm for juniors and 8–9pm for adults. Sundays 11.30am–12.30pm for all. For more information please telephone 07534 563456.

**Lis Torry**  
Club Secretary

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*Mine Murat*, BSc mCSP



Physiotherapy Rehabilitation Services

## Potters Bar Rotary and Essex & Herts Air Ambulance join forces at their Annual Classic Car and Bike Show

Held at Elm Court in Potters Bar, Sunday 18th August 2019.

For the seventh year running classic car and bike owners were proud to bring their pride and joy vehicles to Elm Court on Sunday 18th August 2019. This year the day was organised by Potters Bar Rotary in partnership with Essex & Herts Air Ambulance to raise money for the air ambulance and other Rotary charities such as Parkinson's UK. Due to this collaboration, we were excited to see an impressive line up of trucks supporting this event (see picture).

Many local exhibitors return year after year, some travelling from far afield, but there are also new recruits as the event grows in popularity. This year we were pleased to welcome a record 150 entries of gleaming classic cars, bikes and trucks. One of the stars of the show was a lovingly restored camper van.

Despite somewhat changeable weather many enthusiasts and families came along to join in the fun and admire the fantastic range of vehicles, eat cake and drink tea. It was a real family day with an ice cream van and trampoline fun for the children along with a speed trap course kindly provided for us by the local police.

There were also many competitions, raffles, sideshows and charity stalls to enjoy, including the Essex & Herts Air Ambulance, Medical Detection Dogs and Christmas in Potters Bar. Special thanks are due to John Godfrey and Chris Cardell-Williams along with friends and families of Rotarians of Potters Bar and the Essex & Herts Air Ambulance volunteers.

Entertainment was provided by Shades of Midnight who will also be performing at the Wyllyotts Theatre at the 'Blast from the Past 3' event on Wednesday 13th May 2020.



### Dates for Your Diary

Next year the event will once again be organised by Potters Bar Rotary in partnership with Essex & Herts Air Ambulance. Look out for this event in 2020 and get your entry in early – planned date will be Sunday 23rd August.

Christmas is Coming! In this publication you will find our proposed Sleigh Dates and Routes – make sure you don't miss Father Christmas and his helpers.

If you have musical youngsters who play in a band, make sure they are ready to get rehearsed for the 'Battle of the Bands' Rotary competition that will be held on the weekend of 14/15th March 2020. Winners from this get a recording session as well as the chance to play at Wyllyotts Theatre and Potters Bar Carnival.

Potters Bar Rotary is a group of local people who work and play together to help raise money and support for local, national and international charities. If you are interested in joining them, or even just helping out from time to time with events, please contact Chris Cardell-Williams on [enquiries@pottersbarrotary.uk](mailto:enquiries@pottersbarrotary.uk).



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tlccare.co.uk



Cooperscroft: 30 August 2018  
Cuffley Manor: 13 January 2018

**Cooperscroft**  
Coopers Lane Road,  
Potters Bar, EN6 4AE  
**01707 861 423**

**Cuffley Manor**  
Coopers Lane Road,  
Potters Bar, EN6 4AA  
**01707 861 424**

## SLEIGH ROUTES AND DATES 2019

### Brookmans Park Rotary

**PLEASE NOTE:** We try to cover all areas of Cuffley, Welham Green, Essendon and Brookmans Park. However, if your road is not specifically mentioned, you can catch Father Christmas and the sleigh in an adjacent road on one of the dates listed, or at the lighting of the Christmas Tree on 30th November on Bradmore Green, Brookmans Park. Times are approximate.

#### Sunday 1st December - Cuffley from 4pm

Tolmers Road, Thrush Lane, Starling Lane, Tolmers Road, Station Road, Theobalds Road, Theobalds Close, Kingsway, Burleigh Way, Colesdale, Northaw Road East, King James Avenue, Bacons Drive, Cranfield Crescent, Plough Hill, Kings Mead.

#### Monday 2nd December - Cuffley from 6pm

Sutherland Way, Sutherland Avenue, Leefe Way, Bradgate, Coulter Close, Hill Rise, Warwick Avenue, Hanyards Lane, Hill Rise.

#### Wednesday 4th December - Cuffley from 6pm

Tolmers Road, High Ridge, Tolmers Road, Brookside Crescent, Homewood Avenue.

#### Sunday 8th December - Welham Green from 4.30pm

Knolles Crescent, Greville Close, Gould Close, Dellsome Lane, Parsonage Lane, Parsonage Road, Pooleys Lane, Puttocks Drive, Frowick Close, Huggins Lane.

#### Monday 9th December - Welham Green from 6pm

Dellsome Lane, Vincenzo Close, Somers Road, Somers Square, Sibthorpe Road, Lydia Mews, Welham Close.

#### Tuesday 10th December - Essendon from 6pm

West End Lane, Essendon Hill, High Road, School Lane, Rectory Close, School Lane, East View, Glebe Cottages, High Road, Church Street.

#### Wednesday 11th December - Welham Green from 6pm

Bulls Lane, Meadow Close, Skimpans Close, Holloways Lane, Booths Close, Nash Close, Dixons Hill Road, Station Road.

#### Sunday 15th December - Brookmans Park from 4.30pm

Bradmore Way, Peplins Way, Brookmans Avenue, Mymms Drive, Moffats Lane, Bluebridge Road.

#### Monday 16th December - Brookmans Park from 6pm

The Gardens, Westland Drive, Oaklands Avenue, Bluebridge Road, Bluebridge Avenue.

#### Wednesday 18th December - Brookmans Park from 6pm

The Grove, Calder Avenue, Shrublands, Woodlands, Calder Avenue, Mymms Drive.

Brookmans Park Rotary wish to thank the Carnival Committee for a donation of £250 to renovate their Christmas sleigh which was rain damaged during last year's routes. The club has been able to upgrade lighting, music, etc by matching their generous contribution.

### Potters Bar Rotary

**PLEASE NOTE:** We try to cover all areas of Potters Bar but if your road is not specifically listed, you can catch Father Christmas and the sleigh in an adjacent road on one of the dates listed. Times are approximate.

Father Christmas will be in the vicinity of the following roads, weather permitting, on:

#### Sunday 1st December - 5.30pm to 7.30pm

Elmroyd Avenue, Daleside Drive, Sunnybank, Meadow Way, The Greenway, Field View Road, Brackendale, The Byway

#### Wednesday 4th December - 6.30pm to 8.30pm

The Drive, Heather Way, Sherwood Avenue, Allandale Crescent, Brooklands, Aberdale Gardens, Elmscroft Gardens

#### Sunday 8th December - 5.30pm to 7.30pm

Deepdene, Wroxham Gardens, Mimms Hall Road, Ormesby Drive, Oulton Crescent, Auckland Road, Borough Way, Cambridge Drive

#### Monday 9th December - 6.30pm to 8.30pm

Billy Lows Lane, Mount Grace Road, Quakers Lane, Cranmer Close, Grangewood, Heath Drive

#### Tuesday 10th December - 6.30pm to 8.30pm

Oakmere Lane, Tempest Avenue, Forbes Avenue, Carpenter Way, Gregory Avenue, Highview Gardens

#### Wednesday 11th December - 6.30pm to 8.30pm

Cotton Road, Trewenna Drive, Peshurst Road, Thaynesfield, Northlands, Torrington Drive, Tiverton Road, Hatherleigh Gardens

#### Sunday 15th December - 5.30pm to 7.30pm

Elmfield Road, Oakroyd Avenue, The Shrublands, Wellesley Crescent, Shillitoe Avenue, Kimptons Mead, Rushfield, SanTERS Lane

#### Monday 16th December - 6.30pm to 8.30pm

Hyde Avenue, Willow Way, Beechwood Avenue, Ashwood Road, Hill Rise, Park Avenue, Oakmere Avenue

#### Tuesday 17th December - 6.30pm to 8.30pm

Cranborne Road (as far as Cranborne Crescent), Cranborne Crescent, Laurel Fields, Laurel Avenue, Dugdale Hill Lane

#### Wednesday 18th December - 6.30pm to 8.30pm

The Walk, Highfield Way, Byng Drive, Ladbrooke Drive, Strafford Gate, Melrose Avenue, Albemarle Avenue, Otways Close

Saturday 21st, Sunday 22nd, Monday 23rd and Tuesday 24th December outside Tesco Store in Mutton Lane, 8am to 2pm.

# Potters Bar Society walks to January 2020



*If you are interested in furthering your knowledge and understanding of the local environment, then these walks should appeal. Non-members are welcome but please make sure you know the protocol and walks rules. In case of emergency please carry contact details (which can easily be found) including details of any medications and allergies that paramedics would need to note. You join all of the walks at your own risk.*

In the event of adverse weather conditions, please telephone the walks leader as the walk may have to be cancelled. All walks start at 1.30pm.

### Sunday 10th November 2019

*Meet:* School Lane, Essendon at junction with High Street (TL257086). Please park towards school end of lane. *Route:* Essendon, golf course, Little Berkhamsted, Howe Lane and return. About 6 miles. *Leader:* 01707 655732.

### Sunday 24th November 2019

*Meet:* Riverside car park (adjacent to St Peter Church) London Colney. *Route:* West along River Colne turning south to cross M25 passing Arsenal training ground to join Watling Chase Trail. Return via Barley Mo Farm and Broad Colney. About 5.5 miles. *Leader:* 01707 851498.

### Sunday 8th December 2019

*Meet:* Village Hall car park, Goffs Oak. *Route:* Walk to Wood Green Farm, Theobalds Manor and return via Silver Street. About 4.5 miles. *Leaders:* 01707 643832.

### Sunday 22nd December 2019 - No walk

### Sunday 5th January 2020

*Meet:* Dixons Hill Close, Welham Green. Park near motorway AL9 7EF (TL 2205048). *Route:* North Mymms Park return via Veterinary College and Waterend. About 4 miles. *Leader:* 01707 264689.

Details of later walks may be accessed on the Society's website, [www.pbsoc.org.uk](http://www.pbsoc.org.uk). We are still looking for additional walks' leaders – please ring 01707 643832 if you can help.

**Nick Partington**  
MSSCh MBChA  
**CHIROPODIST / PODIATRIST**  
HCPC Registered No:17451  
**Home Visits 01438 714531**

# The Peace Light from Bethlehem at King Charles the Martyr

*Each year a child from Upper Austria kindles a flame from the 'Eternal Flame' from the Nativity Grotto in Bethlehem where Jesus was born. The light is then flown to Austria from where it is distributed at a Service of Dedication to delegations from across Europe who take it back, with a message of peace, to their own countries for use at ecumenical services throughout the continent.*

In 2019 the 5th Potters Bar Scouts and Guides will be welcoming the Peace Light into the Church of King Charles the Martyr on Thursday 19th December where it will stay alight throughout the Christmas season. The Revd Atalie Gaines, vicar at King Charles the Martyr said "We are delighted that we are able to reignite this tradition at KCM with our uniformed organisations and recognise the significance of a peace flame that has travelled from Bethlehem at this special time of the year."

Please contact the church office ([office@kcm-church.org.uk](mailto:office@kcm-church.org.uk) or 01707 665579) if you would like to collect the Peace Light to pass it forward to other churches, hospitals, homes, etc. or to anybody that appreciates the significance of the 'gift' of light this Christmas.

For more information please see [www.peacelight.org.uk/http://5pbscouts.co.uk](http://www.peacelight.org.uk/http://5pbscouts.co.uk) or [www.kcm-church.org.uk](http://www.kcm-church.org.uk).

# St Mary's Church North Mymms Christmas Tree Festival



6th – 8th December 2019

The Christmas Tree Festival is back by popular demand. The theme this year is ★STARS★. We are inviting families, individuals, schools, businesses and organisations to enter a tree and provide a glittering display to light up the church. We are also delighted to announce that the Buck Brass Trio who wowed us all at the last festival will be returning to play at the Preview Evening on Friday 6th December – tickets £15. Entry on Saturday and Sunday is £2 (free for those under 16). There will be refreshments, children's workshops, cake, book and craft stalls. As previously, when we had over 40 trees, visitors will be asked to vote for their favourite tree. For more information, opening times and details on how to enter a tree or to buy tickets for the Preview Evening go to [www.stmarysnorthmymms.org.uk](http://www.stmarysnorthmymms.org.uk) or contact [sheila.woile@btinternet.com](mailto:sheila.woile@btinternet.com).

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## It's beginning to feel a lot like Christmas!

*It seems so early to be thinking about Christmas, but for our group 'Christmas in Potters Bar' we never really stop thinking about it! Our group raises funds to put up festive lights in the town; we had a brilliant first year and are very excited that our second year has been even more well supported. For 2019 our town will have lights in Darkes Lane, The High Street and a part of Barnet Road. We've managed to increase our lights total from 52 to 61 and that's all thanks to you. We have been well supported by the whole community at a variety of events including Potters Bar Carnival, Quiz nights, Elm Court car boot sales, the Rotary Classic car show and an afternoon tea. We are also thankful for the generous donations of time and money from volunteers, organisations and businesses across Potters Bar, including our light switch-on sponsor, Canada Life, which has donated £10,000 to help keep Potters Bar shining bright!*

To celebrate the start of the festive period we will be holding a Community tree-lighting event at Oakmere Park on Saturday 30th November 2019, 3–6pm, with the lights switched on at 5pm. We've taken on feedback from last year and will have more stalls, microphones and viewing spaces. If you would like a stall at our event for the cost of £25 please send us an email at [christmasinpottersbar@gmail.com](mailto:christmasinpottersbar@gmail.com). It's an event not to be missed!

Donations are always gratefully received at any time of year through our crowd-funding page [www.gofundme.com/christmasinpottersbar](http://www.gofundme.com/christmasinpottersbar) or directly into our Barclays Bank Account, Sort Code 20-05-73, Account Number 13720985.

**Lynette Sullivan**

*Chair 'Christmas in Potters Bar'*

## Christmas lights to shine thanks to local company donation

*Locally headquartered company CANADA LIFE is sponsoring the official switching on of the Christmas Lights this year. The company has donated £10,000 to the 'Christmas in Potters Bar' project, which will ensure that the lights this year are more spectacular than ever.*

"Christmas in Potters Bar is so pleased to have local businesses support our local project which benefits the whole community and unites everyone in the festive period. Canada Life's generosity has been amazing and will allow us to help the local community."

Canada Life is one of the biggest employers in the area, and has been providing retirement, investment and insurance solutions to individuals, families and companies in the UK since 1903.

Richard Priestley, MD and Executive Director at Canada Life, said:

"Our employees are incredibly proud to be supporting the Christmas lights, and making sure that once again we have a high street that's ready to share in a little festive spirit. We're also looking to shed light on some of the important work done by charities at this time of year, particularly ones that are often overlooked. We're raising money for Histio UK, a brilliant charity working to help reduce the suffering of those with histiocytosis. Sufferers from this life-threatening disease often feel immense pain, which affects young children and adults in the UK. Our employees are raising funds for Histio UK to help research and fight histiocytosis."

Canada Life will be at the Christmas light switch on event at Oakmere park on Saturday 30th November 2019 from 3–6pm with a stall to raise awareness and money for this worthy charity. You can find out more information about Histio UK and find ways to get involved at [www.histiouk.org](http://www.histiouk.org).



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# Wylllyotts Theatre

## Rocket Man - A Tribute to Sir Elton John

Friday 1st November, 8pm  
Tickets £23

We bring you the number one tribute to one of the greatest musicians of all time, Sir Elton John. Starring world renowned tribute artist Jimmy Love, no one else recreates the flamboyant megastar with as much vigour and brilliance. Join us as Jimmy and his amazing live band provide 2 hours of glorious Elton John hits.

## Snow White Ballet

Saturday 2nd November, 2pm  
Tickets £20, Children £15

Join the Vienna Festival Ballet on a magical journey with their unmissable production of Snow White. World class choreography propels this timeless fairy tale and answers the question – "Who is the fairest one of all?". This spellbinding ballet promises to entertain and dazzle the whole family.

## Sindhu Vee: Sandhog

Wednesday 13th November, 7.30pm  
Tickets £18.50, Concessions £17

Edinburgh Comedy Award Best Newcomer nominee 2018, Sindhu Vee extends her UK tour, due to popular demand, with her

critically acclaimed show 'Sandhog'. A highly anticipated debut from the host of BBC R4's comedy of the week podcast and as seen on 'QI' and 'Have I got News for you'. NB: The show starts promptly at 7.30pm. No latecomers will be admitted.

## An Audience with Queen Elizabeth I

Thursday 14th November, 2pm  
Tickets £12

To mark the ascent to the throne of Elizabeth I on 17th November 1558, local historian Gary Fisher invites you to learn about life at the Queen's Court. Questions on any aspect of the Queen's reign will be encouraged. This will be an entertaining and informative afternoon with two cast members portraying characters from all the historic palaces.

## An evening with Pat Jennings

Thursday 14th November, 8pm  
Tickets: Balcony £13.50, Flat Floor £16.50, Stalls £19.50, VIP £49

Pat Jennings had a truly illustrious football career playing for Northern Ireland 119 times over 22 years and playing for Spurs for 13 years. Hosting the event is Micky Hazard who made over 100 appearances for Spurs, including in the winning 1982 FA Cup team.

## Jive Aces Big Beat Revue

Friday 15th November, 7.30pm  
Tickets £22

The UK's No. 1, and world's busiest swing and jive band. The Jive Aces present their biggest theatre show to date, the 'Big Band Revue'. Featuring special guests, it showcases the best in 40s and 50s rhythm and blues and rock 'n' roll. This show will have you out of your seat with its larger than life big-beat sound.

## Ed Gamble: Blizzard 2019

Saturday 16th November, 8pm  
Tickets £17

After a sell-out national tour in Spring 2019, Ed Gamble's tour has been extended. Ed has appeared on 'Live at the Apollo', 'Mock the Week', 'Comedy Central', 'The Apprentice – You're fired' and many others. Recommended age 14 years plus.

## The Lady Boys of Bangkok

Sunday 24th November, 7.30pm  
Tickets £24, Concessions £23

This show has now been seen by over 3

million people and has been touring for over 21 years. This all-new production for 2019 is bigger and glitzier than ever. Prepare for a night you will talk about for years. Without doubt this is the number one cabaret touring the UK.

## Lucy Worsley - Queen Victoria - Daughter, Wife, Mother and Widow

Tuesday 26th November, 7.30pm  
Tickets £24

Historian Lucy Worsley would like you to meet a complex, contradictory woman who had a traumatic childhood, loved dancing and who suffered calamity and bereavement, before coming out the other side as an eccentric, powerful and really, rather magnificent old lady.

## Christmas Memories

Thursday 28th November, 1pm  
Tickets £15

Neil Sands and his wonderful cast are back with the biggest-ever production of their hit show filled with more songs and even more stunning costumes, bringing you an unforgettable afternoon of festive nostalgia taking us back to a time when Christmas

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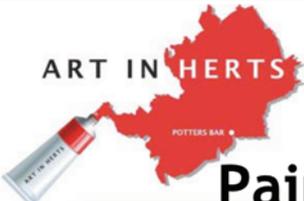
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## Exhibition and Sale of Paintings at the Northaw Village Hall

**Saturday 30th November**  
until **Sunday 1st December**  
**Saturday 10.15am-5pm**  
**Sunday 10am-4pm**



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really was the most wonderful time of the year.

### An Evening with Eric and Ern

Thursday 28th November, 8pm  
Tickets £23

From the Olivier-nominated duo behind the hugely celebrated and critically acclaimed West End hit 'Eric and Little Ern'. Ian Ashpitel and Jonty Stephens bring you a brilliant homage crammed full of renditions of those famous comedy sketches that hit all the right notes.

### Boogie Wonderland Christmas Show

Friday 29th November, 8pm  
Tickets £23

Join us for the ultimate celebration of the biggest disco floor-fillers ever. Boogie Wonderland Christmas Show is guaranteed to have you dancing all night long.

A live 8-piece band of West End musicians presents all your favourite disco hits with a Christmas twist. Slick choreography and stunning vocals deliver the greatest disco party ever.

### The Elvis Years at Christmas

Saturday 30th November, 7.30pm  
Tickets £25

It is time to get well and truly into the Christmas spirit. Experience an Elvis-style Christmas like never before in an evening

packed with solid gold classics from the King, plus all the moments that help to make Christmas the most wonderful time of the year.

### The Drifters

Sunday 1st December, 7.30pm  
Tickets £27

The Drifters are back on tour in the UK with a brand-new show, performing all their classic hits from the last six decades. The legendary group has been inducted into the Rock and Roll Hall of Fame, and is listed among the 'Greatest Artists of All Time' by Rolling Stone magazine.

### Wyllyotts Annual Pantomime - Sleeping Beauty

For times and ticket prices go to [www.wyllyottstheatre.co.uk](http://www.wyllyottstheatre.co.uk) or ring the Box Office on 01707 645005.

A dream of a pantomime for all the family this Christmas. From the team behind last year's hit show, join us for another spectacular pantomime full of music, laughter and amazing special effects.

**Wyllyotts Theatre,  
Wyllyotts Place, Darkes Lane,  
Potters Bar,  
Hertfordshire EN6 2HN  
HERTS BOX OFFICE:  
01707 645005  
[www.wyllyottstheatre.co.uk](http://www.wyllyottstheatre.co.uk)**



**POTTERS BAR THEATRE COMPANY**  
Bringing Musicals and Drama to Potters Bar

## Double Acts

27th-29th February 2020

**Bring laughter to Wyllyotts Studio, Wyllyotts Theatre, Potters Bar Theatre Company**

Potters Bar Theatre Company presents *Double Acts* by John Finnemore, writer of *Cabin Pressure*, and it comes as not one, not two, but three hilarious plays from his popular radio series *Double Acts*. This production brings three wonderful plays together for a triple-feature: *Wysinmywg*, *Red Handed*, and *Hot Desk*. The characters in these fast-paced plays are written beautifully, with sharp, witty and funny dialogue.

We know you will have an entertaining evening. So come and join us to see John Finnemore's bizarre and hilarious theatrical '*Double Acts*'.

Venue: **Wyllyotts Studio, Wyllyotts Theatre, Wyllyotts Place, Darkes Lane, Potters Bar, Hertfordshire EN6 2HN**

Dates: **Thursday 27th to Saturday 29th February 2020**

Times: **Evening Performances 7.30pm  
Saturday Matinée at 2.30pm**

Box Office: **[www.tickets.wyllyottstheatre.co.uk](http://www.tickets.wyllyottstheatre.co.uk)  
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**Potters Bar Theatre Company**

# DOUBLE ACTS



by John Finnemore

An Amateur production

27th-29th February at 7.30pm, Saturday Matinée at 2.30pm  
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## Potters Bar Baptist Church Christmas Fayre

*Potters Bar Baptist Church will be holding its Christmas Fayre on Saturday 16th November from 11am-3pm. Every year the church donates 20% of the money raised to be split between two different charities. This year our chosen charities are Potters Bar Assisting Disabilities and the Stroke Association.*

Recently one of the members of our Craft and Chatter group, Betty Card, passed away following a stroke. She was an amazing lady and knitter extraordinaire who knitted many items for this year's Christmas Fayre including miniature Frozen characters Elsa, Olaf and Anna to be used as prizes in our treasure hunt. Betty was always enthusiastic with a ready smile and she is sadly missed.

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## What's in a name?

*In 1964 the Rev Ralph Nurse and the officials of Potters Bar Baptist Church discussed the needs of those folk who had retired and who would like to meet on a weekly basis for companionship, but for that meeting to be varied, not just playing cards or bingo. Mrs Doris Wickett, a church member, was approached about the formation of the club and nervously agreed to take on the responsibility. The starting date was to be the 16th October at 2pm until 4pm and the club would be named 'Darby & Joan Friday Circle', the chosen meeting day of the week.*

The club flourished and outings to the coast and gardens soon became part of the programme. In 1971 the meeting day changed from a Friday to the Wednesday and so 'Friday Circle' was dropped. The membership had increased from 55 in 1974, to 71 in 1976 and so had to be restricted. The organisational skills that Doris, together with husband Reg, put into the club continued to bear fruit with complete holidays arranged, leaving by coach from the church, something that would prove popular during June Gray's secretarial role in later years.

By the mid-80s Doris was seriously ill and had to stand down, which left the treasurer wearing many different hats to keep the club running. A new leader was desperately needed and was found (on a temporary basis that lasted 9 years!) in Mrs Molly Boughton. In 1989 June Gray took over as secretary, so removing one of Vera Eccleshall's hats, and organised the programme of events, such as theatre outings, holidays to all points of the compass in the UK, day excursions to the coast or to London to see Buckingham Palace and the London Eye, and countless other places.

With the changing population the club became more 'Joan' and less 'Darby' and so the decision was made to bring the title up-to-date by changing it to 'The WEDnesday. COMMunity Club' or 'Wednesday Community Club' as it appears in the 'Local Organisations' page in this magazine. So on Wednesday the 23rd October 2018 the club celebrated its 55th anniversary with a guest speaker from 'Mercy Ships'.

Sadly another change has taken place in that June Gray, who had served as secretary for 30 years, lost her battle with cancer on the 6th of September and is already missed for her smile and laughter and as so many have said, "June was always singing" even in Tesco. So as you can see the name may change but the club and the community that it continues to serve will go on.

Roger Gray: hello@pbbc.org.uk

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# 2019 Christmas Services at Local Churches

## Brookman's Park United Reformed Church

Contact Church Secretary Mary Biggs 653627

### Christ Church, Little Heath (CE)

1st December	10.30am	Christingle Service
8th December	6.30pm	Café Carols
15th December	6.30pm	Carol Service
24th December	4pm	Crib Service
	11pm	Midnight Communion
25th December	9am	Holy Communion
	10.30am	Family Service

Contact the Revd Dominic Newstead 643119

### King Charles the Martyr, Mutton Lane, Potters Bar (CE)

4th December	7pm	*Uniformed Organisations Christingle Service
8th December	3pm	*Christmas Messy Church
15th December	9.15am	Sung Eucharist
	11am	*Morning Worship Nativity Service
	4pm	Service of Lessons and Carols
18th December	2pm	*Toddler Crib Service
19th December	11am	*Community Café Christmas Service
	5pm	*Peace Light received from Bethlehem
24th December	4pm	*Family Service with Blessing of the Crib
	6pm	*Christingle Service
	11.30pm	Midnight Mass (Carols at 11pm)
25th December	10.30am	*Christmas Day Family Communion
29th December	10.30am	*Holy Communion

\*These services are particularly suitable for children, although children are very welcome at all of our services and a children's area is available at the back of church.

Contact the Church Office on 665579 or email [office@kcm-church.org.uk](mailto:office@kcm-church.org.uk)

### Potters Bar Baptist Church, Barnet Road

22nd December	10.30am	Family Nativity Service
	6pm	Carols by Candlelight
25th December	10.30am	Christmas Family Service

Contact the Revd Joel Mercer 840538 or email [minister@pbbc.org.uk](mailto:minister@pbbc.org.uk)

### Potters Bar United Reformed Church, Darkes Lane

Contact Church Secretary David Ramsey 647300

### Our Lady and St Vincent Roman Catholic Church, Potters Bar

22nd December	6pm	Parish Carol Service followed by mulled wine and mince pies
24th December	5pm	Vigil Mass with carols for families with young children
	8.30pm	Candle-lit Vigil and Christmas Mass
25th December	9am and 11am	Sung Christmas Day Mass
1st January	12noon	Mass for New Year's Day

Contact Canon Shaun Lennard 654359

### St Giles, South Mymms (CE)

15th December	4pm	Carol Service
24th December	3.30pm	The Bread Service
	11.30pm	Midnight Mass
25th December	11am	Family Communion

Contact Church Warden William Masterson [wmarsterson@yahoo.co.uk](mailto:wmarsterson@yahoo.co.uk)

### St John's Methodist Church, Potters Bar

1st December	10.30am	Christingle Service
8th December	2.30pm	Nine Lessons and Carols
15th December	4pm	Family Nativity Play and Carols
24th December	11.15pm	Midnight Holy Communion
25th December	10.30am	Christmas Day Service

Contact [seniorsteward@stjohnspb.org.uk](mailto:seniorsteward@stjohnspb.org.uk)

### St Margaret's, Ridge (CE)

15th December	6.30pm	Carol Service
25th December	9.15am	Family Communion

Contact Church Warden William Masterson [wmarsterson@yahoo.co.uk](mailto:wmarsterson@yahoo.co.uk)

### St Mary's Essendon (CE)

Contact Church Warden Anne Mitcheson 01707 658057

### St Mary's, North Mymms (CE)

1st December	10.30am	All Age Family Advent Service
	6pm	Choral Evensong for Advent
6th/7th/8th December		Christmas Tree Festival
22nd December	6.30pm	Nine Lessons and Carols followed by refreshments
24th December	4pm	Crib Service for Families
	11.30pm	Midnight Mass
25th December	8am	Holy Communion
	9.30am	Family Communion for Christmas Day

Contact Parish Office (Tuesday and Wednesday 10am–2pm) 01727 825578 or Vicar, Revd Ruth Barr 01727 822887

### St Mary's, The Walk, Potters Bar (CE)

1st December	6.30pm	The Advent Procession
22nd December	5pm	Carol Service followed by mulled wine and mince pies
24th December	4pm	Christingle and Crib Service
	11.30pm	Midnight Mass of the Nativity
25th December	10am	Family Eucharist followed by mince pies and festive drinks

Contact the Revd Stefan Chrysostomou 859028

## Churches Together 'Discover Christmas' Event

Saturday 14 December

A fun for all the family Christmas journey!

Free Admission – but please do let us know if you'll be coming. Sign up and more info at [www.pbchurchesholidayclub.co.uk](http://www.pbchurchesholidayclub.co.uk). Starts at 2pm at St John's Methodist Church, Baker Street Children welcome to come dressed as shepherds, angels or sheep!



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## DOCTORS' SURGERY HOURS

### 1) ANNANDALE MEDICAL CENTRE AT THE ELMS

Tel: 01707 644451

Surgery Hours: 8.30am–6pm Monday to Friday  
 Test Results/Enquiries: 01707 622979 between 2pm and 5pm Monday to Friday  
 Quarterly newsletter available from surgery or on our website  
[www.annandalesurgery.co.uk](http://www.annandalesurgery.co.uk)

*Extended Hours:* Some Saturdays (contact surgery) 8.30am–11.30am for routine appointments.

### 2) HIGHVIEW MEDICAL CENTRE AT THE ELMS

Tel: 01707 871980

Surgery Hours: 8am–6pm Monday to Friday  
 Appointments: 01707 871980 (8am–6.30pm)  
 Enquiries: 01707 871982 (9am–12.30pm and 2–4.30pm)  
 Results: 01707 871982 (2–4.30pm)

*Extended Hours:* We offer 2 Saturday morning surgeries a month and late evening "after work" clinics every Monday.

For the latest information/updates visit our website [www.highviewsurgery.co.uk](http://www.highviewsurgery.co.uk) or follow us on Facebook and Twitter.

### 3) PARKFIELD MEDICAL CENTRE

Tel: 01707 291041

Surgery Hours: 8am–6pm Monday to Friday  
 Test Results/Enquiries: 11am–2pm Monday to Friday

*Extended Hours:* Wednesday to Friday from 7am and Saturday fortnightly for routine booked appointments only from 8–11.15am.

We have a newsletter available from the surgery or via our PPG. Events are also advertised on our Friends of Parkfield Facebook page. Please also visit our website [www.parkfieldmedicalcentre.co.uk](http://www.parkfieldmedicalcentre.co.uk).

### 4) POTTERELLS MEDICAL CENTRE

Tel: 01707 273338

Surgery Hours: 8.30am–6.30pm Monday to Friday  
 Test Results/Enquiries: As above after 11am.

*Extended Hours:* For routine, non-emergency appointments. Every Monday and fourth Tuesday from 6.30–9pm and first and third Saturday 8.30–11am. Nurse-led Fast Track Service: Monday/Tuesday/Wednesday 9.30am–12 noon.

### OUT OF HOURS SERVICE FOR ALL THE ABOVE SURGERIES

#### NHS 111 SERVICE

If you urgently need medical help or advice but it's not a life threatening situation, call NHS on 111, at any time.

There is now a GP led clinic at Elstree Way, Borehamwood which is open 8am to 11pm Saturday and Sunday. To book an appointment phone 111.

#### DENTIST

When you have an urgent dental problem and your dental surgery is closed, call 03000 333 224. Monday to Friday, 5pm–9am. All weekend and Bank Holidays.

## Local A&E Services

**BARNET:** Wellhouse Lane, Barnet, EN5 3DJ Tel 020 8216 5003

**LISTER:** Coreys Mill Lane, Stevenage, SG1 4AB Tel 01438 314333

### URGENT CARE – Minor Injuries and Illnesses

**QE2:** Howlands, Welwyn Garden City, AL7 4HQ Tel 01438 314333 24 hours

**CHASE FARM:** The Ridgway, Enfield, EN2 8JL Tel 020 8375 1010 8am to 10pm

**BARNET:** Wellhouse Lane, Barnet, EN5 3DJ Tel 020 8216 5003 10am to 10pm

## Local Libraries

### Oakmere

High Street, Potters Bar

Monday	1pm–6pm
Tuesday	10am–6pm
Wednesday	Closed
Thursday	10am–6pm
Friday	1pm–6pm
Saturday	10am–5pm
Sunday	Closed

Toddler Tales (Mondays) 2.15–2.45pm

Baby Rhyme Time (Tuesdays) 11–11.30am

### Brookmans Park

Bradmore Green

Monday	2pm–6pm
Tuesday	2pm–6pm
Wednesday	Closed
Thursday	2pm–6pm
Friday	2pm–6pm
Saturday	9am–1pm
Sunday	Closed

*Volunteers needed – see page 3.*

For further information, visit your local library or call 0300 123 4049 and ask for the appropriate library. NB: The Welwyn Garden City library is open on Sunday afternoon.



Wyllyotts Centre,  
 Darkes Lane, EN6 2HN

Mondays Personal Callers 10am–12.30pm and 1pm–3.30pm

Thursdays Personal Callers 10am–12.30pm and 1pm–3.30pm

## Hertsmere Borough Council Potters Bar Office

Wyllyotts Centre 01707 652406. Open Tuesday 9.30am to 2pm.

NB: Now located within the CAB office.

## Useful Numbers

Hertsmere Borough Council	020 8207 2277
Welwyn Hatfield Council	01707 357000
Hertfordshire Police Non-emergency	101 (national number) or 01707 354000
Herts Domestic Violence Helpline	08088 088088
Hertfordshire County Council	0300 123 4040
National Debt Line	08088 084000
Citizens Advice Consumer Helpline	03454 04 05 06
Highways (including potholes, traffic light faults and streetlights)	0300 1234 047
Wasteaware	0300 1234 051
Affinity water leaks	0800 376 5325
Childline	0800 1111
Crime Stoppers Anonymous Line	0800 555 111
CAB Advice Line	03444 111 444
Environmental Health	
(1) Hertsmere:	Pest Control 020 8207 2277
	Noise (daytime) 020 8207 7435
	(night) 0845 300 0021
(2) Welwyn Hatfield:	Pest Control 0344 828 334
	Noise 01707 357242
Potters Bar Hospital	01707 653286
NHS Direct (Nurse advice and health information)	111
RSPCA Local Branch (financial help if you claim benefits, on low income, OAP's)	07872 902710
<a href="http://www.rspca-pottersbarhatfieldandbarnet.org.uk">www.rspca-pottersbarhatfieldandbarnet.org.uk</a>	
Samaritans (freecall 24 hours)	116 123